# Jeffrey D. Bowen

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#### **Position**

Lecturer, Dept. of Psychological & Brain Sciences – Johns Hopkins University | July 2017 – P.I., SPARC Lab (Social Psychological Analysis of Relationship Cognition Lab)

### **Education**

University of California, Santa Barbara | Sept. 2011 – June 2017

Ph.D., Department of Psychological and Brain Sciences – Social Psychology Degree Emphasis: Quantitative Methods in the Social Sciences Degree Emphasis: Language, Interaction, and Social Organization Certificate in College and University Teaching | May 2016

Cornell University | Aug. 2007 – May 2011

B.S. in Human Development with Honors Minor: Cognitive Studies

Summer Institute for Social & Personality Psychology, Northeastern University | July 2015 Courses: Emotion; Dyadic Data Analysis

#### **Publications**

- **Bowen, J. D.**, & Gillath, O. (2020). Who plays hard-to-get and who finds it attractive? Investigating the role of attachment style. *Personality and Individual Differences*, 162. doi: 10.1016/j.paid.2020.109997
- **Bowen, J. D.**, Winczewski, L. A., & Collins, N. L. (2017). Language Style Matching in romantic partners' conflict and support interactions. *Journal of Language and Social Psychology*, *36*(3), 263-286. doi: 10.1177/0261927X16666308.
- Winczewski, L. A., **Bowen, J. D.**, & Collins, N. L. (2016). Is empathic accuracy enough to facilitate responsive behavior in dyadic interaction? Distinguishing ability from motivation. *Psychological Science*, *27*(3), 394-404. doi: 10.1177/0956797615624491.
- Hackel, L. M., Larson, G. M., **Bowen, J. D.**, Ehrlich, G. A., Mann, T. C., Roberts, I. D., ... & Feldman Barrett, L. (2016). On the neural implausibility of the modular mind: Evidence for distributed construction of perception, cognition, and emotion. *Behavioral and Brain Sciences*, 39, 34-36. doi: 10.1017/S0140525X15002770.

- Cheung, I., Campbell, L., LeBel, E., Ackerman, R. A., Aykutoğlu, B., Bahnik, Š., **Bowen, J. D.**,... Yong, J.C. (2016). Registered Replication Report: Study 1 from Finkel, Rusbult, Kumashiro, & Hannon (2002). *Perspectives on Psychological Science*, *11*(5), 750-764. doi: 10.1177/1745691616664694.
- Collins, N. L., Kane, H. S., Metz, M. A., Cleveland, C., Khan, C., Winczewski, L., **Bowen, J.**, & Prok, T. (2014). Psychological, physiological, and behavioral responses to a partner in need: The role of compassionate love. *Journal of Social and Personal Relationships*, 31(5), 601-629. doi: 10.1177/0265407514529069.

# Manuscripts under Review/Revision

**Bowen, J. D.**, Tan, K., & Collins, N. L. (revision in progress). Painting the "big picture" in relationship maintenance: A model of commitment-driven abstraction.

# **Manuscripts in Preparation**

- **Bowen, J. D.** (in preparation). Absence makes the heart grow abstract: Psychological distance and partner representation in long-distance romantic relationships.
- Winczewski, L. A., Collins, N. L., & **Bowen, J. D.** (in preparation). How do people know whether they are understood? An interpersonal process model of empathic accuracy, empathic expression, and felt understanding.

# **Teaching**

#### Instructor

Johns Hopkins University

Psychology and Social Media | Summer 2018 –

Advanced Research Design and Analysis | Spring 2018 –

Design & Statistical Analysis for Psychology | Spring 2018 –

Advanced Statistical Methods | Fall 2017 –

Research Methods in Psychology | Fall 2017 –

University of California, Santa Barbara

Introduction to Statistics | Spring 2017

Introduction to Experimental Psychology (Research Methods) | Summer 2016

Positive Psychology | Summer 2015

Social Psychology of Close Relationships | Summer 2014

#### **Assistantships**

University of California, Santa Barbara

Advanced Research Methods Lab | Fall 2016

Health Psychology | Summer 2013

Introduction to Social Psychology | Spring 2013

Introduction to Psychology | Summer 2012, Spring 2012 Social Psychology of Close Relationships | Summer 2012, Fall 2011 Introduction to Statistics | Winter 2012

Cornell University

Language Development | Spring 2011

## **Workshop Instructor**

University of California, Santa Barbara Dyadic Data Analysis | Fall 2015

## Facilitator - Social Sciences

University of California, Santa Barbara Summer Teaching Institute for Associates | Summer 2016, 2015

# **Invited Talks and Panels**

- Faculty perspectives: How COVID-19 will impact our greater society. (April, 2020). Johns Hopkins University. Baltimore, MD.
- **Bowen, J. D.** (October, 2019). *Her: Through the lens of relationship science*. Guest presenter in Science and Film course. Johns Hopkins University. Baltimore, MD.
- **Bowen, J. D.** (December, 2018). When we're on the same page: How dyadic processes shape personal and relationship well-being. Dimensions of Connection: The Importance of Empathy in Everything We Do (A Place To Talk speaker event). Johns Hopkins University. Baltimore, MD.
- **Bowen, J. D.** (December, 2015). Synchrony and abstraction in intimate partner conflict: A word-level analysis. Language, Interaction, and Social Organization seminar. University of California, Santa Barbara. Santa Barbara, CA.
- **Bowen, J.** (September, 2014). *Construal level and relationship maintenance*. New York University and Columbia University Couples Lab Meeting. New York, NY.

## **Conference Presentations (selected)**

- **Bowen, J. D.** (February, 2020). A tried and true trio of statistical training: 3 pedagogical uses of R. Talk presented at Society for the Teaching of Psychology preconference at the Society for Personality and Social Psychology annual conference. New Orleans, LA.
- **Bowen, J. D.,** & Gillath, O. (July, 2018). Who plays 'hard-to-get' and who pursues those who do: An attachment-theoretical investigation. Paper presented at International Association for Relationships Research bi-annual conference. Fort Collins, CO.
- **Bowen, J. D.,** & Collins, N. L. (January, 2017). *Commitment, construal, and self-control in relationship maintenance*. Paper presented at Society for Personality and Social Psychology annual conference. San Antonio, TX.

- **Bowen, J. D.,** & Collins, N. L. (July, 2016). *Self-control in romantic relationship maintenance: The role of construal level.* Paper presented at International Association for Relationships Research bi-annual conference. Toronto, Canada.
- **Bowen, J. D.**, & Collins, N.L. (July, 2015). *The role of construal level in self-control during encounters with attractive alternatives*. Paper presented at International Association for Relationships Research Mini-Conference on Self-Regulation. Amsterdam, Netherlands.
- Gable, S. L., Prok, T., **Bowen, J.**, & Anderson, J. (February, 2015). *Beyond traditional social support: Building personal resources by capitalizing on positive events*. Paper presented at Society for Personality and Social Psychology annual conference. Long Beach, CA.
- **Bowen, J.**, Winczewski, L., & Collins, N. L. (July, 2014). *Talking the talk in conflict and support: Context-dependent verbal mimicry between romantic partners*. Paper presented at International Association for Relationships Research bi-annual conference. Melbourne, Australia.
- Gable, S. L., Prok, T., & **Bowen, J.** (September, 2013). *Capitalizing on successes provides resources for coping with challenges*. Paper presented at Society of Experimental Social Psychology annual conference. Berkeley, CA.

## **Conference Presentations (selected posters)**

\*Denotes Undergraduate Co-Author

- **Taylor, E.\***, & Bowen, J. D. (July, 2021). *Dyadic emotional profiles in stressful partner interactions: Using patterns of perceived and experienced emotion to predict felt responsiveness*. Poster to be presented at International Association for Relationships Research. London, UK.
- Wellons, M.\*, & Bowen, J. D. (February, 2020). *The effects of relationship duration and distance on the structure of partner mental representation*. Poster presented at Society for Personality and Social Psychology annual conference. New Orleans, LA.
- **Bowen, J. D.**, & Collins, N.L. (January, 2016). *Mental representation during relationship threat: The role of construal level in interpersonal self-control.* Poster presented at Society for Personality and Social Psychology annual conference. San Diego, CA.
- **Bowen, J.**, & Collins, N.L. (February, 2015). *The role of self-control in implicit attraction to relationship alternatives*. Poster presented at Society for Personality and Social Psychology annual conference. Long Beach, CA.
- **Bowen, J.**, Winczewski, L., & Collins, N. L. (February, 2014). *The role of coordinated language use in romantic partner communication*. Poster presented at Society for Personality and Social Psychology annual conference. Austin, TX.
- Winczewski, L., **Bowen, J.**, & Collins, N.L. (February, 2014). *Compassionate love for a romantic partner facilitates empathic accuracy*. Poster presented at Society for Personality and Social Psychology annual conference. Austin, TX.

- **Bowen, J.**, Winczewski, L., Metz, M., Khan, C., & Collins, N. L. (January, 2013). *Stress, emotional support, and linguistic coordination of close relationship partners*. Poster presented at Society for Personality and Social Psychology annual conference. New Orleans, LA.
- Winczewski, L., **Bowen, J.**, Khan, C., Metz, M., & Collins, N. L. (January, 2013). *The experience of giving and receiving compassionate love in times of distress.* Poster presented at Society for Personality and Social Psychology annual conference. New Orleans, LA.
- **Bowen, J.**, Winczewski, L., Metz, M., Khan, C., & Collins, N. L. (July, 2012). *Stress and verbal support in romantic relationships*. Poster presented at International Association for Relationships Research bi-annual conference. Chicago, IL.
- Winczewski, L., **Bowen, J.**, Khan, C., Metz, M., & Collins, N.L. (July, 2012). *Compassionate love for a romantic partner and motivations for caregiving*. Poster presented at International Association for Relationships Research bi-annual conference. Chicago, IL.
- **Bowen, J.** (January, 2012). A language of love: The effect of social primes on written narratives. Poster presented at Society for Personality and Social Psychology annual conference. San Diego, CA.

#### **Awards & Honors**

- 2020 JHU KSAS Faculty Undergraduate Advising Award Finalist
- 2019 JHU Center for Educational Resources Teaching Innovation Grant (\$19,100)
- 2016 UCSB Fiona and Michael Goodchild Graduate Mentoring Award
- 2016 American Psychological Association Basic Psychological Science Research Grant
- 2015 Foundation for Personality and Social Psychology Heritage Dissertation Award
- 2014 International Association for Relationships Research Student Travel Fellowship
- 2014 UCSB Academic Senate Doctoral Student Travel Grant
- 2013 National Science Foundation Graduate Research Fellowship Program Fellowship Recipient (2013-2016)
- 2012 National Science Foundation Graduate Research Fellowship Program Honorable Mention
- 2011 Cornell University Urie Bronfenbrenner Award for Outstanding Performance in Research

# **Advising & Mentorships**

### **Student Awards and Honors**

Madelynn Wellons: Psi Chi Unrestricted Travel Grant | 2020 (\$1,063) Eden Metzger: Provost's Undergraduate Research Award, JHU | 2019 (\$3,000)

# JHU PBS Undergraduate Steering Committee Research Experience Panel

Co-Moderator | 2019

# JHU Psychological & Brain Sciences Mentorship Community

Presenting Panelist | 2018

# JHU Psychological & Brain Sciences Undergraduate Steering Committee Alumni Panel

Master of Ceremonies | 2017, 2018, 2019

## **UCSB Undergraduate Honors Program**

Honors Thesis Mentor | 2013 – 2017

### **UCSB Undergraduate Research and Creative Activities Program**

Mentor | 2013 – 2017

## **UCSB Summer Research Mentorship Program**

Mentor | Summer 2013

#### **Non-Academic Publications**

**Bowen, J.** (2015). "I'd do anything (I can) for you": Sacrifice requires more than just motivation. Science of Relationships: www.scienceofrelationships.com.

**Bowen, J.** (2015). Summer series on psychology #2: The trouble with dropping anchor.

Sooth: www.soothspace.com.

# **Research Experience**

#### **UCSB Close Relationships Lab**

Principal Investigator: Nancy L. Collins, Ph.D.

Graduate Student Researcher | Sep. 2011 – Present

## UCSB Emotion, Motivation, Behavior, and Relationships (EMBeR) Lab

Principal Investigator: Shelly L. Gable, Ph.D.

Graduate Student Researcher | Jan. 2012 – Present

## **Cornell University Adult Attachment Lab**

Principal Investigator: Cynthia Hazan, Ph.D.

Research Assistant and Lab Manager | Aug. 2008 – May 2011

#### **Cornell University Language Acquisition Lab**

Principal Investigator: Barbara Lust, Ph.D.

Research Assistant | Feb. 2010 – May 2011

#### New York University Center for Research on Culture, Development, and Education

Principal Investigator: Niobe Way, Ph.D.

Researcher | June 2009 – Aug. 2009

#### Service

# Johns Hopkins University Department of Psychological and Brain Sciences

Undergraduate Curriculum Committee Member | 2017 – Present PBS Undergraduate Steering Committee Faculty Member | 2017 – Present Psi Chi Psychology Honor Society Faculty Advisor | 2018 – Present

## **Journal Reviewing**

International Journal of Environmental Research and Public Health | 2020 – Present Personality and Social Psychology Bulletin | 2019 – Present European Journal of Social Psychology | 2018 – Present Journal of Social and Personal Relationships | 2017 – Present Journal of Language and Social Psychology | 2015 – Present

### **Conference Submission Reviewing**

UCSB-UCLA Language, Interaction, and Social Organization – Center for Language, Interaction, and Culture (LISO-CLIC) Joint Conference | 2016

# **UCSB Department of Psychological and Brain Sciences**

Graduate Student Executive Committee Member | 2012 – 2017 Mini-Convention Committee Master of Ceremonies | 2014

#### **UCSB Transfer Student Center**

Transfer Boost! Program Panel – Faculty/Graduate Students Working with Undergraduate Research Assistants | 2016

# **Work Experience**

#### Sooth (iOS Application) – www.soothspace.com

Graduate Student Intern | May 2015 - Aug. 2015

# **Skills & Software**

# **Data Analysis Software**

Hierarchical Linear Modeling (HLM)

Mplus

R: The R Project for Statistical Computing

**SPSS Statistics** 

Stata Statistical Software

#### **Coding Software**

CBAS 2.0: Software Tools to Code Human Nonverbal Behavior Linguistic Inquiry and Word Count (LIWC)

## **Experiment Software**

DirectRT Inquisit