



جَابَطَانُ اِسْلَامِ سِلَانْجُور
JABATAN AGAMA ISLAM SELANGOR

HARM WITHIN PLEASURE

I implore upon myself and my
beloved congregation to strive
in attaining the *taqwa* of Allah
Subhaanahu Wata ‘aala with
absolute *taqwa*, and fulfill all of
His Commands as well as
avoiding

all of His prohibitions. May our increase in *taqwa* lead us to become righteous individuals. The topic of today's *khutbah* is: “*Harm Within Pleasure.*”

Islam strongly emphasize on the well being of its *ummah* and safeguards them from any form of harm and calamity, as upheld in the *Maqaasid ash-Sharee‘ah*, which is to safeguard and

protect the religion, lives,
intellect, lineage, and wealth.
In ensuring all five matters are
properly safeguarded, Islam
calls upon the Muslims to
always opt for the good
(*halaal*), nutritious,

beneficial, and blessed in all matters including food and drink. Allah *Subhaanahu Wata ‘aala* mentions in al-Qur’an:

“O you who have believed, eat from the good things

which We have provided for
you and be grateful to Allah if
it is [indeed] Him that you
worship.”

(al-Baqarah 2:172)

As we are well aware and well informed, smoking tobacco is really dangerous and detrimental to the health, and it has been deemed *haraam* in various *fataawa* issued.

Recently, a new phenomenon has surfaced with regard to smoking *sheesha* (hookah), currently a hot topic of discussion within the society. Smoking *sheesha* is deemed as the

latest bad habit that recently appeared within the Malaysian society especially amongst the youth in the cities. The facilities and services for smoking *sheesha* are easily made available at

some restaurants and food outlet, whom are kind enough to cater to this fad. So, what is this *sheesha*? *Sheesha* is a type of device that is used to emit smoke through indirect usage of

heat and water filter. It can also be used to smoke various substances such as fruit herbs, tobacco, and marijuana.

The National Fatwa Council Committee For Islamic Affairs Of Malaysia's Special Session (*Muzaakarah*) this year has concluded that the ruling on smoking *sheesha* according

to the *Shara* ‘is *haraam*.

Why is *sheesha haraam*?

**1- From the scientific
perspective**

Research and studies conducted
by the World Health
Organization (WHO)

has revealed that smoking *sheesha* is just as dangerous as smoking cigarette, or even more harmful. All of the scientific findings that were obtained through various researches and study whether

at national or international level have all indicated that *sheesha* yield a very dangerous effect.

From results of various researches, the usage of *sheesha* is closely related to various

severe illnesses such as coronary heart disease, chronic respiratory system failure, mouth cancer, bladder cancer, and clogged blood vessels.

Sheesha is also closely related with diseases that are contagious through the saliva due to the sharing of the pipe, with diseases such as TB, hepatitis, respiratory viral infection, and even

HIV. The smoke from *sheesha* smoking resulting from the burning of the tobacco and charcoal smoked during that 20-80 minutes session actually contains dangerous gases

such as carbon monoxide and hydrocarbon, which are the main cause for cancer and leukemia, that causes instant and sudden death.

The Department of Chemistry,
Malaysia has confirmed that all
substances used in smoking
sheesha, whether manufactured
or home made all contains
tobacco.

Based on the research and studies conducted, added with the *Shara* ‘perspective, it is crystal clear and proven that *sheesha* is very detrimental and harms its smokers.

If this current fad of smoking *sheesha* is left alone as is, being a bad habit within the Malaysian society, while it being truly harmful to its smokers, definitely it will leave a negative impact

upon the nation in the long run including aspects of economic development and in raising future Muslim generation. The government will then have to allocate huge expenditure to cover

the medical treatment cost for those infected with various diseases stemming from smoking *sheesha*, just like how the government today is spending huge amount to overcome

tobacco-related illnesses Indeed,
the very efforts of developing
the *ummah* would be easily
attainable if every beneficiary of
this nation can ensure that the
Maqaasid ash-Sharee ‘ah

(higher objectives of the *Sharee'ah*) are achieved and maintained, which is to safeguard the religion, intellect, lives, lineage, and wealth, if the nation are blessed with citizens that are

healthy and fit. Therefore, every Muslim should thoroughly welcome the *fatwa* that forbid smoking *sheesha* and leave off such wicked act at once for it is very clear that it does not

bring any benefit and instead
only harming others. Allah

Subhaanahu Wata‘aala
mentions in al-Qur‘an:

“And of the people is he who
buys the amusement of speech
to mislead

[others] from the way of Allah without knowledge and who takes it in ridicule. Those will have a humiliating punishment.”

