

Jeffrey D. Bowen

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Education

University of California, Santa Barbara

PH.D., PSYCHOLOGICAL AND BRAIN SCIENCES - SOCIAL PSYCHOLOGY

Santa Barbara, CA

2011-17

Cornell University

B.S., HUMAN DEVELOPMENT WITH HONORS

Ithaca, NY

2007-11

Summer Institute for Social and Personality Psychology - Northeastern University

COURSES: EMOTION, DYADIC DATA ANALYSIS

Boston, MA

2015

Publications

1. Bowen, J. D. (2021). Psychological distance and the pandemic: Insights from Construal Level Theory and relationships science. *Social and Personality Psychology Compass*, 15(5). <https://doi.org/10.1111/spc3.12594>
2. Bowen, J. D., & Gillath, O. (2020). Who plays hard-to-get and who finds it attractive? Investigating the role of attachment style. *Personality and Individual Differences*, 162(1). <https://doi.org/10.1016/j.paid.2020.109997>
3. Bowen, J. D., Winczewski, L. A., & Collins, N. L. (2017). Language Style Matching in romantic partners' conflict and support interactions. *Journal of Language and Social Psychology*, 36(3), 263–286. <https://doi.org/10.1177/0261927X16666308>
4. Winczewski, L. A., Bowen, J. D., & Collins, N. L. (2016). Is empathic accuracy enough to facilitate responsive behavior in dyadic interaction? Distinguishing ability from motivation. *Psychological Science*, 27(3), 394–404. <https://doi.org/10.1177/0956797615624491>
5. Hackel, L. M., Larson, G. M., Bowen, J. D., Ehrlich, G. A., Mann, T. C., Roberts, I. D., ..., & Barrett, L. F. (2016). On the neural implausibility of the modular mind: Evidence for distributed construction dissolves boundaries between perception, cognition, and emotion. *Behavioral and Brain Sciences*, 39, 34–36. <https://doi.org/10.1017/S0140525X15002770>
6. Cheung, I., Campbell, L., LeBel, E., Ackerman, R. A., Aykutoglu, B., Bahník, S., Bowen, J. D., ..., & Yong, J. C. (2016). Registered Replication Report: Study 1 from Finkel, Rusbult, Kumashiro, & Hannon (2002). *Perspectives on Psychological Science*, 11(5), 750–764. <https://doi.org/10.1177/1745691616664694>
7. Collins, N. L., Kane, H. S., Metz, M. A., Cleveland, C., Khan, C., Winczewski, L., Bowen, J., & Prok, T. (2014). Psychological, physiological, and behavioral responses to a partner in need: The role of compassionate love. *Journal of Social and Personal Relationships*, 31(5), 601–629. <https://doi.org/10.1177/0265407514529069>

Manuscripts under Review/Revision

1. Bowen, J. D., Tan, K., & Collins, N. L. (n.d.). *Painting the “big picture” in relationship maintenance: A model of commitment-driven abstraction.*

Manuscripts in Preparation

1. Bowen, J. D. (n.d.). *Absence makes the heart grow abstract: Psychological distance and partner representation in long-distance romantic relationships.*
2. Gualano, R., & Bowen, J. D. (n.d.). *Social media and the self-concept: An examination of the domain-contingent self.*
3. Winczewski, L. A., Collins, N. L., & Bowen, J. D. (n.d.). *How do people know whether they are understood? An interpersonal process model of empathic accuracy, empathic expression, and felt understanding.*

Awards & Honors

Professional Development Grant for Teachers of Psychology (\$1,250)

PSI CHI, THE INTERNATIONAL HONOR SOCIETY IN PSYCHOLOGY

2022

Instructional Enhancement Grant (\$5,000)

JOHNS HOPKINS UNIVERSITY CENTER FOR TEACHING EXCELLENCE AND INNOVATION

2022

Faculty Undergraduate Advising Award Finalist

JOHNS HOPKINS UNIVERSITY KRIEGER SCHOOL OF ARTS AND SCIENCES

2020

Teaching Innovation Grant (\$19,100)

JOHNS HOPKINS UNIVERSITY CENTER FOR EDUCATIONAL RESOURCES

2019

Fiona and Michael Goodchild Graduate Mentoring Award

UNIVERSITY OF CALIFORNIA, SANTA BARBARA

2016

Basic Psychological Science Research Grant

AMERICAN PSYCHOLOGICAL ASSOCIATION

2016

Heritage Dissertation Award

FOUNDATION FOR PERSONALITY AND SOCIAL PSYCHOLOGY

2015

Doctoral Student Travel Grant

UNIVERSITY OF CALIFORNIA, SANTA BARBARA ACADEMIC SENATE

2014

Graduate Research Fellowship Program Fellowship Recipient

NATIONAL SCIENCE FOUNDATION

2013

Graduate Research Fellowship Program Honorable Mention

NATIONAL SCIENCE FOUNDATION

2012

Urie Bronfenbrenner Award for Outstanding Performance in Research

CORNELL UNIVERSITY

2011

Teaching

INSTRUCTOR

Johns Hopkins University

- Psychology and Social Media | Summer 2018 –
- Advanced Research Design and Analysis | Spring 2018 –
- Design and Statistical Analysis for Psychology | Spring 2018 –
- Advanced Statistical Methods | Fall 2017 –
- Research Methods in Psychology | Fall 2017 –

University of California, Santa Barbara

- Introduction to Statistics | Spring 2017
- Introduction to Experimental Psychology | Summer 2016
- Positive Psychology | Summer 2015
- Social Psychology of Close Relationships | Summer 2014

ASSISTANTSHIPS

University of California, Santa Barbara

- Advanced Research Methods Lab | Fall 2016
- Health Psychology | Summer 2013
- Introduction to Social Psychology | Spring 2013
- Introduction to Psychology | Summer 2012, Spring 2012
- Social Psychology of Close Relationships | Summer 2012, Fall 2011
- Introduction to Statistics | Winter 2012

Cornell University

- Language Development | Spring 2011

WORKSHOP FACILITATOR

University of California, Santa Barbara

- Dyadic Data Analysis | Fall 2015
- Summer Teaching Institute for Associates | Summer 2016, 2015

Invited Talks and Panels (selected)

1. Bowen, J. D. (2022). *Her: Through the lens of relationship science*. Johns Hopkins University. Baltimore, MD; Guest presentation in Science and Film course.
2. Bowen, J. D. (2020). “Big Picture” thinking in romantic relationships: A tool for managing separation and conflict. Manila, Philippines (Online Event); 19th EdukCircle International Convention on Psychology.
3. Bowen, J. D. (2020). *Social media’s impact on modern society*. Johns Hopkins University. Baltimore, MD; Faculty Conversation.
4. Bowen, J. D. (2020). *How COVID-19 will impact our greater society*. Johns Hopkins University. Baltimore, MD; Faculty Perspectives.
5. Bowen, J. D. (2018). *When we’re on the same page: How dyadic processes shape personal and relationship well-being*. Johns Hopkins University. Baltimore, MD; Dimensions of Connection: The Importance of Empathy in Everything We Do (A Place To Talk speaker event).
6. Bowen, J. D. (2015). *Synchrony and abstraction in intimate partner conflict: A word-level analysis*. University of California, Santa Barbara. Santa Barbara, CA; Language, Interaction, and Social Organization seminar.
7. Bowen, J. D. (2014). *Mental construal and relationship maintenance: Harnessing the “big picture”*. New York University. New York, NY; New York University and Columbia University Couples Lab Meeting.

Conference Presentations (selected)

1. Bowen, J. D. (2022). *Does absence make the heart grow abstract? Mental representation in long-distance relationships*. Online; International Association for Relationship Research bi-annual conference.
2. Bowen, J. D., & Collins, N. L. (2021). *Considering the “big picture” when it matters most: Abstraction and relationship maintenance processes*. Online; Society for Personality and Social Psychology annual conference.
3. Bowen, J. D. (2020). *A tried and true trio of statistical training: 3 pedagogical uses of r*. New Orleans, LA; Society for Teaching of Psychology preconference at the Society for Personality and Social Psychology annual conference.
4. Bowen, J. D., & Collins, N. L. (2017). *Commitment, construal, and self-control in relationship maintenance*. San Antonio, TX; Society for Personality and Social Psychology annual conference.
5. Bowen, J. D., & Collins, N. L. (2015). *The role of construal level in self-control during encounters with attractive alternatives*. Amsterdam, Netherlands; International Association for Relationship Research Mini-Conference on Self-Regulation.
6. Gable, S. L., Prok, T., Bowen, J. D., & Anderson, J. (2015). *Beyond traditional social support: Building personal resources by capitalizing on positive events*. Long Beach, CA; Society for Personality and Social Psychology annual conference.
7. Bowen, J., Winczewski, L., & Collins, N. L. (2014). *Talking the talk in conflict and support: Context-dependent verbal mimicry between romantic partners*. Melbourne, Australia; International Association for Relationship Research bi-annual conference.
8. Gable, S. L., Prok, T., & Bowen, J. (2013). *Capitalizing on successes provides resources for coping with challenges*. Berkeley, CA; Society of Experimental Social Psychology annual conference.

Advising & Mentorships

STUDENT AWARDS AND HONORS

Provost's Undergraduate Research Award (\$3,000)

JOHNS HOPKINS UNIVERSITY

Kylie Fuller

2021

Psychological and Brain Sciences Undergraduate Travel Grant (\$150)

JOHNS HOPKINS UNIVERSITY

Ria Gualano

2021

Diversity Undergraduate Travel/Registration Award (\$181)

SOCIETY FOR PERSONALITY AND SOCIAL PSYCHOLOGY

Ria Gualano

2021

Unrestricted Travel Grant (\$1,063)

PSI CHI, THE INTERNATIONAL HONOR SOCIETY IN PSYCHOLOGY

Madelynn Wellons

2020

Provost's Undergraduate Research Award (\$3,000)

JOHNS HOPKINS UNIVERSITY

Eden Metzger

2019

STUDENT INDEPENDENT RESEARCH PROJECTS

- Yuchen Li & Leon Li: Modeling friendship exclusivity and behavior through the lens of relationship commitment and the Investment Model (2021-2022)
- Kylie Fuller: The effect of norm and construal activation on Instagram users' pro-environmental behavior (Undergraduate Honors Thesis, 2021-2022)
- Ethan Underweiser: Feelings about academics: Belonging, grit, and growth mindset (Woodrow Wilson Fellowship Project, 2020-2022)
- Ria Gualano: The online self-concept: Measuring the domain-contingent expression of identity and personality (Undergraduate Honors Thesis, 2020-2022)
- Ellie Taylor: Dyadic emotional profiles in stressful partner interactions: Using patterns of perceived and experienced emotion to predict felt responsiveness (2020-2021)
- Eden Metzger: Fintast, friendships, and feelings: The longitudinal effects of secondary Instagram accounts on social relationships, self-esteem, and need fulfillment (Undergraduate Honors Thesis, 2019-2020)
- Madelynn Wellons: The effects of relationship duration and distance on the structure of partner mental representation (2019-2020)

OTHER ADVISING & MENTORING

JHU Psychology Undergraduate Steering Committee Research Experience Panel | Moderator (2019-)

JHU Psychology Mentorship Community | Presenting Panelist (2018)

JHU Psychology Undergraduate Steering Committee Alumni Panel | Master of Ceremonies (2017-)

UCSB Undergraduate Honors Program | Honors Thesis Mentor (2013-2017)

UCSB Undergraduate Research and Creative Activities Program | Mentor (2013-2017)

UCSB Summer Research Mentorship Program | Mentor (2013)

Non-Academic Publications

1. Bowen, J. (2015). *"I'd do anything (I can) for you": Sacrifice requires more than just motivation*. Science of Relationships; www.luvze.com.
2. Bowen, J. (2015). *Summer series on psychology 2: The trouble with dropping anchor*. Sooth; www.soothspace.com (defunct).

Research Experience

UCSB Close Relationships Lab

GRADUATE STUDENT RESEARCHER

P.I.: Nancy L. Collins, Ph.D.

2011-2017

UCSB Emotion, Motivation, Behavior, and Relationships (EMBeR) Lab

GRADUATE STUDENT RESEARCHER

P.I.: Shelly L. Gable, Ph.D.

2012-2017

UCSB Research Center for Virtual Environments and Behavior (ReCVEB)

GRADUATE STUDENT RESEARCHER

P.I.: James Blascovich, Ph.D.

2013-2014

Cornell University Adult Attachment Lab

LAB MANAGER & RESEARCH ASSISTANT

P.I.: Cynthia Hazan, Ph.D.

2008-2011

Cornell University Language Acquisition Lab

RESEARCH ASSISTANT

P.I.: Barbara Lust, Ph.D.

2010-2011

NYU Center for Research on Culture, Development, and Education

RESEARCHER

P.I.: Niobe Way, Ph.D.

2009

Professional Service (selected)

Johns Hopkins University Department of Psychological and Brain Sciences

- Faculty Member Support for Statistical Analysis on Research Projects | 2017-
- Undergraduate Curriculum Committee Member | 2017-
- Undergraduate Steering Committee Faculty Advisor | 2017-
- Psi Chi Psychology Honor Society Faculty Advisor | 2018-
- Fulbright Interviewer | 2020

Journal Reviewing

- Scientific Reports | 2021-
- Personality and Individual Differences | 2020-
- International Journal of Environmental Research and Public Health | 2020-
- European Journal of Social Psychology | 2018-
- Journal of Social and Personal Relationships | 2017-
- Journal of Language and Social Psychology | 2015-

Other Work Experience

Sooth (iOS Application) | Graduate Student Intern (2015)

Skills & Software

Data Analysis and Programming Software

- R: The R Project for Statistical Computing
- Mplus
- Hierarchical Linear Modeling (HLM)
- \LaTeX
- Markdown

Data Collection and Behavior Coding Software

- Qualtrics
- Inquisit and DirectRT
- CBAS: Software Tools to Code Human Nonverbal Behavior
- Linguistic Inquiry and Word Count (LIWC)