



جامعة إسلامية سلاغور  
JABATAN AGAMA ISLAM SELANGOR

# INTERNALIZING RAMADAAN ACCORDING TO THE SUNNAH



I implore upon all of us to strive  
to increase our *taqwa* of Allah  
*Subhaanahu Wata ‘aala* by  
performing all of His  
Commands and avoiding all of  
His

prohibitions. Let us increase our remembrance of Allah

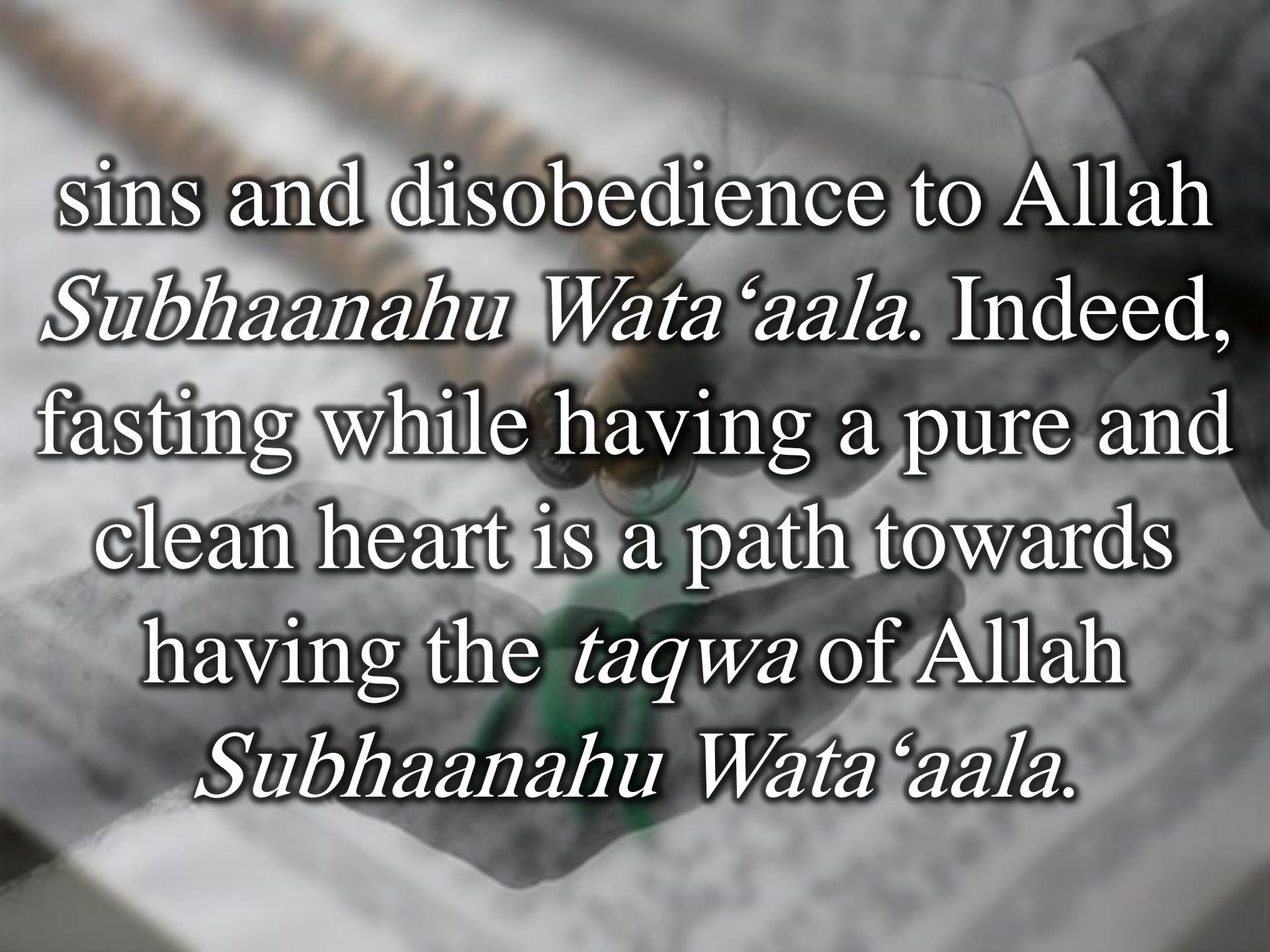
*Subhaanahu Wata‘aala* and sending peace (*salaam*) and blessings (*salawaat*) upon our beloved Prophet Muhammad *sallAllahu*

*'alayhi wasallam*, while striving  
our utmost in performing all of  
his *sunan*. For we truly hope  
that they will be of benefit to us  
in this world and the Hereafter.



Today's *khutbah* is titled  
***“Internalizing Ramadaan  
According To The Sunnah.”***

*Ramadaan* is a month that is full of blessings. It is a month where Muslims are bestowed with the opportunity to cleanse and purify their hearts that have darkened and tainted with



sins and disobedience to Allah  
*Subhaanahu Wata‘aala*. Indeed,  
fasting while having a pure and  
clean heart is a path towards  
having the *taqwa* of Allah  
*Subhaanahu Wata‘aala*.

Allah *Subhaanahu Wata‘aala*  
mentions in al-Qur‘an:

“O you who have believed,  
decreed upon you is fasting as  
it was decreed upon those  
before you that you

may become righteous.”

