## CENTER FOR INTERVENTIONAL PAIN AND SPINE PSYCHOLOGICAL TESTING

Patient Name: Test Subject1

Medical Record Number: CIP2276

Date of Test: 07/05/2017

Patient Reported Outcomes Measurement Information System (PROMIS) is a system of highly reliable, valid, flexible, precise, and responsive assessment tools that measure patient-reported health status over the past 7 days.

A higher PROMIS T-score represents more of the concept being measured. For negatively worded concepts like anger, a T-score of 60 is one SD worse than average. By comparison an anger T-score of 40 is one SD better than average. Percentile ranks are compared to normative data from the US population.

Instrument	T-score	Percentile
PROMIS CAT v1.0 - Anxiety	32.9	4
PROMIS CAT v1.0 - Depression	34.2	6
PROMIS CAT v1.0 - Sleep Disturbance	26.3	1
PROMIS CAT v1.1 - Anger	43.6	26
PROMIS CAT v1.1 - Pain Interference	62.9	90
PROMIS CAT v1.2 - Physical Function	41.4	19
PROMIS CAT v2.0 - Emotional Support	66.2	95
PROMIS CAT v2.0 - Satisfaction Roles Activities	68.7	97
PROMIS CAT v2.0 - Social Isolation	31.8	3
PROMIS Scale v1.0 - Pain Intensity 3a	58.6	81

## Interpretation:

Psychometric testing reviewed in context of patient's overall presentation, clinical history, and treatment course. Pertinent findings in this context include

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The patient displays moderate **Pain Interference, Satisfaction Roles Activities**. The patient displays average **Pain Intensity, Physical Function** 

## **Treatment Recommendations:**

Will continue to diagnose and treat patient's pain problem. Patient will benefit from improvement in physical function through structured activity, including physical therapy and personalized home exercise program.

## **Electronically Signed:**

Michael Fishman, MD

ABA Diplomate, Anesthesiology & Pain Medicine