

# **Like Burning Incense**

Organ Score

Weeks 1–4

**OPENING VERSE**

**Opening Verse**



## Sunday Evening Prayer I

**Ant. 1**

(39)

Like burning incense, Lord, \* let my prayer rise up to you.

### Psalm 141:1-9

*A prayer when in danger*

39

**A**

1. I Have called to you, Lord; hasten to help me! Hear my voice when I cry to you.  
2. Glory to the Father and to the Son, and to the Ho - ly Spirit:

**B**

Let my prayer arise before you like incense, the raising of my hands like an evening o - blation.  
as it was in the begin - ning, is now, and will be for ever. A - men.

**A**

Set, O Lord, a guard o - ver my mouth; keep watch, O Lord, at the door of my lips!

**B**

Do not turn my heart to things that are wrong, to evil deeds with men who are sinners.

**A**

Never allow me to share in their feasting. If a just man strikes or reproves me it is kindness;

# SUNDAY EVENING PRAYER I

5

B

but let the oil of the wicked not anoint my head.  
Let my prayer be ever against their malice.

A

Their princes were thrown down by the side of the rock; then they understood that my words were kind.

B

As a millstone is shattered to pieces on the ground, so their bones were strewn at the mouth of the grave.

A

To you, Lord God, my eyes are turned: in you I take refuge; spare my soul!

B

From the trap they have laid for me keep me safe: keep me from the snares of those who do evil.

D.C.

## WEEK 1

**Ant. 2**  
(26)

You are my refuge, Lord; \* you are all that I desire in life.

## Psalm 42

*Longing for the Lord's presence in his Temple*

26

A

1. Like the deer that yearns for run - ning streams,  
2. My soul is cast down wi - thin me as I think of you,  
3. Why are you cast down, my soul, why groan wi thin me?

B

so my soul is yearning for you, my God.  
from the country of Jordan and Mount Hermon, from the Hill of Mizar.  
Hope in God; I will praise him still, my saviour and my God.

A

My soul is thirsting for God, the God of my life; when can I enter and see  
Deep is calling on deep, in the roar of waters; your torrents and all your waves  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

the face of God? My tears have become my bread, by night, by day,  
swept over me. By day the Lord will send his loving kindness;  
and will be for ever. A - men.

B

as I hear it said all the day long:  
Where is your God?  
These things will I remember  
by night I will sing to him,  
praise the God of my life.  
I will say to God, my rock:

## SUNDAY EVENING PRAYER I

B

as I pour out my soul: how I would lead the rejoicing crowd into the house of God,  
'Why have you forgotten me? Why do I go mourning oppressed by the foe?'

A

amid cries of gladness and thanksgiving, the throng wild with joy. Why are you cast down, my soul,  
With cries that pierce me to the heart, my enemies revile me, saying to me all the day long:

D.C.

why groan wi - thin me?  
'Where is your God?'

## WEEK 1

**Ant. 3**  
(37) The Lord Je-sus humbled himself, \* and God exalted him for ev - er.

## Canticle, Philippians 2:6-11

## *Christ, God's holy servant*

37                   A†

Though he was in the form of God, Jesus did not deem equality with God something to be grasped at.

Rather, he emptied himself and took the form of a slave, being born in the likeness of men.

A

He was known to be of human es - tate and it was thus that he humbled him - self,

B

obediently accepting e - ven death, death on a cross!

A

Because of this, God highly exalted him and bestowed on him the name above every other name,

B

So that at Jesus' name every knee must bend in the heavens, on the earth, and under the earth,

## SUNDAY EVENING PRAYER I

9

A

and every tongue proclaim to the glory of God the Father:  
JESUS CHRIST IS LORD!

B

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

and will be for ever. Amen.

The musical score consists of three staves of music in common time and E-flat major. The top staff has a treble clef, the middle staff has a bass clef, and the bottom staff has a bass clef. The lyrics are integrated into the music, appearing between the staves. The first section (A) includes lyrics for the Gloria Patri. The second section (B) includes lyrics for the Sanctus. The third section concludes with an Amen. The music features various note values (eighth and sixteenth notes), rests, and dynamic markings like forte and piano.

## Sunday Morning Prayer

Ant. 1 (37)

As morning breaks, I look to you, O God, \* to be my strength this day, alle-lu - ia.

### Psalm 63:2-9

*A soul thirsting for God*

37

**A**

O God, you are my God, for you I long; for you my soul is thirsting. My body pines for you

**B**

like a dry, weary land without water. So I gaze on you in the sanctua - ry

**A**

to see your strength and your glory. For your love is better than life,

**B**

my lips will speak your praise. So I will bless you all my life, in your name I will lift up my hands.

**A**

My soul shall be filled as with a banquet, my mouth shall praise you with joy.

## SUNDAY MORNING PRAYER

11

A

On my bed I remember you. On you I muse through the night for you have been my help;

B

in the shadow of your wings I rejoice. My soul clings to you; your right hand holds me fast.

B

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

**Ant. 2** (43)

From the midst of the flames, \* the three young men cried out with one voice: Blessed be God, al-le-

lu - ia.

**Canticle, Daniel 3:57-88, 56***Let all creatures praise the Lord*

**A**

43

1. Bless the Lord, all you works of the Lord.  
2. Light and darkness, bless the Lord.  
3. Spirits and souls of the just, bless the Lord.

Praise and exalt him above all for - ever.  
Lightnings and clouds, bless the Lord.  
Holy men of humble heart, bless the Lord.

**B**

Angels of the Lord, bless the Lord.  
Let the earth bless the Lord.  
Hananiah, Azariah, Mishael, bless the Lord.

You heavens, bless the Lord.  
Praise and exalt him above all for - ever.  
Praise and exalt him above all for - ever.

**A**

All you waters above the heavens, bless the Lord.  
Mountains and hills, bless the Lord.  
Let us bless the Father, and the Son, and the Holy Spirit.

**B**

All you hosts of the Lord, bless the Lord.  
Everything growing from the earth, bless the Lord.  
Let us praise and exalt him above all for-ever.

Sun and moon, bless the Lord.  
You springs, bless the Lord.  
Blessed are you, Lord, in the firmament of heaven.

## SUNDAY MORNING PRAYER

13

Stars of heaven, bless  
Seas and rivers, bless  
Praiseworthy and glorious and exalted above all  
the the - Lord.  
for ever.

A

Every shower and dew, bless the Lord.  
You dolphins and all water creatures, bless the Lord.  
All you winds, bless the Lord.  
All you birds of the air, bless the Lord.

B

Fire and heat, bless the Lord.  
All you beasts, wild and tame, bless the Lord.  
Cold and chill, bless the Lord.  
You sons of men, bless the Lord.

A

Dew and rain, bless the Lord. Frost and chill, bless the Lord. Ice and snow, bless the Lord.  
O Israel, bless the Lord. Praise and exalt him above all for-ever. Priests of the Lord, bless the Lord.

B

Nights and days, bless the Lord.  
Servants of the Lord, bless the Lord.

D.C.

**Ant. 3**  
(20)

Let the people of Zi - on \* re-joice in their King, al-le-lu - ia.

**Psalm 149***The joy of God's holy people*

**A**

20 Sing a new song to the Lord, his praise in the assembly of the faithful. Let Israel rejoice in its Maker,

**B**

let Zion's sons exult in their king. Let them praise his name with dancing

**A**

and make music with timbrel and harp. For the Lord takes delight in his people.

**A**

He crowns the poor with salvation. Let the faithful rejoice in their glory, shout for joy and take their rest.

**B**

Let the praise of God be on their lips and a two-edged sword in their hand,

**A**

to deal out vengeance to the nations and punishment on all the peoples;

## SUNDAY MORNING PRAYER

15

The musical score consists of three staves of music in G clef, B-flat key signature, and common time. The lyrics are integrated into the music, appearing below the staves. The lyrics are:

B  
to bind their kings in chains and their nobles in fetters of iron; to carry out the sentence pre-ordained:  
A  
this honour is for all his faithful. Glory to the Father and to the Son, and to the Holy Spirit:  
B  
as it was in the beginning, is now, and will be for ever. Amen.

## Sunday Evening Prayer II

**Ant. 1**

(4)

The Lord will stretch forth his mighty scepter from Zi - on, \* and he will reign for ever, alle-lu - ia.

**Psalm 110:1-5, 7**

*The Messiah, king and priest*

A†

4

The Lord's revelation to my Master: 'Sit on my right: your foes I will put beneath your feet.'

B†

The Lord will wield from Zion your sceptre of power: rule in the midst of all your foes.

A†

A prince from the day of your birth on the holy mountains; from the womb before the dawn I begot you.

B†

The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.'

A

The Master standing at your right hand will shatter kings in the day of his wrath.

## SUNDAY EVENING PRAYER II

The musical score consists of three staves, each with a different vocal range: Soprano (top), Alto (middle), and Bass (bottom). The music is in common time. The lyrics are in Latin, with some words in English. The score is divided into three sections, each starting with a forte dynamic (F).

**B**

He shall drink from the stream by the wayside  
and therefore he shall lift up his head.

**A**

Glory to the Father and to the Son,  
and to the Ho-ly Spirit:  
as it was in the beginning, is now,

**B**

and will be for ever. Amen.

**Ant. 2**

(55) The earth is shaken to its depths, \* before the glory of your face.

**Psalm 114***The Israelites are delivered from the bondage of Egypt.*

A

When Israel came forth from Egypt, Jacob's sons from an alien people, Judah became the Lord's temple,

B

Israel became his kingdom. The sea fled at the sight: the Jordan turned back on its course,

A

the mountains leapt like rams and the hills like yearling sheep. Why was it, sea, that you fled,

B

that you turned back, Jordan, on your course? Mountains, that you leapt like rams; hills, like yearling sheep?

A

Tremble, O earth, before the Lord, in the presence of the God of Jacob, who turns the rock into a pool

## SUNDAY EVENING PRAYER II

19

The musical score consists of two staves. The top staff begins with a treble clef, a key signature of one sharp (F#), and common time. It contains three measures of music. The lyrics for the first measure are "and flint into a spring of water." The second measure starts with a repeat sign, and the lyrics are "Glory to the Father and to the Son," followed by a bassoon entry. The third measure ends with a double bar line, and the lyrics are "and to the Holy Spirit:". The bottom staff begins with a bass clef, a key signature of one sharp (F#), and common time. It contains three measures of music. The lyrics for the first measure are "as it was in the beginning, is now, and will be for ever. Amen." A bracket connects the bassoon's entry in the first measure of the top staff to the beginning of the bassoon's part in the bottom staff.

**Ant. 3**  
(68)

All power is yours, \* Lord God, our mighty King, al - le - lu - ia.

**Canticle, See Revelation 19:1-7***The wedding of the lamb*

1. Al - le - lu - ia. Salvation, glory and pow'r to our God:  
 2. Al - le - lu - ia. Sing praise to our God, all you his servants,  
 3. Al - le - lu - ia. The Lord our all-power ful God is King;  
 4. Al - le - lu - ia. The wedding feast of the Lamb has be-gun,  
 5. Al - le - lu - ia. Glory to the Father and to the Son, and to the Holy Spirit:

Al - le - lu - ia. his judgments are honest and true.  
 Al - le - lu - ia. all who worship him reverent ly, great and small.  
 Al - le - lu - ia. let us rejoice, sing praise, and give him glory.  
 Al - le - lu - ia. and his bride is pre - pared to welcome him.  
 Al - le - lu - ia. as it was in the beginning, is now, and will be for ever. A - men.

Alle - luya, Al-le - lu - ia.  
 Alle - luya, Al-le - lu - ia.



## Monday Morning Prayer

Ant. 1 (23)

I lift up my heart to you, O Lord, \* and you will hear my morning prayer.

## Psalm 5:2-10, 12-13

*A morning prayer asking for help*

23 A†

1. -----> --> To my words give ear, O Lord, give heed to my groaning.  
 2. Lead me, Lord, in your justice, because of those who lie in wait; make clear your way before me.

B

Attend to the sound of my cries, my King and my God. It is you whom I invoke, O Lord.  
 No truth can be found in their mouths, their heart is all mischief, their throat a wide--o--pen grave,

B

In the morning you hear me; in the morning I offer you my prayer, watching and waiting.  
 all honey their speech. All those you protect shall be glad and ring out their joy.

A

You are no God who loves evil; no sinner is your guest.  
 You shelter them; in you they rejoice, those who love your name.

B

The boastful shall not stand their ground before your face.  
 It is you who bless the just man, Lord: you surround him with favour as with a shield.

## MONDAY MORNING PRAYER

23

A

You hate all who do evil;  
Glory to the Father and to the Son,  
and to the Holy Spirit:

B

The deceitful and bloodthirsty man  
as it was in the begin - ning, is now,

A

the Lord de - tests. But I through the greatness of your love  
have access to your house.  
and will be for ever. Amen.

B

D.C

I bow down before your holy temple, filled with awe.

**Ant. 2**

(4)

We praise your glorious name, \* O Lord, our God.

**Canticle, 1 Chronicles 29:10-13***Glory and honor are due to God alone*

A†

4

Blessed may you be, O Lord, God of Israel our father, from eternity to e-ternity.

B

Yours, O Lord, are grandeur and power, majesty, splendor, and glory.

A†

For all in heaven and on earth is yours; yours, O Lord, is the sovereignty; you are exalted as head over all.

B

Riches and honor are from you, and you have dominion over all. In your hand are power and might;

B

it is yours to give grandeur and strength to all. Therefore, our God, we give you thanks

A

and we praise the majesty of your name. Glory to the Father and to the Son, and to the Holy Spirit:

## MONDAY MORNING PRAYER

25

The musical notation consists of two staves. The top staff is in treble clef (G) and the bottom staff is in bass clef (F). Both staves have a common time signature. The notation includes several quarter notes and rests, with some notes having vertical stems and others having horizontal stems pointing down. The letter 'B' is positioned above the first note on the treble staff. A lyrics box contains the text: "as it was in the beginning, is now, and will be for ever. Amen."

**Ant. 3**  
(9)

A - dore the Lord \* in his ho - ly court.

**Psalm 29***A tribute of praise to the Word of God*

**A**

9 1. O give the Lord, you sons of God,  
2. The Lord will give strength to his people,

give the Lord glory and power;  
the Lord will bless his people with peace.

**B**

give the Lord the glory of his name.  
Glory to the Father and to the Son,

Adore the Lord in his ho - ly court.  
and to the Ho - - ly Spirit:

**A**

The Lord's voice resounding on the waters,  
as it was in the beginning, is now,

the Lord on the immensity of waters;  
and will be for ever. A - men.

**B**

the voice of the Lord, full of power,  
the voice of the Lord, full of splendour.

**A**

The Lord's voice shattering the cedars,  
the Lord shatters the cedars of Lebanon;

## MONDAY MORNING PRAYER

27

B

he makes Lebanon leap like a calf and Sirion like a young wild ox.

A†

The Lord's voice flashes flames of fire. The Lord's voice shaking the wilderness,

B

the Lord shakes the wilderness of Kadesh; the Lord's voice rending the oak tree

A

and stripping the forest bare. The God of glory thunders. In his temple they all cry: 'Glory!'

B

D.C.

The Lord sat enthroned over the flood; the Lord sits as king for ever.

**Ant. B**

(8)

Bless-ed be the Lord, \* our God.

**Benedictus**

**A**

8

1. Blessed be the Lord, the God of Most Israel;  
High,  
2. You, my child, shall be called the prophet of the  
he has come to his people and set  
for you will go before the Lord to prepare  
them his free.  
way,

**B**

He has raised up for us a migh-ty savior,  
to give his people knowledge of sal - vation  
born of the house of his ser vant David.  
by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old,  
that he would save us from our enemies,  
In the tender compassion of our God  
-----> -->  
from the hands of all who u - hate us.  
the dawn from on high shall break upon us,

## MONDAY MORNING PRAYER

29

B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow our  
fathers  
death,

and to remember his ho - - - - ly covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Ho - - - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Monday Evening Prayer

Ant. 1 (9)

The Lord looks tenderly \* on those who are poor.

## Psalm 11

*God is the unfailing support for the just*

A† 9

In the Lord I have taken my refuge. How can you say to my soul: Fly like a bird to its mountain.

B

See the wicked bracing their bow; they are fixing their arrows on the string

A

to shoot upright men in the dark. Foundations once destroyed, what can the just do?

B

The Lord is in his holy temple, the Lord, whose throne is in heaven. His eyes look down on the world;

B A

his gaze tests mortal men. The Lord tests the just and the wicked; the lover of violence he hates.

## MONDAY EVENING PRAYER

31

A

He sends fire and brimstone on the wicked; he sends a scorching wind as their lot.

B

The Lord is just and loves justice; the upright shall see his face. Glory to the Father and to the Son,

A

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Ant. 2

(55)

Bless-ed are the pure of heart, \* for they shall see God.

## Psalm 15

*Who is worthy to stand in God's presence?*

55

A

Lord, who shall be admitted to your tent and dwell on your holy mountain? He who walks without fault;

B

he who acts with justice and speaks the truth from his heart; he who does not slander with his tongue;

B

he who does no wrong to his brother, who casts no slur on his neighbour,

A

who holds the godless in dis - dain, but honours those who fear the Lord;

B

he who keeps his pledge, come what may; who takes no interest on a loan

A

and accepts no bribes against the innocent. Such a man will stand firm forever.

## MONDAY EVENING PRAYER

33

The musical score consists of two staves of music in G major (two sharps) and common time. The top staff (treble clef) has lyrics: "Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now," followed by a repeat sign and "and will be for ever. Amen." The bottom staff (bass clef) provides harmonic support with sustained notes and chords. Measure numbers B and A are indicated above the top staff.

B  
Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.  
A

Ant. 3 (7)

God chose us in his Son \* to be his adopted children.

**Psalm 141:1-9***A prayer when in danger*

**A**

7 1. I Have called to you, Lord; hasten to help me! Hear my voice when I cry to you.  
2. Glory to the Father and to the Son, and to the Holy Spirit:

**B**

Let my prayer arise before you like incense, the raising of my hands like an evening oblation.  
as it was in the beginning, is now, and will be for ever. A - men.

**A**

Set, O Lord, a guard over my mouth; keep watch, O Lord, at the door of my lips!

**B**

Do not turn my heart to things that are wrong, to evil deeds with men who are sinners.

**A**

Never allow me to share in their feasting. If a just man strikes or reproves me it is kindness;

## **MONDAY EVENING PRAYER**

A musical score for a two-part setting of Psalm 132. The music is in common time and consists of five systems. The top part (Soprano) uses a treble clef, and the bottom part (Bass) uses a bass clef. The vocal parts are supported by a harmonic basso continuo line, indicated by a bass staff with a double bass clef and a cello/bassoon part.

**System 1 (Measures 1-4):**

B  
but let the oil of the wicked not anoint my head.  
Let my prayer be ever against their malice.

**System 2 (Measures 5-8):**

A  
Their princes were thrown down by the side of the rock; then they understood that my words were kind.

**System 3 (Measures 9-12):**

B  
As a millstone is shattered to pieces on the ground, so their bones were strewn at the mouth of the grave.

**System 4 (Measures 13-16):**

A  
To you, Lord God, my eyes are turned: in you I take refuge; spare my soul!

**System 5 (Measures 17-20):**

B  
From the trap they have laid for me keep me safe: keep me from the snares of those who do evil.  
D.C.

## WEEK 1

**Ant. M**

(55)

My soul proclaims the greatness of the Lord, \* for he has looked with fa - vor on his lowly  
servant.

**Magnificat**

A†

55

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;  
for he has looked with favor on his lowly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,  
and holy is his Name. He has mercy on those who fear him in every gene - ration.

B

He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Tuesday Morning Prayer

Ant. 1 (45) The man whose deeds are blameless \* and whose heart is pure will climb the mountain of the Lord.

## Psalm 24

*The Lord's entry into his temple*

A†  
45 1. --> --> The Lord's is the earth and its fullness, the world and all its peoples.  
2. O gates, lift high your heads; grow higher, ancient doors. Let him enter, the king of glory!

B†  
--> --> It is he who set it on the seas; on the waters he made it firm.  
Who is he, the king of glory? He, the Lord of armies, he is the king of glory.

A  
Who shall climb the mountain of Glory to the Father and to the Son, Who shall stand in his holy place?  
and to the Holy Spirit:

B†  
The man with clean hands and pure heart, who desires not worth - less things,  
--> --> as it was in the begin - ning, is now,

A

He shall receive blessings from the Lord

B

Such are the men who seek him,

A†

seek the face of the God of Jacob.

O gates, lift high your heads;

grow higher, an- cien doors.

B†

Let him enter, the king of glory!

Who is the king of glory?

The Lord, the mighty, the valiant,

D.C.

the Lord, the valiant in war.

Ant. 2 (4)

Praise the e-ternal King \* in all your deeds.

**Canticle, Tobit 13:1-8***God afflicts but only to heal*

A

4 1. Blessed be God who lives for e - ver, because his kingdom lasts for all ages.  
2. So now consider what he has done for you, and praise him with full voice.

B

For he scourges and then has mer - cy; he casts down to the depths of the nether world,  
Bless the Lord of righteousness, and exalt the King of the ages.

A

and he brings up from the great a - byss. No one can escape his hand.  
In the land of my exile I praise him, and show his power and majesty to a sinful nation.

B†

Praise him, you Israelites, before the Gen - tiles, for though he has scattered you among them,  
“Turn back, you sinners! do the right before him: perhaps he may look with favor u - pon you

he has shown you his greatness e - - - - - ven there.  
and show you mercy.

A†

Exalt him before every living being,  
because he is the Lord  
"As for me, I exalt  
our my God,  
God,

our Father and God for - ever.  
and my spirit rejoices in the King of heaven.  
He scourged you for your i - niquities,  
Let all people speak of his majesty,

but will again have mercy on you all.  
and sing his praises in Je - rusalem.  
He will gather you from all the Gentiles  
Glory to the Father and to the Son,

among whom you have been scattered.  
and to the Ho - ly Spirit:  
When you turn back to him with all your heart,  
as it was in the beginning, is now,

to do what is right before him, Then he will turn back to you, and no longer hide his face from you.  
and will be for ever. A - men.

D.C.

## WEEK 1

Ant. 3 (55)

The loy-al heart \* must praise the Lord.

## Psalm 33

*Song of praise for God's continual care*

**A**

55 1. Ring out your joy to the Lord, O you just; for praise is fitting for loyal hearts.  
 2. He spoke; and it came to be. He commanded; it sprang into being.  
 3. A vain hope for safety is the horse; despite its power it cannot save.

**B**

Give thanks to the Lord upon the harp, with a ten-stringed lute sing him songs.  
 He frustrates the designs of the nations, he defeats the plans of the peoples.  
 The Lord looks on those who revere him, on those who hope in his love,

**A**

O sing him a song that is new, play loudly, with all your skill.  
 His own designs shall stand for ever, the plans of his heart from age to age.  
 to rescue their souls from death, to keep them alive in famine.

**B**

For the word of the Lord is faithful and all his works to be trusted.  
 They are happy, whose God is the Lord, the people he has chosen as his own.  
 Our soul is waiting for the Lord. The Lord is our help and our shield.

**A**

The Lord loves justice and right and fills the earth with his love.  
 From the heavens the Lord looks forth, he sees all the children of men.  
 In him do our hearts find joy. We trust in his holy name.

B

By his word the heavens were made,  
From the place where he dwells he gazes  
May your love be upon us, O Lord,  
by the breath of his mouth all the stars.  
on all the dwellers on the earth;  
as we place all our hope in you.

A

He collects the waves of the ocean;  
he who shapes the hearts of them all;  
Glory to the Father and to the Son,  
he stores up the depths of the sea.  
and considers all their deeds.  
and to the Holy Spirit:

B

Let all the earth fear the Lord all who live in the world re - vere him.  
A king is not saved by his army, nor a warrior preserved by his strength.  
as it was in the beginning, is now, and will be for ever. A - men.

## WEEK 1

Ant. B  
(37)

God has raised up for us \* a migh - ty Sav - ior, as he prom-ised through the

words of his ho - ly prophets.

Benedictus

## TUESDAY MORNING PRAYER

45

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

A

and to remember his holy covenant.  
and to guide our feet into the way of peace.

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,

B†

to set us free from the hands of our enemies,  
and to the Holy Spirit:

free to worship him without fear,  
-----> ----->

D.C.

holier and righteous in his sight all the days of our life.  
as it was in the beginning, is now, and will be for ever. A-men.

## Tuesday Evening Prayer

Ant. 1 (11)

God has crowned his Christ \* with vic - tor-y.

## Psalm 20

*A prayer for the king's victory*

11 A

May the Lord answer in time of trial; may the name of Jacob's God pro - tect you.

B

May he send you help from his shrine and give you support from Zion.

A

May he remember all your offerings and receive your sacrifice with favour.

B

May he give you your heart's de - sire and fulfil every one of your plans.

A†

May we ring out our joy at your victory and rejoice in the name of our God.

## TUESDAY EVENING PRAYER

47

B  
May the Lord grant all your prayers. I am sure now that the Lord will give victory to his anointed,

A  
will reply from his holy heaven with the mighty victory of his hand. Some trust in chariots or horses,

A  
but we in the name of the Lord. They will collapse and fall, but we shall hold and stand firm.

B  
Give victory to the king, O Lord, give answer on the day we call. Glory to the Father and to the Son,

B  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**  
(21)

We ce-le-brate your mighty works \* with songs of praise, O Lord.

**Psalm 21***Guardian of his people*

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord  
who made heaven and earth. May he never allow you to stumble! Let him sleep not, your guard.  
No, he sleeps not nor slumbers, Isra - el's guard. The Lord is your guard and your shade;  
at your right side he stands. By day the sun shall not smite you nor the moon in the night.  
The Lord will guard you from evil, he will guard your soul. The Lord will guard your going and coming  
both now and for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:

## TUESDAY EVENING PRAYER

49

The musical notation consists of two staves. The top staff is in treble clef, G clef, and the bottom staff is in bass clef, F clef. Both staves are in common time (indicated by 'C'). The key signature is B-flat major (two flats). The notation includes several quarter notes and eighth notes, with some notes having stems pointing up and others down. Measure 1 starts with a B-flat note. Measures 2 and 3 show a sequence of notes: a B-flat note followed by a C-sharp note, then a D note, and finally an E note. Measures 4 and 5 repeat this sequence. Measure 6 ends with an E note. The lyrics 'as it was in the beginning, is now, and will be for ever. Amen.' are written below the staves.

B

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(45)

Lord, you have made us a king-dom \* and priests for God our Father.

**Canticle, Revelation 4:11, 5:9, 10, 12***Redemption hymn*

O Lord our God, you are worthy to receive glory and honor and power. For you have created all things;

by your will they came to be and were made. Worthy are you, O Lord

to receive the scroll and break open its seals. For you were slain;

with your blood you purchased for God men of every race and tongue, of every people and nation.

