



جَابَاتَانِ اِسْلَامِ سِلَانْجُور
JABATAN AGAMA ISLAM SELANGOR

AVOID THE
DETERRIMENTAL
HABIT OF
WASTING TIME



Let us all develop and increase
our *taqwa* in all aspects of our
lives, by diligently fulfilling all
of the Commandments of Allah
Subhaanahu Wata ‘aala and
avoiding all of His prohibitions.

Have certainty for it is only with
taqwa that we will be granted
aid and ease in our affairs of
this world. And in the Hereafter,
we will be joyfully immersed
with *rahmah*, *maghfirah*, and
the pleasure of Allah
Subhaanahu Wata‘ala.

Indeed, those having utmost *taqwa* are those that have successfully filled their lives with deeds giving off handsome returns in their lives of this world and the Hereafter.

The topic of today's
khutbah is “Avoid The
Detimental Habit Of
Wasting Time.”

Time is something that is of paramount importance in Islam. Its significance is very clear in al-Qur'an when Allah *Subhaanahu Wata 'aala* swears by it at the beginning of several *soorahs*

– by time, (وَالْعَصْرِ), by the dawn (وَالْفَجْرِ), by the morning brightness (وَالضُّحَى), by the night (وَاللَّيْلِ), and many others.

Certainly those time period or instances mentioned in al-Qur'an bear significant meanings that Allah *Subhaanahu Wata'aala* swears by them. And upon them is great *hikmah* for His

slaves whom contemplate and reflect upon them. However, most mankind are heedless and neglectful of the grave importance of time throughout their lives.

On the authority of ibn
‘Abbaas *radiyAllaahu ‘anhu*, the Messenger
sallAllahu ‘alayhi wasallam
said:

“There are two blessings which many people lose: (They are) Health and free time for doing good.”

(al-Bukhaari)

Such truthfulness in his words.
We are always negligent and
guilty in wasting time. This is
even more apparent within our
society especially during
school holidays.

Many of the youth and students are wandering off and wasting their precious time without indulging in beneficial activities throughout those periods. Make observations of what

they normally do. Are they actually beneficial activities or purely a waste of time? Among those activities are lounging with their buddies all day long, wandering around on their motorcycles

without any purpose, surfing the internet and chatting away on social websites for hours, engrossed in excessive entertainment, and unlawful free mixing between opposite genders.

Are these types of activities to be made as regular habit and culture? What and where is the value of time in our lives? Why do we fail to spend our time wisely with perfection?

Why do we continue to waste our time without feeling guilty or sinful? Truthfully, these are all due to the lack of awareness and insensitivity in appreciating the importance of time by

the parents and the youth themselves. Therefore, let us look at some of the reasons why Islam heavily emphasize on the gravity of time, as follows:

1- Time is something that is very precious. Every single second wasted can never be replaced or compensated to get it back again.

Remember, the failure in spending time with beneficial activities only means that we have thrown away something very precious and invaluable.

2- Time is actually our age. Our age is the capital for our lives that has already been predetermined. It must be sufficiently filled in determining our success in this life and the Hereafter.

Are we aloof to such scenario?
A whole entire day that goes
away without an iota of
knowledge, good action,
'ibaadah, or any form good
deed only means that those
time period

were intentionally left to expire
and eat away our lives. This
will later cause tremendous
never ending regret in the
Hereafter. Allah *Subhaanahu
Wata ‘aala* mentions in al-
Qur’ an:

“[For such is the state of the disbelievers], until, when death comes to one of them, he says, “My Lord, send me back. That I might do righteousness in that which I left behind.”

No! It is only a word he is saying; and behind them is a barrier until the Day they are resurrected.”

(al-Mu'minoon 23:99-100)

3- Time is a *ni'mah* that will be accounted for in the Hereafter. We will be questioned on how we spent every single second of it.

In the *hadeeth* of Abu Barzah al-Aslamiy *radiyAllaahu 'anh*, the Messenger of Allah *sallAllahu 'alayhi wasallam* said:

“A man will not be let go on
the Day of Resurrection until
he has been asked about four
matters: His life and how he
spent it, his

**knowledge and what he did
with it, his wealth and how
he earned it, and his body
and how he used it.”**

(at-Tirmidhi: *saheeh*)

After realizing the importance of time and the reality of the detrimental habit of wasting time, let us take necessary measures to ensure that every second ticking is spent in the best

manner possible:

1- Plan and organize daily activities

This is the first and most important step. Parents can assist their children to schedule their activities.

