# laido Terminology

## **Equipment**

Gi / dogi Martial arts shirt/jacket Hakama-shita Kimono-style iaido gi

JubanUndergarments worn under giHakamaPleated traditional pants

Bokuto Wooden sword

Iaito Dull/non-sharpened metal sword

ShinkenSharp/live swordSayaSword sheathTabiSplit-toe socks

#### **Dan Ranks and Titles**

Iaidoka A student of iaido

KohaiNewer student (than you)SempaiOlder student (than you)MudanshaOne without dan rankYudanshaOne with dan rank

Shidachi Lit. "receiving sword", receives attack & wins Uchidachi Lit. "attacking sword", initiates attack & loses

Shodan 1st dan Nidan 2nd dan Sandan 3rd dan Yondan 4th dan 5th dan Godan Rokudan 6th dan Nanadan 7th dan Hachidan 8th dan Kvudan 9th dan

Sensei Head teacher of dojo

Renshi Certified Instructor (must be rokudan)

Kyoshi Certified Sr. Instructor (must be nanadan)

Hanshi Certified Master Instructor (must be hachidan)

Soke Overall Head of a style of iaido

#### Start/End of class

Shinzen ni rei Bow to shrine

Sensei (Sempai) ni rei Bow to sensei (sempai)
Onegaishimasu Please (teach me)

Mokusou Meditation

Otagai ni rei Bow to each other

Domo arigatou gozaimasu Thank you (for teaching us)

#### **Events**

*Keiko* Practice (through contemplation & understanding)

Renshuu Practice (through drilling & repetition)

Taikai Formal event

Embukai / Embu Formal demonstration
Shinsa Dan examinations

## **Stances & Techniques**

Waza Technique

Kata Predefined technique

Zanshin Presence of mind / awareness

Metsuke Vision / awareness

Nukitsuke Drawing sword from sheath

*Yokogiri* Side cut

Kirioroshi Downward vertical cut
Kesagiri Downward diagonal cut
Gyaku kesagiri / Kiriage Upward diagonal cut
Furi kaburi Raising sword above head

Sune gakoi Blocking at the leg (protecting leg)

Sayabiki Movement of the saya

Sayabanare Kissaki leaving saya koiguchi

Chiburi Movement of sword to remove blood

*O-chiburi* Circular chiburi

Yoko-chiburiShort, sideways chiburiChinuguiWiping sword from bladeNotoResheathing sword into saya

Hayaosame Faster version of noto (during Tachiwaza, Oku waza, etc.)

Hane age Flipping sword up (as in Oroshi)

Gedan-no-kamae
Lit. "lower level posture", sword front, tip towards knee
Lit. "upper level posture", sword raised above head
Chudan-no-kamae
Lit. "mid-level posture", sword front, tip at throat height
Hasso-no-kamae
Lit. "8 direction posture", sword held upright at shoulder
Waki-gamae
Lit. "side posture", sword held at hip, tip facing back

#### Sword parts

Kissaki Tip of the sword

Boshi Curved edge at tip of the sword

Monouchi Top third of the blade (where contact is made when cutting)

Mune Back of the sword

Hi Goove
Ha Cutting edge

Hamon Pattern along cutting edge

Habaki Blade collar Tsuba Hand guard

Seppa Spacers on either side of tsuba

Tsuka Handle

Fuchi Collar of tsuka (adjacent to tsuba)

Kashira Pommel of tsuka

Tsuka-ito Tsuka wrapping (cotton, silk, or leather)

Same Ray skin wrap (beneath ito)

Menuki Ornamentation on tsuka (beneath ito)
Mekugi Peg that keeps the sword in the tsuka

Saya Scabbard

Sageo Cord tied to saya

Kurigata Knob that anchors sageo to saya

Koiguchi Opening of saya Kojiri End of saya

## **Body parts**

Head Atama Men Face Me Eyes Kubi Neck Nodo Throat Chest Mune Kata Shoulder Ude Arm Kote Wrist Те Hand Belly Hara Koshi Hip Knee Hiza Foot Ashi