Participant 1 (P1)

Age: 21-24   Gender: Man   Languages: English, Hindi

Privacy & Data Control

Likert (1-5): 5, 5, 5, 5
 "The consent popup clearly said the audio would be deleted, which made me comfortable. I liked having the option to delete recordings anytime."
 "It'd help if the app briefly explained what happens to the data after ML processing."

AI Transparency & Accuracy

Likert: 3, 4, 3, 4
 "The confidence scores were nice, but I still don't know why it picked that emotion."
 "A small note about what features it looks at-tone, pauses, etc.-would make me trust it more."

Tone & Stigma

Likert: 5, 4, 4
 "It felt like a personal journal, not a diagnosis. That helped me speak freely."
 "Maybe reword 'We noticed' to something softer, like 'You've selected sad moods recently.'"

Personalization & Engagement

Likert: 3, 4, 4, 4
 "I prefer using it when I want, not on a fixed schedule."
 "Remove language options that aren't available yet-it raised expectations."

Overall

Likert: 4, 4
 "Looks great and works smoothly, just explain AI logic more clearly."

Participant 2 (P2)

Age: 18-20   Gender: Woman   Languages: English

Privacy & Data Control

Likert: 5, 5, 5, 4
 "The privacy messages were straightforward and easy to understand."
 "Maybe show a simple diagram of what happens to the data-it'd make it even clearer."

AI Transparency

Likert: 3, 3, 3, 4
 "I liked seeing the transcription, but didn't always get why the AI suggested a mood."
 "If it explained which parts of my voice it analyzed, I'd feel more confident."

Tone & Stigma

Likert: 4, 4, 5
 "The app feels friendly and judgment-free, like mood journaling."
 "Only the 'We noticed' message felt a bit too clinical."

Personalization

Likert: 3, 4, 4, 4
 "Gentle reminders are fine, but not daily pressure."
 "Custom themes or color options would make it more engaging."

Overall

Likert: 4, 4
 "Simple, calm, and easy to use. AI could be a bit more transparent."

Participant 3 (P3)

Age: 21-24   **Gender:** Man   **Languages:** English, Gujarati

Privacy

Likert: 5, 4, 5, 4
 "I liked that the app deletes the audio automatically-it felt safe."
 "Still curious what happens behind the scenes once it's analyzed."

AI Transparency

Likert: 2, 3, 2, 4
 "The AI seemed like a black box-I couldn't tell why it chose certain emojis."
 "It'd help to show what vocal features indicate each emotion."

Tone & Stigma

Likert: 5, 4, 4
 "Tone was friendly, not medical, which was great."
 "Only the mood-streak popup felt a bit formal."

Personalization

Likert: 2, 4, 3, 4
 "I'd rather record only when I feel like it."
 "The Gujarati option didn't work, so maybe disable it for now."

Overall

Likert: 3, 3
 "Nice concept, but the AI needs clearer feedback or explanations."

Participant 4 (P4)

Age: 18-20   **Gender:** Woman   **Languages:** English

Privacy

Likert: 5, 5, 5, 5
"I felt safe knowing recordings were deleted instantly."
"Add a quick reminder about this during recording-it reassures users."

AI Transparency

Likert: 4, 4, 4, 5
"The confidence scores helped, but I still wanted a 'why' behind them."
"Maybe short examples showing how voice tone changes emotions."

Tone & Stigma

Likert: 5, 5, 4
"Very calm and welcoming design; didn't feel judged."
"Language and visuals made it approachable."

Personalization

Likert: 3, 4, 3, 4
"A gentle reminder would help me stay consistent."
"I'd love options to tweak the color theme or emojis."

Overall

Likert: 5, 4
"Super easy to navigate. Only improvement: clearer stop button."

Participant 5 (P5)

Age: 25-30   **Gender:** Man   **Languages:** English

Privacy

Likert: 5, 4, 5, 4
 "Auto-deletion is the main reason I'd use this-it builds trust."
 "Maybe restate that privacy rule on every recording screen."

AI Transparency

Likert: 3, 3, 3, 4
 "Confidence scores alone don't tell much."
 "A short explanation of tone or speed influencing emotion would help."

Tone & Stigma

Likert: 4, 4, 4
 "Language was neutral and non-judgmental."
 "The intervention popup still felt a bit too diagnostic."

Personalization

Likert: 3, 3, 4, 4
 "Prefer on-demand journaling instead of daily reminders."
 "Adding light customization could make it feel more personal."

Overall

Likert: 4, 3
 "Great privacy design, but accuracy and engagement could improve."