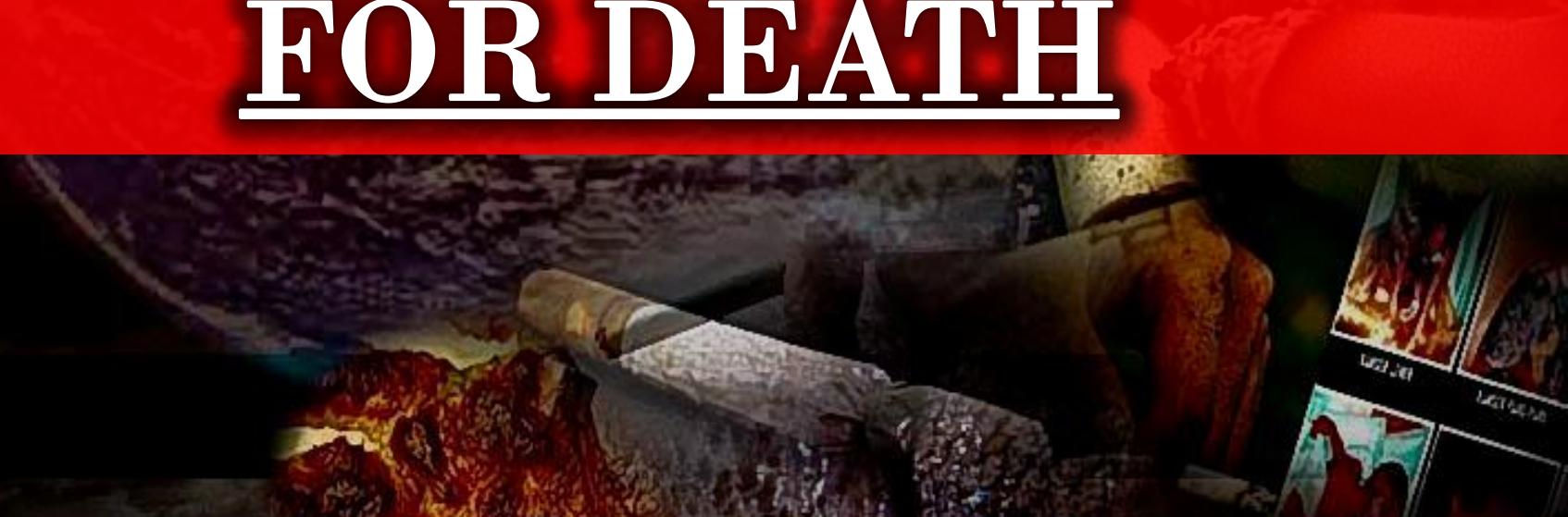




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JABATAN AGAMA ISLAM SELANGOR

# SMOKING: PUFFING FOR DEATH



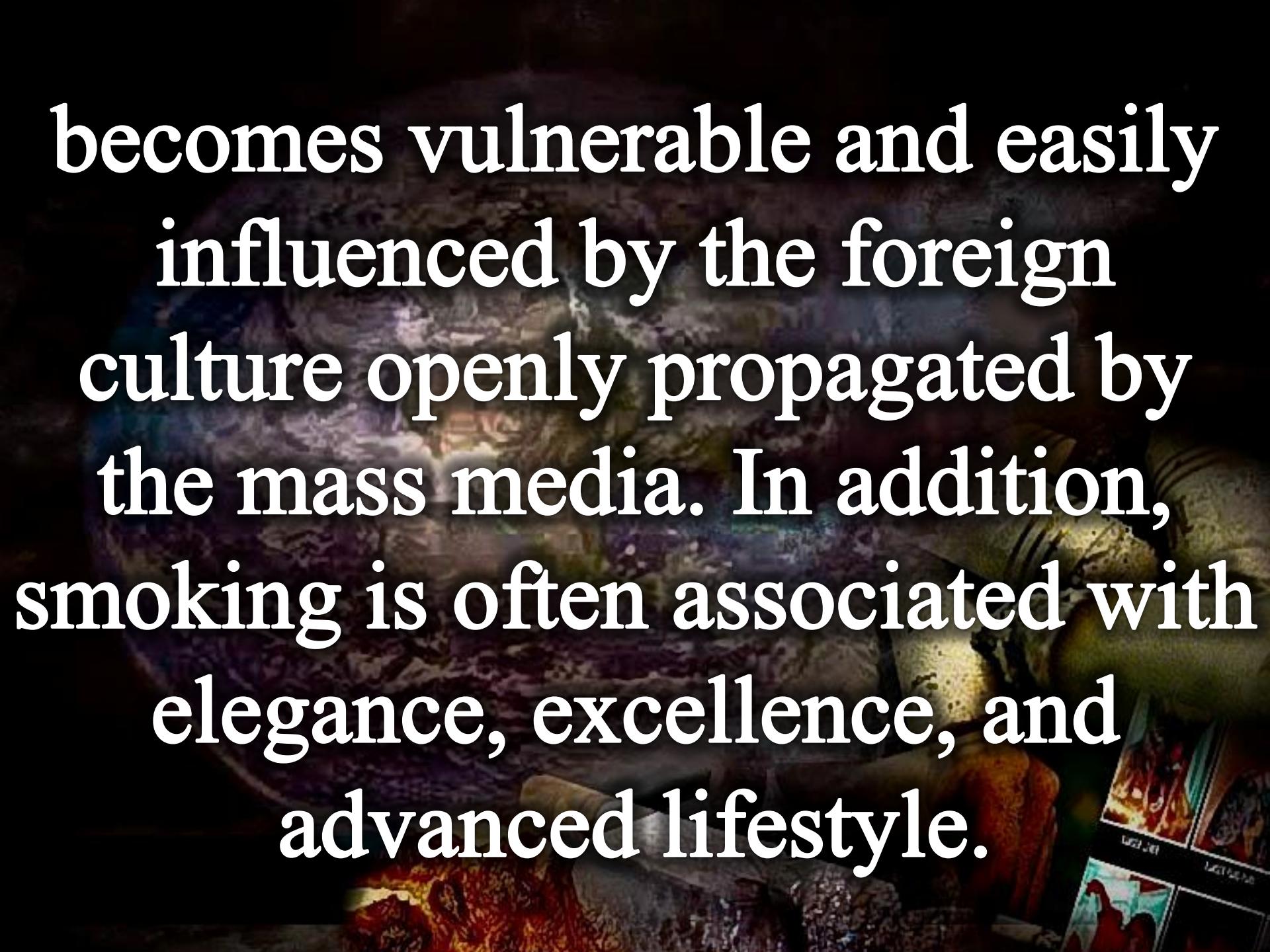


I implore myself and all of us to  
manifest our *taqwa* of Allah  
*Subhaanahu Wata ‘aala* with  
obedience and dutifulness in  
fulfilling His Commands and

