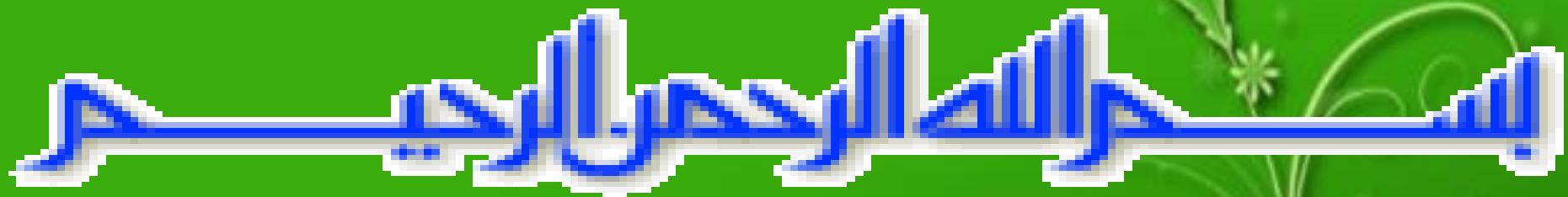




جامعة اسلامیة سلیمانیہ

JABATAN AGAMA ISLAM SELANGOR

AVOID WASTING,
REDUCE FOOD
WASTE



Let us strive to increase our
taqwa of Allah *Subhaanahu Wata'aala* with full certainty
and sincerity by performing all
of His Commands and avoiding
all of His prohibitions.

Truly, may we become individuals having *taqwa* and *imaan*, attaining salvation in this world and the Hereafter.

On this blessed day, let us ponder upon a *khutbah* entitled: “*Avoid Wasting, Reduce Food Waste.*”

As humans, definitely we are always hoping for a life that is filled with ease, comfort, and happiness. We must be grateful and appreciate all the bounties bestowed by Allah *Subhaanahu Wata ‘aala*

upon us that serves as basic needs for human lives. The water, air, plants, animals, and others are all Allah's creations that serve as complement to human lives on the face of earth.

That is why Islam truly emphasizes on the importance of preserving and protecting the environment. We as humans whom have been gifted with the mind should preserve and strive to

bring prosperity on earth, which was bestowed by Allah, in a way that is befitting, not by destroying, polluting, and wasting it. In 2014, it was indicated that citizens in peninsula

Malaysia had produced 30,764 tons of solid waste daily and 36,659 tons of solid waste daily for the entire nation including Sabah and Sarawak.

Unfortunately, 45.5% of this amount are actually wasted food and almost of all of them are sent to landfills. This indicates that Malaysians, whether consciously or not, has

wasted lots of food by throwing out 16,680 tons of food daily into the trash can that goes straight to the landfill. This actually goes against the teachings of Islam and wastefulness is the

practice of *shaytaan*. Allah

Subhaanahu Wata'aala

mentions in al-Qur'an:

“Indeed, the wasteful are
brothers of the devils, and
ever has Satan been to his
Lord ungrateful.”

(al-Israa' 17:27)

Among the cause for such wastefulness is as follows:

1- The society's attitude in extravagance when it comes to food, deeming that there is no loss incurred when food are thrown away.

2- No thorough planning made prior to purchasing groceries where in the end some of the purchased items were never used, only to be thrown away after its expiry.

3- One's own evil greed especially when attending open house, banquets, and *iftaar* gathering. Hoarding and loading up plates with variety of food due to one's evil desire and empty

