

# R-Workshop

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(& minor adjustments by Bernhard Piskernik)

# Agenda

- Introduction
- Getting started
- Data Wrangling
- Descriptive Statistics
- Inference Statistics
- Resources & Best Practice

# Why R?

Introduction

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- R is Open Source → Free of charge
- R is developed by researchers all over the world and constantly evolves
- R has more statistical functions than any other software
- R (or the R community) react to questions or error messages

# Our Practice Data

Introduction

Getting started

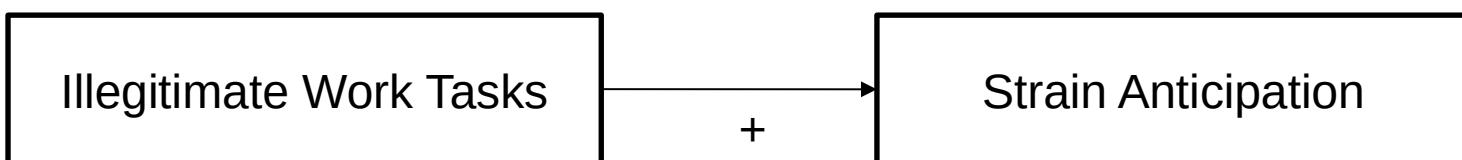
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For the duration of the workshop, we are interested in exploring the following hypotheses:



**H1:** Employees who experience more illegitimate work tasks experience more strain anticipation.

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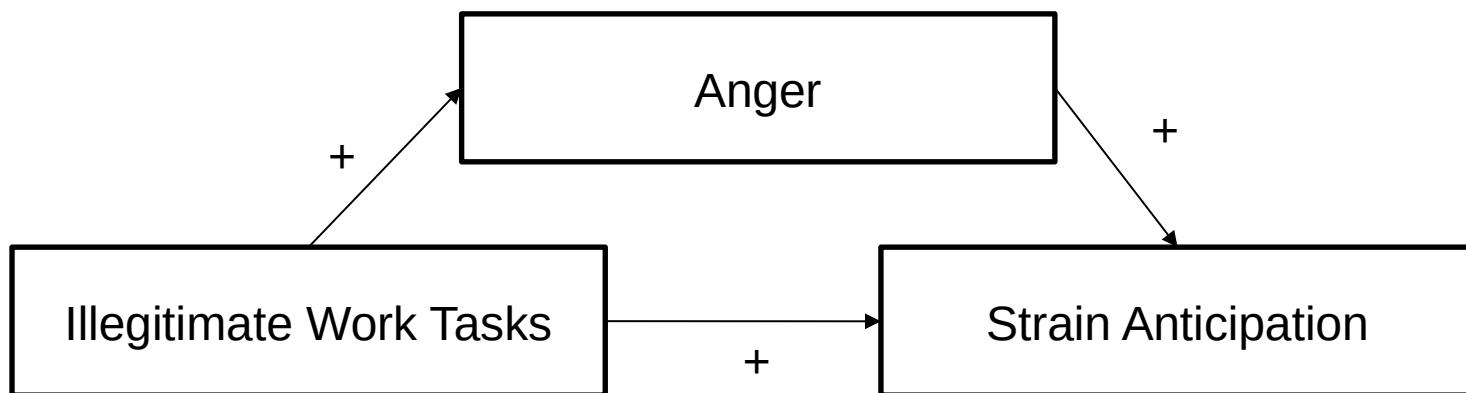
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**H2:** The effect of illegitimate work task on strain anticipation is partially mediated by anger.

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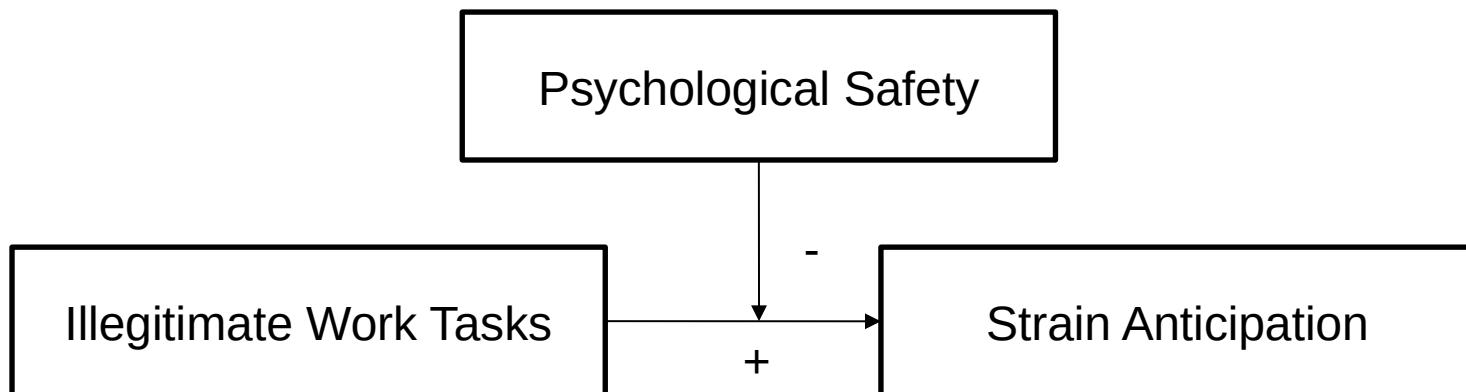
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**H3:** The effect of illegitimate work task on strain anticipation is attenuated by psychological safety.

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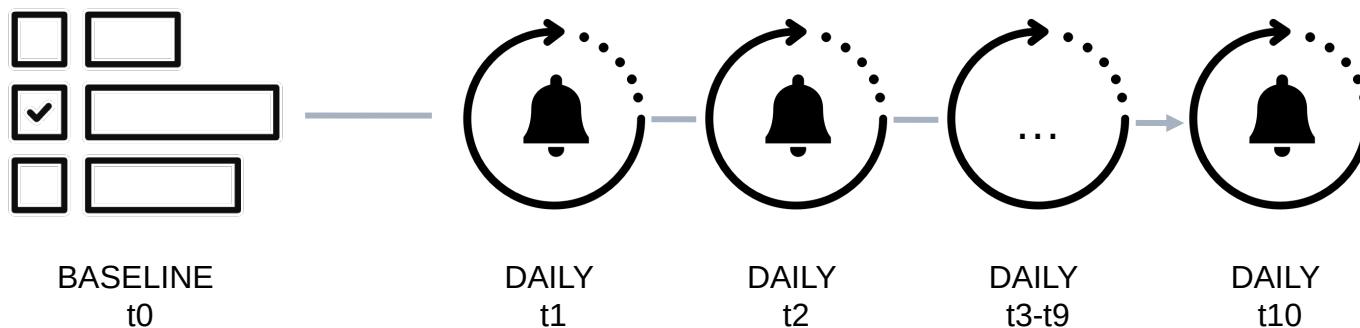
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To explore these hypotheses, we have implemented the following study design:



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We have recruited **N = 94** employees to participate in the study.

To characterize the sample, we assessed the following information:

Variable	Question
ST_GENDER	What gender do you identify with the most?
	1 = female; 2 = male; 3 = not listed
ST_AGE	How old are you?

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We have collected information about our study variables via these measures:

## (1) Illegitimate Work Tasks (Semmer et al., 2010)

Variable	Item
-	Today, I had to take care of work tasks, which ...
DA_ILWOTA_01_t1-10	<ul style="list-style-type: none"><li>should have been done by someone else.</li></ul>
DA_ILWOTA_02_t1-10	<ul style="list-style-type: none"><li>went too far and should not have been expected from me.</li></ul>
DA_ILWOTA_03_t1-10	<ul style="list-style-type: none"><li>would not exist, if other people made less mistakes.</li></ul>
DA_ILWOTA_04_t1-10	<ul style="list-style-type: none"><li>made no sense at all.</li></ul>
1 = not at all; 5 = completely	

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## (2) Psychological Safety (Edmondson et al., 1999)

Variable	Item
-	Today, at work ...
DA_PSYSafe_01_t1-10	<ul style="list-style-type: none"><li>it was possible to make mistakes without them being held against you.</li></ul>
DA_PSYSafe_02_t1-10	<ul style="list-style-type: none"><li>team members could address problems and sensitive issues without hesitation.</li></ul>
DA_PSYSafe_03_t1-10	<ul style="list-style-type: none"><li>it was possible, to take risks.</li></ul>
DA_PSYSafe_04_t1-10	<ul style="list-style-type: none"><li>it was easy to ask someone on the team for help.</li></ul>
DA_PSYSafe_05_t1-10	<ul style="list-style-type: none"><li>nobody would have intentionally undermined my efforts.</li></ul>
DA_PSYSafe_06_t1-10	<ul style="list-style-type: none"><li>my unique skills were appreciated and applied in the teams.</li></ul>
1 = not at all - 5 = completely; 6 = cannot answer because I was not involved in a team interaction	

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### (3) Anger (Cranford et al., 2006)

Variable	Item
-	Today, I felt...
DA_MOOD_ANG_01_t1-10	<ul style="list-style-type: none"><li>angry.</li></ul>
DA_MOOD_ANG_02_t1-10	<ul style="list-style-type: none"><li>resentful.</li></ul>
DA_MOOD_ANG_03_t1-10	<ul style="list-style-type: none"><li>annoyed.</li></ul>
1 = not at all; 5 = completely	

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## (4) Strain Anticipation (Scott et al., 2015)

Variable	Item
DA_ANTC_01_t1-10	<ul style="list-style-type: none"><li>How straining do you think your next workday will be?</li></ul>
DA_ANTC_02_r_t1-10	<ul style="list-style-type: none"><li>How pleasant do you think your next working day will be?</li></ul>
1 = not at all; 100 = very	

# Creating a New Project

Introduction

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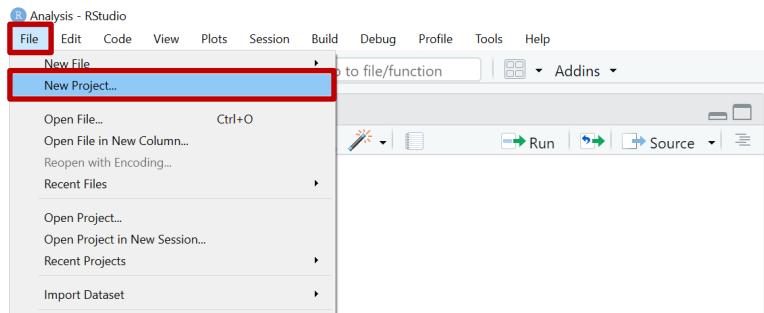
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**First things first:** We have to create a new project for our data analysis. We should create a folder for this beforehand.