(Luqman 31:6)

2- From the *Sharee'ah* perspective

Islam forbids the Muslims from
purposely exposing themselves
to danger to the point of being
harmed.

Allah *Subhaanahu Wata‘aala*
mentions in al-Qur’ān:
**“And spend in the way of
Allah and do not throw
[yourselves] with your [own]**

hands into destruction [by refraining]. And do good; indeed, Allah loves the doers of good.”

(al-Baqarah 2:195)

In a *hadeeth* narrated by Abu Sa‘eed al-Khudri *radiyAllaahu ‘anh*, Rasulullah *sallAllaahu ‘alayhi wasallam* said:“There should be neither harming (*dadar*) nor reciprocating harm (*diraar*).”

(Maalik, ibn Maajah, ad-Daaraqutni, and others:
hasan)

When one is exposed to danger
that is detrimental, then
preventive measure must be
taken to close all possibilities
that can lead to destruction.

This approach is in accordance
with the methodologies of
Usool al-Fiqh that are *Sadd
adh-Dharaa'i'* which means
“blocking the

means to evil,” and *Dar’ul-Mafaasid Muqaddimun ‘Alaa Jalbil-Masaalih* which means “warding off evil takes precedence over achieving benefit”.

In the context of smoking *sheesha*, it not only falls within the category of harming oneself but also harming others. Therefore it must be avoided in ensuring the *maslahah*

(public interest) of the Muslim
ummah in safeguarding the
religion, lives, intellect, lineage,
and wealth.

Let us reflect and take account
of our own selves
(*muhaasabah*), weighing upon
the good and bad of a particular
deed that we want to act upon.

The choice is in our hands,
whether to

continue drowning in our deluded lustful desire that leads to destruction, or the path of blissfulness that is driven by pure *imaan* and *taqwa* of Allah *Subhaanahu Wata ‘aala*. Leave off that

which will only destroy us such as consuming intoxicants, smoking *sheesha*, cigarette, electronic cigarette, cigar, pipe, and many others.

Let us advice and remind each other, our children, and our families, to abstain and refrain from destruction and devastation that originates from our own negligence and heedlessness.

Indeed, we truly hope that Allah
Subhaanahu Wata‘ala will
always grant *barakah* in our
lives with his Mercy and the
shafaa‘ah of Nabi Muhammad
sallAllahu ‘alayhi wasallam.

“O you who have believed,
protect yourselves and your
families from a Fire whose
fuel is people and stones, over
which are

[appointed] angels, harsh and severe; they do not disobey Allah in what He commands them but do what they are commanded.”

(at-Tahreem 66:6)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيْمِ وَنَفَعَنِي
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْأَيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ
مِنِّي وَمِنْكُمْ تِلَاوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ
قَوْلِيْ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيْمَ لِيْ وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِيْنَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِيْنَ وَالْمُؤْمِنَاتِ
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ.

**O Allah, You are All-Powerful,
we are truly grateful unto
You for bestowing upon us
rahmah and *ni‘mah*, that we
are able to continue the
efforts in**

strengthening the Muslim nation especially the state of Selangor, as an advanced state, prosperous, and providing welfare services.

**Hence, we beseech You, O
Allah, strengthen our *imaan*,
accept our good deeds,
solidify our unity, increase
our sustenance, enrich us
with beneficial knowledge,**

**fill our hearts with noble
characters, guide us to the
path that is pleasing to You,
protect us from all types of
calamities and Your severe
tribulations so that our
state will continue to prosper
and remain blessed.**

**O Allah, open up our hearts
to complete the five daily
salawaat and ‘*ibaadah* of
zakaat as You have ordained.
Bless the lives of those who
have fulfilled their *zakaat***

**obligation, loving the poor
and needy. Purify their
wealth and hearts, protect
the *fuqaraa'* and *masaakeen*
from *kufr* and continuous
poverty.**

**O Allah, increase and expand
the sustenance of those who
made *waqf* from of their
wealth, accept their *waqf*
with eternal rewards until
the Hereafter.**



بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

JABATAN AGAMA ISLAM SELANGOR

DI SEDIAKAN OLEH :

BAHAGIAN KHUTBAH,

JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :

UNIT TEKNOLOGI MAKLUMAT,

JABATAN AGAMA ISLAM SELANGOR