

Well Being

VITAMIN INJECTIONS From £25.00

B12 Injections It may take a few weeks before your vitamin B12 levels and symptoms (such as extreme tiredness or lack of energy) start to improve.

Vit D injections :Intramuscular injection of vitamin D can maintain increased levels of serum 25(OH)D for at least 6 months

WARM WAX THERAPY From £30.00

A soothing treatment to soften skin and ease joint pain. Recommended for arthritic feet and hands, warm wax therapy uses melted paraffin wax to treat a variety of foot/hand problems.

SCLEROTHERAPY? SPIDER VEINS

Initial consultation and treatment £220

Further treatment £150 per session

Sclerotherapy is a treatment for spider veins which involves injecting a chemical substance called "sclerosant" the solution causes the vein to scar, forcing blood to reroute through healthier veins. The collapsed vein is reabsorbed into local tissue and eventually fades.

REFLEXOLOGY £35.00 half hour session

Reflexology is a technique that applies gentle pressure to your feet or hands. It aims to bring about a state of relaxation and help the body's own healing process.

STEROID INJECTIONS From £225.00

If all other treatments for plantar fasciitis, Achilles tendonitis, Morton's neuroma and painful knee problems have failed you may want to consider steroid injections. Cortisone is injected into the point of pain to reduce inflammation and pain levels.

Profilo £175

This is a highly innovative and advanced moisturising treatment which boosts and hydrates the skin.

Hyperhidrosis—Excessive sweating of the feet, underarms and hands.

Consultation required. ETBC

MY JOURNEY

Hi everyone, my name is Mhari, I am a fully qualified Podiatrist and Aesthetics practitioner. I am also a non-medical prescriber which allows me to prescribe for my patients when required.

I have been involved in the Beauty Therapy industry for more than 30 years and I have had the privilege of being a head of department for Hairdressing and Beauty Therapy in two separate colleges in Lancashire. I have also worked in various clinics and health farms from which grew my interest in Aesthetics.

I decided I wanted a new challenge and Podiatry was another passion of mine. I therefore took the opportunity to pursue this career at Salford University full time gaining my BSc (Hon) in podiatry.

I have gained much experience working with other professional podiatrists over the years until I decided it was time to branch out on my own. And here I am, in my own clinic and enjoying all the challenges that come my way. I take pride in my work, I love my job from basic nail care to nail surgery. It gives me great pleasure to relieve someone with excruciating ingrowing toenails.

Everything that I do is within my scope of practice.

Mission Statement :

*To provide value for money for services by an experienced practitioner .

*To provide valuable footcare advice to enable solutions to problems.

*To understand the needs of the patient .

For further information please call on:

01253 522127 or 07718286956

Opening Times:

Monday	8.30 – 5pm
Wednesday	8.30 – 5pm
Friday	8.30 – 5pm
Saturday	9.00 – 12 Noon

SMITHY LANE PODIATRY &



AESTHETIC CLINIC

TREATMENT INFORMATION

Mhari Morton
103 Smithy Lane
Ansdell
FY83PE



Smithylanepodiatry@gmail.com