

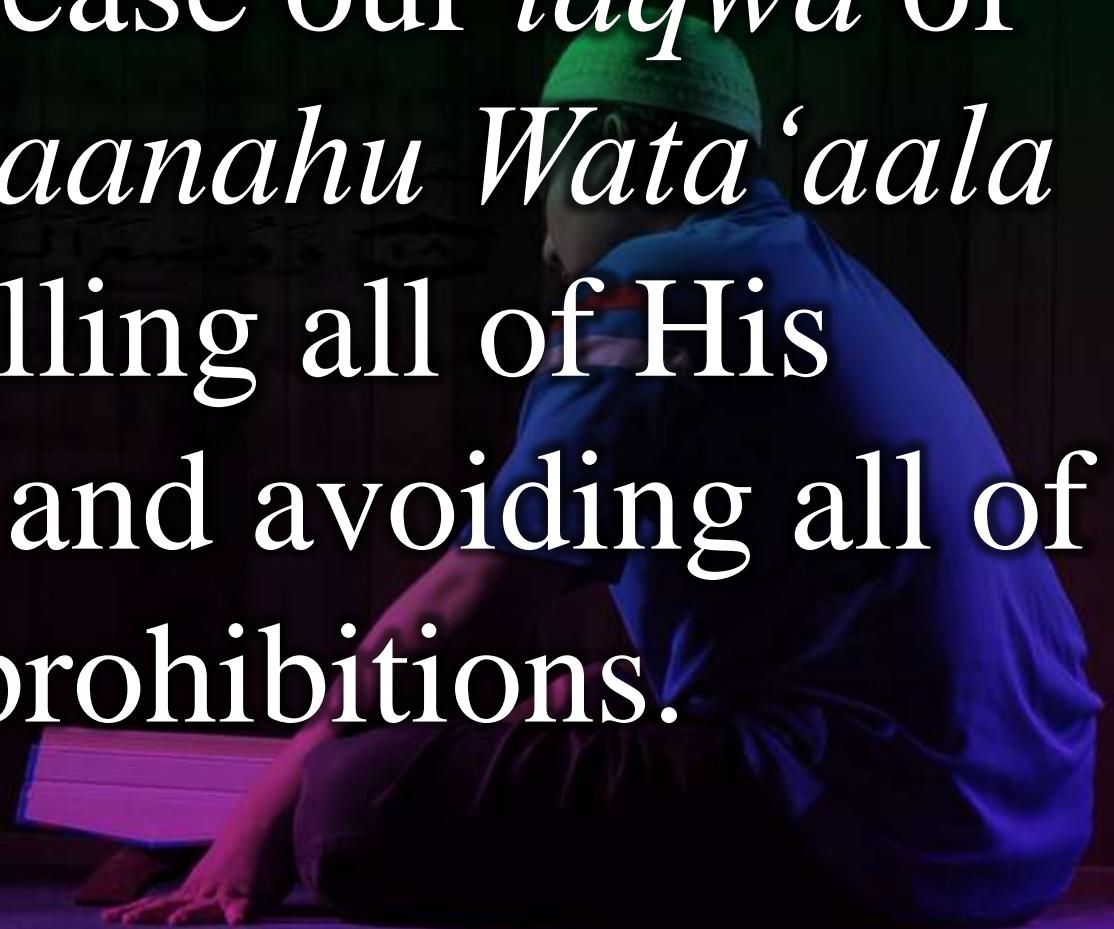


LESSONS FROM RAMADAAN

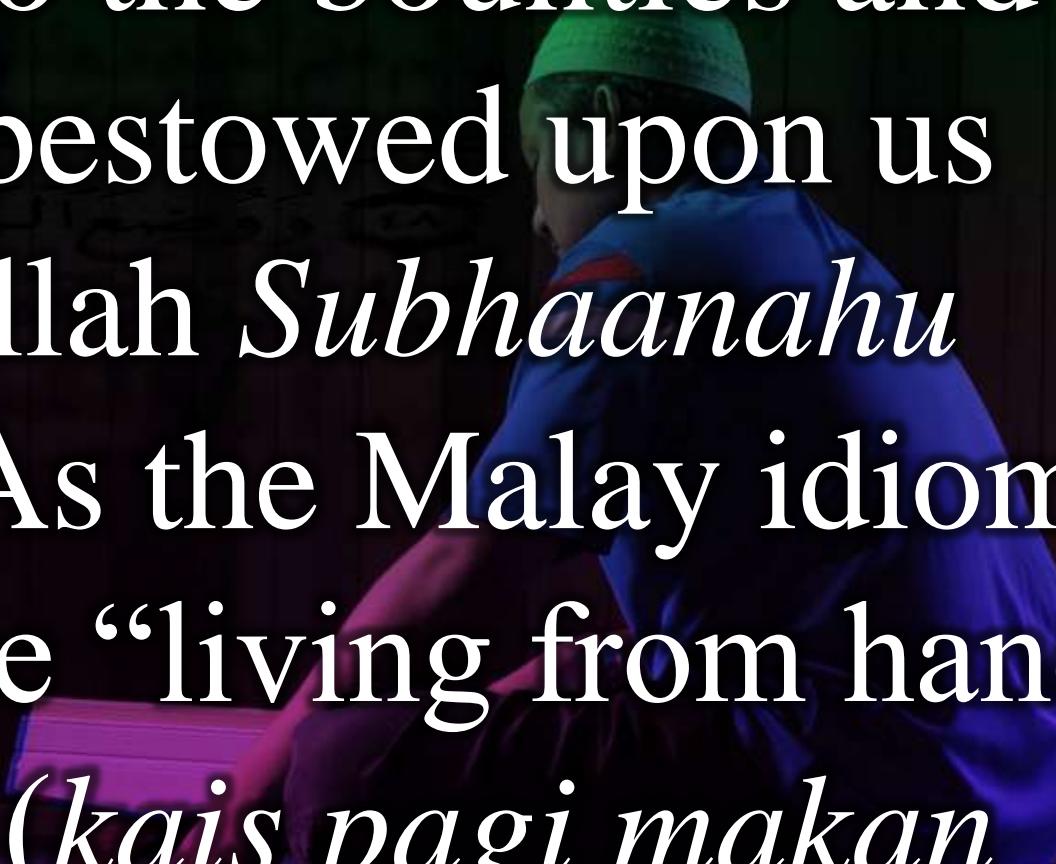




Let us increase our *taqwa* of
Allah *Subhaanahu Wata'aala*
by fulfilling all of His
Commands and avoiding all of
His prohibitions.



