



MoodSphere

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Logo





About MoodSphere

MoodSphere is an app dedicated in providing free, easy to access mental assessments by the power of AI and game development.



Our UI

Brainstorm >>



***"MoodSphere is to help
you increase your positive
thinking while you're
storing healthy
affirmations inside your
head."***



"What is your name?"

Say here...



"What is your email?"

Say here...



"What is your password?"

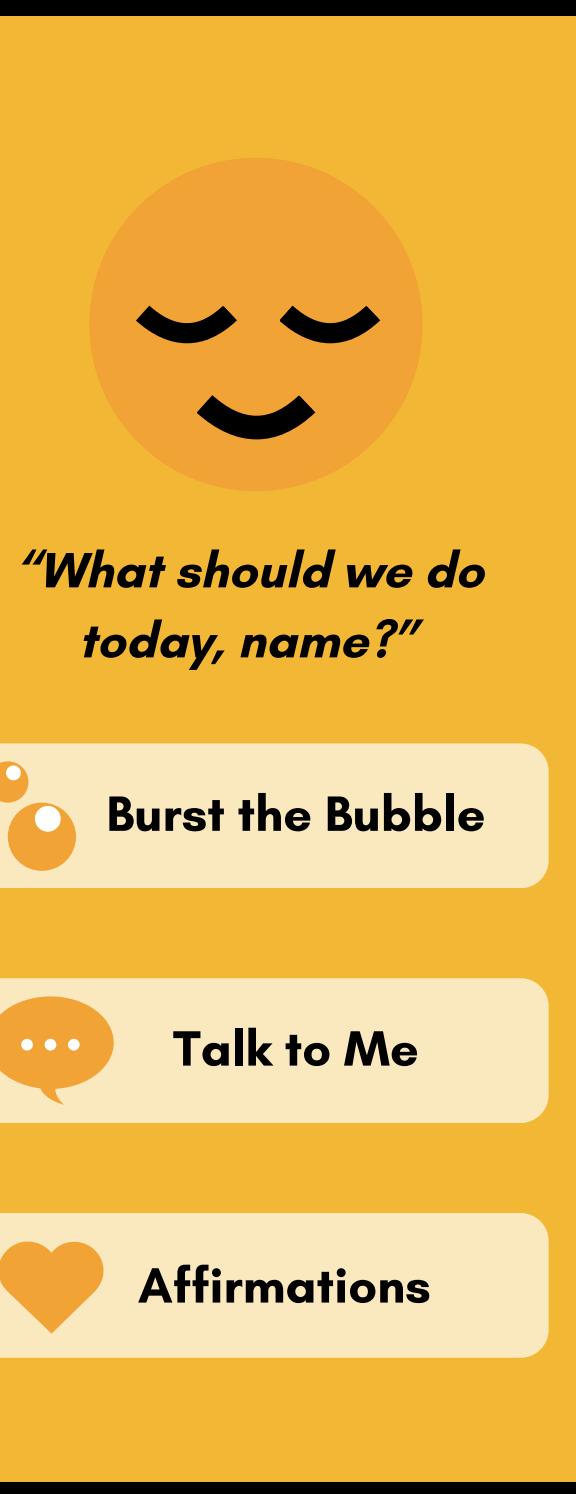
Say here...