You made them a kingdom, and priests to serve our God, and they shall reign on earth.

## TUESDAY EVENING PRAYER

51

The musical score consists of three staves of music in G major (two sharps) and common time. The top staff uses soprano C-clef, the middle staff alto F-clef, and the bottom staff bass G-clef. The score is divided into three sections labeled A, B, and A.

**Section A:** Worthy is the Lamb that was slain  
to receive power and riches, wis - dom and strength,  
honor and glory and praise.

**Section B:** Glory to the Father and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

Ant. M  
(37)

My spir - it re - joi - ces \* in God my Sav - ior.

**Magnificat**

A†

37 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things, and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## **Wednesday Morning Prayer**

**Ant. 1**  
(49) O Lord, \* in your light we see light it - self.

Psalm 36

## *The malice of sinners and God's goodness*

## WEDNESDAY MORNING PRAYER

55

The musical score consists of six systems of music, each containing two staves: treble and bass. The key signature is B-flat major (two flats). The time signature is common time (indicated by 'C'). The music is divided into two sections, A and B, indicated by labels above the staves.

**Section A:**

- Line 1: To both man and beast you give pro - tection. O Lord, how precious is your love.
- Line 2: (Refrain) My God, the sons of men find refuge in the shelter of your wings. They feast on the riches of your house;
- Line 3: they drink from the stream of your delight. In you is the source of life and in your light we see light.
- Line 4: Keep on loving those who know you, doing justice for up - right hearts.
- Line 5: Let the foot of the proud not crush me nor the hand of the wicked cast me out. See how the evil doers fall!
- Line 6: Flung down, they shall never a-rise. Glory to the Father and to the Son, and to the Holy Spirit:
- Line 7: as it was in the beginning, is now, and will be for ever. Amen.

**Section B:**

- Line 1: (Refrain) My God, the sons of men find refuge in the shelter of your wings. They feast on the riches of your house;
- Line 2: they drink from the stream of your delight. In you is the source of life and in your light we see light.
- Line 3: Keep on loving those who know you, doing justice for up - right hearts.
- Line 4: Let the foot of the proud not crush me nor the hand of the wicked cast me out. See how the evil doers fall!
- Line 5: Flung down, they shall never a-rise. Glory to the Father and to the Son, and to the Holy Spirit:
- Line 6: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**

(55) O God, you are great and glorious; \* we marvel at your power.

**Canticle, Judith 16:2-3a, 13-15***God who created the world takes care of his people*

55 A  
Strike up the instruments, a song to my God with timbrels,

B†  
chant to the Lord with cymbals; Sing to him a new song, exalt and acclaim his name.

A†  
A new hymn I will sing to my God. O Lord, great are you and glorious,

B  
wonderful in power and unsurpassable. Let your every creature serve you;

A  
for you spoke, and they were made, you sent forth your spirit, and they were created;

B  
no one can resist your word. The mountains to their bases, and the seas, are shaken;

## WEDNESDAY MORNING PRAYER

57

The musical score consists of three staves of music in G major (two treble clef staves and one bass clef staff) and common time. The first section (measures 1-4) has lyrics: "the rocks, like wax, melt before your glance. But to those who fear you, you are very merciful." The second section (measures 5-8) has lyrics: "Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen." The music features various note values (eighth and sixteenth notes), rests, and dynamic markings (fortissimo). The sections are labeled A and B above the staves.

A  
the rocks, like wax, melt before your glance. But to those who fear you, you are very merciful.

B  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A  
and will be for ever. Amen.

**Ant. 3**

(4)

Ex-ult in God's presence \* with hymns of praise.

**Psalm 47***The Lord Jesus is King of all*

**A**

4 All peoples, clap your hands, cry to God with shouts of joy! For the Lord, the Most High, we must fear,

**B**

great king over all the earth. He subdues peoples under us and nations under our feet.

**A**

Our inheritance, our glory, is from him, given to Jacob out of love. God goes up with shouts of joy;

**B**

the Lord goes up with trumpet blast. Sing praise for God, sing praise, sing praise to our king, sing praise.

**A**

God is king of all the earth, sing praise with all your skill. God is king over the nations;

**A**

God reigns on his holy throne. The princes of the people are assembled with the people of Abraham's God.

## WEDNESDAY MORNING PRAYER

59

The musical notation consists of two staves. The top staff begins with a treble clef, a key signature of one sharp (F#), and common time. It features a soprano vocal line with a melodic pattern of eighth and sixteenth notes. The lyrics are: "The rulers of the earth belong to God, to God who reigns over all. Glory to the Father and to the Son," followed by a repeat sign and another section labeled 'A'. The bottom staff begins with a bass clef, a key signature of one sharp (F#), and common time. It features a basso continuo line with sustained notes and occasional vertical strokes indicating performance. The lyrics continue: "and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen."

Ant. B  
(50)

Show us your mercy, Lord; \* remember your ho - ly covenant.

**Benedictus**

A

50 1. Blessed be the Lord, the God of Most Israel; High,  
2. You, my child, shall be called the prophet of the

he has come to his people and set them his free. way,  
for you will go before the Lord to prepare

B

He has raised up for us a migh-ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

A†

Through his holy prophets he promised of old, that he would save us from our enemies,  
-----> --> In the tender compassion of our God

from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Wednesday Evening Prayer

Ant. 1 (21)

The Lord is my light and my help; \* whom shall I fear?

## Psalm 27 -- I

*God stands by us in dangers*

21

The Lord is my light and my help; whom shall I fear? The Lord is the stronghold of my life;  
before whom shall I shrink? When evil-doers draw near to devour my flesh, it is they, my enemies and foes,  
who stumble and fall. Though an army encamp against me my heart would not fear.  
Though war break out against me even then would I trust. There is one thing I ask of the Lord,  
for this I long, to live in the house of the Lord, all the days of my life,

A

to savour the sweetness of the Lord, to behold his temple. For there he keeps me safe in his tent

B

in the day of evil. He hides me in the shelter of his tent, on a rock he sets me safe.

B

And now my head shall be raised above my foes who sur-round me and I shall offer within his tent

$\text{A}^\dagger$

a sacrifice of joy. I will sing and make music for the Lord. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**

(50) I long to look on you, O Lord; \* do not turn your face from me.

## Psalm 27 - II

O Lord, hear my voice when I call; have mercy and answer. Of you my heart has spoken: 'Seek his face.'

It is your face, O Lord, that I seek; hide not your face. Dismiss not your servant in anger;

you have been my help. Do not abandon or forsake me, O God my help!

Though father and mother forsake me, the Lord will receive me. Instruct me, Lord, in your way;

on an even path lead me. When they lie in ambush protect me from my enemy's greed.

False witnesses rise against me, breathing out fury. I am sure I shall see the Lord's goodness

## WEDNESDAY EVENING PRAYER

65

The musical score consists of three staves of music in common time, key signature of two flats. The top staff uses soprano C-clef, the middle staff alto F-clef, and the bottom staff bass G-clef. The lyrics are integrated into the music:

A  
in the land of the living. Hope in him, hold firm and take heart. Hope in the Lord!

B  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

and will be for ever. Amen.

**Ant. 3**  
(34)

He is the firstborn of all creation; \* in ev- ery way the primacy is his.

**Canticle, Colossians 1:12-20**    *Christ the first-born of all creation and the first-born from the dead*

34

A†

1. Let us give thanks to the Fa - ther for having made you worthy  
2. ---> --> as it was in the beginning, is now,

B

to share the lot of the saints in light. He rescued us from the power of darkness  
and will be for ever. A - men.

A

and brought us into the kingdom of his beloved Son. Through him we have re - demption,

B

the forgiveness of our sins. He is the image of the invisible God, the first-born of all creatures.

A

In him everything in heaven and on earth was cre - ated, things visible and in - visible.

## **WEDNESDAY EVENING PRAYER**

B

All were created through him; all were created for him. He is before all else that is.

In him everything continues in being. It is he who is head of the body, the church;

he who is the be - ginning, the first-born of the dead,

so that primacy may be his in everything. It pleased God to make absolute fullness reside in him

and, by means of him, to reconcile everything in his person, both on earth and in the heavens,

making peace through the blood of his cross. Glory to the Father and to the Son, and to the Holy Spirit:

A

B

D.C.

**Ant. M**

(37) The Almighty has done great things for me, \* and ho - ly is his Name.

**Magnificat**

37 A†

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things, and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Thursday Morning Prayer

Ant. 1 (11)

Awake, lyre and harp, \* with praise let us awake

## Psalm 57

*Morning prayer in affliction*

11 A

1. Have mercy on me, God, have mercy for in you my soul has ta - ken refuge.  
2. for your love reaches to the heavens and your truth to the skies.

B

In the shadow of your wings I take refuge till the storms of destruction pass by.  
O God, arise above the heavens; may your glory shine on earth!

A

I call to God the Most High, to God who has always been my help.  
Glory to the Father and to the Son, and to the Ho - - - ly Spirit:

B†

May he send from heaven and save me and shame those who as - sail me.  
---> -> as it was in the beginning, is now,

A

May God send his truth and his love. My soul lies down among lions, who would devour the sons of men.  
and will be for ever. A-men.

## THURSDAY MORNING PRAYER

71

The musical score consists of four systems of music, each with two staves: a soprano staff (G clef) and a basso continuo staff (F clef). The key signature is G major (one sharp). The music is divided into sections labeled A and B, and concludes with a repeat sign followed by D.C. (Da Capo).

**System 1:**

- B:** Their teeth are spears and arrows, their tongue a sharpened sword.
- A:** O God, arise above the heavens;

**System 2:**

- B:** may your glory shine on earth!
- A:** They laid a snare for my steps, my soul was bowed down.

**System 3:**

- A:** They dug a pit in my path but fell in it themselves.
- B:** My heart is ready, O God, my heart is ready.

**System 4:**

- A:** I will sing, I will sing your praise.
- B:** Awake, my soul, awake, lyre and harp,
- D.C.:** I will awake the dawn.

**System 5:**

- B:** I will thank you, Lord, among the peoples, among the nations I will praise you

**Ant. 2**

(45) My peo - ple, says the Lord, \* will be filled with my blessings.

**Canticle, Jeremiah 31:10-14***The happiness of a people who have been redeemed*

**A**

45 1. Hear the word of the Lord, O nations,  
2. I will lavish choice portions upon the priests,

proclaim it on distant coasts, and say:  
and my people shall be filled with my blessings, says the Lord.

**B**

He who scattered Israel, now gathers them together, he guards them as a shepherd his flock.  
Glory to the Father and to the Son, and to the Holy Spirit:

**A**

The Lord shall ransom Jacob, he shall redeem him from the hand of his conqueror.  
as it was in the beginning, is now, and will be for ever. Amen.

**B**

Shouting, they shall mount the heights of Zion, they shall come streaming to the Lord's blessings:

## THURSDAY MORNING PRAYER

73

The musical score consists of four staves of music in G major (two treble clef staves and two bass clef staves) and common time. The lyrics are integrated into the music, appearing below the staves. The score is divided into sections A, B, and D.C. (Da Capo).

**A:**

the grain, the wine, and the oil, the sheep and the oxen; they themselves shall be like watered gardens,

**B:**

never again shall they languish.

Then the virgins shall make merry and dance,

and young men and old as well.

I will turn their mourning in - to joy,

**D.C. (Da Capo):**

I will console and gladden them after their sorrows.

Ant. 3 (26)

The Lord is great \* and worthy to be praised in the ci - ty of our God.

## Psalm 48

*Thanksgiving for the people's deliverance*

26

A

1. The Lord is great and worthy to be praised in the city of our God.  
2. our God for ever and always. who leads us.

B

His holy mountain rises in beauty, the joy of all the earth.  
Glory to the Father and to the Son, and to the Holy Spirit:  
the earth. Spirit:

A

Mount Zion, true pole of the earth, the Great King's city!  
as it was in the beginning, is now, and will be for ever. A - men.

B

God, in the midst of its citadels, has shown himself its stronghold. For the kings assembled together,  
together they advanced. They saw; at once they were astounded; dismayed, they fled in fear.

A    B

A trembling seized them there, like the pangs of birth. By the east wind you have destroyed

the ships of Tarshish. As we have heard, so we have seen in the city of our God,

in the city of the Lord of hosts which God upholds for ever. O God, we ponder your love

within your temple. Your praise, O God, like your name reaches the ends of the earth.

With justice your right hand is filled. Mount Zion rejoices; the people of Judah rejoice

at the sight of your judgements. Walk through Zion, walk all round it; count the number of its towers.

Review all its ramparts, examine its castles, that you may tell the next generation that such is our God, D.C.

Ant. B (38)

Let us serve the Lord in holiness, \* and he will save us from our e-nemis.

**Benedictus**

38 A

1. Blessed be the Lord, the God of Most Israel; High,  
2. You, my child, shall be called the prophet of the Most High,

he has come to his people and set them free.  
for you will go before the Lord to prepare his way,

B

He has raised up for us a migh-ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

A†

Through his holy prophets he promised of old, that he would save us from our enemies,  
In the tender compassion of our God  
-----> --->

from the hands of all who hate us.  
the dawn from on high shall break upon us,

B

He promised to show mercy to our fathers death,  
to shine on those who dwell in darkness and the shadow of

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, and to the Holy Spirit:  
to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> as it was in the beginning, is now, and will be for ever. Amen.

D.C.

## Thursday Evening Prayer

**Ant. 1**  
(55)

I cried to you, Lord, \* and you healed me; I will praise you for ev - er.

## Psalm 30

*Thanksgiving for delivery from death*

55

A

1. I will praise you, Lord, you have rescued me from the grave?  
2. 'What profit would my death be, my going to have the grave?

B

and have not let my enemies rejoice over me.  
Can dust give you praise or proclaim your truth?  
O Lord, I cried to you for help.  
The Lord listened and had pity.

A

and you, my God, have healed me.  
O Lord, you have raised my soul from the dead,  
For me you have changed my mourning into dancing,

B

restored me to life from those who sink into the grave.  
you removed my sackcloth and clothed me with joy.  
Sing psalms to the Lord, you who love him,  
So my soul sings psalms to you un - ceasingly.

A

give thanks to his holy name.  
O Lord my God, I will thank you for ever.  
His anger lasts a moment; his favour all through life.  
Glory to the Father and to the Son,

At night there are tears, but joy comes with dawn.  
and to the Holy Spirit: I said to myself in my good fortune:  
as it was in the beginning, is now,

'Nothing will ever dis - turb me.' Your favour had set me on a mount ain fastness,  
and will be for ever. A - men.

then you hid your face and I was put to confusion. To you, Lord, I cried, to my God I made appeal:  
then you hid your face and I was put to confusion. To you, Lord, I cried, to my God I made appeal:

D.C.

Ant. 2 (43) The one who is sin - less in the eyes of God \* is bless - ed in - deed.

## Psalm 32

*They are happy whose sins are forgiven*

43 A†  
1. ---> Happy the man whose offence is for - given,  
2. You are my hiding place, O Lord; you save me from dis - tress.

B  
whose sin is remitted. O happy the man to whom the Lord imputes no guilt,  
You surround me with cries of de - liverance. I will instruct teach you the way you should go;

A†  
in whose spirit is no guile. ---> Be not like horse and mule, unintelligent,  
I will give you counsel with my eye u - pon you.

I kept it secret and my needing bri - - - frame dle was and wasted. bit,

B†  
I groaned all the else they will not day long, ---> Many sorrows has the wick - ed  
ap - proach you. -->

for night and day your hand was heavy u - pon me. Indeed my strength as by the summer's heat.  
 but he who trusts in the Lord, loving mercy sur - rounds him.

A

But now I have acknow ledged my sins; my guilt I did not hide.  
 Rejoice, rejoice in the Lord, exult, you just!

B

I said: 'I will confess my offence to the Lord.' And you, Lord, have forgiven the guilt of my sin.  
 O come, ring out your joy, all you upright of heart.

A

So let every good man pray to you in the time of need. The floods of water may reach high  
 Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

D.C.

but him they shall not reach.  
 and will be for ever. A - men.

Ant. 3 (37) The Father has giv-en Christ \* all power, honor and kingship; all peo-ple will o-bey him.

**Canticle, Revelation 11:17-18; 12:10b-12a***The judgment of God*

We praise you, the Lord God Almighty, who is and who was. You have assumed your great power,  
you have begun your reign. The nations have raged in anger, but then came your day of wrath  
and the moment to judge the dead: the time to reward your servants the prophets  
and the holy ones who revere you, the great and the small alike. Now have salvation and power come,  
the reign of our God and the authority of his Anointed One, For the accuser of our brothers is cast out,  
who night and day accused them before God. They defeated him by the blood of the Lamb

A musical score for three voices (Soprano, Alto, Bass) in G minor (three flats). The score consists of three staves, each with a treble clef and a bass clef. The lyrics are divided into two sections, A and B, indicated by letters above the staves.

**Section A:**

and by the word of their testi - mony; love for life did not deter them from death.

**Section B:**

So rejoice, you heavens, and you that dwell there-in! Glory to the Father and to the Son,

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**

(34) God has cast down the mighty from their thrones \* and has lift-ed up the lowly.

**Magnificat**

A†

34 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his low - - ly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every ge - ne-ration.

B

He has shown the strength of his arm, he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Friday Morning Prayer

Ant. 1 (9)

Lord, you will accept the true sac-ri-fice \* of - fered on your al - tar.

## Psalm 51

*O God, have mercy on me*

A

1. Have mercy on me, God, in your kindness.  
2. Make me hear rejoicing and gladness,  
3. For in sacrifice you take no de - light,  
In your compassion blot out my of - fence.  
that the bones you have crushed may re - vive.  
burnt offering from me would re - fuse,

B

O wash me more and more from my guilt  
From my sins turn away your face  
my sacrifice, a con - trite spirit.  
and cleanse me from my sin.  
and blot out all my guilt.  
A humbled, contrite heart you will not spurn.

A

My offences truly I know them;  
A pure heart create for me, O God,  
In your goodness, show favour to Zion:  
my sin is always be - fore me.  
put a steadfast spirit wi - thin me.  
rebuild the walls of Je - rusalem.

B

Against you, you alone, have I sinned;  
Do not cast me away from your presence,  
Then you will be pleased with lawful sacrifice,  
what is evil in your sight I have done.  
nor deprive me of your ho - ly spirit.  
holocausts offered on your altar.

## FRIDAY MORNING PRAYER

87

A

That you may be justified when you give sentence  
Give me again the joy of your help;  
Glory to the Father and to the Son,

and be without reproach when you judge,  
with a spirit of fervour sus - tain me,  
and to the Ho - ly Spirit:

B

O see, in guilt I was born,  
that I may teach transgressors your ways  
as it was in the beginning, is now,

a sinner was I con - ceived.  
and sinners may return to you.  
and will be for ever. A - men.

A

Indeed you love truth in the heart;  
O rescue me, God, my helper,

then in the secret of my heart teach me wisdom.  
and my tongue shall ring out your goodness.

B

O purify me, then I shall be clean; O wash me, I shall be whiter than snow.  
O Lord, open my lips and my mouth shall declare your praise.

D.C.

**Ant. 2**  
(21)

All the descendants of Israel \* will glory in the Lord's gift of victory.

**Canticle, Isaiah 45:15-25***People of all nations will become disciples of the Lord*

21

**A**

1. Truly with you God is hidden, the God of Israel, the savior!  
2. They are without knowledge who bear wooden idols and pray to gods that cannot save.  
3. Glory to the Father and to the Son, and to the Holy Spirit:

**B**

Those are put to shame and disgrace who vent their anger against him;  
Come here and declare in counsel to - together:  
as it was in the beginning, is now, and will be for ever.  
A - men.

**A**

Those go in dis - grace who and foretold it from carve images.  
Who announced this from the be - ginning of old?

**B†**

Israel, you are saved by the Lord, saved forever!  
Was it not I, the Lord, besides whom there is no other God?  
You shall never be put to shame or dis-grace

**A†**

in fu - - - - ture ages.  
There is no just and saving God but me.  
For thus says the Lord, Turn to me and be safe,

## FRIDAY MORNING PRAYER

89

The creator of the heavens, who is God, the designer and maker of the earth, who established it, all you ends of the earth, for I am God; there is no other! By myself I swear,

B†

not creating it to be a waste, but designing it to be lived in: I am the Lord, and there is no other. uttering my just de-cree and my unalterab-le word: ---> -->

A†

I have not spoken from hiding nor from some dark place of the earth, To me every knee shall bend; by me every tongue shall swear,

B

And I have not said to the descendants of Jacob, “Look for me in an em - pty waste.” saying, “Only in the Lord are just deeds and power.

A

I, the Lord, pro - mise justice, I foretell what is right. Before him in shame shall come all who vent their anger a - gainst him.

B

Come and assemble, gather together, you fugitives from among the Gentiles! In the Lord shall be the vindication and the glory of all the descendants of Israel.”

D.C.

**Ant. 3**  
(42)

Let us go in-to God's pre - sence \* sing-ing for joy.

**Psalm 100***The joyful of those entering God's temple*

**A†**  
42

Cry out with joy to the Lord, all the earth. Serve the Lord with gladness. Come before him, singing for joy.

**B†**

Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock.

**A†**

Go within his gates, giving thanks. Enter his courts with songs of praise.

**B†**

Give thanks to him and bless his name. Indeed, how good is the Lord, eternal his merciful love.

**A**

He is faithful from age to age. Glory to the Father and to the Son, and to the Holy Spirit:

## FRIDAY MORNING PRAYER

91

The musical notation consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in A major (three sharps). The key signature changes to D major (two sharps) at the beginning of the second measure. The lyrics "as it was in the beginning, is now, and will be for ever. Amen." are written below the notes. Measure 1 starts with a half note, followed by a quarter note, another quarter note, and a half note. Measure 2 starts with a quarter note, followed by a half note, another half note, and a quarter note.

**Ant. B**  
(23)

The Lord has come to his peo - ple \* and set them free.

**Benedictus**

23

**A**

1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of High,  
he has come to his people and set them free.  
for you will go before the Lord to prepare his way,

**B**

He has raised up for us a migh - ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies,  
In the tender compassion of our God  
-----> -->  
through his hands of all who hate us.  
the dawn from on high shall break upon us,

## FRIDAY MORNING PRAYER

93

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. Amen.

D.C.

## Friday Evening Prayer

**Ant. 1**

(38)

Lord, lay your healing hand up-on me, \* for I have sinned

## Psalm 41

*Prayer of a sick person*

38

**A**

1. Happy the man who considers the poor and the weak. The Lord will save him in the day of evil,  
2. Thus even my friend, in whom I trusted, who ate my bread, has turned a - gainst me.

**B**

will guard him, give him life, make him happy in the on land  
But you, O Lord, have mercy

**A**

and will not give him up to the will of his foes. The Lord will help him on his bed of pain,  
Let me rise once more and I will re - pay them. By this I shall know that you are my friend,

**B**

he will bring him back from sickness to health.  
As for me, I said: 'Lord, have mercy on me,  
if my foes do not shout in triumph over me.  
If you uphold me I shall be unharmed'

**A**

heal my soul for I have sinned a - gainst you.  
My foes are speaking evil a - gainst me.  
and set in your presence for ever more.  
Blessed be the Lord, the God of Israel

B

'How long before he dies and his name is forgotten?' They come to visit me and speak empty words,  
from age to age. Amen. A - men.

their hearts full of malice, they spread it abroad.  
and to the Holy Spirit: My enemies whisper together a - gainst me.  
as it was in the beginning, is now,

They all weigh up the evil which is on me.  
and will be for ever. A - men.

'Some deadly thing has fastened u - pon him,  
he will not rise again from where he lies.'

D.C.

**Ant. 2**  
(43)

The mighty Lord is with us; \* the God of Ja - cob is our stronghold.

**Psalm 46***God our refuge and strength*

A

43 1. God is for us a re - fuge and strength, a helper close at hand, in time of dis-tress,  
2. 'Be still and know that I am God, supreme among the nations, supreme on the earth!'

B

so we shall not fear though the earth should rock,  
The Lord of hosts is with us:

A

though the mountains fall into the depths of the sea; even though its waters rage and foam,  
the God of Jacob is our stronghold. Glory to the Father and to the Son,

B

even though the mountains be shaken by its waves. The Lord of hosts is with us:  
and to the Ho - ly Spirit: as it was in the beginning, is now,

A

the God of Jacob is our stronghold. The waters of a river give joy to God's city,  
and will be for ever. A - men.

B

the holy place where the Most High dwells. God is within, it can - not be shaken;

A

God will help it at the dawning of the day. Nations are in tumult, kingdoms are shaken:

B

he lifts his voice, the earth shrinks a - way. The Lord of hosts is with us:

A

the God of Jacob is our stronghold. Come, consider the works of the Lord,

B†

the redoubtable deeds he has done on the earth. He puts an end to wars over all the earth;

D.C.

the bow he breaks, the spear he snaps. He burns the shields with fire.

Ant. 3 (4)

All nations will come \* and worship before you, O Lord.

**Canticle, Revelation 15:3-4***Hymn of adoration*

4

Mighty and wonderful are your works, Lord God Almighty! Righteous and true are your ways,

O King of the nations! Who would dare refuse you honor, or the glory due your name, O Lord?

Since you alone are holy, all nations shall come and worship in your presence.

Your mighty deeds are clearly seen. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.



**Ant. M**  
(34)

The Lord has come to the help of his ser-vants, \* for he has re-membered his pro-mise of

mer - cy.

**Magnificat**

A†  
34

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his low - - ly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every ge - neration.

B

He has shown the strength of his arm, he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Saturday Morning Prayer

Ant. 1 (45) Dawn finds me ready \* to welcome you, my God.

Psalm 119:145-152

XIX (Koph)

45 I call with all my heart; Lord, - hear me, I will keep your commands. I call u - pon you, - save me

and I will do your will. I rise before dawn and cry for help, I hope in your word.

My eyes watch through the night to ponder your promise. In your love hear my voice, O Lord;

give me life by your decrees. Those who harm me unjustly draw near; they are far from your law.

But you, O Lord, are close, your commands are truth. Long have I known that your will

## SATURDAY MORNING PRAYER

103

A

is established for ever.      Glory to the Father and to the Son,      and to the Holy Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

Ant. 2 (37)

The Lord is my strength, \* and I shall sing his praise,  
for he has become my Savior.

**Canticle, Exodus 15:1-4a, 8-13, 17-18***Hymn of victory after the crossing of the Red Sea*

A

37

I will sing to the Lord, for he is gloriously triumphant;  
When your wind blew, the sea covered them;  
And you brought them in and planted them on the mountain of your inheritance-

B

horse and chariot he has cast into the sea.  
like lead they sank in the mighty waters.  
the place where you made your seat, O Lord,  
My strength and my courage is the Lord,  
Who is like to you among the gods, O Lord?  
the sanctuary, O Lord, which your hands established.