Allocate times for reading,
hifdh of al-Qur'an, and
revision, also watching
television and playtime during
school holidays. Give a
balanced and due rights upon
the mind, spiritual, and

physical dimension of the children. Without beneficial activities, they will succumb to wasting time. This is as it was reminded to us by al-Imam ash-Shaafi‘i *rahimahullahu ta‘aala:*

*“If you do not make
yourself busy with the
truth, it will surely make
you busy with
falsehood.”*

2- Have targets and objectives to be achieved during the holiday break

This must be done so that the children will appreciate time and busy

themselves in achieving those goals. Hence, there is no room for time to be wasted. For example, setting the goal to memorize the entire *juz* ‘amma and few other

soorahs, improving one's
salaah, enrolling in an
intensive language course, and
many more.

3- Spending the weekend with the children

Reward their obedience and discipline by taking them out to visit relatives, sightseeing, or go on a family vacation.

At the very least, take out the entire family for a dinner outing. Educate and train our children to perform *salaah* in *jamaa‘ah* at the masjid along with us.

Such is effective and efficient time spending strategy that can be implemented so that the children will truly feel loved and appreciated.

With this love and care, their hearts will flourish and become empowered to rise and strive for success and excellence.

We must act quick before losing out for time flies by very quickly. We have been wasting too much time with non-beneficial activities whether for this worldly life or the Hereafter.

Let us fill our time and age
with things that will lead to
success, excellence, *barakah*,
and blissfulness. Especially
now that we are living at

the end of time, where time is very short and passes by quick. We are all afflicted with this dilemma and experience. In the *hadeeth* of Anas bin Maalik *radiyAllaahu ‘anh,*

the Messenger *sallAllahu 'alayhi wasallam* said:

“The Hour shall not come until time will be considered short, and a year will appear like a

month, a month like a week,
a week like a day, a day like
an hour, and an hour like a
flash of fire.”

(at-Tirmidhi: *saheeh*)

Let us take valuable lessons by reflecting upon the main points from today's *khutbah*, among them:

- 1- Time is of essence, which is priceless and irreplaceable.

Take heed for the time that has passed can never be brought back or redeemed.

2- Islam heavily emphasizes on efficient time management for it is an *amaanah* that will be

questioned about. Hence, plan ahead and organize beneficial activities accordingly so that this *amaanah* will be fulfilled with perfection.

3- Wasting time and failure in proper time management will only incur heavy loss in this world and enormous regret in the Hereafter.

“Do you not see that to Allah prostrates whoever is in the heavens and whoever is on the earth and the sun, the moon, the stars, the

mountains, the trees, the moving creatures and many of the people? But upon many the punishment has been justified.

And he whom Allah humiliates - for him there is no bestower of honor. Indeed, Allah does what He wills.”

(al-Hajj 22:18)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي
وَإِيَّاکُمْ بِمَا فِيهِ مِنَ الْأَيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ
مِنِّي وَمِنْكُمْ تِلَاوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ
قُولِيْ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيْمَ لِيْ وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

**O Allah, You are the Almighty
Lord, we are grateful unto You for
having bestowed upon us Mercy
and Blessings, nourishing us to
strive to continue in
strengthening the Muslim nation
especially the state of Selangor,
as an advanced, progressive,
peaceful, and benevolent state.**

We beseech and beg You, Ya Allah,
to strengthen our *imaan*, increase
our good deeds, strengthen our
unity, increase our provision,
enrich us with beneficial
knowledge, nourish our soul with
beautiful *akhlaaq*, guide us to the
Path that is Pleasing to You,

protect us from Your severe tribulations such as the long drought, severe flooding, disease outbreak, violence and instability, poverty, and others, so that our land will become more peaceful and blessed.

**Oh Allah, we ask You to open up
the hearts of the Muslim *ummah*
especially in Selangor, to fulfill
their *zakaat* obligation as You had
decreed in al-Qur'an. Bless the
lives of those who have fulfilled
their *zakaat* obligation, loving and
caring for the poor and needy.**

**Purify their wealth and soul so
that they will live according to
that which pleases You. Protect
the poor and needy from disbelief
and everlasting poverty.**

Allaahumma ameen

**O Allah, We beg You... Please help
our brothers in Gaza...Please free
them from the colonialism of
Zionist ..O Magnificent, O
Honored One,**

**Oh God, Blessed them with
bravery, strength, courage,
healthy and patient in fighting**

Your enemy....

**O Allah We beg You, Please
heal their sickness and blessed
them with martyr.**

**O Allah, Please unite the
Muslims and Arabic leaders to
help the Palestinians .. O Allah,
Please destroy the enemies of
Islam, protect the territories of
Islam and unite the word of the
Muslims in truth, oh lord of the
worlds.**

**O Allah, Please Unite the hearts
Muslims, Guide us on the paths
of peace and lead us from
darkness into light, O
Magnificent, O Honored One..
Amin Ya Rabbalalamin..**



سُلْطَانِيَّةِ سِرَاجِ
الْمُرْسَلِينَ
جَابَتَانِ اِسْلَامِ
سِلَانْجُورِ

JABATAN AGAMA ISLAM SELANGOR

DI SEDIAKAN OLEH :

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR