

# THE MEETING PULSE™

## **Increases traction, accountability, communication, team health, and results**

- The moment of truth
- Routine, heartbeat, spike, cadence
- Right hand ... left hand
- Same day, same time, same agenda, starts on time and ends on time
- Keep the circles connected

### **Annual** (2 days)

- Company vision
- 1-year plan

### **Quarterly** (1 day)

- Review V/TO™ and previous quarter's Rocks
- Establish next quarter's Rocks
- Resolve key issues

### **Weekly** (90 minutes)

- Numbers and Rocks on track
- Employee and customer satisfaction
- Resolve issues