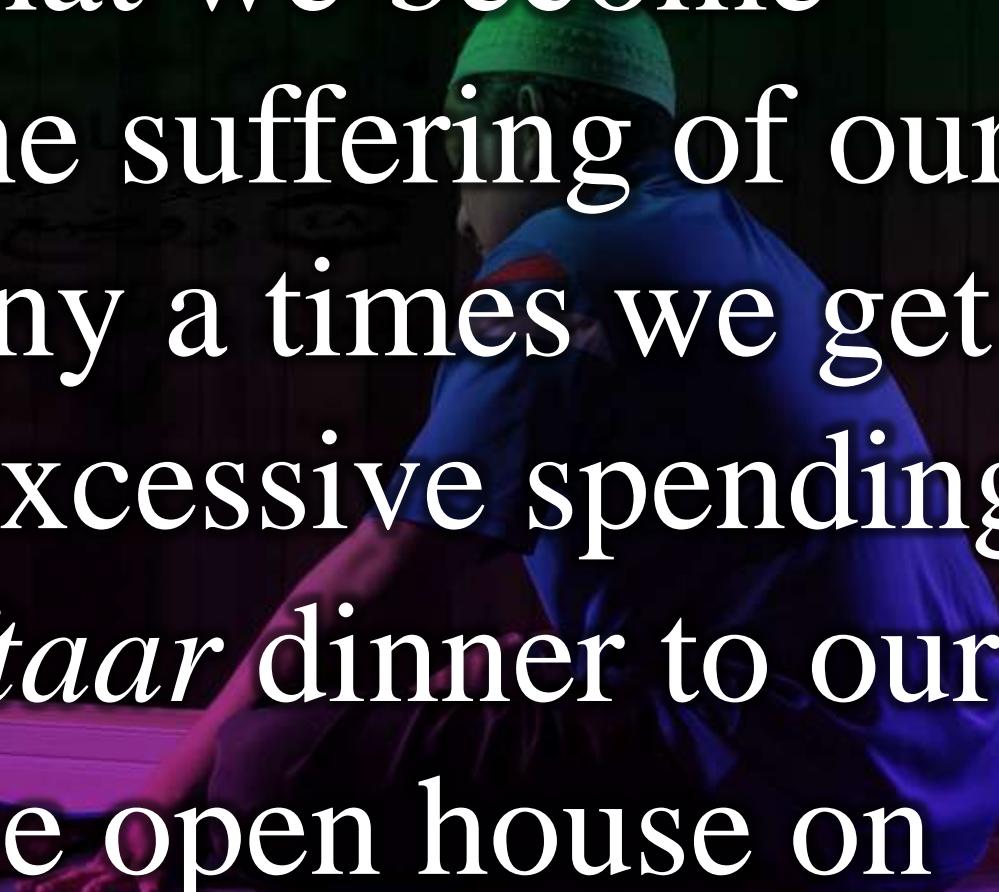
The ‘ibaadah of fasting that we recently endure should bring about realization on the stark reality of the anguish and suffering endured by other Muslims living in destitute, poverty, starvation, and oppression.



Their predicaments are definitely the opposite compared to the bounties and provision bestowed upon us here by Allah *Subhaanahu Wata ‘aala*. As the Malay idiom goes, they are “living from hand to mouth” (*kais pagi makan*

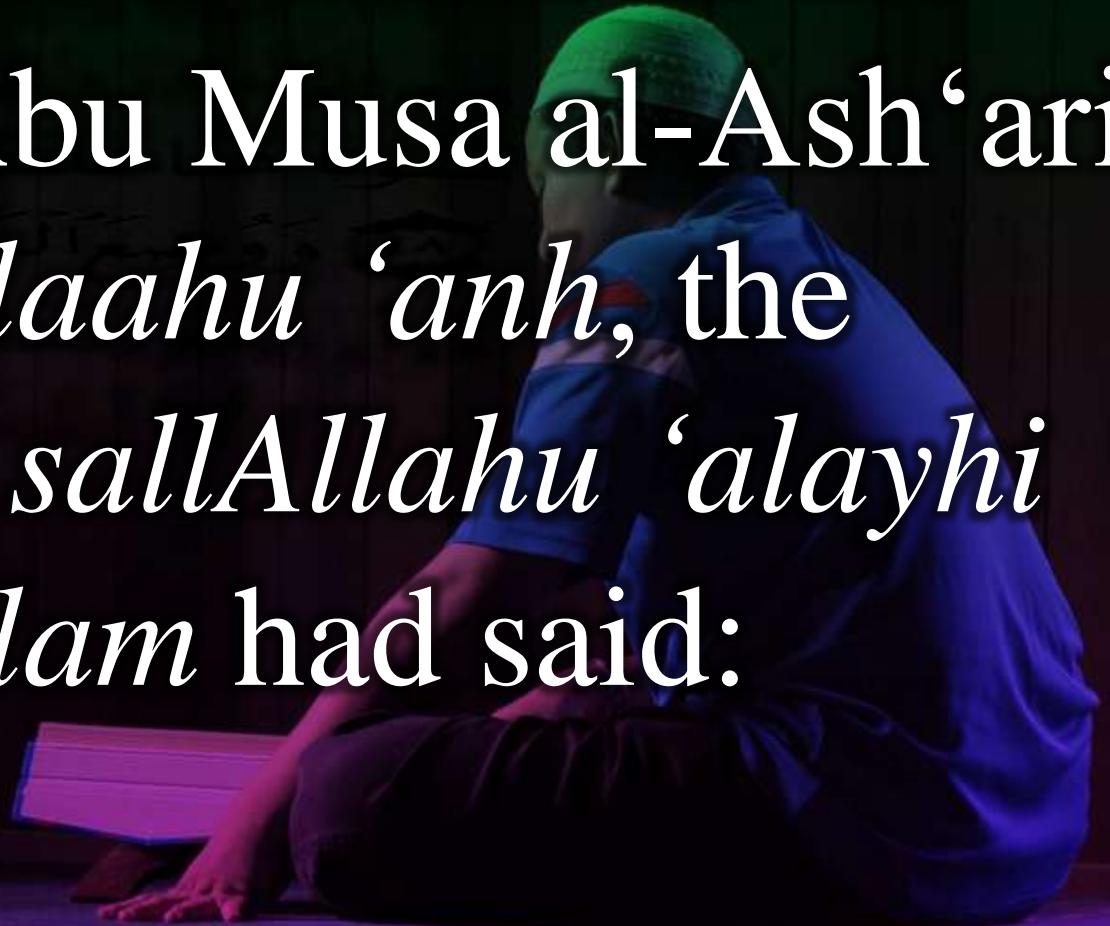
pagi, kais petang makan petang) just to get a mouthful of food, scratching for whatever they can find in the morning and evening. Unfortunately, some would starve without food for several days.

Meanwhile, our lives here are blessed with great ease and bounties that we become forgetful of the suffering of our brethren. Many a times we get caught up in excessive spending just to host *iftaar* dinner to our friends or the open house on

A photograph showing a person from the side and slightly behind, wearing a green headscarf and a blue shirt. They are seated at a table with a pink cloth, looking down at something on the table. The background is dark and out of focus.

'eidulfitr, that we forget to spend a bit extra to help alleviate the pain of those impoverished. Their anguish and pain should be felt by everyone, by providing all forms of aid needed whether in wealth or resources, so that

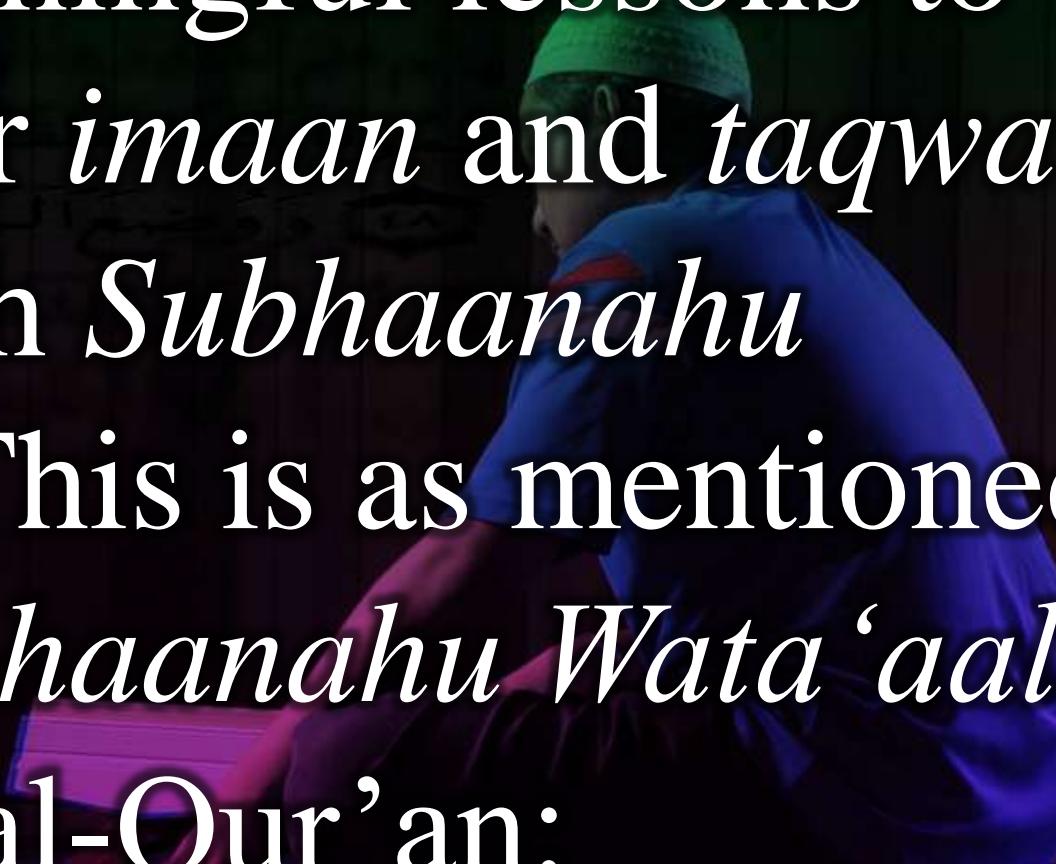
their lives will become more meaningful to them. In the *hadeeth* of Abu Musa al-Ash‘ari *radiyAllaahu ‘anh*, the Messenger *sallAllaahu ‘alayhi wasallam* had said:



“He has not affirmed faith in me (i.e. he is not a true follower) who eats to his satisfaction and sleeps comfortably at night while his neighbor goes hungry - and he is aware of it.”

(at-Tabaraani and al-Bazaar: *saheeh lighayrihi*)

Ramadaan which only comes once a year should provide ample meaningful lessons to increase our *imaan* and *taqwa* of Allah *Subhaanahu Wata ‘aala*. This is as mentioned by Allah *Subhaanahu Wata ‘aala* in al-Qur’an:



“O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous.”

(al-Baqarah 2:183)

Taqwa is a manifestation of success from the fasting that was endured for an entire month in Ramadaan. *Taqwa* cannot be attained except by His obedient slaves in carrying out their duties which include fasting.

When fasting is fulfilled,

the minor sins will be forgiven
and the soul cleansed, hence
increasing the *taqwa* of Allah

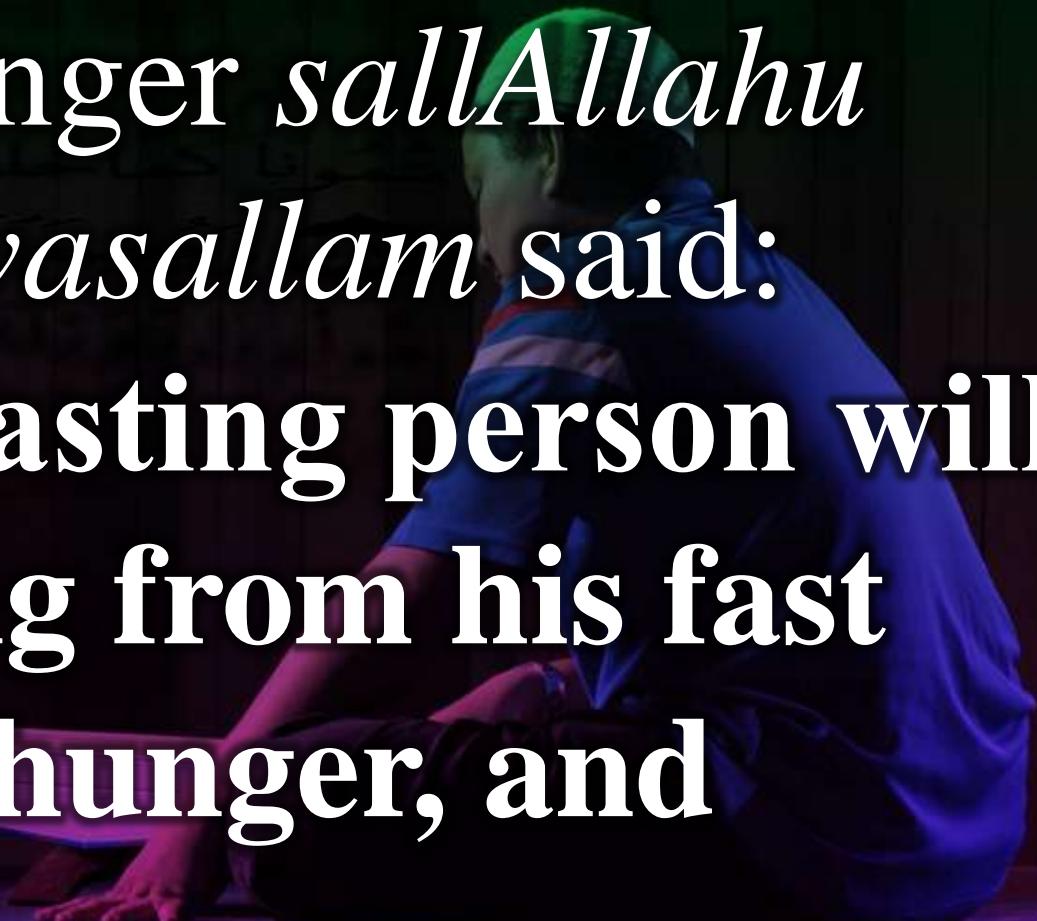
Subhaanahu Wata ‘aala.

What we are seeing in every
Ramadaan is that there are
many whom are fasting but
devoid of *taqwa*.

They were fasting, but then later resorted to evil deeds and disobedience to Allah

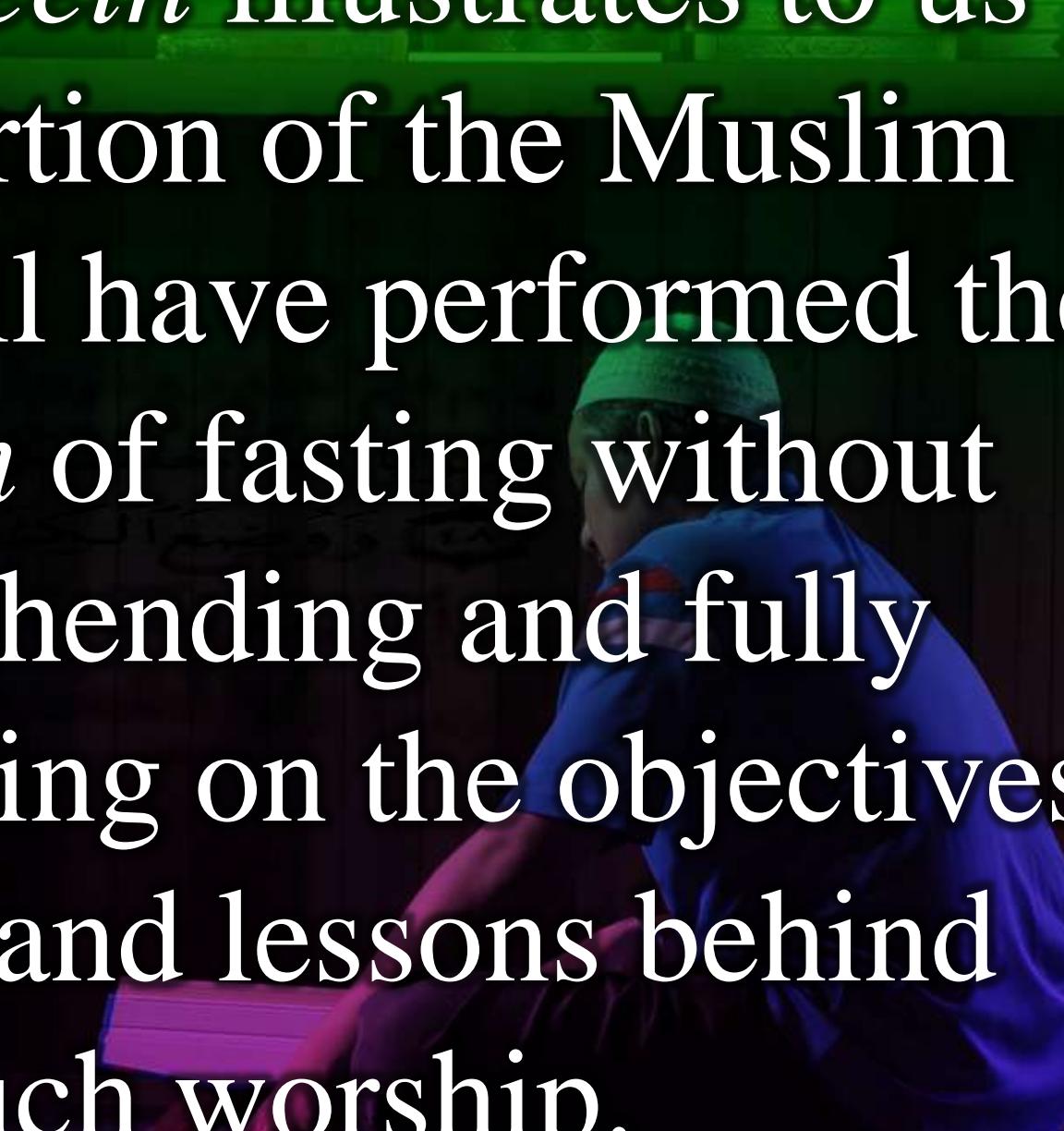
Subhaanahu Wata ‘aala. They endured hunger and thirst but at the same time committing acts that are prohibited and despised by Allah *Subhaanahu Wata ‘aala.*