A

and he has been my savior.  
Who is like to you, magnificent in holiness?  
The Lord shall reign forever and ever.  
He is my God, I praise him;  
O terrible in renown, worker of wonders,  
Glory to the Father and to the Son,

the God of my father, I ex - tol him.  
when you stretched out your right hand, the earth swal-lowed them!  
and to the Ho - ly Spirit:

## SATURDAY MORNING PRAYER

105

B

The Lord is a warrior, Lord is his name! Pharaoh's chariots and army he hurled into the sea.  
In your mercy you led the people you redeemed; in your strength you guided them to your ho-ly dwelling.  
as it was in the beginning, is now, and will be for ever.

A - men.

A†

At a breath of your anger the waters piled up, the flowing waters stood like a mound,

B†

the flood waters congealed in the midst of the sea. The enemy boasted, "I will pursue and overtake them;

D.C

I will divide the spoils and have my fill of them; I will draw my sword; my hand shall de-spoil them!"

**Ant. 3**  
(53)

O prase the Lord, \* all you nations.

## Psalm 117

### *Praise for God's loving compassion*

53

O praise the Lord, all you nations,      acclaim him all you peoples!      Strong is his love for us;  
he is faithful for ever.      Glory to the Father and to the Son,      and to the Ho ly Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.



**Ant. B**

(4)

Lord, shone on those who dwell in darkness \* and the sha - dow of death.

**Benedictus**

A

4

1. Blessed be the Lord, the God  
2. You, my child, shall be called the prophet of the

of Most Israel; High,

he has come to his people and set  
for you will go before the Lord to prepare

them his free.  
way,

B

He has raised up for us a migh-ty savior,  
to give his people knowledge of sal - vation

born of the house of his ser vant David.  
by the forgiveness of their sins.

A†

Through his holy prophets he promised of old,  
-----> -->

that he would save us from our enemies,  
In the tender compassion of our God

from the hands of all  
the dawn from on high shall break

who u - hate us.  
pon us,

B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow      our of      fathers  
death,

and to remember his ho - - - - ly  
and to guide our feet into the way of covenant.  
peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Ho - - - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Sunday Evening Prayer I

**Ant. 1**

(48)

Your word, O Lord, \* is the lantern to light our way, alle-lu - ia.

### Psalm 119:105-112 -- XIV (Nun)

*A meditation on God's law*

48

Your word is a lamp for my steps and a light for my path. I have sworn and have made up my mind

to obey your de-crees. Lord, I am deep-ly af - flicted; by your word give me life.

Accept, Lord, the homage of my lips and teach me your decrees. Though I carry my life in my hands,

I remember your law. Though the wicked try to en - snare me, I do not stray from your precepts.

Your will is my heritage for ever, the joy of my heart. I set myself to carry out your statutes

A  
in fullness, for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:

B  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**

(47) When I see your face, O Lord, \* I shall know the fullness of joy, al-le-lu - ia.

**Psalm 16***The Lord himself is my heritage*

47 A†

1. Preserve me, God, I take refuge in you. I say to the Lord: 'You are my God.  
2. -----> ---> For you will not leave my soul among the dead,

B†

My happiness lies in you a - lone.' -----> ---> You will show me the path of life,  
nor let your beloved know de - cay.

A†

He has put into my heart a marvellous love for the faithful ones who dwell in his land.  
the fullness of joy in your presence, at your right hand happiness for ever.

Those who choose other gods increase their sor rows. Never will I offer their offerings of blood.  
-----> ---> Glory to the Father and to the Son,

B

Never will I take their name upon my lips. O Lord, it is you who are my portion and cup;  
and to the Ho - - ly Spirit: as it was in the beginning, is now,

A

it is you yourself who are my prize.  
and will be for ever. A - men.

The lot marked out for me is my de - light:  
The lot marked out for me is my de - light:

welcome indeed the heritage that falls to me!  
I will bless the Lord who gives me counsel,

who even at night directs my heart.  
I keep the Lord ever in my sight:

since he is at my right hand, I shall stand firm.  
And so my heart rejoices, my soul is glad;

even my body shall rest in safety.

D.C.

**Ant. 3**  
(20)

Let everything in heaven and on earth \* bend the knee at the name of Je-sus, al-le - lu - ia.

**Canticle, Philippians 2:6-11***Christ, God's holy servant*

**A†**  
Though he was in the form of God, Jesus did not deem equality with God something to be grasped at.

**B†**  
Rather, he emptied himself and took the form of a slave, being born in the likeness of men.

**A**  
He was known to be of human es - tate and it was thus that he humbled himself,

**B**  
obediently accepting e - ven death, death on a cross!

**A**  
Because of this, God highly exal - ted him and bestowed on him the name above every other name,

**B**  
So that at Jesus' name every knee must bend in the heavens, on the earth and under the earth,

A

and every tongue proclaim to the glory of God the Father:  
JESUS CHRIST IS LORD!

B

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

## Sunday Morning Prayer

**Ant. 1**

(1)

Blessed is he who comes \* in the name of the Lord, alle-lu - ia.

### Psalm 118

*Song of joy for salvation*

1

A

1. Give thanks to the Lord for he is good, for his love endures for ever. Let the sons of Isra - el say:  
 2. I was hard-pressed and was falling, but the Lord came to - help me. The Lord is my strength and my song;  
 3. O Lord, grant us sal-vation; O Lord, grant success. Blessed in the name of the Lord

B

'His love en - dures for ever.' Let the sons of Aa - ron say: 'His love en - dures for ever.'  
 he is my saviour. There are shouts of joy and victory in the tents of the just.  
 is he who comes. We bless you from the house of the Lord; the Lord God is our light.

B

Let those who fear the Lord say: 'His love en - dures for ever.'  
 The Lord's right hand has triumphed; for right hand raised me.  
 Go forward in procession with branches even to the altar.

A

I called to the Lord in my dis - tress; he ans - - - - wered and freed me.  
 The Lord's right hand has triumphed; I shall not die, I shall live and recount his deeds.  
 You are my God, I thank you. My God, I praise you.

B

The Lord is at my side; I do not fear.  
I was punished, I was punished by the Lord,  
Give thanks to the Lord for he is good;  
What can man do but not for his love end  
doomed to die.  
for ever.

A

The Lord is at my side as my helper;  
Open to me the gates of holiness:  
Glory to the Father and to the Son,  
I shall look down on my foes.  
I will enter and give thanks.  
Ho - ly Spirit:

B

It is better to take refuge in the Lord  
This is the Lord's own gate  
as it was in the beginning, is now,  
than to trust in men;  
where the just may enter.  
and will be for ever. A - men.

A

than to trust in princes.  
The nations all en - compassed me; in the Lord's name I crushed them.  
and you are my saviour.  
The stone which the builders rejected has become the cor - ner stone.

A

They compassed me, compassed me a - bout;  
This is the work of the Lord,  
in the Lord's name I crushed them.  
a marvel in our eyes.

B†

They compassed me about like bees; they blazed like a fire among thorns.  
In the Lord's name I crushed them.  
--> This day was made by the Lord; we rejoice and are glad.

D.C.

**Ant. 2**  
(37)

Let us sing a hymn of praise \* to our God, alle-lu - ia.

**Canticle, Daniel 3:52-57***Let all creatures praise the Lord*

37

A

Blessed are you, O Lord, the God of our fathers,  
praiseworthy and exalted above all for-ever;

B

And blessed is your holy and glorious name,  
praiseworthy and exalted above all for all ages.

A

Blessed are you in the temple of your holy glory,  
praiseworthy and glorious above all for-ever.

B

Blessed are you on the throne of your kingdom,  
praiseworthy and exalted above all for-ever.

A†

Blessed are you who look into the depths  
from your throne upon the cheru - bim,

B

praiseworthy and exalted above all for-ever.  
Blessed are you in the firmament of heaven,

A musical score for three voices (SATB) in common time and E-flat major. The score consists of three staves, each with a treble clef and a bass clef. The lyrics are divided into three sections: A, B, and C.

**Section A:**

praiseworthy and exalted above all for - ever.      Bless the Lord, all you works of the Lord,

**Section B:**

praise and exalt him above all forever.      Glory to the Father and to the Son,      and to the Holy Spirit:

**Section C:**

as it was in the beginning, is now, and will be for ever. Amen.

Ant. 3 (11)

Praise the Lord \* in his in-finite greatness, al-le - lu-ia.

## Psalm 150

*Praise the Lord*

11 A  
B

Praise God in his holy place, praise him in his mighty heavens. Praise him for his powerful deeds,  
praise his surpassing greatness. O praise him with sound of trumpet, praise him with lute and harp.

B  
A

Praise him with timbrel and dance, praise him with strings and pipes.

A  
B

O praise him with resoun-ding cymbals, praise him with clashing of cymbals.

B  
A

Let everything that lives and that breathes give praise to the Lord. Glory to the Father and to the Son,

## SUNDAY MORNING PRAYER

121

A musical score for two voices (Soprano and Bass) and piano. The key signature is A major (three sharps). The vocal parts are in common time. The piano part is in 6/8 time. The vocal line begins with a half note, followed by a quarter note, a eighth note, another eighth note, and a half note. The piano part consists of eighth-note chords. The section is labeled 'B' above the vocal line.

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

## Sunday Evening Prayer II

Ant. 1 (43)

Christ our Lord \* is a priest for ev - er, like Melchiz-edek of old, alle-lu - ia

## Psalm 110:1-5, 7

*The Messiah, king and priest*

43 A†

The Lord's revelation to my Master: 'Sit on my right: your foes I will put beneath your feet.'

B†

The Lord will wield from Sion your scep - tre of power: rule in the midst of all your foes.

A†

A prince from the day of your birth on the ho-ly mountains; from the womb before the dawn I be-got you.

B†

The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.'

A

The Master standing at your right hand will shatter kings in the day of his wrath.

## SUNDAY EVENING PRAYER II

123

The musical score consists of three staves of music in G major (two sharps) and common time. The top staff begins with a bass clef, the middle with a soprano clef, and the bottom with an alto clef. The lyrics are integrated into the music, appearing below the notes. The first section, labeled 'B', contains the lyrics: 'He shall drink from the stream by the wayside and therefore he shall lift up his head.' The second section, labeled 'A', contains the lyrics: 'Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.' The music features various note values including eighth and sixteenth notes, and rests. The lyrics are placed directly beneath the corresponding musical notes.

**Ant. 2**  
(21)

God dwells in highest heav-en; \* he has power to do all he wills, al-le - lu - ia.

## Psalm 115

*Praise of the true God*

21

A

1. Not to us, Lord, not to us,  
but to your name give the glory  
2. The Lord will bless those who fear him,  
the little no less than the great:

B

for the sake of your love and your truth,  
to you may the Lord grant increase,  
lest the heathen say: 'Where is their God?'  
to you and all your children.

A

But our God is in the heavens; he does whatever he wills.  
May you be blessed by the Lord, the maker of heaven and earth.  
Their idols are silver and gold,  
The heavens belong to the Lord

A

the work of human hands.  
but the earth he has given to men.  
They have mouths but they cannot speak;  
The dead shall not praise the Lord,

B

they have eyes but they cannot see;  
nor those who go down into the silence.  
they have ears but they cannot hear;  
But we who live bless the Lord

A†

they have nostrils but they cannot smell.  
now and for ever. A - men.

With their hands they cannot feel;  
----> -----> -->

with their feet they can - not walk.  
Glory to the Father and to the Son,

No sound comes from their throats.  
and to the Ho - ly Spirit:

B

Their makers will come to be like them  
as it was in the beginning, is now,  
and so will all who trust in them.  
and will be for ever. A - men.

A

Sons of Israel, trust in the Lord; he is their help and their shield. Sons of Aaron, trust in the Lord;

A

he is their help and their shield. You who fear him, trust in the Lord; he is their help and their shield.

B†

He remembers us, and he will bless us; he will bless the sons of Israel. He will bless the sons of Aaron.

D.C.

**Ant. 3**

Praise God, all you who serve him, \* both great and small, al-le - lu-ia.

**Canticle, See Revelation 19:1-7***The wedding of the lamb*

1. Al - le - lu - ia.      Salvation, glory      and pow'r to our God:  
 2. Al - le - lu - ia.      Sing praise to our God,      all you his servants,  
 3. Al - le - lu - ia.      The Lord our all-power      ful God is King;  
 4. Al - le - lu - ia.      The wedding feast of      the Lamb has be-gun,  
 5. Al - le - lu - ia.      Glory to the Father and to the Son,      and to the Holy Spirit:

Al - le - lu - ia      his judgments      are honest and true.  
 Al - le - lu - ia.      all who worship him reverent      ly, great and small.  
 Al - le - lu - ia.      let us rejoice, sing praise,      and give him glory.  
 Al - le - lu - ia.      and his bride is      pre - pared to welcome him.  
 Al - le - lu - ia.      as it was in the beginning, is now,      and will be for ever. A - men.

Alle - lulia, Al-le - lu - ia.  
 Alle - lulia, Al-le - lu - ia.



## Monday Morning Prayer

Ant. 1 (50) When will I come to the end of my pil-grimage \* and enter the pres - ence of God?

## Psalm 42

*Longing for the Lord's presence in his Temple*

A  
50 1. Like the deer that yearns for run - ning streams,  
2. My soul is cast down wi - thin me as I think of you,  
3. Why are you cast down, my soul, why groan wi thin me?

B  
so my soul is yearning for you, my God.  
from the country of Jordan and Mount Hermon, from the Hill Mizar.  
Hope in God; I will praise him still, my saviour and my God.

A B  
My soul is thirsting for God, the God of my life; when can I enter and see  
Deep is calling on deep, in the roar of waters; your torrents and all your waves  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A  
the face of God? My tears have become my bread, by night, by day,  
swept o ver me. By day the Lord will send his lo ving kindness;  
and will be for ever. A - men.

## MONDAY MORNING PRAYER

129

B

as I hear it said all the day long:  
by night I will sing to him,

'Where is your God?'  
praise the God of my life.

These things will I remember  
I will say to God, my rock:

as I pour out my soul:  
'Why have you forgotten me?

how I would lead the rejoicing crowd into the house of God,  
Why do I go mourning oppressed by the foe?

amid cries of gladness and thanksgiving, the throng wild with joy.  
Why are you cast down, my soul,  
With cries that pierce me to the heart, my enemies revile me, saying to me all the day long:

D.C.

why groan within me?  
'Where is your God?'

Ant. 2 (39)

Lord, show us \* the ra - diance of your mercy.

**Canticle, Sirach 36:1-5, 10-13***Prayer of entreaty for the holy city, Jerusalem*

39 A

Come to our aid, O God of the universe, and put all the nations in dread of you!

B

Raise your hand a - gainst the heathen, that they may realize your power.

A

As you have used us to show them your holiness, so now use them to show us your glory.

B

Thus they will know, as we know, that there is no God but you. Give new signs and work new wonders;

B

show forth the splendor of your right hand and arm. Gather all the tribes of Jacob,

A

that they may inherit the land as of old, Show mercy to the people called by your name;

B

Israel, whom you named your first-born. Take pity on your ho-ly city, Jerusalem, your dwelling place.

A

Fill Zion with your majesty, your temple with your glory. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(37)

The vaults of heaven \* ring with your praise, O Lord.

**Psalm 19A***Praise of the Lord, Creator of all*

37

**A**

The heavens proclaim the glory of God, and the firmament shows forth the work of his hands.

**B**

Day unto day takes up the story and night unto night makes known the message.

**A†**

No speech, no word, no voice is heard yet their span extends through all the earth,

**B†**

their words to the utmost bounds of the world. There he has placed a tent for the sun; it comes forth like a bridegroom coming from his tent, rejoices like a champion to run its course.

**A†**

At the end of the sky is the rising of the sun; to the furthest end of the sky is its course.

The musical score consists of two staves of music in common time, key signature of four flats. The top staff uses soprano clef and the bottom staff uses bass clef. The lyrics are integrated into the music:

There is nothing concealed from its burning heat.      Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Section labels 'B' and 'A' are placed above the music to indicate different parts or sections of the hymn.

**Ant. B**

(48)

Blessed be the Lord \* for he has come to his people and set them free.

**Benedictus**

**A**

48

1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break upon us,

**B**

He has raised up for us a mighty savior, death,  
to shine on those who dwell in darkness and the shadow  
born of the house of his servant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace.

**A†**

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Holy Spirit:  
He promised to show mercy to our fathers as it was in the beginning, is now, and will be for ever. A - men.

## MONDAY MORNING PRAYER

135

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.

D.C.

## Monday Evening Prayer

**Ant. 1**  
(11)

Yours is more than mortal beauty; \* every word you speak is full of grace.

## Psalm 45 -- I

*The marriage of the king*

A†

11 1. My heart overflows with noble words. To the king I must speak the song I have made,  
2. From the ivory palace you are greeted with music. The daughters of kings are among your loved ones.

B†

my tongue as nimble as the pen of a scribe. You are the fairest of the children of men  
On your right stands the queen in gold of Ophir. -----> -->

and graciousness is poured upon your lips: because God has blessed you for ever - more.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

A†

O mighty one, gird your sword upon your thigh; in splendour and state, ride on in triumph  
-----> --> as it was in the beginning, is now,

B†

for the cause of truth and goodness and right. Take aim with your bow in your dread right hand.  
and will be for ever. A - men.

Your arrows are sharp, peoples fall beneath you. The foes of the king fall down and lose heart.

A†

Your throne, O God, shall endure for ever. A sceptre of justice is the sceptre of your kingdom.

B†

Your love is for justice; your hatred for evil. Therefore God, your God, has anointed you

D.C.

with the oil of gladness above other kings: your robes are fragrant with aloes and myrrh.

Ant. 2 (21)

The Bridegroom is here; \* go out and welcome him.

## Psalm 45 -- II

21 A

Listen, O daughter, give ear to my words: forget your own people and your father's house.

B

So will the king desire your beauty: He is your lord, pay homage to him.

A

And the people of Tyre shall come with gifts, the richest of the people shall seek your favour.

B

The daughter of the king is clothed with splendour, her robes embroidered with pearls set in gold.

A†

She is led to the king with her maiden companions. They are escorted amid gladness and joy;

B

they pass within the palace of the king. Sons shall be yours in place of your fathers:

A musical score for three voices (Soprano, Alto, Bass) in G clef, B-flat key signature, and common time. The score consists of three staves separated by double bar lines. The first section (A) begins with a bass note followed by a soprano note. The lyrics are: "you will make them princes over all the earth. May this song make your name for ever remembered." The second section (B) begins with a bass note followed by a soprano note. The lyrics are: "May the peoples praise you from age to age. Glory to the Father and to the Son, and to the Holy Spirit:". The third section (A) begins with a bass note followed by a soprano note. The lyrics are: "as it was in the beginning, is now, and will be for ever. Amen."

Ant. 3 (42)

God planned in the fullness of time \* to re-store all things in Christ.

## Canticle, Ephesians 1:3-10

God our Savior

42

Praised be the God and Father of our Lord Jesus Christ, who has bestowed on us in Christ every spiritual blessing in the heavens. God chose us in him before the world be - gan to be holy and blameless in his sight. He predestined us to be his adopted sons through Je-sus Christ, such was his will and pleasure, that all might praise the glor - ious favor he has bestowed on us in his be-loved. In him and through his blood, we have been redeemed,

A

and our sins for-given,  
so immeasurably ge - ne - rous  
is God's favor to us.

B†

God has given us the wisdom to understand fully  
the plan he was pleased to decree in Christ.

A

A plan to be carried out in Christ, in the fullness of time,  
to bring all things into one in him,

B

in the heavens and on earth. Glory to the Father and to the Son,  
and to the Holy Spirit:

A

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**

(37) For ev - er will my soul pro-claim \* the greatness of the Lord.

This musical section consists of two staves. The top staff is in treble clef and the bottom is in bass clef. Both staves are in common time with a key signature of four flats. The music features eighth-note patterns and several fermatas. The lyrics are placed below the notes.

**Magnificat**

37 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty.

The musical score for the Magnificat is presented in five staves. The first three staves begin with label A†. The fourth staff begins with label B†. The fifth staff continues with label A. The sixth staff begins with label B. The lyrics are integrated with the musical lines, often appearing above or below the notes. The music is in common time with a key signature of four flats.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

C

and will be for ever. Amen.

## Tuesday Morning Prayer

Ant. 1 (56)

Lord, send forth \* your light and your truth.

## Psalm 43

*Longing for the Temple*

56

Defend me, O God, and plead my cause against a godless nation. From deceitful and cunning men

rescue me, O God. Since you, O God, are my stronghold, why have you rejected me?

Why do I go mourning oppressed by the foe? O send forth your light and your truth;

let these be my guide. Let them bring me to your ho - ly mountain, to the place where you dwell.

And I will come to the altar of God, the God of my joy. My redeemer, I will thank you on the harp,

## TUESDAY MORNING PRAYER

145

O God, my God. Why are you cast down my soul, why groan wi - thin me?

Hope in God; I will praise him still, my saviour and my God. Glory to the Father and to the Son,

and to the Holy Spirit: as it was in the begin ning, is now, and will be for ever. Amen.

**Ant. 2**  
(11)

Lord, keep us safe \* all the days of our life.

**Canticle, Isaiah 38:10-14, 17-20***Anguish of a dying man and joy in his restoration*

**A**

11  
1. Once I said,  
2. You have preserved my life

"In the noontime of life I must de - part!  
from the pit of des - truction,

**B**

To the gates of the nether world I shall be con - signed  
When you cast behind your back for the rest of all my years."  
my sins.

**A**

I said, "I shall see the Lord no more  
For it is not the nether world that gives you thanks,  
in the land of the living.  
nor death that prais - es you;

**B**

No longer shall I behold my fel - low men among those who dwell in the world."  
neither do those who go down into the pit await your kindness.

**A**

My dwelling, like a shep-herd's tent,  
The living, the living give you thanks,  
is struck down and borne away from me;  
as I do to - day.

B

you have folded up my life, like a weaver  
Fathers declare to their sons,  
who severs the O God,  
last thread.  
your faithfulness.

A

Day and night you give me over to torment;  
The Lord is our savior;  
I cry out until we shall sing to the dawn.  
the stringed instruments

B

Like a lion he breaks all my bones;  
in the house of the Lord  
day and night you give me over to torment.  
all the days of our life.

A B

Like a swallow I utter shrill cries; I moan like a dove. My eyes grow weak, gazing heaven-ward:  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

D.C.

O Lord, I am in straits; be my surety!  
and will be for ever. A - men.

Ant. 3 (40)

To you, O God, \* our praise is due in Zi-on.

## Psalm 65

*Solemn Thanksgiving*

40

A

1. To you our praise is due in Sion, O God.  
2. You care for the earth, give it water, you fill it with riches.

B

To you we pay our vows,  
Your river in heaven brims over

A

you who hear our prayer.  
to provide its grain.  
To you all flesh will come  
And thus you provide for the earth;  
with its burden of sin.  
you drench its furrows;

B

Too heavy for us,  
you level it, soften it  
of - fences,  
with showers;  
but you wipe them  
you bless  
a - way.  
its growth.

A†

----> -->  
You crown the year with your goodness.  
Blessed is he whom you choose and call  
Abundance flows in your steps,

B

to dwell in your courts.  
in the pastures of the wilderness it flows.  
We are filled with the blessings of your house,  
The hills are gir - ded with joy,

A

of your ho - ly temple.  
the meadows covered with flocks,

You keep your valleys are  
pledge with wonders,  
decked with wheat.

O God our saviour,  
They shout for joy, yes they sing.

the hope of all the earth  
Glory to the Father and to the Son,

and of far distant isles. You uphold the mountains with your strength, you are girded with power.  
and to the Ho-ly Spirit: as it was in the begin ning, is now, and will be for ever. A - men.

You still the roaring of the seas, the roaring of their waves and the tumult of the peoples.

The ends of the earth stand in awe at the sight of your wonders. The lands of sunrise and sunset

D.C.

you fill with your joy.

Ant. B  
(42)

Lord, save us \* from the hands of all who hate us.

**Benedictus**

A  
42

1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

B

He has raised up for us a migh - ty savior,  
to shine on those who dwell in darkness and the shadow of death,

A†

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

B

He promised to show mercy to our fathers and to remember his holy covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

D.C.

free to worship him without fear, holy and righteous in his sight all the days of our life.

## Tuesday Evening Prayer

Ant. 1 (34)

You cannot serve \* both God and mammon.

## Psalm 49 -- I

*Emptiness of riches*

A

34 1. Hear this, all you peoples, give heed, all who dwell in the world,  
2. In his riches, man lacks wisdom; he is like the beasts that are des - troyed.

B

men both low and high, rich and poor a - like! My lips will speak words of wisdom.  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

B

My heart is full of insight. I will turn my mind to a parable, with the harp I will solve my problem.  
and will be for ever. A - men.

A

Why should I fear in e - vil days the malice of the foes who sur - round me,

B

men who trust in their wealth, and boast of the vastness of their riches?

A

For no man can buy his own ransom,  
or pay a price to God for his life.

B†

The ransom of his soul is beyond him.  
He cannot buy life without end, nor avoid coming to the grave.

A

He knows that wise men and fools must both perish  
and leave their wealth to others.

B†

Their graves are their homes for ever,  
their dwelling place from age to age,

D.C.

though their names spread wide through the land.

**Ant. 2**  
(37) Store up for yourselves \* treasure in heav-en, says the Lord.

**Psalm 49 -- II**

37 A This is the lot of those who trust in themselves, who have others at their beck and call.

B† Like sheep they are driven to the grave, where death shall be their shepherd

A and the just shall become their rulers. With the morning their outward show vanishes

B and the grave becomes their home. But God will ransom me from death and take my soul to himself.

A Then do not fear when a man grows rich, when the glory of his house in - creases.

B He takes nothing with him when he dies, his glory does not follow him be - low.

A

Though he flattered himself while he lived:  
Men will praise me for all my suc - cess,

B

yet he will go to join his fathers, who will never see the light any more. In his riches, man lacks wisdom;

A

he is like the beasts that are destroyed. Glory to the Father and to the Son, and to the Holy Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(11) A - doration and glo-ry \* belong by right to the Lamb who was slain.

**Canticle, Revelation 4:11, 5:9, 10, 12***Redemption hymn*

11 A O Lord our God, you are worthy to receive glory and honor and power. For you have created all things;  
by your will they came to be and were made. Worthy are you, O Lord  
to receive the scroll and break open its seals. For you were slain;  
with your blood you purchased for God men of every race and tongue, of every people and nation.  
You made them a kingdom, and priests to serve our God, and they shall reign on earth.

