

Practical session - Modèles de régression régularisée

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IV. Medical data

```
tab <- read.table("diabetes.txt", header=TRUE, sep="\t")
head(tab)
```

```
##  AGE SEX  BMI  BP  S1    S2 S3 S4    S5 S6  Y
## 1  59   2 32.1 101 157  93.2 38  4 4.8598 87 151
## 2  48   1 21.6  87 183 103.2 70  3 3.8918 69  75
## 3  72   2 30.5  93 156  93.6 41  4 4.6728 85 141
## 4  24   1 25.3  84 198 131.4 40  5 4.8903 89 206
## 5  50   1 23.0 101 192 125.4 52  4 4.2905 80 135
## 6  23   1 22.6  89 139  64.8 61  2 4.1897 68  97
```

```
reg <- lm(Y~., data=tab)
summary(reg)
```

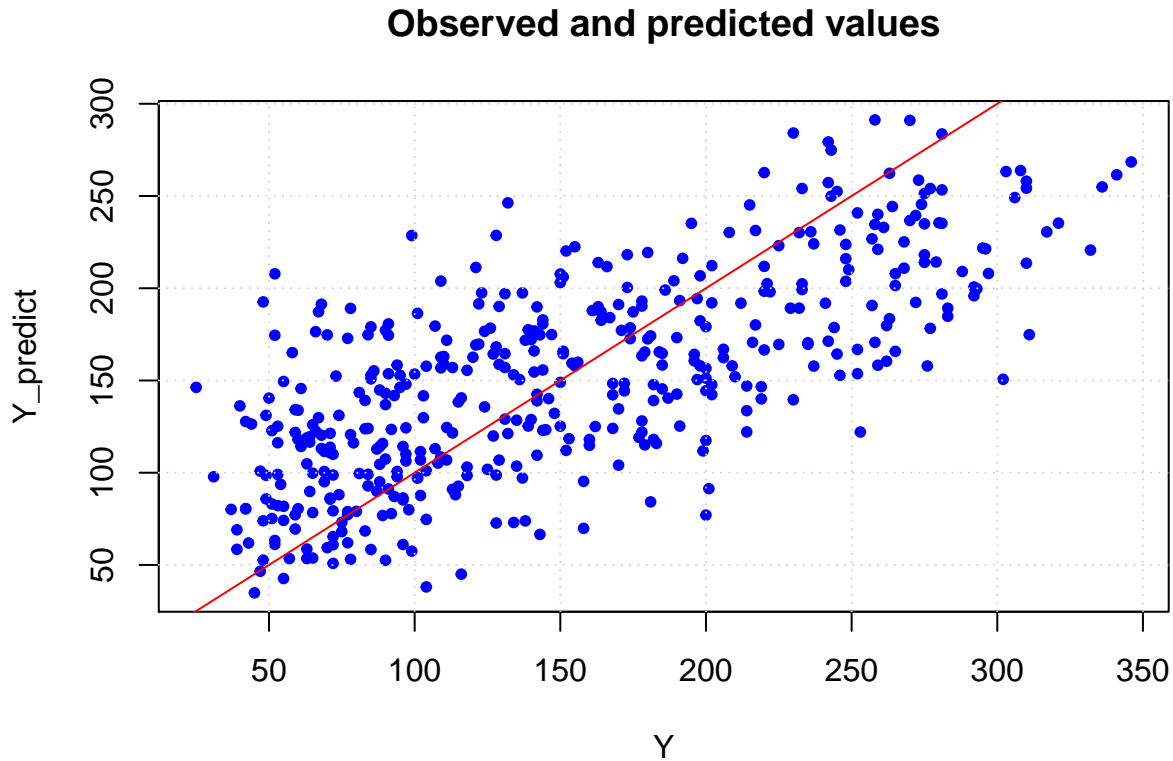
```
##
## Call:
## lm(formula = Y ~ ., data = tab)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -155.827  -38.536   -0.228   37.806  151.353
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept) -334.56714    67.45462  -4.960 1.02e-06 ***
## AGE          -0.03636     0.21704  -0.168 0.867031
## SEX          -22.85965     5.83582  -3.917 0.000104 ***
## BMI           5.60296     0.71711   7.813 4.30e-14 ***
## BP            1.11681     0.22524   4.958 1.02e-06 ***
## S1           -1.09000     0.57333  -1.901 0.057948 .
## S2            0.74645     0.53083   1.406 0.160390
## S3            0.37200     0.78246   0.475 0.634723
## S4            6.53383     5.95864   1.097 0.273459
## S5           68.48312    15.66972   4.370 1.56e-05 ***
## S6            0.28012     0.27331   1.025 0.305990
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 54.15 on 431 degrees of freedom
## Multiple R-squared:  0.5177, Adjusted R-squared:  0.5066
## F-statistic: 46.27 on 10 and 431 DF,  p-value: < 2.2e-16
```

```

Y <- tab$Y
Y_predict <- predict(reg, tab)

plot(Y, Y_predict, col="blue", pch=20,
      main="Observed and predicted values")
grid()
abline(a=0, b=1, col="red")

```



1. Model selection

A. Backward regression

```
regbackward <- step(reg, direction="backward")
```

```

## Start:  AIC=3539.64
## Y ~ AGE + SEX + BMI + BP + S1 + S2 + S3 + S4 + S5 + S6
##
##          Df Sum of Sq    RSS    AIC
## - AGE     1      82 1264068 3537.7
## - S3       1     663 1264649 3537.9
## - S6       1    3080 1267066 3538.7
## - S4       1    3526 1267512 3538.9
## <none>          1263986 3539.6
## - S2       1    5799 1269785 3539.7
## - S1       1   10600 1274586 3541.3
## - SEX      1   44999 1308984 3553.1
## - S5       1   56016 1320001 3556.8
## - BP       1   72100 1336086 3562.2
## - BMI      1  179033 1443019 3596.2

```

```

##
## Step: AIC=3537.67
## Y ~ SEX + BMI + BP + S1 + S2 + S3 + S4 + S5 + S6
##
##      Df Sum of Sq    RSS    AIC
## - S3   1      646 1264715 3535.9
## - S6   1     3001 1267069 3536.7
## - S4   1     3543 1267611 3536.9
## <none>          1264068 3537.7
## - S2   1     5751 1269820 3537.7
## - S1   1    10569 1274637 3539.4
## - SEX   1    45830 1309898 3551.4
## - S5   1    55964 1320032 3554.8
## - BP   1     73847 1337915 3560.8
## - BMI   1    179084 1443152 3594.2
##
## Step: AIC=3535.9
## Y ~ SEX + BMI + BP + S1 + S2 + S4 + S5 + S6
##
##      Df Sum of Sq    RSS    AIC
## - S6   1     3093 1267808 3535.0
## - S4   1     3247 1267961 3535.0
## <none>          1264715 3535.9
## - S2   1     7505 1272219 3536.5
## - S1   1    26839 1291554 3543.2
## - SEX   1    46381 1311096 3549.8
## - BP   1    73533 1338248 3558.9
## - S5   1    97508 1362223 3566.7
## - BMI   1   178542 1443256 3592.3
##
## Step: AIC=3534.98
## Y ~ SEX + BMI + BP + S1 + S2 + S4 + S5
##
##      Df Sum of Sq    RSS    AIC
## - S4   1     3686 1271494 3534.3
## <none>          1267808 3535.0
## - S2   1     7472 1275280 3535.6
## - S1   1    26378 1294186 3542.1
## - SEX   1    44684 1312492 3548.3
## - BP   1    82152 1349960 3560.7
## - S5   1   102520 1370328 3567.3
## - BMI   1   189976 1457784 3594.7
##
## Step: AIC=3534.26
## Y ~ SEX + BMI + BP + S1 + S2 + S5
##
##      Df Sum of Sq    RSS    AIC
## <none>          1271494 3534.3
## - S2   1    39377 1310871 3545.7
## - SEX   1    41856 1313350 3546.6
## - S1   1    65236 1336730 3554.4
## - BP   1    79625 1351119 3559.1
## - BMI   1   190592 1462086 3594.0
## - S5   1   294092 1565586 3624.2

```

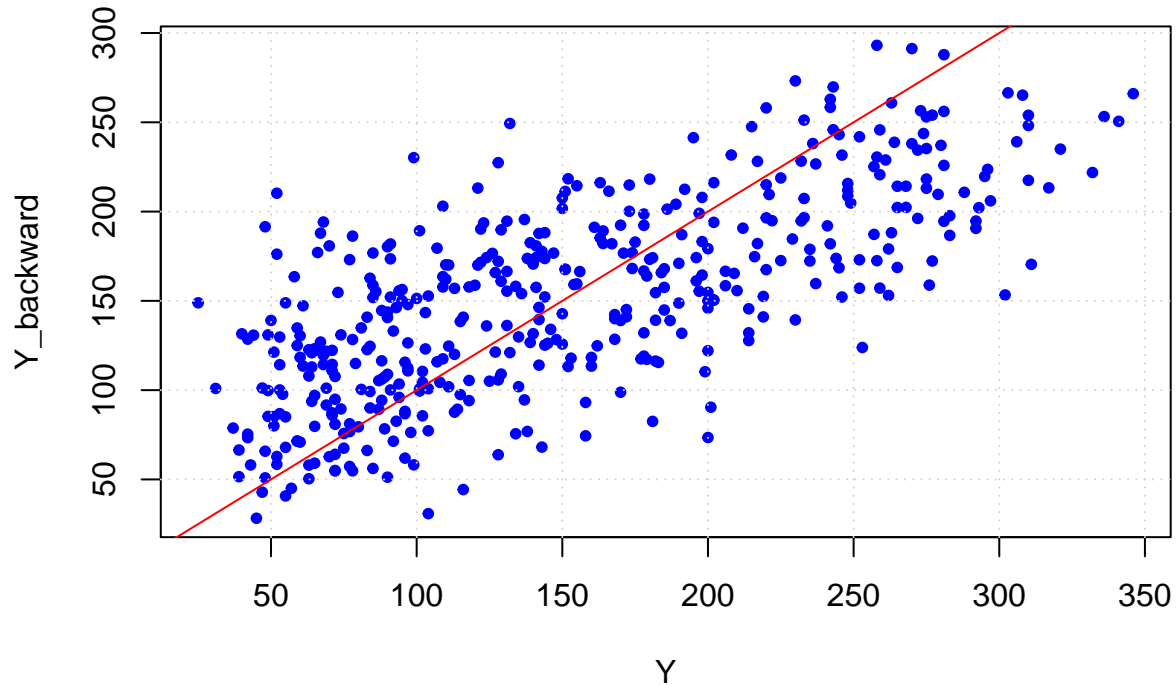
```
summary(regbackward)
```

```
##
## Call:
## lm(formula = Y ~ SEX + BMI + BP + S1 + S2 + S5, data = tab)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -158.275  -39.476   -2.065   37.219  148.690
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept) -313.7666    25.3848  -12.360 < 2e-16 ***
## SEX          -21.5910     5.7056   -3.784 0.000176 ***
## BMI           5.7111     0.7073    8.075 6.69e-15 ***
## BP            1.1266     0.2158    5.219 2.79e-07 ***
## S1           -1.0429     0.2208   -4.724 3.12e-06 ***
## S2            0.8433     0.2298    3.670 0.000272 ***
## S5            73.3065     7.3083   10.031 < 2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 54.06 on 435 degrees of freedom
## Multiple R-squared:  0.5149, Adjusted R-squared:  0.5082
## F-statistic: 76.95 on 6 and 435 DF,  p-value: < 2.2e-16

Y_backward <- predict(regbackward, tab)

plot(Y, Y_backward, col="blue", pch=20,
      main="Observed and predicted values of backward regression")
grid()
abline(a=0, b=1, col="red")
```

Observed and predicted values of backward regression



B. Forward regression

```
regforward <- step(lm(Y~1, data=tab), list(upper=reg), direction="forward")
```

```
## Start: AIC=3841.99
```

```
## Y ~ 1
```

```
##
```

	Df	Sum of Sq	RSS	AIC
## + BMI	1	901427	1719582	3657.7
## + S5	1	839308	1781701	3673.4
## + BP	1	510851	2110158	3748.2
## + S4	1	485646	2135363	3753.4
## + S3	1	408507	2212502	3769.1
## + S6	1	383437	2237572	3774.1
## + S1	1	117824	2503186	3823.7
## + AGE	1	92527	2528482	3828.1
## + S2	1	79403	2541607	3830.4
## <none>			2621009	3842.0
## + SEX	1	4860	2616149	3843.2

```
##
```

```
## Step: AIC=3657.7
```

```
## Y ~ BMI
```

```
##
```

	Df	Sum of Sq	RSS	AIC
## + S5	1	302888	1416694	3574.1
## + BP	1	136477	1583105	3623.1
## + S4	1	111511	1608071	3630.1
## + S3	1	97767	1621815	3633.8
## + S6	1	73738	1645844	3640.3

```

## + AGE    1      17087 1702495 3655.3
## + S1     1      12008 1707574 3656.6
## <none>                1719582 3657.7
## + S2     1       1228 1718354 3659.4
## + SEX    1        197 1719385 3659.6
##
## Step:  AIC=3574.06
## Y ~ BMI + S5
##
##      Df Sum of Sq    RSS    AIC
## + BP   1     53985 1362709 3558.9
## + S1    1     27624 1389070 3567.4
## + S3    1     26914 1389781 3567.6
## + S2    1      9256 1407438 3573.2
## + SEX   1      6881 1409813 3573.9
## + S6    1      6801 1409893 3573.9
## <none>                1416694 3574.1
## + S4    1      2376 1414318 3575.3
## + AGE   1       176 1416518 3576.0
##
## Step:  AIC=3558.88
## Y ~ BMI + S5 + BP
##
##      Df Sum of Sq    RSS    AIC
## + S1    1    31277.3 1331431 3550.6
## + S3    1    29921.2 1332787 3551.1
## + SEX   1    17532.1 1345177 3555.2
## + S2    1    10809.8 1351899 3557.4
## <none>                1362709 3558.9
## + S4    1     3218.7 1359490 3559.8
## + AGE   1     2106.4 1360602 3560.2
## + S6    1     1240.1 1361469 3560.5
##
## Step:  AIC=3550.62
## Y ~ BMI + S5 + BP + S1
##
##      Df Sum of Sq    RSS    AIC
## + SEX   1    20560.5 1310871 3545.7
## + S2    1    18080.9 1313350 3546.6
## + S4    1    15188.0 1316243 3547.6
## + S3    1    14360.4 1317071 3547.8
## <none>                1331431 3550.6
## + S6    1     2898.8 1328533 3551.7
## + AGE   1       472.0 1330959 3552.5
##
## Step:  AIC=3545.74
## Y ~ BMI + S5 + BP + S1 + SEX
##
##      Df Sum of Sq    RSS    AIC
## + S2    1     39377 1271494 3534.3
## + S4    1     35591 1275280 3535.6
## + S3    1     35001 1275870 3535.8
## <none>                1310871 3545.7
## + S6    1      5288 1305583 3546.0

```

```
## + AGE    1          49 1310822 3547.7
##
## Step: AIC=3534.26
## Y ~ BMI + S5 + BP + S1 + SEX + S2
##
##           Df Sum of Sq      RSS      AIC
## <none>                1271494 3534.3
## + S4      1      3686.2 1267808 3535.0
## + S6      1      3532.6 1267961 3535.0
## + S3      1       394.8 1271099 3536.1
## + AGE     1        10.9 1271483 3536.3

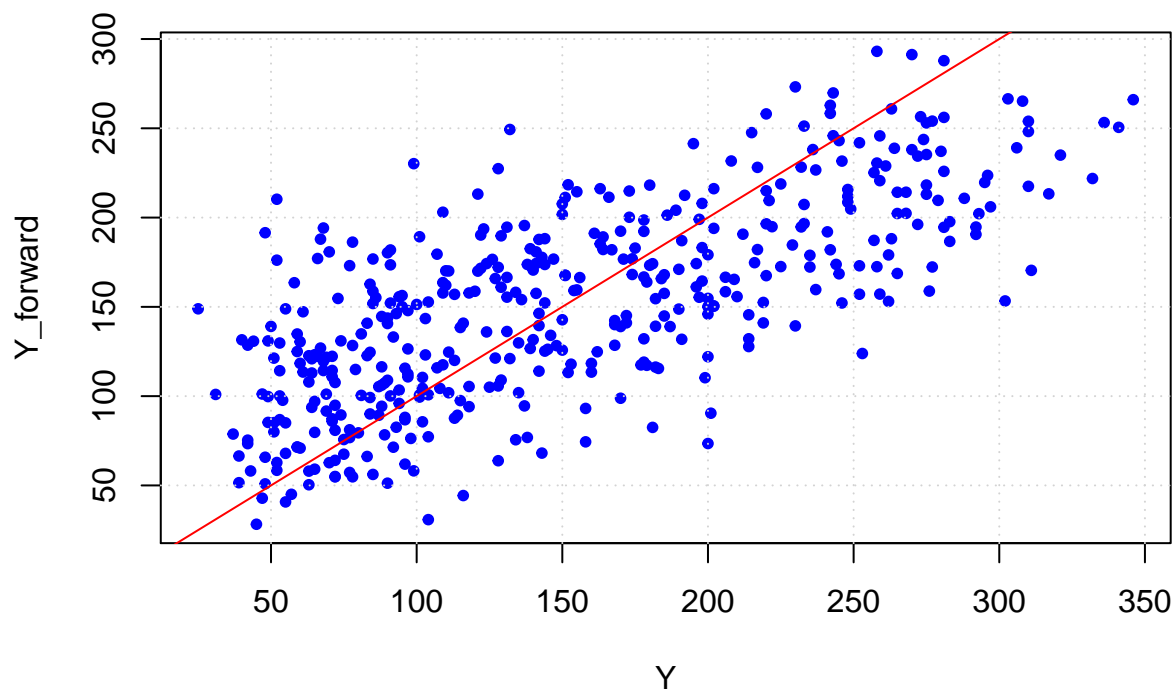
summary(regforward)

##
## Call:
## lm(formula = Y ~ BMI + S5 + BP + S1 + SEX + S2, data = tab)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -158.275  -39.476   -2.065    37.219   148.690
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept) -313.7666    25.3848  -12.360 < 2e-16 ***
## BMI           5.7111     0.7073   8.075 6.69e-15 ***
## S5           73.3065     7.3083  10.031 < 2e-16 ***
## BP            1.1266     0.2158   5.219 2.79e-07 ***
## S1           -1.0429     0.2208  -4.724 3.12e-06 ***
## SEX          -21.5910     5.7056  -3.784 0.000176 ***
## S2            0.8433     0.2298   3.670 0.000272 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 54.06 on 435 degrees of freedom
## Multiple R-squared:  0.5149, Adjusted R-squared:  0.5082
## F-statistic: 76.95 on 6 and 435 DF,  p-value: < 2.2e-16

Y_forward <- predict(regforward, tab)

plot(Y, Y_forward, col="blue", pch=20,
      main="Observed and predicted values of forward regression")
grid()
abline(a=0, b=1, col="red")
```

Observed and predicted values of forward regression



C. Stepwise regression

```
regboth <- step(reg, direction="both")
```

```
## Start:  AIC=3539.64
## Y ~ AGE + SEX + BMI + BP + S1 + S2 + S3 + S4 + S5 + S6
##
##      Df Sum of Sq    RSS    AIC
## - AGE   1      82 1264068 3537.7
## - S3    1     663 1264649 3537.9
## - S6    1    3080 1267066 3538.7
## - S4    1    3526 1267512 3538.9
## <none>          1263986 3539.6
## - S2    1     5799 1269785 3539.7
## - S1    1    10600 1274586 3541.3
## - SEX   1    44999 1308984 3553.1
## - S5    1    56016 1320001 3556.8
## - BP    1     72100 1336086 3562.2
## - BMI   1    179033 1443019 3596.2
##
## Step:  AIC=3537.67
## Y ~ SEX + BMI + BP + S1 + S2 + S3 + S4 + S5 + S6
##
##      Df Sum of Sq    RSS    AIC
## - S3    1      646 1264715 3535.9
## - S6    1    3001 1267069 3536.7
## - S4    1    3543 1267611 3536.9
## <none>          1264068 3537.7
## - S2    1    5751 1269820 3537.7
```



```

## - S1      1      10569 1274637 3539.4
## + AGE     1         82 1263986 3539.6
## - SEX     1      45830 1309898 3551.4
## - S5      1      55964 1320032 3554.8
## - BP      1      73847 1337915 3560.8
## - BMI     1     179084 1443152 3594.2
##
## Step:  AIC=3535.9
## Y ~ SEX + BMI + BP + S1 + S2 + S4 + S5 + S6
##
##      Df Sum of Sq      RSS      AIC
## - S6   1       3093 1267808 3535.0
## - S4   1       3247 1267961 3535.0
## <none>                1264715 3535.9
## - S2   1       7505 1272219 3536.5
## + S3   1        646 1264068 3537.7
## + AGE  1         66 1264649 3537.9
## - S1   1      26839 1291554 3543.2
## - SEX  1      46381 1311096 3549.8
## - BP   1      73533 1338248 3558.9
## - S5   1      97508 1362223 3566.7
## - BMI  1     178542 1443256 3592.3
##
## Step:  AIC=3534.98
## Y ~ SEX + BMI + BP + S1 + S2 + S4 + S5
##
##      Df Sum of Sq      RSS      AIC
## - S4   1       3686 1271494 3534.3
## <none>                1267808 3535.0
## - S2   1       7472 1275280 3535.6
## + S6   1       3093 1264715 3535.9
## + S3   1        738 1267069 3536.7
## + AGE  1          0 1267807 3537.0
## - S1   1      26378 1294186 3542.1
## - SEX  1      44684 1312492 3548.3
## - BP   1      82152 1349960 3560.7
## - S5   1     102520 1370328 3567.3
## - BMI  1     189976 1457784 3594.7
##
## Step:  AIC=3534.26
## Y ~ SEX + BMI + BP + S1 + S2 + S5
##
##      Df Sum of Sq      RSS      AIC
## <none>                1271494 3534.3
## + S4   1       3686 1267808 3535.0
## + S6   1       3533 1267961 3535.0
## + S3   1        395 1271099 3536.1
## + AGE  1         11 1271483 3536.3
## - S2   1      39377 1310871 3545.7
## - SEX  1      41856 1313350 3546.6
## - S1   1      65236 1336730 3554.4
## - BP   1      79625 1351119 3559.1
## - BMI  1     190592 1462086 3594.0
## - S5   1     294092 1565586 3624.2

```

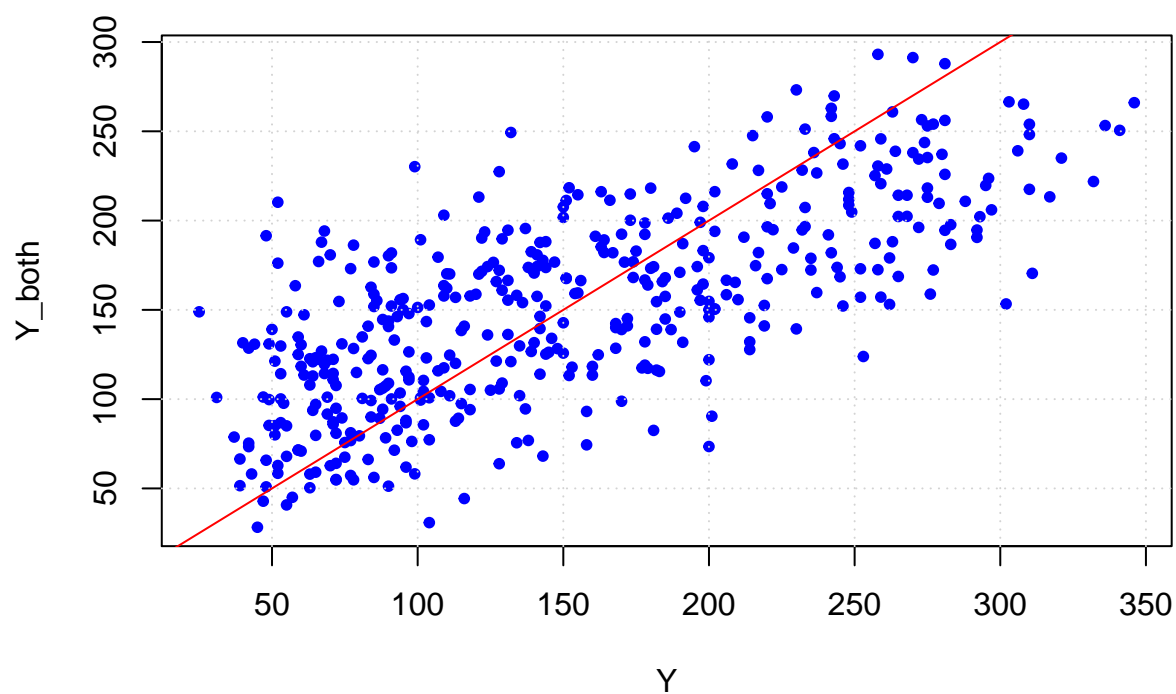
```
summary(regboth)
```

```
##
## Call:
## lm(formula = Y ~ SEX + BMI + BP + S1 + S2 + S5, data = tab)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -158.275  -39.476   -2.065   37.219  148.690
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept) -313.7666    25.3848  -12.360 < 2e-16 ***
## SEX          -21.5910     5.7056   -3.784 0.000176 ***
## BMI           5.7111     0.7073    8.075 6.69e-15 ***
## BP            1.1266     0.2158    5.219 2.79e-07 ***
## S1           -1.0429     0.2208   -4.724 3.12e-06 ***
## S2            0.8433     0.2298    3.670 0.000272 ***
## S5            73.3065     7.3083   10.031 < 2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 54.06 on 435 degrees of freedom
## Multiple R-squared:  0.5149, Adjusted R-squared:  0.5082
## F-statistic: 76.95 on 6 and 435 DF,  p-value: < 2.2e-16

Y_both <- predict(regboth, tab)

plot(Y, Y_both, col="blue", pch=20,
      main="Observed and predicted values of stepwise regression")
grid()
abline(a=0, b=1, col="red")
```

Observed and predicted values of stepwise regression



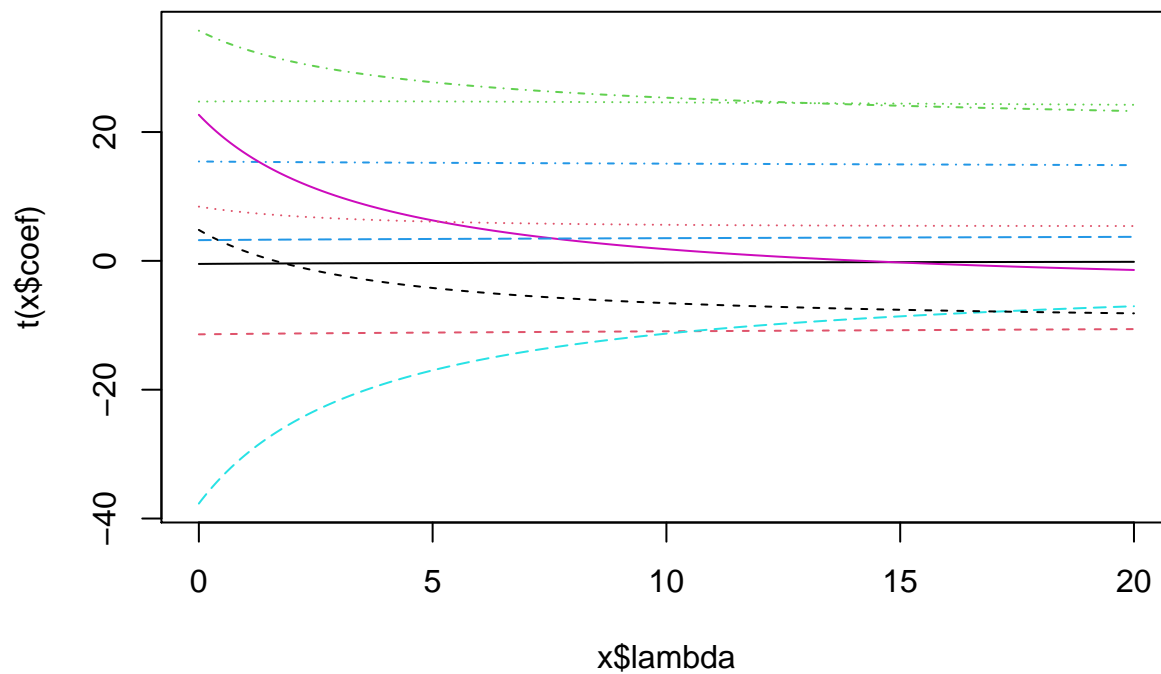
2. Ridge

Ridge regression with λ having a value from 0 to 20 with an increment of 0.01:

```
library(MASS)
resridge <- lm.ridge(Y~., data=tab, lambda=seq(0,20,0.01))
```

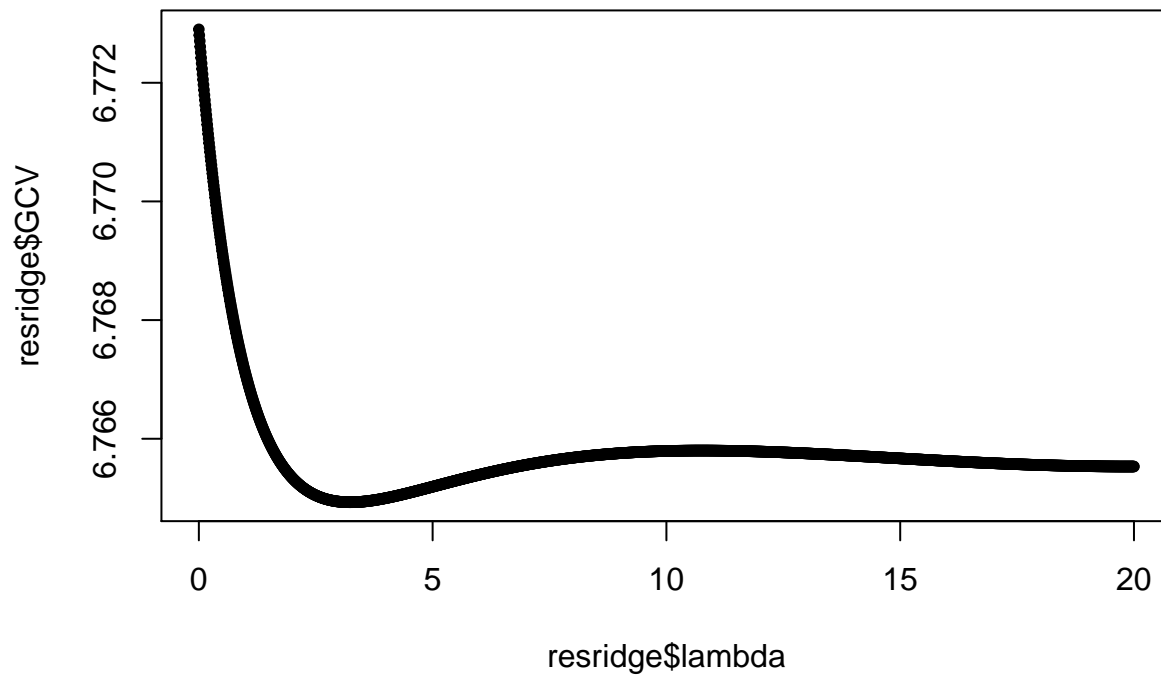
Evolution of the value of the coefficients with respect to λ :

```
plot(resridge)
```



Finding the best λ value:

```
plot(resridge$lambda, resridge$GCV, pch=20)
```



```
best_ridge_lambda <- as.numeric(names(which.min(resridge$GCV)))
print(paste("Best lambda:", best_ridge_lambda))
```

```
## [1] "Best lambda: 3.24"
```

Ridge with the best λ value ($\lambda = 3.24$):

```
best_resridge <- lm.ridge(Y~., data=tab, lambda=best_ridge_lambda)
```

```
# Values of the coefficients in the "rescaling framework"
```

```
best_resridge$coef
```

```
##          AGE          SEX          BMI          BP          S1          S2
## -0.3668366 -11.2105831  24.7803505  15.2836637 -20.9220865   9.3873897
##          S3          S4          S5          S6
## -2.5302838   6.4908025  29.2938550   3.3482156
```

```
# Values of the coefficients in the initial framework
```

```
coef(best_resridge)
```

```
##          AGE          SEX          BMI          BP
## -285.44978529  -0.02801522 -22.46629043   5.61515337   1.10625904
##          S1          S2          S3          S4          S5
##   -0.60522893   0.30901266  -0.19584903   5.03557518  56.14008256
##          S6
##    0.29157202
```

3. Lasso (using glmnet)

Data:

```
X <- data.matrix(tab[, 1:10])
```

```
Y <- tab[, 11]
```

Using glmnet library:

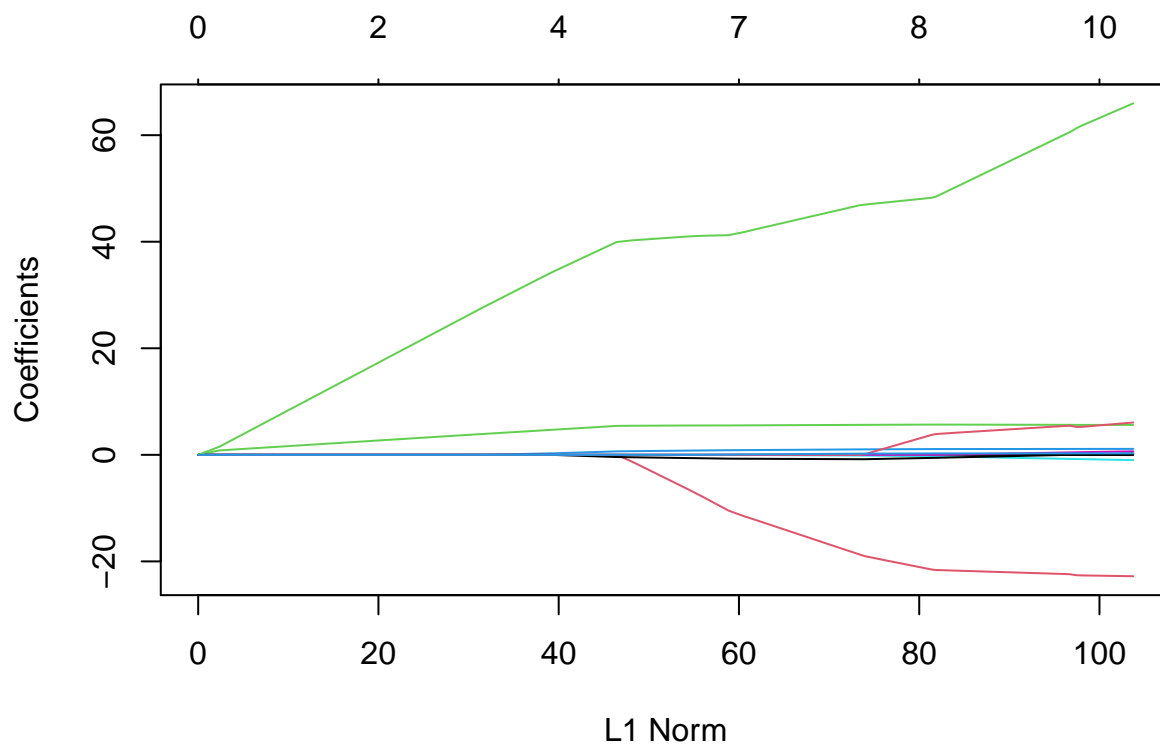
```
library(glmnet)
```

```
## Loading required package: Matrix
```

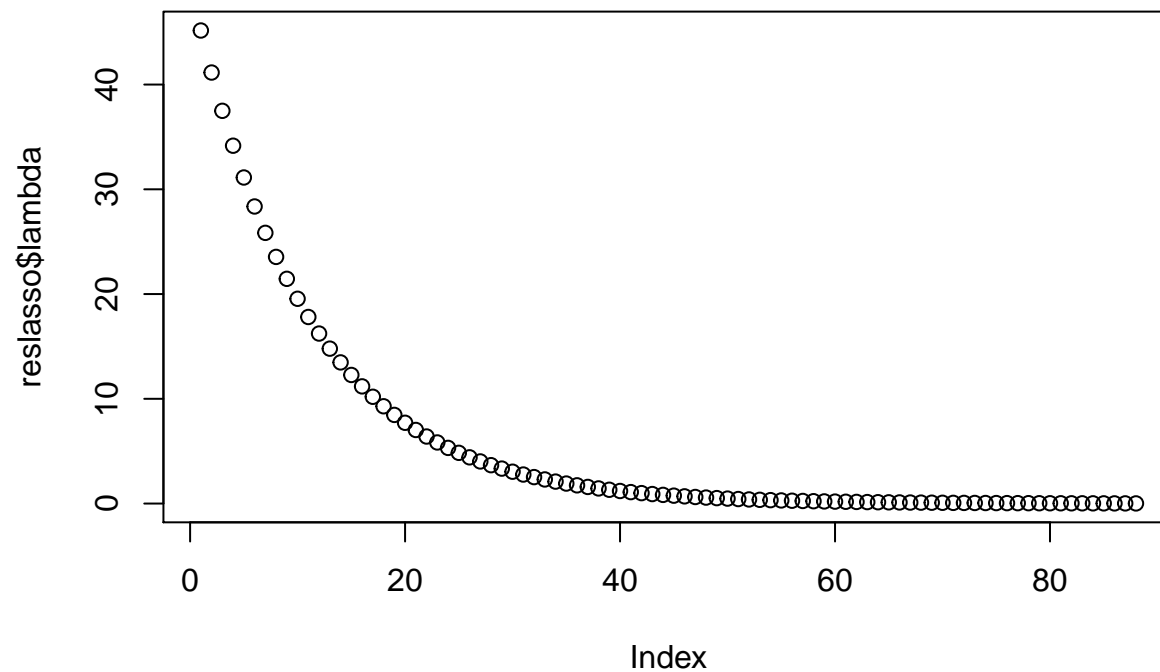
```
## Loaded glmnet 4.1
```

```
reslasso <- glmnet(X, Y, alpha=1)
```

```
plot(reslasso)
```



```
plot(reslasso$lambda)
```



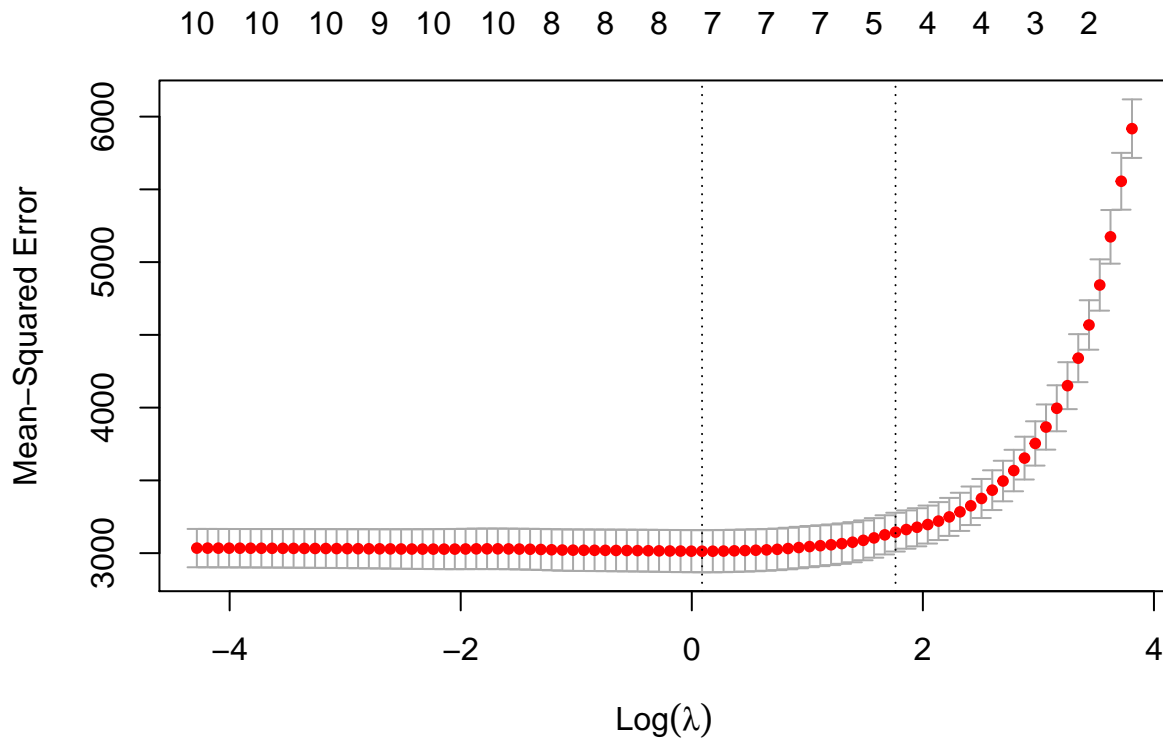
```
reslasso$lambda
```

```
## [1] 45.16003002 41.14813742 37.49265031 34.16190659 31.12705697 28.36181502
## [7] 25.84222954 23.54647710 21.45467297 19.54869896 17.81204642 16.22967331
## [13] 14.78787387 13.47415991 12.27715268 11.18648427 10.19270784 9.28721577
## [19] 8.46216512 7.71040969 7.02543815 6.40131759 5.83264218 5.31448632
## [25] 4.84236200 4.41217991 4.02021401 3.66306928 3.33765230 3.04114447
```

```
## [31] 2.77097757 2.52481156 2.30051426 2.09614292 1.90992736 1.74025468
## [37] 1.58565525 1.44479000 1.31643884 1.19949004 1.09293065 0.99583771
## [43] 0.90737023 0.82676196 0.75331471 0.68639230 0.62541510 0.56985495
## [49] 0.51923061 0.47310359 0.43107437 0.39277891 0.35788552 0.32609195
## [55] 0.29712284 0.27072727 0.24667660 0.22476253 0.20479525 0.18660180
## [61] 0.17002461 0.15492010 0.14115742 0.12861739 0.11719137 0.10678041
## [67] 0.09729434 0.08865098 0.08077547 0.07359960 0.06706121 0.06110368
## [73] 0.05567540 0.05072935 0.04622269 0.04211640 0.03837489 0.03496577
## [79] 0.03185951 0.02902920 0.02645032 0.02410055 0.02195952 0.02000870
## [85] 0.01823118 0.01661157 0.01513585 0.01379122
```

K-fold cross-validation to find the best λ value:

```
cv_lasso <- cv.glmnet(X, Y, alpha=1)
plot(cv_lasso)
```



```
best_lasso_lambda <- cv_lasso$lambda.min
print(paste("Best lambda:", best_lasso_lambda))
```

```
## [1] "Best lambda: 1.09293065470271"
```

Lasso with the best lambda:

```
best_lasso <- glmnet(X, Y, alpha=1, lambda=best_lasso_lambda)
coef(best_lasso)
```

```
## 11 x 1 sparse Matrix of class "dgCMatrix"
##              s0
## (Intercept) -234.8536445
## AGE          .
## SEX          -18.3633828
## BMI           5.6204584
## BP            1.0138099
```

## S1	-0.1341321
## S2	.
## S3	-0.8186849
## S4	.
## S5	46.5721608
## S6	0.2161155