



جَابَطَانُ اِسْلَامِ سَلَانْجُور
JABATAN AGAMA ISLAM SELANGOR

PATIENCE
in OUR LIVES



I implore upon all of us to
strive in increasing our *taqwa*
of Allah *Subhaanahu
Wata'aala* by performing all
of His Commands and
avoiding all of His

**prohibitions. May our sincere
efforts benefit us in this world
and the Hereafter.**

**Today's *khutbah* intends to
encourage us in becoming
those having:**

"Patience In Our Lives."

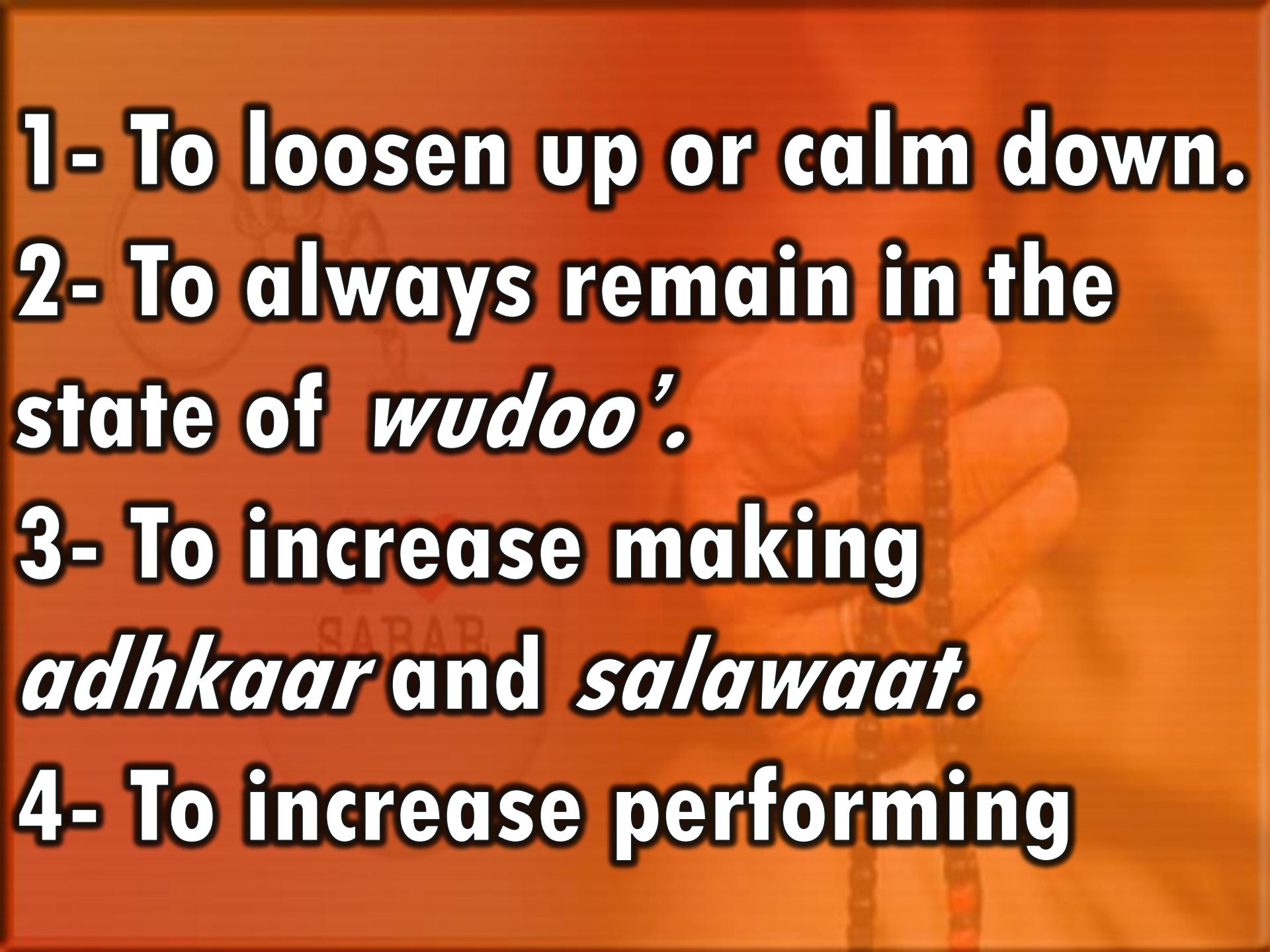
**Whenever Allah tests us, how
should we respond to such
trial?**

**The first thing is for us to have
sabr (patience). For example,
there are those that would
actually want to jump**

off a building when feeling distressed. There are those that are able to withstand stress but having the urge to scream their heart out.