A

Worthy is the Lamb that was slain  
to receive power and riches,  
wisdom and strength,

B

honor and glory and praise.  
Glory to the Father and to the Son,  
and to the Ho - ly Spirit:

C

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**  
(23)

Do great things for us, O Lord, \* for you are mighty, and holy is your name.

**Magnificat**

**A†**  
23

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior; for he has looked with favor on his lowly servant.

**B†**

From this day all generations will call me blessed: the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him in every gene - ration.

**B**

He has shown the strength of his arm, he has scattered the proud in their conceit.

**A**

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his ser - vant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.

B

## Wednesday Morning Prayer

Ant. 1 (11)

O God, all your ways are ho-ly; \* what god can compare with our God?

## Psalm 77

*Recalling God's works*

A

11 1. I cry aloud to God, cry aloud to God that he may hear me.  
2. Does God forget his mercy or in anger withhold his com-passion?  
3. the depths were moved with terror. The clouds poured down rain,

B†

In the day of my distress I sought the Lord. My hands were raised at night without ceasing;  
---> -> I said: "This is what causes my grief;  
----> --> the skies sent forth their voice;

A

my soul refused to be con - soled. I remembered my God and I groaned.  
that the way of the Most High has changed.' I remember the deeds of the Lord,  
your arrows flashed to and fro. Your thunder rolled round the sky,

B

I pondered and my spi - rit fainted. You withheld sleep from my eyes.  
I remember your wonders of old, I muse on all your works  
your flashes lighted up the world. The earth was moved and trembled

A

I was troubled, I could not speak.  
and ponder your might - ty deeds.  
when your way led through the sea,  
  
I thought of the days of long a - go  
Your ways, O God, are holy.  
your path through the mighty waters

and remembered the years long past.  
What god is great as our God?  
and no one saw your footprints.  
  
At night I mused within my heart.  
You are the God who works wonders.  
You guided your people like a flock

I pondered and my spi - rit questioned.  
You showed your power among the peoples.  
by the hand of Moses and Aaron.  
  
Will the Lord reject us for ever?  
Your strong arm redeemed your people,  
Glory to the Father and to the Son,

Will he show us his favour no more?  
the sons of Jacob and Joseph.  
and to the Ho - ly Spirit:  
  
Has his love vanished for ever?  
The waters saw you, O God,  
now, as it was in the beginning, is now,

D.C.

Has his promise come to an end?  
the waters saw you and trembled;  
and will be for ever. A - men.

**Ant. 2**  
(22)

My heart leaps up with joy to the Lord, \* for he humbles only to ex-alt us.

**Canticle, 1 Samuel 2: 1-10***The humble find joy in God*

**A**

22

1. My heart exults in the Lord, my horn is exalted in my God.  
2. For the pillars of the earth are the Lord's, and he has set the world upon them.

**B**

I have swallowed up my enemies; I rejoice in my victory.  
He will guard the footsteps of his faithful ones, but the wicked shall perish in the darkness.

**A**

There is no Holy One like the Lord; there is no Rock like our God.  
For not by strength does man prevail; the Lord's foes shall be shattered.

**B**

Speak boastful - ly no longer, nor let arrogance issue from your mouths.  
The Most High in heaven thunders; the Lord judges the ends of the earth.

**A**

For an all-knowing God is the Lord, a God who jud - ges deeds.  
Now may he give strength to his king and exalt the horn of his anointed!

B

The bows of the migh - ty are broken,  
Glory to the Father and to the Son,  
while the tottering gird on strength.  
and to the Ho - ly Spirit:

A

The well-fed hire themselves out for bread,  
as it was in the begin - ning, is now,  
while the hungry batten on spoil.  
and will be for ever. A - men.

B

The barren wife bears se - ven sons,  
while the mother of man - y languishes.

A†

The Lord puts to death and gives life; he casts down to the ne-ther world; he raises up a-gain.

B

The Lord makes poor and makes rich, he humbles, he also exalts.

DC

Ant. 3 (37) The Lord is king, \* let the earth rejoice.

## Psalm 97

*The glory of the Lord in his decrees for the world*

37 The Lord is king, let earth rejoice, let all the coastlands be glad. Cloud and darkness are his raiment; his throne, justice and right. A fire prepares his path; it burns up his foes on every side. His lightnings light up the world, the earth trembles at the sight. The mountains melt like wax before the Lord of all the earth. The skies proclaim his justice; all peoples see his glory. Let those who serve idols be ashamed, those who boast of their worthless gods. All you spirits, worship him. Sion hears and is glad; the people of Judah rejoice

A†

because of your judgements, O Lord. For you indeed are the Lord most high above all the earth,

B†

exalted far above all spirits. The Lord loves those who hate evil; he guards the souls of his saints;

A

he sets them free from the wicked. Light shines forth for the just and joy for the upright of heart.

B

Rejoice, you just, in the Lord; give glory to his holy name. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. B**

(43) Let us serve the Lord in ho - line - ness \* all the days of our life.

**Benedictus**

A

43 1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

B

He has raised up for us a migh - ty of savior,  
to shine on those who dwell in darkness and the shadow death,

A†

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

B

He promised to show mercy to our fathers and to remember his ho - ly covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A musical score for two voices (Soprano and Bass) in G major (two sharps). The vocal parts are written on treble and bass staves respectively. The piano accompaniment is shown below the voices. The vocal line begins with a half note followed by quarter notes, with a fermata over the second note. The piano part consists of eighth-note chords.

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

The music continues in G major. The vocal line begins with a half note followed by eighth notes, with a fermata over the second note. The piano part consists of eighth-note chords. The section concludes with a repeat sign and the instruction "D.C." (Da Capo).

free to worship him without fear, holy and righteous in his sight all the days of our life.

## Wednesday Evening Prayer

**Ant. 1**

(50) Eagerly we a-wait \* the fulfillment of our hope, the glorious coming of our Savior.

## Psalm 62

Peace in God

1. In God alone is my soul at rest; my help comes from him. He alone is my rock, my stronghold,  
2. Pour out your hearts be - fore him for God is our refuge. Common folk are only a breath,

my fortress: I stand firm. How long will you all attack one man to break him down,  
great men an il-lusion. Placed in the scales, they rise; they weigh less than a breath.

as though he were a tottering wall, or a tum - bling fence? Their plan is only to des-stroy:  
Do not put your trust in oppression nor vain hopes on plunder. Do not set your heart on riches

they take pleasure in lies. With their mouth they utter blessing but in their heart they curse.  
even when they increase. For God has said only one thing: only two do I know:

In God alone be at rest, my soul; for my hope comes from him. He alone is my rock, my stronghold,  
that to God alone be - longs power and to you, Lord, love; and that you repay each man

A

my fortress: I stand firm.  
according to his deeds.

In God is my safety and glory,  
Glory to the Father and to the Son,

the rock of my strength.  
and to the Ho - ly Spirit:

B

Take refuge in God, all you people. Trust him at all times.  
as it was in the beginning, is now, and will be for ever. A - men.

D.C.

**Ant. 2**  
(39)

May God turn his radiant face toward us, \* and fill us with his blessings.

**Psalm 67***People of all nations will worship the Lord*

**A**

39 O God, be gra - cious and bless us and let your face shed its light u - pon us.

**B**

So will your ways be known u - pon earth and all nations learn your saving help.

**A**

Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and e - xult

**A**

for you rule the world with justice. With fairness you rule the peoples, you guide the nations on earth.

**B**

Let the peoples praise you, O God; let all the peoples praise you. The earth has yielded its fruit

**B**

for God, our God, has blessed us. May God still give us his blessing till the ends of the earth re - vere him.

The musical notation consists of two staves. The top staff begins with a soprano clef, a common time signature, and a key signature of one sharp (F#). It features three measures of music labeled 'A'. The lyrics for this section are: "Let the peoples praise you, O God; let all the peoples praise you. Glory to the Father and to the Son," with the word 'Glory' underlined and followed by a melodic flourish. The bottom staff begins with a bass clef, a common time signature, and a key signature of one sharp (F#). It features three measures of music labeled 'B'. The lyrics for this section are: "and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen." The music concludes with a final measure on the bottom staff.

Ant. 3 (9) All creation is founded in him; \* he holds all things together in himself.

**Canticle, Colossians 1:12-20      *Christ the first-born of all creation and the first-born from the dead***

A†

9 1. Let us give thanks to the Fa - ther for having made you worthy  
2. -->                  --> as it was in the beginning, is now,

B

to share the lot of the saints in light. He rescued us from the power of darkness  
and will be for ever. A - men.

A

and brought us into the kingdom of his beloved Son. Through him we have re - demption,

B

the forgiveness of our sins. He is the image of the invisible God, the first-born of all creatures.

A

In him everything in heaven and on earth was cre - ated, things visible and in - visible.

B                                  A

All were created through him;      all were created for him.      He is before all else that is.

In him everything continues in being.      It is he who is head of the body, the church;

he who is the beginning,      the first-born of the dead,

so that primacy may be his in everything. It pleased God to make absolute fullness reside in him

and, by means of him, to reconcile everything in his person,      both on earth and in the heavens,

making peace through the blood of his cross. Glory to the Father and to the Son, and to the Holy Spirit: D.C.

**Ant. M**  
(21)

Lord, with the strength of your arm \* scatter the proud, and lift up the lowly.

**Magnificat**

21

A†

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

A

B

A

B

The musical score consists of four staves of music in G clef, B-flat key signature, and common time. The music is divided into two sections, A and B, indicated by labels above the staves.

**Section A:**

- Staff 1: He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,
- Staff 2: (No lyrics)

**Section B:**

- Staff 1: The promise he made to our fathers,  
to Abraham and his children for ever.
- Staff 2: (No lyrics)

**Section A:**

- Staff 1: Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,
- Staff 2: (No lyrics)

**Section B:**

- Staff 1: and will be for ever. Amen.
- Staff 2: (No lyrics)

## Thursday Morning Prayer

Ant. 1 (27)

Stir up your mighty power, Lord; \* come to our aid.

## Psalm 80

*Lord, come, take care of your vineyard*

A

27 1. O shepherd of Isra - - el, hear us,  
2. You brought a vine out of Egypt;  
3. Men have burnt it with fire and des - troyed it.

you who lead Jo - - seph's flock,  
to plant it you drove out the nations.  
May they perish at the frown of your face.

B

shine forth from your cheru - bim throne  
Before it you cleared the ground;  
May your hand be on the man you have chosen,

upon Ephraim, Benjamin, Ma - nasseh.  
it took root and spread through the land.  
the man you have given your strength.

A

O Lord, rouse up your might,  
The mountains were covered with its shadow,  
And we shall never forsake you a - gain;

O Lord, come to our help.  
the cedars of God with its boughs.  
give us life that we may call upon your name.

B

God of hosts, bring us back;  
It stretched out its branches to the sea,  
God of hosts, bring us back;

let your face shine on us and we shall be saved.  
to the Great River it stretched out its shoots.  
let your face shine on us and we shall be saved.

A

Lord God of hosts, how long will you frown on your people's plea?  
Then why have you broken down its walls? It is plucked by all who pass by.  
Glory to the Father and to the Son, and to the Holy Spirit:

B

You have fed them with tears for their bread, an abundance of tears for their drink.  
It is ravaged by the boar of the forest, devoured by the beasts of the field.  
as it was in the beginning, is now, and will be for ever. A - men.

A

You have made us the taunt of our neighbours, our enemies laugh us to scorn.  
God of hosts, turn again, we implore, look down from heaven and see.

B

God of hosts, bring us back; let your face shine on us and we shall be saved.  
Visit this vine and protect it, the vine your right hand has planted.

D.C.

**Ant. 2**  
(37)

The Lord has worked marvels for us; \* make it known to the ends of the world.

**Canticle, Isaiah 12:1-6***Joy of God's ransomed people*

37

A<sup>†</sup>

I give you thanks, O Lord; though you have been angry with me,

B

your anger has abated, and you have consoled me. God indeed is my savior; I am confident and unafraid.

A

My strength and my courage is the Lord, and he has been my savior. With joy you will draw water

B<sup>†</sup>

at the fountain of salvation, and say on that day: Give thanks to the Lord, acclaim his name;

A

among the nations make known his deeds, proclaim how exalted is his name.

B

Sing praise to the Lord for his glorious achievement; let this be known throughout all the earth.

A<sup>†</sup>

Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel!

B

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

**Ant. 3**  
(48)

Ring out your joy \* to God our strength.

**Psalm 81***Solemn renewal of the covenant*

48

**A**

1. Ring out your joy to God our strength,  
2. so I left them in their stubbornness of heart  
shout in triumph to the God of Jacob.  
to follow their own de-signs.

**B**

Raise a song and sound the timbrel,  
'O that my people would heed me,  
the sweet-sounding harp and the lute;  
that Israel would walk in my ways!

**A**

blow the trumpet at the new moon,  
At once I would subdue their foes,  
when the moon is full, on our feast.  
turn my hand against their enemies.

**B**

For this is Isra'el's law,  
'The Lord's enemies would cringe at their feet  
a command of the God of Jacob.  
and their subjection would last for ever.

**A**

He imposed it as a rule on Joseph,  
But Israel I would feed with finest wheat  
when he went out against the land of Egypt.  
and fill them with honey from the rock.'

B

A voice I did not know said to me:  
Glory to the Father and to the Son,  
I freed your shoulder from the burden;  
and to the Ho - - - ly Spirit:

A

your hands were freed from the load.  
as it was in the begin - ning, is now,  
You called in distress and I saved you.  
and will be for ever. A - men.

B

'I answered, concealed in the storm cloud; at the waters of Meribah I tested you.

A

Listen, my people, to my warning.  
O Israel, if only you would heed!

B

'Let there be no foreign god a - mong you, no worship of an alien god. I am the Lord your God,

A<sup>†</sup>

who brought you from the land of Egypt. Open wide your mouth and I will fill it.

B

But my people did not heed my voice and Israel would not obey,

D.C.

**Ant. B**

(39) Give your people knowledge of salvation, Lord, \* and forgive us our sins.

**Benedictus**

39

1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

**A**

He has raised up for us a migh - ty savior,  
to shine on those who dwell in darkness and the shadow death,

**B**

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

**A†**

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

**B**

He promised to show mercy to our fathers and to remember his ho - ly covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.

D.C.

## Thursday Evening Prayer

Ant. 1 (46) I have made you the light of all nations \* to car-ry my salvation to the ends of the earth.

## Psalm 72 -- I

*The Messiah's royal power*

46 A O God, give your judgement to the king, to a king's son your justice,

B that he may judge your people in justice and your poor in right judgement.

A May the mountains bring forth peace for the people and the hills, justice.

B† May he defend the poor of the people and save the children of the needy and crush the oppressor.

A He shall endure like the sun and the moon from age to age. B He shall descend like rain on the meadow,

A

like raindrops on the earth. In his days justice shall flourish and peace till the moon fails.

B A

He shall rule from sea to sea, from the Great River to earth's bounds. Before him his enemies shall fall,

B

his foes lick the dust. The kings of Tarshish and the sea coasts shall pay him tribute.

A B

The kings of Sheba and Seba shall bring him gifts. Before him all kings shall fall prostrate,

A

all nations shall serve him. Glory to the Father and to the Son, and to the Ho - ly Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

Ant. 2 (40)

The Lord will save the children of the poor, \* and rescue them from slavery.

## Psalm 72 -- II

40

For he shall save the poor when they cry and the needy who are helpless. He will have pity on the weak  
and save the lives of the poor. From oppression he will rescue their lives, to him their blood is dear.

B

Long may he live, may the gold of Sheba be given him. They shall pray for him without ceasing  
and bless him all the day. May corn be abundant in the land to the peaks of the mountains.

A†

May its fruit rustle like Lebanon; may men flourish in the cities like grass on the earth.

The musical score consists of four systems of music for two voices (Soprano and Bass). The key signature is G major (two sharps). The vocal parts are written in soprano and bass clef, with stems pointing downwards. The music is divided into sections labeled A and B, indicated by letters above the staves.

**Section A:**

- System 1:** Soprano sings "May his name be blessed for ever" and "Every tribe shall be blessed in him," while Bass sings "and endure like the sun."
- System 2:** Soprano sings "all nations bless his name." and "Blessed be the Lord, God of Israel," while Bass sings "who alone works wonders,"
- System 3:** Soprano sings "ever blessed his glor - ious name." and "Let his glory fill the earth. Amen! A - men!" while Bass sings "Let his glory fill the earth. Amen! A - men!"
- System 4:** Soprano sings "Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now," while Bass sings "as it was in the beginning, is now,"

**Section B:**

- System 5:** Soprano sings "and will be for ever. Amen."

**Ant. 3**  
(37)

Now has be-gun \* the victo - rious reign of our God.

**Canticle, Revelation 11:17-18; 12:10b-12a***The judgment of God*

37

We praise you, the Lord God Almighty, who is and who was. You have assumed your great power,  
you have begun your reign. The nations have raged in anger, but then came your day of wrath  
and the moment to judge the dead: the time to reward your servants the prophets  
and the holy ones who revere you, the great and the small alike. Now have salvation and power come,  
the reign of our God and the authority of his Anointed One, For the accuser of our brothers is cast out,  
who night and day accused them before God. They defeated him by the blood of the Lamb

A musical score for three voices (SATB) in common time and E-flat major. The score consists of three staves, each with a treble clef and a bass clef. The lyrics are divided into two sections, A and B, indicated by letters above the staves.

**Section A:**

and by the word of their testi - mony; love for life did not deter them from death.

**Section B:**

So rejoice, you heavens, and you that dwell there-in! Glory to the Father and to the Son,

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Ant. M (42)

If you hunger for holiness, \* God will satisfy your longing, good measure, and flow - ing o-ver.

**Magnificat**

42 A†

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things, and the rich he has sent away empty.

A

He has come to the help of his servant Israel, for he has remembered his promise of mercy,

B

The promise he made to our fathers, to Abraham and his children for ever.

A

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Friday Morning Prayer

Ant. 1 (38)

A humble, contrite heart, O God, \* you will not spurn.

## Psalm 51

*O God, have mercy on me*

38

**A**

1. Have mercy on me, God, in your kindness.  
2. Make me hear rejoicing and gladness,  
3. For in sacrifice you take no de - light,  
In your compassion blot out my of - fence.  
that the bones you have crushed may revive.  
burnt offering from me you would re - fuse,

**B**

O wash me more and more from my guilt  
From my sins turn away your face  
my sacrifice, a con - trite spirit.  
and cleanse me from my sin.  
and blot out all my guilt.  
A humbled, contrite heart you will not spurn.

**A**

My offences truly I know them;  
A pure heart create for me, O God,  
In your goodness, show favour to Sion:  
my sin is always be - fore me.  
put a steadfast spirit with - in me.  
rebuild the walls of Je - rusalem.

**B**

Against you, you alone, have I sinned;  
Do not cast me away from your presence,  
Then you will be pleased with lawful sacrifice,  
what is evil in your sight I have done.  
nor deprive me of your holy spirit.  
holocausts offered on your altar.

A

That you may be justified when you give sentence and be without reproach when you judge,  
Give me again the joy of your help; with a spirit of fervour sus - tain me,  
Glory to the Father and to the Son, and to the Holy Spirit:

B

O see, in guilt I was born, a sinner was I con - ceived.  
that I may teach transgressors your ways and sinners may return to you.  
as it was in the beginning, is now, and will be for ever. A - men.

A

Indeed you love truth in the heart; then in the secret of my heart teach me wisdom.  
O rescue me, God, my helper, and my tongue shall ring out your goodness.

B

O purify me, then I shall be clean; O wash me, I shall be whiter than snow.  
O Lord, open my lips and my mouth shall declare your praise.

D.C.

Ant. 2 (20)

Even in your an - ger, Lord, \* you will remember compassion.

**Canticle, Habakkuk 3:2-4, 13a, 15-19***God comes to judge*

A

20 1. O Lord, I have heard your re - nown, and feared, O Lord, your work.  
2. For though the fig tree blos - som not nor fruit be on the vines,

B†

In the course of the years revive it, in the course of the years make it known;  
--> -> Though the yield of the o - live fail

A

in your wrath remember com - passion! God comes from Teman,  
and the terraces produce no nourishment, Though the flocks disappear from the fold

B

the Holy One from Mount Paran. Covered are the heavens with his glory,  
and there be no herd in the stalls, yet will I rejoice in the Lord

and with his praise the earth is filled.  
and exult in my saving God.

## FRIDAY MORNING PRAYER

195

A†

His splendor spreads like the light;  
God, my Lord, is my strength; rays shine forth from be - side him,  
he makes my feet swift as those of hinds

B

where his power is con - cealed.  
and enables me to go upon the heights. You come forth to save your people,  
Glory to the Father and to the Son,

A

to save your anointed one. You tread the sea with your steeds amid the churning of the deep waters.  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. A - men.

B

I hear, and my body trembles; at the sound, my lips quiver. Decay in - vades my bones,

B

my legs tremble beneath me. I await the day of distress that will come upon the people who attack us. D.C.

Ant. 3 (11) O praise the Lord, \* Je - ru - salem!

## Psalm 147: 12-20

*The restoration of Jerusalem*

11 A O praise the Lord, Je - rusalem! Sion, praise your God! B He has strengthened the bars of your gates

A he has blessed the children wi - thin you. B He established peace on your borders,

A he feeds you with fi - nest wheat. B He sends out his word to the earth

A and swiftly runs his com - mand. B He showers down snow white as wool,

A he scatters hoar-frost like ashes. B He hurls down hailstones like crumbs.

A The waters are frozen at his touch; B he sends forth his word and it melts them:

The musical score consists of four staves of music in G major (two treble and two bass) and common time. The lyrics are divided into two voices: a soprano-like voice (upper) and an alto-like voice (lower). The music is organized into three sections labeled A, B, and C.

**Section A:**

- Upper staff: at the breath of his mouth the waters flow.
- Lower staff: to Israel his laws and de - crees.

**Section B:**

- Upper staff: He makes his word known to Jacob,
- Lower staff: He has not dealt thus with other nations;

**Section C:**

- Upper staff: he has not taught them his decrees.
- Lower staff: Glory to the Father and to the Son, and to the Holy Spirit:

**Final section:**

- Upper staff: as it was in the beginning, is now, and will be for ever. Amen.
- Lower staff: (continues the melody from section C)

**Ant. B**

(50) Through the tender compassion of our God \* the dawn from on high shall break upon us.

**Benedictus**

**A**

50 1. Blessed be the Lord, the God of Most Israel; High,  
2. You, my child, shall be called the prophet of the

he has come to his people and set them his free. way,

**B**

He has raised up for us a migh-ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies,  
-----> --> In the tender compassion of our God

from the hands of all who u - hate us.  
the dawn from on high shall break pon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Friday Evening Prayer

Ant. 1 (43)

Lord, keep my soul from death, \* ne-ver let me stumble.

Psalm 116:1-9

*Thanksgiving*

43 A I love the Lord for he has heard the cry of my a-ppeal; B for he turned his ear to me

A in the day when I called him. They surrounded me, the snares of death, with the anguish of the tomb;

B† they caught me, sorrow and distress. I called on the Lord's name. O Lord, my God, de - liver me!

A How gracious is the Lord, and just; B our God has compassion. The Lord protects the simple hearts;

A I was helpless so he saved me. Turn back, my soul, to your rest B for the Lord has been good;

The musical score consists of three staves. The top staff uses soprano and alto voices, with lyrics: "he has kept my soul from death, my eyes from tears, and my feet from stumbling." The middle staff uses soprano and alto voices, with lyrics: "I will walk in the presence of the Lord in the land of the living. Glory to the Father and to the Son," followed by a repeat sign and "and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen." The bottom staff is a basso continuo staff, indicated by a bass clef and a 'C' key signature. Measure numbers B†, A, and B are placed above the staves to mark specific sections of the music.

**Ant. 2**

(4) My help comes from the Lord, \* who made heav - en and earth.

**Psalm 21***Guardian of his people*

I lift up my eyes to the mountains: from where shall come my help? My help shall come from the Lord  
 who made heaven and earth. May he never allow you to stumble! Let him sleep not, your guard.  
 No, he sleeps not nor slumbers, Isra - el's guard. The Lord is your guard and your shade;  
 at your right side he stands. By day the sun shall not smite you nor the moon in the night.  
 The Lord will guard you from evil, he will guard your soul. The Lord will guard your going and coming  
 both now and for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(37)

King of all the a - ges, \* your ways are perfect and true.

**Canticle, Revelation 15:3-4***Hymn of adoration*

37

Mighty and wonderful are your works, Lord God Almighty! Righteous and true are your ways,

O King of the nations! Who would dare refuse you honor, or the glory due your name, O Lord?

Since you alone are holy, all nations shall come and worship in your presence.

Your mighty deeds are clearly seen. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.



Ant. M

(43) Remember your mercy, Lord, \* the promise of mercy you made to our fathers.

This musical section consists of two staves. The top staff is in treble clef and the bottom is in bass clef. Both staves are in G major (two sharps). The music features eighth-note patterns and some grace notes. The lyrics are: "Remember your mercy, Lord, \* the promise of mercy you made to our fathers."

**Magnificat**

A†

43 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

The Magnificat section contains five staves of music. The first staff begins with 'A†'. The lyrics are: 'My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;'. The second staff begins with 'B†'. The lyrics are: 'for he has looked with favor on his lowly servant. From this day all generations will call me blessed:'. The third staff begins with 'A'. The lyrics are: 'the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him'. The fourth staff begins with 'B'. The lyrics are: 'in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.'. The fifth staff begins with 'A'. The lyrics are: 'He has cast down the mighty from their thrones, and has lifted up the lowly.'

The musical score consists of five staves of music in G major (two sharps) and common time. The music is divided into two parts, A and B, indicated by labels above the staves.

**Part A:**

- Staff 1 (Treble):** He has filled the hungry with good things, and the rich he has sent away empty.
- Staff 2 (Bass):** (Accompaniment)
- Staff 3 (Treble):** He has come to the help of his servant Israel, for he has remembered his promise of mercy,
- Staff 4 (Bass):** (Accompaniment)
- Staff 5 (Treble):** The promise he made to our fathers, to Abraham and his children for ever.
- Staff 6 (Bass):** (Accompaniment)

**Part B:**

- Staff 1 (Treble):** Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,
- Staff 2 (Bass):** (Accompaniment)
- Staff 3 (Treble):** and will be for ever. Amen.
- Staff 4 (Bass):** (Accompaniment)
- Staff 5 (Treble):** (Accompaniment)

## Saturday Morning Prayer

Ant. 1 (11)

As morning breaks we sing of your mer-cy, Lord, \* and night will find us proclaiming your fi-

deli-ty.

