

DRSABCD action plan

In an emergency call triple zero (000) for an ambulance



DANGER

D

Ensure the area is safe for yourself, others and the patient.



RESPONSE

R

Check for response—ask name—squeeze shoulders

No response

- Send for help.



Response

- make comfortable
- check for injuries
- monitor response.



S

SEND for help. When at the Blood Pressure and Vascular Function Laboratory:

Press the wall mounted help button.

Call MQ Health security (x9999 or 9812 3403). State there is a code blue or medical emergency. Ask to be put through to Triple Zero for an ambulance. Or ask another person to make the call.



AIRWAY

A

Open mouth—if foreign material is present:

- place in the recovery position
- clear airway with fingers.

Open airway by tilting head with chin lift.



B

BREATHING

Check for breathing—look, listen and feel.

Not normal breathing

- Start CPR.



Normal breathing

- place in recovery position
- monitor breathing
- manage injuries
- treat for shock.



C

CPR

Start CPR—30 chest compressions : 2 breaths

Continue CPR until help arrives or patient recovers.



D

DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.

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