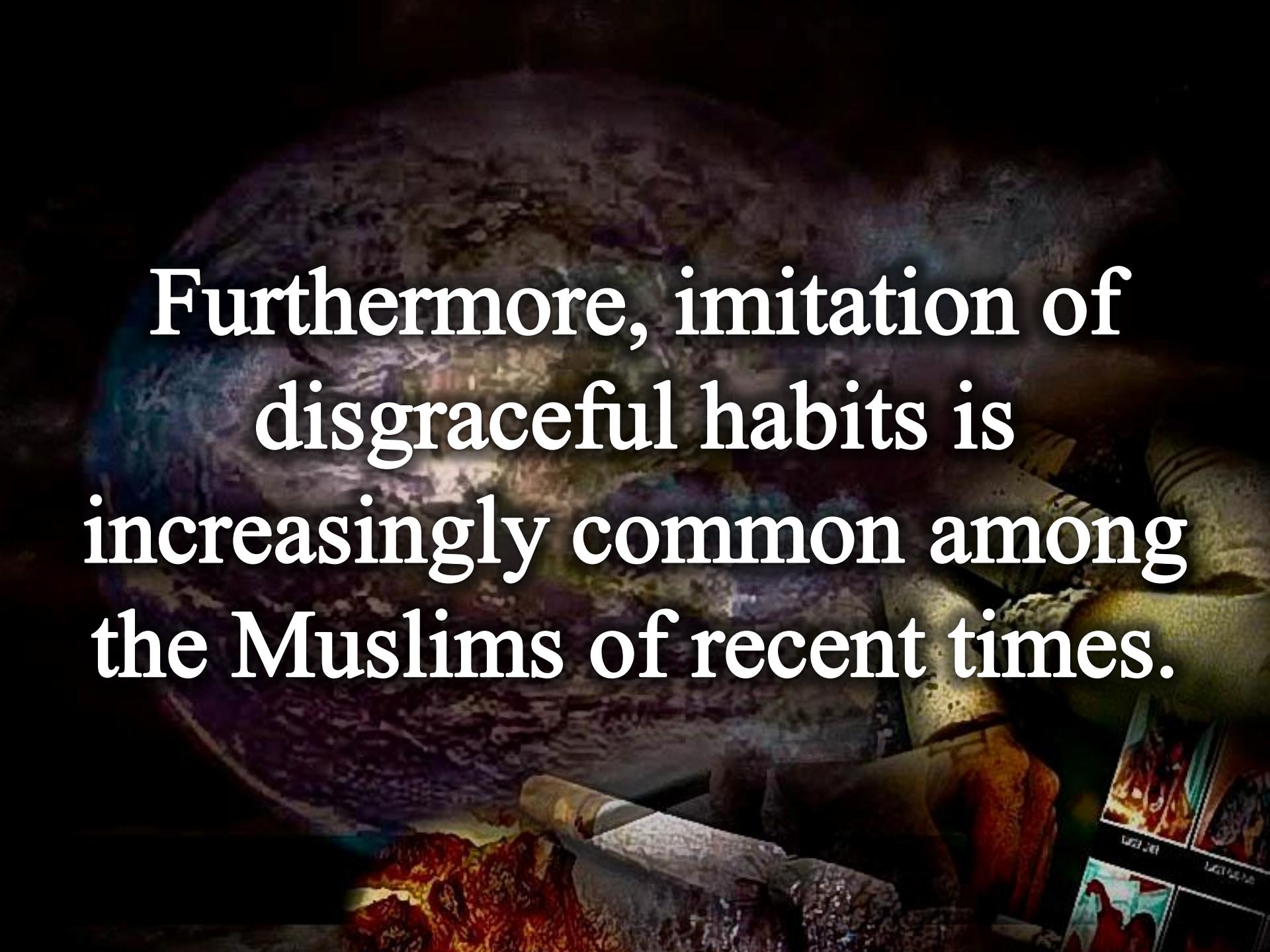
avoiding His prohibitions, with  
pure and absolute obedience.

We sincerely hope to attain His  
*Rahmah* and be among those  
whom He *Subhaanahu  
Wata'aala* is pleased with.

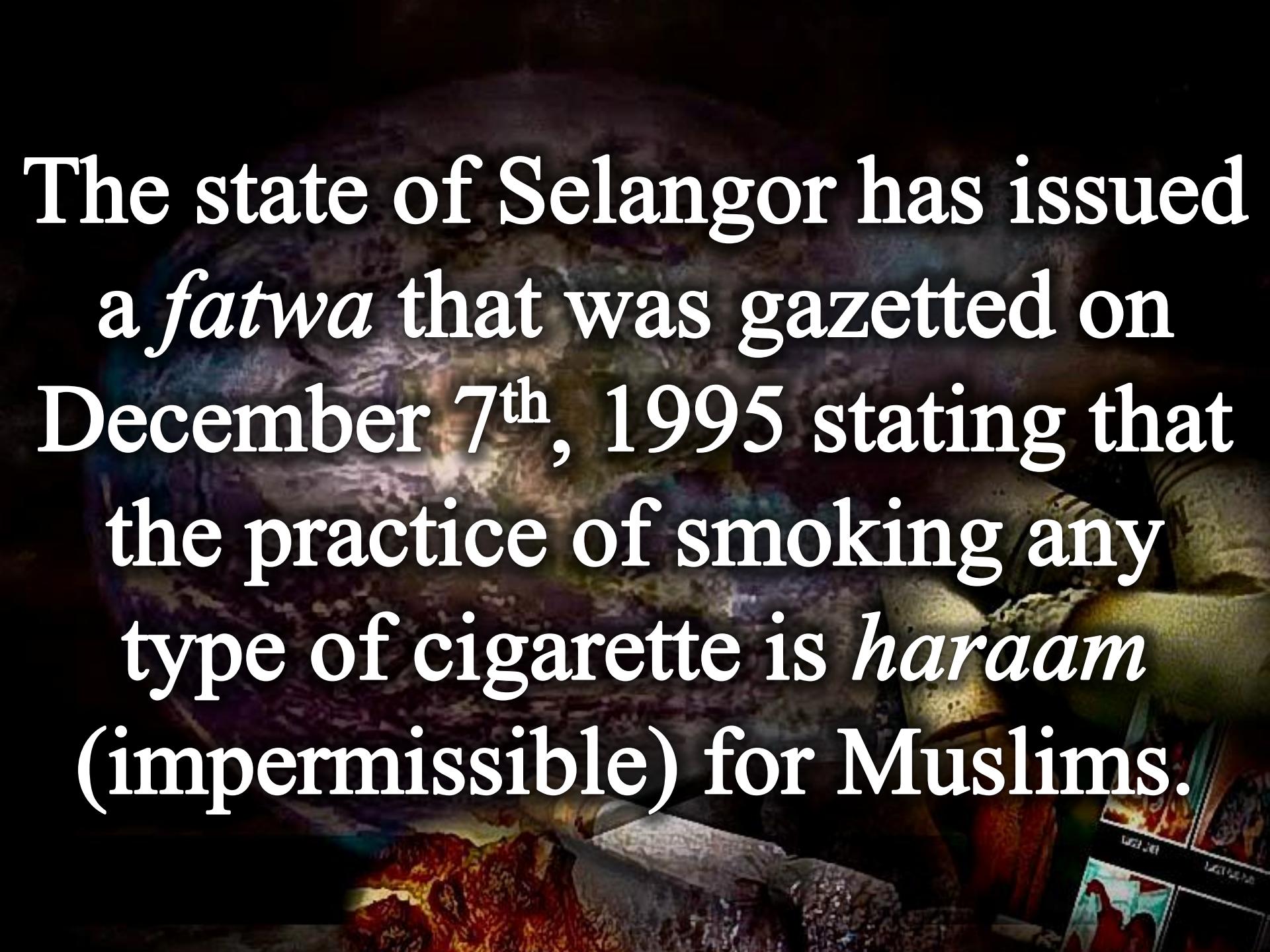
Nowadays, it is unfortunate that smoking has become a common habit for some within our society, so much that it is at times viewed as a norm that is to be proud of. This fallacy is born when the society,



becomes vulnerable and easily influenced by the foreign culture openly propagated by the mass media. In addition, smoking is often associated with elegance, excellence, and advanced lifestyle.



Furthermore, imitation of  
disgraceful habits is  
increasingly common among  
the Muslims of recent times.