## Psalm 92

*Praise of God, the creator*

A

11 1. It is good to give thanks to the Lord,  
2. Though the wicked spring up like grass  
3. Planted in the house of the Lord

to make music to your name, O Most High,  
and all who do e - vil thrive,  
they will flourish in the courts of our God,

B

to proclaim your love in the morning  
they are doomed to be eternally des - troyed.  
still bearing fruit when they are old,

and your truth in the watches of the night,  
But you, Lord, are eternally on high.  
still full of sap, still green,

A

on the ten-stringed lyre and the lute,  
See how your ene - mies perish;  
to proclaim that the Lord is just.

with the murmuring sound of the harp.  
all doers of evil are scattered.  
In him, my rock, there is no wrong.

## SATURDAY MORNING PRAYER

209

B

Your deeds, O Lord, have made me glad;  
To me you give the wild ox's strength;  
Glory to the Father and to the Son,  
for the work of your hands I shout with joy.  
you anoint me with the pur - est oil.  
and to the Ho - - - ly Spirit:

A

O Lord, how great are your works!  
My eyes looked in triumph on my foes;  
as it was in the beginning, is now,  
How deep are your de - signs!  
My ears heard gladly of their fall.  
and will be for ever. A - men.

B

The foolish man cannot know this and the fool cannot understand.  
The just will flourish like the palm-tree and grow like a Lebanon cedar.

D.C.

Ant. 2 (42)

Ex - tol \* the greatness of our God.

**Canticle, Deuteronomy 32:1-12***God's kindness to his people*

42

**A**

1. Give ear, O heavens, while I speak; let the earth hearken to the words of my mouth!  
2. Is he not your father who cre - ated you? Has he not made you and established you?  
3. As an eagle incites its nest -lings forth by hovering over its brood,

**B**

May my instruction soak in like the rain, and my discourse permeate like the dew, reflect on the years of age u - pon age.  
so he spread his wings to re - ceive them and bore them up on his pinions.

**A**

Like a downpour u - pon the grass, like a shower upon the crops.  
Ask your father and he will in - form you, ask your elders and they will tell you:  
The Lord alone was their leader, no strange god was with him.

**B**

For I will sing the Lord's re -nown. Oh, proclaim the greatness of our God!  
When the Most High assigned the nations their heritage, when he parceled out the descendants of Adam,  
Glory to the Father and to the Son, and to the Ho - - - ly Spirit:

A

The Rock – how faultless are his deeds,  
he set up the boundaries of the peoples  
as it was in the begin - ning, is now,  
how right all his ways!  
after the number of the sons of God;  
and will be for ever. A - men.

B

A faithful God, with - out de - ceit,  
while the Lord's own portion was Jacob,  
how just and upright he is!  
his hereditary share was Israel.

A

Yet basely has he been treated by his degene - rate children,  
He found them in a wilderness,  
a perverse and crooked race!  
a wasteland of howl-ing desert.

B

Is the Lord to be thus repaid by you, O stupid and foo - - - lish people?  
He shielded them and cared for them, guarding them as the apple of his eye.

D.C.

Ant. 3  
(21)

How wonderful is your name, O Lord, \* in all creation.

## Psalm 8

*The majesty of the Lord and man's dignity*

21

A

How great is your name, O Lord our God, through all the earth!

B

Your majesty is praised above the heavens; on the lips of children and of babes

A

you have found praise to foil your enemy, to silence the foe and the rebel.

B

When I see the heavens, the work of your hands, the moon and the stars which you ar ranged,

A

what is man that you should keep him in mind, mortal man that you care for him?

B

Yet you have made him little less than a god; with glory and honour you crowned him,

A

gave him power over the works of your hand, put all things under his feet. All of them, sheep and cattle,

B

yes, even the savage beasts, birds of the air, and fish that make their way through the waters.

A

How great is your name, O Lord our God through all the earth! Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. B**

(50) Lord, guide our feet \* in-to the way of peace.

**Benedictus**

**A**

50 1. Blessed be the Lord, the God of Most Israel; High,

he has come to his people and set them his free. way,

**B**

He has raised up for us a migh-ty savior, born of the house of his servant David. to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies, In the tender compassion of our God

from the hands of all who hate us. the dawn from on high shall break upon us,

B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow  
our of fathers death,

and to remember his ho - ly of covenant.  
and to guide our feet into the way peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, to set us free from the hands of our enemies,  
and to the Ho - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Sunday Evening Prayer I

Ant. 1 (11) From the ri - sing of the sun to its set - ting \* may the name of the Lord be praised.

## Psalm 113

*Praise the name of the Lord*

11 Praise, O servants of the Lord, praise the name of the Lord! May the name of the Lord be blessed  
 both now and for evermore! From the rising of the sun to its setting praised be the name of the Lord!

High above all nations is the Lord, above the heavens his glory. Who is like the Lord, our God,  
 who has risen on high to his throne yet stoops from the heights to look down,  
 to look down upon heaven and earth? From the dust he lifts up the lowly,

The musical score consists of four staves of music in G major (two treble and two bass) and common time. The lyrics are divided into two voices: a soprano-like voice (upper) and an alto-like voice (lower). The lyrics are:

B  
from his misery he raises the poor      to set him in the company of princes,  
A  
yes, with the princes of his people.      To the childless wife he gives a home  
B  
and gladdens her heart with children.      Glory to the Father, and to the Son, and to the Holy Spirit:  
A  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**  
(43)

I shall take in - to my hands the sa - ving cha - lice \* and in - voke the name of the  
Lord.

**Psalm 116: 10-19***Thanksgiving in the temple*

43

I trusted even when I said: I am sorely afflicted, and when I cried in my alarm: no man can be trusted.  
How can I re - pay the Lord for his goodness to me? The cup of salvation I will raise;  
I will call on the Lord's name. My vows to the Lord I will ful - fill before all his people.  
O precious in the eyes of the Lord is the death of his faithful. Your servant, Lord, your servant am I;

The musical score consists of four staves of music in G major (two treble clef staves and two bass clef staves) and common time. The music is divided into sections A and B by vertical bar lines. The lyrics are integrated into the musical lines.

**Section A:**

- Line 1: "you have loosened my bonds. A thanksgiving sacrifice I make: I will call on the Lord's name."
- Line 2: "My vows to the Lord I will ful-fill before all his people, in the courts of the house of the Lord,"
- Line 3: "in your midst, O Jerusalem. Glory to the Father and to the Son, and to the Ho - ly Spirit."

**Section B:**

- Line 1: "As it was in the beginning is now, and will be forever. Amen."

## **Canticle, Philippians 2:6-11**

## *Christ, God's holy servant*

37                   A†

Though he was in the form of God, Jesus did not deem equality with God something to be grasped at.

Rather, he emptied himself and took the form of a slave, being born in the likeness of men.

A

He was known to be of human es - tate and it was thus that he humbled him - self,

B

obediently accepting e - ven death, death on a cross!

A

Because of this, God highly exalted him and bestowed on him the name above every other name,

B

So that at Jesus' name every knee must bend in the heavens, on the earth, and under the earth,

A

and every tongue proclaim to the glory of God the Father:  
JESUS CHRIST IS LORD!

B

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

## Sunday Morning Prayer

Ant. 1 (21)

Glorious is the Lord! \* Glorious is the Lord on high, al-le-lu-ia.

## Psalm 93

*Splendor of God the Creator*

A†

21 The Lord is king, with majesty en robed; the Lord has robed himself with might,  
he has girded himself with power. The world you made firm, not to be moved;  
your throne has stood firm from of old. From all eternity, O Lord, you are.  
The waters have lifted up, O Lord, the waters have lifted up their voice,  
the waters have lifted up their thunder. Greater than the roar of mighty waters

The musical score consists of four staves of music. The first staff is in common time (indicated by a 'C') and 2/4 time (indicated by a '2'). The second staff is in common time (indicated by a 'C') and 3/4 time (indicated by a '3'). The third staff is in common time (indicated by a 'C') and 2/4 time (indicated by a '2'). The fourth staff is in common time (indicated by a 'C'). The lyrics are as follows:

more glorious than the surgings of the sea,  
the Lord is glorious on high.

Truly your decrees are to be trusted. Holiness is fitting to your house, O Lord, until the end of time.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now,  
and will be forever, Amen.

**Ant. 2**

(3)

To you, Lord, \* be highest glo-ry and praise for - e-ver, al-le - lu - ia.

**Canticle, Daniel 3:57-88, 56***Let all creatures praise the Lord*

**A**

3

1. Bless the Lord, all you works of the Lord. Praise and exalt him above all for - ever.  
 2. Light and darkness, bless the Lord. Lightnings and clouds, bless the Lord.  
 3. Spirits and souls of the just, bless the Lord. Holy men of humble heart, bless the Lord.

**B**

Angels of the Lord, bless the Lord. You heavens, bless the Lord.  
 Let the earth bless the Lord. Praise and exalt him above all for - ever.  
 Hananiah, Azariah, Mishael, bless the Lord. Praise and exalt him above all for - ever.

**A**

All you waters above the heavens, bless the Lord.  
 Mountains and hills, bless the Lord.  
 Let us bless the Father, and the Son, and the Spirit.

**B**

All you hosts of the Lord, bless the Lord.  
 Everything growing from the earth, bless the Lord.  
 Let us praise and exalt him above all for-ever.

Sun and moon, bless the Lord.  
 You springs, bless the Lord.  
 Blessed are you, Lord, in the firmament of heaven.

**A**  
 Stars of heaven,  
Seas and rivers,  
Praiseworthy and glorious and exalted above  
bless  
bless  
all  
the  
for -  
Lord.  
ever.  
  
**B**  
 Every shower and dew,  
You dolphins and all water creatures, bless the Lord.  
All you winds,  
All you birds of the air, bless the Lord.  
  
 Fire and heat,  
All you beasts, wild and tame, bless the Lord.  
Cold and chill,  
You sons of men, bless the Lord.  
  
 Dew and rain, bless the Lord.  
O Israel, bless the Lord.  
Frost and chill,  
Praise and exalt him above all for-ever.  
Ice and snow,  
Priests of the Lord, bless the Lord.  
  
**D.C.**  
 Nights and days, bless the Lord.  
Servants of the Lord, bless the Lord.

**Ant. 3**  
(48)

Praise the Lord \* from the heavens, al - le - lu - ia.

**Psalm 148***Praise to the Lord, the Creator*

48

**A**

1. Praise the Lord from the heavens, praise him in the heights.  
2. all earth's kings and peoples, earth's princes and rulers,

**B**

Praise him, all his angels, young men and maidens,

**A**

praise him, all his host. Praise him, sun and moon, praise him, shining stars.  
old men together with children. Let them praise the name of the Lord for he alone is exalted.

**B**

Praise him, highest heavens and the waters above the heavens. Let them praise the name of the Lord. The splendour of his name reaches beyond heaven and earth. He exalts the strength of his people.

**A**

He commanded: they were made. He fixed them for ever, gave a law which shall not pass away.  
He is the praise of all his saints, of the sons of Israel, of the people to whom he comes close.

**A**

Praise the Lord from the earth, sea creatures and all oceans, fire and hail, snow and mist,  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

B

stormy winds that obey his word; all mountains and hills, all fruit trees and cedars, beasts, wild and tame,  
and will be for ever. A - men.

D.C.

reptiles and birds on the wing;

## Sunday Evening Prayer II

Ant. 1  
(36)

The Lord said to my Master: \* Sit at my right hand, alle-lu-ia.

**Psalm 110:1-5, 7***The Messiah, king and priest*

36 A†  
The Lord's revelation to my Master: 'Sit on my right: your foes I will put beneath your feet.'

B†  
The Lord will wield from Zion your sceptre of power: rule in the midst of all your foes.

A†  
A prince from the day of your birth on the holy mountains; from the womb before the dawn I begot you.

B†  
The Lord has sworn an oath he will not change. 'You are a priest for ever,

A  
a priest like Melchizedek of old.' The Master standing at your right hand

The musical score consists of three staves of music in common time, key signature of four flats. The top staff uses soprano C-clef, the middle staff alto F-clef, and the bottom staff bass G-clef. The lyrics are integrated into the vocal parts:

B  
will shatter kings in the day of his wrath. He shall drink from the stream by the wayside

A  
and therefore he shall lift up his head. Glory to the Father and to the Son, and to the Holy Spirit:

B  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**  
(11)

Our compassionate Lord \* has left us a memorial of his wonderful work, al-le - lu - ia.

**Psalm 111***God's marvelous works*

**A**

11 1. I will thank the Lord with all my heart in the meeting of the just and their as - sembly.  
2. Glory to the Father and to the Son, and to the Ho - - - ly Spirit:

**B**

Great are the works of the Lord, to be pondered by all who love them.  
as it was in the beginning, is now, and will be for ever. A - men.

**A**

Majestic and glorious his work, his justice stands firm for ever. He makes us remember his wonders.

**A**

The Lord is compassion and love. He gives food to those who fear him; keeps his covenant ever in mind.

**B**

He has shown his might to his people by giving them the lands of the nations.

A

His works are justice and truth,  
his precepts are all of them sure,

B

standing firm for ever and ever;  
they are made in uprightness and truth.

A†

He has sent deliverance to his people  
and established his covenant for ever.

B†

Holy his name, to be feared.  
To fear the Lord is the first stage of wisdom;

D.C.

all who do so prove themselves wise. His praise shall last for ever!

**Ant. 3**

Praise God, all you who serve him, \* both great and small, al-le - lu-ia.

**Canticle, See Revelation 19:1-7***The wedding of the lamb*

1. Al - le - lu - ia.      Salvation, glory      and pow'r to our God:  
 2. Al - le - lu - ia.      Sing praise to our God,      all you his servants,  
 3. Al - le - lu - ia.      The Lord our all-power      ful God is King;  
 4. Al - le - lu - ia.      The wedding feast of      the Lamb has be-gun,  
 5. Al - le - lu - ia.      Glory to the Father and to the Son,      and to the Holy Spirit:

Al - le - lu - ia      his judgments      are honest and true.  
 Al - le - lu - ia.      all who worship him reverent      ly, great and small.  
 Al - le - lu - ia.      let us rejoice, sing praise,      and give him glory.  
 Al - le - lu - ia.      and his bride is      pre - pared to welcome him.  
 Al - le - lu - ia.      as it was in the beginning, is now,      and will be for ever. A - men.

Alle - lulia, Al-le - lu - ia.  
 Alle - lulia, Al-le - lu - ia.



## Monday Morning Prayer

Ant. 1 (48)

Bles-sed are they \* who dwell in your house, O Lord.

## Psalm 84

*Longing for God's Temple*

48

A

1. How lovely is your dwelling place, Lord, God of hosts. My soul is longing and yearning, One day with - in your courts  
 2. Turn your eyes, O God, our shield, look on the face of your anointed.

B

is yearning for the courts of the Lord. My heart and my soul ring out their joy  
 is better than a thousand else - where. The threshold of the house of God

A

to God, the li - ving God. The sparrow herself finds a home  
 I prefer to the dwellings of the wicked. For the Lord God is a rampart, a shield;

B

and the swallow a nest for her brood; she lays her young by your altars,  
 he will give us his favor and glory. The Lord will not refuse an - y good

A

Lord of hosts, my king and my God. They are happy, who dwell in your house,  
 to those who walk with - out blame. Lord, God of hosts,

The musical score consists of four systems of music, each with two staves (treble and bass). The key signature is B-flat major (two flats), and the time signature is common time (indicated by 'C'). The vocal parts are in soprano and alto voices.
   
**System 1 (Measures 1-2):** The soprano sings "for ever singing your praise. happy the man who trusts in you!" The alto sings "They are happy, whose strength is in you, Son," ending with a fermata over the bass staff.
   
**System 2 (Measures 3-4):** The soprano sings "in whose hearts are the roads to Zion. As they go through the Bitter Valley" (with a fermata over the bass staff). The alto sings "and to the Holy Spirit: ---> -->" (with a fermata over the bass staff).
   
**System 3 (Measures 5-6):** The soprano sings "they make it a place of springs as it was in the begin - ning, is now," ending with a fermata over the bass staff. The alto sings "the autumn rain covers it with blessings. and will be for ever. A - men."
   
**System 4 (Measures 7-8):** The soprano sings "They walk with ever grow - ing strength, they will see the God of gods in Zion." The alto sings "A" (over the soprano) and "Zion" (over the bass).
   
**System 5 (Measures 9-10):** The soprano sings "O Lord God of hosts, hear my prayer, give ear, O God of Jacob." The alto sings "B" (over the soprano) and "D.C." (over the bass).

**Ant. 2**  
(3)

Come, let us climb \* the mountain of the Lord.

**Canticle -- Isaiah 2:2-5***The mountain of the Lord's dwelling towers above every mountain*

A

In days to come, The mountain of the Lord's house shall be established as the highest mountain

B

and raised a - bove the hills. All nations shall stream toward it; many peoples shall come and say:

A

"Come, let us climb the Lord's mountain, to the house of the God of Jacob,

B

That he may instruct us in his ways, and we may walk in his paths." For from Zion shall go forth instruction,

A

and the word of the Lord from Je - rusalem. He shall judge be - tween the nations,

B

and impose terms on ma - ny peoples. They shall beat their swords in - to plowshares

A

and their spears into pru - ning hooks; One nation shall not raise the sword against a - nother,

B

nor shall they train for war a-gain. O house of Ja-cob, come, let us walk in the light of the Lord!

A

Glory to the Father, and to the Son, and to the Ho - ly Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

Ant. 3  
(9)

Sing to the Lord \* and bless his name.

## Psalm 96

*The Lord, king and judge of the world*

A†

9 1. O sing a new song to the Lord, sing to the Lord all the earth. O sing to the Lord, bless his name.  
2. --> --> let the land and all it bears rejoice, all the trees of the wood shout for joy

B†

Proclaim his help day by day, tell among the nations his glory and his wonders among all the peoples.  
--> --> at the presence of the Lord for he comes, he comes to rule the earth.

A†

The Lord is great and worthy of praise, to be feared above all gods;  
--> --> With justice he will rule the world,

the gods of the heathens are naught.  
he will judge the peoples with his truth.

B†

It was the Lord who made the heavens, his are majesty and state and power and splendor in his holy place.  
--> --> Glory to the Father, and to the Son, and to the Ho - ly Spirit:

## MONDAY MORNING PRAYER

239

A<sup>†</sup>

Give the Lord, you families of peoples, give the Lord glory and power; give the Lord the glory of his name.  
--> --> as it was in the beginning, is now, and will be for ever. A - men.

B<sup>†</sup>

Bring an offering and enter his courts, worship the Lord in his temple. O earth, tremble be - fore him.

A<sup>†</sup>

Proclaim to the nations: God is king. The world he made firm in its place; he will judge the people in fairness.

B

Let the heavens rejoice and earth be glad, let the sea and all within it thunder praise,

D.C.

**Ant. B**  
(8)

Bles-sed be the Lord \* our God.

**Benedictus**

**A**

8 1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of the High,

he has come to his people and set them free.  
for you will go before the Lord to prepare his way,

**B**

He has raised up for us a migh-ty savior, born of the house of his ser vant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies,  
-----> --> In the tender compassion of our God

from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow our  
fathers  
death,

and to remember his ho - - - - ly covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Ho - - - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Monday Evening Prayer

Ant. 1 (38)

Our eyes are fixed inten-tly on the Lord \* waiting for his mer - ci - ful help.

## Psalm 123

*The Lord, unfailing hope of his people*

38

To you have I lifted up my eyes, you who dwell in the heavens: my eyes, like the eyes of slaves  
on the hand of their lords. Like the eyes of a servant on the hand of her mistress,  
so our eyes are on the Lord our God till he show us his mercy. Have mercy on us, Lord, have mercy.  
We are filled with contempt. Indeed all too full is our soul with the scorn of the rich,  
with the proud man's disdain. Glory to the Father, and to the Son, and to the Holy Spirit:

The musical notation consists of two staves. The top staff is in treble clef, G major (one sharp), and the bottom staff is in bass clef, C major (no sharps or flats). Both staves have a key signature of one sharp. The music is in common time. The melody is simple, featuring quarter notes and half notes. The lyrics "as it was in the beginning, is now, and will be for ever. Amen." are written below the staves. The letter "B" is positioned above the first staff.

**Ant. 2**  
(21)

Our help is in the name of the Lord \* who made hea-ven and earth.

**Psalm 124***Our help is in the name of the Lord*

**A**

21     “If the Lord had not been on our side,”     this is Is-rael’s song.     “If the Lord had not been on our side

**B**

when men rose against us,     then would they have swallowed us a-live     when their anger was kindled.

**A**

Then would the waters have en - gulfed us, the torrent gone over us;     over our head would have swept

**B**

the ra - ging waters.”     Blessed be the Lord who did not give us a prey to their teeth!

**A**

Our life, like a bird, has escaped from the snare of the fowler.     Indeed the snare has been broken

**A**

and we have es-ca-ped.     Our help is in the name of the Lord,     who made heaven and earth.

B

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

**Ant. 3**  
(61) God chose us in his Son \* to be his adopted children.

## Canticle, Ephesians 1:3-10

## *God our Savior*

61

Praised be the God and Father of our Lord Je - sus Christ, who has bestowed on us in Christ

every spiritual blessing in the heavens.

God chose us in him before the world be - gan

to be holy and blameless in his sight. He predestined us to be his adopted sons through Jesus Christ,

such was his will and pleasure, that all might praise the glorious favor he has bestowed on us in his beloved.

In him and through his blood, we have been re - deemed, and our sins for - given,

A

so immeasurably ge - ne - rous is God's favor to us.

B†

God has given us the wisdom to understand fully, the plan he was pleased to decree in Christ.

A

A plan to be carried out in Christ, in the fullness of time, to bring all things into one in him,

B

in the heavens and on earth. Glory to the Father and to the Son, and to the Ho - ly Spirit:

A

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**  
(62)

My soul proclaims the greatness of the Lord, \* for he has looked with favor on his lowly  
servant.

**Magnificat**

A†

62 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every generation.

B

He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.

## Tuesday Morning Prayer

**Ant. 1**

(43) Lord, you have blessed your land; \* you have forgiven the sins of your people.

## Psalm 85

*Our salvation is very near*

**A**

43 1. O Lord, you once fa - vored your land  
2. peace for his people and his friends and revived the fortunes of Jacob,  
and those who turn to him in their hearts.

**B**

you forgave the guilt of your people and covered all their sins.  
His help is near for those who fear him and his glory will dwell in our land.

**A**

You averted all your rage, you calmed the heat of your anger.  
Mercy and faithful - ness have met; justice and peace have em - braced.

**B**

Revive us now, God, our helper! Put an end to your grievance a - gainst us.  
Faithfulness shall spring from the earth and justice look down from heaven.

**A**

Will you be angry with us for ever,  
The Lord will make us prosper will your anger ne - ver cease?  
and our earth shall yield its fruit.

B

Will you not restore a - gain our life  
Justice shall march before him  
that your people may rejoice in you?  
and peace shall follow his steps.

A

Let us see, O Lord, your mercy  
Glory to the Father and to the Son,  
and give us your sa - ving help.  
and to the Ho - ly Spirit:

B

I will hear what the Lord God has to say, a voice that speaks of peace,  
as it was in the begin - ning, is now, and will be forever. A-men.

D.C.

**Ant. 2**

(50) My soul has yearned for you in the night, \* and as morning breaks I watch for your coming.

**Isaiah 26:1-4, 7-9, 12***Hymn after the defeat of the enemy*

A

50 A strong city have we; he sets up walls and ramparts to pro - tect us.

B†

Open up the gates to let in a nation that is just, one that keeps faith.

A

A nation of firm purpose you keep in peace; in peace, for its trust in you. Trust in the Lord forever!

A

For the Lord is an eternal Rock. The way of the just is smooth; the path of the just you make level.

B

Yes, for your way and your judgments, O Lord, we look to you; your name and your title

B

are the desire of our souls. My soul yearns for you in the night, yes, my spirit within me keeps vigil for you;

A

when your judgment dawns upon the earth,  
the world's inhabitants learn justice.

B

O Lord, you mete out peace to us,  
for it is you who have accomplished all we have done.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be forever. Amen.

**Ant. 3**  
(48)

Lord, let the light of your face \* shine up-on us.

**Psalm 67***People of all nations will worship the Lord*

48

O God, be gra - cious and bless us and let your face shed its light u - pon us.

So will your ways be known u - pon earth and all nations learn your saving help.

Let the peoples praise you, O God; let all the peoples praise you. Let the nations be glad and e-xult

for you rule the world with justice. With fairness you rule the peoples, you guide the nations on earth.

Let the peoples praise you, O God; let all the peoples praise you. The earth has yielded its fruit

for God, our God, has blessed us. May God still give us his blessing till the ends of the earth re - vere him.

A

Let the peoples praise you, O God; let all the peoples praise you. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. B**  
(37)

God has raised up for us \* a migh - ty Sav-ior, as he pro-mised through the words of his  
ho - ly prophets.

**Benedictus**

**A**

37

1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of the Most High,

**B**

he has come to his people and set them free.  
for you will go before the Lord to prepare his way,  
He has raised up for us a migh-ty savior,  
to give his people knowledge of salvation

**A†**

born of the house of his ser vant David.  
by the forgiveness of their sins.  
Through his holy prophets he promised of old,  
-----> -->

that he would save us from our enemies,  
In the tender compassion of our God  
from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

A

and to remember his ho - ly covenant. This was the oath he swore to our father Abraham,  
and to guide our feet into the way of peace. Glory to the Father and to the Son,

B†

to set us free from the hands of our enemies, free to worship him without fear,  
and to the Ho - ly Spirit: -----> -->

D.C.

holly and righteous in his sight all the days of our life.  
as it was in the beginning, is now, and will be for ever. A-men.

## Tuesday Evening Prayer

Ant. 1 (53)

The Lord surrounds his peo - ple \* with his strength.

## Psalm 125

*The Lord, guardian of his people*

53 A†

Those who put their trust in the Lord are like Mount Zion, that cannot be shaken, that stands for ever.

B†

Jerusalem! The mountains surround her, so the Lord sur rounds his people both now and for ever.

A B

For the scepter of the wicked shall not rest over the land of the just for fear that the hands of the just should turn to evil. Do good, Lord, to those who are good, to the upright of heart; but the crooked and those who do evil, drive them a-way! On Isra - el, peace!

A

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

B

and will be forever. Amen.

Ant. 2 (9)

Unless you acquire \* the heart of a child, you cannot enter the kingdom of God.

## Psalm 131

*Childlike trust in God*

9 A O Lord, my heart is not proud nor haughty my eyes. I have not gone after things too great  
 B nor marvels beyond me. Truly I have set my soul in silence and peace.

B As a child has rest in its mother's arms, even so my soul. O Israel, hope in the Lord  
 A both now and for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:

A as it was in the beginning, is now, and will be forever. Amen.