According to the science of counseling, screaming and

**expressing one's feeling is
one of the ways of relieving
stress. While Islam
prescribes several measures
in reducing the stress that
one endures. Among them:**

- 
- A photograph showing a close-up of a person's hands holding a wooden prayer beads (rosary) against an orange background. The hands are positioned vertically, with the fingers wrapped around the beads. The background is a solid orange color.
- 1- To loosen up or calm down.
 - 2- To always remain in the state of *wudoo*'.
 - 3- To increase making *adhkaar* and *salawaat*.
 - 4- To increase performing

supererogatory prayers.

**5- To increase supplicating
to Allah.**

6- Thinking well of Allah.

When problems are mentioned, in reality no one is spared from having problems for as long as they are still alive in this world. After one problem is resolved, another one will

then surface. Such is
sunnatullaah.

Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:

***"Do the people think that
they will be left to say, "We***

believe" and they will not be tried? But We have certainly tried those before them, and Allah will surely make evident those who are truthful, and He will surely make evident the

liars.”

(*al-Ankaboot 29:2-3*)

The lesson from these verses is
that humans will always be
tested in assessing their level
of *imaan* unto Allah
Subhaanahu Wata'aala.

**What is deemed as problem is
actually a form of test and
trial from Allah *Subhaanahu
Wata'aala* in order for us to
prove the extent of our
genuineness and integrity of
imaan unto Him.**

**What is important is for us
to not think negative of Allah
for decreeing hardship and
calamities upon us.**

**There are several types of
sabr in our lives:**

1- *Sabr* in fulfilling the commands of Allah

Subhaanahu Wata'aala.

Allah has commanded us to have *sabr* in remaining obedient and fulfilling His Commands such as the

**obligatory prayers, which may
be heavy for some people.**

**Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:**

***“And seek help through
patience and prayer, and***

**indeed, it is difficult except
for the humbly submissive
[to Allah].”**

(al-Baqarah 2:45)

The same goes with other obligations such the obligatory fasting, *hajj*, *zakaat*, and other ‘ibaadah. But for those who are always patient and standing firm with *imaan* unto Allah

Subhaanahu Wata'aala, they will taste sweetness in their lives. Having *sabr* in obedience will definitely have its hurdles. It is the nature of the *nafs* (desire) to dislike and remain heedless

in the obedience of Allah. The example that Allah has given to us is in the story of Nabi Ibraaheem عليه سلام who was commanded by Allah in his dream to slaughter his own dear and beloved son.

However, as we know, Nabi Ibraaheem عليه سلام had fulfilled such decree with *ikhlaas* and *sabr*. Allah *Subhaanahu Wata'aala* had accepted Nabi Ibraaheem's sacrifice and replaced it with

a ram instead.

2- *Sabr* in leaving out and abstaining from the prohibitions of Allah

Subhaanahu Wata'aala.

This is from among the most difficult type of *sabr* for we

are to always avoid these matters. And if we are able to have *sabr* with all those prohibitions, definitely we will be handsomely rewarded by Allah *Subhaanahu Wata'aala.*

The example that Allah has mentioned in al-Qur'an is in the story of Nabi Yoosuf عليه سلام with his tremendous display of *sabr* that he was saved from *Shaytaan's* temptations that would lead

**to fornication. It is only with
strong *imaan* and *taqwaa* of
Allah *Subhaanahu Wata‘aala*
that such calamity could be
avoided.**

**So what about us? To what
extent is our *sabr* when**

**tested in leaving disobedience
and avoiding the prohibitions
of Allah?**

**Allah *Subhaanahu Wata'aala*
mentions in al-Qur'an:**

“...Indeed, he who fears

*Allah and is patient, then
indeed, Allah does not allow
to be lost the reward of
those who do good.”*

SABAR

(Yousuf 12:90)

3- *Sabr* in the wake of trials and tribulations

It is *sabr* in the wake of distress and calamity that befalls upon every human being including the prophets. Among the ones that were

mentioned in al-Qur'an is *sabr* when enduring poverty and hunger, *sabr* when afflicted with pain, in times of war or fear, losing lives, and wealth. Allah

Subhaanahu Wata'aala

mentions in al-Qur'an:

"And We will surely test you with something of fear and hunger and a loss of wealth and lives and fruits, but give good tidings to the patient".