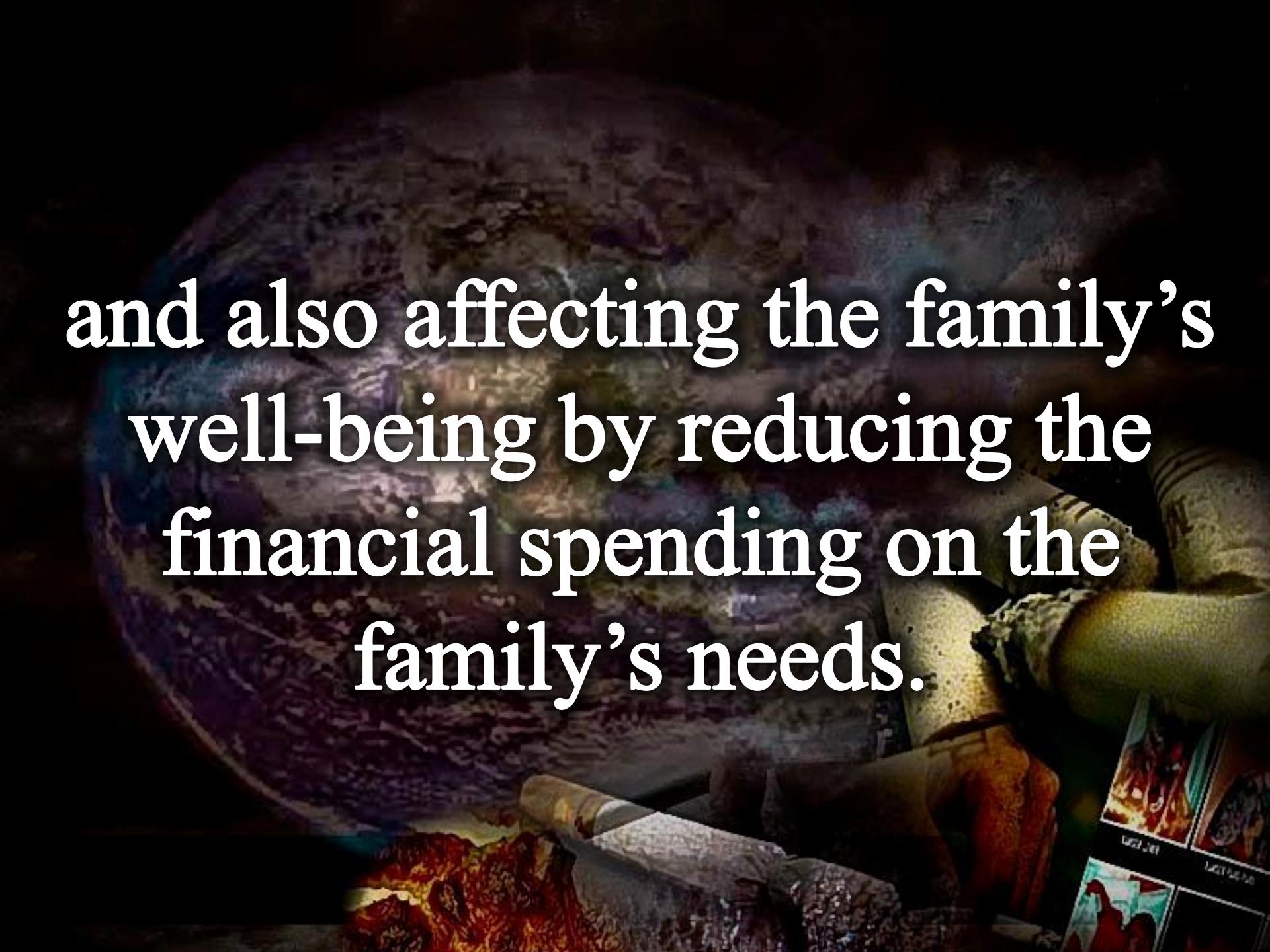
The state of Selangor has issued a *fatwa* that was gazetted on December 7<sup>th</sup>, 1995 stating that the practice of smoking any type of cigarette is *haraam* (impermissible) for Muslims.

The Fatwa Committee of the National Council on Islamic

Affairs of Malaysia has concluded on March 23<sup>rd</sup>, 1995 that smoking takes the ruling of *haraam* in Islam due to its harmful effect.

The Kingdom of Saudi Arabia has issued a *fatwa* stating that smoking, growing tobacco, and selling tobacco are all *haraam* due to all the harm that is associated with them.

Both Shaykh Hasanayn Makhluf, former Mufti of Egypt, and Imam Abdul Halim Mahmud in his book, have issued *fataawa* stating the ruling of smoking is *haraam* due to its harmful effect on the health

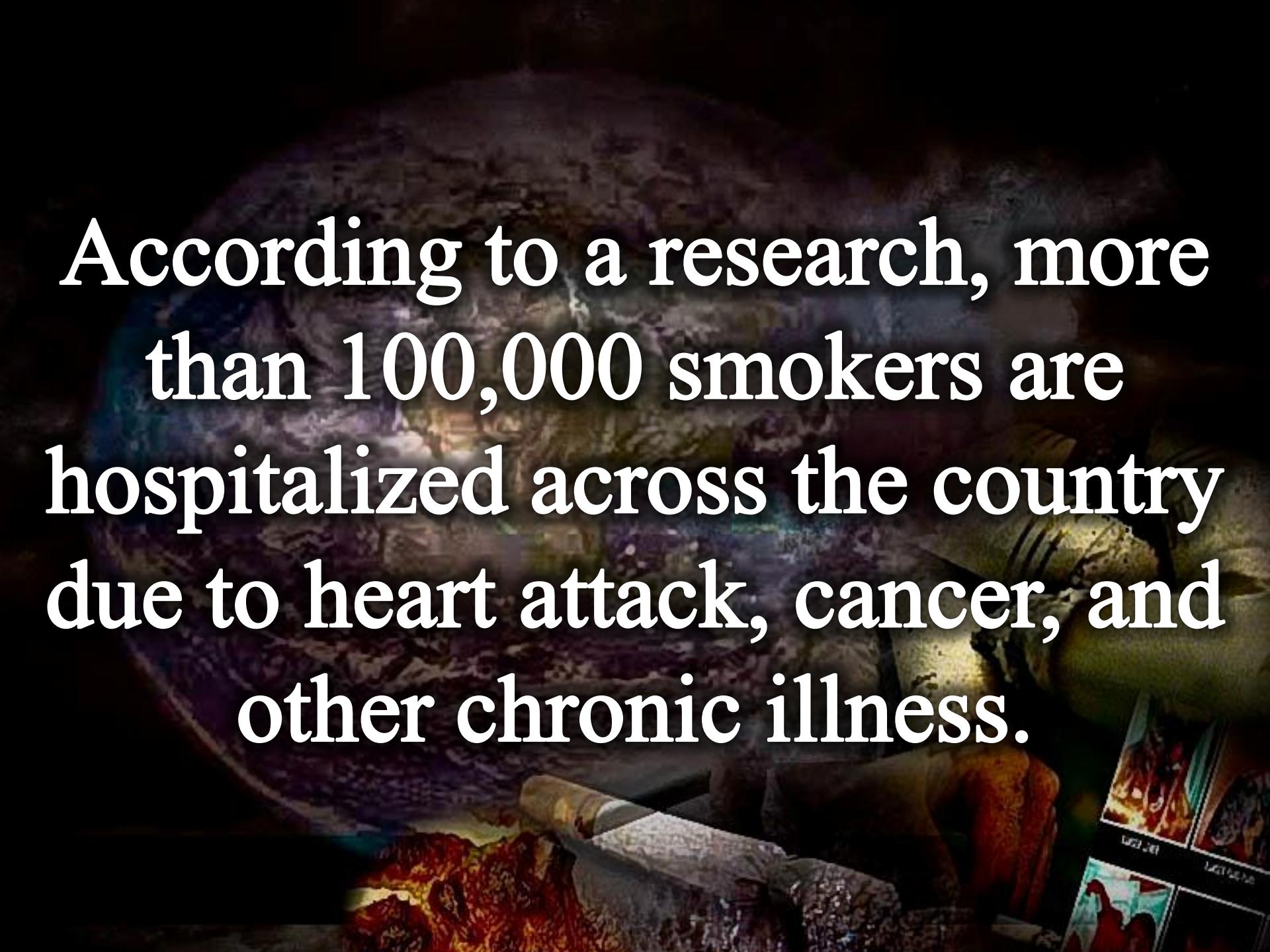


and also affecting the family's well-being by reducing the financial spending on the family's needs.

Furthermore, many of contemporary `ulamaa such as Dr Yusuf al-Qaradawi and Dr Abdul Jalil Shalabi have unanimously agreed in stating that smoking is *haraam* due to its harm to the health of the society.

If we refer to all these *fataawa* and the opinion of the 'ulamaa from all over the world, then it is a unanimous agreement among them that smoking is *haraam*.