**Ant. 3**  
(45)

Lord, you have made us a king - dom \* and priests for God our Fa - ther.

**Canticle, Revelation 4:11, 5:9, 10, 12***Redemption hymn*

O Lord our God, you are worthy to receive glory and honor and power. For you have created all things;  
by your will they came to be and were made. Worthy are you, O Lord  
to receive the scroll and break open its seals. For you were slain;  
with your blood you purchased for God men of every race and tongue, of every people and nation.  
You made them a kingdom, and priests to serve our God, and they shall reign on earth.

A

Worthy is the Lamb that was slain to receive power and riches, wis - dom and strength,

B

honor and glory and praise. Glory to the Father and to the Son, and to the Holy Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

Ant. M  
(37)

My spi - rit re - joi - ces \* in God my Sa - vior.

**Magnificat**

A†

37 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things, and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Wednesday Morning Prayer

Ant. 1 (37)

Give joy to your servant, Lord; \* to you I lift up my heart.

## Psalm 86

*The prayer of the poor man in distress*

37 A†

1. ----> --> Turn your ear, O Lord, and give answer for I am poor and needy.  
2. Show me, Lord, your way so that I may walk in your truth. Guide my heart to fear your name.

B

Preserve my life, for I am faithful; save the servant who trusts in you.  
I will praise you, Lord my God, with all my heart and glorify your name for ever;

A

You are my God, have mercy on me, Lord, for I cry to you all the day long.  
for your love to me has been great: you have saved me from the depths of the grave.

B†

---> --> Give joy to your servant, O Lord, for to you I lift up my soul.  
The proud have risen against me; ruthless men seek my life; to you they pay no heed.

A

O Lord, you are good and for-giving, full of love to all who call.  
But you, God of mercy and compassion, slow to anger, O Lord, Give heed, O Lord, to my prayer abounding in love and truth,

A

and attend to the sound of my voice. In the day of distress I will call and surely you will re - ply.  
turn and take pity on me. O give your strength to your servant and save your handmaid's son.

B†

---> Show me the sign of your favor      Among the gods there is none like you, O Lord;  
that my foes may see to their shame

A

nor work to compare with yours.      All the nations shall come to a - dore you  
that you console me and give me your help.      Glory to the Father and to the Son,

B

and glorify your name, O Lord: for you are great and do marvelous deeds, you who alone are God.  
and to the Ho ly Spirit: as it was in the beginning, is now, and will be forever. A-men.

D.C.

Ant. 2 (8)

Bless-ed is the upright man, \* who speaks the truth.

## Isaiah 33:13-16

A

8 Hear, you who are far off, what I have done; you who are near, acknowledge my might.

B

A

On Zion sinners are in dread, trembling grips the impious; "Who of us can live with the consuming fire?"

B

A

Who of us can live with the everlasting flames?" He who practices virtue and speaks honestly,

B

A

who spurns what is gained by oppression, brushing his hands free of contact with a bribe,

B

A

stopping his ears lest he hear of bloodshed, closing his eyes lest he look on evil.

## WEDNESDAY MORNING PRAYER

269

The musical score consists of three staves of music in G major (two treble clef staves and one bass clef staff) and common time. The music is divided into two sections, A and B, indicated by labels above the staves. The lyrics are integrated into the music, appearing below the notes.

**Section A:**

- Staff 1 (Treble): "He shall dwell on the heights, his stronghold shall be the rocky fastness, his food and drink"
- Staff 2 (Bass): "in steady sup-ply. Glory to the Father and to the Son, and to the Ho - ly Spirit:"
- Staff 3 (Treble): "as it was in the beginning, is now, and will be forever. Amen."

**Section B:**

- Staff 1 (Treble): "He shall dwell on the heights, his stronghold shall be the rocky fastness, his food and drink"
- Staff 2 (Bass): "in steady sup-ply. Glory to the Father and to the Son, and to the Ho - ly Spirit:"
- Staff 3 (Treble): "as it was in the beginning, is now, and will be forever. Amen."

**Ant. 3**

(2)

Let us ce-le-brate with joy \* in the presence of our Lord and King.

**Psalm 98***The Lord triumphs in his judgment*

2

A

Sing a new song to the Lord for he has worked wonders. His right hand and his ho - ly arm

B

A

have brought salvation. The Lord has made known his salvation; has shown his justice to the nations.

B

A

He has remembered his truth and love for the house of Israel. All the ends of the earth have seen

B

A

the salvation of our God. Shout to the Lord, all the earth, ring out your joy.

A

B

Sing psalms to the Lord with the harp with the sound of music. With trumpets and the sound of the horn

The musical score consists of five systems of music, each with two staves (treble and bass). The music is in common time.

**System 1 (A):**

acclaim the King, the Lord. Let the sea and all within it, thunder; the world, and all its peoples.

**System 2 (B):**

Let the rivers clap their hands and the hills ring out their joy. Rejoice at the presence of the Lord,

**System 3 (B):**

for he comes to rule the earth. He will rule the world with justice and the peoples with fairness.

**System 4 (A):**

Glory to the Father and to the Son, and to the Ho-ly Spirit: as it was in the beginning, is now,

**System 5 (C):**

and will be forever. Amen.

Ant. B  
(50)

Show us your mer - cy, Lord; \* remember your ho - ly co-venant.

**Benedictus**

A

50 1. Blessed be the Lord, the God of Most Israel; High,  
2. You, my child, shall be called the prophet of the

he has come to his people and set them his free. way,  
for you will go before the Lord to prepare his way,

B

He has raised up for us a migh-ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

A†

Through his holy prophets he promised of old, that he would save us from our enemies,  
-----> --> In the tender compassion of our God

from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Wednesday Evening Prayer

**Ant. 1**

(50)

Those who sow in tears \* will reap in joy.

## Psalm 126

*Joyful hope in God*

50

A

When the Lord delivered Zion from bondage, it seemed like a dream.

B

Then was our mouth filled with laughter, on our lips there were songs.

A

The heathens themselves said: "What marvels the Lord worked for them!"

B

What marvels the Lord worked for us! Indeed we were glad.

A

Deliver us, O Lord, from our bondage as streams in dry land. Those who are sowing in tears

A

will sing when they reap. They go out, they go out, full of tears, carrying seed for the sowing:

B

they come back, they come back, full of song, carrying their sheaves. Glory to the Father and to the Son,

A

and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. 2 (21)

May the Lord build our house \* and guard our ci - ty.

## Psalm 127

*Apart from God our labors are worthless*

21

If the Lord does not build the house, in vain do its builders labor; if the Lord does not watch over the city,  
in vain does the watchman keep vigil.

**A**

In vain is your earlier rising, your going later to rest,  
you who toil for the bread you eat, when he pours gifts on his beloved while they slumber.

**B**

Truly sons are a gift from the Lord, a blessing, the fruit of the womb. Indeed the sons of youth  
are like arrows in the hand of a warrior.

**A**

O the happiness of the man  
who has filled his quiver with these arrows! He will have no cause for shame

**B**

A musical score for two voices (Soprano and Bass) in G minor (two flats). The Soprano part consists of a single melodic line, while the Bass part provides harmonic support. The vocal parts are separated by a vertical bar. The music begins with a forte dynamic. The lyrics are: "when he disputes with his foes in the gateways. Glory to the Father and to the Son, and to the Holy Spirit:

The musical score continues with the same two-part setting. The lyrics are: "as it was in the beginning, is now, and will be forever. Amen."

Ant. 3 (34)

He is the first-born for all cre-a - tion; \* in ev - ery way the prima-cy is his.

**Canticle, Colossians 1:12-20**      *Christ the first-born of all creation and the first-born from the dead*

34

A†

1. Let us give thanks to the Fa - ther for having made you worthy  
2. ---> --> as it was in the beginning, is now,

B

to share the lot of the saints in light. He rescued us from the power of darkness  
and will be for ever. A - men.

A

and brought us into the kingdom of his beloved Son. Through him we have re - demption,

B

the forgiveness of our sins. He is the image of the invisible God, the first-born of all creatures.

A

In him everything in heaven and on earth was cre - ated, things visible and in - visible.

## **WEDNESDAY EVENING PRAYER**

B

All were created through him; all were created for him. He is before all else that is.

In him everything continues in being. It is he who is head of the body, the church;

he who is the be - ginning, the first-born of the dead,

so that primacy may be his in everything. It pleased God to make absolute fullness reside in him

and, by means of him, to reconcile everything in his person, both on earth and in the heavens,

making peace through the blood of his cross. Glory to the Father and to the Son, and to the Holy Spirit:

A

B

D.C.

**Ant. M**

(37) The Almighty has done great things for me \* and ho - ly is his Name.

**Magnificat**

37 A† My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Thursday Morning Prayer

Ant. 1 (12)

Glo-rious things are said of you, \* O Ci - ty of God.

## Psalm 87

*Jerusalem is mother of us all*

12 On the holy mountain is his city      cher - ished by the Lord.      The Lord prefers the gates of Zion  
 to all Jacob's dwellings. Of you are told glorious things, O ci - ty of God! Babylon and Egypt I will count  
 among those who know me; Philistia, Tyre, Ethi - opia, these will be her children  
 and Zion shall be called "Mother" for all shall be her children." It is he, the Lord Most High,  
 who gives each his place. In his register of peoples he writes: "These are her children,"

A

and while they dance they will sing: "In you all find their home." Glory to the Father and to the Son,

B

A

and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

**Ant. 2**  
(36)

The Lord, the migh-ty conqueror, will come; \* he will bring with him the prize of victory.

**Isaiah 40: 10-17***The Good Shepherd: God most high and most wise*

36

1. Here comes with power the Lord God,  
2. Before him all the nations are as nought,

36

A

here is his reward with him, his recompense be - fore him. Like a shepherd he feeds his flock;  
Glory to the Father and to the Son, and to the Ho - ly Spirit: as it was in the beginning, is now,

B

in his arms he gathers the lambs, Carrying them in his bosom, and leading the ewes with care.  
and will be forever. A - men.

A

Who has cupped in his hand the waters of the sea, and marked off the heavens with a span?

B†

Who has held in a measure the dust of the earth, weighed the mountains in scales

A

and the hills in a balance? Who has directed the spirit of the Lord,

or has instructed him as his counselor?

B†

Whom did he consult to gain knowledge? Who taught him the path of judgment,

or showed him the way of understanding?

A†

Behold, the nations count as a drop of the bucket, as dust on the scales;

the coastlands weigh no more than powder. Lebanon would not suffice for fuel,

D.C.

nor its animals be enough for holocausts.

**Ant. 3**

(1) Give praise to the Lord our God, \* bow down before his ho - ly mountain.

**Psalm 99***Holy is the Lord our God*

A†

1 The Lord is king; the peoples tremble. He is throned on the cherubim; the earth quakes.

B†

The Lord is great in Zion. He is supreme over all the peoples. Let them praise his name, so terrible and great,

A†

he is holy, full of power. You are a king who loves what is right; you have established equity, justice and right;

B†

you have established them in Jacob. Exalt the Lord our God; bow down before Zion, his footstool.

He the Lord is holy.

A†

Among his priests were Aaron and Moses, among those who invoked his name was Samuel.

They invoked the Lord and he answered.

B†  
To them he spoke in the pillar of cloud. They did his will; they kept the law,

A†  
which he, the Lord, had given. O Lord our God, you answered them. For them you were a God who forgives;

B†  
yet you punished their offenses. Exalt the Lord our God; bow down before his holy mountain

A  
for the Lord our God is holy. Glory to the Father and to the Son, and to the Ho - ly Spirit:

B  
as it was in the beginning, is now, and will be forever. Amen.

Ant. B  
(38)

Let us serve the Lord in holiness, \* and he will save us from our e-nemis.

**Benedictus**

38 A

1. Blessed be the Lord, the God of Most Israel; High,  
2. You, my child, shall be called the prophet of the Most High,

he has come to his people and set them free.  
for you will go before the Lord to prepare his way,

B

He has raised up for us a migh-ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

A†

Through his holy prophets he promised of old, that he would save us from our enemies,  
-----> ---> In the tender compassion of our God

from the hands of all who hate us.  
the dawn from on high shall break upon us,

B

He promised to show mercy to our fathers death,  
to shine on those who dwell in darkness and the shadow of

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, and to the Holy Spirit:  
to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> as it was in the beginning, is now, and will be for ever. Amen.

D.C.

## Thursday Evening Prayer

**Ant. 1**

(2)

Let your ho - ly people re-joice, O Lord, \* as they en-ter your dwelling place.

**Psalm 132: 1-10***God's promise to the house of David*

A

2

O Lord, re-member David and all the many hardships he endured, the oath he swore to the Lord,

A

his vow to the Strong One of Jacob. 'I will not enter the house where I live nor go to the bed where I rest.'

B

I will give no sleep to my eyes, to my eyelids I will give no slumber till I find a place for the Lord,

B

a dwelling for the Strong One of Jacob.' At Ephrata we heard of the ark; we found it in the plains of Yearim.

A

'Let us go to the place of his dwelling; let us go to kneel at his footstool.' Go up, Lord, to the place of your rest,

The musical score consists of four staves of music in common time, treble and bass clefs. The lyrics are divided into three sections:

**Section A:**

you and the ark of your strength. Your priests shall be clothed with holiness;

**Section B:**

your faithful shall ring out their joy. For the sake of David your servant do not reject your anointed.

**Section C:**

Glory to the Father and to the Son, and to the Ho-ly Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.

**Ant. 2**  
(32)

The Lord has chosen Zi-on; \* he has desired it for his dwelling.

**Psalm 132: 11-18***God's promises to the house of David*

32

A

The Lord swore an oath to David; he will not go back on his word: 'A son, the fruit of your body,

B

will I set upon your throne. 'If they keep my covenant in truth and my laws that I have taught them,

A

their sons also shall rule on your throne from age to age.'

B

For the Lord has chosen Sion;

A

he has desired it for his dwelling: 'This is my resting-place for ever; here have I chosen to live.

B

'I will greatly bless her produce, I will fill her poor with bread. I will clothe her priests with salvation'

The musical score consists of four systems of music, each with two staves (treble and bass) and a key signature of three flats. The music is divided into two sections, A and B, indicated by labels above the staves.

**Section A:**

- System 1:** "and her faithful shall ring out their joy." followed by a repeat sign. "There David's stock will flower;"
- System 2:** "I will prepare a lamp for my a - nointed." followed by a repeat sign. "I will cover his enemies with shame"
- System 3:** "but on him my crown shall shine." followed by a repeat sign. "Glory to the Father and to the Son, and to the Holy Spirit:

**Section B:**

- System 4:** "as it was in the beginning, is now, and will be for ever. Amen."

Ant. 3 (37) The Father has gi - ven Christ \* all power, honor and kingship; all peo - ple will o-bey him.

**Canticle, Revelation 11:17-18; 12:10b-12a***The judgment of God*

We praise you, the Lord God Almighty, who is and who was. You have assumed your great power,  
you have begun your reign. The nations have raged in anger, but then came your day of wrath  
and the moment to judge the dead: the time to reward your servants the prophets  
and the holy ones who revere you, the great and the small alike. Now have salvation and power come,  
the reign of our God and the authority of his Anointed One, For the accuser of our brothers is cast out,  
who night and day accused them before God. They defeated him by the blood of the Lamb

A  
and by the word of their testimony; love for life did not deter them from death.

B  
So rejoice, you heavens, and you that dwell there-in! Glory to the Father and to the Son,

A  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**

(34) God has cast down the mighty from their thrones \* and has lif - ted up the lowly.

**Magnificat**

A†

34 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his low - ly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every ge - neration.

B

He has shown the strength of his arm, he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

The musical score consists of five staves of music, divided into two voices (Treble and Bass) by a vertical bar. The music is in common time, with a key signature of four flats. The lyrics are integrated into the musical lines, with some words written above the staff and others below. The score is labeled with 'B' and 'A' above certain measures.

B  
He has filled the hungry with good things,  
and the rich he has sent away empty.

A  
He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B  
The promise he made to our fathers,  
to Abraham and his children for ever.

A  
Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,  
B  
and will be for ever. Amen.

## Friday Morning Prayer

Ant. 1 (38) You alone I have grieved by my sin; \* have pi-ty on me, O Lord.

## Psalm 51

*O God, have mercy on me*

38 A  
1. Have mercy on me, God, in your kindness.  
2. Make me hear rejoicing and gladness,  
3. For in sacrifice you take no de - light,

In your compassion blot out my of - fence.  
that the bones you have crushed may revive.  
burnt offering from me you would re - fuse,

B  
O wash me more and more from my guilt  
From my sins turn away your face  
my sacrifice, a con - trite spirit.  
and cleanse me from my sin.  
and blot out all my guilt.  
A humbled, contrite heart you will not spurn.

A  
My offences truly I know them;  
A pure heart create for me, O God,  
In your goodness, show favour to Sion:  
my sin is always be - fore me.  
put a steadfast spirit with - in me.  
rebuild the walls of Je - rusalem.

B  
Against you, you alone, have I sinned;  
Do not cast me away from your presence,  
Then you will be pleased with lawful sacrifice,  
what is evil in your sight I have done.  
nor deprive me of your holy spirit.  
holocausts offered on your altar.

A

That you may be justified when you give sentence and be without reproach when you judge,  
Give me again the joy of your help; with a spirit of fervour sus - tain me,  
Glory to the Father and to the Son, and to the Holy Spirit:

B

O see, in guilt I was born, a sinner was I con - ceived.  
that I may teach transgressors your ways and sinners may return to you.  
as it was in the beginning, is now, and will be for ever. A - men.

A

Indeed you love truth in the heart; then in the secret of my heart teach me wisdom.  
O rescue me, God, my helper, and my tongue shall ring out your goodness.

B

D.C.

O purify me, then I shall be clean; O wash me, I shall be whiter than snow.  
O Lord, open my lips and my mouth shall declare your praise.

Ant. 2 (50)

Truly we know our of-fen-ses, Lord, \* for we have sinned against you.

**Jeremiah 14: 17-21***The lament of the people in war and famine*

A

Let my eyes stream with tears day and night, with - out rest,

B†

over the great destruction which overwhelms the virgin daughter of my people, over her incurable wound.

A

If I walk out into the field, look! those slain by the sword; If I enter the city,

A

look! those consumed by hunger. Even the prophet and the priest forage in a land they know not.

B

Have you cast Judah off completely? Is Zion loathsome to you? Why have you struck us a blow

B

that cannot be healed? We wait for peace, to no avail; for a time of healing, but terror comes instead.

A<sup>†</sup>

We recognize, O Lord, our wickedness, the guilt of our fathers; that we have sinned against you.

B<sup>†</sup>

For your name's sake spurn us not, disgrace not the throne of your glory;

A

remember your covenant with us, and break it not. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen.

Ant. 3 (21)

The Lord is God; \* we are his people, the flock he shepherds.

## Psalm 100

*The joyful of those entering God's temple*

A†

Cry out with joy to the Lord, all the earth. Serve the Lord with gladness. Come before him, singing for joy.

B†

Know that he, the Lord, is God. He made us, we belong to him, we are his people, the sheep of his flock.

A†

Go within his gates, giving thanks. Enter his courts with songs of praise.

B†

Give thanks to him and bless his name. Indeed, how good is the Lord, eternal his merciful love.

A

He is faithful from age to age. Glory to the Father and to the Son, and to the Ho-ly Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.



**Ant. B**  
(23)

The Lord has come to his peo - ple \* and set them free.

**Benedictus**

23

**A**

1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of High,  
he has come to his people and set them free.  
for you will go before the Lord to prepare his way,

**B**

He has raised up for us a migh - ty savior, born of the house of his servant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies,  
In the tender compassion of our God  
-----> -->  
through his hands of all who hate us.  
the dawn from on high shall break upon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. Amen.

D.C.

## Friday Evening Prayer

**Ant. 1**  
(36)

Great is the Lord, our God, \* transcending all other gods.

**Psalm 135: 1-12***Praise for the wonderful things God does for us*

36

A†

1. ---> -> Praise the name of the Lord, praise him, servants of the Lord,  
2. Signs and wonders he worked in the midst of your land, O Egypt, against Pharaoh and all his servants.

B

who stand in the house of the Lord struck in the courts of the house of our God.  
Nations in their greatness he struck and kings in their splendor he slew.

A†

---> -> Sihon, king of the Amorites, Og, the king of Bashan,

B

Sing a psalm to his name for he is loving.  
and all the kingdoms of Canaan.  
For the Lord has chosen Jacob for himself.  
He let Israel inherit their land;

A

and Israel for his own possession.  
on his people their land he bestowed.  
For I know the Lord is great,  
Glory to the Father and to the Son,

B

that our Lord is high above all gods. The Lord does whatever he wills, in heaven, on earth, in the seas.  
and to the Ho - ly Spirit: as it was in the beginning, is now, and will be forever. A-men.

A†

He summons clouds from the ends of the earth; makes lightning produce the rain;

B

from his treasures he sends forth the wind. The first-born of the Egyptians he smote,

D.C.

of man and beast alike.

**Ant. 2**  
(11)

House of Israel, bless the Lord! \* Sing psalms to him, for he is merciful.

**Psalm 135: 13-21**

11                      A                      B

Lord, your name stands for ever,    unforgotten from age to age:    for the Lord does justice for his people;

A                      B

the Lord takes pity on his servants.    Pagan idols are silver and gold,    the work of human hands.

B

They have mouths but they cannot speak;    they have eyes but they cannot see.

A

They have ears but they cannot hear;    there is never a breath on their lips.

B                      A

Their makers will become like them    and so will all who trust in them!    Sons of Israel, bless the Lord!

B

Sons of Aaron, bless the Lord!    Sons of Levi, bless the Lord!    You who fear him, bless the Lord!

The musical score consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves have a key signature of four sharps. The music is divided into two sections, A and B, indicated by letters above the staves. Section A begins with a melodic line in the treble clef staff, followed by a bass line in the bass clef staff. The lyrics "From Zion may the Lord be blessed, he who dwells in Jerusalem! Glory to the Father and to the Son," are written below the staves. Section B begins with a melodic line in the treble clef staff, followed by a bass line in the bass clef staff. The lyrics "and to the Holy Spirit: as it was in the beginning, is now, and will be forever. Amen." are written below the staves.

Ant. 3 (4)

All nations will come \* and worship before you, O Lord.

**Canticle, Revelation 15:3-4***Hymn of adoration*

4

Mighty and wonderful are your works, Lord God Almighty! Righteous and true are your ways,

O King of the nations! Who would dare refuse you honor, or the glory due your name, O Lord?

Since you alone are holy, all nations shall come and worship in your presence.

Your mighty deeds are clearly seen. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.



**Ant. M**

(34)

The Lord has come to the help of his servants, \* for he has re-membered his pro-mise of

mer - cy.

**Magnificat**

A†

34

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his low - - ly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every ge - neration.

B

He has shown the strength of his arm, he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent away empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his children for ever.

A

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

### Saturday Morning Prayer

Ant. 1 (43) Lord, you are near to us, \* and all your ways are true.

Psalm 119:145-152

XIX (Koph)

43 I call with all my heart; Lord, - hear me, I will keep your commands. I call u - pon you, - save me

and I will do your will. I rise before dawn and cry for help, I hope in your word.

My eyes watch through the night to ponder your promise. In your love hear my voice, O Lord;

give me life by your decrees. Those who harm me unjustly draw near; they are far from your law.

But you, O Lord, are close, your commands are truth. Long have I known that your will

## SATURDAY MORNING PRAYER

315

The musical score consists of two staves of music in G major (two sharps) and common time. The top staff (treble clef) contains the lyrics "is established for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:" with corresponding musical notes and rests. The bottom staff (bass clef) contains the lyrics "as it was in the beginning, is now, and will be for ever. Amen." with corresponding musical notes and rests. Measure lines divide the music into measures, and a section label "A" is positioned above the first measure of the top staff.

A  
is established for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:

B  
as it was in the beginning, is now, and will be for ever. Amen.

Ant. 2 (21)

Wisdom of God, be with me \* always at work in me.

## Wisdom 9: 1-6, 9-11

*Lord, give me wisdom*

1. God of my fathers, Lord of mercy,  
2. Send her forth from your holy heavens  
you who have made all things by your word  
and from your glorious throne dis - patch her

and in your wisdom have estab - lished man  
that she may be with me and work with me,  
to rule the creatures produced by you,  
that I may know what is your pleasure.

For she knows and understands all things,  
to govern the world in holiness and justice,  
and will guide me discreetly in my af - fairs

and to render judgment in integrity of heart:  
and safeguard me by her glory.  
Give me Wisdom, the attendant at your throne,  
Glory to the Father, and to the Son,

and reject me not from among your children:  
and to the Ho - ly Spirit:  
for I am your servant, the son of your handmaid,

SATURDAY MORNING PRAYER  
**A**  
 a man weak and short-lived  
 as it was in the beginning, is now,  
 and lacking in comprehension of judgment and of laws.  
 and will be for ever.  
 A - men

**B†**  
 Indeed, though one be perfect among the sons of men, if Wisdom, who comes from you, be not with him,

**A**  
 he shall be held in no es - team.  
 Now with you is Wisdom who knows your works

**B**  
 and was present when you made the world;  
 who understands what is pleasing in your eyes

**D.C.**  
 and what is conformable with your commands.

Ant. 3 (34)

The Lord re-mains faith-ful, \* faithful to his promise fore - ver.

## Psalm 117

*Praise for God's loving compassion*

34

O praise the Lord, all you nations, acclaim him all you peoples! Strong is his love for us;  
he is faithful for ever. Glory to the Father and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.



**Ant. B**

(4)

Lord, shine on those who dwell in darkness \* and the sha - dow of death.

**Benedictus**

**A**

4

1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of the

he has come to his people and set them his free. way,

**B**

He has raised up for us a migh-ty savior, born of the house of his ser vant David.  
to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old,  
that he would save us from our enemies,  
In the tender compassion of our God  
-----> -->

from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow      our of      fathers  
death,

and to remember his ho - - - - ly  
and to guide our feet into the way of covenant.  
peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Ho - - - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Sunday Evening Prayer I

Ant. 1 (8)

Pray for peace, \* for the peace of Je-ru-salem.

**Psalm 110:1-5, 7***The Messiah, king and priest*

A† 8

The Lord's revelation to my Master: 'Sit on my right: your foes I will put beneath your feet.'

B†

The Lord will wield from Zion your sceptre of power: rule in the midst of all your foes.

A†

A prince from the day of your birth on the holy mountains; from the womb before the dawn I begot you.

B†

The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.'

A

The Master standing at your right hand will shatter kings in the day of his wrath.

## SUNDAY EVENING PRAYER I

323

The musical score consists of three staves of music in common time, key signature of three sharps, and a treble clef. The lyrics are integrated into the music.

**Staff 1 (Treble Clef):**

- Label: B
- Lyrics: "He shall drink from the stream by the wayside and therefore he shall lift up his head."