(al-Baqarah 2:183)

*Ramadaan* is not merely for us to just pass through, but necessitates a thorough internalization.

Verily, those who had the opportunity to experience *Ramadaan* but without any internalization, then they are from those who did not profit from such blessed month.

Hence, this golden opportunity  
in *Ramadaan* must be fully  
utilized to the fullest in  
increasing our quality of fasting  
through internalizing and  
upholding the *sunnah* of  
**Rasulullah**

*sallAllahu ‘alayhi wasallam.*

Among the deeds that are highly encouraged to be internalized and practiced in *Ramadaan* is increasing our *infaaq fee sabeelillaah* (charity for the sake of

Allah) as it was always practiced by Rasulullah *sallAllahu ‘alayhi wasallam*. He was well-known to be generous and philanthropic, and even more generous in *Ramadaan*.

Anyone that approached him for assistance will definitely be aided. This is a noble practice that should be emulated and internalized by every Muslims, what more while we are fasting in

*Ramadaan. Allah Subhaanahu  
Wata ‘aala mentions in al-  
Qur’an:*

“They ask you, [O  
Muhammad], what they  
should spend. Say, “Whatever  
you spend of

good is [to be] for parents and relatives and orphans and the needy and the traveler. And whatever you do of good - indeed, Allah is Knowing of it.””

(al-Baqarah 2:215)

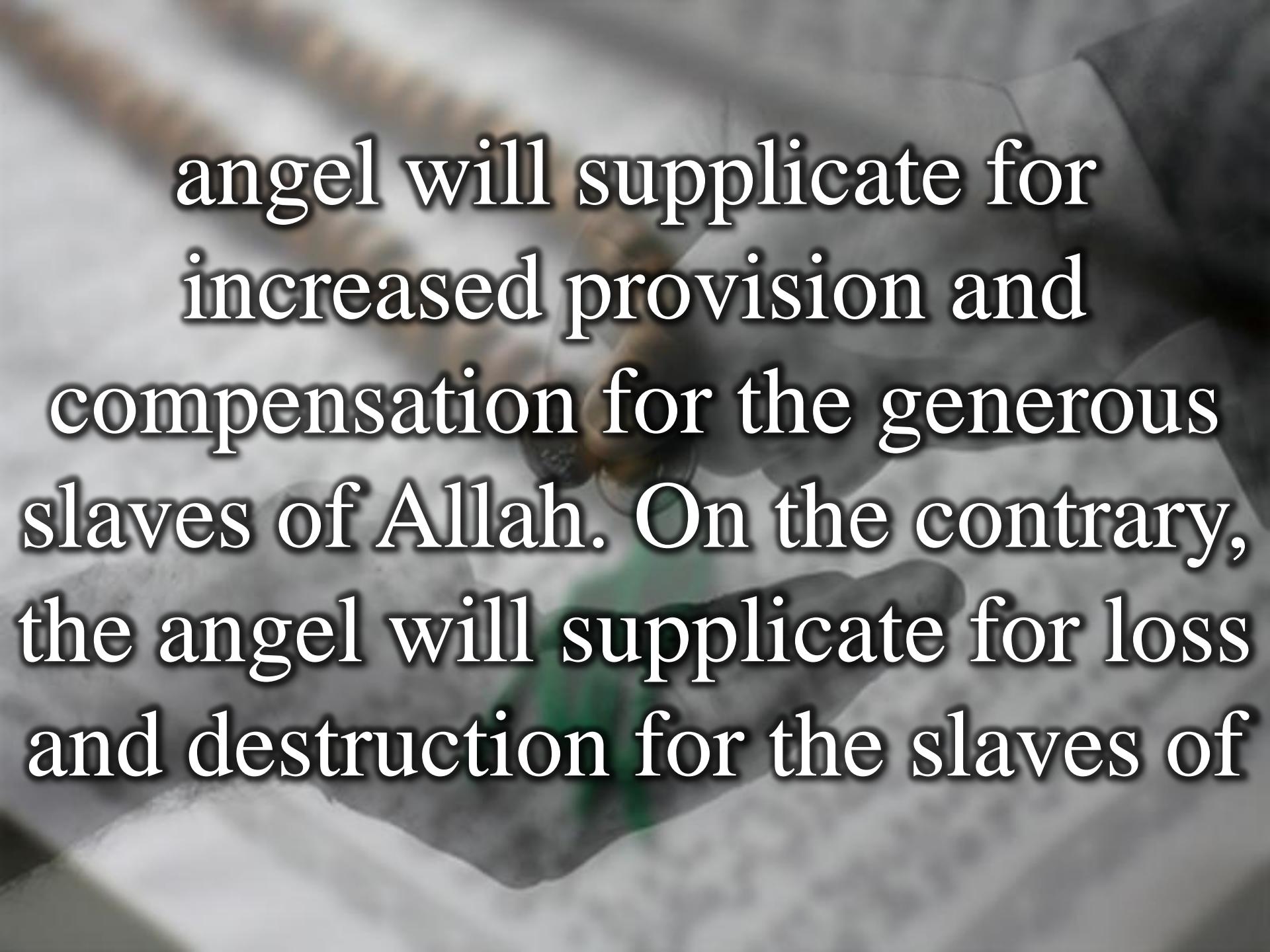
In reality, giving charity in the month of *Ramadaan* not only helps the poor and needy, but it also helps us in achieving the objective of *taqwa* from the ‘*ibaadah* of fasting. It is as such because

giving charity will keep us away from vile traits such as greed, miserliness, and stinginess.

