

↓	Dilluns	Dimarts	Dimecres	Dijous	Divendres
07:30 - 08:30		Yoga	Yoga		
10:00 - 11:00		Defensa personal	Defensa personal		
17:00 - 18:00		Muaythai Kids/Junior		Muaythai Kids/Junior	Muaythai Junior
18:00 - 19:00	Boxing		Boxing		Boxing
19:00 - 20:00		Muaythai		Muaythai	Muaythai
19:30 - 21:00	Brazilian Jiu-Jitsu		Brazilian Jiu-Jitsu		
20:00 - 21:00		Defensa personal		Defensa personal	