Step 1: Open RStudio.

Step 2: Select "File" on the upper toolbar.

Step 3: Select "New Project".

# Creating a New Project

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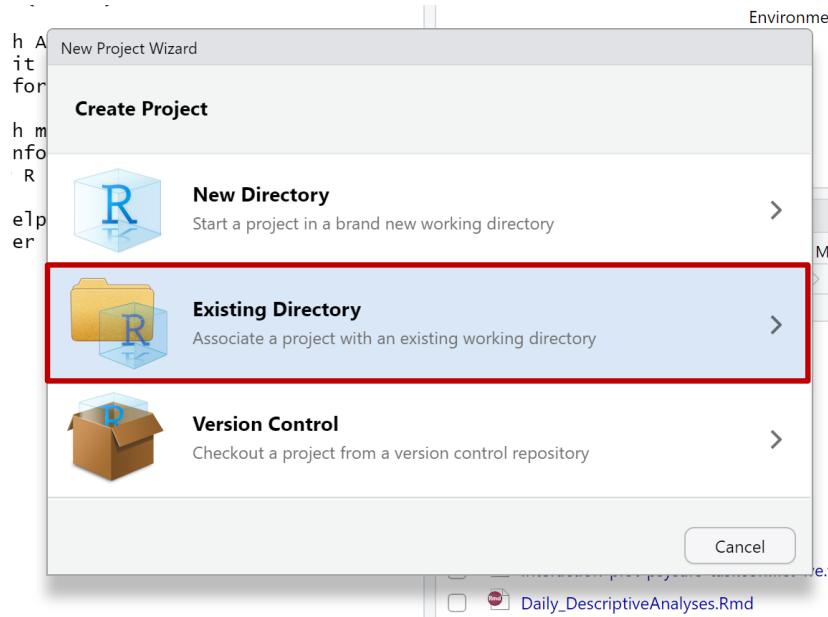
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Step 4: Select "Existing Directory".

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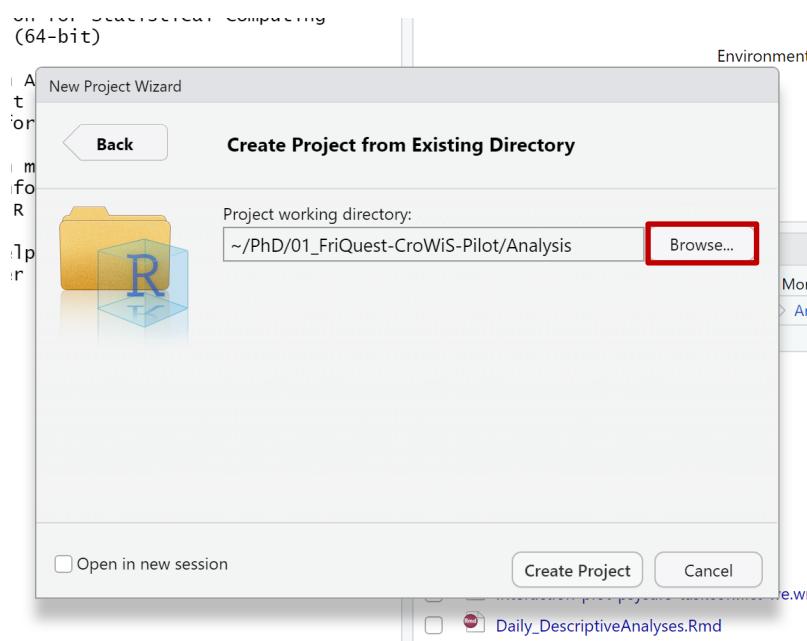
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Step 5: Select "Browse".

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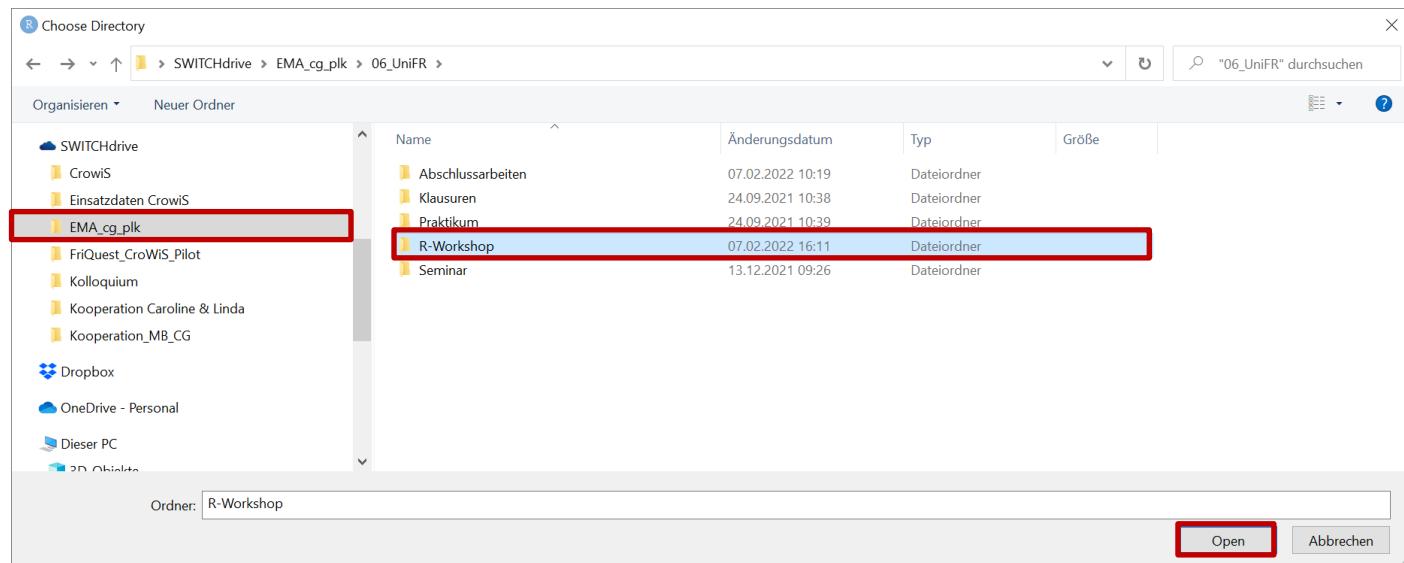
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Step 6: Select folder of choice.

Step 7: Select "Open".

# Creating a New Project

Introduction

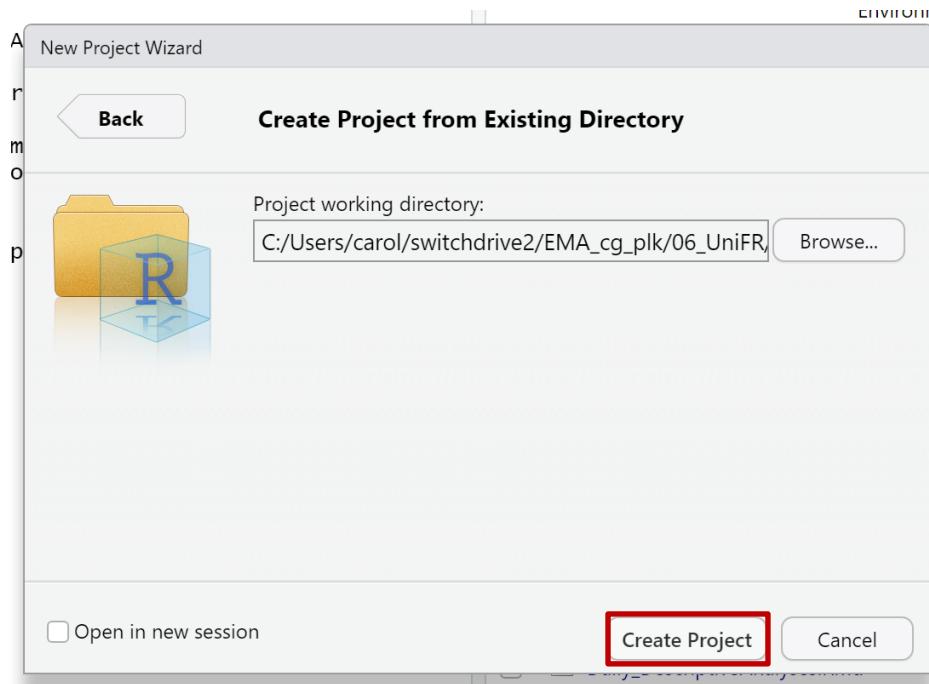
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Step 8: Select "Create Project".

# Creating a New Project

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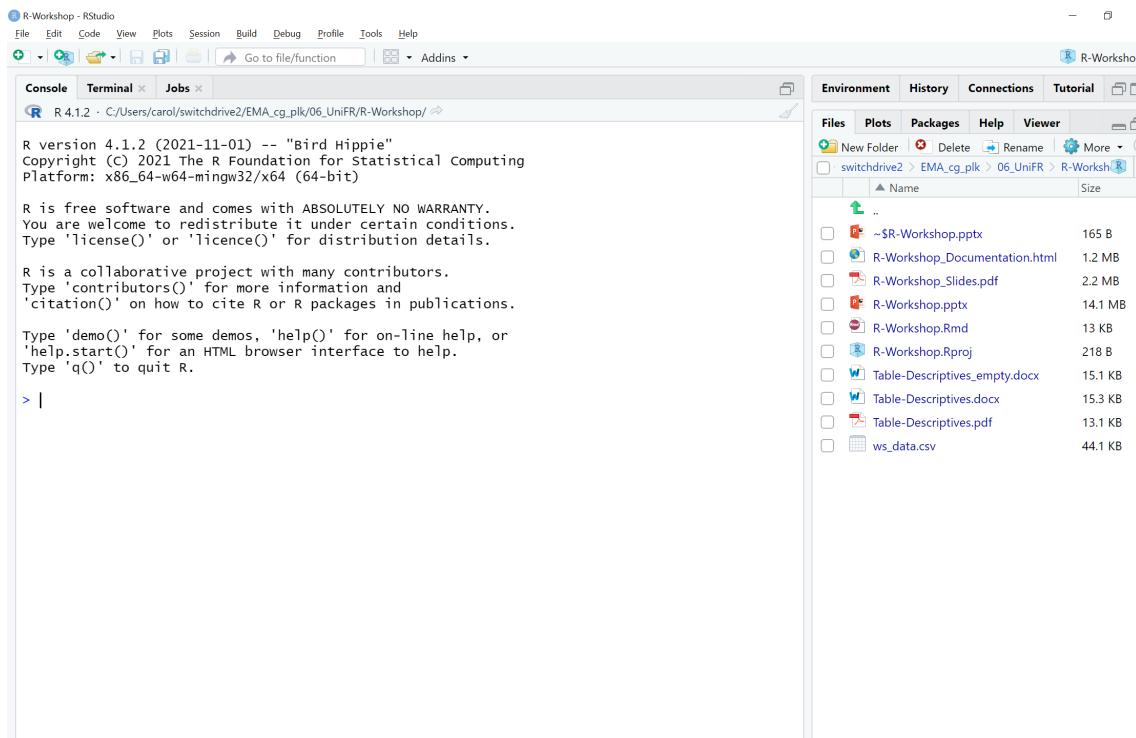
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**Hurray! We have now created a new project which functions as our working directory.**



# Introducing R Markdown

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R Markdown can  
... save and execute code  
... generate static reports in different formats

You should use R Markdown to document and share your analysis with others.