In Malaysia, smoking accounts for 10,000 deaths annually; where 30% are caused by 10 different types of cancer such as lung, mouth, throat, urinary bladder, kidney, and stomach. 50% of deaths are caused by heart attack and stroke.



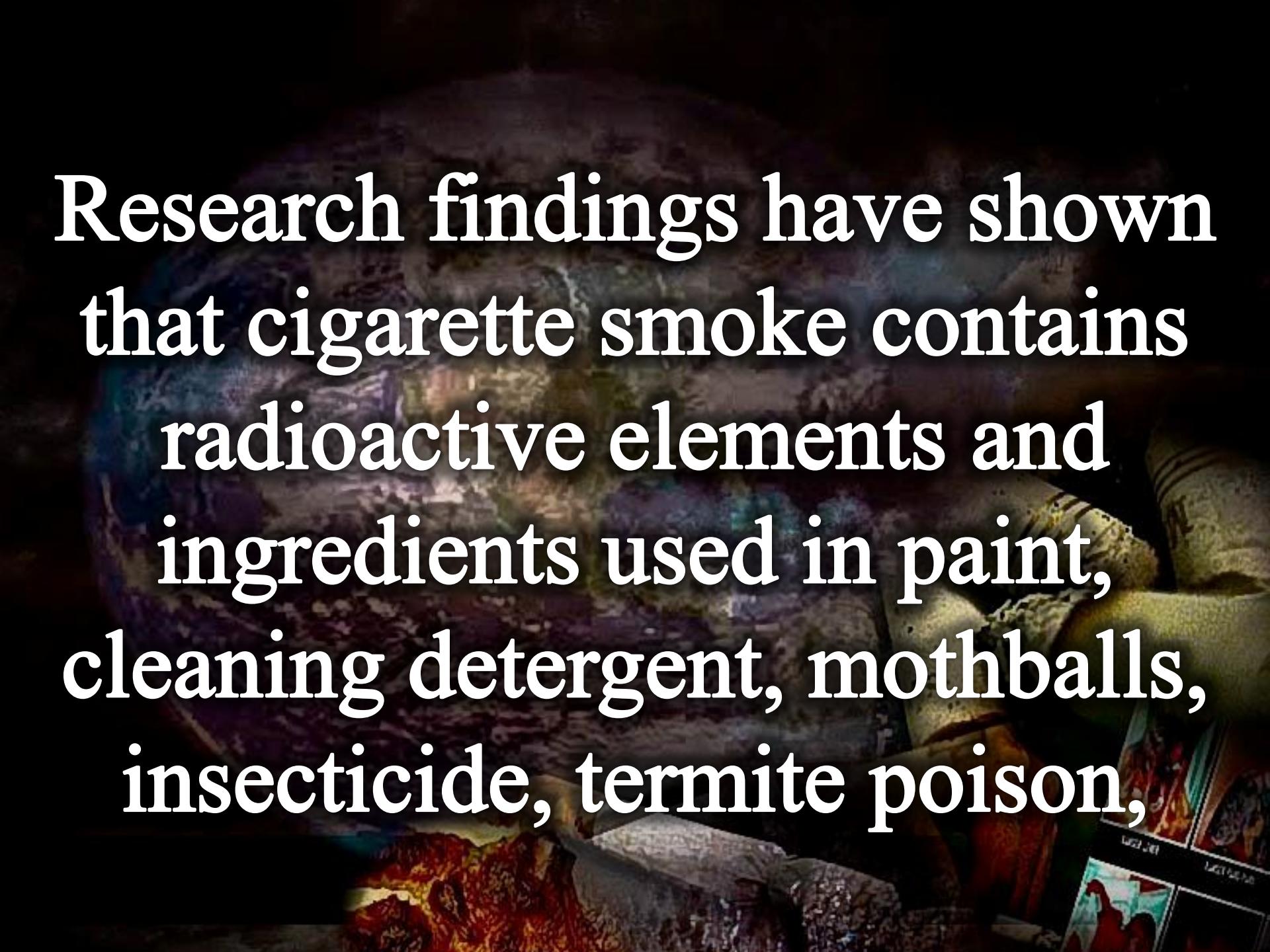
According to a research, more than 100,000 smokers are hospitalized across the country due to heart attack, cancer, and other chronic illness.



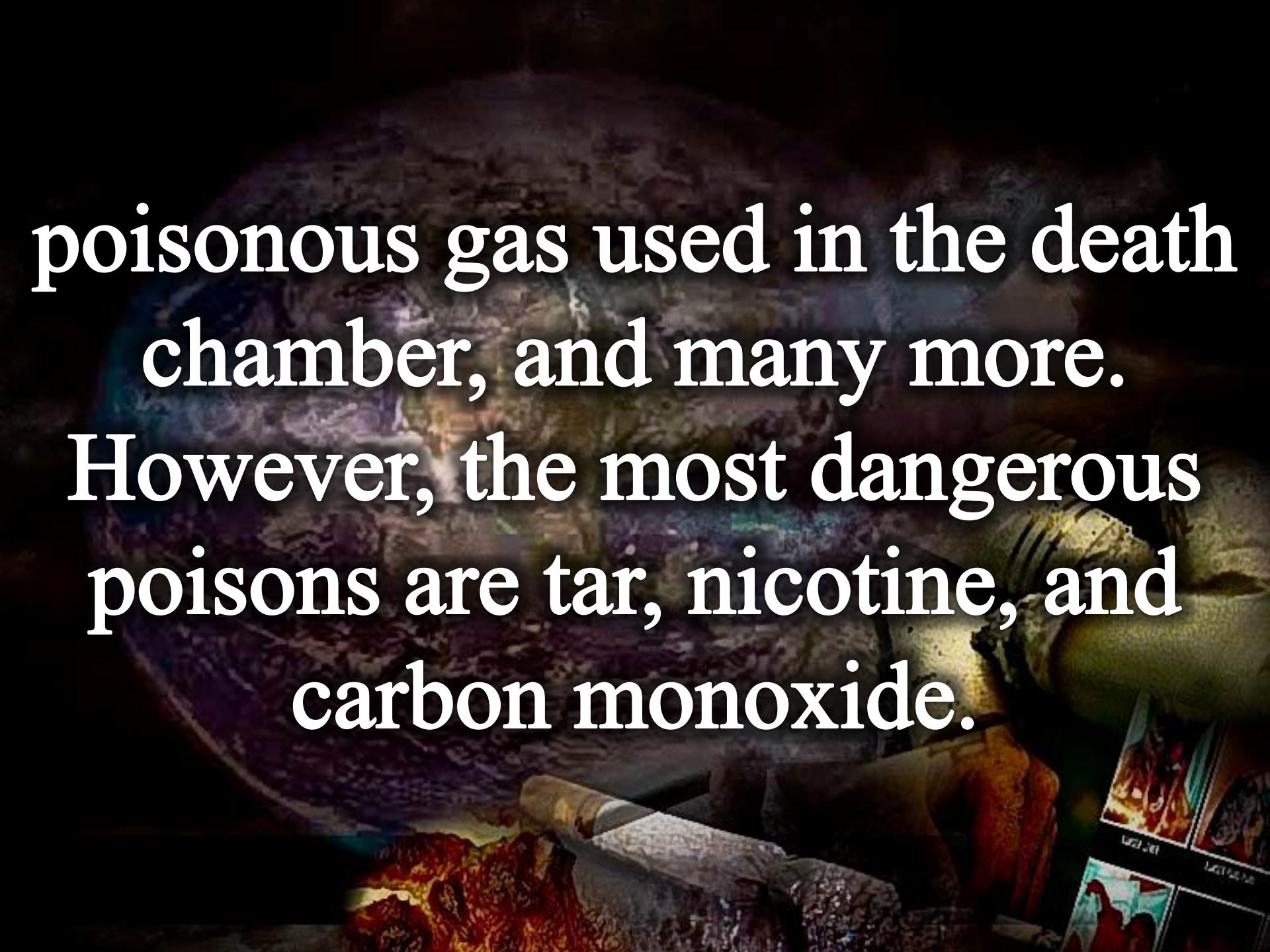
More importantly, the country endures a loss of approximately RM20 billion annually due to the treatment cost and productivity decline.

