

```
{ "name": "Workout Tracker", "short_name": "Tracker", "description": "A 5-day advanced workout tracker.", "start_url": "workout_tracker.html", "display": "standalone", "background_color": "#ffffff", "theme_color": "#2d3748", "icons": [ { "src": "https://placeholder.co/192x192/2d3748/ffffff?text=Icon", "sizes": "192x192", "type": "image/png", "purpose": "any maskable" }, { "src": "https://placeholder.co/512x512/2d3748/ffffff?text=Icon", "sizes": "512x512", "type": "image/png", "purpose": "any maskable" } ] }
```