# Creating an R Markdown

Introduction

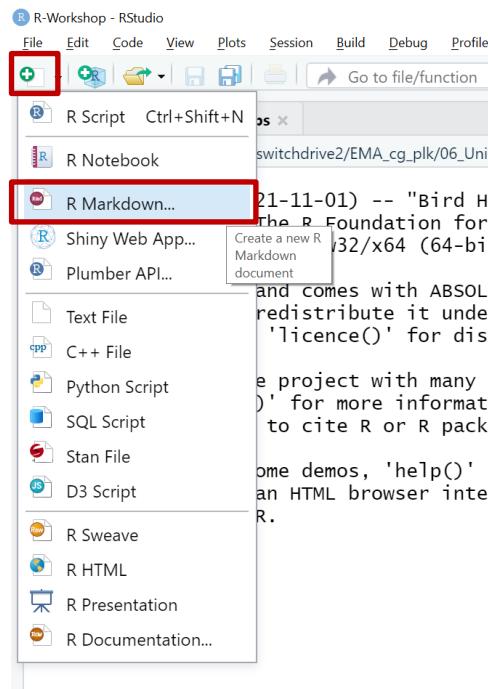
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- Step 1: Select the "New File" Icon on the second row of the toolbar.
- Step 2: Select "R Markdown".

# Creating an R Markdown

Introduction

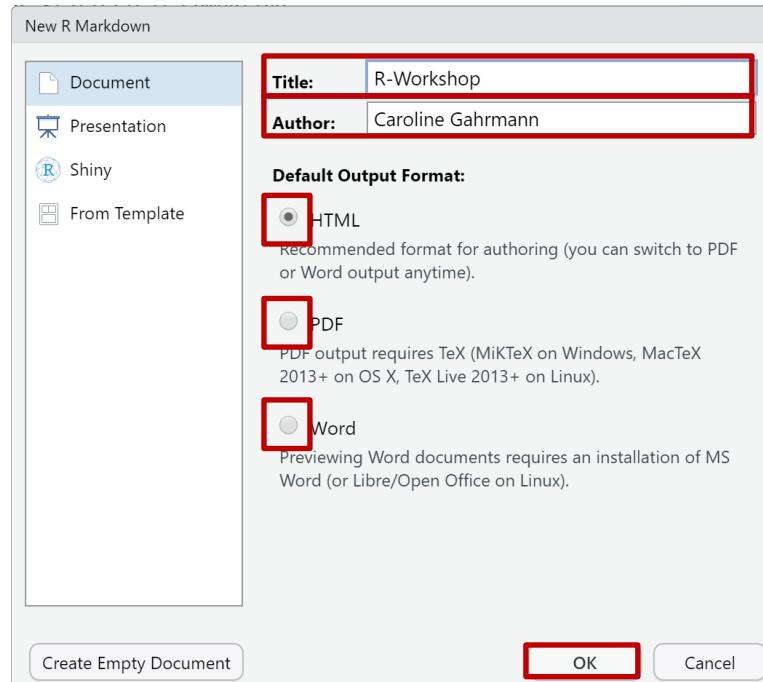
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Step 3: Specify title of your R Markdown.

Step 4: Specifiy the author of your R Markdown.

Step 5: Specify which type of document you want to generate.

Step 6: Select 'OK'.

# R Markdown explained

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Getting Started

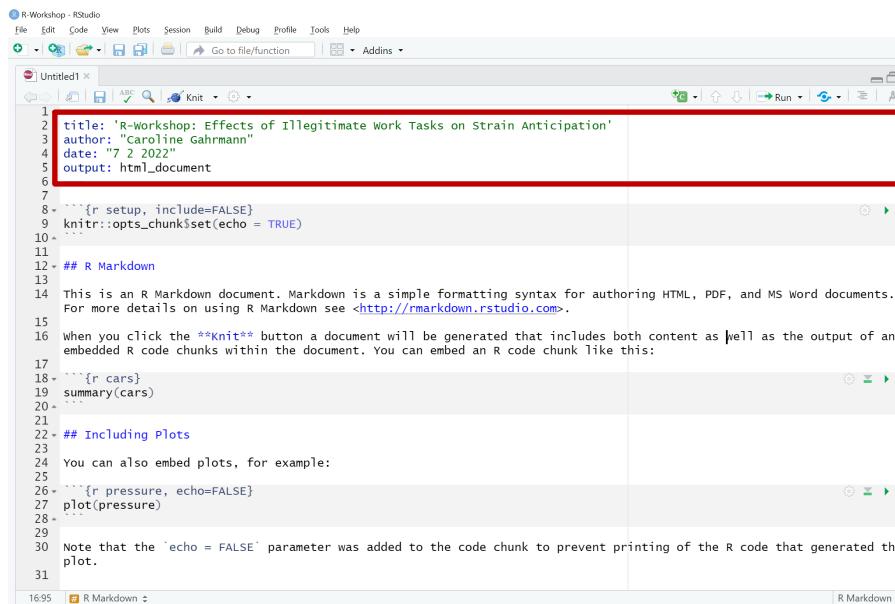
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## R Markdowns consist of three parts:



The screenshot shows an RStudio interface with an R Markdown file titled "Untitled1". The top menu bar includes File, Edit, Code, View, Plots, Session, Build, Debug, Profile, Tools, and Help. The code editor displays the following content:

```
1 title: 'R-Workshop: Effects of Illegitimate work Tasks on Strain Anticipation'
2 author: "Caroline Gahrmann"
3 date: "7.2.2022"
4 output: html_document
5
6
7
8 ``{r setup, include=FALSE}
9 knitr::opts_chunk$set(echo = TRUE)
10
11
12 ## R Markdown
13
14 This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents.
15 For more details on using R Markdown see <http://rmarkdown.rstudio.com>.
16
17 when you click the **Knit** button a document will be generated that includes both content as well as the output of any
18 embedded R code chunks within the document. You can embed an R code chunk like this:
19
20 ``{r cars}
21 summary(cars)
22
23 ## Including Plots
24
25 You can also embed plots, for example:
26
27 ``{r pressure, echo=FALSE}
28 plot(pressure)
29
30 Note that the `echo = FALSE` parameter was added to the code chunk to prevent printing of the R code that generated the
31
32 plot.
```

The first five lines of the YAML front matter are highlighted with a red box.

## YAML metadata → guides generation of static documents

# R Markdown explained

Introduction

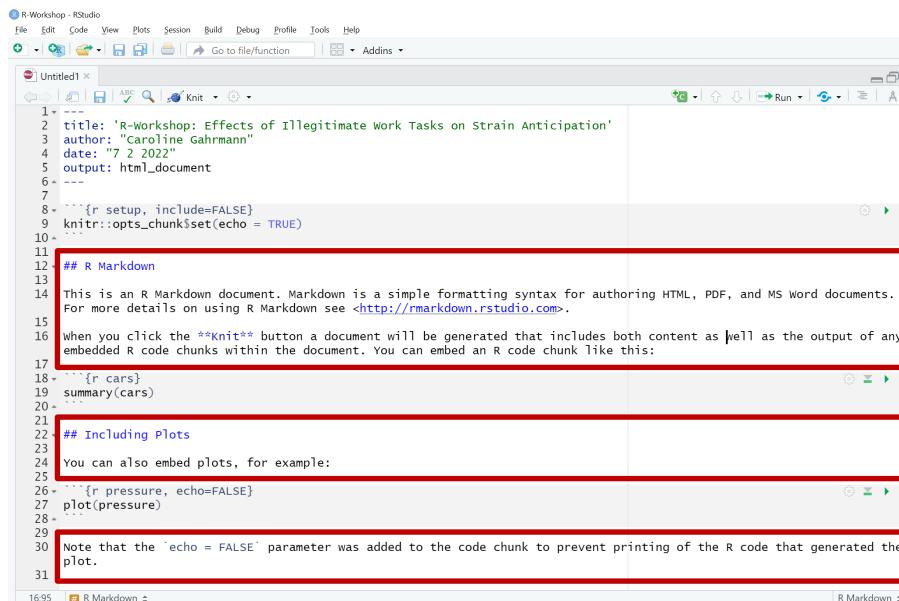
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The screenshot shows the R-Workshop interface in RStudio. The code editor contains an R Markdown document with the following content:

```
1 ---  
2 title: 'R-Workshop: Effects of Illegitimate work Tasks on Strain Anticipation'  
3 author: "Caroline Gahrmann"  
4 date: "7.2.2022"  
5 output: html_document  
6 ---  
7  
8 ```{r setup, include=FALSE}  
9 knitr::opts_chunk$set(echo = TRUE)  
10+  
11  
12 ## R Markdown  
13  
14 This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents.  
For more details on using R Markdown see <http://rmarkdown.rstudio.com>.  
15  
16 when you click the **Knit** button a document will be generated that includes both content as well as the output of any  
embedded R code chunks within the document. You can embed an R code chunk like this:  
17  
18+```{r cars}  
19 summary(cars)  
20+  
21  
22 ## Including Plots  
23  
24 You can also embed plots, for example:  
25  
26+```{r pressure, echo=FALSE}  
27 plot(pressure)  
28+  
29  
30 Note that the `echo = FALSE` parameter was added to the code chunk to prevent printing of the R code that generated the  
plot.  
31
```