In truth, smoking is a dangerous habit that is detrimental to the human being. Every cigarette lit emits more than 4000 poisonous chemicals that can cause death.

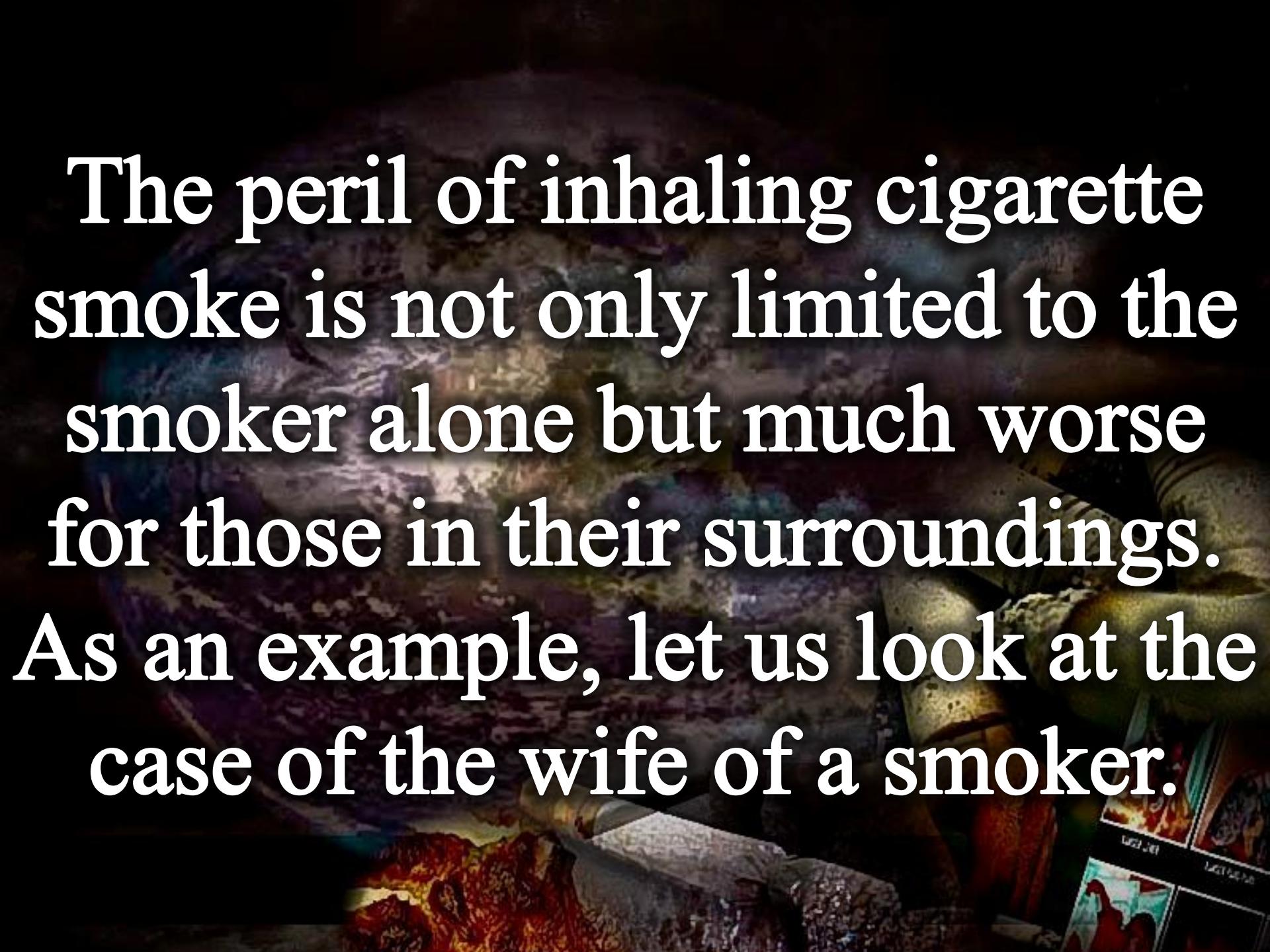
This clearly shows how each puff will only bring one closer to death.



Research findings have shown that cigarette smoke contains radioactive elements and ingredients used in paint, cleaning detergent, mothballs, insecticide, termite poison,

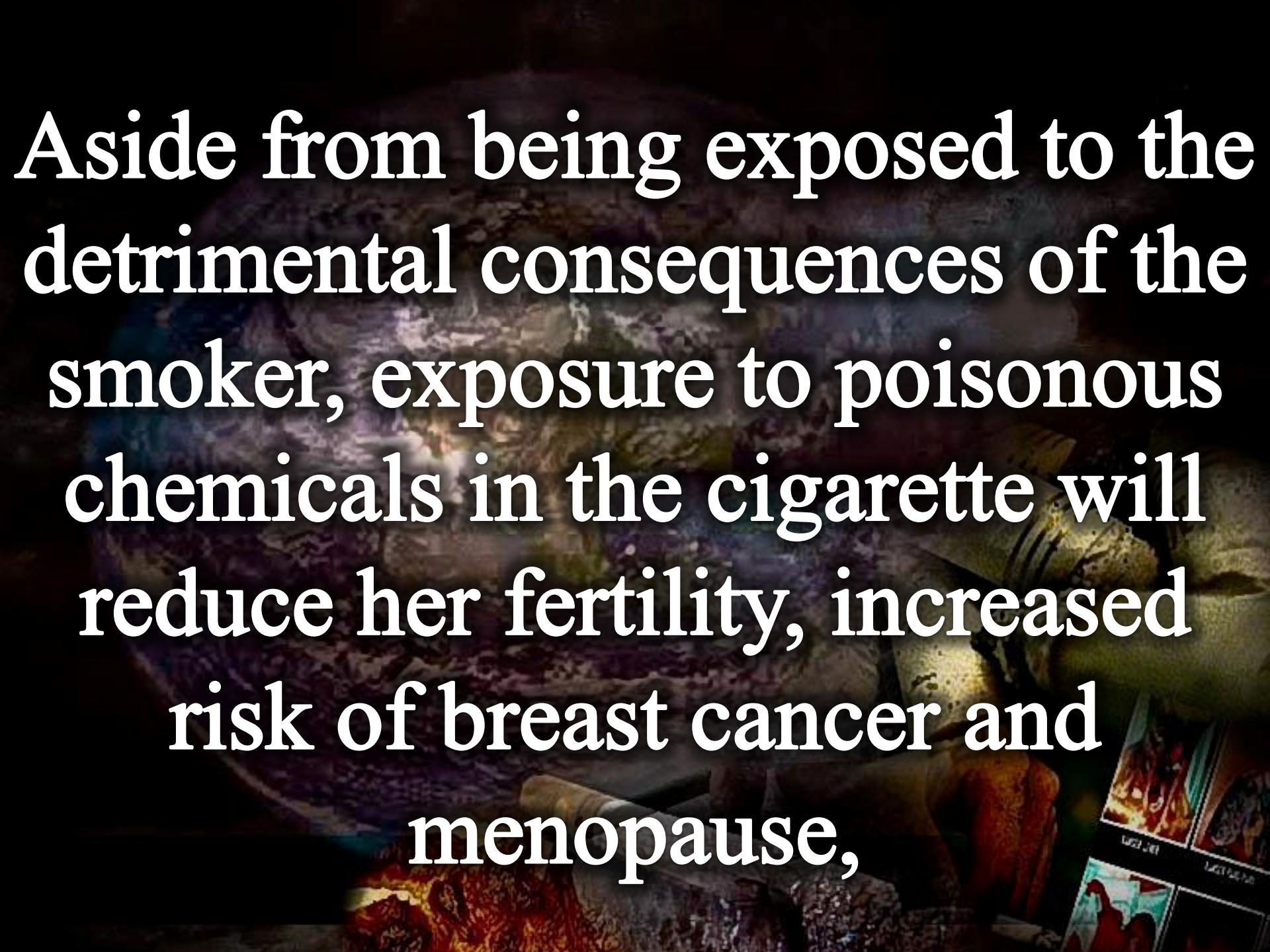


poisonous gas used in the death chamber, and many more. However, the most dangerous poisons are tar, nicotine, and carbon monoxide.

