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**[OAR-L] James Van Fleet Trail Ride - Oct 21 8:00am - 6:00pm**

1 message

**Christopher Ollikainen** <admin@adventureanywhere.org>

Wed, Sep 20, 2023 at 12:50 PM

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To: OAR-L@lists.ufl.edu

Hi everyone,

Let us take a breather from the too-familiar Hawthorne by venturing the James Van Fleet Hall. Sound familiar? Why there is a building on campus named after the same individual!

This is a 58-mile ride starting and ending at the northern terminus located by Mabel, the origin of the eponymous cake\*. We will ride southbound by the swamps of Central Florida to the namesake of James K. Polk, Polk City\*\*. We will ease the 58 miles of cycling by going at a moderate pace (at least 12 mph, this is such a flat ride so I think we can go faster but we'll test the waters once we start riding) and stopping for rest and recovery every so often. Because of these measures, I guarantee this will be a more leisurely ride than our normal rides on the Hawthorne. Let's meet up at the shed at 8 am to handle logistics and what not.

Bring:

- A bike -- I highly, highly, HIGHLY recommend a road/hybrid bike since it is sadistic to do 58 miles on something like a city bike or a mountain bike. Caveat emptor and all that if you insist on riding something inefficient on this trip.
- A helmet (\*non-negotiable,\* helmets R 4 kool kids)
- On-the-road bike gear (an extra inner tube or two, co2 cartridges, bike levers, a pump, multitool) -- a recommendation. I have a multitool, portable pump, and levers to share if need be.
- Snacks that are easy to digest while riding like granola bars or salty stuff like this Trader Joe's spicy chakri mix I adore, we may find it possible to stop for lunch, however
- Water -- at least 2L. If you have bottle holders on your bike, then take advantage of those squeeze-action bottles so you can hydrate while cycling. Water might be available at each of the four trailheads we will pass along the way, but there is no guarantee water fountains will be present - hope you are comfortable with delicious central Florida sink water!
- bike bags and/or a rear cargo rack -- this is not a strict requirement, but a recommendation. we're not bikepacking so there is no need to bring bags amounting to 60L of space, but carrying stuff on your back sucks and having a bag on your bike to hold your belongings can ease things tremendously
- Bike lights (just in case)
- appropriate clothing items to handle the heat (maybe it'll start getting cold so a nice fleece jacket will keep you nice and warm)

Setting the trip limit to 3 people at first since the club has at least two 3p racks and I can drive. If more people sign up, offering their cars to haul bikes, then I can expand this trip to 8 people if we do not have a car with a hitch for the 4p rear rack, or 10 people if we do have such an available car. I personally own a 2p rack and the club has at least two 3p racks.

More to come,  
Imperator Christopher

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To find out more about the trip and to sign up, visit the [trip page](#)

This message was sent by [Christopher Ollikainen](#). You can respond to that person by hitting the reply button, or you can add your comments on the [Announcement page](#). You can view past announcements by visiting your organization's [News and Events page](#).

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Outdoor Adventure Recreation

University of Florida

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