## Text → details statistical analysis

# R Markdown explained

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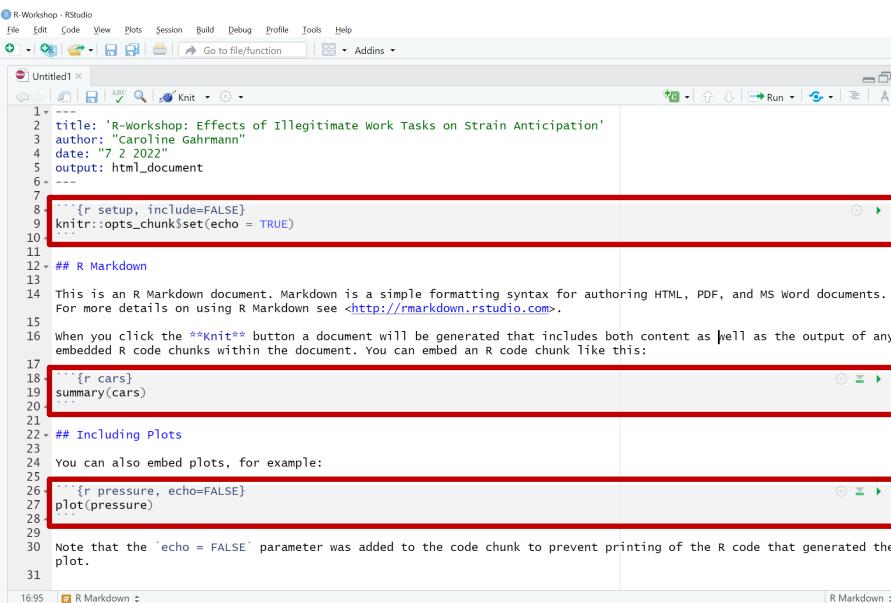
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```
1 ---  
2 title: 'R-Workshop: Effects of Illegitimate work Tasks on Strain Anticipation'  
3 author: "Caroline Gahrmann"  
4 date: "7.2.2022"  
5 output: html_document  
6 ---  
7 ...{r setup, include=FALSE}  
8 knitr::opts_chunk$set(echo = TRUE)  
9  
10 ## R Markdown  
11  
12 This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents.  
13 For more details on using R Markdown see <http://rmarkdown.rstudio.com>.  
14  
15 when you click the **Knit** button a document will be generated that includes both content as well as the output of any  
16 embedded R code chunks within the document. You can embed an R code chunk like this:  
17  
18 ...{r cars}  
19 summary(cars)  
20  
21 ## Including Plots  
22  
23 You can also embed plots, for example:  
24  
25 ...{r pressure, echo=FALSE}  
26 plot(pressure)  
27  
28  
29 Note that the `echo = FALSE` parameter was added to the code chunk to prevent printing of the R code that generated the  
30 plot.  
31
```

## Code → R functions

# R Markdown How To

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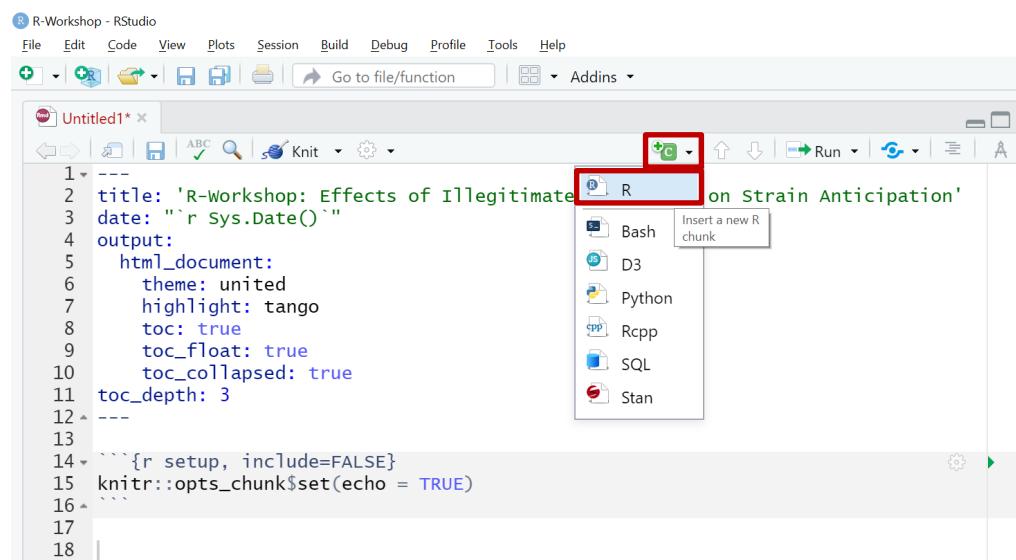
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## To insert new code chunks ...



Step 1: Select the "Insert a new code chunk" Icon in the toolbar of the Editor.

Step 2: Select the "Insert a new R chunk" Icon.

# R Markdown How To

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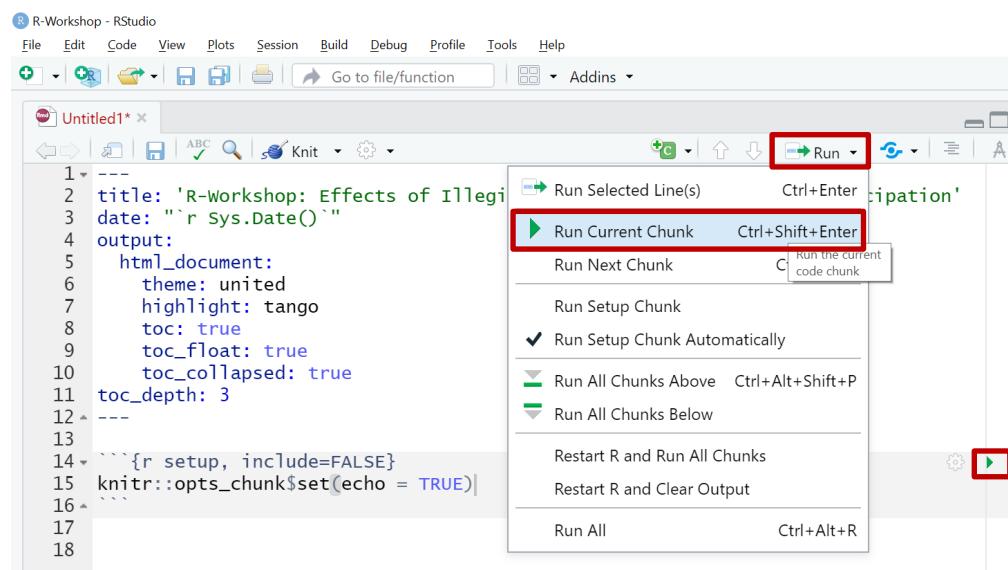
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## To run a code chunk ...



Step 1: Click into the code chunk you want to run.

Step 2: Select the "Run" Icon in the toolbar of the Editor.

Step 3: Select "Run Current Chunk".

Alternative: Select the green triangle in the code chunk.

# R Markdown How To

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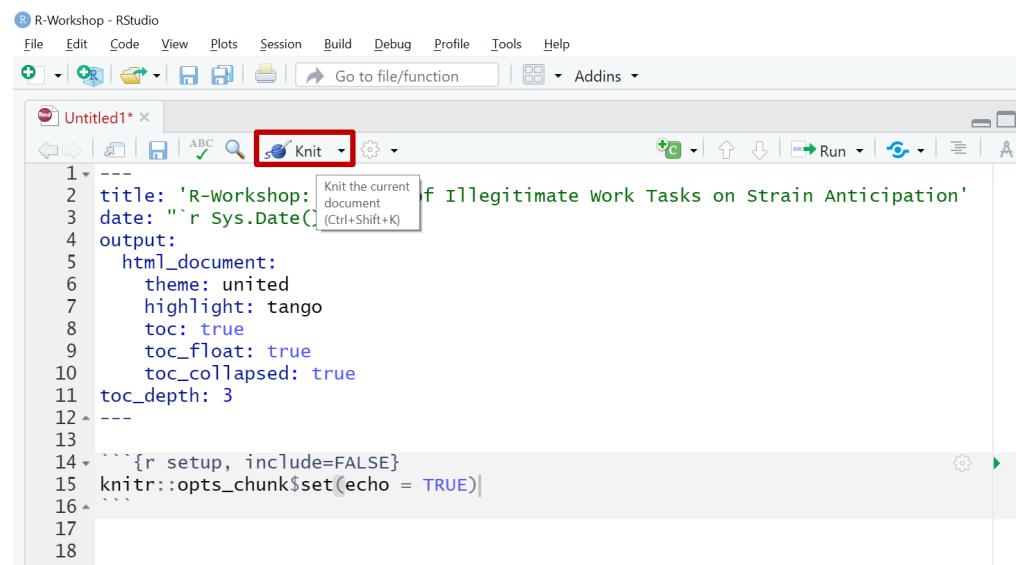
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## To generate a static report ...



Step 1: Select the "Knit" Icon in the toolbar of the Editor.

# R Markdown How To

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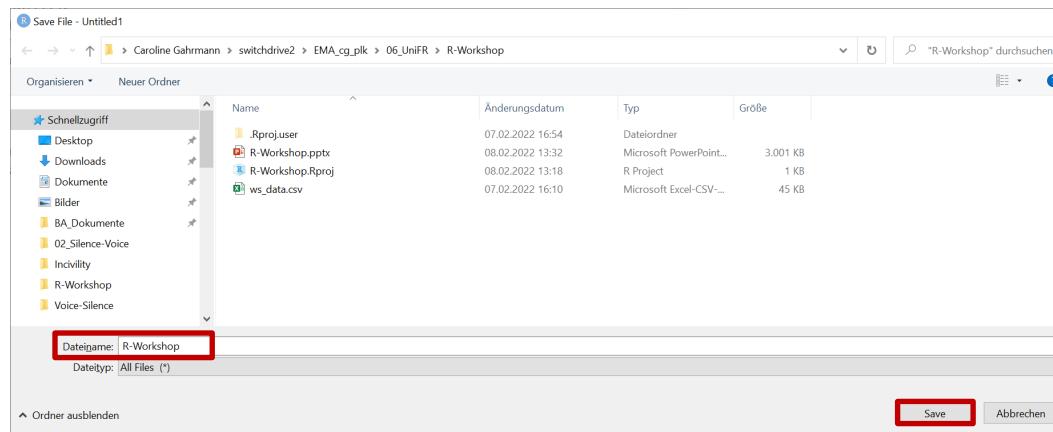
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## To generate static report ...



Step 2: Type in document title.

Step 3: Select "Save".

You only have to do Step 2 and Step 3 once per R Markdown.

# Prepare Packages

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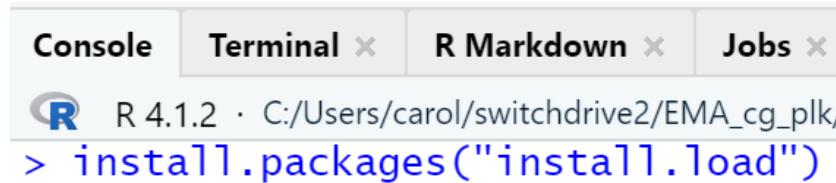
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We want to first install all relevant packages.

In R, installing and loading packages are separate processes. We can join these procedures by installing the 'install.load' package:



```
R 4.1.2 · C:/Users/carol/switchdrive2/EMA_cg_plk> install.packages("install.load")
```

Note that we only have to install the package once. We do this in the Console and not in the RMarkdown / R-script.

# Prepare Packages

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To install packages, if necessary, and load them we can now use **library(install.load)** and **install\_load()**:

```
```{r}
library("install.load")

install_load("installr",
             "tidyverse",
             "summarytools",
             "skimr",
             "psych",
             "interactions")
...```

```

```
library("install.load")
install_load("package1", "package2", "...")
```

Please load 'install.load' and prepare 'installr', 'tidyverse', 'summarytools', 'skimr', 'psych' and 'interactions' for the workshop.

