

## Fresh Vegetables List

#### **Bagged or Packaged**

This is a non-exclusive list and is updated on an ongoing basis. Products not on this list that meet the requirements listed in the **WIC Authorized Food List Shopping Guide** are also allowed.

#	UPC	Brand Name	Product Name	Size	Container Cut or Wh	ole	Organic
1	071430003206	Dole	Colorful Coleslaw	48oz	Bag	Cut	No
2	071430008140	Dole	Classic Iceberg	6 oz	Bag	Cut	No
3	071430008195	Dole	Italian Blend	10 oz	Bag	Cut	No
4	071430009079	Dole	European Blend	10 oz	Bag	Cut	No
5	071430009093	Dole	Leafy Romaine	10 oz	Bag	Cut	No
6	071430009338	Dole	American Blend	12 oz	Bag	Cut	No
7	071430009437	Dole	Spring Mix	5 oz	Bag	Cut	No
8	071430009512	Dole	Chopped Romaine	32 oz	Bag	Cut	No
9	071430009543	Dole	Just Lettuce	11 oz	Bag	Cut	No
10	071430009567	Dole	Hearts of Romaine	10 oz	Bag	Cut	No
11	071430009598	Dole	Mediterranean	8 oz	Bag	Cut	No
12	071430009611	Dole	Field Greens	8 oz	Bag	Cut	No
13	071430009642	Dole	Baby Spinach	6 oz	Bag	Cut	No
14	071430009765	Dole	Spinach	9 oz	Bag	Cut	No
15	071430010051	Dole	Very Veggie	12 oz	Bag	Cut	No
16	071430010549	Dole	Sweet Baby Lettuces	5 oz	Bag	Cut	No
17	071430010570	Dole	Seven Letttuces	6 oz	Bag	Cut	No
18	071430010587	Dole	Tender Garden	6 oz	Bag	Cut	No
19	071430010686	Dole	Spring Mix	11 oz	Package	Cut	No
20	071430010709	Dole	Butter Bliss	6 oz	Bag	Cut	No
21	071430010716	Dole	Baby Spinach	11 oz	Package	Cut	No
22	071430010723	Dole	Arugula	5 oz	Bag	Cut	No
23	071430012161	Dole	Broccoli Slaw	12 oz	Bag	Cut	No
24	071430060681	Dole	Baby Garden Blend	5 oz	Package	Cut	No
25	071430060698	Dole	Baby Spinach	5 oz	Package	Cut	No
26	071430060704	Dole	Baby Romaine	5 oz	Package	Cut	No
27	079893106861	Eating Right	Caesar Romaine	10 oz	Bag	Cut	No
28	079893106878	Eating Right	Baby Spinach	6 oz	Bag	Cut	No
29	079893106885	Eating Right	Spring Mix	5 oz	Bag	Cut	No
30	079893106908	Eating Right	Sweet Butter Blend	7 oz	Bag	Cut	No
31	079893106915	Eating Right	European Blend	7 oz	Bag	Cut	No
32	079893107301	Eating Right	Pre-Washed Spinach	8.5 oz	Bag	Cut	No
33	079893107318	Eating Right	Hearts of Romaine	9 oz	Bag	Cut	No
34	079893107325	Eating Right	Veggie Blend	11 oz	Bag	Cut	No
35	071279103006	Fresh Express	Iceberg Garden	6 oz	Bag	Cut	No
36	071279103020	Fresh Express	Iceberg Garden	12 oz	Bag	Cut	No
37	071279104119	Fresh Express	Iceberg Garden	24 oz	Bag	Cut	No
38	071279106014	Fresh Express	Iceberg Garden	48 oz	Bag	Cut	No
39	071279108025	Fresh Express	Double Carrots	12 oz	Bag	Cut	No
40	071279108049	Fresh Express	Green & Crisp	12 oz	Bag	Cut	No

To add product information to this list, follow the instructions on our **Product Submissions** webpage.

It is the responsibility of the submitters to notify CDPH/WIC as soon as possible of all product changes (and the effective date of each change) to any of their products listed in the California WIC Food List Database; examples of product changes include, but are not limited to: package design, container size, ingredients, and/or discontinuance of a product or size. Product change notifications must be made by using the online product submission tools found on the <a href="Product Submissions">Product Submissions</a> webpage to resubmit the product, with a note explaining the change(s).

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#	UPC	Brand Name	Product Name	Size	Container	Cut or Whole	Organic
41	071279108087	Fresh Express	Premium Romaine	9 oz	Bag	Cut	No
42	071279108094	Fresh Express	Lettuce Trio	9 oz	Bag	Cut	No
43	071279123011	Fresh Express	Old Fashioned Cole Slaw	16 oz	Bag	Cut	No
44	071279125015	Fresh Express	Angel Hair Cole Slaw	10 oz	Bag	Cut	No
45	071279132044	Fresh Express	Spinach	9 oz	Bag	Cut	No
46	071279151014	Fresh Express	Shreds	8 oz	Bag	Cut	No
47	071279152004	Fresh Express	Shreds	16 oz	Bag	Cut	No
48	071279211008	Fresh Express	Italian	10 oz	Bag	Cut	No
49	071279212005	Fresh Express	Italian	18 oz	Bag	Cut	No
50	071279221038	Fresh Express	Sweet Butter	6.5 oz	Bag	Cut	No
51	071279222004	Fresh Express	Sweet Butter	11.5 oz	Bag	Cut	No
52	071279231006	Fresh Express	Spring Mix	5 oz	Bag	Cut	No
53	071279232010	Fresh Express	Fancy Greens	7 oz	Bag	Cut	No
54	071279241005	Fresh Express	American	12 oz	Bag	Cut	No
55	071279251011	Fresh Express	5 Lettuce Mix	6 oz	Bag	Cut	No
56	071279251042	Fresh Express	Red Leaf Mix	5 oz	Bag	Cut	No
57	071279261027	Fresh Express	Hearts of Romaine	10 oz	Bag	Cut	No
58	071279261119	Fresh Express	Triple Hearts	8 oz	Bag	Cut	No
59	071279261126	Fresh Express	Leafy Green Romaine	9 oz	Bag	Cut	No
60	071279262017	Fresh Express	Hearts of Romaine	18 oz	Bag	Cut	No
61	071279271002	Fresh Express	Baby Spinach	6 oz	Bag	Cut	No
62	071279271033	Fresh Express	50/50 Mix	5.5 oz	Bag	Cut	No
63	071279271095	Fresh Express	Tender Ruby Reds	4.5 oz	Bag	Cut	No
64	071279271101	Fresh Express	Spring Mix	10 oz	Bag	Cut	No
65	071279271118	Fresh Express	Baby Spinach	12 oz	Bag	Cut	No
66	071279271149	Fresh Express	Sweet Tender Greens	4.5 oz	Bag	Cut	No
67	071279271187	Fresh Express	Sweet & Crunchy	5 oz	Bag	Cut	No
68	071279271194	Fresh Express	Spinach & Arugula	6 oz	Bag	Cut	No
69	071279275024	Fresh Express	Tender Ruby Reds	10 oz	Package	Cut	No
70	071279275031	Fresh Express	Spring Mix	10 oz	Package	Cut	No
71	071279275048	Fresh Express	Baby Spinach	10 oz	Package	Cut	No
72	071279275062	Fresh Express	50/50 Mix	10 oz	Package	Cut	No
73	071279281001	Fresh Express	Veggie Lover's	12 oz	Bag	Cut	No
74	071279290102	Fresh Express	Wild Rocket Zest	4 oz	Bag	Cut	No
75	071279721163	Fresh Express	Organic Hearts of Romaine	12 oz	Bag	Cut	Yes
76	071279780016	Fresh Express	Organic Spring Mix	5 oz	Package	Cut	Yes
77	071279780023	Fresh Express	Organic Baby Spinach	5 oz	Package	Cut	Yes
78	071279780030	Fresh Express	Organic Baby Arugula	5 oz	Package	Cut	Yes
79	071279780054	Fresh Express	Organic Baby Romaine	5 oz	Package	Cut	Yes
80	071279780061	Fresh Express	Organic Baby Italian	5 oz	Package	Cut	Yes

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81	071279785011	Fresh Express	Organic Spring Mix	11 oz	Package	Cut	Yes
82	071279785028	Fresh Express	Organic Baby Spinach	11 oz	Package	Cut	Yes
83	071279785042	Fresh Express	Organic Spring Mix	16 oz	Package	Cut	Yes
84	071279785059	Fresh Express	Organic Baby Spinach	16 oz	Package	Cut	Yes
85	071279785066	Fresh Express	Organic Baby Romaine	16 oz	Package	Cut	Yes
86	071279785073	Fresh Express	Organic 50/50 Mix	16 oz	Package	Cut	Yes
87	071279785110	Fresh Express	Organic Baby Sweet Lettuce	16 oz	Package	Cut	Yes
88	036800166738	Full Circle	Broccoli Florets	9 oz	Bag	Cut	Yes
89	036800166745	Full Circle	Vegetable Medley	9 oz	Bag	Cut	Yes
90	036800166769	Full Circle	Broccoli & Carrots	9 oz	Bag	Cut	Yes
91	036800166776	Full Circle	Broccoli Slaw	9 oz	Bag	Cut	Yes

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