```
structs.Struct
   Struct_EntryStruct_Type
     Struct_Type
Struct_Units
   Struct_Lock
   + Struct()
   + Struct()
   + GetEntry()
   + GetType()
   + GetUnits()
   + SE()
+ SetEntry()
   + CC()
   + CT()
   # COT()
   # IsPositive()
   # Is0 1()
   # IsNot0()
   GetLock()
   SetType()SetUnits()
   - SetLock()
 calc.Calc Abstract
 # heap
 - X
 + Calc Abstract()
 + Result()
 + SE()
 + CC()
 + CT()
  Method()
 - Calc()
calc.Lifting Abstract

    gender

    weight

rep_weight
+ Lifting Abstract()
# Method()
# MaleStandard()
# FemaleStandard()
WeightMessage()
calc.Shoulder_Press
+ Shoulder_Press()
# MaleStandard()
# FemaleStandard()
```