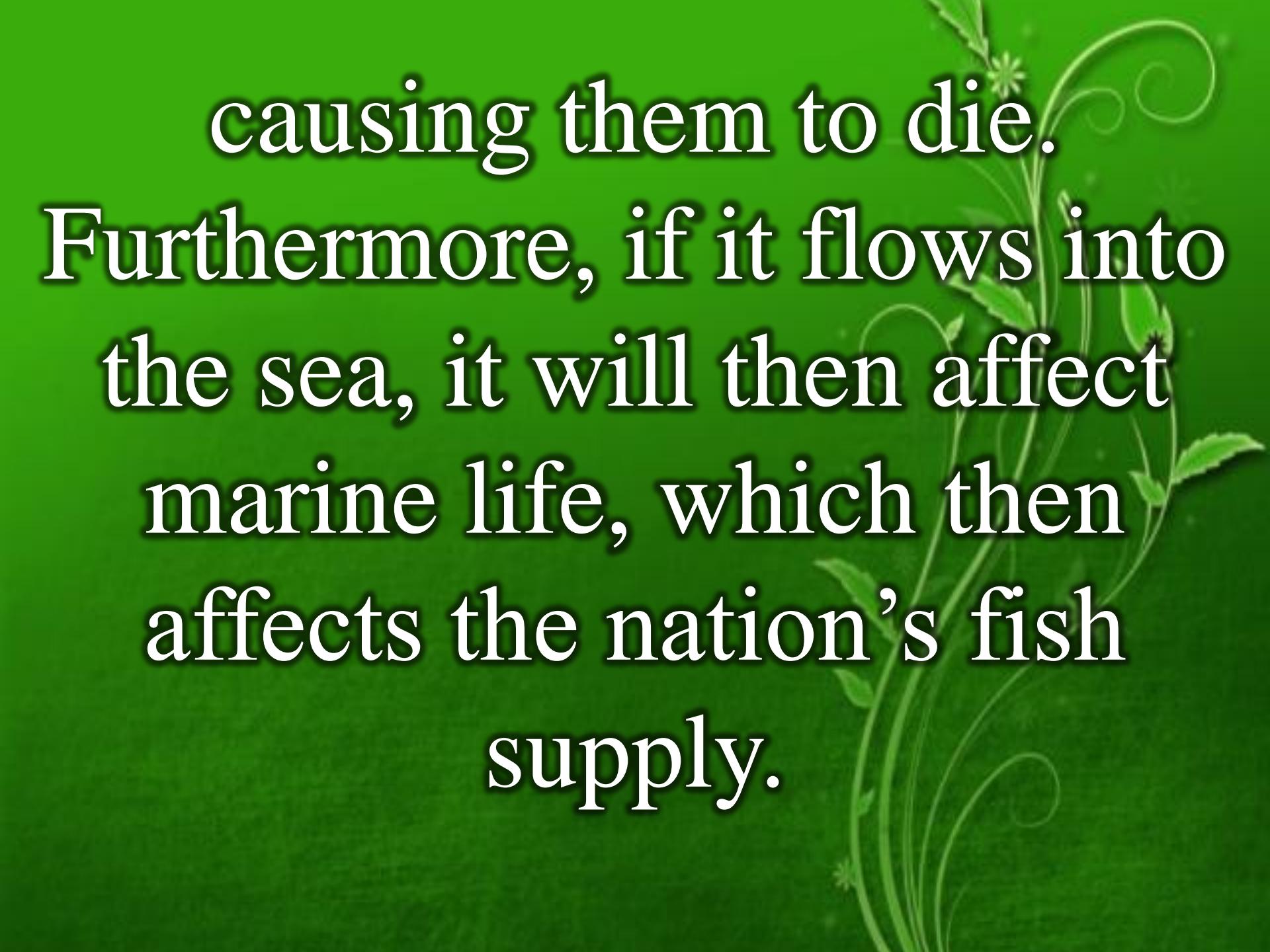
stomach, which then goes untouched, ultimately thrown into the trash can.

This wastage of food is not only against the teachings of Islam, but causes numerous problems as follows:

1- Polluting the environment,
because the wasted food that
was thrown away will decay
and emit poisonous gas such as
methane, which burns quickly,

and carbon monoxide that contributes to global warming. Consequently, natural disaster that has never taken place would then strike such as flooding, strong storm, and others.

Moreover, this decomposition actually gives off leachate which if not properly treated can pollute our drinking source and aquatic wildlife in streams such as fish and shrimp,



causing them to die.

Furthermore, if it flows into the sea, it will then affect marine life, which then affects the nation's fish supply.

Allah Subhaanahu Wata 'aala
mentions in al-Qur'an:

“Corruption has appeared
throughout the land and sea
by [reason of] what the hands
of people have

