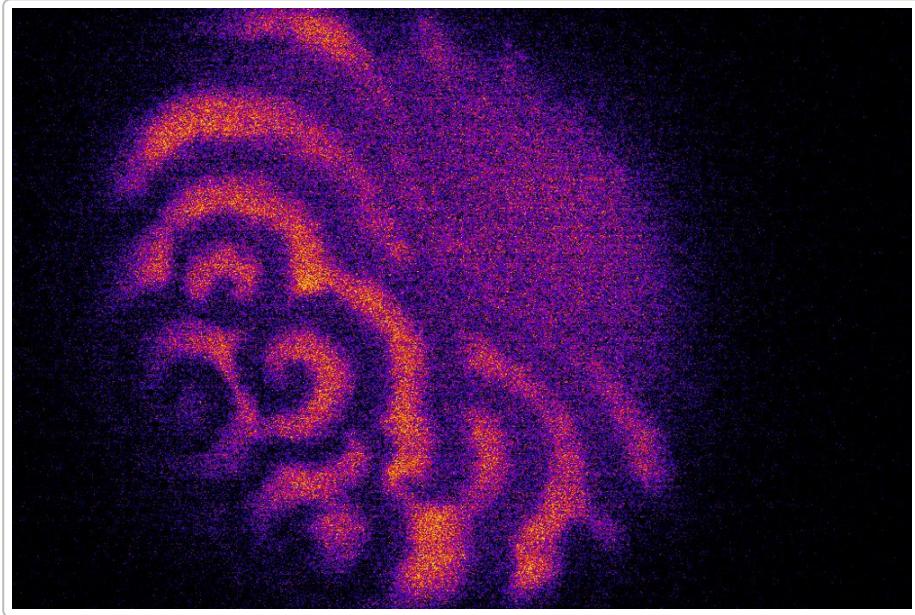


Emergent Spiral Waves and Coherent Patterns Across Disciplines



Spiral protein waves forming on the surface of a starfish egg (visualized via fluorescence of active Rho-GTP) after fertilization. Multiple spiral fronts propagate like tiny hurricanes and collide, then disappear. Researchers found that the statistics of these spirals mirror those of vortices in fluids and waves in excitable media ¹, suggesting a universal pattern-forming mechanism.

When a starfish egg is fertilized, billions of proteins trigger **spiraling waves** across the egg's membrane that coordinate the embryo's first divisions ² ³. A recent MIT study found these **spiral chemical waves** behave strikingly like waves in other systems – from **quantum fluid vortices to atmospheric cyclones and cardiac pulses** ⁴. In each case, *topological defects* (the spiral cores) act as organizing centers around which waves circulate ³. The researchers observed multiple spirals on an egg's surface that would nucleate, drift, and annihilate upon collision, and found their dynamics statistically indistinguishable from fluid vortices or brain waves ¹. This surprising **universality** suggests that very different complex systems share common principles of **coherence, nonlinear wave dynamics, and emergent pattern formation**.

Universal Wave Dynamics and Pattern Formation

The appearance of spiral waves in a cell exemplifies a broader theme: **similar wave patterns emerge across biology, chemistry, and physics** under far-from-equilibrium conditions. Nonlinear dynamics often yields self-organized waves and spatial patterns that are *structurally analogous* in systems of very different nature ⁵. For example, biologists have long observed chemical and electrical waves in cells and tissues, such as calcium ion waves in the brain, that mirror the behavior of chemical reaction-diffusion waves ⁶.

Physicists likewise recognize comparable patterns in fluids (e.g. convection rolls or surface Faraday waves) and even in granular media ⁷. The same mathematical laws – reaction-diffusion equations, wave instability theory, oscillator networks, etc. – can govern pattern formation in **living cells, ecosystems, fluid flow, and beyond** ⁵. This means insights from one field (say, oceanic circulation or plasma oscillations) can often be mapped onto another (like protein waves in eggs), supporting the idea of a “*common language*” of self-organization across scales.

Landmark models in nonlinear science illustrate this universality. Alan Turing’s pioneering 1952 work proposed that simple reaction–diffusion equations could spontaneously break symmetry to form spatial **Turing patterns** (spots, stripes, labyrinths) in biological morphogenesis ⁸. Decades later, experiments confirmed Turing’s idea in chemical reactions and developmental biology ⁹. The **Belousov–Zhabotinsky (BZ) reaction**, discovered in the 1950s, became the classic example of an **oscillatory chemical medium** that produces concentric target patterns and spiral waves ⁹. In a shallow dish of BZ reagents, one can see bullseye waves or rotating spirals of reactants – a chemical choreography very similar to the waves on a fertilized egg. Indeed, the “*trademark spiral waves*” of the BZ reaction have also been observed in other excitable media such as heart tissue, as well as in biological signaling like the retinal and cortical waves in the brain ¹⁰. Such correspondences suggest a deep kinship: chemical, biological, and even geological or astrophysical wave patterns may all stem from a few **unifying principles of self-organization** (reaction-diffusion, oscillation, and feedback).

Reaction-Diffusion Waves in Biology and Chemistry

Reaction-diffusion systems provide a fundamental framework for pattern formation. In these systems, local reactions (e.g. autocatalytic activation and inhibition) coupled with diffusion of molecules can generate complex spatiotemporal patterns. The **BZ reaction** famously oscillates between chemical states and, if unstirred, launches **trigger waves**: a small pulse of reaction at one point diffuses outward and initiates the reaction in neighboring regions, creating expanding concentric rings or spirals ¹¹ ¹². This mechanism closely parallels biological waves. For instance, *Dictyostelium* slime mold colonies use a chemical relay of cyclic-AMP that propagates as waves to coordinate cell aggregation. Experiments showed that starving slime molds emit **cAMP waves that form spirals nearly identical to those in the BZ reaction** ¹³. In essence, what the BZ reaction does with bromate and malonic acid, the slime mold does with signaling molecules – a testament to the **universality of reaction-diffusion waves**. Similarly, early embryonic development in many organisms is orchestrated by **morphogen gradients** that can propagate or oscillate. For example, calcium waves at fertilization or metabolic NADPH waves in eggs help organize the embryo’s symmetry axes ⁶. These waves ensure that information (like where the cell’s “center” is, in the starfish egg) is transmitted coherently across the large egg cell ¹⁴. Reaction–diffusion theory (including Turing’s model and its extensions) has been applied to **animal coat patterns** (zebra stripes, leopard spots), **feather and hair follicle arrangement**, and other developmental processes ⁵. The common thread is a **mesoscopic field of diffusing chemicals** that spontaneously breaks uniformity to create ordered structure – much as CCFT envisions a coherence field giving rise to form.

In chemistry, the BZ reaction and related systems (e.g. the chlorine dioxide–iodine–malonic acid reaction) validated Turing’s ideas in the lab. By the 1990s, researchers were even “programming” chemical media to get desired patterns. One remarkable finding was that the BZ reaction in certain media can produce not only simple spirals and targets but also exotic structures like **segmented spirals, antispirals, and oscillatory clusters** ¹⁵ ¹⁶. These correspond to different modes of wave instability and provide rich analogues to biological patterns (for example, segmented spirals resemble broken-up reentrant waves seen

in fibrillating hearts). **Stationary Turing patterns** (spots/stripes) and **traveling wave patterns** can coexist or transition into one another, blurring the line between “structure” and “wave”¹⁷ ¹⁸. Such phenomena underscore that *nonlinear media support diverse coherent structures* – some static, some dynamic, some a mix – all arising from the same interplay of local activation and diffusion. This broadens our understanding of coherence beyond simple oscillations: even a seemingly chaotic chemical broth can self-organize into *semi-coherent domains* or repeating wave trains. The parallels to biological organization are intriguing, suggesting that cells and tissues might exploit similar reaction-diffusion mechanisms to achieve coherent order amid molecular chaos.

Spiral Waves in Excitable Media: Heart and Brain

Perhaps the most dramatic examples of spiral waves in biology occur in **excitable media** like heart and neural tissue. An excitable medium is one where local elements (cells or neurons) sit quiescent until a stimulus pushes them over a threshold, causing a brief *activation* (e.g., an action potential or contraction) followed by a refractory period. This leads to *all-or-none traveling pulses* rather than continuous oscillations. Such media naturally form **rotating spiral waves** under the right conditions. A spiral wave in 2D tissue has a continuously turning *core* (a small region that never fully activates), around which the wavefront curls in a spiral shape – much like the Rho-GTP spirals in the starfish egg membrane³. In fact, the MIT team explicitly identified the core of each protein spiral in the egg as a “**topological defect**,” analogous to a phase singularity in other wave systems³. This language mirrors how physicists describe spiral waves in heart muscle or the Belousov-Zhabotinsky reaction: the spiral tip is a point of broken symmetry (the wave’s phase is undefined there) and acts like a particle that can drift, pair-annihilate with another, etc., reminiscent of **defect dynamics in condensed matter**³ ¹⁹.

In the **heart**, spiral waves of electrical excitation are well known as a cause of life-threatening arrhythmias. Under normal conditions, the heart’s electrical wavefront propagates as a coordinated planar front (originating from the sinoatrial node) that makes the muscle fibers contract in synchrony. But if a wave breaks and curls around an obstacle or a heterogeneity, it can establish a stable **reentrant circuit** – essentially a spiral or scroll wave of voltage that keeps rotating. When **electrical signals form spiral waves, they disrupt the normal rhythm and can lead to tachycardia or fibrillation**²⁰. Clinicians and biophysicists have observed spiral (or scroll) waves in many contexts: *ventricular fibrillation* appears as a tangle of rapidly meandering spirals, whereas *ventricular tachycardia* can correspond to a single, more stationary spiral (or scroll filament) anchoring in the ventricle²¹ ²². Recent optical mapping studies in human hearts provided the first high-resolution visualization of these spirals in action²³ ²⁴. Impressively, the dynamics of cardiac spirals – how they drift, how multiple spirals break apart or self-organize – are quantitatively similar to spiral waves in simpler excitable chemical systems. This has allowed researchers to borrow mathematical tools from nonlinear physics to understand (and even control) cardiac arrhythmias²⁵. For example, methods to eliminate spirals by targeted stimuli (pacing or localized optogenetic shocks) have analogues in the theory of unpinning chemical spiral waves from heterogeneities. The heart thus exemplifies how **mesoscopic coherence** (a rotating wave) can emerge in living tissue, with enormous macroscopic consequences (the pumping function).

The **brain** is another excitable medium where wave dynamics are increasingly recognized as important. Cortical and neural tissue can support a variety of **traveling waves** of electrical activity in the form of voltage oscillations or firing rate patterns that move across neural fields. These include plane waves, expanding circular waves, and notably **spiral waves** of neural oscillation²⁶. For instance, during *sleep*, the thalamocortical system can exhibit **spindle oscillation waves** that sometimes organize into spirals (rotating

patterns of the sleep spindle phase)²⁷. In mouse experiments and human EEG/MEG data, **spiral wave motifs have been observed in the cortex**, especially in certain frequency bands (e.g. theta or alpha rhythms)²⁸. Recent research has shown that during certain brain states, the cortex supports large-scale **counter-rotating spiral waves**: for example, bilateral spirals in the theta range, with a phase singularity over somatosensory cortex in each hemisphere^{29 30}. These spiral waves in the brain are directly analogous to those in the heart or in chemical media – they even have a “core” (phase singularity) with lowest amplitude, around which the phase of neural oscillation winds by 2π ²⁹. Neural spiral waves have been linked to meaningful functions: the direction and presence of traveling waves in cortex correlate with cognitive processes like memory retrieval, attention, and perception³¹. For example, alpha-band waves traveling in a posterior-to-anterior direction may underlie memory scanning³², while different wave directions are altered in diseases like schizophrenia³³. This suggests the brain may *tune* its intrinsic coherence patterns for functional purposes – a concept very much aligned with CCFT’s focus on **information flow via coherence**. In essence, just as the starfish egg’s spirals encode the blueprint for division, cortical spiral waves might encode or facilitate neural computations across distant regions.

Mathematically, the emergence of traveling and spiral waves in neural tissue can be modeled with **coupled oscillator networks and excitable continuum models**. For instance, the **Kuramoto model** – a paradigmatic system of phase-coupled oscillators – has been used to study how **synchronization and phase gradients** arise in cortical networks^{34 35}. In simplified 2D Kuramoto network simulations of the cortex, introducing realistic connection delays or intrinsic frequency gradients leads to phase patterns that manifest as traveling and spiral waves^{34 36}. These simulations echo the behavior seen in real brains, reinforcing that a common set of principles (frequency coupling, time-delayed interactions – essentially a dispersive coupling) produces wave coherence in neural systems much as in chemical or optical oscillators. Such cross-disciplinary modeling strengthens the bridge between **biological organization and nonlinear field theory**: it indicates that a brain region can be treated, to first approximation, as an oscillator in a lattice, and phenomena like spiral waves are then the natural “eigenmodes” or solutions of that lattice – just as they are in reaction-diffusion equations or fluid systems.

Topological Defects Organizing Macroscopic Structure

A recurring concept in all these systems is the role of **topological defects** in organizing patterns. In the starfish egg, the spiral wave core was identified as a topological defect in the protein activity field³. In physics, topological defects are points, lines, or surfaces where an ordered field (like an orientation or phase field) breaks continuity, often carrying quantized “charge.” They are well-known in liquid crystals (disclinations), superconductors (flux vortices), superfluids (quantized vortices), and even cosmology (e.g. hypothetical cosmic strings). **Spiral waves are essentially topological objects**: the phase of oscillation increases by a full 2π loop around the core, meaning the core is a singular point. Because of this, spirals tend to be robust – they cannot simply vanish unless two spirals collide and annihilate (opposite topological charges cancelling out)³⁷. This gives spiral defects a particle-like quality: researchers have noted that spiral waves in excitable media **interact as if they were particles**, exhibiting phenomena like pair creation, annihilation, and braiding trajectories^{38 39}. In a recent study, the starfish egg’s Rho-GTP spiral defects were shown to undergo complex **braiding dynamics reminiscent of braided vortices**, and the patterns of their creation/annihilation satisfied conservation laws similar to particle-antiparticle pairs^{38 40}. Such findings hint that even in living cells, we can identify “quasi-particles” – emergent defect modes – that follow principles of topology and symmetry. CCFT would likely formalize these as coherent field excitations that carry information and influence at a mesoscopic scale.

Active matter is a modern physical domain where topological defects take center stage in organizing flow. Active materials – from bacterial swarms to cytoskeletal filament solutions – continuously inject energy at small scales and often form **chaotic flow patterns** termed active turbulence ⁴¹ ⁴². In 2D active nematic liquid crystals (e.g. a layer of microtubules driven by motor proteins, or a confluent cell sheet), the orientation field of the constituents develops $\pm\frac{1}{2}$ and $-\frac{1}{2}$ **disclination defects** (points where the alignment field has singularities). Strikingly, these defects move and behave like autonomous particles: $+\frac{1}{2}$ defects often self-propel along their “comet-like” shape, while $-\frac{1}{2}$ defects behave differently, and their interactions drive the continually changing flow. Researchers have found that **topological defects both drive and organize the dynamics in active nematics** ⁴³ ⁴⁴. For example, the creation and annihilation of $\pm\frac{1}{2}$ defect pairs is associated with bursts of fluid motion. In certain conditions, the active turbulence can **order**: a recent discovery showed that by tuning friction or confinement, one can induce active nematics to form an **ordered lattice of vortices and defects** ⁴⁵ ⁴⁶. At this crossover, the previously turbulent active flow snaps into a “vortex crystal” where defects arrange in a regular array, essentially creating an “**active crystal**” state ⁴⁵. The fact that orientational defects adopt long-range order illustrates how *topology can dictate large-scale structure*. We see analogous defect ordering in passive systems (e.g. vortex lattices in a rotating superfluid), but active matter realizes it out of equilibrium. These phenomena underscore principles likely relevant to CCFT: **coherence can emerge through topologically protected modes** (defects carrying coherence across the system), and stability can arise from a balance of active driving and dissipative structuring (paralleling how coherence fields might stabilize emergent order in living systems).

In **quantum fluids** like superfluids and Bose-Einstein condensates (BECs), topological defects in the form of **quantized vortices** play a similar role. A quantized vortex in a superfluid helium droplet or an atomic BEC is a tiny tornado of circulating fluid with a core of depleted density, around which the phase of the macroscopic wavefunction winds by 2π (ensuring quantized circulation). These vortices are directly analogous to the spiral waves in classical media – indeed, they are often called “quantum vortices.” When a BEC is rotated, it doesn’t spin as a rigid body but instead nucleates an array of these vortices that arrange into a **regular lattice** (famously observed in rotating condensates). This vortex lattice is essentially a crystalline arrangement of topological defects, remarkably similar to the vortex/defect lattice seen in active nematics ⁴⁵. Moreover, quantum vortices can tangle and form quantum turbulence, and their dynamics (reconnection events, annihilation) again mirror those of vortices in classical fluids or spirals in excitable media. The MIT egg study explicitly noted that the protein spirals correspond to “vortices” on the cell surface, drawing a line from the cell’s biochemical waves to **vortical patterns in quantum fluids and atmospheric/ocean flows** ⁴. This highlights a beautiful continuity: *from quantum superfluids to living cells, rotational wave patterns share geometry and even statistics*. A topological defect in a coherence field is a generic organizing center – whether that field is a quantum wavefunction, the director field of an active nematic, or the phase of a biochemical oscillator. CCFT likely embraces such defects as fundamental carriers of *order and information* in complex systems.

Waves as Information Carriers and Computation

Beyond pattern formation per se, these coherent waves often have functional roles – they **carry information, perform computations, or enable signaling** in the systems where they arise. In biological contexts, this is especially clear. The spiral Rho-GTP waves in the starfish egg are not just visually striking; they serve to **localize the egg’s center and orchestrate the first cell division** ¹⁴. The waves effectively perform a computational task: integrating signals over the egg’s volume to find the central axis (ensuring the embryo divides evenly). Similarly, calcium waves at fertilization prevent polyspermy and synchronize downstream developmental events – a wave of calcium release acts as a rapid communication sweeping

over the egg. In early embryos, there are often **morphogenetic waves** (of cell cycle regulators, metabolic oscillations, or mechanical tension) that propagate across tissues to coordinate timing and spatial patterning. For instance, during vertebrate segmentation (formation of somites), a “clock and waveform” mechanism uses a genetic oscillator that sends waves through a tissue, translating time into space for segment boundaries – a clear example of a **traveling wave encoding information** (the phase of the oscillator corresponds to positional identity). In the brain, as noted, traveling waves have been tied to functions like working memory, attention focus (e.g. shifting wave phase can preferentially excite certain neural ensembles in sequence), and sensory processing ³¹. There is evidence that the brain might leverage waves to **bind distributed regions together**, effectively using a propagating phase to transmit a packet of information or to gate interactions between areas. This is an attractive framework for CCFT: a *coherence field* whose excitations (waves) can carry, transform, and store information – much like electromagnetic waves carry information in telecommunication, but here within a cognitive or biological medium.

Researchers are also exploring **computing with chemical and biological waves**. An exciting notion from the MIT study is that the pattern of protein waves on a cell membrane could be harnessed for computation ⁴⁷. Just as a quantum computer manipulates coherent wavefunctions to compute, one might imagine engineered living cells that use internal chemical wave patterns as **logic gates or information processors** ⁴⁸. Fakhri and colleagues speculate about building “**minicomputers from biological cells**,” borrowing ideas from quantum fluids to control these signaling waves ⁴⁷. In the past, unconventional computing researchers have experimented with the BZ reaction to implement logical operations: for example, using colliding chemical wavefronts to represent logic gates (since two waves annihilate upon collision, that can act like an **AND** or **NOR** gate under certain encoding). Likewise, *excitable cellular automata* or reaction-diffusion computers have been proposed, where the presence or absence of a spiral wave in a region could represent a bit of memory (a spiral is a self-sustaining object, so it can store state). The **Kuramoto model** and its extensions also inform neuromorphic computing – by tuning the network coupling, one can get oscillatory networks to perform tasks like pattern recognition via phase synchronization. All these examples point to **propagating coherence** as a means of **processing information**. A wave is essentially a **signal** that can travel and interact: morphogen waves signal developmental cues; cardiac waves convey the synchronous “beat” command; cortical waves may propagate a decision or a predictive signal across the brain.

From the perspective of Classical Coherence Field Theory, these are manifestations of *information flow through a coherent field*. The coherence field provides a medium in which local interactions (chemical reactions, neuron firings, etc.) become extended, ordered patterns that carry meaning. The field’s **nonlinear and dispersive nature** is crucial: nonlinearity allows interactions and logic-like behavior (e.g. wave collisions, defect annihilations), while dispersion (or more generally, spatial coupling with delays) allows waves to propagate over distance with characteristic velocities and phase relations. In dispersive wave physics (like optics or water waves), different frequencies travel at different speeds – interestingly, in biology, one can see analogues like how different brain rhythms (alpha, beta waves) propagate in different directions or speeds depending on structural connectivity ⁴⁹ ³¹. This is reminiscent of **dispersive information transport** – certain signals preferentially channel along certain pathways or scales.

Toward a Coherent Field Theory of Emergent Dynamics

The cross-disciplinary parallels surveyed here support the development of a **unified theory of coherence and emergence**, such as the Classical Coherence Field Theory (CCFT) framework the question alludes to. Across all these systems, we see a few unifying themes:

- **Multiscale Structure:** Local microscale processes (molecular reactions, cell excitations, oscillator phases) self-organize into mesoscopic patterns (spirals, waves, defects) that influence macroscale behavior (embryo axis formation, tissue contraction, cognitive state). This hierarchy – micro to meso to macro – is a hallmark of emergent phenomena. For example, molecular fluctuations produce a coherent chemical wave, which then guides a large-scale morphogenetic outcome. CCFT would formalize how a coherence field mediates between scales, perhaps via renormalization or collective coordinates (like treating a defect as a higher-level variable).
- **Nonlinear Dispersive Dynamics:** Whether it's reaction-diffusion equations, the Kuramoto model, or fluid equations, the governing models are typically nonlinear (allowing complex interactions and pattern selection) and have dispersive or diffusive coupling (allowing wave propagation). This combination leads to **solitary waves, oscillons, and other coherent structures** that are stable against dispersion. In optical fibers and fluid conduits, solitons maintain shape and act like particles – analogously, biological wave patterns often persist (e.g. a spiral rotates steadily) due to a balance of nonlinearity and “dispersion” (refractory delays, diffusion gradients). CCFT likely places emphasis on **soliton-like solutions or coherent modes** in classical fields that can carry information without dissipation.
- **Topology and Coherence:** The robustness of patterns often owes to topological constraints. Thus, a coherence field theory might incorporate topological invariants to classify emergent structures (e.g. an integer winding number for a spiral wave or vortex). The preservation (or quantized change) of these invariants under dynamics gives stability to certain configurations – just as observed with persistent vortices or enduring spiral scrolls in tissue. This could be a powerful lens for CCFT: coherence fields may support **topologically protected modes** that serve as resilient carriers of order (much like topological solitons in field theories).
- **Emergent Computation and Information:** We see waves being used to compute in chemical and neural media. This implies that a unified theory should describe not just the *physics* of the patterns, but also their *functional significance*. In other words, the theory should allow us to identify how an emergent coherent structure can encode and transmit information (for instance, treating a wavefront as a bit or a phase gradient as a message). Classical coherence fields might be akin to a **classical limit of quantum information fields**, wherein phase coherence allows a form of classical information processing via wave interference and pattern formation⁴⁷. The starfish egg example directly draws this parallel: it likens the biochemical wave patterns to a form of computation, analogous to how quantum coherent states can compute⁴⁷. CCFT might extend this analogy, providing a mathematical framework for how **information is embodied in classical coherent patterns**.
- **Universality and Transferability:** Finally, the examples illustrate a strong form of universality. Pattern-forming systems from animal embryos to chemical reactions to quantum fluids can be mapped onto each other's mathematics⁵. This means our theories don't have to start from

scratch for each domain. A breakthrough in one area (say, controlling turbulence via topological defects in active matter) can inform another (like controlling arrhythmias in the heart, or vice versa). A coherence field theory should capture the **core commonalities** – perhaps in terms of universal equations or symmetries – such that insights naturally carry over. The review by Vanag (2004) emphasizes that the same dynamical laws apply whether the forces are electromagnetic, chemical, or even social ⁵. CCFT aligns with this by seeking an overarching description of how coherence arises and drives emergent order, independent of the specific substrate.

In summary, research across disciplines – from **spiral waves in starfish eggs** to **vortices in superfluids**, from **chemical pattern reactions** to **cortical oscillations** – all point toward a set of unifying principles. These include the formation of **coherent wave patterns**, the central role of **topological defects** in structuring dynamics, the use of **wave propagation for signaling and computation**, and the existence of **formal analogies (nonlinear field equations)** that transcend specific systems. By comparing these phenomena side by side, we can greatly inform and enrich the development of Classical Coherence Field Theory. CCFT can be inspired by the *landmark models* (Turing's morphogens, BZ oscillators, Kuramoto sync) and incorporate their lessons into a single theoretical framework. Such a framework would aim to explain how coherence emerges in classical systems to produce organized complexity, how it can be maintained or broken (as in turbulence vs order), and how it enables information and structure to **flow from micro to macro scales**. The evidence surveyed here strongly supports the CCFT vision: coherence fields and nonlinear waves are not esoteric – they are pervasive in nature, and understanding their commonalities is key to unlocking a deeper unity behind life's organization and other complex phenomena.

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