In the narration of Abu Hurayrah *radiyAllaahu ‘anh*, the Messenger *sallAllaahu ‘alayhi wasallam* said: “Perhaps a fasting person will get nothing from his fast except hunger, and



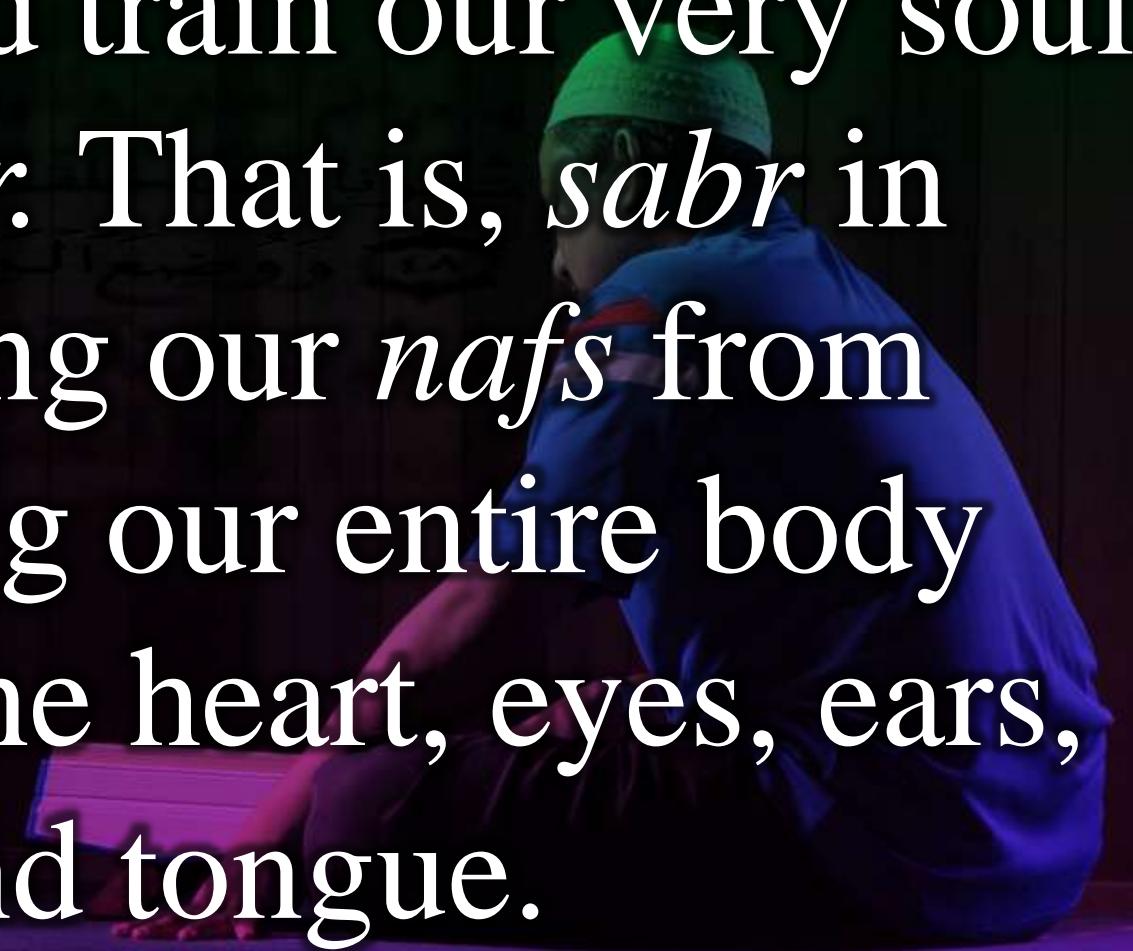
perhaps the one who
stands to pray at night
will get nothing from his
standing except
sleeplessness.”

(Ahmad and ad-Daarimi: *saheeh*)