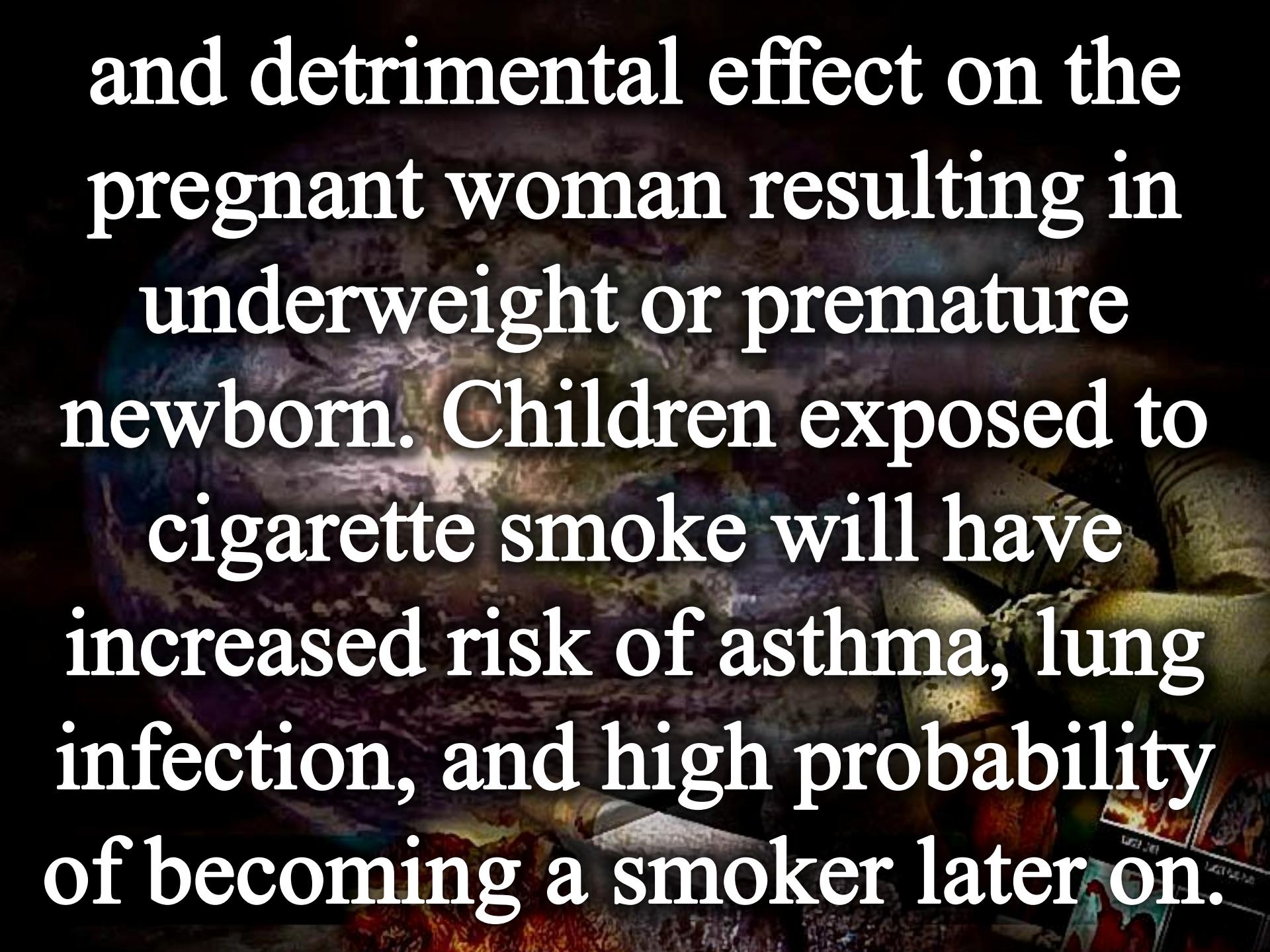


The peril of inhaling cigarette smoke is not only limited to the smoker alone but much worse for those in their surroundings.

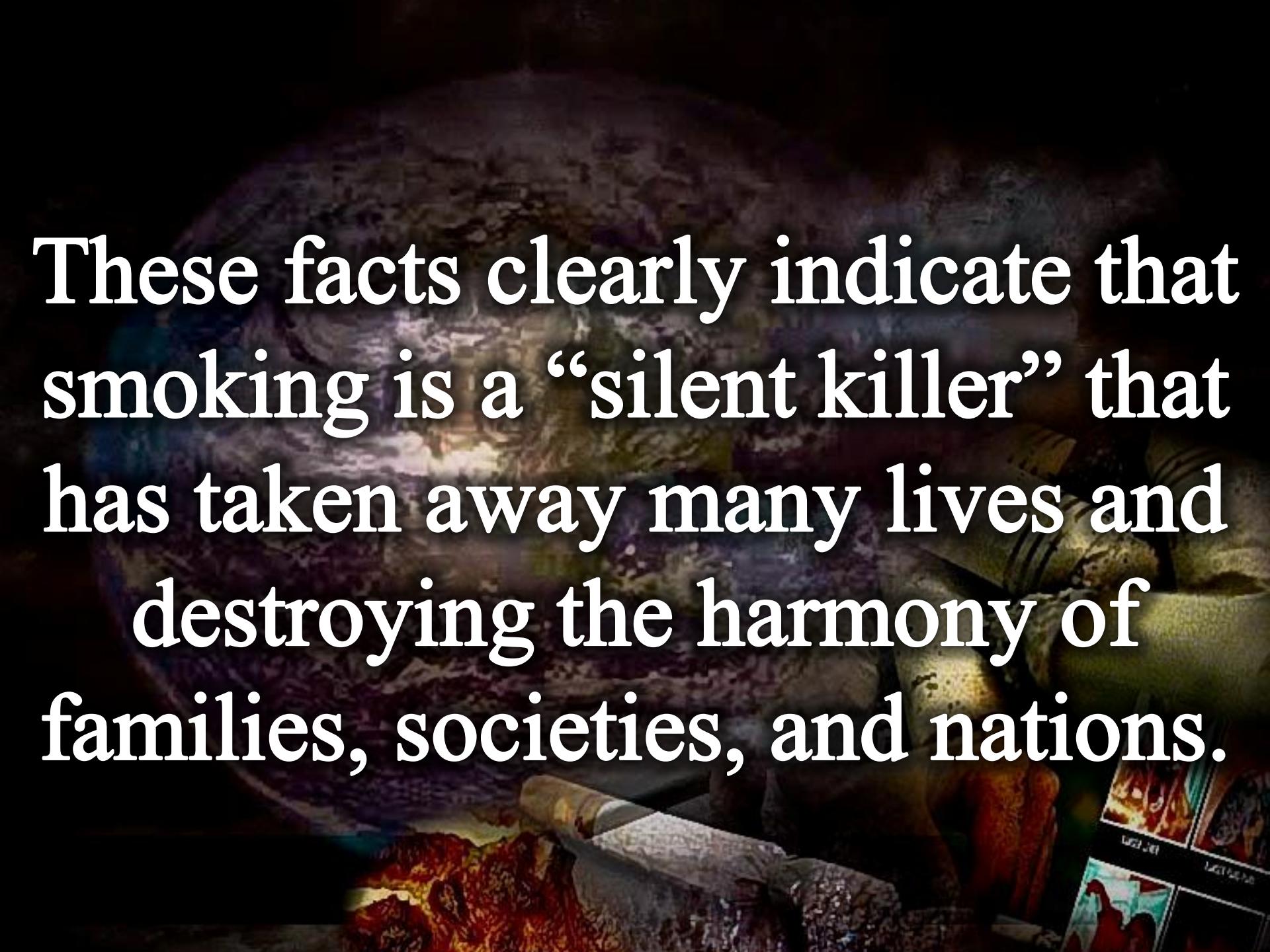
As an example, let us look at the case of the wife of a smoker.



