



# Parenting is a Journey

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At Sleep Sidekick we know you want to be a good parent. In order to do that, you need patience and energy

The problem is when you don't get enough rest, you feel worn out. We believe that welcoming a child into your life shouldn't be exhausting

We understand that there's a million things to get done and not enough time. That's why we worked at this for 4 years to come up with the Sleep Sidekick



# Making Life a Little Easier

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Here's how it's done: put Sleep Sidekick under the mattress, help baby sleep longer, and stay connected on how's baby doing

Introduce your little one to Sleep Sidekick, so you can stop doing everything yourself and start helping the family sleep better

