



## UnBreak Your Health: The Complete Guide to Complementary Alternative Therapies (Paperback)

---

By Alan E. Smith

Loving Healing Press, United States, 2007. Paperback. Book Condition: New. 241 x 188 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.You can enjoy better health without prescription drugs with this health and wellness Guide for mind, body, and spirit Interested in learning about complementary or alternative therapies but don t know where to begin? That s the reason for this exciting new book, UnBreak Your Health(tm)! This is the complete guide to different types of alternative medical concepts, different processes and techniques and a variety of healing devices. Most mainstream medical doctors believe in the old adage that you can t unbreak the mirror so they try to glue your health back together with drugs. Holistic and natural therapy practitioners want to treat the real source of the problem and deal with all facets - mind, body and spirit. This complete approach to health care can produce dramatic results, often after doctors has declared there is nothing that can be done. Discover everything from Acupuncture to Zen Bodytherapy. Learn about devices from Edgar Cayce s Radiac to the newest cold laser technology. Hear from real people who ve experienced these therapies and products. Find out how...



**READ ONLINE**  
[ 1.62 MB ]

### Reviews

*This ebook will never be straightforward to get started on looking at but really fun to read. It is amongst the most incredible publication i have got read through. I realized this pdf from my i and dad encouraged this publication to learn.*

-- Mrs. Anya Kautzer

*Thorough information! Its this kind of good read. Yes, it is perform, continue to an amazing and interesting literature. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- Loyal Grady