# Check and Update R Version

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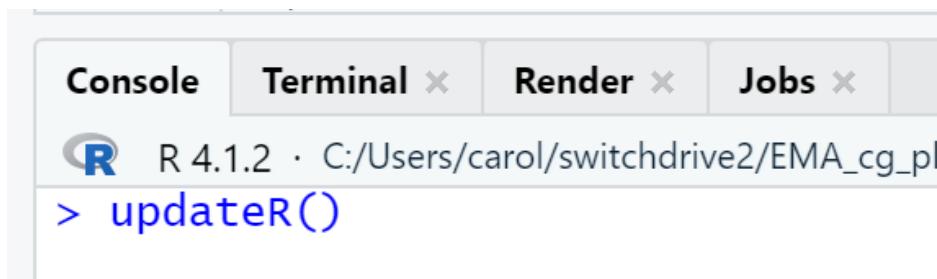
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To check if we have the newest R version installed, we can use updateR() in the Console:



A screenshot of an RStudio interface showing a console tab. The console window displays the following text:  
R 4.1.2 · C:/Users/carol/switchdrive2/EMA\_cg\_pk  
> updateR()

updateR()

Please execute this code in the Console and do not save it in the RMarkdown. The RMarkdown won't be able to compile otherwise.

# Check and Update R Version

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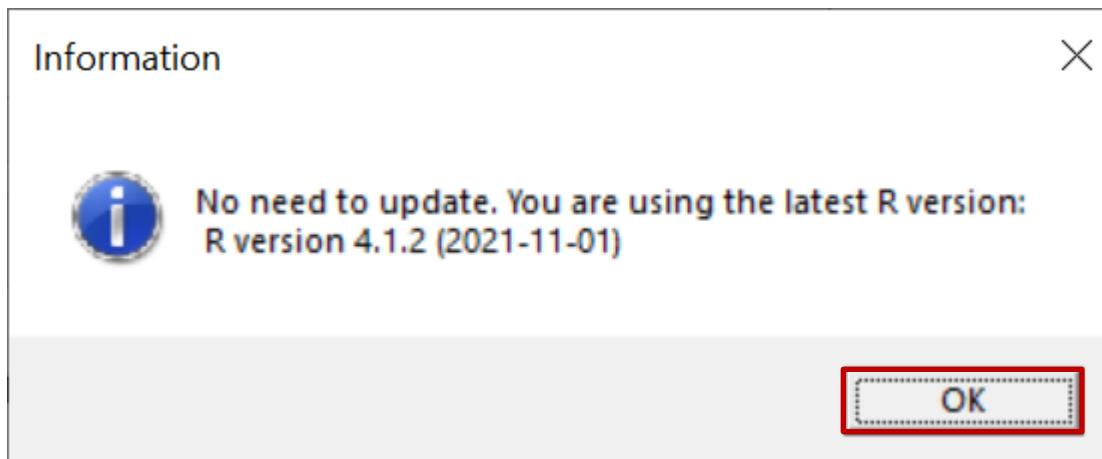
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If we have the newest R version already, we get the following message.



We only have to select 'OK' and move on.

# Check and Update R Version

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If we don't have the newest R version, we get the following message:



We can now download the newest version:

Step 1: Select 'OK'.

# Check and Update R Version

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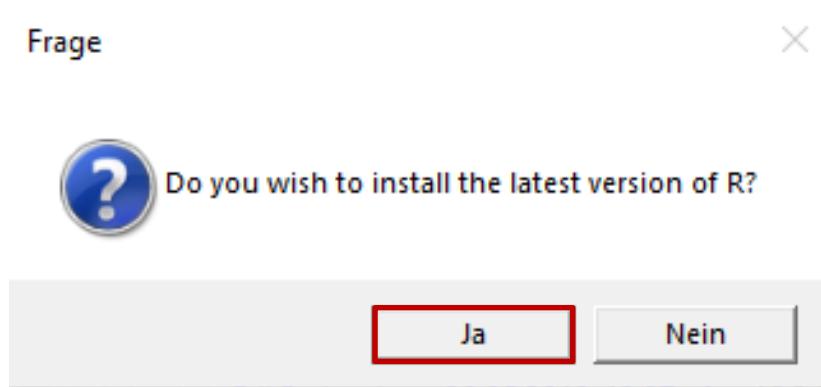
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Step 2: Select 'Yes'.

# Check and Update R Version

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## Hurray! We get to keep our packages!



Step 3: Select 'Yes': You want to keep all your packages in place.

# Check and Update R Version

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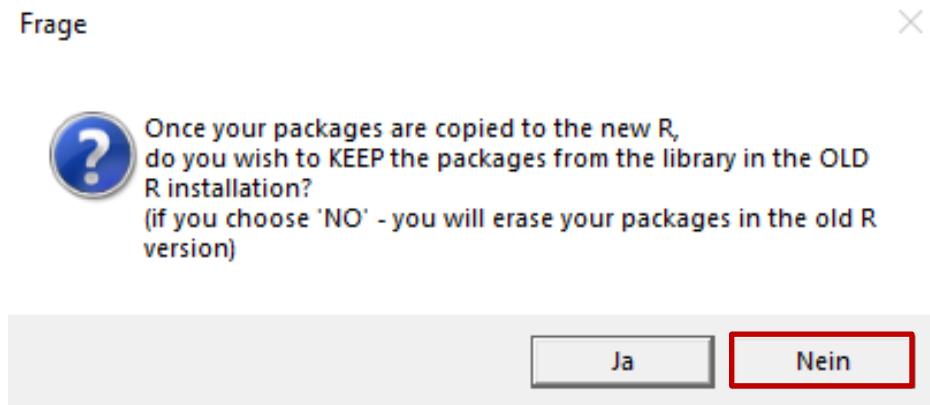
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Step 4: Select 'No': You don't want to use the old version of R and therefore don't need the packages for that version any longer.

# Check and Update R Version

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Step 5: Select 'Yes'.



# Check and Update R Version

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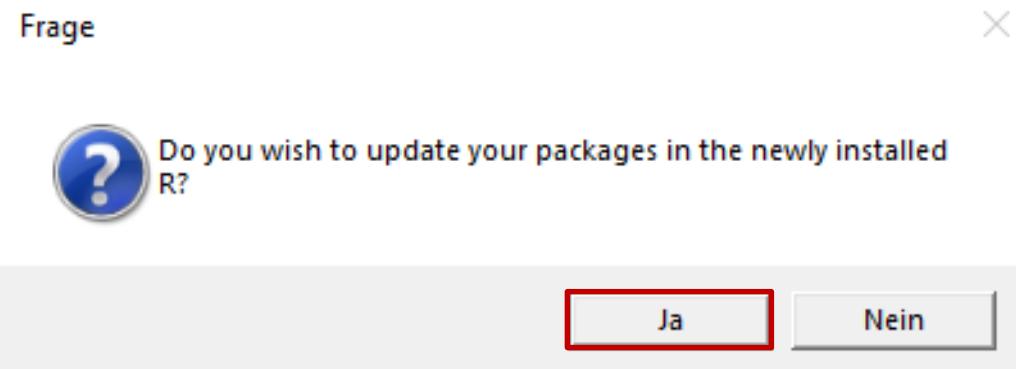
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We even have the chance to update all our packages!



Step 6: Select 'Yes'.

# RStudio Updates

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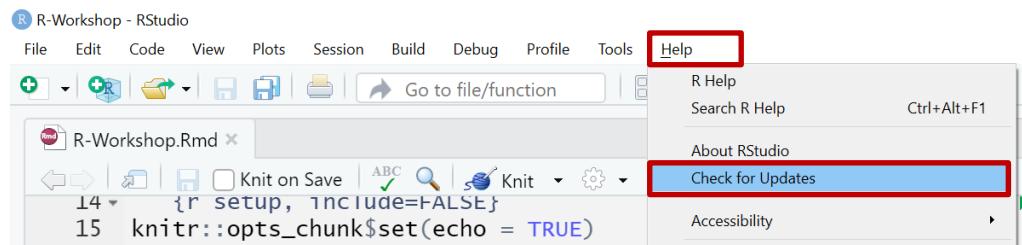
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We can also check if we have the newest version of RStudio:



Step 1: Select 'Help' on the upper toolbar.

Step 2: Select 'Check for Updates'.

If a new version is available, the RStudio page opens in the browser.

We can install it there.