(al-Baqarah 2:155)

In al-Qur'an, Allah has mentioned the suffering that was endured by Nabi Ayyoob عليه سلام, where he was afflicted with an extremely difficult illness for many years, the loss of his

**family and wealth that no one
during his time wanted to
come close to him. He had
suffered from such illness for
18 years, a very long duration.
Even then, he never
complained and never**

gave up with what Allah had willed for him. Instead, he kept on supplicating as it was mentioned in al-Qur'an:

“And [mention] Job, when he called to his Lord, “Indeed, adversity has

*touched me, and you are
the Most Merciful of the
merciful.”*

I
SABAR

(al-Anbiya’ 21:83)

We are truly weak and impatient when we are tested with sickness, even though it may be temporary or not severe. Many of us would complain and seek shortcuts, even willing to spend a lot of

money while committing *shirk* and *khurafaat* (superstition) just to get cured and attain enjoyment in this temporary world. *Na‘oodhu billaahi min dhaalik.*

In concluding today's *khutbah*,
let us take valuable lessons by
heeding to the following
suggestions:

1- Have *sabr* in fulfilling the
commands of Allah and
abstaining from His

prohibitions, as well as having certainty that such trial is a sign of Allah's love to His slaves.

2- Every Muslim should have *sabr* when Allah *Subhaanahu Wata'aala*

**bestows the bounty of
wealth and pleasure upon
them. This is because not
many were successful in
the trial of ease and
comfort.**

3- We should endure the trials of life with *sabr* that is accompanied with effort and supplications. Whatever befalls us, *insha Allah* it will bring about good if we would accept it with a

positive attitude, put in maximum effort, and followed by both supplication and full reliance in Allah (*tawakkal*).

4- Have certainty that the more frequent and severe the trial that Allah bestows upon us, the more *sabr* is required, hence the bigger the reward and *rahmah* from Allah that will be bestowed upon us.

***“O you who have believed,
persevere and endure and
remain stationed and fear
Allah that you may be
successful.”***

(Aal-‘Qmraan 3:200)

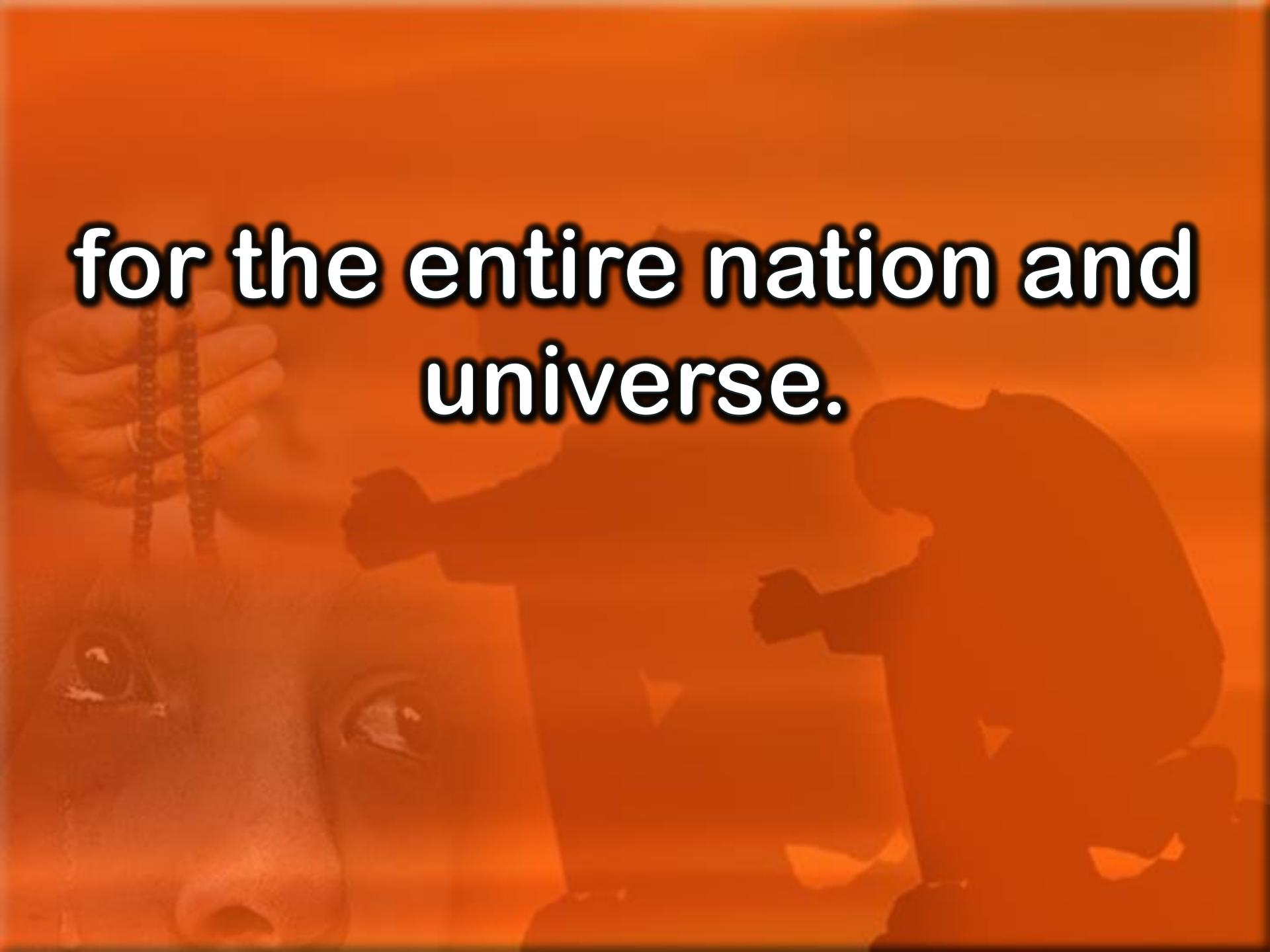
بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ
وَنَفَعَنِي وَإِيَّاكمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ
الْحَكِيمِ وَتَقْبِيلِ مِنِي وَمِنْكُمْ تِلَاوَتُهُ إِنَّهُ هُوَ
السَّمِيعُ الْعَلِيمُ. أَقُولُ قَوْلِي هَذَا وَأَسْتَغْفِرُ
اللَّهَ الْعَظِيمَ لِيْ وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِينَ
وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَحْيَاءِ
مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ
بِإِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