Giving donation, in actuality, does not reduce our wealth possession. Instead Allah

*Subhaanahu*

*Wata ‘aala* will replace them with that which is better than what we had given away. This matter was mentioned to us by Rasulullah *sallAllahu ‘alayhi wasallam* that every single day an

A person in traditional Islamic clothing, including a green turban and a white robe, is shown sitting cross-legged. They are holding a small, dark object in their hands, possibly a prayer beads or a small book. The background is a soft-focus, monochromatic scene.

angel will supplicate for increased provision and compensation for the generous slaves of Allah. On the contrary, the angel will supplicate for loss and destruction for the slaves of

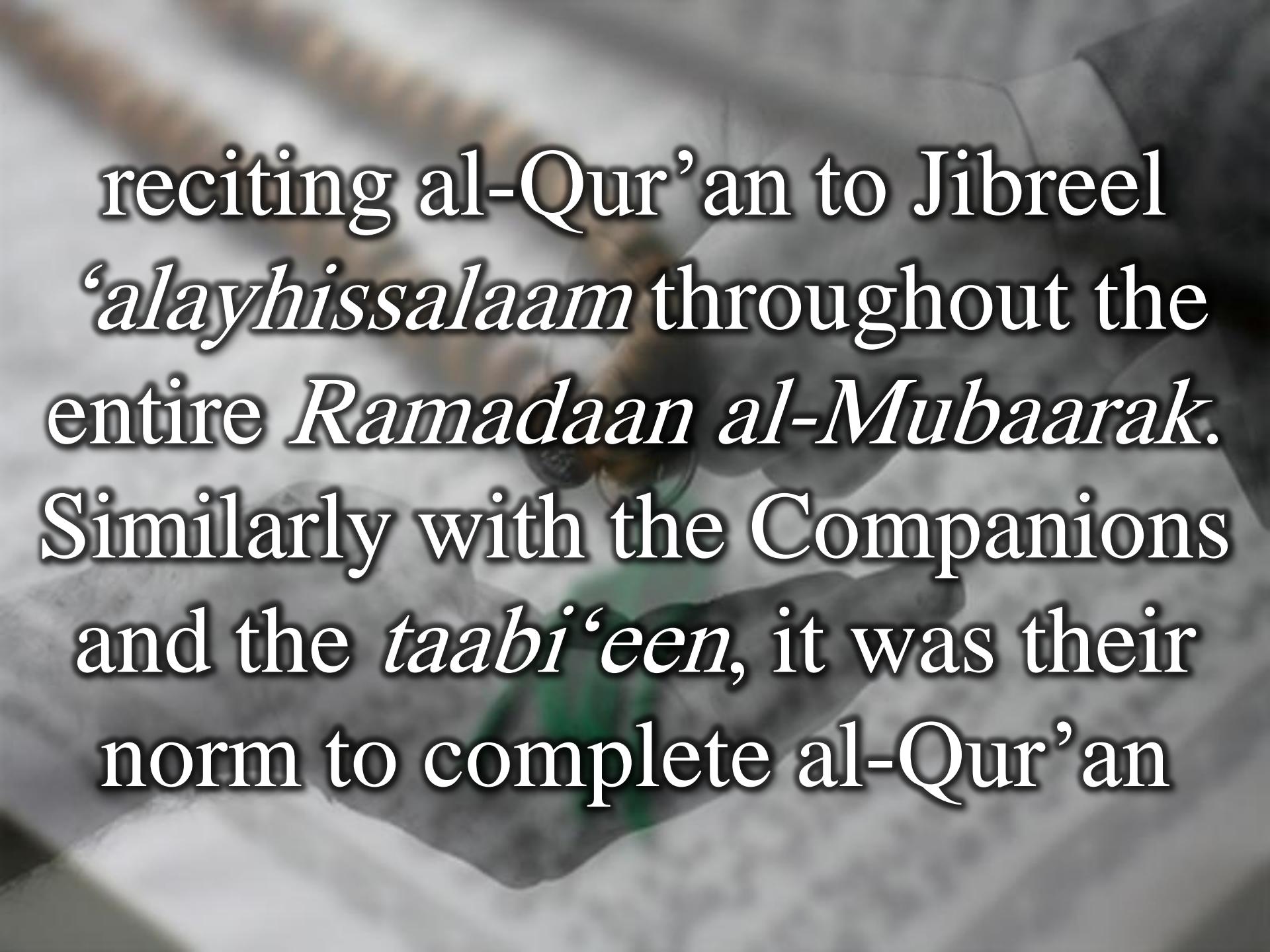
Allah that are misers.