# Import Data

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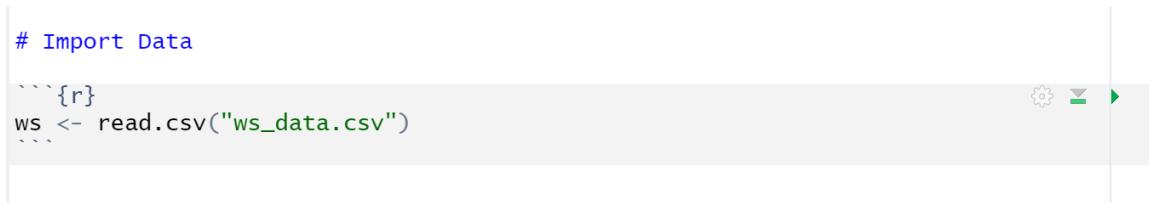
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Our practice data is a .csv file. To import it, we can use **read.csv()**:



```
# Import Data
```{r}
ws <- read.csv("ws_data.csv")
```

Step 1: internal-name-for-dataset **<- read.csv("dataset.csv")**

Step 2: run code chunk.

You can also import data in other formats using the "read" function. You find more information here: <https://intro2r.com/importing-data.html>

# What now?

Introduction

We have imported our data. It looks like this:

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session	ST_GENDER	ST_AGE	DA_ILWOTA_01_t1	DA_ILWOTA_01_t2	DA_ILWOTA_01_t3
GNzseWN54oLXACHpgu76FSaVPWr-0RoPU0FLwzVNvJ2F4o...	1	27	3	5	1
En6l3O-6uskCuUt3PbKgoF8SrEbpzZEhkjcQtUttftkSx3YiHSF9...	2	44	1	1	1
gV_qMoDBuP3sFBKD0hIGctOK5A7m9_6q8pWHepcrgfZ9Zb...	1	32	1	1	1
52uu82_bvBNo_KPUY8gwVHjqZHU8GyOCZhRPTetexFLa769...	2	65	1	1	1
JaACkwHXlc8HB5c6nYWkILQWz9hhyLwuvFMyxgZJ3P1iq_wq...	1	34	2	1	1
5UqUs7skgodf-KWAEGDIJo28GTEiQy8fE2txL4BUv8lodvDSb...	1	31	3	1	2
IENipEbGFFhnQKfDJ_mAluvWHDt0tuRliaPeF9jNXJq0E1dXmt...	1	32	1	1	1

In the end, we want to probe our hypotheses via regression analyses.

## What do have to do to get there?

# Rescale Items

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We have inverted items in our data:

Variable	Item
DA_ANTC_01_t1-10	<ul style="list-style-type: none"><li>How straining do you think your next workday will be?</li></ul>
DA_ANTC_02_r_t1-10	<ul style="list-style-type: none"><li>How pleasant do you think your next working day will be?</li></ul>
1 = not at all; 100 = very	

We have to reverse 'DA\_ANTC\_02\_r\_t1' – 'DA\_ANTC\_02\_r\_t10' so it reflects employee *strain* anticipation.

# Rescale Items

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To reverse items, we can use **mutate ()**:

```
# Data Preparation
## Reverse Items
```{r}
ws <- ws %>%
  mutate(DA_ANTC_02_t1 = 101 - DA_ANTC_02_r_t1,
         DA_ANTC_02_t2 = 101 - DA_ANTC_02_r_t2,
         DA_ANTC_02_t3 = 101 - DA_ANTC_02_r_t3,
         DA_ANTC_02_t4 = 101 - DA_ANTC_02_r_t4,
         DA_ANTC_02_t5 = 101 - DA_ANTC_02_r_t5,
         DA_ANTC_02_t6 = 101 - DA_ANTC_02_r_t6,
         DA_ANTC_02_t7 = 101 - DA_ANTC_02_r_t7,
         DA_ANTC_02_t8 = 101 - DA_ANTC_02_r_t8,
         DA_ANTC_02_t9 = 101 - DA_ANTC_02_r_t9,
         DA_ANTC_02_t10 = 101 - DA_ANTC_02_r_t10)
...```

```

internal-name-for-dataset <- internal-name-for-dataset **%>%**

**mutate(variable\_new = scale-max-plus-scale-min – variable\_old)**

The function is sensitive to the maximum and minimum of the scale.

# Code NAs

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We have values that should be NAs in our data:

DA_PSYSafe_06_t1-10	<ul style="list-style-type: none"><li>• my unique skills were appreciated and applied in the teams.</li></ul>
1 = not at all - 5 = completely; <b>6 = cannot answer because I was not involved in a team interaction</b>	

We have to ensure that '6' is replaced by 'NA' for all items measuring Psychological Safety.

# Code NAs

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To convert values to NA, we can use **na\_if()**:

```
## Include NA option
```{r}
ws <- ws %>%
  mutate(across(starts_with("DA_PSYSAFE_"), ~ na_if(., 6)))
```

```

internal-name-for-dataset <- internal-name-for-dataset %>%  
 mutate(across(starts\_with("shared-beginning-of-itemnames"),  
 ~ na\_if(., scale-value-should-be-NA))

Instead of 'starts\_with', you may sometimes want to use other specifiers.

If you want to convert a given value (e.g., "-99") to NA ...

1. ... across all numeric variables in the dataset  $\sqcup$  where(is.numeric)
2. ... for specific variables  $\sqcup$  c()

# Aggregate Data

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Each of our study variables is currently measured by multiple items at multiple times.

But, to estimate our regression model we have to comprise all of this data into one score.

**How do we go about this?**

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All this data ...

| DA_ANT_C_01_t1 | DA_ANT_C_02_t1 | DA_ANT_C_01_t2 | DA_ANT_C_02_t2 |
|----------------|----------------|----------------|----------------|
| 2              | 1              | 4              | 5              |

Step 1: Aggregate mean score within occasion

| DA_ANTC_t1 | DA_ANTC_t2 |
|------------|------------|
| 1.5        | 4.5        |

Step 2: Aggregate mean score over occasions

| DA_ANTC |
|---------|
| 3       |

Voilà!

# Aggregate Data

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To aggregate data, we can use **rowMeans()**:

```
# Aggregate Data
## Illegitimate Work Tasks
### within occasions
#### T1
```{r}
ws <- ws %>%
  mutate(ILWOTA_t1 = rowMeans(select(ws,
    c(DA_ILWOTA_01_t1,
      DA_ILWOTA_02_t1,
      DA_ILWOTA_03_t1,
      DA_ILWOTA_04_t1)),
    na.rm = TRUE))
```

```

internal-name-for-dataset <- internal-name-for-dataset %>%  
**mutate**(scale-name-aggregated =

**rowMeans(select(internal-name-for-dataset,**  
**c(scale-item-1,**  
**scale-item-X)), na.rm = TRUE))**

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## You can do it!

1. Aggregate the occasion specific mean scores for "Illegitimate Work Tasks".
2. Now let's try something a bit trickier:  
Aggregate the occasion specific mean scores into a scale specific mean score for "Illegitimate Work Task".

# Aggregate Data

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Aggregating the occasion specific mean scores into a scale specific mean score.

```
### Between occasions
`~`{r}
ws <- ws %>%
  mutate(ILWOTA = rowMeans(select(ws,
    c(ILWOTA_t1,
      ILWOTA_t2,
      ILWOTA_t3,
      ILWOTA_t4,
      ILWOTA_t5,
      ILWOTA_t6,
      ILWOTA_t7,
      ILWOTA_t8,
      ILWOTA_t9,
      ILWOTA_t10)),
    na.rm = TRUE))
```

# Aggregate Data

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**OK, OK – aggregating becomes repetitive.**

You have now learned how to do it and can hopefully apply it to your own thesis.

For the workshop you can simply copy and paste the code from the documentation on Moodle.

# Characterizing the sample

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We have information on gender and age of participants to characterize the sample.

What can we do with this?

**Gender** → determine relative proportion of the sample per gender affiliation

**Age** → mean age and standard deviation

# Characterizing the sample

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To examine proportions, we can use **freq()**:

```
# Descriptive Statistics
## Frequencies
```{r}
freq(ws$ST_GENDER)
```

**freq(internal-name-for-dataset\$variable-of-interest)**

Please note that we use the freq function from the 'summarytools' package.

# Characterizing the sample

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## How we interpret the output:

Frequencies						
	ws\$ST_GENDER	Type: Integer	Freq	% valid	% valid Cum.	% Total
Cum.						% Total
54.26	1	51	59.30	59.30	54.26	
91.49	2	35	40.70	100.00	37.23	
100.00	<NA>	8			8.51	
	Total	94	100.00	100.00	100.00	100.00
		100.00				

54.26 % of the sample identifies as female.

37.23 % of the sample identifies as male.

8.51 % of the sample did not respond.

# Characterizing the sample

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To examine means and standard deviations,  
we can use **skim()**:

```
## Means; SD
### Age
{r}
ws %>% skim(ST_AGE)
```

internal-name-for-dataset **%>% skim(variable-of-interest)**

# Characterizing the sample

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## How we interpret the output:

```
-- Data Summary -----
Name                                Values
Number of rows                      94
Number of columns                    175

Column type frequency:
  numeric                           1

Group variables                     None

-- Variable type: numeric -----
# A tibble: 1 x 11
  skim_variable n_missing complete_rate   mean    sd   p0    p25    p50    p75    p100 hist
* <chr>            <int>        <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <chr>
1 ST_AGE                         8       0.915  36.6  13.9   18    25    30   47.8   65  
```

The average age of participants is 36.6 years ( $SD = 13.9$ ).

# Describing the Study Variables

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To summarize descriptive information about our study variables, we have to complete a table like this:

**Table 1**

*Means, Standard Deviations, and Correlations between Study Variables*

Variable	<i>M</i>	<i>SD</i>	1	2	3	4
1. Illegitimate Work Tasks						
2. Psychological Safety						
3. Anger						
4. Strain Anticipation						

# Describing the Study Variables

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We already know how to examine means and standard deviations via **skim()**:

```
### study variables
#### Illegitimate Work Tasks
`~{r}
ws %>% skim(ILWOTA)
```

- Compute the Mean and SD for all study variables and document in the Descriptive Statistics Table.

# Describing the Study Variables

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To compute bivariate correlations, we first have to create a new object that consists only of variables that we wish to include:

```
## Bivariate Correlation Matrix
```{r}
cor_dat <- ws %>%
  select(ILWOTA,
         PSYSAFE,
         ANG,
         SA)
...```

```

name-shortened-dataset-cor <- internal-name-for-dataset %>%

select(variable-of-interest1, variable-of-interest-2)

# Describing the Study Variables

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To compute bivariate correlations, we can now use **corr.test()**:

```
```{r}
corr.test(cor_dat)
```
```

`corr.test(name-shortened-dataset-cor)`

# Describing the Study Variables

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Now, we can complete the table summarizing the descriptive statistics:

**Table 1**

*Means, Standard Deviations, and Correlations between Study Variables*

| Variable                   | <i>M</i> | <i>SD</i> | 1    | 2    | 3   | 4 |
|----------------------------|----------|-----------|------|------|-----|---|
| 1. Illegitimate Work Tasks | 1.47     | 0.42      | -    |      |     |   |
| 2. Psychological Safety    | 3.76     | 0.87      | -.25 | -    |     |   |
| 3. Anger                   | 1.72     | 0.69      | .38  | -.14 | -   |   |
| 4. Strain Anticipation     | 51.30    | 11.20     | .38  | -.13 | .17 | - |