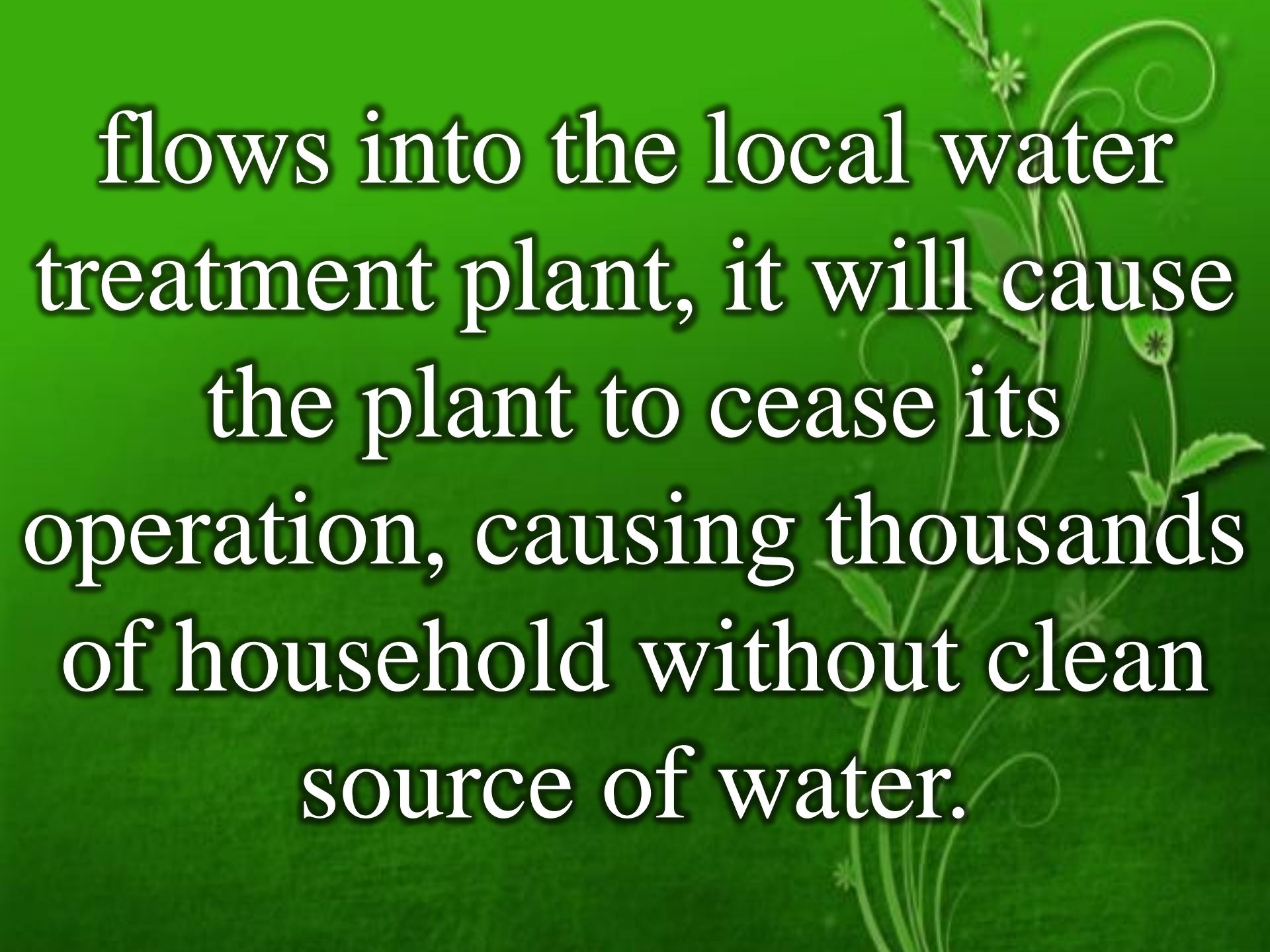
earned so He may let them taste part of [the consequence of] what they have done that perhaps they will return [to righteousness].”

(ar-Room 30:41)

2- It is a waste of public funds because the treatment process for leachate and methane gas in reaching the required standard requires a substantial amount of funds, while the gas and leachate

will be produced continuously for many years even though after the closure of the landfill.

3- It affects the water source, where if the wastewater is not properly treated and then



flows into the local water treatment plant, it will cause the plant to cease its operation, causing thousands of households without clean source of water.

4- The nation's food supply will be affected due to the demand being greater than the nation's food production. In the end, prices of sources and ingredients such as rice, sugar, flour, chicken, and

others will skyrocket and some food items will then have to be imported from abroad. With the unstable global temperature due to the temperature rise worldwide, the agricultural output in

most food exporting nations
has declined, causing
importing cost for food stuff
to rise.

In this regard, we truly hope
that the government through its
National Solid Waste
Management Department,
Ministry of Urban Wellbeing,
Housing, and Local
Government will

continue with intensified efforts in overcoming this problem through awareness campaigns such as recycle run, posters, establishing recycling bank in schools, seminars, and other programs.

Aside from that, the government is currently building new sanitary landfill sites, upgrading the existing landfills, building incinerator plants, and composting plants to meet

the current needs of the nation's waste management. However, the government's efforts will render in vain if Malaysians still resort to the prevailing lifestyle, producing trash as they wish.