Aside from giving charity, the *tilaaawah* (recitation) of al-Qur'an during *Ramadaan* is an act that was always practiced by Rasulullah *sallAllahu 'alayhi wasallam*

during his life. Ibn ‘Abbaas  
*radiyAllaahu ‘anhu* has  
narrated that Jibreel  
*‘alayhissalaam* would meet  
Nabi Muhammad *sallAllahu*  
*‘alayhi wasallam* every night  
during *Ramadaan*, and

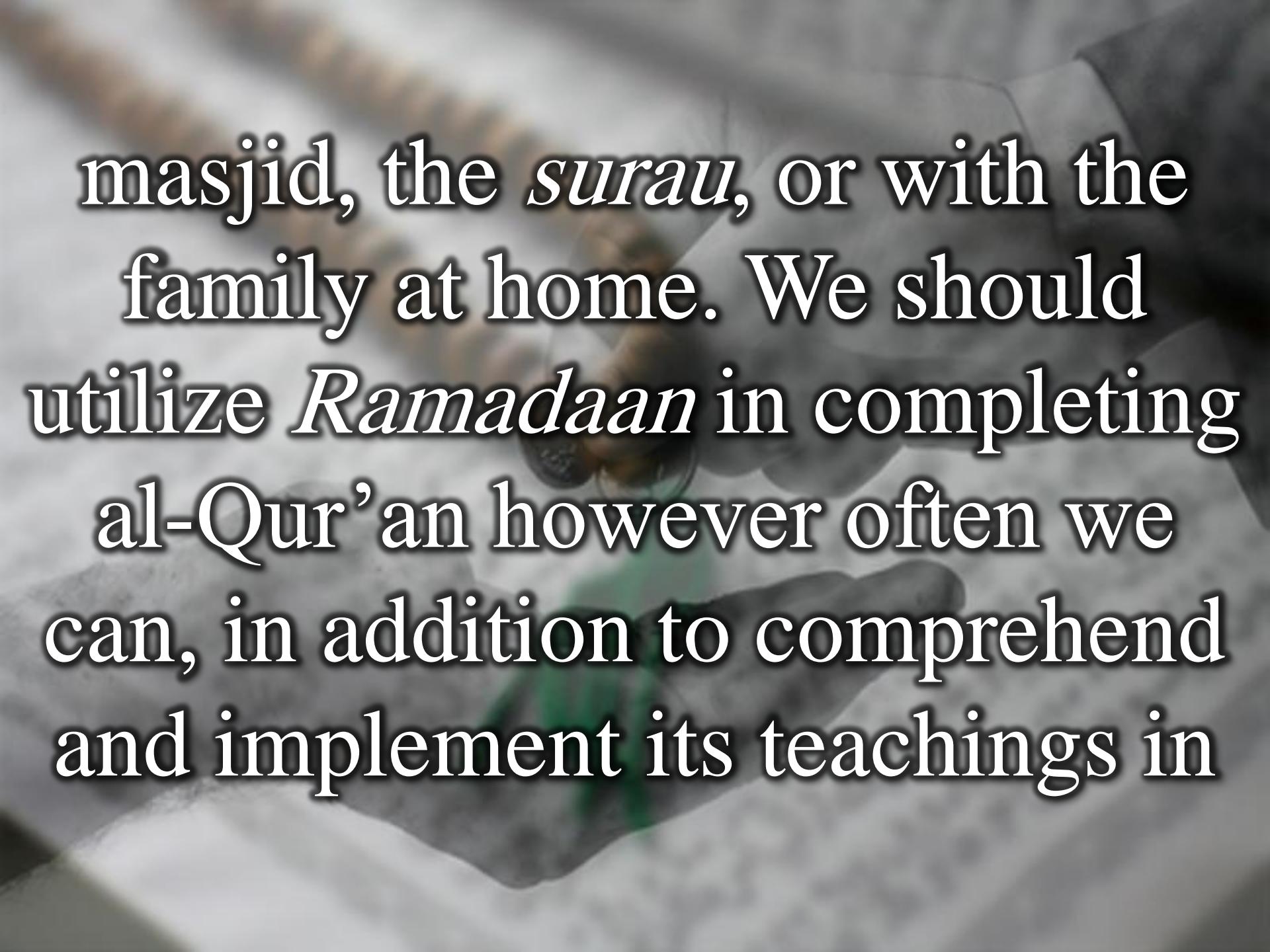
during each meeting he  
*sallAllahu ‘alayhi wasallam*  
would recite al-Qur’ān to  
Jibreel.

This narration clearly shows  
that Rasulullah *sallAllahu  
‘alayhi wasallam* was always