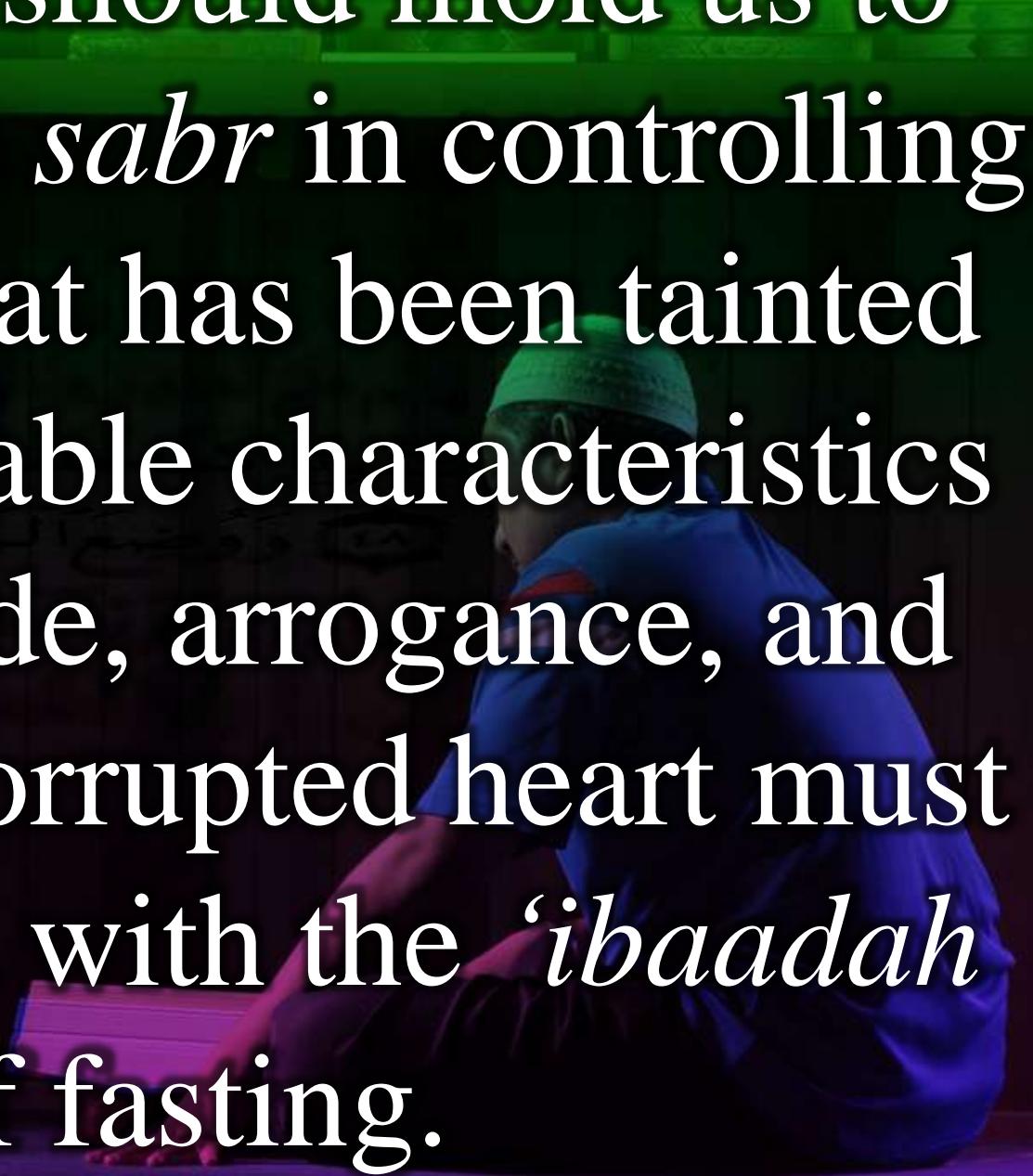


This *hadeeth* illustrates to us that a portion of the Muslim *ummah* will have performed the ‘ibaadah of fasting without comprehending and fully contemplating on the objectives, *hikmah*, and lessons behind such worship.

Therefore, one major lesson from fasting in Ramadaan is that it should train our very soul with *sabr*. That is, *sabr* in preventing our *nafs* from controlling our entire body including the heart, eyes, ears, and tongue.

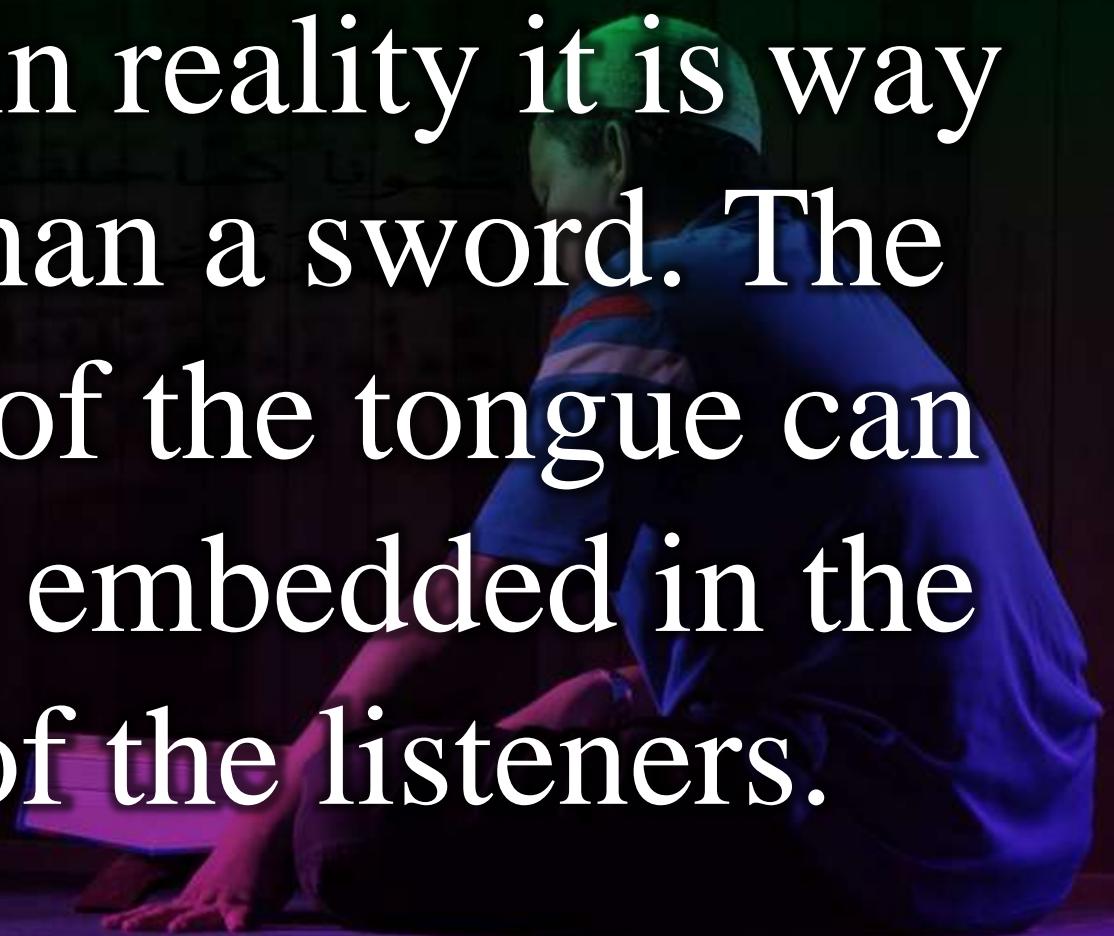
A photograph of a person with dark hair tied back, wearing a green headband and a blue long-sleeved shirt. They are seated, facing slightly away from the camera, and are holding and reading an open book. The background is dark and out of focus.

Ramadaan should mold us to having more *sabr* in controlling our heart that has been tainted with despicable characteristics such as pride, arrogance, and envy. The corrupted heart must be cleansed with the ‘*ibaadah* of fasting.



The heart must also be nurtured to constantly feel the watchfulness of Allah *Subhaanahu Wata ‘aala* while fasting. We should be able to control our tongue from uttering useless speech and statements that can lead to

disunity among Muslims. Even though the tongue was created boneless, in reality it is way sharper than a sword. The utterance of the tongue can further be embedded in the hearts of the listeners.



Hence, fasting should train us to be in constant *sabr* while safeguarding the tongue that is prone to backbite, vilify, abuse, and condescend others.

Fasting should aid us from falling into sins committed through the eyes.

The eyes that leers and lustfully glances at *haraam* things, which are becoming apparent nowadays, is difficult to control except with profound *sabr*. This patience can only be attained through fasting with full sincerity.

Another organ that is vital in its contribution to controlling the *nafs* is the ear. When the voices of disobedience and munkar enter the ear, it will knock on the inner heart and trigger other senses to surrender to the whim and *nafs*.

Allah Subhaanahu Wata‘aala
mentions in al-Qur‘an:

“And do not pursue that of
which you have no knowledge.
Indeed, the hearing, the sight
and the heart – about all those
[one] will be questioned.”