# Hypothesis to statistical model (I)

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We can address our hypotheses through the regression framework:

**H1:** Employees who experience more illegitimate work tasks experience more strain anticipation.

→ Simple linear regression analysis

# Simple linear regression analysis

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To conduct a simple linear regression analysis, we can use `lm()`:

```
## Inference Statistics  
## simple regression  
```{r}  
summary(lm(SA~ILWOTA, data = ws))
```

`summary(lm(outcome~predictor, data = internal-name-for-dataset))`

# Simple linear regression analysis

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## How we interpret the output:

```
Call:  
lm(formula = SA ~ ILWOTA, data = ws)  
  
Residuals:  
    Min      1Q  Median      3Q     Max  
-29.4083 -5.1855 -0.5037  6.2282 25.8148  
  
Coefficients:  
            Estimate Std. Error t value Pr(>|t|)  
(Intercept) 36.543     4.183   8.736 2.64e-13 ***  
ILWOTA       10.032     2.733   3.670 0.000433 ***  
---  
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
  
Residual standard error: 10.47 on 81 degrees of freedom  
(11 Beobachtungen als fehlend gelöscht)  
Multiple R-squared:  0.1426,    Adjusted R-squared:  0.132  
F-statistic: 13.47 on 1 and 81 DF,  p-value: 0.0004326
```

There was a positive direct effect of illegitimate work tasks on strain anticipation ( $b=10.03$ ,  $SE = 2.73$ ,  $p < .001$ ).

# Simple linear regression analysis

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If we want to obtain standardized regression coefficients, we first have to standardize the predictor via **scale ()**:

```
standardize predictor & dependent variable

```{r}
ws <- ws %>%
  mutate(
    ILWOTA_s = scale(ILWOTA, center = T, scale =T)
    , SA_s = scale(SA, center = T, scale =T)
  ...
)

internal-name-for-dataset <- internal-name-for-dataset %>%
  mutate(
    predictor_c = scale(predictor, center = T, scale = T)
    , outcome_c = scale(outcome, center = T, scale = T)
  )
```

If we standardize study variables, we subtract the mean and deviate by the standard deviation and therefore change their scaling.

# Simple linear regression analysis

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We can now obtain standardized regression coefficients by entering our standardized predictor into **lm()** :

```
standardized coefficients  
```{r}  
summary(lm(SA_s~ILWOTA_s, data = ws))  
```
```

**summary(lm(outcome\_s~predictor\_s, data = internal-name-dataset))**

# Simple linear regression analysis

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## (I) Non-standardized regression coefficients

```
Call:  
lm(formula = SA ~ ILWOTA, data = ws)  
  
Residuals:  
    Min      1Q  Median      3Q     Max  
-29.4083 -5.1855 -0.5037  6.2282 25.8148  
  
Coefficients:  
            Estimate Std. Error t value Pr(>|t|)  
(Intercept) 36.543     4.183   8.736 2.64e-13 ***  
ILWOTA      10.032     2.733   3.670 0.000433 ***  
---  
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
  
Residual standard error: 10.47 on 81 degrees of freedom  
(11 Beobachtungen als fehlend gelöscht)  
Multiple R-squared:  0.1426, Adjusted R-squared:  0.132  
F-statistic: 13.47 on 1 and 81 DF, p-value: 0.0004326
```

When illegitimate work tasks increase by one **unit**, strain anticipation increases by 10.03 **units** on average.

## (II) Standardized regression coefficients

```
Call:  
lm(formula = SA_s ~ ILWOTA_s, data = ws)  
  
Residuals:  
    Min      1Q  Median      3Q     Max  
-2.61711 -0.46147 -0.04482  0.55426  2.29732  
  
Coefficients:  
            Estimate Std. Error t value Pr(>|t|)  
(Intercept) 1.375e-16 1.023e-01   0.00 1.000000  
ILWOTA_s  3.776e-01 1.029e-01   3.67 0.000433 ***  
---  
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
  
Residual standard error: 0.9317 on 81 degrees of freedom  
(11 observations deleted due to missingness)  
Multiple R-squared:  0.1426, Adjusted R-squared:  0.132  
F-statistic: 13.47 on 1 and 81 DF, p-value: 0.0004326
```

When illegitimate work tasks increase by one **standard deviation**, strain anticipation increases by 0.38 **standard deviations** on average.

- Standardizing regression coefficients allows one to compare the importance of multiple predictors (multiple linear regression).

# Hypothesis to statistical model

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**H2:** The effect of illegitimate work task on strain anticipation is partially mediated by anger.

→ Mediation analysis via successive multiple linear regression analysis

Can be accomplished manually using lm() or via helper function from the 'psych' package.

# Mediation Analysis

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To conduct mediation analysis (in one step), we can use **mediate()**:

```
## Mediation
```{r}
set.seed(42)
print(mediate(SA ~ ILWOTA + (ANG), data=ws))
````
```

`print(mediate(outcome ~ predictor + (mediator), data = internal-name-for-dataset))`

Note: **mediate()** uses bootstrapping (random) – due to **set.seed()** the result is still always the same.

# Mediation Analysis

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## How we interpret the output:

```
Mediation/Moderation Analysis
Call: mediate(y = SA ~ ILWOTA + (ANG), data = ws)

The DV (Y) was SA . The IV (X) was ILWOTA . The mediating variable(s) = ANG .

Total effect(c) of ILWOTA on SA = 10.03 S.E. = 2.56 t = 3.91 df= 92 with p = 0.00018
Direct effect (c') of ILWOTA on SA removing ANG = 9.75 S.E. = 2.79 t = 3.49 df= 91 with p = 0.00074
Indirect effect (ab) of ILWOTA on SA through ANG = 0.29
Mean bootstrapped indirect effect = 0.84 with standard error = 2.1 Lower CI = -2.66 Upper CI = 5.23
R = 0.38 R2 = 0.14 F = 7.61 on 2 and 91 DF p-value: 0.000135
```

We did not find evidence for an indirect effect of illegitimate work tasks on strain anticipation via anger (point estimate  $a*b = 0.84$ , 95% CI = [-2.66; 5.23]).

# Hypothesis to statistical model

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**H3:** The effect of illegitimate work task on strain anticipation is attenuated by psychological safety.

→ Moderation analysis via multiple linear regression analysis

# Moderation analysis

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We first have to center predictor and moderator via **scale ()**:

```
## Moderation
Center variables
```{r}
ws <- ws %>%
  mutate(ILWOTA_c = scale(ILWOTA, center = TRUE, scale = FALSE),
        PSYSAFE_c = scale(PSYSAFE, center = TRUE, scale = FALSE))
...```

```

internal-name-for-dataset <- internal-name-for-dataset %>%  
 mutate(predictor\_c = scale(predictor, center = T, scale = F),  
 moderator\_c = scale(moderator, center = T, scale = F))

- **Centering** predictors and continuous moderators (aka subtracting the mean) is **mandatory** to ensure meaningful interpretation of the direct effects.
- **Standardizing is voluntary.**

# Moderation analysis

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To conduct moderation analysis, we can now use **lm ()**:

Compute moderation model

```
```{r}  
summary(lm(SA~ILWOTA_c*PSYSAFE_c, data = ws))
```

**summary(lm(outcome~predictor\_c\*moderator\_c, data = internal-name-for-dataset))**

# Moderation analysis

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## How we interpret the output:



```
Call:  
lm(formula = SA ~ ILWOTA_c * PSYSAFE_c, data = ws)  
  
Residuals:  
    Min      1Q   Median      3Q     Max  
-29.5835 -5.1516 -0.6856  6.3027 26.2848  
  
Coefficients:  
              Estimate Std. Error t value Pr(>|t|)  
(Intercept) 51.29651  1.19275 43.007 < 2e-16 ***  
ILWOTA_c     9.73199  3.07678  3.163  0.00222 **  
PSYSAFE_c    -0.50720  1.41137 -0.359  0.72028  
ILWOTA_c:PSYSAFE_c -0.09542  2.86678 -0.033  0.97353  
---  
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1  
  
Residual standard error: 10.59 on 79 degrees of freedom  
  (11 Beobachtungen als fehlend gelöscht)  
Multiple R-squared:  0.144,    Adjusted R-squared:  0.1115  
F-statistic:  4.43 on 3 and 79 DF,  p-value: 0.006245
```

The data did not support a moderation effect of psychological safety on the relationship between illegitimate work tasks and strain anticipation ( $b = -0.10$ ,  $SE = 2.87$ ,  $p > .05$ ).

# Moderation analysis

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To visualize the moderation effect, we can use `interact_plot()`:

Visualize moderation effect

```
```{r}
interact_plot(
  lm(SA ~ ILWOTA_c * PSYSAFE_c, data = ws),
  pred = ILWOTA_c,
  modx = PSYSAFE_c,
  interval = T,
)
````
```

`interact_plot(`

```
  lm(outcome~predictor_c*moderator_c, data = internal-name-for-
dataset),
  pred = predictor_c,
  modx = moderator_c,
  interval = T)
```