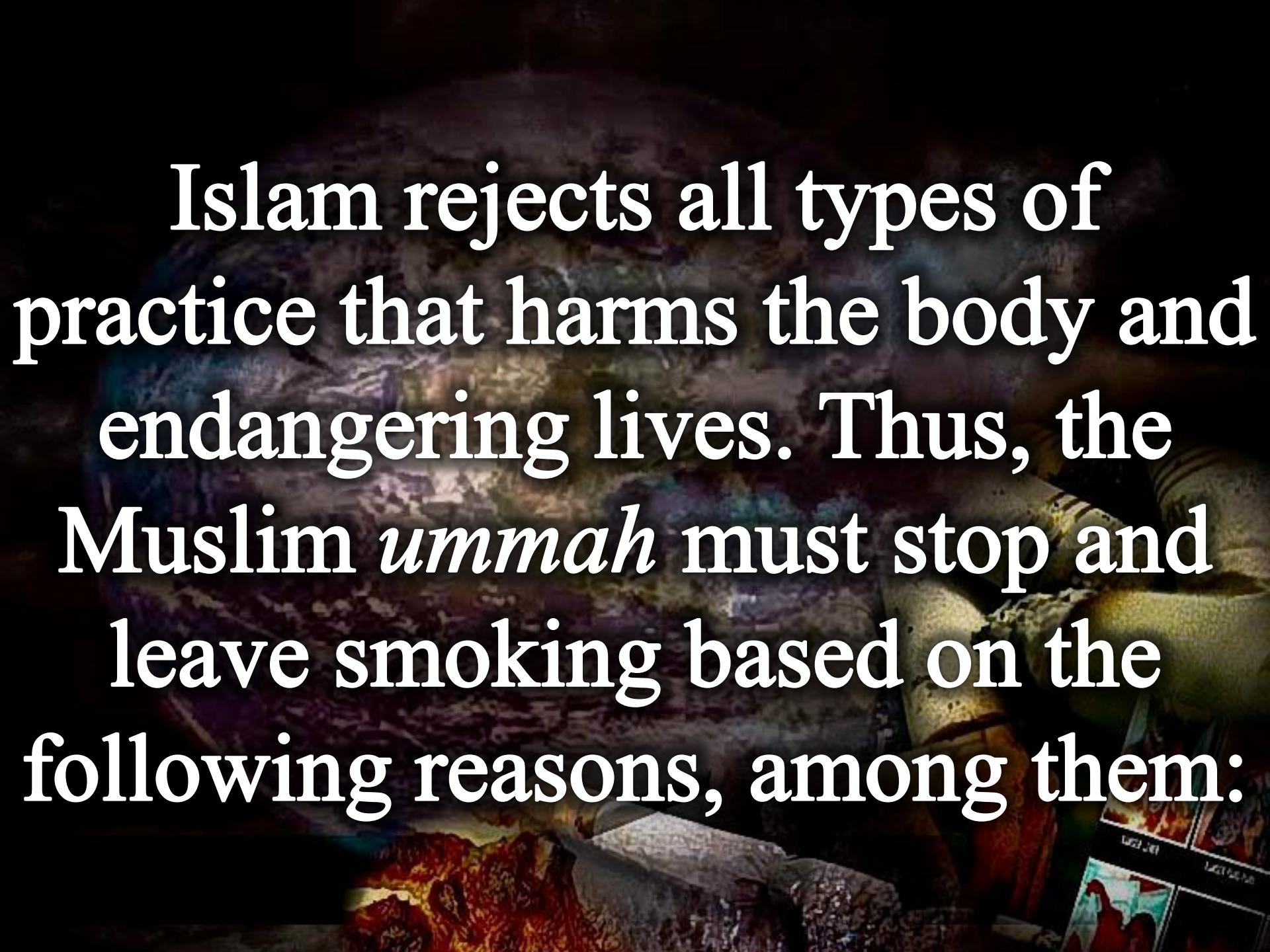
Aside from being exposed to the detrimental consequences of the smoker, exposure to poisonous chemicals in the cigarette will reduce her fertility, increased risk of breast cancer and menopause,



and detrimental effect on the pregnant woman resulting in underweight or premature newborn. Children exposed to cigarette smoke will have increased risk of asthma, lung infection, and high probability of becoming a smoker later on.



These facts clearly indicate that smoking is a “silent killer” that has taken away many lives and destroying the harmony of families, societies, and nations.



Islam rejects all types of practice that harms the body and endangering lives. Thus, the Muslim *ummah* must stop and leave smoking based on the following reasons, among them:

1- Smoking endangers the health and al-Qur'an forbids mankind from harming themselves. Allah *Subhaanahu Wata 'aala* mentions in al-Qur'an:

“And spend in the way of Allah  
and do not throw [yourselves]  
with your [own] hands into  
destruction [by refraining]. And  
do good; indeed, Allah loves the  
doers of good.”  
(al-Baqarah 2:195)

2- The habit of smoking causes extreme waste of money. Islam prohibits Muslims from wastefulness. Allah *Subhaanahu Wata ‘aala* mentions in al-Qur’an:

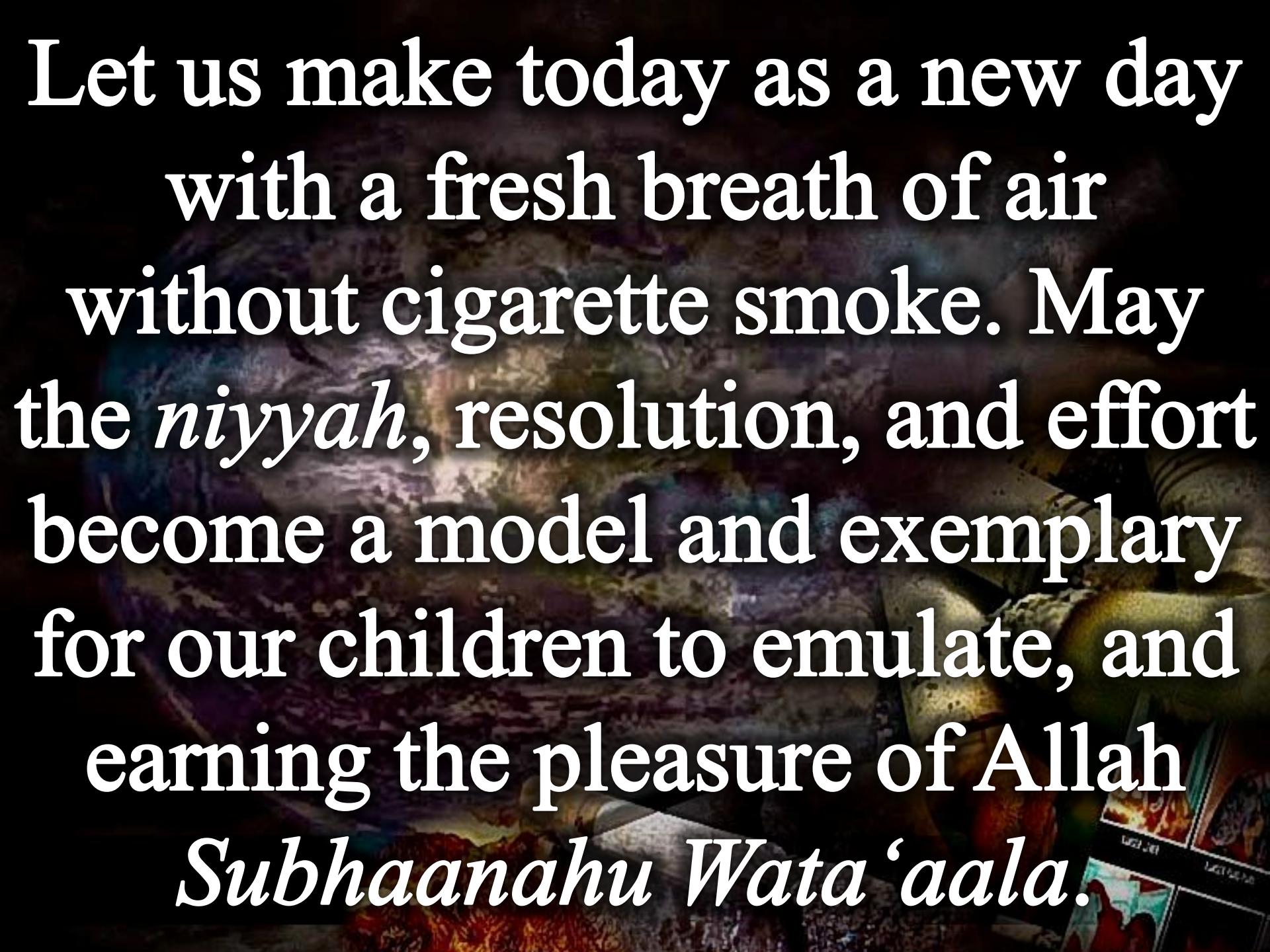
“And give the relative his right, and [also] the poor and the traveler, and do not spend wastefully. Indeed, the wasteful are brothers of the devils, and ever has Satan been to his Lord ungrateful.”