**Staff 2 (Bass Clef):**

- Label: A
- Lyrics: "Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,"

**Staff 3 (Bass Clef):**

- Label: B
- Lyrics: "and will be for ever. Amen."

**Ant. 2**

(50) From the mor-ning watch un-til night, \* I have wai - ted trustingly for the Lord.

**Psalm 130***A cry from the depths*

50 Out of the depths I cry to you, O Lord, Lord, hear my voice! O let your ears be attentive  
 to the voice of my pleading. If you, O Lord, should mark our guilt, Lord, who would survive?  
 But with you is found forgiveness: for this we re - vere you. My soul is waiting for the Lord.  
 I count on his word. My soul is longing for the Lord more than watchman for daybreak.  
 Let the watchman count on daybreak and Israel on the Lord. Because with the Lord there is mercy  
 and fullness of redemption, Israel indeed he will re - deem from all its i-niquity.

## SUNDAY EVENING PRAYER I

325

B

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A

and will be for ever. Amen.

**Ant. 3**  
(20)

Let everything in heaven and on earth \* bend the knee at the name of Je-sus, al-le - lu - ia.

**Canticle, Philippians 2:6-11***Christ, God's holy servant*

**A†**  
20 Though he was in the form of God, Jesus did not deem equality with God something to be grasped at.

**B†**  
Rather, he emptied himself and took the form of a slave, being born in the likeness of men.

**A**  
He was known to be of human es - tate and it was thus that he humbled himself,

**B**  
obediently accepting e - ven death, death on a cross!

**A**  
Because of this, God highly exal - ted him and bestowed on him the name above every other name,

**B**  
So that at Jesus' name every knee must bend in the heavens, on the earth and under the earth,

A  
and every tongue proclaim to the glory of God the Father: JESUS CHRIST IS LORD!

B  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

A  
and will be for ever. Amen.

## Sunday Morning Prayer

**Ant. 1**

(11) Praise the Lord, \* for his lo - ving kindness will ne - ver fail, al - le - lu - ia.

## Psalm 118

*Song of joy for salvation*

11 1. Give thanks to the Lord for he is good, for his love endures for ever. Let the sons of Isra - el say:  
2. I was hard-pressed and was falling, but the Lord came to - help me. The Lord is my strength and my song;  
3. O Lord, grant us sal-vation; O Lord, grant success. Blessed in the name of the Lord

A His love endures for ever.' Let the sons of Aa - ron say: 'His love endures for ever,' in the tents of the just. he is my saviour. who comes. There are shouts of joy and victory We bless you from the house of the Lord; the Lord God is our light.

B Let those who fear the Lord say: 'His love endures for ever.' hand - raised me. The Lord's right hand has triumphed; with branches even to the altar. Go forward in procession

A I called to the Lord in my dis - tress; he answered and freed me. The Lord's right hand has triumphed; I shall not die, I shall live and recount his deeds. You are my God, I - thank you. My God, I - praise you.

B The Lord is at my side; I do not fear. What can man do a - gainst me? I was punished, I was punished by the Lord, to die. Give thanks to the Lord for he is good; but not doomed for his love endures for ever.

A

The Lord is at my side as my helper; I shall look down on my foes. It is better to take refuge in the Lord  
Open to me the gates of holiness: I will enter and give thanks. This is the Lord's own gate  
Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,

B

than to trust in men; it is better to take refuge in the Lord than to trust in princes.  
where the just may enter. I will thank you for you have answered and you are my saviour.  
and will be for ever. A - men.

B

The nations all en - compassed me; in the Lord's name I crushed them.  
The stone which the builders re - jected has become the cor - ner stone.

A

They compassed me, compassed me a - bout; in the Lord's name I crushed them.  
This is the work of the Lord, a marvel in our eyes.

B†

They compassed me about like bees; they blazed like a fire a - mong thorns.  
--> --> This day was made by the Lord;

D.C.

In the Lord's name I crushed them.  
we rejoice and are glad.

**Ant. 2**  
(7)

Al - le - lu - ia! Bless the Lord, \* all you works of the Lord, al - le - lu - ia!

**Canticle, Daniel 3:52-57***Let all creatures praise the Lord*

**A**

7

Blessed are you, O Lord, the God of our fathers, praiseworthy and exalted above all for - ever;

**B**

And blessed is your holy and glori - ous name, praiseworthy and exalted above all for all ages.

**A**

Blessed are you in the temple of your ho - ly glory, praiseworthy and glorious above all for - ever.

**B**

Blessed are you on the throne of your kingdom, praiseworthy and exalted above all for - ever.

**A†**

Blessed are you who look into the depths from your throne upon the che - ru - bim,

**B**

praiseworthy and exalted above all for - ever. Blessed are you in the firmament of heaven,

A

praiseworthy and exalted above all for - ever.      Bless the Lord, all you works of the Lord,

B

praise and exalt him above all forever.      Glory to the Father and to the Son, and to the Holy Spirit:

A

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(37)

Let e - verything that breathes \* give praise to the Lord, al-le - lu - ia.

**Psalm 150***Praise the Lord*

37

**A**

Praise God in his holy place, praise him in his mighty heavens. Praise him for his powerful deeds,

**B**

praise his surpassing greatness. O praise him with sound of trumpet, praise him with lute and harp.

**C**

Praise him with timbrel and dance, praise him with strings and pipes.

**D**

O praise him with resounding cymbals, praise him with clashing of cymbals.

B

Let everything that lives and that breathes give praise to the Lord. Glory to the Father and to the Son,

B

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.



## Sunday Evening Prayer II

Ant. 1                    In e-ternal splendor, \* be-fore the dawn of light on earth, I have be-got - ten you, al-le-lu - ia.

(50)

## Psalm 110:1-5, 7

*The Messiah, king and priest*

A†                    The Lord's revelation to my Master: 'Sit on my right: your foes I will put beneath your feet.'

50

B†                    The Lord will wield from Zion your sceptre of power: rule in the midst of all your foes.

A†                    A prince from the day of your birth on the holy mountains; from the womb before the dawn I begot you.

B†                    The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.'

A                    The Master standing at your right hand will shatter kings in the day of his wrath.

The musical score consists of three staves of music in G clef, B-flat key signature, and common time. The lyrics are integrated into the music, appearing below the notes. The first staff begins with a bass note labeled 'B'. The lyrics are: "He shall drink from the stream by the wayside and therefore he shall lift up his head." The second staff begins with a bass note labeled 'A'. The lyrics are: "Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now," followed by a repeat sign and another section starting with a bass note labeled 'B'. The third staff begins with a bass note. The lyrics are: "and will be for ever. Amen."

**Ant. 2**  
(21)

Blessed are they who hun-ger and thirst for ho-liness; \* they will be sa-tisfied.

**Psalm 112***The happiness of the just man*

**A**

21 1. Happy the man who fears the Lord,  
2. He has no fear of e - vil news;

who takes delight in all his com - mands.  
with a firm heart he trusts in the Lord.

**B**

His sons shall be powerful on earth;  
With a steadfast heart he will not fear;

the children of the upright are blessed.  
he will see the downfall of his foes.

**A<sup>†</sup>**

--> --> Riches and wealth are in his house; his justice stands firm for ever.  
Open-handed, he gives to the poor; his justice stands firm for ever. His head will be raised in glory.

**B<sup>†</sup>**

--> --> He is a light in the darkness for the upright:  
The wicked man sees and is angry,  
grinds his teeth and fades a - way;

**A**

he is generous, merciful and just.  
the desire of the wicked leads to doom.

The good man takes pity and lends,  
Glory to the Father and to the Son,

he conducts his affairs with honor. The just man will ne - ver waver: he will be remembered for ever.  
and to the Ho - ly Spirit: as it was in the beginning, is now, and will be forever. A-men.

**Ant. 3**

Praise God, all you who serve him, \* both great and small, al-le - lu-ia.

**Canticle, See Revelation 19:1-7***The wedding of the lamb*

1. Al - le - lu - ia.      Salvation, glory      and pow'r to our God:  
 2. Al - le - lu - ia.      Sing praise to our God,      all you his servants,  
 3. Al - le - lu - ia.      The Lord our all-power      ful God is King;  
 4. Al - le - lu - ia.      The wedding feast of      the Lamb has be-gun,  
 5. Al - le - lu - ia.      Glory to the Father and to the Son,      and to the Holy Spirit:

Al - le - lu - ia      his judgments      are honest and true.  
 Al - le - lu - ia.      all who worship him reverent      ly, great and small.  
 Al - le - lu - ia.      let us rejoice, sing praise,      and give him glory.  
 Al - le - lu - ia.      and his bride is      pre - pared to welcome him.  
 Al - le - lu - ia.      as it was in the beginning, is now,      and will be for ever. A - men.

Alle - lulia, Al-le - lu - ia.  
 Alle - lulia, Al-le - lu - ia.



# Monday Morning Prayer

**Ant. 1**  
(48) Each mor-ning, Lord, \* you fill us with your kindness.

Psalm 90

*May we live in the radiance of God*

B†

by evening it withers and fades. --> -> So we are destroyed in your anger,  
let your glory shine on their children. Let the favor of the Lord be upon us: give success to the work of our hands,

A

struck with terror in your fury. Our guilt lies open before you; our secrets in the light of your face.  
give success to the work of our hands. Glory to the Father, and to the Son, and to the Holy Spirit;

B

All our days pass away in your anger. Our life is over like a sigh. Our span is se-ven - ty years,  
as it was in the beginning, is now, and will be for ever, A - men.

B

D.C.

or eighty for those who are strong. And most of these are emptiness and pain. They pass swiftly and we are gone.

**Ant. 2**  
(11)

From the far - thest bounds of earth, \* may God be praised!

**Canticle, Isaiah 42: 10-16***God, victor and savior*

**A**

11 1. Sing to the Lord a new song,  
2. I will turn darkness into light be - fore them,  
his praise from the end of the earth:  
and make crooked ways straight.

**B**

Let the sea and what fills it re - sound,  
Glory to the Father and to the Son,  
the coastlands, and those who dwell in them.  
and to the Ho - ly Spirit:

**A**

Let the steppe and its cities cry out,  
as it was in the beginning, is now,  
the villages where Ke - dar dwells;  
and will be for ever. A - men.

**B**

Let the inhabitants of Sela e - xult,  
and shout from the top of the mountains.

**A**

Let them give glory to the Lord, and utter his praise in the coastlands. The Lord goes forth like a hero,

The musical score consists of four systems of music, each with two staves (treble and bass) and a key signature of four sharps (F major). The music is divided into sections A, B, and D.C. (Da Capo).

**Section A:**

like a warrior he stirs up his ardor; he shouts out his battle cry, against his enemies he shows his might:

**Section B:**

I have looked away, and kept silence, I have said nothing, holding myself in;

**Section A:**

but now, I cry out as a woman in labor, gasping and panting. I will lay waste mountains and hills,

**Section A:**

all their herbage I will dry up; I will turn the rivers into marshes, and the marshes I will dry up.

**D.C. (Da Capo):**

I will lead the blind on their journey; by paths unknown I will guide them.

**Ant. 3**  
(7)

You who stand in the house of the Lord, \* praise the name of the Lord.

**Psalm 135: 1-12***Praise for the wonderful things God does for us*

**A†**

7

Praise the name of the Lord, praise him, servants of the Lord, and all the kingdoms of Canaan.

**B**

who stand in the house of the Lord in the courts of the house of our God. He let Israel inherit it their land; on his people their land he be - stowed.

**A†**

Praise the Lord for the Lord is good. Sing a psalm to his name for he is Glory to the Father and to the Son, and to the Ho - ly

**B**

loving. For the Lord has chosen Jacob for him - self and Israel for his own pos - Spirit: as it was in the begin ning, is now, and will be forever. A -

**A**

session. For I know the Lord is great, that our Lord is high above all gods. The Lord does whatever men.

## MONDAY MORNING PRAYER

345

The musical score consists of three staves of music. The top staff is in treble clef (B-flat key signature), the middle staff is in bass clef (F key signature), and the bottom staff is also in bass clef (F key signature). The lyrics are integrated into the music, appearing below the notes. The first section (B) includes lyrics: "he wills, in heaven, on earth, in the seas. He summons clouds from the ends of the earth;". The second section (A†) includes lyrics: "makes lightning produce the rain; from his treasures he sends forth the wind. The first-born of the Egyptians". The third section (B) concludes with "D.C." (Da Capo) and the lyrics: "he smote, of man and beast a - like. Signs and wonders he worked". The music features various note values (eighth and sixteenth notes) and rests.

**Ant. B**

(48) Blessed be the Lord, \* for he has come to his people and set them free.

**Benedictus**

**A**

48 1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break upon us,

**B**

He has raised up for us a migh - ty savior, death,  
to shine on those who dwell in darkness and the shadow

**A†**

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

**B**

He promised to show mercy to our fathers and to remember his ho - ly covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

## MONDAY MORNING PRAYER

347

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.

D.C.

## Monday Evening Prayer

Ant. 1 (51)

Give thanks to the Lord, \* for his great love is without end.

Psalm 136: 1-9

*Easter hymn*

51

O give thanks to the Lord for he is good, for his love endures for ever. Give thanks to the God of gods  
 for his love endures for ever. Give thanks to the Lord of lords, for his love endures for ever;  
 who alone has wrought marvellous works, for his love endures for ever;  
 whose wisdom it was made the skies, for his love endures for ever; who fixed the earth firmly on the seas,  
 for his love endures for ever. It was he who made the great lights, for his love endures for ever;

## MONDAY EVENING PRAYER

349

The musical score consists of three staves of music in G clef, B-flat key signature, and common time. The lyrics are integrated into the music, appearing below the notes. The first section (B) includes lyrics: 'the sun to rule in the day, for his love endures for ever; the moon and stars in the night,'. The second section (B) includes lyrics: 'for his love endures for ever. Glory to the Father and to the Son, and to the Ho - ly Spirit:'. The third section (A) concludes with the lyrics: 'as it was in the beginning, is now, and will be for ever. Amen.'

**Ant. 2**  
(64)

Great and wonderful are your deeds, \* Lord God the Al - migh-ty.

## Psalm 136: 10-26

*Easter hymn*

64

A

1. The first-born of the Egyptians he smote, for his love endures for ever.  
2. and Og, the king of Bashan, for his love endures for ever.

B

He brought Israel out from their midst, for his love endures for ever;  
He let Israel inherit their land, for his love endures for ever.

A

arm outstretched, with power in his hand, for his love endures for ever.  
On his servant their land he be - stowed, for his love endures for ever.

B

He divided the Red Sea in two, for his love endures for ever;  
He remembered us in our dis - tress, for his love endures for ever.

A

he made Israel pass through the midst, for his love endures for ever;  
And he snatched us away from our foes, for his love endures for ever.

B

he flung Pharaoh and his force in the sea,  
for his love endures for ever.  
He gives food to all li - ving things,  
for his love endures for ever.

A

Through the desert his people he led,  
for his love endures for ever.  
To the God of heaven give thanks,  
for his love endures for ever.

B

Nations in their greatness he struck, for his love endures for ever.  
Kings in their splendour he slew,  
Glory to the Father and to the Son, and to the Ho - ly Spirit: as it was in the beginning, is now,

D.C.

for his love endures for ever.  
Sihon, king of the Amorites, for his love endures for ever;  
and will be for ever. A-men.

Ant. 3 (42)

God planned in the full-ness of time \* to re-store all things in Christ.

## Canticle, Ephesians 1:3-10

God our Savior

42

Praised be the God and Father of our Lord Jesus Christ, who has bestowed on us in Christ every spiritual blessing in the heavens. God chose us in him before the world began to be holy and blameless in his sight. He predestined us to be his adopted sons through Jesus Christ, such was his will and pleasure, that all might praise the glorious favor he has bestowed on us in his be-loved. In him and through his blood, we have been redeemed,

A

and our sins for-given, so immeasurably ge - ne - rous is God's favor to us.

B†

God has given us the wisdom to understand fully the plan he was pleased to decree in Christ.

A

A plan to be carried out in Christ, in the fullness of time, to bring all things into one in him,

B

in the heavens and on earth. Glory to the Father and to the Son, and to the Holy Spirit:

A

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**

(64) For-e - ver will my soul pro-claim \* the greatness of the Lord.

**Magnificat**

A†

64 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his low - - ly servant.

B†

From this day all generations will call me blessed: the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every ge - neration.

B

He has shown the strength of his arm, he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

The musical score consists of five staves of music, each with a treble clef and a key signature of four flats. The music is divided into two voices: a soprano voice (upper) and an alto/bass voice (lower). The lyrics are integrated into the music, appearing below the notes. The score is organized into four sections, each starting with a letter (B, A, B, A) above the staff.

**B:** He has filled the hungry with good things,  
and the rich he has sent away empty.

**A:** He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

**B:** The promise he made to our fathers,  
to Abraham and his children for ever.

**A:** Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,  
and will be for ever. Amen.

## Tuesday Morning Prayer

**Ant. 1**

(4)

I will sing to you, O Lord; \* I will learn from you the way of per-fec - tion.

## Psalm 101

*Avowal of a good ruler*

A

1. My song is of mercy and justice; I sing to you, O Lord. I will walk in the way of perfection.  
2. I look to the faithful in the land that they may dwell with me. He who walks in the way of perfection

B

O when, Lord, will you come? I will walk with blameless heart within my house;  
shall be my friend. No man who practises de - ceit shall live within my house.

A

I will not set before my eyes whatever is base. I will hate the ways of the crooked;  
No man who utters lies shall stand before my eyes. Morning by morning I will silence

B

they shall not be my friends. The false-hearted must keep far a - way; the wicked I disown.  
all the wicked in the land, uprooting from the city of the Lord all who do evil.

A

The man who slanders his neighbour in secret I will bring to silence.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

## TUESDAY MORNING PRAYER

357

The musical score consists of two staves. The top staff is in G clef (soprano) and the bottom staff is in F clef (bass). The key signature is B-flat major (two flats). The time signature is common time (indicated by 'C'). The lyrics are written below the notes. The first line ends with 'D.C.' (Da Capo), which is also written above the second line.

B

D.C.

The man of proud looks and haughty heart I will never endure.  
as it was in the beginning, is now, and will be for ever. A-men.

Ant. 2 (50)

Lord, do not withhold \* your com-pas - sion from us.

Dan 3:26, 27, 29, 34-41

*Azariah's prayer in the furnace*

A†

1. Blessed are you, and praiseworthy, O Lord, the God of our fathers,  
2. For we are reduced, O Lord, beyond any other nation, brought low everywhere in the world this day  
3. --> Glory to the Father and to the Son,  
and glorious forever is your name.  
because of our sins.  
and to the Ho ly Spirit:

B†

For you are just in all you have done; all your deeds are faultless, all your ways right,  
We have in our day no prince, prophet, or leader, no holocaust, sacrifice, oblation, or incense,  
--> -> as it was in the beginning, is now,  
and all your judg - ments with A proper.  
no place to offer first fruits, to find favor men.  
and will be for ever.

A†

For we have sinned and transgressed by departing from you,  
--> -> But with contrite heart humble spirit

B

and we have done every kind of evil.  
let us be re-ceived;

For your name's sake, do not deliver us up for - ever,  
as though it were holocausts of rams and bullocks,

or make void  
or thousands of

your fat covenant.  
lambs,

A†

Do not take away your mercy from us,  
so let our sacrifice be in your presence today

for the sake of Abraham, your beloved,  
as we follow you un - re - servedly;

Isaac your servant, and Israel your ho  
for those who trust in you cannot be put

- - ly to one,  
shame.

B†

To whom you promised to multiply their offspring  
--> like the stars of heaven,  
-> And now we follow you with our whole heart,

D.C.

or the sand on the shore of the sea.  
we fear you and we pray to you.

**Ant. 3**  
(11)

O God, \* I will sing to you a new song.

**Psalm 144:1-10***Prayer for victory and peace*

**A†**

11 1. Blessed be the Lord, my rock, who trains my arms for battle, who prepares my hands for war.  
2. from the hands of alien foes whose mouths are filled with lies, whose hands are raised in perjury.

**B**

He is my love, my fortress; he is my stronghold, my saviour  
To you, O God, will I sing a new song; I will play on the ten - -stringed harp

**A**

my shield, my place of refuge. He brings peoples under my rule.  
to you who give kings their victory, who set David your ser - vant free.

**B**

Lord, what is man that you care for him, mortal man, that you keep him in mind;  
Glory to the Father and to the Son, and to the Ho - - ly Spirit:

**A**      **B**

man, who is merely a breath whose life fades like a shadow? Lower your heavens and come down;  
as it was in the beginning, is now, and will be for ever. A - men.

A

touch the mountains; wreath them in smoke.

Flash your lightnings; rout the foe,

B

shoot your arrows and put them to flight.

Reach down from heaven and save me;

D.C.

draw me out from the mighty waters,

**Ant. B**

(42)

Lord, save us \* from the hands of all who hate us.

**Benedictus**

**A**

42

1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

**B**

He has raised up for us a migh - ty savior,  
to shine on those who dwell in darkness and the shadow of death,

**A†**

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

that he would save us from our enemies, from the hands of all who  
Glory to the Father and to the Son, and to the Ho - ly hate us.  
Spirit:

**B**

He promised to show mercy to our fathers and to remember his holy covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

D.C.

free to worship him without fear, holy and righteous in his sight all the days of our life.

## Tuesday Evening Prayer

Ant. 1 (39)

If I for-get you, Je - ru - salem, \* let my right hand wi - ther.

Ps 137: 1-6

*By the rivers of Babylon*

39

By the rivers of Babylon there we sat and wept, remembering Sion; on the poplars that grew there we hung up our harps. For it was there that they asked us, our captors, for songs, our oppressors, for joy. 'Sing to us,' they said, 'one of Sion's songs.' O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither! O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys! Glory to the Father and to the Son,

A musical score for two voices (Soprano and Bass) in G major (two sharps). The Soprano part begins with a half note followed by a quarter note. The Bass part begins with a half note followed by a quarter note. The music continues with a series of eighth notes and sixteenth notes. A bracket labeled 'B' spans the first four measures. The lyrics 'and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.' are written below the music. The score concludes with a final bass note.

**Ant. 2**

(48) In the presence of the an - gels \* I will sing to you, my God.

**Ps 138***Thanksgiving*

48 A  
I thank you, Lord, with all my heart: you have heard the words of my mouth.

B  
In the presence of the angels I will bless you. I will adore before your holy temple.

A  
I thank you for your faithfulness and love, which excel all we ever knew of you.

B  
On the day I called, you answered; you increased the strength of my soul.

A  
All earth's kings shall thank you when they hear the words of your mouth.

B  
They shall sing of the Lord's ways: 'How great is the glory of the Lord!'

A

The Lord is high yet he looks on the lowly and the haughty he knows from afar.

Though I walk in the midst of affliction you give me life and frustrate my foes.

You stretch out your hand and save me, your hand will do all things for me. Your love, O Lord, is eternal,

discard not the work of your hands. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(11)

A - do - ration and glo - ry \* belong by right to the Lamb who was slain.

**Canticle, Revelation 4:11, 5:9, 10, 12***Redemption hymn*

11

O Lord our God, you are worthy to receive glory and honor and power. For you have created all things;

by your will they came to be and were made. Worthy are you, O Lord

to receive the scroll and break open its seals. For you were slain;

with your blood you purchased for God men of every race and tongue, of every people and nation.

You made them a kingdom, and priests to serve our God, and they shall reign on earth.

A

Worthy is the Lamb that was slain  
to receive power and riches,  
wisdom and strength,

A

honor and glory and praise.  
Glory to the Father and to the Son,  
and to the Ho - ly Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. M**

(51) Do great things for us, O Lord, \* for you are mighty, and ho-ly is your name.

**Magnificat**

A†

51 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Savior;

for he has looked with favor on his  
low - ly servant.

B†

From this day all generations will call me blessed:  
the Almighty has done great things for me,

and holy is his Name. He has mercy on those who fear him in every  
ge - neration.

B

He has shown the strength of his arm,  
he has scattered the proud in their con - ceit.

A

He has cast down the mighty from their thrones,  
and has lifted up the lowly.

B

He has filled the hungry with good things,  
and the rich he has sent a - way empty.

A

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

B

The promise he made to our fathers,  
to Abraham and his chil-dren for ever.

A

Glory to the Father and to the Son,  
and to the Ho-ly Spirit: as it was in the beginning, is now,

B

and will be for ever. Amen.

## Wednesday Morning Prayer

Ant. 1 (11)

My heart is ready, O God, \* my heart is rea-dy.

## Ps 108

*Praise of God and a plea for help*

11 A 1. My heart is ready, O God; I will sing, sing your praise. Awake, my soul;  
2. Judah for my commander's staff. Moab I will use for my washbowl, --> ->

awake, lyre and harp, I will awake the dawn.  
on Edom I will plant my shoe. Over the Philistines I will shout in triumph.'

A I will thank you, Lord, among the peoples, among the nations I will praise you,  
But who will lead me to conquer the fortress? Who will bring me face to face with Edom?

B for your love reaches to the heavens and your truth to the skies.  
Will you utterly reject us, O God, and no longer march with our armies?

A O God, arise above the heavens; may your glory shine on earth!  
Give us help against the foe, for the help of man is vain. B O come and deliver your friends;  
With God we shall do bravely

A†

help with your right hand and re - ply.  
and he will trample down our foes.

From his holy place God has made this promise;  
--> ->

I will triumph and divide the land of Shechem,  
Glory to the Father and to the Son,

I will measure out the valley of Succoth.  
and to the Ho - ly Spirit:

B

D.C.

Gilead is mine and Manasseh, Ephraim I take for my helmet,  
as it was in the beginning, is now, and will be for ever. A - men.

**Ant. 2**  
(1)

The Lord has robed me \* with grace and sal - va - tion.

**Isa 61:10--62\_5***The prophet's joy in the vision of a new Jerusalem*

**A**

1. I rejoice heartily in the Lord, in my God is the joy of my soul;  
2. No more shall men call you "For - saken," or your land "De - so - late,"

**B**

for he has clothed me with a robe of sal - vation, and wrapped me in a mantle of justice,  
but you shall be called "My De - light," and your land "Es-poused."

**A**

like a bridegroom adorned with a diadem, like a bride bedecked with her jewels.  
For the Lord delights in you, and makes your land his spouse.

**B**

As the earth brings forth its plants, and a garden makes its growth spring up,  
As a young man marries a virgin, your Builder shall mar - ry you;

**A**

so will the Lord God make justice and praise spring up before all the nations.  
and as a bridegroom rejoices in his bride so shall your God re - joice in you.

