

# Emergent Compassion: Designing AI and Education for Systems that Flourish

**Blaine Booher**

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# About Me

- Software Engineer (University of Cincinnati)
- Educator in Workforce Development
- I work with web, system design, AI, hardware
- I love natural systems, emergent behavior, human experience
- The more I seek to understand myself, the stranger it gets

# About this talk

- How I use AI as a lever of the mind
- Reflections on AI + education
- Non-dualism and Me (Thinking Mind, Meditation)
- Reflections on AI + systemic thinking

# The Current View: How I Use AI

- I tinker, iterate, find boundaries, jailbreak, dream together
- I use AI as a **thinking tool**:
  - *Discovery* — exploring, translating, frameworks
  - *Learning* — researching, comparisons, codebase queries
  - *Assistant* — debugging, testing, docs, boilerplate
  - *Engineering* — refactoring, code generation
- Software Engineers are natural automators

# Examples (Condensed)

- **Personal productivity:** trip planner, packing list
- **Creative exploration:** music trivia, Dune battler, DJ app
- **Education tools:** sight word app, mock interviews, flashcards

Examples: Dune Battler, Sight Words, Homework Grader

# What I've Noticed

- AI feels like a reflection - of me, of us, our culture
- Sometimes dumb/dangerous, sometimes profound
- Like a giant search engine of all human knowledge
- When used well → lever of the mind
- When used poorly → distorts reality
- In some cases, under my instruction, AI becomes my *Thinking Mind*

# AI and Education

- If AI amplifies what we train it on:
  - What happens if we train it on competition, ego, scarcity?
  - What if instead we seed compassion, cooperation, systems-thinking?
- Especially critical for education (tutors, translators, assistants)
- Bias compounds subtly; why not amplify *positive emergence*?

**Nipun Mehta's insight:** *“What would the world look like if we designed for generosity instead of assuming people want to maximize self-interest?”*

# A note on compassion

*Compassion is the recognition of suffering and the desire to alleviate it*

- **Karuna** - the wish for all beings to be free from suffering (Buddhism)
- **Agape** - selfless, unconditional love that seeks the good of others (Christianity)
- **Systems Design** - AI designed to recognize and respond to human suffering; prioritize care over competition



# Non-Dualism and "Me"

- Tolle writes: *"You are not your mind. You are the awareness behind thought."*
- Meditation showed me: my thoughts aren't me
- My "Thinking Mind" can be set down — presence, compassion, love, clarity emerge
- AI feels like an externalized Thinking Mind
- If that's true: *what do we want it to think **with**?*
- Question for reflection: if AI can take on our Thinking Mind, can humans reclaim space for presence and compassion?

# Reflection on Education

- Education today trains our Thinking Mind for the economy
- AI cognitive load → frees humans for relational, creative, compassionate practice
- Education shifts from **fact-delivery to wisdom-cultivation**
- Students AND Teachers benefit

**Richard Davidson:** *"Kindness is simple, kindness is contagious"*

# Brief intro to Emergent Behavior

- **Ant Colonies**
- **Birds & Fish**

*As John Holland wrote: “Complex adaptive systems exhibit emergence: coherent structures arise from the interactions of simple rules.”*

# Why AI Training Becomes Critical

- **compassion, cooperation, reflective practice** → emergent systems of care
- **competition, ego, scarcity** → emergent harm: bias, inequity, competition

# Visions of AI Human future

- AI Thinking Mind participating in our economic systems on our behalf
- Training **biased toward compassion** - not ego, scarcity, exploitation
- **Designing for the flourishing of all life** - sustainability, regeneration, lessening harm
- Dismantling systems of harm, enabling new emergent stable states that flourish
- Humans as stewards of wisdom and actions of the heart: relationships, community, compassion, service

# Interactive Small Groups (10 min)

- Prompt: *If AI handled the Thinking Mind, what role would you want humans to play in education and society?*
- Reconvene + discuss

# Closing

- We live in interdependent systems - human-made and natural
- Emergent outcomes depend on local actions
- Question: will AI be another tool of ego, or help us create systems of compassion?
- The choice is up to us

# Thank You!



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