Public note

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> The World Health Organization defines burnout as feelings of exhaustion and reduced effectiveness resulting from chronic workplace stress. Burnout had been mounting since before the pandemic. The percentage of American workers describing themselves as very often or always burned out rose from 23% in 2016 to 28% in 2019, where it remains today, according to Gallup surveys. By March 2020, though, rates of stress and worry among workers spiked to 60% and 58%, respectively, up from 46% and 38% before Covid, the surveys show.

Found on American Workers Are Burned Out, and Bosses Are Struggling to Respond - WSJ on 2022-01-31 10:36:47.

Tags: #work #burnout #usa #great-resignation