# Moderation analysis

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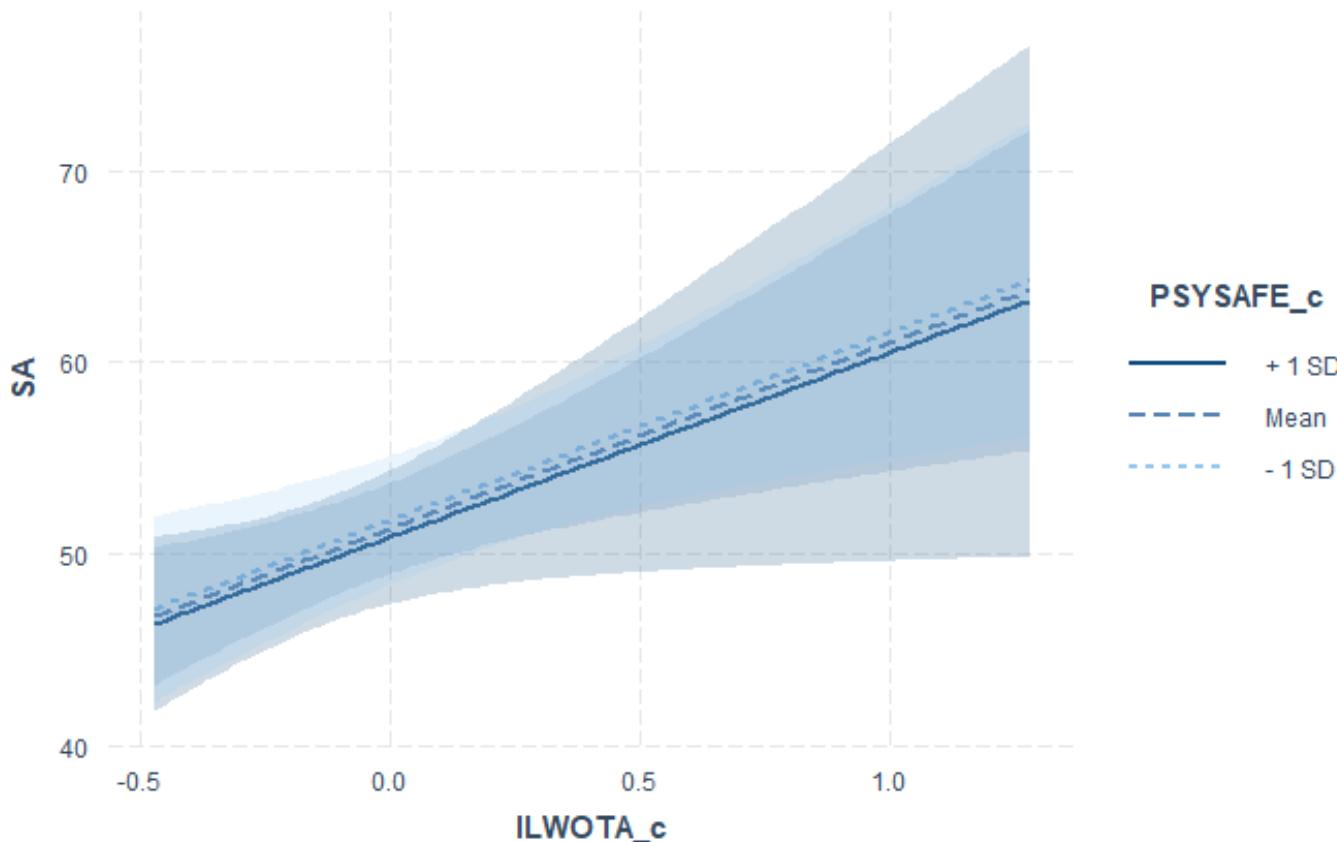
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**Sidenote:** We visualized the effect for demonstration purposes. If you have a non significant moderation effect it is likely not necessary to visualize it.

# Moderation analysis

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Moderation can also be understood as a conditional effect. Evaluate with **Johnson-Neyman intervals**:

Johnson-Neyman intervals

```
```{r}
johnson_neyman(
  lm(SA ~ ILWOTA_c * PSYSAFE_c, data = ws)
  , pred = ILWOTA_c
  , modx = PSYSAFE_c
  , control.fdr=T)
```
```

johnson\_newman(

```
  lm(outcome~predictor_c*moderator_c, data = internal-name-for-
dataset),
  pred = predictor_c,
  modx = moderator_c,
  control.fdr = T)
```

# Moderation analysis

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## JOHNSON-NEYMAN INTERVAL

When PSYSAFE\_c is **INSIDE** the interval [-1.58, 0.75], the slope of ILWOTA\_c is  $p < .05$ .

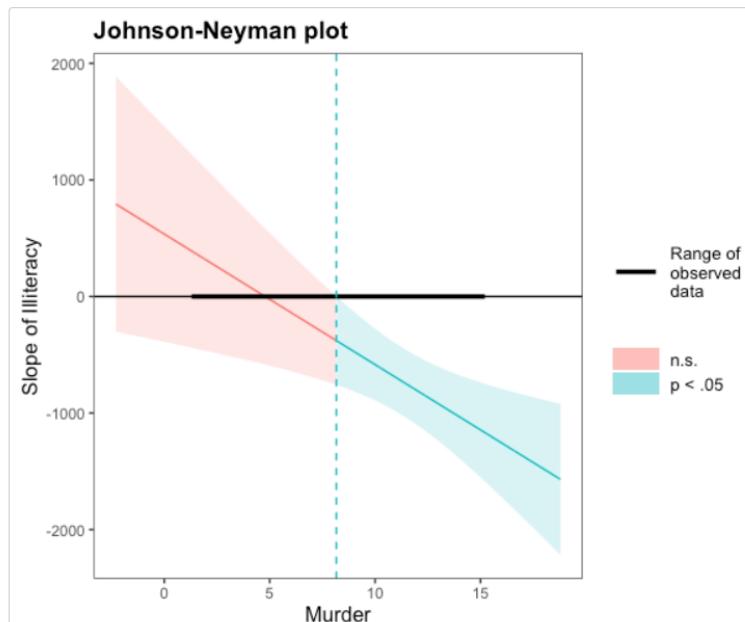
*Note: The range of observed values of PSYSAFE\_c is [-2.76, 1.24]*

Interval calculated using false discovery rate adjusted  $t = 2.22$

In our case the slope of ILWOTA is not conditional on PYSAFE.

But it could also look like this example:

```
## JOHNSON-NEYMAN INTERVAL
##
## When Murder is OUTSIDE the interval [-10.61, 8.16], the slope of Illiteracy
## is  $p < .05$ .
##
## Note: The range of observed values of Murder is [1.40, 15.10]
```



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```
```{r}
sessionInfo()
```

R version 4.3.2 (2023-10-31)
Platform: x86_64-pc-linux-gnu (64-bit)
Running under: Ubuntu 22.04.3 LTS

Matrix products: default
BLAS: /usr/lib/x86_64-linux-gnublas/libblas.so.3.10.0
LAPACK: /usr/lib/x86_64-linux-gnulapack/liblapack.so.3.10.0

locale:
[1] LC_CTYPE=en_US.UTF-8      LC_NUMERIC=C           LC_TIME=de_AT.UTF-8       LC_COLLATE=en_US.UTF-8
[5] LC_MONETARY=de_AT.UTF-8   LC_MESSAGES=en_US.UTF-8  LC_PAPER=de_AT.UTF-8       LC_NAME=C
[9] LC_ADDRESS=C              LC_TELEPHONE=C         LC_MEASUREMENT=de_AT.UTF-8 LC_IDENTIFICATION=C

time zone: Europe/Vienna
tzcode source: system (glibc)

attached base packages:
[1] stats      graphics    grDevices  utils      datasets   methods     base

other attached packages:
[1] summarytools_1.0.1 interactions_1.1.5 psych_2.3.6      skimr_2.1.5        lubridate_1.9.2     forcats_1.0.0      stringr_1.5.0
[8] dplyr_1.1.2      purrr_1.0.2      readr_2.1.4      tidyverse_2.0.0
[15] installr_0.23.4  install.load_1.2.5

loaded via a namespace (and not attached):
[1] fastmatch_1.1-4  gtable_0.3.4      xfun_0.40        lattice_0.22-5    tzdb_0.4.0        vctrs_0.6.3       tools_4.3.2
[8] generics_0.1.3    parallel_4.3.2    fansi_1.0.4      pkgconfig_2.0.3    checkmate_2.2.0    pryr_0.1.6        assertthat_0.2.1
[15] lifecycle_1.0.3   farver_2.1.1      compiler_4.3.2    rapportools_1.1   munsell_0.5.0      mnormt_2.1.1     repr_1.1.6
[22] codetools_0.2-19 htmltools_0.5.6    yaml_2.3.7       pillar_1.9.0      crayon_1.5.2      MASS_7.3-60       magick_2.8.2
[29] nlme_3.1-163     tidyselect_1.2.0   digest_0.6.33    stringi_1.7.12    reshape2_1.4.4    pander_0.6.5     labeling_0.4.3
[36] fastmap_1.1.1    grid_4.3.2       colorspace_2.1-0  cli_3.6.1        magrittr_2.0.3    base64enc_0.1-3   utf8_1.2.3
[43] withr_2.5.0      scales_1.3.0      jtools_2.2.2     backports_1.4.1   timechange_0.2.0  rmarkdown_2.24    matrixStats_1.2.0
[50] hms_1.1.3        evaluate_0.21    knitr_1.43      tcltk_4.3.2      rlang_1.1.1      Rcpp_1.0.11      glue_1.6.2
[57] pkgload_1.3.2.1   rstudioapi_0.15.0 jsonlite_1.8.7   plyr_1.8.8       R6_2.5.1
```

# Resources

Introduction

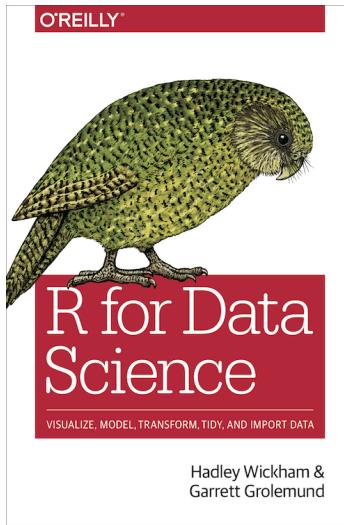
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## Programming in R:

<https://r4ds.had.co.nz/>

## Functions and other concerns:

- check documentation of function / package
- ask the community (e.g. via stackoverflow)

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## Reproducibility:

- use Rprojects, not setwd()
- use RMarkdown
- never load packages or install datasets through the graphical user interface without documenting executed functions in script
- object changes → new object name (we didn't do that)
- use seeds for random parts (e.g. bootstrapping)
- document your environment (be a Pro: use Docker for full reproducability)

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## Readability:

RMarkdown → use headings sub-headings to clarify structure

- structure: packages, data, tidying, analyses
- only keep code that is necessary and works to ensure specificity
- comment throughout

# References

Introduction

Cranford, J. A., Shrout, P. E., Iida, M., Rafaeli, E., Yip, T., & Bolger, N. (2006). A procedure for evaluating sensitivity to within-person change: Can mood measures in diary studies detect change reliably?. *Personality and Social Psychology Bulletin*, 32(7), 917-929.

Getting started

Scott, S.B., Graham-Engeland, J.E., Engeland, C.G. et al. (2015). The Effects of Stress on Cognitive Aging, Physiology and Emotion (ESCAPE) Project. *BMC Psychiatry* 15(146). doi: 10.1186/s12888-015-0497-7

Data Wrangling

Semmer, N. K., Tschan, F., Meier, L. L., Facchin, S., & Jacobshagen, N. (2010). Illegitimate tasks and counterproductive work behavior. *Applied Psychology: An International Review*, 59(1), 70– 96. doi:10.1111/j.1464-0597.2009.00416.x

Descriptive Statistics

Inference Statistics

Resources &  
Best  
Practices