In a *hadeeth* collected in *Saheeh al-Bukhaari*, it was narrated that the Companion of Rasulullah ﷺ, Abu Bakr as-Siddeeq *radiyAllaahu ‘anh* had requested ‘A’ishah *radiyAllaahu ‘anha* to shroud

his dead body with the clothing
that he was wearing. This is
because he felt that new
clothing will be more beneficial
for the living. Here it shows us
how the Companions also
display the

same attitude as Rasullullah ﷺ, which is to optimize the usage of any item.

Therefore, let us work together and galvanize our efforts in overcoming this matter by inculcating

practices such as:

- 1- Instilling the appreciation for food to our children and educating them to not waste their food.
- 2- Remaining thrifty and frugal when it comes to the

quantity of food consumed.

3- Planning ahead and listing out the grocery needed so as to avoid purchasing unnecessary food items.

4- Giving away extra and leftover food to welfare

organizations and those in need such as the poor and needy.

5- Processing or composting excessive foods into fertilizers that can be later used to fertilize the soil and plants.

6- Utilizing the existing waste disposal facilities at recycling centers.

7- It is onus upon the Muslim *ummah* to maintain the cleanliness of their

surrounding and not become
litterbugs.

Abu Maalik al-Ash‘ari
radiyAllaahu ‘anh reported:

Rasulullah ﷺ (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) said:

“Cleanliness is half of faith...”

(Muslim)

With that, it can be concluded that the littering of waste disposal and excessive food not only has adverse effect upon us and the environment, but it is also prohibited in our

religion. Hence, let us consolidate our work with the authority in the noble effort to reduce excessive food waste.

“It is Allah who created the
heavens and the earth and
sent down rain from the
sky and produced thereby
some fruits as provision for

you and subjected for you
the ships to sail through
the sea by His command
and subjected for you the
rivers.”

(Ibraaheem 14:32)

بَارَكَ اللَّهُ لِيْ وَلَكُمْ فِي الْقُرْآنِ الْعَظِيمِ وَنَفَعَنِي
وَإِيَّاكُمْ بِمَا فِيهِ مِنَ الْآيَاتِ وَالذِّكْرِ الْحَكِيمِ وَتَقَبَّلَ
مِنِي وَمِنْكُمْ تِلاؤتُهُ إِنَّهُ هُوَ السَّمِيعُ الْعَلِيمُ أَقُولُ
قَوْلِيْ هَذَا وَأَسْتَغْفِرُ اللَّهَ الْعَظِيمَ لِيْ وَلَكُمْ وَلِسَائِرِ
الْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ
الْأَحْيَاءِ مِنْهُمْ وَالْأَمْوَاتِ فَاسْتَغْفِرُوهُ
إِنَّهُ هُوَ الْغَفُورُ الرَّحِيمُ

O Allah, you are the Lord that is All Mighty, we are grateful to You for having bestowed upon us *rahmah* and *ni'mah*, that we are able to continue the effort in empowering the Muslim *ummah* especially in Selangor, as an advanced state, prosperous, and providing welfare.

**Hence, we sincerely beseech you,
O Allah, strengthen our *imaan*,
accept our deeds, strengthen our
unity, increase our *rizq*, enrich
us with beneficial knowledge,
cultivate our soul with good
mannerisms,**

**return us to the path that you
are pleased with, protect us
from disasters and your severe
trials, so that our nation will
become more peaceful and filled
with blessings.**

O Allah, we sincerely beseech you, strengthen our beliefs according to the creed of *Ahlus Sunnah wal-Jamaa'ah*, and protect us from deeds and 'aqeedah that are astray such as the extreme *Shee'is*, *Qadiyani*, and other ideologies.

O Allah, open up our hearts in fulfilling the five daily prayers, performing *zakaat*, and other obligations. Bless those that have fulfilled their *zakaat* and loving the *fuqaraa'* and *masaakin*, and those that have

made *waqf* and gave up their wealth for the *Tabung Amanah Pembangunan Islam Selangor* (Islamic Development Trust Fund of Selangor) with continuous reward until the Day of Judgment.



DISEDIAKAN OLEH :
UNIT KHUTBAH, BAHAGIAN PENGURUSAN MASJID
JABATAN AGAMA ISLAM SELANGOR

ILLUSTRASI OLEH :
UNIT TEKNOLOGI MAKLUMAT,
JABATAN AGAMA ISLAM SELANGOR