Persian Translation Results Shelly2.wav

you know that that is what probably

when I concept

right can you hear me yeah I can hear you yeah

yeah I think that is

what I think I lost my

my emotions

I would like to ask some questions regarding your marriage it's okay with you

yeah

can you explain to me any pattern you know

was repeated in your relationship with your husband ex-husband any any specific pattern and you know

a habits or anything from you

did you can you mention

he always

hmm all right how to like me

like one time one example one time I introduced him to one of my friend very very close friend of mine female friend

and

we went out have dinner and so on so he asked her for her number right in front of me so I didn't like I'm not a person

called me and he told me he was like oh you called her your friend and I was intimate with her

so I felt betrayed because we're a childhood friends

so I didn't ask for anything I just you know like stopped speaking to her

so 5 years after she was out to me

and

I mentioned to her I'm just gonna yeah

mentioned here is like you have to get a gossipy to call me now and reach out to me what happened all those years

and

she said that she was away with family

and so on

you know yeah

and I told her what he told me and she said shall we met him like that never happened like you my friend

and she said that you believe that I said yeah

and she you know

tried to convince me that

I believe her

although when I came to Canada I started to like because I wanted to know what this individual like more

and I've been up with his ex-wife

to order

told me he did the same thing to that oh

so I think he has a mental issue or something like that I'm not sure he was very impressed of them but he was abusive them

took me it's different because I'm a martial artist I must tell you so he can't be physical with me because

I'll take him down

and

those were I keep asking the question as to his his mental state and they all told me that they believe that something is wrong with him

and I don't break him so I didn't try to fix them I just walked home

I know he was very insecure he always say things to

to bring me down

and it's changing what

so

what I would I would say and

he was very controlling

micro-manager

would say

and that's the last I still give him the benefits I always believed that people's second chance okay he's gonna change but

change

call me names all sort of things

and I believe that to get closure to the relationship I had to him face to face

and I did see him face-to-face I got closer but that's it I don't

that's it

do you remember

good

time and the memory the heart it's still haunt me to know that you did so much for someone and that's the

that's the payment you

got right it's so heartbeat because even though if you want to go into a relationship

you as a time to go into a relationship right because of your past hurts you don't want to take that password into your your future

yeah

yeah you understand

do you remember any specific or you know a specific moment you brought you know that you know level

it was not working anymore

I mean your relationship do you remember this specific time

over that eight years

you know sometimes there is a kind of Turning Point you know your doubt reached the level you make a decision you know

yeah when I came up to Canada that was my breaking point because when I was a my home country I used to be like okay you

you reconciling get a an argument you stop talking for a couple days and you apologize to each other and you

you know get a going on track again but when I came up to Canada

I lived with him that's when I noticed that

okay you know this way I want to go because he started

I can't go to school

like I'm not that kind of person to just sit in the guide to take care of me

so

he started to get like oh

I said you know what

honestly and I think women are like this they mentally disconnect

from their partner before they were actually yeah I understand yeah I'm completely familiar with the stages you know women usually this kind of relationship you know pass

step by step until you know there are disconnected before that but you know to reach the you know that assertiveness

to you know execute it takes time and I totally understand and

how difficult was it for you to make this decision and you know continue your journey alone a new country I'm sure

it was not easy for you at that level at that time can you explain to me more about your emotional and your mental situation at that time

در

can you explain to me more

why it happened

well

I believe it's because they're born Canadians

and when I graduate and I graduated with honors

and that's what

so they were like oh now that she graduated she should go on her own and because his kids doesn't have a lot of like you know that they're family that like to see when you ever

like to bring you down what when you go up

yeah

so that was another trauma actually you suffered

yeah so there are lots of stuff today

I graduated because

so after that happened

I moved to my one of my uncle my my aunt downtown

you told me all of your families live here yeah

most of your family living Canada

yeah okay

jealousy because his kids are not

okay in a position to do that I can understand

she wanted me to give her rent oh I used to pay

rent

it's really actually it made you a stronger yeah okay and everything you know as its positive side and probes you know so it difficult any any deprivation

comes with some opportunities you know so okay go ahead

yeah

so I went by her

study now

it's okay

yes and at that time you were hired and was you were working or just hunting jobs or looking for jobs

one of my friends told me that he's gonna leave like a take his apartment

and I shared with two two roommate I lived there for four months and I know that I had to get something because I was

so I'm

on the first of 2023 the girl that I was staying with she called me and she told me she essentially

you have to move by their end of February because her boyfriend is colonized that oh my God like

what is it what is happening to be like everything just happened at the same time what I know when these things happen

to make you stronger

yeah

so I couldn't find a place that's fast

and I moved out I was looking for place I got a Chinese guy please I went there for two night because I cried the night does the place was so the place was so uncomfortable

I was looking for another place

Airbnb so I went to the house from the rainy and elbow

condos and so on

and I said okay I gotta get this place because there was confidence a one bedroom and then

I said I like the place

you have to get it but

I I wasn't in a situation or by my income it was just the student that was in a student position and they were right because of that

anyway I got one of my friends to go in my application and I said with the application and I got the condo

I moved

and I'm like more confident

of my some of my road is

like they were working as tall as

dog because I was like on my own in a very short period of time

and no one I kind of like

you know shift in her family relationship

so some of them still talk to me look at them didn't talk to me

like one of my own that's on my mother's side

he told me that I would never get a job in the construction field because on the White

I said okay but tell him know I'm a senior Construction

management specialist

right so that that's probably

sometimes when when I'm a little one I would reflect on these things that happened to me

right I look at it as my journey was like her growth

it's it makes you strong like when you go to trials and testings equal to those to make him stronger

Hawaii

because your parents are not there and you know your parents are very supportive

and they're not there it kind of like

takes a toll on you at some point in time

right so

I'm trying to cope with the situation but now that I immigration you know Paul says it's like how it happened and that is it gonna hold on the action actually

yeah you know okay

going back because it makes sense

you know

our previous session and

based on what you shared with me regarding your griefs your you know loss and your actually your marriage and the process of immigration

we need to work together to you know aligned with your tropic process

we need to prepare a good strong strengthen your files in immigration

so my question is regarding that area what kind of support you expecting me

you know

to offer you regarding your file

okay

because I would like to provide you the best support regarding because it's I understand it's very critical for you

yeah okay to be honest with my my file because there is one of my uncle that is very close to me the same one that took me out but we reconcile

so basically he is like a father figure to me now

and I don't believe that I had attached from my family

it would be like if I'm losing the father all over again

so that only Bond have to be dear because

if I at this point in time because they're the one that helped me through my journey

to get to where I am today yeah

it's gonna take

one part is you know you are worried about Detachment you know if you know Father Figure and because you have lost you know your father and your mother and so now he's very you know critical

maneuver regarding that area okay

so because apart from you know the process of our session I would like to be aware and conscious regarding what you want and what you know

we have to work on

that's why I asked a specifically regarding the process and what else apart from that

I have my work relationship that is another thing my necklace

because

they have the the name of your church

People's Church as many people's church I mean he okay yeah maybe maybe it's you know be

to leave works for you know our information okay just a moment sorry

do you have any confusion or any you know on certain anything you are not sure about your file in anything

maybe

it's not still certain regarding your file

any confusion anything you are you're not sure

I think

so

come back to me and say okay you know what I need you

and submit all the document that I think that they might require

like I'll even know unturned pages

because I does immigration document by help people to and maybe the kind of reflection of your personality as well

you are very punctual person I believe

yeah no it's on my experience I can you know sometimes I don't I don't need to ask you know based on actually I'm working I'm positioned since 1997

and so do any 28 years experience maybe okay so

anything you want to add to your immigration and the documented and

I I will provide for you anything you want to add

yeah I would like I will let you know like whatever I'll send a text message to you

three critical points what I I wanted to add to also I'm also enrolled in like the South developmental program

at work and I would jeopardize everything because I always have already have with to one of the South development program

in your work

yeah

I believe your file will be very strong you know because you are very attached to be the you know Europe a lot of attachments and you are working you are independent here and you know they are looking for some body you're not getting well for you know loser sorry for my wording you know so but one thing maybe we can you know

explain more regarding maybe some emotional distress

a little bit more details and and before sending any documentation I'll give you you know

the review

I think if you want to add or we work with together you know don't worry about that part okay and I said 12 sessions for you it's good do you think it's good for you have passed in terms of session you are not obligated to finish these 12 sessions till June 27th I believe yeah

we have deadlines what's the deadline to send any documentation is June 27th or

June 27th I remember from the last session you told me okay so we said for that okay because it was very important I noted because I need to instruct our decision based on your needs

let's go back to your relationship and about effects they still go in your

for example your connection with your friend and after that since your divorce did you have any other connections

friendships

I tried to like

kind of

my

nose

you have to kiss somebody a chance in your life somebody to be

again personally

it's very understanding it's very professional also so I don't have a problem with the case just to express that emotion

like he knows take care

it just doesn't come out

but you know

the impact

from expiration your emotion or anything regarding Trust

in

this connection or friendship

you know

go ahead

so I know you should talk to different persons culture to but um I'm still very apprehensive because

I don't want to get

I've got this far to save Garden my heart and I don't want to get hurt

Gracie from

he's

right

I do think it sorry

from Iran okay I'm joking sorry about that no I'm joking you're a good man okay so

you know it seems

still some traumas from your past relationship sleep remain in you and keep you from you know being more intimate more Reliant more close you know so you are still hesitant and and it you know it's kind of the kind of defense mechanism you know to because you had to Great you know very incident in your past to be lost and then divorce so your subconscious mind

you know completely agile and conscience and a little different you know

very alert regarding any attachment to get again you know heard so so it makes sense it's you you are smart and your subconscious mind is smart as well so it makes sense but anyway we need to work on it you know so

relationship connection especially for you know emotional person like you it's you know I believe and I think you agree with me you feel you know this defense mechanism has its own cost

you know so you are not fulfilled your life

and we need to work on that part but before going through for this part I would like to know some somewhere you know I would like to learn about your childhood the dynamic in your family and households you you touched on through last session however I would like to know more about the bonding between you and your mom

sorry I know they are assist people and maybe my question you know make you emotional sorry about that

she was the one that

like my family my mom is the one that came out the family

and my mom

sent my father back to school she did everything for him

and she works she's had this back to school and so forth and she always made my dad happy she always make everybody

thinks she instilled in us like

you know they morals everything up to date like today I live by those

worlds everything this her teachings I live by that and I always

envisioned myself to be a woman like my mother

so when I see what my mom did for our family when I was married I tried to do that

in my marriage

unfortunately it didn't work but that didn't stop me the guy that went

I tried to you know not 100% but I test the waters I

give a 25% and I see what I get back but get back to 25 I give another five percent

so that's that's

how I that's my strategy

of seeing what the other person

possessed also

qualities in England

I don't really like kind of talked to him about it too like his number one for me

and how about your dad

my dad okay he's he's my provider he's the one that I look up to when it comes to I can throw those of her education in terms of my business background

I give my dad

helps forgot

because he always taught us to

be independent always represent yourself stand firm and what you believe in

so I I take my heart off to my dad for believing in myself being confident

my God I would say that he's always say that she had a child of my own heart

and I siblings

you a female but you think like a man I said that is what I get home with my father's teaching

and

you have you know a lot of good memories of them yeah

yeah okay you can't recall any bad memories with them because my parents like I said we were closely knitted family and my parents always tried to provide everything that we need everything

what kind of roles you and siblings did you play you know at home

with household

okay younger sister actually your following your mom

okay if something happened with my brother and his wife she would call me on top to your brother this if something happened with my sister and boy he would call all your

siblings like

he

after you know your dad passed away you know still your mom was you know

the leader and you know the Cornerstone of family and after your mom the dynamic of the dynamic of family how changed

you know because you know then Senior senior picture you know figures leaves at the family you know the structure of timing is

changes

can you explain to me the changes happened after that

okay immediately after he passed like for the first couple of months

there there were certain things like with

with his side of the family because my my dad had lots of lands and stuff so some of his relatives can't read

right and wanted to

you know to take ownership of his thought

so that's when I had to step in

and what I did I'm gonna be honest with you like we come on this Earth

and we don't take him up when we die because when my dad died he didn't take anything

so what I did and I thought was the best decision I've made

because all the farmlands the tea had I give it back to the gulf and

because there were a comment on like reading art of my mom and I said there's one solution for this I got her I had my lawyer and I told him there was some that I could have fell so when I couldn't sell I saw them out the book of it I gave it back to the government

hours new changes happened

in your life and your family what kind of

you know you what you experience after that

after she passed it's like everybody not everybody my brotherhood to live with his wife

and my sister and I stick together

my sister and I worked together

while

maybe a year

no yeah I was in

it was like for

about a year

and after that

my sister moved to a new house because I saw the family house and I like you know the money between the siblings

and

my sister Mo she looked her life I moved the Canada I love my wife

so everybody separated

how did affect how did it affect you you know

take apart and so you know the bounding and everything has changed what was the effect of

this change in your mood and your

motion everything

because it's you know it's big impact

I experienced this you know I I have this experience in my life so I can understand but I would like to

learn more about these stage of your life

so

yeah like

everything changes trust me my sister

so I explained it to my been

wife like he was my fiance at

I explained it so he was like okay come up to Canada

know I came up to Canada I spent two months we got married

and

the separation from my siblings it heard a bit but I had to understand back then everybody had their own lives with the

so

I'm on my brother and my sister to live their life while living on with my money

so my life was a little bit messed up because after a month and a half

right I walked out of my heart

and I couldn't go to my brother my sister and said hey help me

because they're there I'm in Canada who I had to turn to I had to turn to my immediate relatives over here so they are the one that gave me wolves Ward helped me through my my journey

and what this summer I don't want to be separated from them because they were there for me to my journey

yeah

regarding your ex-husband what initially Drew you to him

what kind of qualities what happened

so he left when he was 15 years old

apart he came back to 11 yeah

and he came looking for us because his mom and my mom there

were best friends so he came looking for us and we started talking

so since then

I would go to the gym and he would follow me in the gym

just sit there don't work he just sit there just watch me whip out and then

started like nine months

yeah after

yeah relationships started

was it your first serious relationship

yeah

do you feel you have experienced love with her at least at the beginning

yeah

I know it was that but I had to have boyfriends before the relationships

what was his reaction after you you know you ask him to

get divorced

out

you know

because I believe you were ready before you know telling him about your you know your decision but because usually it happens they don't coupled or not at the same level you know some people are ready and the other one is ignorant so what was his reaction

he was stunned because he didn't expect me to say that he did I said I'm in the world he didn't and I called him off guard

mm-hmm normally the other side is the guy that say oh I love

right and I know I couldn't

lifestyle

I couldn't stick with the condition the living condition

it wasn't for me

and I had to leave when you were happy

he was so stunned when I started I needed a horse

when he told me and that's when I told him what women normally went to disconnect from people before they actually like physical

so

I know in my mind that I would be sleeping there obviously in there but

I tried to like block him out like I know physical he's there so he could go to work so I could pack my bag

and when he left that morning and packed my back

I need the key down stairs when he came home I wasn't there

he never called

he never and I caught him so he wasn't it seems he was very proud person I believe yeah some yeah so

you know what happened now you reach out to me when

after

oh it seems after how many years

76 years yeah

how do how did he approach you

text message

the music I'm in Bell I so he messaged me he said oh hi Bell what are you doing would you like to grab something to eat

and I got upset because I said like what the hell are you message in me poor

what kind of feeling do you still carry

over her over him

what kind of feeling zero positive negative

anything different in different dispassionate that's good that's very good that's good how long did it take to you know to reach that level because it's not easy to reach this level immediately after divorce it takes time definitely how long did it take to you

sure when

when he told me that when I said that I built College

on this mutual and I wanted the wars and when I said that I'm he said what

what the force I said yes

he said I have to go through this again

you know it seems you have some layers or some sights and you showed him

a new phase of yourself

it was shocked

regarding the shot yeah and I understand do you have any anything to add because I'm VR at the end of this session but if you

know it's okay to like focus on on the I really appreciate I really appreciate it yeah thank you and next session we work a little on the grief process after you know

the lost you experienced

okay thank you it was great and I really thank you regarding sharing and your feeling your thing happened to you hopefully we can work together and

to help you in your journey

my opinion is

170 per hour and if you have insurance I can provide you you know invoice and you can claim it

if you are if you have any problem I'm very open

it doesn't matter

how much

how many percentage

I didn't get

okay okay no problem thank you thank you very much

see you on Thursday you