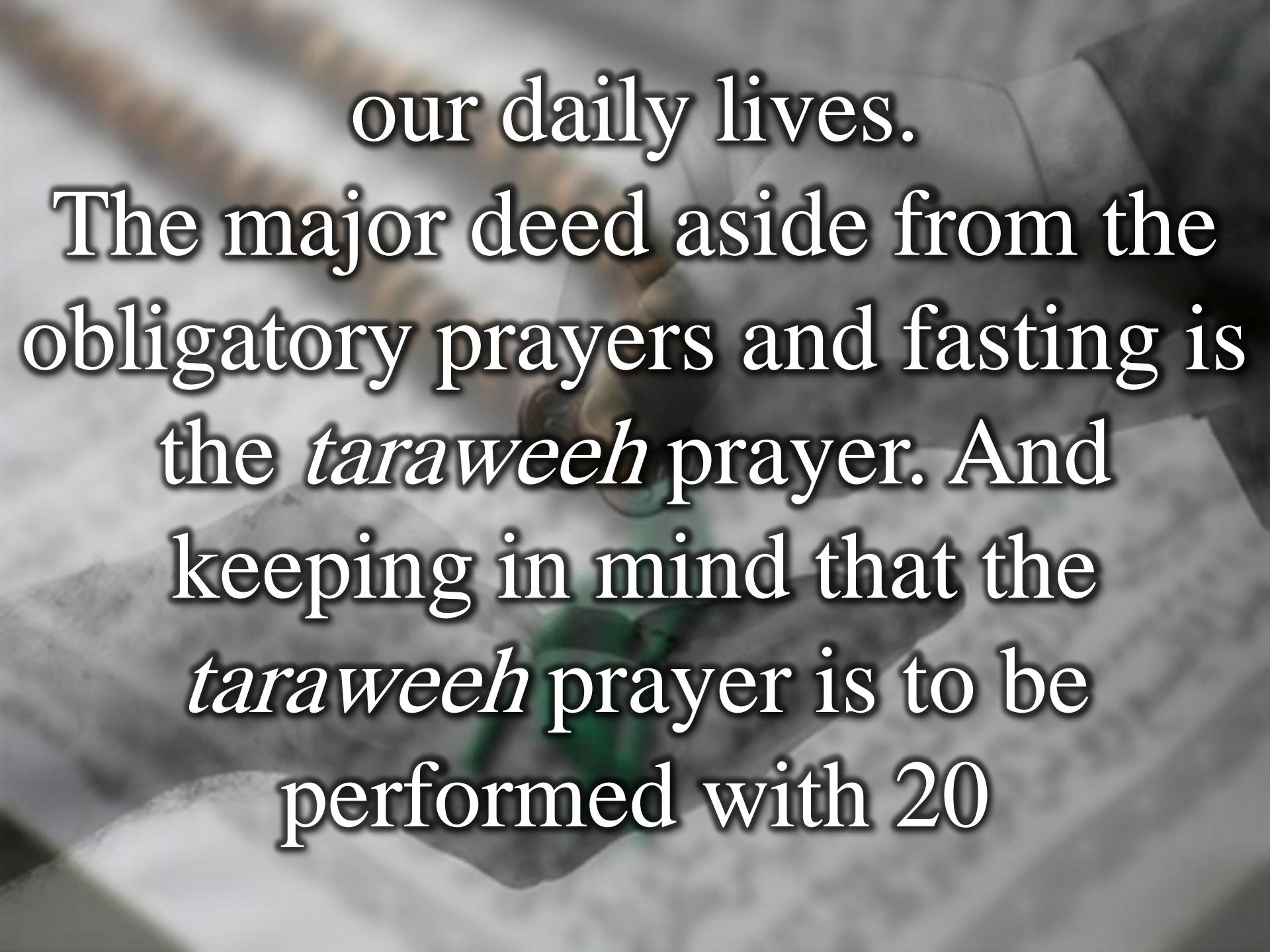


reciting al-Qur'an to Jibreel  
‘alayhissalaam throughout the  
entire *Ramadaan al-Mubaarak*.  
Similarly with the Companions  
and the *taabi‘een*, it was their  
norm to complete al-Qur'an

multiple times during *Ramadaan*. Hence, as the Muslim *ummah*, it behooves us to follow the footsteps of Rasulullah in reviving the practice of *tilaaawah al-Qur'an* whether in the

A close-up photograph of a person's hands holding an open book. The hands are positioned in the center, with fingers supporting the pages. The book is open to a page with Arabic script. A small portion of a green book cover is visible at the bottom. The background is blurred, showing what appears to be a mosque or a similar setting.

masjid, the *surau*, or with the family at home. We should utilize *Ramadaan* in completing al-Qur'an however often we can, in addition to comprehend and implement its teachings in



our daily lives.

The major deed aside from the obligatory prayers and fasting is the *taraweeh* prayer. And keeping in mind that the *taraweeh* prayer is to be performed with 20

*raka‘ah* (units) according to the Shaafi‘i *madh-hab* and also the practice of great scholars of the past. Moreover, it is also the practice of the scholars in Masjid an-Nabawi and

Masjid al-Haraam in Makkah al-Mukarramah. Narrated Abu Hurayrah *radiyAllaahu ‘anh*: Rasulullah *sallAllahu ‘alayhi wasallam* said:

“Whoever observes fasts during the month of

*Ramadaan* out of sincere  
faith, and hoping to attain  
Allah's rewards, then all his  
past sins will be forgiven.”

(al-Bukhaari)

Moving on, one practice that is no less important for us to internalize and perform in this noble month is to make *i‘tikaaf* in the masjid especially in the last ten nights of *Ramadaan*.