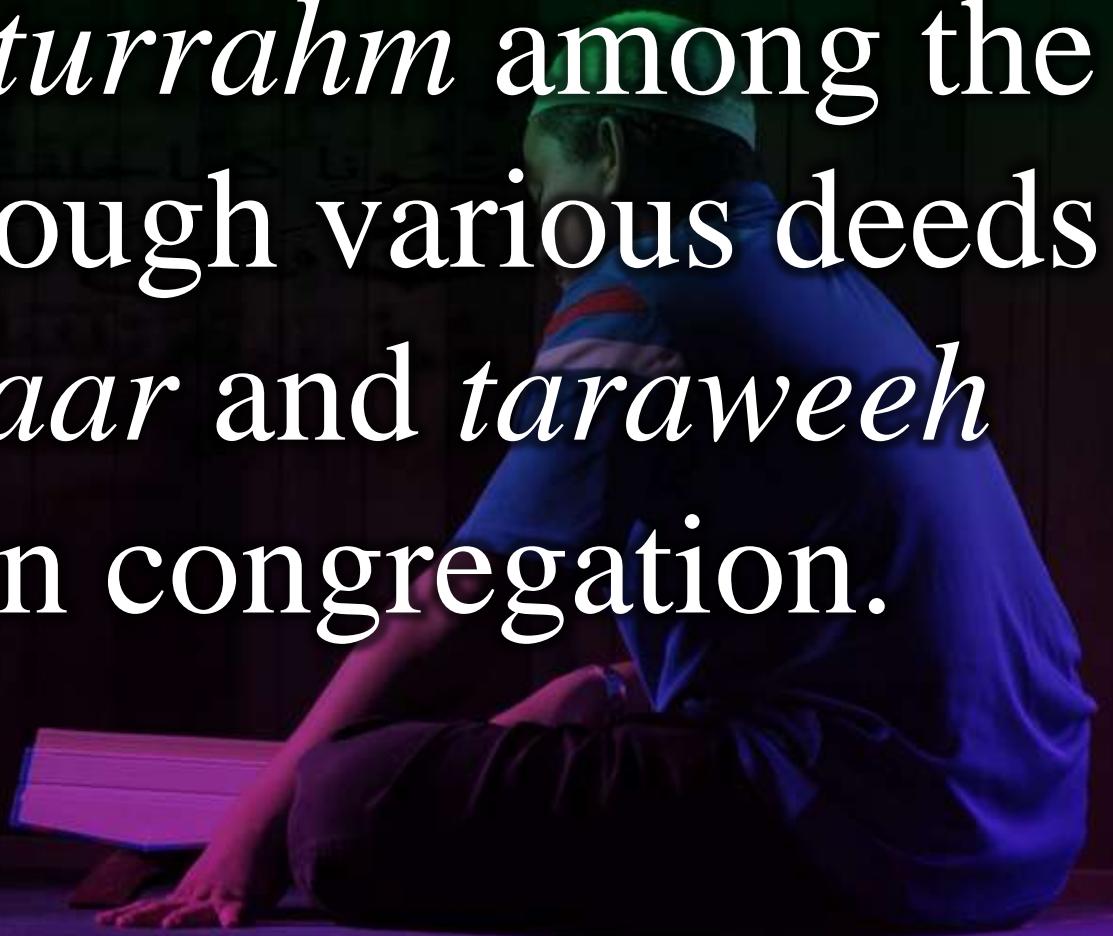
(al-Israa’ 17:36)

Fasting in Ramadaan has taught us many valuable lessons to supplement our daily lives.

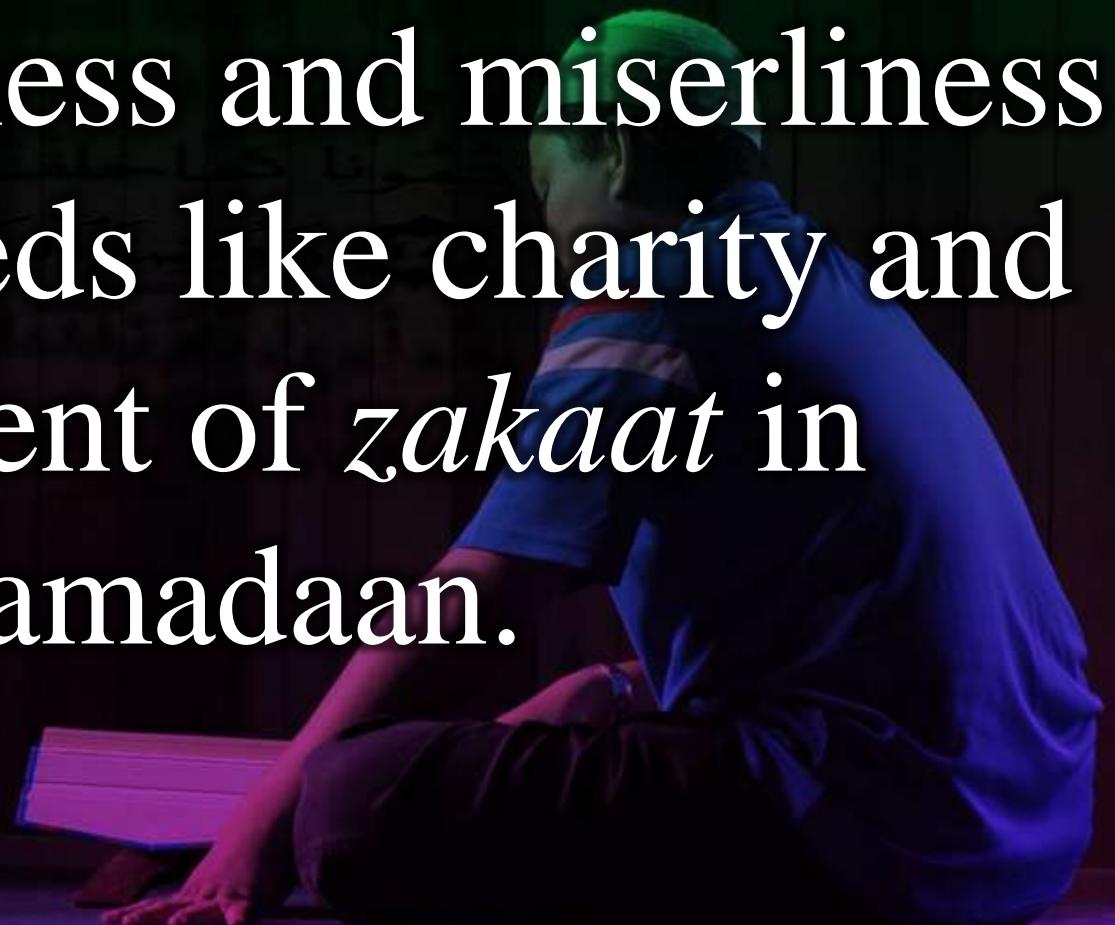
Among them:

1- Fasting inculcates the feeling of mercy amongst the creations of Allah *Subhaanahu Wata‘aala*, whether mankind or animals.