Once again, I would like to remind all of us that Islam teach its adherents to remain moderate in all actions and deeds. At the same time, the Muslims are to avoid any form of extremism in which its

consequences will only disrupt the harmony, unity, and security of the Muslim ummah and our nation.

Extremism will only give negative impression upon the nobility and holiness of al-Islam. On the contrary, the Muslim

ummah must inculcate noble akhlaaq, having utmost personality and attitude as true Muslims so that the world will know that Rasulullah (ﷺ) was sent down as a messenger, and Islam that was revealed is mercy

A photograph of a group of people in a dimly lit room, possibly a church or temple. In the foreground, a person's face is partially visible, looking upwards. Another person on the left holds a dark string of beads. Several other figures are visible in the background, some with their hands raised in prayer.

**for the entire nation and
universe.**

O Allah, You are the Lord that
is All Mighty, we are grateful
to You for having bestowed
upon us *rahmah* and *ni'mah*,
that we are able to continue
the effort in empowering the
Muslim *ummah* especially in
Selangor, as an

**advanced state, prosperous,
and providing welfare.**

**Hence, we sincerely beseech
you, O Allah, strengthen our
imaan, accept our deeds,
strengthen our unity, increase
our *rizq*, enrich us with**

**beneficial knowledge, cultivate
our soul with good
mannerisms, return us to the
path that you are pleased with,
protect us from disasters and
your severe trials, so that our
nation will become more
peaceful and filled with
blessings.**

O Allah, we sincerely beseech you, strengthen our beliefs according to the creed of *Ahlus Sunnah wal-Jamaa‘ah*, and protect us from deeds and ‘aqeedah that are astray such as the extreme *Shee‘is*, *Qadiyani*, and other ideologies.

O Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations. Bless those that have fulfilled their *zakaat* and loving the *fuqaraa'* and *masaakin*, and those that have

**made waqf and gave up
their wealth for Tabung
Amanah Pembangunan
Islam Selangor (Islamic
Development Trust Fund of
Selangor) with continuous
reward until the Hereafter.**

**O Allah, increase and widen
the *rizq* of those that made
waqf from their wealth with
perpetual rewards until the
Last Day.**



جَابَاتَانِ اِسْلَامِ سِلَانْجُور
JABATAN AGAMA ISLAM SELANGOR

DISEDIAKAN OLEH :

UNIT KHUTBAH.

BAHAGIAN PENGURUSAN MASJID.

JABATAN AGAMA ISLAM SELANGOR