This is because there is one night within it that is worth more than a thousand month, which is better known as *Laylatul Qadr*. The reward of *Laylatul Qadr* alone should serve as motivation

for us to increase our *i‘tikaaf* in  
*Ramadaan*. Rasulullah  
*sallAllahu ‘alayhi wasallam*  
himself never skipped  
performing *i‘tikaaf* in the masjid  
throughout his entire life, so  
what more with the

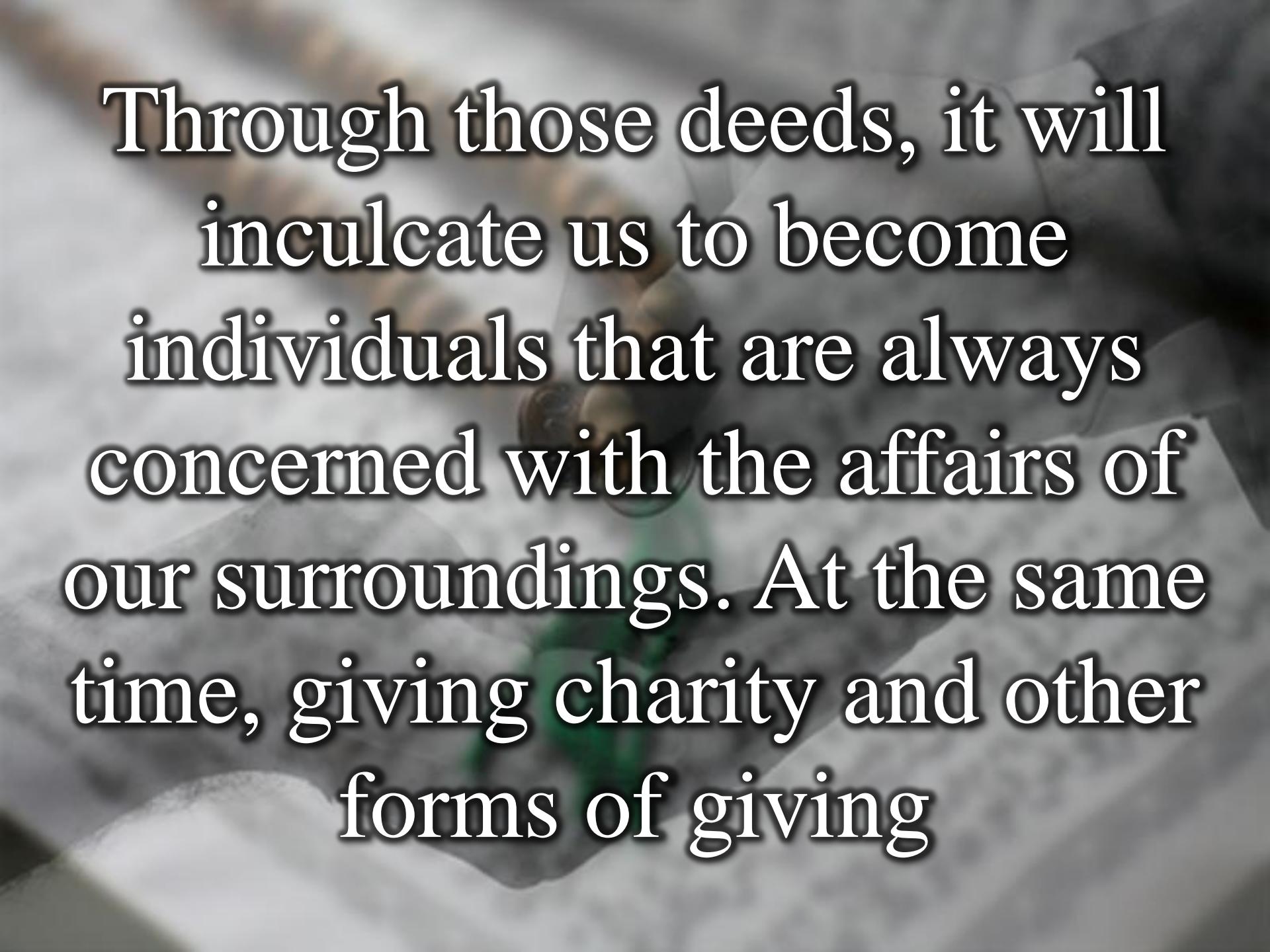
last ten days. This matter was acknowledged by ‘A’ishah  
*radiyAllaahu ‘anha* who narrated:

The Messenger of Allah  
(*sallAllaahu ‘alayhi wasallam*) used to perform

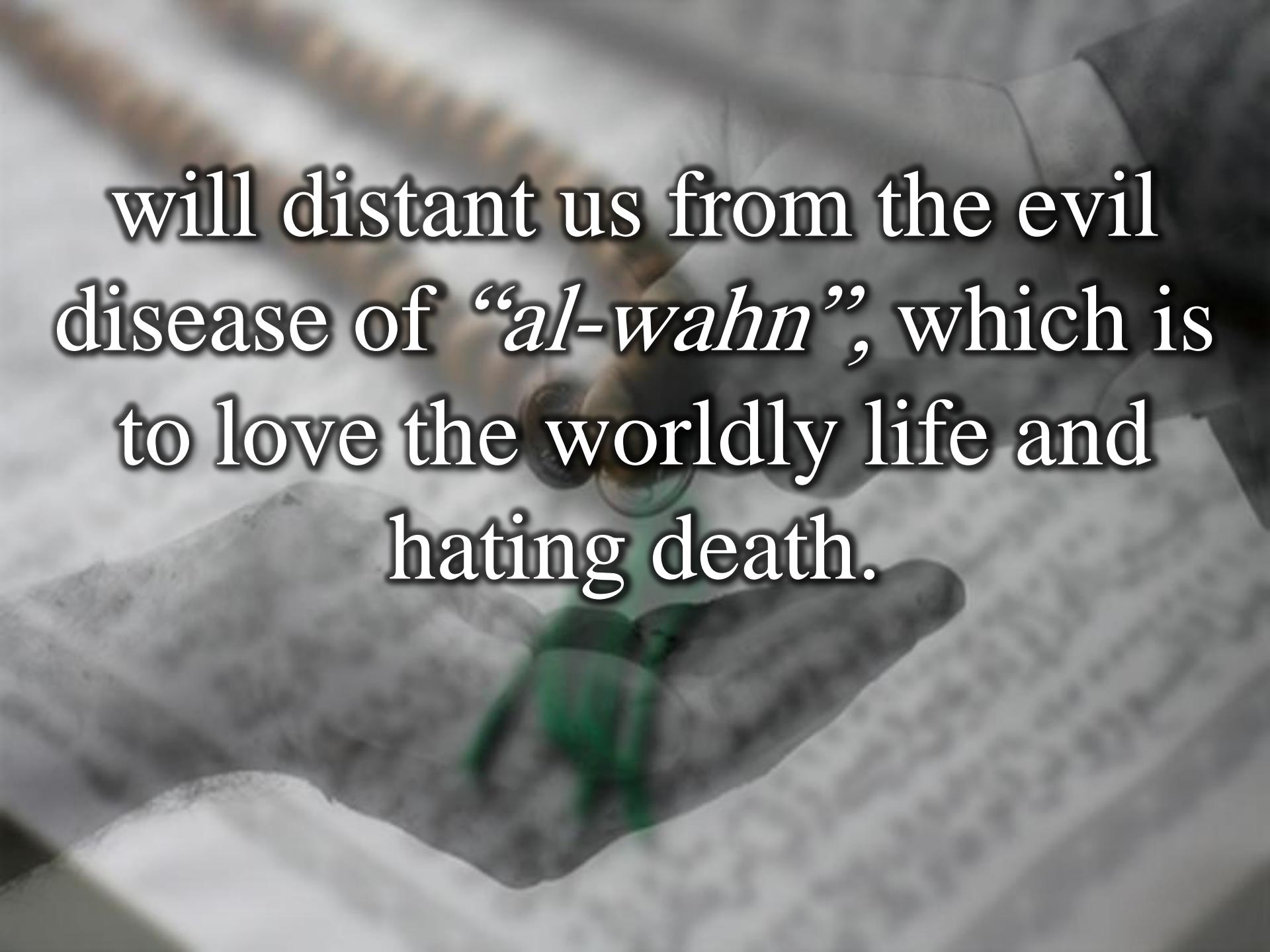
*i‘tikaaf* during the last ten days of *Ramadaan* until he died. Then his wives used to perform *i‘tikaaf* after his death.

(Agreed Upon)

Internalizing *Ramadaan* by  
practicing the *sunnah* of  
Rasulullah *sallAllahu ‘alayhi  
wasallam* that was mentioned  
will help develop an individual  
that is merciful and  
compassionate.

A grayscale photograph of a person from the chest up. They are wearing a light-colored, possibly white, short-sleeved shirt. A green cloth or mask is pulled over their nose and mouth. Their hands are clasped together in front of them, holding a small, dark, rectangular object. The background is blurred.

Through those deeds, it will  
inculcate us to become  
individuals that are always  
concerned with the affairs of  
our surroundings. At the same  
time, giving charity and other  
forms of giving



will distant us from the evil disease of “*al-wahn*”, which is to love the worldly life and hating death.

In conclusion, *Ramadaan* has many secrets and privileges of its own. When mankind can properly internalize and discover those privileges, then they will wish that the entire year

is *Ramadaan*. Therefore, let us fully utilize this once-in-a-year only opportunity and offering by practicing the *sunnah* of Rasulullah *sallAllahu ‘alayhi wasallam*, safeguarding our obligatory

prayers, increasing our supererogatory prayers, increasing our *qiyaam al-layl* (night prayers), providing food for *iftaar*, increasing our good deeds, and avoiding useless habits.

Furthermore, let us attempt to perform ‘umrah and change within ourselves so that the spirit of *Ramadaan* will remain perpetual in our soul.