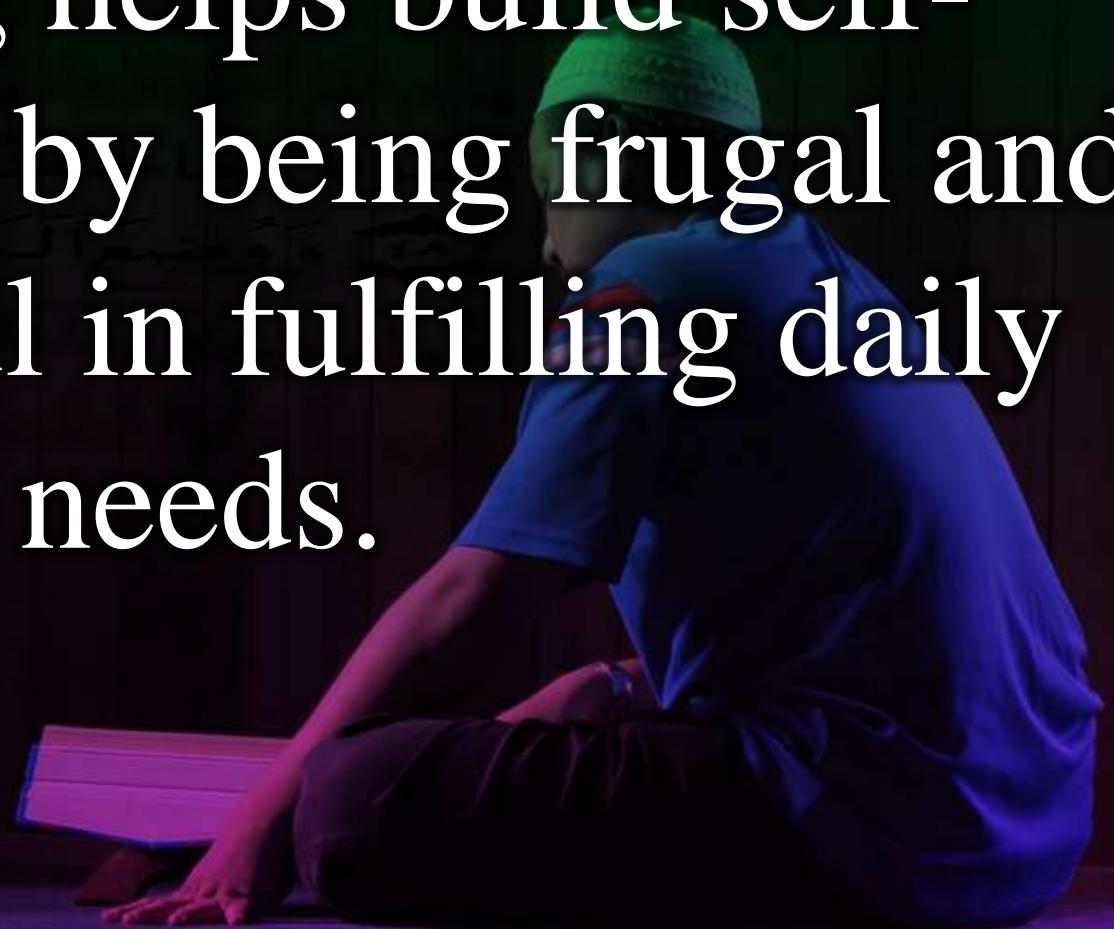
2- Fasting helps strengthen the bond of *silaturrahm* among the Muslims through various deeds such as *iftaar* and *taraweeh* prayers in congregation.



3- Fasting helps one abstain from stinginess and miserliness through deeds like charity and fulfillment of *zakaat* in Ramadaan.



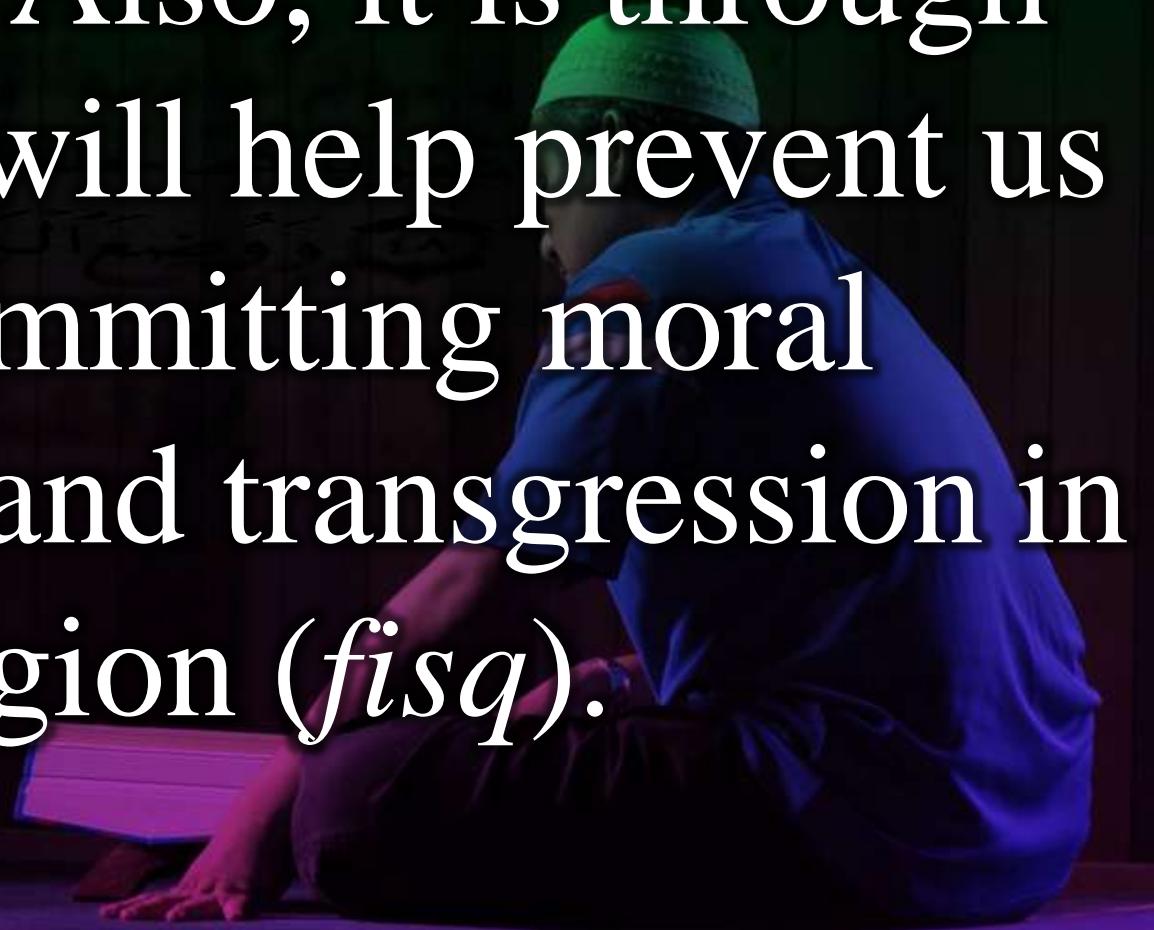
4- Fasting helps build self-contentment by being frugal and not wasteful in fulfilling daily needs.



