

# Estimating Optimal Treatment Regimes Using Multivariate Random Forests

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# Outline

- Background
- Notation & Assumptions
- MedForests & MedTree
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- Conclusion

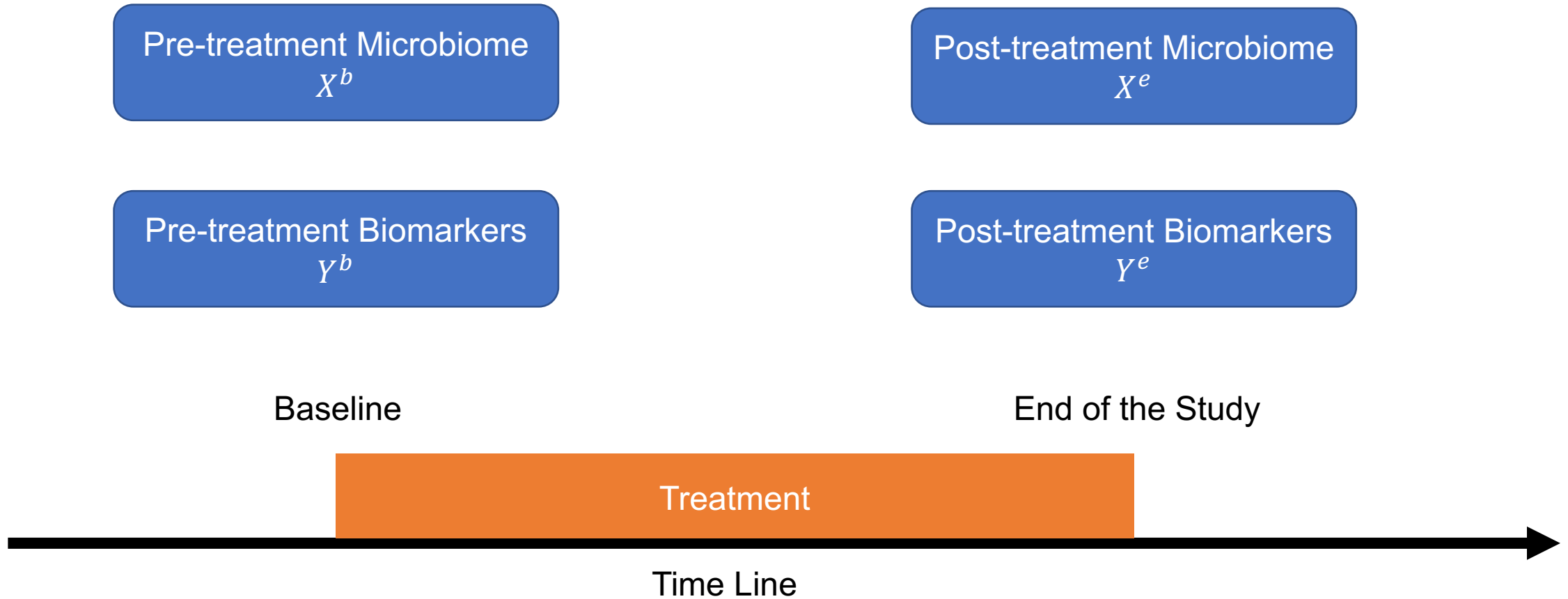
# Motivation & Objectives

- A recent study (Holscher, 2018) investigated the effect of almonds on gastrointestinal microbiota and their interrelationship with human health-related biomarkers
  - Randomized controlled trial
  - Two arms of treatments
- The aim of the study is to recommend **personalized** almond diet, with respect to the microbiome composition, to improve the biomarkers

# Challenges

- The treatment effect is not directly observable
- The microbiome and biomarkers are highly correlated
- Extra information collected in the study would not be fully utilized with any conventional models

# Study Design

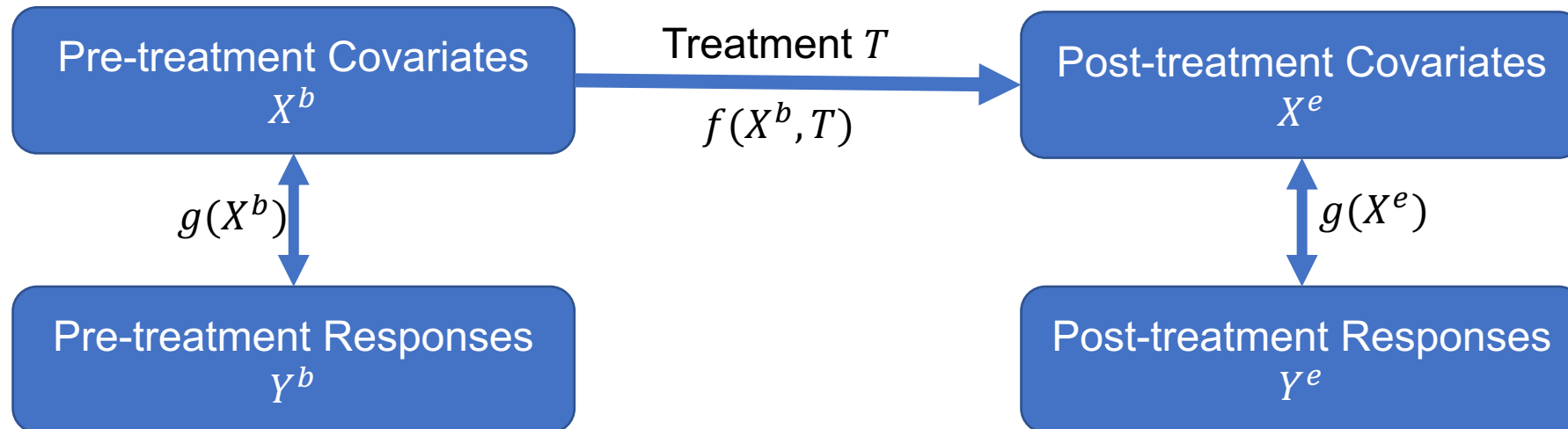


# Solution

- Two-step procedure
  - Predict the post-treatment biomarkers under each arm of the treatments
  - Compare the predicted biomarkers for both treatments on a desired direction
- Predicting biomarkers conditioning on a treatment
  - A conventional solution: constructing a linear regression of the biomarkers as a function of all the interaction terms of treatment and microbiomes.
  - Multiple assumptions are not realistic: normality assumption, linear assumption, and model specification.
  - Number of variables in the model can exceed the sample size

# Notation & Assumptions

- Pre- and post-treatment covariates,  $X^b, X^e \in \mathbb{R}^p$
- Pre- and post-treatment responses,  $Y^b, Y^e \in \mathbb{R}^q$
- Treatment,  $T \in \mathcal{T} \equiv \{1, -1\}$ , is independent of  $X^b$
- Unknown treatment effect function,  $f(\cdot, \cdot): \mathbb{R}^p \times \mathcal{T} \rightarrow \mathbb{R}^p$
- Unknown link function from covariates to responses,  $g(\cdot): \mathbb{R}^p \rightarrow \mathbb{R}^q$



# MedForests

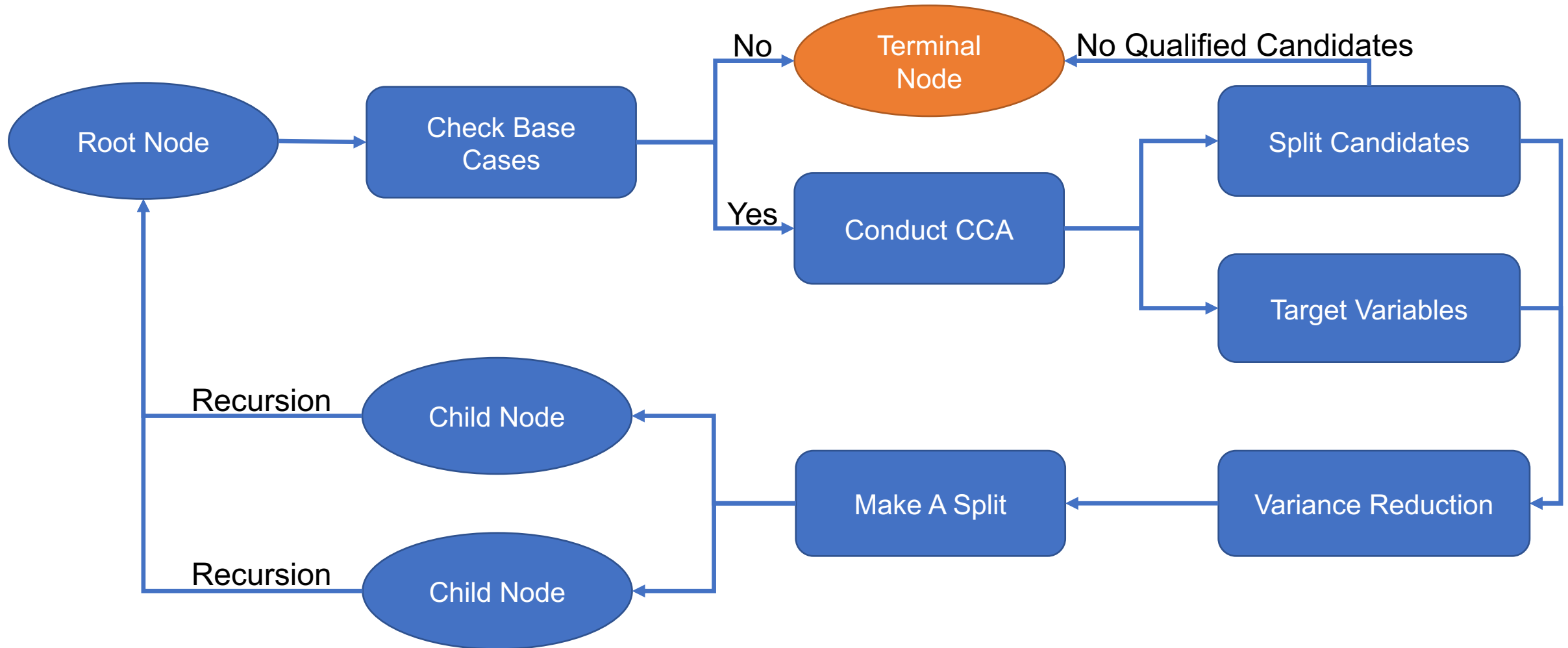
- MedForests is an ensemble learning method that is based on random forests algorithm (Breiman, 2001)
- It consists  $n_{tree}$  distinct MedTrees, which is based on the regression tree algorithm (Breiman, 2017)
- Each MedTree recursively partitions a population, described by the pre-treatment covariates, into sub-populations where the treatment effects are similar
- When making predictions, MedForests collects the post-treatment responses that belong to the same sub-population from all MedTrees, and outputs the empirical means under each treatment arm.



# Treatment Effect

- Measure of treatment effect
  - $\mathbb{E}(\Delta X|X^b, T) = \mathbb{E}(X^e - X^b|X^b, T) = f'(X^b, T)$
  - $\mathbb{E}(\Delta Y|X^b, T) = \mathbb{E}(Y^e - Y^b|X^b, T) \approx g(f'(X^b, T))$  under  $g(\cdot)$  is linear
- Use **canonical correlation analysis (CCA)** to approximate  $g(f'(\cdot, \cdot))$  while reducing dimensions
  - CCA (Hotelling, 1992) is a method for exploring the relationships between two multivariate sets of variables
  - $\underset{\rho, \beta_{T=1}, \beta_{T=-1}}{\operatorname{argmax}} [\operatorname{corr}(\rho X^b, \beta_{T=1} \Delta Y_{T=1}) + \operatorname{corr}(\rho X^b, \beta_{T=-1} \Delta Y_{T=-1})]$
  - $\rho X^b$  is the splitting variable, and  $\beta_{T=1} \Delta Y_{T=1}, \beta_{T=-1} \Delta Y_{T=-1}$  are the target variables to reduce variance
  - Variance Reduction:  $\operatorname{var}(\beta_{T=1} \Delta Y_{T=1}) + \operatorname{var}(\beta_{T=-1} \Delta Y_{T=-1})$

# MedTree Algorithm



# Simulation Study

- 64 Data Generating Mechanisms
  - Cover various settings of dimensionality, Sample Size, Correlation Structure
  - Treatment Effect Function  $f(X, T) \in \{Linear, Circle, Box\}$
  - Link Function  $g(X) \in \{\beta X, \beta X^2\}$  where  $X^2 = x_{ij}^2$  for all pairs of  $i, j$
  - 200 iterations
- Models Compared
  - $\mathcal{L}_1$ -Penalized Least Square (Qian & Murphy, 2011)
  - GUIDE (Loh, He & Man, 2015)
- Performance Metric
  - Averaged recommendation error rate

# Simulation Study Result (p=20, q=6)

		Uncorrelated				Correlated			
	Setting	MedTree	MedForest	$L_1$ PLS	GUIDE	MedTree	MedForest	$L_1$ PLS	GUIDE
$N = 400$	Linear	0.168	0.078	<b>0.038</b>	0.262	0.256	0.129	<b>0.040</b>	0.328
		(0.048)	(0.025)	<b>(0.010)</b>	(0.035)	(0.081)	(0.047)	<b>(0.011)</b>	(0.076)
	Circle	<b>0.416</b>	0.419	0.434	0.428	0.366	<b>0.309</b>	0.587	0.352
		<b>(0.022)</b>	(0.020)	(0.020)	(0.017)	(0.066)	<b>(0.092)</b>	(0.041)	(0.112)
	Box	0.222	<b>0.188</b>	0.189	0.202	0.267	<b>0.204</b>	0.258	0.321
		(0.034)	<b>(0.012)</b>	(0.012)	(0.046)	(0.048)	<b>(0.021)</b>	(0.014)	(0.081)
	Square	0.436	<b>0.345</b>	0.485	0.501	0.411	<b>0.316</b>	0.456	0.480
		(0.033)	<b>(0.034)</b>	(0.020)	(0.028)	(0.049)	<b>(0.054)</b>	(0.042)	(0.058)
$N = 800$	Linear	0.155	0.062	<b>0.026</b>	0.229	0.229	0.105	<b>0.029</b>	0.278
		(0.044)	(0.021)	<b>(0.008)</b>	(0.037)	(0.057)	(0.033)	<b>(0.008)</b>	(0.052)
	Circle	<b>0.388</b>	0.391	0.428	0.420	0.275	<b>0.183</b>	0.572	0.286
		<b>(0.024)</b>	(0.033)	(0.016)	(0.031)	(0.049)	<b>(0.045)</b>	(0.024)	(0.086)
	Box	0.215	<b>0.188</b>	0.189	0.199	0.237	<b>0.177</b>	0.259	0.269
		(0.023)	<b>(0.013)</b>	(0.013)	(0.029)	(0.030)	<b>(0.016)</b>	(0.015)	(0.064)
	Square	0.401	<b>0.288</b>	0.482	0.497	0.368	<b>0.240</b>	0.473	0.468
		(0.027)	<b>(0.026)</b>	(0.021)	(0.030)	(0.037)	<b>(0.032)</b>	(0.050)	(0.047)

# Conclusion

- MedForests & MedTree
  - Learning models that require few assumptions
  - Incorporate extra information to improve accuracy of estimation
  - Utilize correlation structures to reduce dimensions.
  - Outperform traditional models when treatment effect function is complicated
- Future Directions
  - Tuning Parameters
  - Interpretability
    - variable importance measure

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# Appendix: Treatment Effect

- $\mathbb{E}(\Delta Y | X^b, T) = \mathbb{E}(Y^e - Y^b | X^b, T) = \mathbb{E}(g(X^e) - g(X^b) | X^b, T)$ 
  - If  $g(\cdot)$  is linear,  $\mathbb{E}(\Delta Y | X^b, T) = \mathbb{E}(g(\Delta X) | X^b, T) = g(\mathbb{E}(\Delta X | X^b, T)) = g(f'(X^b, T))$



# Appendix: Simulation Setting

- 64 Data Generating Mechanisms
  - Dimensionality  $(p, q) \in \{(10,3), (20,6)\}$
  - Training Sample Size  $N \in \{400, 800\}$ , Testing Sample Size  $N_{test} = 1000$
  - Treatment Effect Function  $f(X, T) \in \{Linear, Circle, Box\}$
  - Link Function  $g(X) \in \{\beta X, \beta X^2\}$  where  $X^2 = x_{ij}^2$  for all pairs of  $i, j$
  - $X^b \sim MVN(0, \Sigma)$  where  $\Sigma \in \{\sigma^2 \mathbb{I}, AR(0.8)\}$
  - $T \sim Bernolli(0.5)$
  - $Y = g(X) + MVN(0, \sigma_Y^2 \mathbb{I})$ ,  $X^e = f(X^b, T) + MVN(0, \sigma_x^2 \mathbb{I})$
  - 200 iterations