(al-Israa’ 17:26-27)

3- The smokers inhale fumes that bring no benefit. This is similar to the dwellers of the Fire who will consume the thorny plant, as Allah *Subhaanahu Wata'aala* mentions in al-Qur'an:

“For them there will be no food except from a poisonous, thorny plant. Which neither nourishes nor avails against hunger.”  
(al-Ghaashiyah 88:6-7)

Let us make today as a new day  
with a fresh breath of air  
without cigarette smoke. May  
the *niyyah*, resolution, and effort  
become a model and exemplary  
for our children to emulate, and  
earning the pleasure of Allah  
*Subhaanahu Wata'aala.*



We pray that Allah *Subhaanahu  
Wata 'aala* will strengthen our  
*imaan* and determination in  
fighting off smoking addiction.

Everyone should unify their  
effort in eradicating the  
smoking habit,

from becoming a common disease in the society. Actions must be taken against the tobacco industry that largely contributes to endangering the health of the masses and polluting the environment.

We must take heed for we are living under the authority of Allah *Subhaanahu Wata'aala* owner of the heavens and the earth, and everything between them. Everything that we utilize and enjoy, including our body parts,

limbs, the soul in our body, and the health, all belongs to Allah *Subhaanahu Wata`aala*. In actuality, these *ni`mah* (bounties) are great *amaanah* that we will be held accountable for in the Hereafter.

“And let there be [arising] from you a nation inviting to [all that is] good, enjoining what is right and forbidding what is wrong, and those will be the successful.”

(Aali-‘Imraan 3:104)

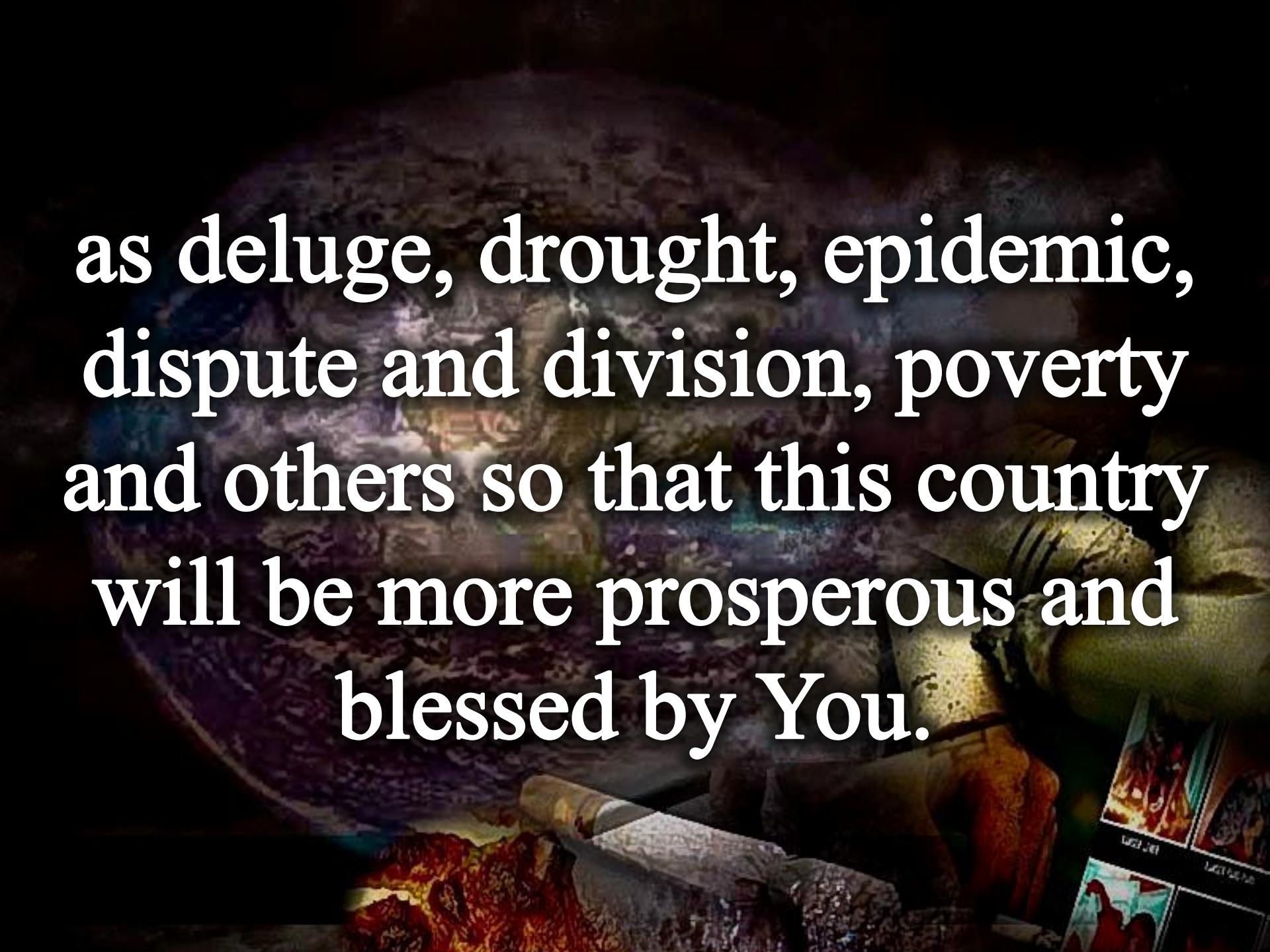
بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي وَإِيَّاكُمْ  
بِمَا فِيهِ مِنَ الْأَيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَبَقَّلَ مِنِي وَمِنْكُمْ  
تِلَوَتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ. أَقُولُ قَوْلِي هَذَا  
وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِيْ وَلَكُمْ وَلِسَائِرِ الْمُسْلِمِينَ  
وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ الْأَخْيَاءِ مِنْهُمْ  
وَالْأَمْوَاتَ فَاسْتَغْفِرُوهُ  
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

O Allah,

The Most Merciful, we thank You for all Your Mercy and Pleasure that enable us to enhance and strengthen our Islamic states, especially Selangor, as a developed and peaceful state.

O Allah,

We beg you to increase our good practice, strengthen our unity, grant us prosperous life, enrich us with beneficial knowledge, flourish our souls with noble character, return our youngsters to the right path, save us from Your biggest test such



as deluge, drought, epidemic,  
dispute and division, poverty  
and others so that this country  
will be more prosperous and  
blessed by You.



**DI SEDIAKAN OLEH :  
UNIT KHUTBAH,  
JABATAN AGAMA ISLAM SELANGOR**

**ILLUSTRASI OLEH:  
UNIT TEKNOLOGI MAKLUMAT  
JABATAN AGAMA ISLAM SELANGOR**