



جَابَاتَانِ اَغَامَةِ اِسْلَامِ سِلَانْجُور  
JABATAN AGAMA ISLAM SELANGOR

# HARDENED HEART



I remind myself and all of us to always strive in increasing our *taqwa* of Allah *Subhaanahu Wata'aala*. *Taqwa* can be increased by fulfilling all of His

Commands and avoiding all of His prohibitions. May we all become among His slaves whom are granted His blessings and love, as well as His protection, *Subhaanahu Wata 'aala.*

On this blessed Friday, let us internalize upon the *khutbah* entitled: “*Hardened Heart.*”

Rasulullah ﷺ is solely the best teacher for his *ummah*, and he has taught and reminded us from the biggest matters to the small ones, in our purview. With the topic of this week's *khutbah*,

I would like to sincerely  
remind all of us upon the  
words of Rasulullah ﷺ that  
serves as the very foundation  
for mankind.

Narrated an-Nu‘maan ibn  
Basheer *radiyAllaahu ‘anh*:

Rasulullah ﷺ said:

“... Verily, there is a piece of flesh in the body, if it is healthy, the whole body is healthy, and if it is corrupt, the whole body is corrupt. Verily, it is the heart.”

(al-Bukhaari and Muslim)

Based on this *hadeeth*, it is evident to us that the heart has a deep impact upon any living body, for if such flesh is safeguarded, then the whole body is sound. On the contrary, if otherwise,

then evil indeed will be the end result. Therefore, the Muslim must never take lightly upon this very message from Rasulullah ﷺ in protecting one's heart and conscience.

The Muslims scholars have discussed at length regarding matters pertaining to hardened hearts and its causes.

Al-Imaam ibn al-Qayyim  
*rahimahullaah* mentioned in

his work *Badaa'i' al-Fawaa'id*:

*“When the eyes are dried up due to not shedding tears out of the fear of Allah, then know that indeed those dry eyes are due to the*

*hardening of the heart. The most distant heart from Allah is the heart which is hardened.”*

Based on these words, it is in harmony with the words of Rasulullah ﷺ regarding

the characteristics that is most beloved to Allah Himself.

‘A’ishah *radiyAllaahu ‘anha* reported that Rasulullah ﷺ said:

“... Verily Allah loves  
gentleness in every matter.”

(al-Bukhaari, Muslim, at-Tirmidhi)

From this *hadeeth*, it is understood to us that the vast majority of hardened hearts are in opposition to matters that are liked by Allah. And without realizing, we are further distancing away from

Allah due to our own  
negligence in protecting the  
heart.

There are too many factors that harden the hearts of mankind, not safeguarding the relationship with Allah, that one is always committing disobedience.

Indeed, it is one of the main reasons regarding the change upon the heart. Have we not listened to the words of Rasulullah ﷺ regarding those black spots on the heart?

Al-Imaam at-Tirmidhi  
*rahimahullaah* collected a  
*hadeeth* narrated by Abu  
Hurayrah *radiyAllaahu 'anh*,  
that Rasulullah ﷺ said:

“When the believer commits sin, a black spot appears on his heart. If he repents and gives up that sin and seeks forgiveness, his heart will be polished. But if (the sin) increases,

(the black spot) increases.

That is the *Raan* that Allah mentions in His Book: “Nay! But on their hearts is the *Raan* (covering of sins and evil deeds) which they used to earn. [83:14]””

Indeed, it is very clear with the story depicted in this *hadeeth*. For every sins committed that are not followed by *tawbaah*, it will cause our hearts to become totally covered by the black

spots, ultimately becoming  
pitch dark.

There are many acts of  
disobedience that will  
ultimately cause the hardening  
of the heart. Among them,  
other than

sinning and surrendering to the desire, is too much laughing, consuming food from unlawful sources, going overboard in discussing non-beneficial matters, not reciting

al-Qur'an, not constantly making *dhikr* of Allah, surrounded by those having bad *akhlaaq*, deficient in their religious practice, and many more. Everything that causes us to become

negligent to Allah will only indirectly increase in the hardening of the heart. Among the ways to soften our hearts is by visiting the graveyard as it was narrated by Anas ibn Maalik

*radiyAllaahu ‘anh* that  
Rasulullah ﷺ said:

“... I forbade you to visit the graves then it appeared to me that they soften the heart, bring tears to the eyes, and remind one of the

Hereafter. Therefore, visit them, but do not say reprehensible things!”

