

MBTI/Socionics In Teamwork

| Intertype Relation | Suitable for | NOT suitable for |
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| <ul style="list-style-type: none"> Duality (Du) Activation (Ac) | Eliminate discomfort, maintain a good mood, ensure a favorable emotional state. | Stable business relationships and actions in extreme situations where emotional and physical comfort is minimal |
| <ul style="list-style-type: none"> Mirror (Mr) Identity (Id) | Generation of alternative ideas, research of complex phenomena, long-term fundamental research. Systematization, analysis, and creation of concepts. | If the team is struggling to survive in the face of external forces. |
| <ul style="list-style-type: none"> Mirage (Mg) Request (Rq+, Rq-) | Emotional excitement, overcoming apathy. Increasing work morale and spirit. | Day-to-day, systematic business activity. Accumulation and rational consumption of resources necessary for work. |
| <ul style="list-style-type: none"> Cooperation (Cp) Supervision (Sv+, Sv-) | Management, coercion, forceful implementation of plans. Control over the execution of orders and clarity in hierarchical issues. | Spreading new ideas, propagating cutting-edge achievement, or resolving conflicts. Client relations. |
| <ul style="list-style-type: none"> Conflict (Cf) Super-ego (Se) | Resistance, self-defense, survival in the face of aggressive environmental influences. Finding friends, allies, and supporters. | Solving complex research problems, ambiguous questions, as well as for systematization, putting things in order and conceptual and theoretical creativity. |
| <ul style="list-style-type: none"> Extinguishment (Ex) Quasi-Identity (QI) | Working on business projects, innovations, new technologies. Preventing crises and extreme situations, building defensive mechanisms against unforeseen dangers. | Rest, recreation, entertainment. |
| <ul style="list-style-type: none"> Semi-duality (Sd) Request (Rq+, Rq-) | Regular business cooperation, intense quality work. Rest and recreation after work, creating islands of comfort in a sea of negative sensations. The more such pairs in your team, the closer you come to a rational, civilized work organization. | Tasks of emotional excitement, assault, emergency situations. |
| <ul style="list-style-type: none"> Congenerity (Cg) Supervision (Sv+, Sv-) | Advertising of advanced achievements and novelties, consultations in difficult life situations. Settling interpersonal relationships, identify ill-wishers and hidden opponents of a business. | Forceful implementation of any plans or programs, attacks and attempts to suppress competitors. Solving problems of inspection and control, writing instructions and memos. |

Source: Well-coordinated team management. Socionics for managers, by V. Gulenko