A very specific review and some coupled oscialltions

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Things to recall:

• E = T + U, the total energy, is a constant of motion (in closed mechanical systems). The dynamical data under this constaint is encoded in $\dot{E} = 0$.

Ex (Simple pendulum). We have the total energy $\frac{1}{2}ml^2\dot{\theta}^2 - mgl\cos\theta$. The constancy of this quantity implies

$$\dot{E} = 0 \implies ml^2 \ddot{\theta} \dot{\theta} + mql \sin \theta \dot{\theta} = 0$$

which yields the familiar

$$\ddot{\theta} + \frac{g}{l}\sin\theta = 0$$

as the equation of motion. In this case the statement that total energy is conserved contains all the dynamical information of the system.

- A rolling object is said to not slip if its transnational velocity is matched by the tangential velocity of rolling: $\dot{q}_{center} = r\dot{\phi}$.
- What we mean when we say solving a classical mechanical system (in the Lagrangian formalism): For N degrees of freedom identify N generalized coordinates. Work in coordinate systems that are convenient for the problem. Once the coordinate system is identified, $\{q_i, \dot{q}_i\}_{i=1,\dots,N}$, construct the Lagrangian

$$L[q(t), \dot{q}(t); t] = T - U$$

and solve

$$\frac{\partial L}{\partial q_i} = \frac{d}{dt} \frac{\partial L}{\partial \dot{q}_i}$$

for each coordinate.

• When we say frequency of oscillation, we specifically mean the oscillation frequency of the harmonic oscillator. This is the ω that appears in

$$L_{SHO} = \frac{1}{2}m\dot{q}^2 - \underbrace{\frac{1}{2}m\omega^2q^2}_{U_{SHO}}$$

When you are asked to find the frequency of small oscillations, you need to figure out the parameters for which

$$U_{\text{your system}} = U_{SHO} + \mathcal{O}(q^3)$$