(al-Haakim and Ahmad)

In addition, other ‘ibaadah that can soften one’s heart are:

1. Always reciting al-Qur’an with full internalization.
2. Increasing one’s ‘ibaadah and *dhikr* of Allah.

3. Always remembering death, visiting the sick, and following the *janaazah* to the grave.
4. Always consuming *halaal* food.

5. Always listening to religious lectures and advice.
6. Always be mindful on the severity of the Last Day, so that we will be prepared to stand before Allah *Subhaanahu Wata 'aala*.

7. Always supplicating to Allah to soften our hearts so that it will be free from evil and dirty traits.

Human actions truly originate from the heart, so if the heart is spared from evil and vile characteristics, then it will manifest actions that are Islamic and far from disobeying Allah

*Subhaanahu Wata'aala.* It behooves us to always supplicate so that we are granted soft hearts, and with soft hearts, Allah bestows good upon us.

Today, I remind myself and implore all of us to not let our hearts become like the Jews, humiliated and cursed because of their hardened hearts. Hence, they will forever remain in falsehood

and rebuked by Allah  
*Subhaanahu Wata‘ala.*

“Then why, when Our punishment came to them, did they not humble themselves? But their hearts became hardened,

and Satan made attractive to them that which they were doing.”

(al-An‘am 6:43)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي  
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ  
مِنِّي وَمِنْكُمْ تِلَاوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ  
قَوْلِيْ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيْمَ لِيْ وَلَكُمْ وَلِسَائِرِ  
الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ  
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ  
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

**Once again, I would like to remind all of us that Islam teach its adherents to remain moderate in all actions and deeds. At the same time, the Muslims are to avoid any form of extremism in which its**

**consequences will only disrupt the harmony, unity, and security of the Muslim ummah and our nation. Extremism will only give negative impression upon the nobility and holiness of al-Islam. On the contrary, the Muslim**

ummah must inculcate noble akhlaaq, having utmost personality and attitude as true Muslims so that the world will know that Rasulullah (صلی اللہ علیہ وسلم) was sent down as a messenger, and Islam that was revealed is mercy



**for the entire nation and  
universe.**

O Allah, You are the Lord that  
is All Mighty, we are grateful to  
You for having bestowed upon  
us *rahmah* and *ni'mah*, that we  
are able to continue the effort  
in empowering the Muslim  
*ummah* especially in Selangor,  
as an

**advanced state, prosperous,  
and providing welfare.**

**Hence, we sincerely beseech  
you, O Allah, strengthen our  
*imaan*, accept our deeds,  
strengthen our unity, increase  
our *rizq*, enrich us with**

**beneficial knowledge, cultivate  
our soul with good mannerisms,  
return us to the path that you  
are pleased with, protect us  
from disasters and your severe  
trials, so that our nation will  
become more peaceful and filled  
with blessings.**

**O Allah, we sincerely beseech  
you, strengthen our beliefs  
according to the creed of *Ahlus  
Sunnah wal-Jamaa'ah*, and  
protect us from deeds and  
'aqeedah that are astray such as  
the extreme *Shee'is, Qadiyani*,  
and other ideologies.**

**O Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations. Bless those that have fulfilled their *zakaat* and loving the *fuqaraa'* and *masaakin*, and those that have**

made *waqf* and gave up their wealth for *Tabung Amanah Pembangunan Islam Selangor* (Islamic Development Trust Fund of Selangor) with continuous reward until the Hereafter.

**O Allah, increase and widen the  
*rizq* of those that made *waqf*  
from their wealth with  
perpetual rewards until the  
Last Day.**



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

JABATAN AGAMA ISLAM SELANGOR

جَوَامِسِ مَاجِسِ اِمَامَا تَبَانِي

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,  
JABATAN AGAMA ISLAM SELANGOR

DI SEDIAKAN OLEH :

UNIT KHUTBAH, BAHAGIAN PENGURUSAN MASJID,  
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