

# Public note

Bruno Pedro

Thursday, February 24, 2022

People are naturally drawn to the right balance of calm versus high energy, so it might seem like the right energy balance just “happens.” But it’s more of a science than you might think. In fact, our research shows that three factors create energy: proximity, transparency, and cultural variants.

---

Found on Eden Blog | Looking to Improve Your Workplace Energy? Start Here on 2022-02-24 17:49:16.

Tags: #office #space #creativity #architecture #workplace #energy #work