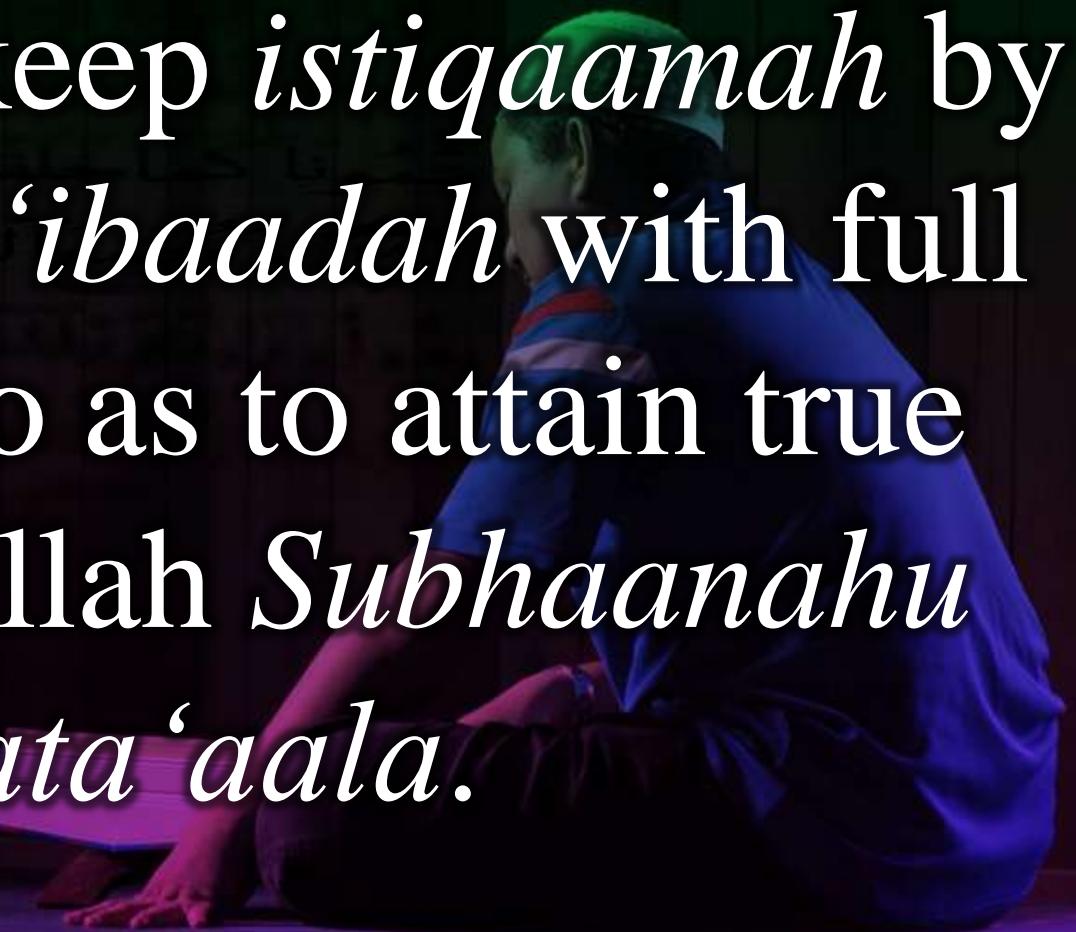
5- Fasting increases gratefulness and gratitude on the *ni‘mah* of sound health bestowed by Allah *Subhaanahu Wata‘ala*. This is because fasting helps prevent from affliction of various illnesses originating from daily eating habit.

Indeed, the ‘ibaadah of fasting gives a significant contribution in solving social illnesses plaguing the Muslim *ummah* nowadays. It is through fasting that we can curb our *nafs* that is always prone to engage in evil deeds and disobedience

of Allah Subhaanahu
Wata 'aala. Also, it is through
fasting that will help prevent us
from committing moral
indelicacies and transgression in
religion (*fisq*).



Therefore, even though Ramadaan has left us, we shall continue to keep *istiqqaamah* by performing ‘ibaadah with full sincerity, so as to attain true *taqwa* of Allah Subhaanahu Wata‘aala.



May Allah grant us the
opportunity to meet with
Ramadaan al-Mubaarak in the
year, *insha Allah.*

A person wearing a green headband and a blue shirt is sitting cross-legged on the floor, reading a large, thick book. The background is dark, and the scene is lit from above, creating a dramatic effect.

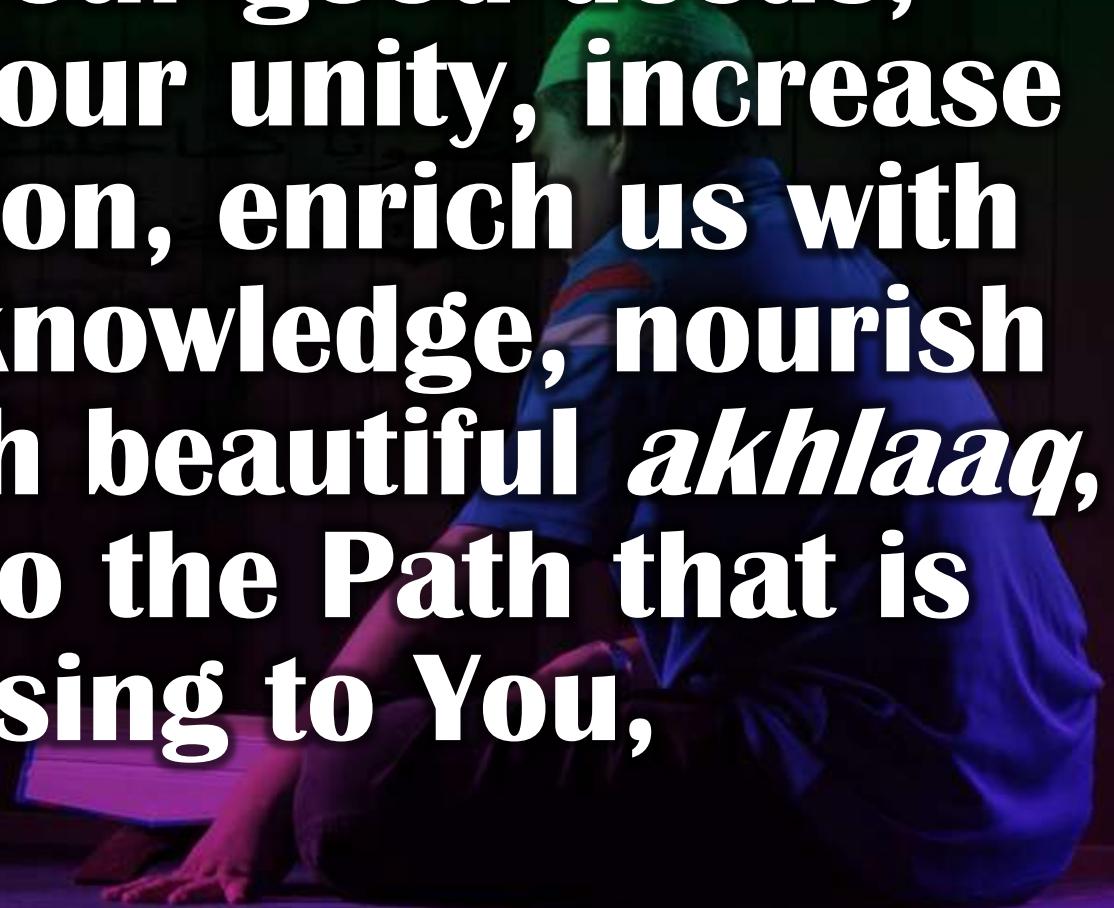
**“And those who strive for Us
– We will surely guide them to
Our ways. And indeed, Allah
is with the doers of good.”**

(al-‘Ankaboot 29:69)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي
وَإِيَّاكم بِمَا فِيهِ مِنَ الْأَيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَفَقَّلَ
مِنِي وَمِنْكُمْ تَلَوَّثَهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ
قَوْلِيْ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيْمَ لِيْ وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتَ فَاسْتَغْفِرُوهُ
إِنَّهُ هُوَ الْغَفُورُ الرَّجِيمُ

**O Allah, You are the Almighty
Lord, we are grateful unto You
for having bestowed upon us
Mercy and Blessings, nourishing
us to strive to continue in
strengthening the Muslim nation
especially the state of Selangor,
as an advanced, progressive,
peaceful, and benevolent state.**

We beseech and beg You, Ya
Allah, to strengthen our *imaaan*,
increase our good deeds,
strengthen our unity, increase
our provision, enrich us with
beneficial knowledge, nourish
our soul with beautiful *akhlaaq*,
guide us to the Path that is
Pleasing to You,



protect us from Your severe tribulations such as the long drought, severe flooding, disease outbreak, violence and instability, poverty, and others, so that our land will become more peaceful and blessed.

**Oh Allah, we ask You to open up
the hearts of the Muslim *ummah*
especially in Selangor, to fulfill
their *zakaat* obligation as You
had decreed in al-Qur'an. Bless
the lives of those who have
fulfilled their *zakaat* obligation,
loving and caring for the poor
and needy.**

Purify their wealth and soul
so that they will live
according to that which
pleases You. Protect the poor
and needy from disbelief and
everlasting poverty.

Allaahumma ameen



DI SEDIAKAN OLEH :

UNIT KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR