Whistle-Blower Unites Democrats and Republicans in Calling for Regulation of Facebook

Frances Haugen spent hours detailing to lawmakers how the social network harms young people. Facebook disagreed with her testimony but said new rules for the internet were long overdue: 'It is time for Congress to act.'

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Frances Haugen testifying on Tuesday. T.J. Kirkpatrick for The New York Times

Key Updates:

Key takeaways from Facebook's whistle-blower hearing.

Whistleblower discusses how Instagram may lead teenagers to eating disorders.

Parents sound off on testimony about the harms of Facebook and Instagram.