B

For Zion's sake I will not be silent,  
Glory to the Father and to the Son,  
for Jerusalem's sake I will not be quiet,  
and to the Holy Spirit:

A

until her vindication shines forth like the dawn  
as it was in the beginning, is now,  
and her victory like a burning torch.  
and will be for ever. Amen.

B

Nations shall behold your vindication, and all kings your glory; you shall be called by a new name

A

pronounced by the mouth of the Lord. You shall be a glorious crown in the hand of the Lord,

D.C.

a royal diadem held by your God.

**Ant. 3**  
(34)

I will praise my God \* all the days of my life.

**Ps 146***Those who put their trust in God know what it is to be happy.*

34 My soul, give praise to the Lord; I will praise the Lord all my days, make music to my God while I live.

Put no trust in princes, in mortal men in whom there is no help. Take their breath, they return to clay and their plans that day come to nothing.

He is happy who is helped by Jacob's God, whose hope is in the Lord his God, who alone made heaven and earth, the seas and all they contain.

It is he who keeps faith for ever,

The musical score consists of six staves of music in common time, key signature of one flat. The music is divided into two parts, A and B, indicated by labels above the staves. The lyrics are integrated into the musical lines, with some words underlined. The vocal parts are in soprano and alto voices, with piano accompaniment indicated by bass and treble clef symbols.
   
**Part A:**  
 who is just to those who are op - pressed.  
 It is he who gives bread to the hungry,  
  
**Part B:**  
 the Lord, who sets priso - ners free,  
 the Lord who gives sight to the blind,  
  
**Part A:**  
 who raises up those who are bowed down,  
 the Lord, who protects the stranger and upholds the widow  
  
**Part B:**  
 and orphan. It is the Lord who loves the just but thwarts the path of the wicked. The Lord will reign  
  
**Part A:**  
 for ever, Zion's God, from age to age. Glory to the Father and to the Son, and to the Ho-  
  
**Part A:**  
 ly Spirit: as it was in the beginning, is now, and will be forever. A - men.

**Ant. B**

(56) Let us serve the Lord in ho - li-ness \* all the days of our life.

**Benedictus**

**A**

56 1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

**B**

He has raised up for us a migh - ty savior, death,  
to shine on those who dwell in darkness and the shadow

**A†**

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

**B**

He promised to show mercy to our fathers and to remember his ho - ly covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

D.C.

free to worship him without fear, holy and righteous in his sight all the days of our life.

## Wednesday Evening Prayer

Ant. 1 (56) Lord, how wonderful is your wisdom, \* so far beyond my under-standing.

Ps 139:1-12

*God sees all that is*

O Lord, you search me and you know me, you know my resting and my rising,  
you discern my purpose from a - far. You mark when I walk or lie down,  
all my ways lie open to you. Before ever a word is on my tongue you know it, O Lord, through and through.  
Behind and before you besiege me, your hand ever laid upon me. Too wonderful for me this knowledge,  
too high, beyond my reach. O where can I go from your spirit, or where can I flee from your face?

A  
If I climb the heavens, you are there. If I lie in the grave, you are there. If I take the wings of the dawn  
B  
and dwell at the sea's furthest end, even there your hand would lead me,  
A  
your right hand would hold me fast. If I say: 'Let the darkness hide me and the light around me be night,'  
B  
even darkness is not dark for you and the night is as clear as the day. Glory to the Father and to the Son,  
A  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**

(11) I am the Lord: \* I search the mind and probe the heart. I give to each one as his  
deeds deserve.

Ps 139:13-18, 23-24

*God sees all that is*

11 A For it was you who created my being, knit me together in my mother's womb.  
B I thank you for the wonder of my being, for the wonders of all your creation.  
A Already you knew my soul, my body held no secret from you when I was being fashioned in secret  
and moulded in the depths of the earth. A Your eyes saw all my actions,  
B they were all of them written in your book; every one of my days was de - creed

**A**  
 before one of them came in - to being. To me, how mysterious your thoughts,  
  
**B**  
 the sum of them not to be numbered! If I count them, they are more than the sand;  
  
**A**  
 to finish, I must be eternal, like you. O search me, God, and know my heart.  
  
**B**  
 O test me and know my thoughts. See that I follow not the wrong path  
  
**A**  
 and lead me in the path of life eternal. Glory to the Father and to the Son, and to the Holy Spirit:  
  
**B**  
 as it was in the beginning, is now, and will be for ever. Amen.

Ant. 3 (9)

Through him all things were made; \* he holds all cre-a-tion to-gether in him-self.

**Canticle, Colossians 1:12-20**      *Christ the first-born of all creation and the first-born from the dead*

A†

9

1. Let us give thanks to the Fa - ther , for having made you worthy  
2. ---> --> as it was in the beginning, is now,

to share the lot of the saints in light. A men. He rescued us from the power of darkness

B

and will be for ever. A - men.

A

and brought us into the kingdom of his beloved Son. Through him we have re - demption,

the forgiveness of our sins. He is the image of the invisible God, the first-born of all creatures.

A

In him everything in heaven and on earth was cre - ated, things visible and in - visible.

In him everything in heaven and on earth was cre - ated, things visible and in - visible.

## **WEDNESDAY EVENING PRAYER**

**Ant. M**

(21) Lord, with the strength of your arm \* scat-ter the proud, and lift up the low-ly.

**Magnificat**

A†

21 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

B†

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

A

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

B

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

A

He has cast down the mighty from their thrones, and has lifted up the lowly.

B

He has filled the hungry with good things, and the rich he has sent away empty.

The musical score consists of four staves of music in G clef, B-flat key signature, and common time. The music is divided into two parts, A and B, indicated by labels above the staves.

**Part A:**

- Staff 1: He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,
- Staff 2: The promise he made to our fathers,  
to Abraham and his children for ever.

**Part B:**

- Staff 1: Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,
- Staff 2: and will be for ever. Amen.

## Thursday Morning Prayer

Ant. 1  
(53)

At day-break, \* be merciful to me, O Lord.

Ps 143:1-11

*Prayer in distress*

53

A

1. Lord, listen to my prayer: turn your ear to my appeal.  
2. Make me know the way I should walk: to you I lift up my soul.

B†

You are faithful, you are just; give answer. Do not call your servant to judgement  
--> -> Rescue me, Lord, from my enemies;

A

for no one is just in your sight. The enemy pursues my soul;  
I have fled to you for refuge. Teach me to do your will

B

he has crushed my life to the ground; he has made me dwell in darkness  
for you, O Lord, are my God. Let your good spirit guide me

A

like the dead, long forgotten. Therefore my spirit fails;  
in ways that are level and smooth. For your name's sake, Lord, save my life;

my heart is numb wi - thin me.  
 in your justice save my soul from dis - tress.  
  
 I remember the days that are past:  
 Glory to the Father and to the Son,  
  
 I ponder all your works. I muse on what your hand has wrought and to you I stretch out my hands.  
 and to the Holy Spirit: --> as it was in the beginning, is now,  
  
 Like a parched land my soul thirsts for you. Lord, make haste and answer; for my spirit fails wi-thin me.  
 and will be for ever. A-men.  
  
 Do not hide your face lest I become like those in the grave. In the morning let me know your love  
  
 for I put my trust in you.

**Ant. 2**  
(34)

The Lord will make a ri-ver of peace \* flow through Je - ru - salem.

**Canticle, Isaiah 66: 10-14a***Joys of heaven*

34

A

Rejoice with Jerusalem and be glad because of her, all you who love her;  
exult, exult with her, all you who were mourning over her!

B

Oh, that you may suck fully of the milk of her comfort, that you may nurse with de-light  
at her abundant breasts! For thus says the Lord: Lo, I will spread prosperity over her like a river,  
and the wealth of the nations like an overflowing torrent. As nurslings, you shall be carried in her arms,

A†

B

A†

and fondled in her lap; as a mother comforts her son, so will I comfort you;

in Jerusalem you shall find your comfort. When you see this, your heart shall rejoice,

and your bodies flourish like the grass. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(21)

Let us joy - ful-ly \* praise the Lord our God.

**Ps 147:1-11***The loving kindness of God who can do all he wills*

**A†**

21 Praise the Lord for he is good; sing to our God for he is loving; to him our praise is due.

**B**

The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted,

**A**

he binds up all their wounds. He fixes the number of the stars; he calls each one by its name.

**A**

Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly;

**B**

he humbles the wicked to the dust. O sing to the Lord gi - ving thanks;

**A**

sing psalms to our God with the harp. He covers the heavens with clouds;

**A**  
 he prepares the rain for the earth, making mountains sprout with grass  
  
**B**  
 and with plants to serve man's needs. He provides the beasts with their food  
  
**A**  
 and young ravens that call upon him. His delight is not in horses  
  
**B**  
 nor his pleasure in warri - ors' strength. The Lord delights in those who re - vere him,  
  
**A**  
 in those who wait for his love. Glory to the Father and to the Son, and to the Ho - ly Spirit:  
  
**B**  
 as it was in the beginning, is now, and will be for ever. Amen.

**Ant. B**

(39) Give your people knowledge of sal - va - tion, Lord, \* and for-give us our sins.

**Benedictus**

39

1. Blessed be the Lord, the God of Israel; he has come to his people and set them free.  
2. In the tender compassion of our God the dawn from on high shall break u - pon us,

**A**

He has raised up for us a migh - ty savior,  
to shine on those who dwell in darkness and the shadow death,

**B**

born of the house of his ser - vant David. Through his holy prophets he promised of old,  
and to guide our feet into the way of peace. ----> -->

**A†**

that he would save us from our enemies, from the hands of all who hate us.  
Glory to the Father and to the Son, and to the Ho - ly Spirit:

**B**

He promised to show mercy to our fathers and to remember his ho - ly covenant.  
as it was in the begin - ning, is now, and will be for ever. A - men.

A

This was the oath he swore to our fa - ther Abraham, to set us free from the hands of our enemies,

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.

D.C.

## Thursday Evening Prayer

Ant. 1 (9)

He is my com-fort and my re-fuge. \* In him I put my trust.

Ps 144:1-8

*Prayer for victory and peace*

A† 9

Blessed be the Lord, my rock, who trains my arms for battle, who prepares my hands for war.

He is my love, my fortress; he is my stronghold, my saviour my shield, my place of refuge.

He brings peoples under my rule. Lord, what is man that you care for him,

mortal man, that you keep him in mind; man, who is merely a breath

whose life fades like a shadow? Lower your heavens and come down;

**A**  
 touch the mountains; wreath them in smoke.  
 Flash your lightnings; rout the foe,  
  
**B**  
 shoot your arrows and put them to flight.  
 Reach down from heaven and save me;  
  
**A†**  
 draw me out from the mighty waters, from the hands of alien foes whose mouths are filled with lies,  
  
**B**  
 whose hands are raised in perjury. Glory to the Father and to the Son, and to the Holy Spirit:  
  
**A**  
 as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 2**  
(34)

Bles-sed are the peo - ple \* whose God is the Lord.

**Ps 144:9-15***Prayer for victory and peace*

34                      A

To you, O God, will I sing a new song; I will play on the ten - -stringed harp

to you who give kings their victory, who set David your servant free. You set him free from the evil sword;  
you rescued him from alien foes whose mouths were filled with lies, whose hands were raised in perjury.

Let our sons then flourish like saplings grown tall and strong from their youth,

our daughters graceful as columns, adorned as though for a palace.

A

Let our barns be filled to o-ver - flowing with crops of ev - ery kind;

B†

our sheep increasing by thousands, myriads of sheep in our fields, our cattle heavy with young,

A

no ruined wall, no exile, no sound of weeping in our streets. Happy the people with such blessings;

A

happy the people whose God is the Lord. Glory to the Father and to the Son, and to the Holy Spirit:

B

as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(64)

Now has be-gun \* the vic-to - rious reign of our God.

**Canticle, Revelation 11:17-18; 12:10b-12a***The judgment of God*

We praise you, the Lord God Almighty, who is and who was. You have assumed your great power,  
you have begun your reign. The nations have raged in anger, but then came your day of wrath  
and the moment to judge the dead: the time to reward your servants the prophets  
and the holy ones who revere you, the great and the small alike. Now have salvation and power come,  
the reign of our God and the authority of his Anointed One, For the accuser of our brothers is cast out,  
who night and day accused them before God. They defeated him by the blood of the Lamb

A  
and by the word of their testimony; love for life did not deter them from death.

B  
So rejoice, you heavens, and you that dwell there-in! Glory to the Father and to the Son,

A  
and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Ant. M (42)

If you hunger for holiness, \* God will satisfy your longing, good measure, and flow-ing o-ver.

**Magnificat**

42

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

The musical score consists of five staves of music in G major (two sharps) and common time. It features two voices: soprano (upper) and bass (lower). The lyrics are integrated into the music, with some words underlined by horizontal lines. The score is divided into sections labeled A and B.

**Section B:**

He has filled the hungry with good things,  
and the rich he has sent away empty.

**Section A:**

He has come to the help of his servant Israel,  
for he has remembered his promise of mercy,

**Section B:**

The promise he made to our fathers,  
to Abraham and his children for ever.

**Section A:**

Glory to the Father and to the Son,  
and to the Holy Spirit: as it was in the beginning, is now,

**Final section:**

and will be for ever. Amen.

## Friday Morning Prayer

Ant. 1 (56)

Create a clean heart in me, O God \* renew in me a steadfast spirit.

## Psalm 51

*O God, have mercy on me*

56 A

1. Have mercy on me, God, in your kindness.  
2. Make me hear rejoicing and gladness,  
3. For in sacrifice you take no delight,

In your compassion blot out my offence.  
that the bones you have crushed may revive.  
burnt offering from me you would refuse,

B

O wash me more and more from my guilt  
From my sins turn away your face  
my sacrifice, a con - trite spirit.

and cleanse me from my sin.  
and blot out all my guilt.  
A humbled, contrite heart you will not spurn.

A

My offences truly I know them; my sin is always before me.  
A pure heart create for me, O God, put a steadfast spirit within me.  
In your goodness, show favour to Zion: rebuild the walls of Jerusalem.

B

Against you, you alone, have I sinned;  
Do not cast me away from your presence,  
Then you will be pleased with law - ful sacrifice,

what is evil in your sight I have done.  
nor deprive me of your ho - ly spirit.  
holocausts offered on your altar.

A

That you may be justified when you give sentence  
Give me again the joy of your help;  
Glory to the Father and to the Son,

and be without reproach when you judge,  
with a spirit of fervour sus - tain me,  
and to the Ho - ly Spirit:

B

O see, in guilt I was born,  
that I may teach transgressors your ways  
as it was in the begin - ning, is now,

a sinner was I con - ceived.  
and sinners may return to you.  
and will be for ever. A - men.

A

Indeed you love truth in the heart;  
O rescue me, God, my helper,

then in the secret of my heart teach me wisdom.  
and my tongue shall ring out your goodness.

B

O purify me, then I shall be clean; O wash me, I shall be whiter than snow.  
O Lord, o pen my lips and my mouth shall declare your praise.

D.C.

**Ant. 2**

(64) Re-joice, Je - ru - salem, \* for through you all men will be gathered to the Lord.

**Tobit\_13\_8-11,\_13-15***Thanksgiving for the people's deliverance*

**A**

64 1. Let all men speak of his majesty, and sing his praises in Je - rusalem.  
2. Happy are those who love you, and happy those who rejoice in your pros - perity.

**B†**

O Jerusalem, holy city, he scourged you for the works of your hands,  
--> -> Happy are all who shall grieve o - ver you,

but will again pity the children of over all your the chas - righteous.  
- tisements,

**A†**

Praise the Lord for his goodness, and bless the King of the ages,  
for they shall rejoice in you as they behold all your joy for - ever.

so that his tent may be rebuilt in you with great joy.  
My spirit blesses the Lord, the King.

**B†**

May he gladden within you all who were captives; all who were ravaged may he cherish wi - thin you  
--> -> Glory to the Father and to the Son,

for all generations      to come.      A bright light will shine to all parts of the earth;  
 and to the Ho - ly Spirit:      as it was in the beginning,      is now,  
  
 many nations shall come to you from      a - - - far,  
 and will be for ever.      A - - - men.  
  
 and the inhabitants of all the limits of the earth,      drawn to you by the name of the Lord God,  
  
 Bearing in their hands their gifts for the King      of heaven.  
  
 Every generation shall give joyful praise in you,      and shall call you the cho - sen one,  
  
 through all ages forever.      Go, then, rejoice over the children of the righteous, who shall all be gathered together  
  
 and shall bless the Lord of the ages.

D.C.

**Ant. 3**

(9)

Zi - on, praise your God, \* who sent his word to renew the earth.

**Psalm 147: 12-20***The restoration of Jerusalem*

**A**

9

O praise the Lord, Je - rusalem! Sion, praise your God!

**B**

He has strengthened the bars of your gates

**A**

he has blessed the children wi - thin you.

**B**

He established peace on your borders,

**B**

he feeds you with fi - nest wheat.

**A**

He sends out his word to the earth

**A**

and swiftly runs his com - mand.

**B**

He showers down snow white as wool,

**B**

he scatters hoar-frost like ashes.

**A**

He hurls down hailstones like crumbs.

**A**

The waters are frozen at his touch;

he sends forth his word and it melts them:

## FRIDAY MORNING PRAYER

409

at the breath of his mouth the waters flow. He makes his word known to Jacob,

to Israel his laws and de - crees. He has not dealt thus with other nations;

he has not taught them his decrees. Glory to the Father and to the Son, and to the Holy Spirit:

as it was in the beginning, is now, and will be for ever. Amen.

Ant. B (50)

Through the tender compassion of our God \* the dawn from on high shall break upon us.

**Benedictus**

A

50

1. Blessed be the Lord, the God of Most Israel;  
2. You, my child, shall be called the prophet of the High,

he has come to his people and set them his free. way,

B

He has raised up for us a mighty savior, born of the house of his servant David.  
to give his people knowledge of salvation by the forgiveness of their sins.

A†

Through his holy prophets he promised of old, that he would save us from our enemies,  
In the tender compassion of our God

from the hands of all who hate us.  
the dawn from on high shall break upon us,

B

He promised to show mercy to our fathers  
to shine on those who dwell in darkness and the shadow of death,

and to remember his holy covenant.  
and to guide our feet into the way of peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son, to set us free from the hands of our enemies,  
and to the Holy Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.

## Friday Evening Prayer

**Ant. 1**

(4)

Day after day I will bless you, Lord; \* I will tell of your marvelous deeds.

**Ps 145:1-13a***Praise of God's majesty*

**A**

4

1. I will give you glory, O God my King, I will bless your name for ever.  
2. How good is the Lord to all, compassionate to all his creatures.

**B**

I will bless you day af - ter day and praise your name for ever.  
All your creatures shall thank you, O Lord, and your friends shall repeat their blessing.

**A**

The Lord is great, highly to be praised, his greatness cannot be measured.  
They shall speak of the glory of your reign and declare your might, O God,

**B**

Age to age shall proclaim your works, shall declare your migh - ty deeds,  
to make known to men your mighty deeds and the glorious splendour of your reign.

**A**

shall speak of your splendour and glory, tell the tale of your wonder - ful works.  
Yours is an everlast - ing kingdom; your rule lasts from age to age.

B

They will speak of your terrible deeds,  
Glory to the Father and to the Son,  
recount your greatness and to the Ho - ly Spirit:  
and might.

A

They will recall your abun - dant goodness;  
as it was in the beginning, is now,  
age to age shall ring out your justice.  
and will be for ever. A - men

B

The Lord is kind and full of compassion, slow to anger, abounding in love.

D.C.

**Ant. 2**

(39) To you a - lone, Lord, \* we look with confidence: you are e - ver close to those who call u -  
pon you.

Ps 145:13b-21

*Praise of God's majesty*

39 A The Lord is faithful in all his words and loving in all his deeds. B The Lord supports all who fall  
and raises all who are bowed down. A The eyes of all creatures look to you  
and you give them their food in due time. You open wide your hand, grant the desires of all who live.  
A The Lord is just in all his ways and loving in all his deeds. B He is close to all who call him,  
who call on him from their hearts. A He grants the desires of those who fear him,

The musical score consists of four staves of music in G major, 4/4 time. The top staff features a soprano vocal line with a treble clef, the second staff features a basso continuo line with a bass clef, the third staff features another basso continuo line with a bass clef, and the bottom staff features a basso continuo line with a bass clef. The lyrics are integrated into the music, appearing below the vocal line in the first three staves. The lyrics are:

he hears their cry and he saves them. The Lord protects all who love him;

but the wicked he will utterly des - troy. Let me speak the praise of the Lord,

let all mankind bless his ho-ly name for ever, for ages unending. Glory to the Father and to the Son,

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Accompanying the vocal parts are various musical markings, including fermatas, slurs, and dynamic signs like forte (F) and piano (P). The vocal line follows a melodic pattern with eighth and sixteenth note figures, often supported by harmonic chords indicated by Roman numerals (I, II, V, etc.) above the staff.

**Ant. 3**  
(64)

King of all the a - ges, \* your ways are perfect and true.

**Canticle, Revelation 15:3-4***Hymn of adoration*

64

A

Mighty and wonderful are your works, Lord God Almighty! Righteous and true are your ways,

B

O King of the nations! Who would dare refuse you honor, or the glory due your name, O Lord?

A

Since you alone are holy, all nations shall come and worship in your presence.

B

Your mighty deeds are clearly seen. Glory to the Father and to the Son, and to the Holy Spirit:

A

as it was in the beginning, is now, and will be for ever. Amen.



Ant. M

(56) Remember your mer-cy, Lord, \* the promise of mer-cy you made to our fathers.

**Magnificat**

56 A† My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior;

for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name. He has mercy on those who fear him

in every generation. He has shown the strength of his arm, he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, and has lifted up the lowly.

The musical score consists of five staves of music in G major (two sharps) and common time. The music is divided into two parts, A and B, indicated by labels above the staves.

**Part A:**

- Staff 1 (Treble):** He has filled the hungry with good things, and the rich he has sent away empty.
- Staff 2 (Bass):** He has come to the help of his servant Israel, for he has remembered his promise of mercy,
- Staff 3 (Treble):** The promise he made to our fathers, to Abraham and his children for ever.
- Staff 4 (Bass):** Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now,
- Staff 5 (Treble):** and will be for ever. Amen.

**Part B:**

- Staff 1 (Treble):** (No lyrics present)
- Staff 2 (Bass):** (No lyrics present)
- Staff 3 (Treble):** (No lyrics present)
- Staff 4 (Bass):** (No lyrics present)
- Staff 5 (Treble):** (No lyrics present)

## Saturday Morning Prayer

**Ant. 1**

(34) We do well to sing to your name, Most High, \* and pro-claim your mer-cy at day-break.

### Psalm 92

*Praise of God, the creator*

A

34 1. It is good to give thanks to the Lord,  
2. Though the wicked spring up like grass  
3. Planted in the house of the Lord

to make music to your name, O Most High,  
and all who do e - vil thrive,  
they will flourish in the courts of our God,

B

to proclaim your love in the morning  
they are doomed to be eternally des-troyed.  
still bearing fruit when they are old,

and your truth in the watches of the night,  
But you, Lord, are eternally on high.  
still full of sap, still green,

A

on the ten-stringed lyre and the lute,  
See how your ene - mies perish;  
to proclaim that the Lord is just.

with the murmuring sound of the harp.  
all doers of evil are scattered.  
In him, my rock, there is no wrong.

B

Your deeds, O Lord, have made me glad;  
To me you give the wild o - x's strength;  
Glory to the Father and to the Son,

for the work of your hands I shout with joy.  
you anoint me with the pur - est oil.  
and to the Ho - - - ly Spirit:

## SATURDAY MORNING PRAYER

421

A

O Lord, how great are your works!  
My eyes looked in triumph on my foes;  
as it was in the beginning, is now,  
How deep are your de - signs!  
my ears heard gladly of their fall.  
and will be for ever. A - men.

B

The foolish man cannot know this and the fool cannot under-stand.  
The just will flourish like the palm-tree and grow like a Leba - non cedar.

D.C.

**Ant. 2**  
(11)

I will create a new heart in you, \* and breathe in-to you a new spi-rit.

**Ezek 36:24-28***The Lord will renew his people*

A†  
11 I will take you away from among the nations, gather you from all the foreign lands,  
and bring you back to your own land. I will sprinkle clean water upon you  
to cleanse you from all your im - purities, and from all your idols I will cleanse you.

A B  
I will give you a new heart and place a new spirit wi-thin you, taking from your bodies your stony hearts  
and giving you natural hearts. I will put my spirit within you and make you live by my statutes,

## SATURDAY MORNING PRAYER

423

The musical score consists of three staves of music in G major (two treble clef staves and one bass clef staff) and common time. The first staff begins with a forte dynamic. The lyrics are:

B†  
careful to observe my decrees. You shall live in the land I gave your fathers; you shall be my people,

The second staff begins with a forte dynamic. The lyrics are:

A  
and I will be your God. Glory to the Father and to the Son, and to the Ho - ly Spirit:

The third staff begins with a forte dynamic. The lyrics are:

B  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant. 3**  
(48)

On the lips of children and infants \* you have found perfect praise.

**Psalm 8***The majesty of the Lord and man's dignity*

48

A

How great is your name, O Lord our God, through all the earth!

B

Your majesty is praised above the heavens; on the lips of children and of babes

A

you have found praise to foil your enemy, to silence the foe and the rebel.

B

When I see the heavens, the work of your hands, the moon and the stars which you arranged,

A

what is man that you should keep him in mind, mortal man that you care for him?

B

Yet you have made him little less than a god; with glory and honour you crowned him,

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A

gave him power over the works of your hand, put all things under his feet. All of them, sheep and cattle,

B

yes, even the savage beasts, birds of the air, and fish that make their way through the waters.

B

How great is your name, O Lord our God through all the earth! Glory to the Father and to the Son,

A

and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

**Ant. B**

(50) Lord, guide our feet \* in-to the way of peace.

**Benedictus**

**A**

50 1. Blessed be the Lord, the God of Most Israel; High,

he has come to his people and set them his free. way,

**B**

He has raised up for us a migh-ty savior, born of the house of his servant David. to give his people knowledge of sal - vation by the forgiveness of their sins.

**A†**

Through his holy prophets he promised of old, that he would save us from our enemies, In the tender compassion of our God  
-----> -->

from the hands of all who hate us.  
the dawn from on high shall break u - pon us,

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B

He promised to show mercy to  
to shine on those who dwell in darkness and the shadow  
our of fathers death,

and to remember his ho - ly of covenant.  
and to guide our feet into the way peace.

A

This was the oath he swore to our father Abraham,  
Glory to the Father and to the Son,  
to set us free from the hands of our enemies,  
and to the Ho - ly Spirit:

B†

free to worship him without fear, holy and righteous in his sight all the days of our life.  
-----> --> as it was in the beginning, is now, and will be for ever. A-men.

D.C.