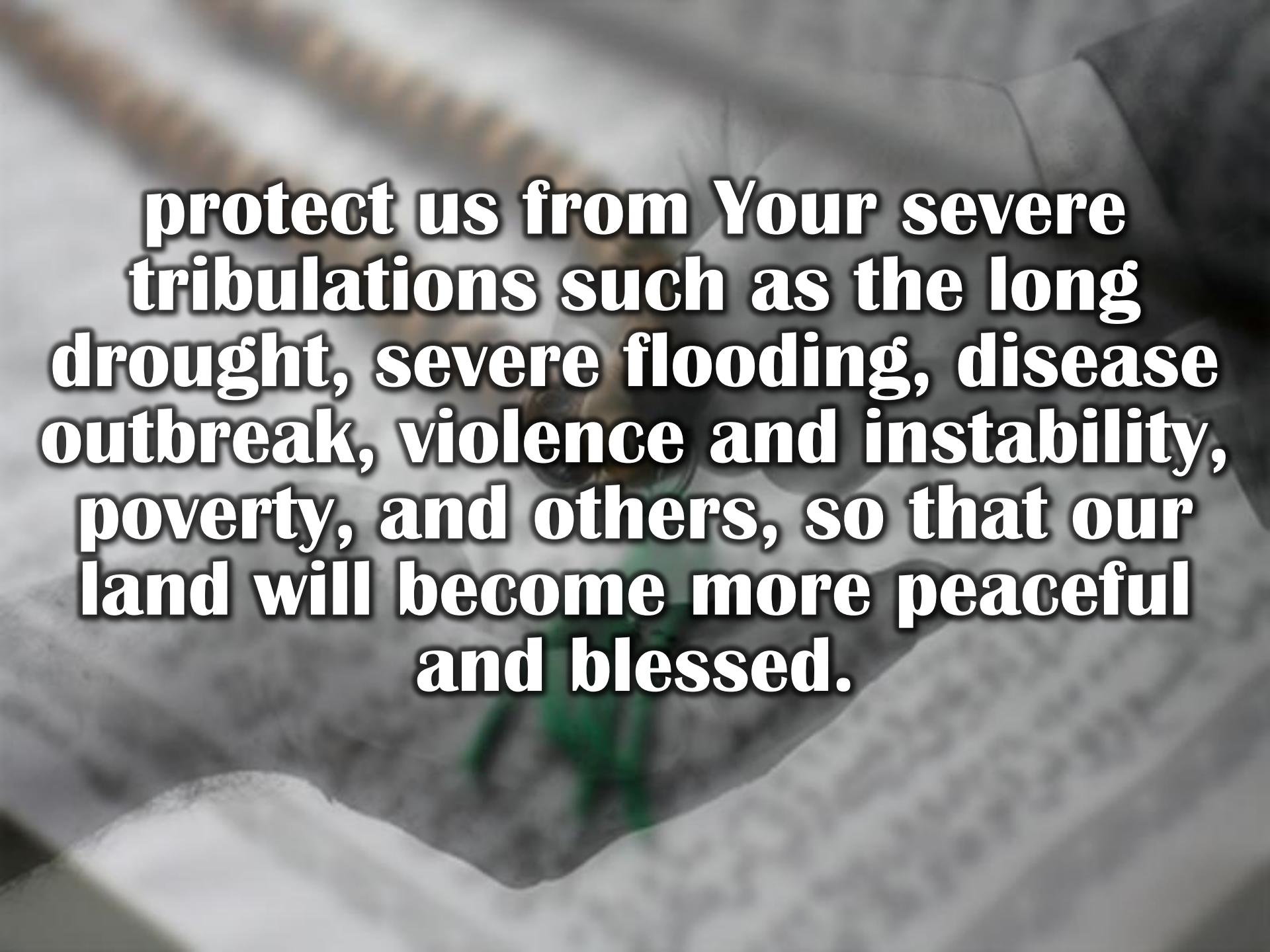
“Say, [O Muhammad], “If you should love Allah, then follow me, [so] Allah will love you and forgive you your sins. And Allah is Forgiving and Merciful.””

(Aal-‘Imraan 3:31)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي وَإِيَّاكُمْ  
بِمَا فِيهِ مِنَ الْأَيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ مِنِّي وَمِنْكُمْ  
تِلَاوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَفُؤُلُ فَوْلِيْ هَذَا  
وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِيْ وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِينَ  
وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَحْيَاءِ مِنْهُمْ  
وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ  
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

**O Allah, You are the Almighty Lord,  
we are grateful unto You for  
having bestowed upon us Mercy  
and Blessings, nourishing us to  
strive to continue in strengthening  
the Muslim nation especially the  
state of Selangor, as an advanced,  
progressive, peaceful, and  
benevolent state.**

We beseech and beg You, Ya Allah,  
to strengthen our *imaan*, increase  
our good deeds, strengthen our  
unity, increase our provision,  
enrich us with beneficial  
knowledge, nourish our soul with  
beautiful *akhlaaq*, guide us to the  
Path that is Pleasing to You,



**protect us from Your severe tribulations such as the long drought, severe flooding, disease outbreak, violence and instability, poverty, and others, so that our land will become more peaceful and blessed.**

**O Allah, we implore upon you, keep us steadfast upon the methodology of *Ahlus Sunnah wal Jamaa'ah*, and protect us from 'aqeedah and practices that are misguided and deviated such as extreme Shee'ism, Qaadiyani, and others.**

**Oh Allah, we ask You to open up  
the hearts of the Muslim *ummah*  
especially in Selangor, to fulfill  
their *zakaat* obligation as You had  
decreed in al-Qur'an. Bless the  
lives of those who have fulfilled  
their *zakaat* obligation, loving and  
caring for the poor and needy.**

**and also those that have given away and endowed (*waqf*) their wealth to the Selangor Islamic Development Trust Fund (*Tabung Amanah Pembangunan Islam Selangor*) with eternal rewards until the Hereafter.**

Purify their wealth and soul so that  
they will live according to that  
which pleases You. Protect the  
poor and needy from disbelief and  
everlasting poverty. *Allaahummaa  
ameen*



سُبْحَانَ رَبِّ الْعَالَمِينَ

JABATAN AGAMA ISLAM SELANGOR

سُلَامٌ مَّا دَارَ

DI SEDIAKAN OLEH :

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR