# **BORIS** user guide



version 2.66

## **Contents**

Legal	2
Install BORIS	2
Launch BORIS	2
Create a new project with BORIS	3
Set an ethogram	3
Define the subjects	6
Define the Independent variables	7
Observations' tab	7
Open an existing project with BORIS	7
Observations list	7
Remove an observation	8
Create a new observation	8
Media tab	9
Coding your media	11
Media controls are available in the upper left toolbar	11
Ethogram widget in the main window	12
Subjects widget in the main window	12
Media player widget in the main window	13
Events widget in the main window	13
Record an event	14
Frame-by-frame mode	15
Docking	15
Coding maps	16
Creating a coding map	16
Analysis	18
Time budget	18
Plot events	19
Preferences	20
General preferences	21
FFmpeg framework	22

## Legal

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### **Install BORIS**

BORIS can be installed following instructions on the BORIS site at download page

Unless you use a full bundle version (available only for Microsoft-Windows) BORIS requires a **recent** version (>=2) of the VLC Media Player from the VideoLAN Organization.

VLC is a free and open source cross-platform multimedia player and framework that plays most multimedia files as well as DVD, Audio CD, VCD, and various streaming protocols.

The frame-by-frame mode requires the open source FFmpeg multimedia framework. This framework can be installed for Linux, Microsoft(TM)-Windows(R) and Mac OS X from https://www.ffmpeg.org.

#### **Important**

Do not use avconv in place of ffmpeg!

If you want to try BORIS without installing it you can download the VirtualBox virtual appliance from the BORIS site. In this case you must first install VirtualBox

## **Launch BORIS**

Start BORIS by clicking on its icon. For launching BORIS from sources see the BORIS web site. When launching BORIS for the first time it may take some time to show up. Please be patient!

### Warning

On Mac OS X 10.9, launching can be stopped according to the **Security & Privacy** settings of your computer. They can be changed opening **System Preferences...** > **Security & Privacy** > **General** and selecting the option **Anywhere** in the frame **Allow apps downloaded from**. Alternatively you can repeat the operation right-clicking on the BORIS icon and then clicking **Open** in the following two dialog boxes.

### Warning

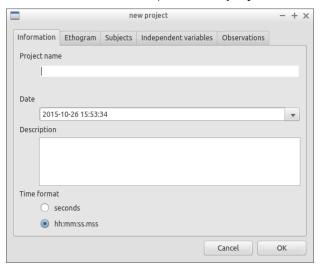
On Microsoft-Windows, launching can be stopped by a **Security warning**: The publisher can not be verified. Are you sure you want to run this software? Click the **Run** button to launch BORIS.

At the first launch, BORIS will ask you to allow the automatically check for new version. Internet access is required for this feature. If you choose **Yes** BORIS will check for new version about every 15 days. This option can be changed on the **Preferences** window (See general preferences)

## Create a new project with BORIS

A BORIS project file is a container for all information related to a set of observations as the ethogram, the independent variables, and the subjects. BORIS allows creating an unlimited number of projects but only one project can be opened at a time.

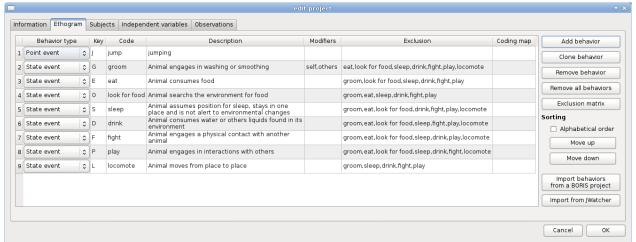
To create a new project, under the menu **File**, select **New project**. You can determine your project name by writing in the **Project name** field in the **Information** tab. Once the project will be saved, the **Project file path** will show the full path to your project file. **Date** will automatically set on the current date and time, but you can alternatively set this info on your media date and time, or whatever you prefer. **Description** can host all the relevant information about your project, can be also left empty. **Time format** can be alternatively set to **seconds** or to **hh:mm:ss.mss**. This choice can be changed at anytime under **File** > **Preferences** (for MAC users, **BORIS** > **Preferences**) > **Default project time format**.



## Set an ethogram

Switching to the **Ethogram** tab, you can alternatively:

- set your ethogram from scratch;
- import an existing ethogram from another BORIS project;
- import an ethogram from a JWatcher global definition file (.gdf).



### Set your ethogram from scratch

Clicking on the **Add behavior** button you can add a new row in the *Ethogram* table and behavior type will be automatically set to **Point event**. You can switch between **State event** and *Point event* at your convenience from the **Behavior type** column. You can also add a **Coding map** to either a **State event** (**State event with coding map**) or a **Point event** (**Point event with coding map**; see the "Coding map" section for details).

An existing behavior can be duplicated using the **Clone behavior** button. Its code have then to be changed. On a selected behavior, click on the **Remove behavior** button to remove. The **Remove all behaviors** button will clear the **Ethogram** table. Both the above-mentioned operations must be confirmed when prompted.

Behavioral codes (**Code** column) can be sorted alphabetically by checking the **Alphabetical order** checkbox. Alternatively they can be sorted manually by using the **Move up** and **Move down** buttons.

#### Set keys and codes

For each behavior you have to set a keyboard key (**Key** column) that will be then used to code the behavioral events. You can choose whether you want to set a unique key for each behavior or use the same key for more than one behavior. In the case you set the same key for more than a behavior, BORIS will pause your coding and ask which of the behavior you want to record. The keys are case-insensitive.

### **Important**

Do not use the / and \* keys! They are reserved for the frame-by-frame mode.

In the **Code** column, you have to add a unique code for each behavior. Duplicated codes are not accepted and BORIS will warn in red about duplicates on the bottom left of the *Ethogram* tab. The code can be an alphanumeric string (which must not include the pipe character | ).

The **Description** of your behavior is optional. The **Description** column can be useful to add information about a specific behavior, its characteristics (e.g. to standardise observation between different users) or to refer to external information (e.g. reference to a previous ethogram).

The following three columns (Modifiers, Exclusion, Coding map) cannot be edited from the Ethogram table.

#### Set the modifiers

A modifier can be used to add attributes to a behavior. A single behavior can have two or more modifiers attached (e.g. "play" may have "solitary" or "social" as modifiers). The use of modifiers can be convenient to significantly reduce the number of keys and simplify the behavioral coding. In BORIS modifiers can also be added in different modifier sets [e.g. "play, social" may have a modifier set (#1) for "brothers" and another (#2) for "sisters"]. In the case of using sets of modifiers, you can attach one modifier for each set.



To add a modifier, you need to double-click the **Modifiers** cell corresponding to the behavior you want to add the modifiers to. When the **Modifiers** window is open you can add and/or remove sets using the buttons **Add set of modifiers** and **Remove set of modifiers**. Within a set of modifiers, you can add and remove modifiers using the **Modifier** field and clicking on the **right-arrow** button (to add) and the **Remove modifier** button (to remove). The selected modifier can be edited using the left-arrow button. The **Key code** box can be used to set a key for the modifier. Click **OK** to save modifiers in the **Ethogram** table.

#### Set the exclusion matrix

The occurrence of an event (State or Point) can exclude the occurrence of a state event. This can be set using the **Behaviors exclusion matrix** window, which can be opened clicking on the **Exclusion matrix** button. BORIS will ask for including **Point events** or not and a new **Exclusion matrix** window will open.

Exclusive behavior may be selected by checking on the corresponding cell in the automatically-generated matrix. We suggest to work on the **Exclusion matrix** when all the behaviors have been added to your ethogram.

For example, for the following ethogram:



The Exclusion matrix could be:



- the behavior a (Point event) will exclude the behavior c (State event) but not d (State event)
- the behavior **b** (Point event) will exclude the behavior **d** but not **c**
- the behavior **d** (State event) will exclude the behavior **c**

During the observation, the excluding event will stop all the current excluded state events one millisecond before the occurence of the event.

### Import a coding scheme from an existing project

Behaviors within an ethogram can be imported from an existing BORIS project (.boris) using the **Import behaviours from a BORIS project** button. BORIS will ask to select a BORIS project file and whether imported behaviors should replace or be appended to the **Ethogram** table. Imported behaviors will retain all the previously defined behavior parameters (namely Behavior type, Key, Code, Description, Modifiers and Exclusion information).

### Import an ethogram from a JWatcher global definition file (.gdf).

Behaviors can also be imported from a JWatcher global definition file (.gdf) using the **Import behaviours** from JWatcher button. BORIS will ask to select a JWatcher file (.gdf) and whether imported behaviors should replace or be appended to the **Ethogram** table. Behavior type and exclusion information for the behaviours imported from JWatcher have to be redefined.

## Define the subjects



BORIS allow coding behaviors for different subjects within a single observation. The **Subject** table allows specifying subjects using a **Key** (e.g. the "K" on your keyboard), **Subject name** (e.g. "Kanzi"), **Description** (e.g. male, born October 28 - 1980). In this case, pressing "K" will set "Kanzi" as the focal subject of the behavioural coding. Pressing "K" again will deselect "Kanzi" and set to "no focal subject". The definition of one or more subjects is not mandatory. Addition, removal and sorting of the subjects follows the same logic of the *Ethogram* table (see **Set your ethogram from scratch** for info). The subjects can also be imported from an existing BORIS project using the **Import Subjects from a BORIS project**.

### **Define the Independent variables**



BORIS allows adding information about the observation using **Independent variables**. This can be used to specify factors that may influence the behaviors (e.g. group composition, temperature, weather conditions) but will not change during a single observation within a project. Each *Independent variable* can be defined by **Label** (e.g. weather), **Description** (e.g. weather conditions), **Type** (e.g. **text** for weather condition "sunny", **numeric** for temperatures). A value for each **Independent variable** will be requested when creating a new observation. Addition, removal and sorting of the independent variables follows the same logic of the **Ethogram** table (see **Set your ethogram from scratch** for info). The independent variables can also be imported from an existing BORIS project using the **Import Variables from a BORIS project**.

### Observations' tab

The **Observations** table in BORIS shows information about all the previous observations within a project. A selected "Observation" can be removed using the "Remove observation" button (you will be prompted for confirmation). This operation cannot be undone and deleted observations cannot be recovered once the project is saved. The **Observations** table shows four columns **id Date Description Media**.

## Open an existing project with BORIS

To open an existing BORIS project, under the menu **File**, select **Open project**. A BORIS project file is a container for all information related to a set of observations as the ethogram, the independent variables, and the subjects. BORIS allows creating an unlimited number of projects but only one project can be opened at a time.

### **Observations list**

The **Observations > Observations list** will show you all the observations contained in the current BORIS project.

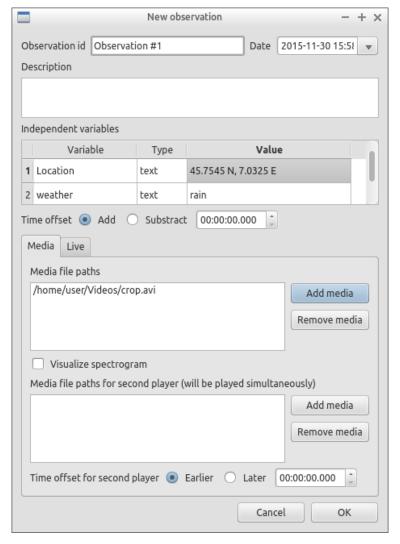
### Remove an observation

File > Edit project > Observation's tab > Select observation to remove > Remove observation button

### Create a new observation

To create a new observation you must first Create a new project with BORIS or Open an existing project with BORIS.

Clicking on **Observations > New observation** will show the **New observation** window.

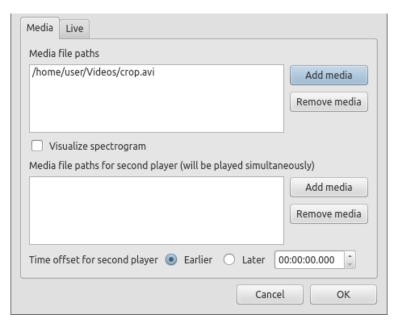


This window allow adding various observation data:

- a mandatory **Observation id** (must be unique across all observations);
- Date, which will be automatically set on the current date and time, but you can alternatively set this info on your media date and time, or whatever you prefer.
- **Description**, which can host all the relevant information about your observation, but can be also left empty.
- **Independent variables** (e.g. to specify factors that may influence the behaviors but will not change during the observation within a project). See the independent variables section for details.
- Time offset. BORIS allow specifying a time offset that can be added or subtracted from the media timecode.

You can then choose between the **Media tab** and the **Live tab**. Use the **Media tab** to code pre-recorded media (videos or audios) and the **Live tab** to code live observations.

### Media tab



In the **Media tab** there are two playlists. In the **Media file paths** playlist you can add one or more media files using the **Add media** button. The media will be played for few seconds in order to extract media parameters like media length and the number of frames by second (to enable the frame-by-frame mode).

#### Note

If the media length and/or the number of frames by second are not available and if FFmpeg framework is available, BORIS will ask you for an accurate analysis of the selected media (duration about 1 minute).

The **Remove media** button can be used to remove the selected media files.

All the media types reported at http://www.videolan.org/vlc/features.html can be played in BORIS. The media queued in the *Media file paths* will be played sequentially. This means that an event occurring at time  $t_x$  in the media file queued as second (e.g. second\_video.mp4) in the playlist will be scored as happening at time  $t_1 + t_y$  (where  $t_1$  is the duration of the first media file, e.g. first\_video.mp4).

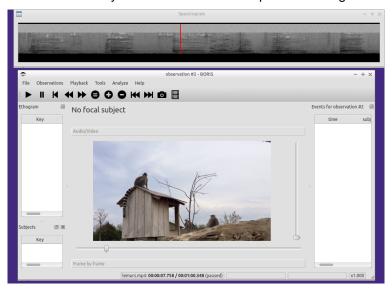
### Spectrogram visualization

BORIS allow you to visualize the sound spectrogram during the media observation. Activate the *Visualize* spectrogram check box. BORIS will ask you to generate the spectrograms for all media files loaded in the first player.



The FFmpeg framework is required for this feature.

The spectrogram visualization will be synchonized to the media position during the observation.



### Simultaneous play

BORIS also allows simultaneous playback of two media recorded independently (e.g. videos recorded from different points in a room; or a video and an audio recording of the same observation). The videos to be played simultaneously can be loaded in the **Media file paths for second player** playlist. In this case only one video per playlist is accepted. If the two media are not synchronised you can specify a time offset for the second player.

Click OK to start coding. The **Observation** window will be closed and you'll be transferred to the main **BORIS** window.

## Coding your media

When looking at the BORIS main window, the window title bar shows the **Observation id - Project name - BORIS**. The media (the first in the queue) will be loaded in the media player and paused.

### Media controls are available in the upper left toolbar



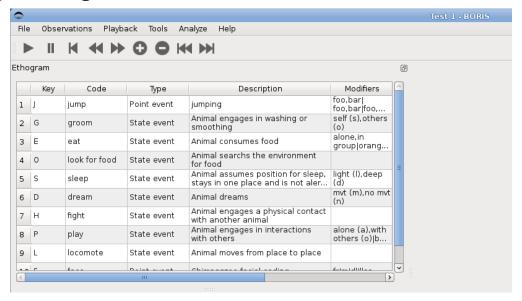
Key to the symbols:

- Play
- Pause (the SPACE bar can be used)
- Rewind reset your media at the beginning
- Fast backward jumps for n seconds backward in your media (See general preferences to set n)
- Fast forward jumps for n seconds forward in your media (See general preferences to set n)
- Set the playback at speed 1x
- Increase playback speed (See general preferences to set the step value)
- Decrease playback speed (See general preferences to set the step value)
- Jump to the previous media file
- Jump to the next media file
- Take a snapshot of the video
- Switch between VLC and frame-by-frame modes

The media can be controlled by special keyboard keys:

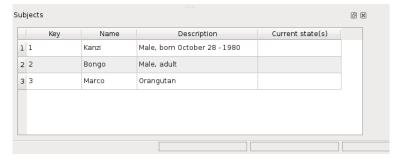
- Page Up key: switch to the next media
- Page Down key: switch to the previous media
- Up arrow key: jump forward in the current media
- Down arrow key: jump backward in the current media
- ESC: switch between VLC and frame-by-frame mode

### Ethogram widget in the main window



The **Ethogram** widget provide the user with the list of behaviors defined in the **Ethogram**. It can be used to record an event by double clicking on the corresponding row. The **Key** column indicates the keyboard key assigned to each behavior (if any). Pressing a key will record the corresponding behavior (that will appear in the *Events* widget).

### Subjects widget in the main window



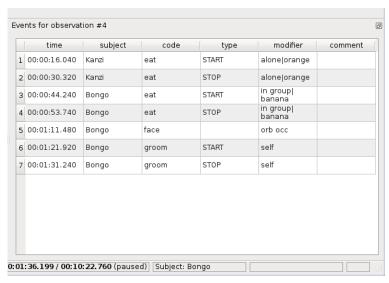
The **Subjects** widget provide the user with the list of subjects defined in the **Subject** tab in the **Project** window. It can be used to add information about the focal subject on the recorded behaviors by double clicking on the corresponding row. When a subject is selected his/her name appears above the media player. The **Key** column indicates the keyboard key assigned to each subject (if any).

### Media player widget in the main window



The **Media player** widget has two controls: the media position (horizontal slide bar) and the audio volume (vertical slide bar) provide the user with the list of subjects defined in the **Subject** tab in the **Project** window. The horizontal slide bar can be used to navigate the media file.

### **Events widget in the main window**



The Events widget shows all the recorded behaviors with the following parameters (columns):

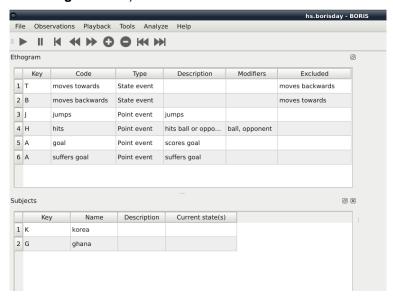
- time, the time at which the event occurred;
- subject, the focal subject (if any);
- code, the behavior code;
- type, in case of a state event indicates whether the time corresponds to the start or to the stop.
- modifier, indicates the modifier(s) that was(ere) selected (if any);
- comment, is an open field where the user can add notes.

A tracking cursor (red triangle) will show the current event. This cursor can be positioned above the current event, see tracking cursor position option in Preferences window.

A double-click on a row will reposition the media player to the moment of the corresponding event. See Time offset for media reposition in Preferences window to customize the time offset for media repositioning.

### Record an event

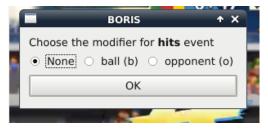
Once ready to begin your coding, you can start the media player using the **Play** button (or the Space bar). The behaviors can be recorded using the keyboard with the predefined keys (or by double-clicking the corresponding row in the **Ethogram** table).



If the pressed key defines a single event, the corresponding event will be recorded in the **Events** table. In the case you have specified the same key for two (or more) events (e.g. key A in the figure below), BORIS will prompt you for the desired behavior.



In the case you have specified modifiers, BORIS will prompt you for the desired modifier(s) if any (e.g. **ball** or **opponent** in the figure below). You can select the correct one using the mouse or the keyboard ( **b** key or **o** key)



In the case your behavior type is a *Point event with coding map* or a *State event with coding map*, BORIS will show the *Coding map* window and will allow selecting the desired area(s). In case you click a part of the map in which two (or more) areas overlap, the corresponding codes will be recorded.

A recorded event can be edited (once selected) using the *Observations > Edit event* menu option. The resulting *Edit event parameters* allows modifying every parameter (e.g. time, subject, code, modifiers, and comment).

The Observations > Add event menu option allows adding a new event by specifying its time and the other parameters.

### Frame-by-frame mode

### Note

The frame-by-frame mode must be turned on in the Preferences window (**File > Preferences > Frame-by-frame mode**). See Frame-by-frame mode preferences for details.

You can switch between play and frame-by-frame modes using the dedicated button in the toolbar:



In frame-by-frame mode the video will stop playing and the user will visualize the video frame by frame.

The navigation between frames is done using keyboard special keys:

For the both modes (VLC and frame-by-frame):

- Page Up key: switch to the next media
- Page Down key: switch to the previous media
- Up arrow key: jump forward in the current media
- Down arrow key: jump backward in the current media
- ESC: switch between VLC and frame-by-frame mode

### Only for the frame-by-frame mode:

- Left arrow key: go to the previous frame
- Right arrow key: go to the next frame

If you have a numeric keypad you can use the following keys in alternative:

- The key / will allow you to view the previous frame
- The key \* will allow you to view the next frame

To return in the VLC mode press again the frame-by-frame button in the toolbar.

### Docking

All elements, including the media player can be undocked from the main window and positioned where you prefer (e.g. they can be on the same desktop over one or two screens).



## **Coding maps**

A coding map is a bitmap image with user-defined clickable areas. BORIS allows creating a coding map using the **Map creator** tool (**Tools** > **Map creator**). Clickable areas may correspond to specific modifiers that can be meaningful for the behavioral coding. Facial expression is the case we thought to when developing this function.

## Creating a coding map

### Loading a bitmap for a coding map

To create a new coding map, launch the **Map creator** tool (**Tools > Map creator**). The BORIS main window will be replaced by the **Map creator** window. Click on **Map creator > New Map** and enter a name for the new map in the edit box. You have to load a bitmap image (JPEG or PNG) using the **Load bitmap** button. The loaded image will be displayed.



If the size of your bitmap image is bigger than 512 x 512 pixels BORIS will resize it to 512 x 512 keeping the aspect ratio and store the resized version in the coding map file.

### Adding areas to a coding map

To create clickable areas on a coding map, you have to click on the **New area** button and enter an **Area code** in the edit box. The new area can now be defined by clicking on the image. The drawing tool allows defining a irregular polygon (a plane shape with straight sides, which does not have all sides equal and all angles equal) by clicking to determine subsequent vertices. It can be convex or concave. Straight sides must not cross each other. Once selected an area can be deleted using the **Delete area** button. When an area is closed and its name has been defined in the **Area code** field, it can be saved by using the **Save area** button. The areas can partially overlap each other. See the **Using a Coding map** section for more details. Once all areas are added the entire map can be saved using the **Save map** option menu (**Map creator > Save map**). The map is now saved in its own file (.boris\_map) which is NOT part of the BORIS project. A map can be edited at anytime by opening the map file from the **Open map** menu option (**Map creator > Open map**).

### Adding a coding map to your project

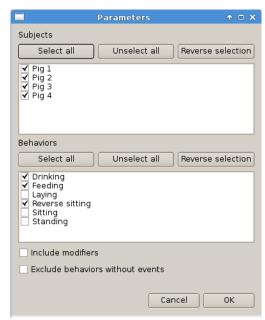
Creating a Coding map is not automatically adding the map to your project. The Coding map have to be added to your project by selecting the corresponding **Behavior type** (**Point event with coding map**, **State event with coding map**). BORIS will ask to select the file name containing the coding map (.boris\_map) and load the coding map in the project. The coding map name will appear in the **Coding map** column and will be saved in the BORIS project file.

NOTE: If you later modify your coding map you must reload the new version in your BORIS project.

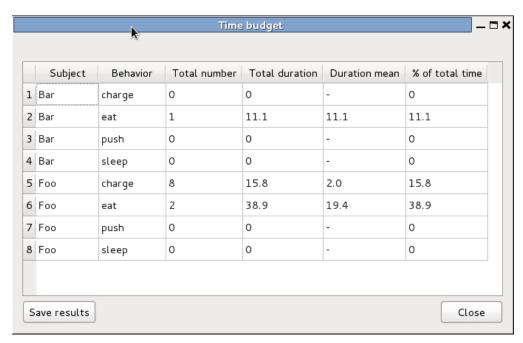
## **Analysis**

### **Time budget**

The **Analyze** > **Time budget** menu option shows the time budget for the events of one or more observations. You must first select the subjects and behaviors you want to include in the time budget analysis:



You can choose to select or not the behavior modifiers (if any) and to exclude behaviors without coded events.



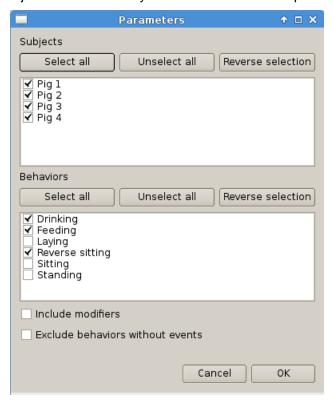
The percent of total time will be calculated (if available). The total time is intended as the total media length.

The time budget results can be saved in various formats for further analysis: TSV, CSV for plain text file or Microsoft Excel (XLS), Open Document Spreadsheet (ODS).

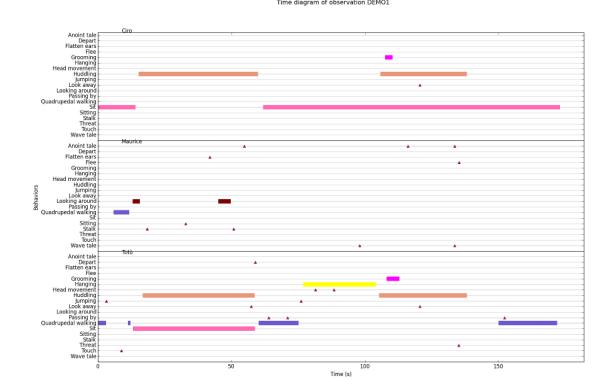
### Plot events

The **Analyze** > **Plot events** menu option plots the events from one observation by subject and behaviours along a time axis.

You must first select the subjects and behaviors you want to include in the plot:



You can choose to select or not the behavior modifiers (if any) and to exclude behaviors without coded events.

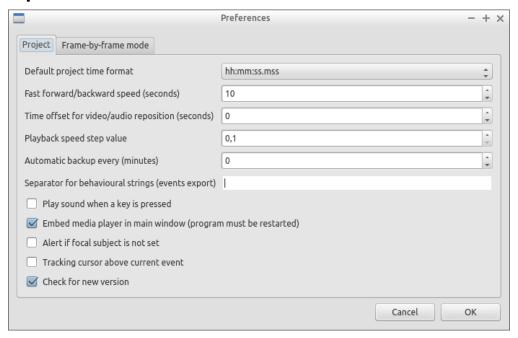


The plot can be exported in various formats like bitmap (PNG, JPG, TIFF) or vectorial graphic (SVG, PDF, EPS, PS) (SVG can be edited with Inkscape for example).

## **Preferences**

You can customize BORIS using the Preferences window (File > Preferences)

## **General preferences**



#### Default project time format

This option allows the user to choose the format for displaying time in the project. Please note that time is internally always saved in seconds with a precision of 3 decimal digits

#### Fast forward/backward speed (seconds)

This option allows the user to customize the amount of time for "jumping" forward or backward in media.

#### Time offset for media reposition (seconds)

This value indicates the time offset for repositioning the media after double-click on a row event of the *Events* table. 'for example -4 seconds indicates that after a double-click the media will be repositioned 4 seconds before the recorded event.'

### Playback speed step value

This value indicate how much the speed will be increased or decreased after pressing the *change* playback speed buttons.

#### **Automatic backup every (minutes)**

if set BORIS will save your project automatically every n minutes. 0 indicate no automatic backup.

#### Play sound when a key is pressed

Activate a sound signal after every keypress event

#### Embed media player

This option allows the user to detach from the main window or embed the media player in the main window. On Mac OS X the media player can not be detached from main window.

#### Alert if focal subject is not set

If this option is activated BORIS will show an alert box if no focal subject is selected

### Tracking cursor above current event

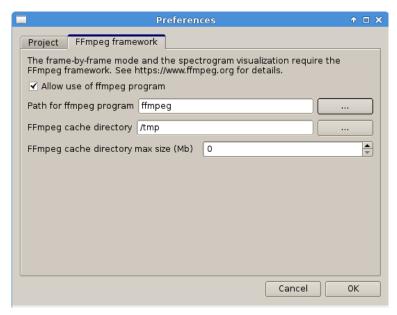
Check this box to position the tracking cursor above the current event in events list table.

#### Check for new version

Check for new version on BORIS web site every 15 days (internet access required)

### FFmpeg framework

The FFmpeg framework is required if you want to use the frame-by-frame mode or the spectrogram visualization.



You can activate the use of FFmpeg framework by selecting the *Allow use of ffmpeg program* checkbox.

The ffmpeg executable program is part of the FFmepg framework.

### Path for ffmpeg program

If the use of ffmpeg program is activated you must indicate where the ffmpeg executable (ffmpeg.exe for Microsoft-Windows) can be found. If ffmpeg is in your path (usually the case for Linux) you can indicate **ffmpeg** otherwise you must indicate the complete path to launch it.

Example for Microsoft-Windows:

C:\Users\User\ffmpeg\ffmpeg.exe

### **Important**

Do not use avconv in place of ffmpeg!

#### FFmpeg cache directory

This indicates the directory that will be used as image cache for frame-by-frame mode and spectrogram visualization. If you do not specify a path, BORIS will use the default temporary directory of your system.

#### FFmpeg cache directory max size

Indicate a size limit (in Mb) for the image caching. 0 indicates no limit