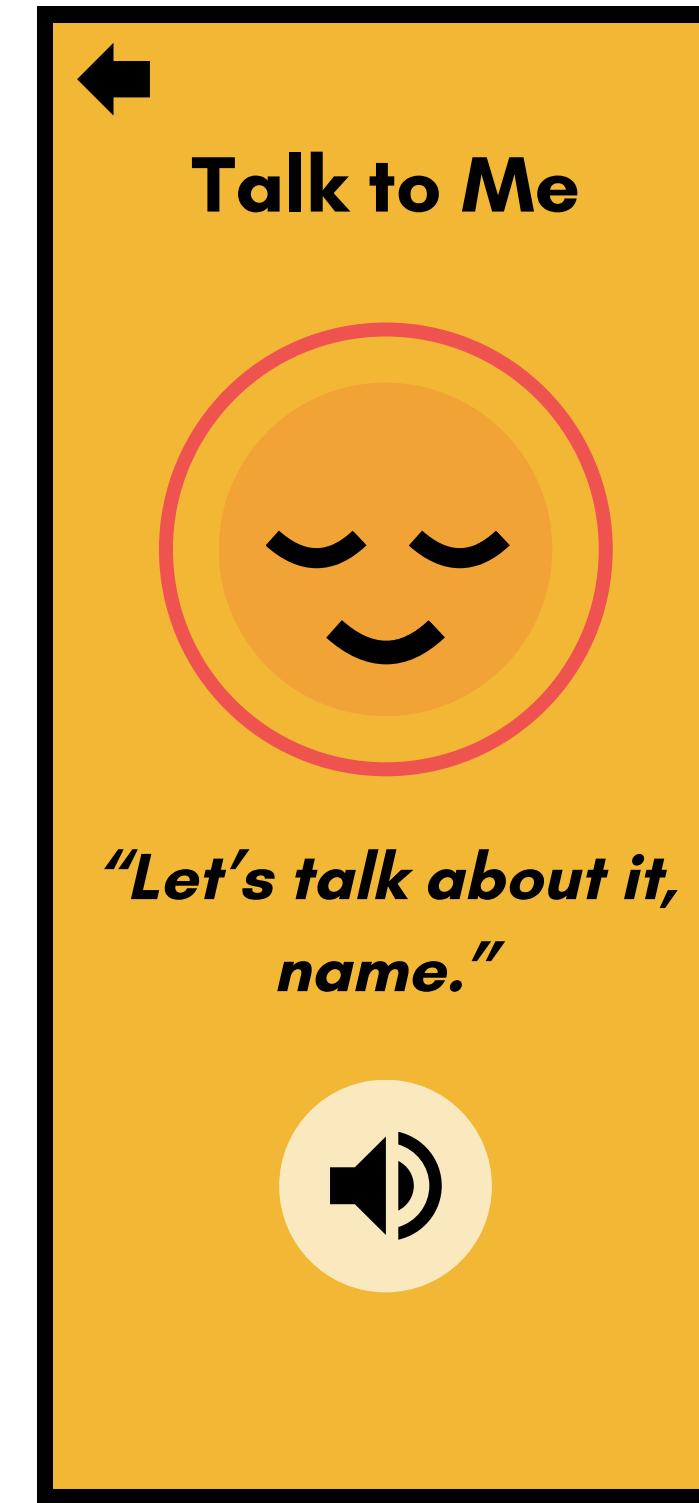
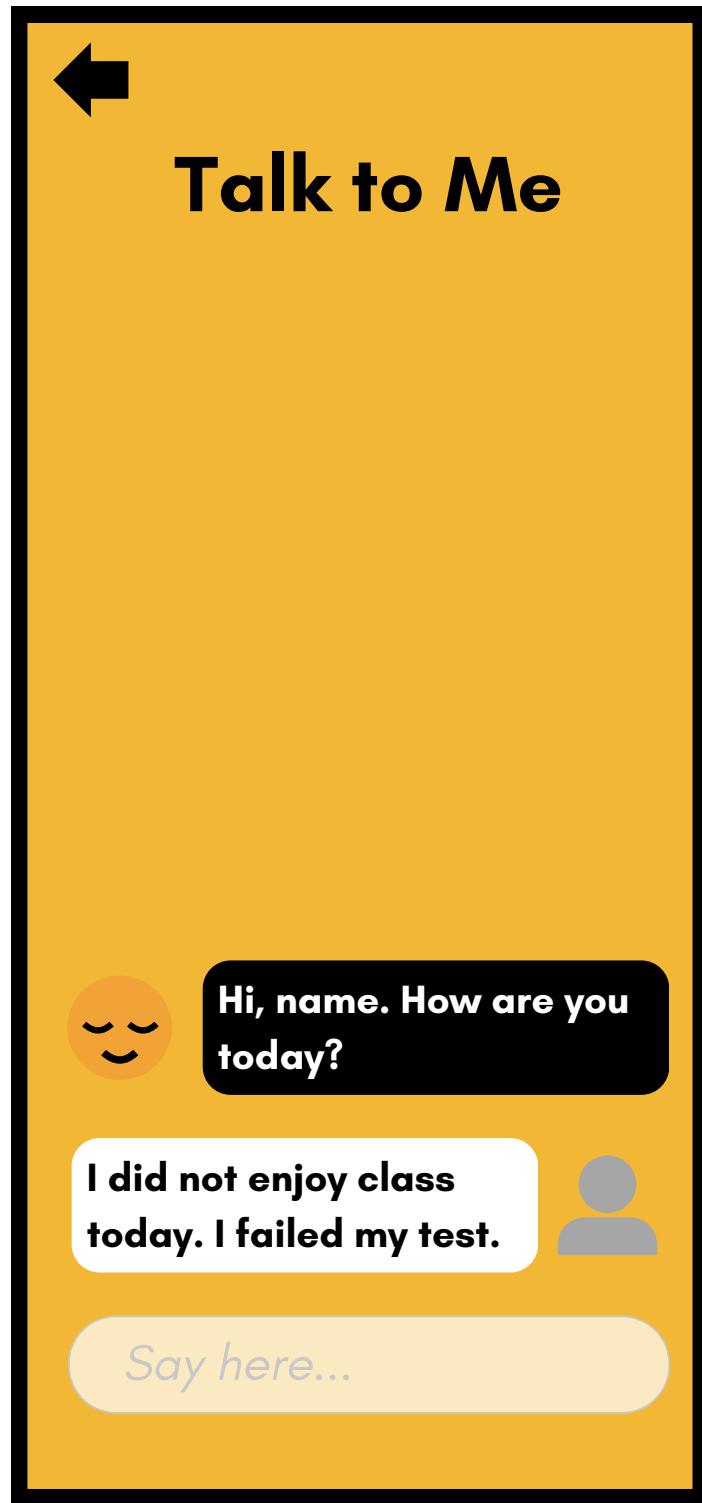
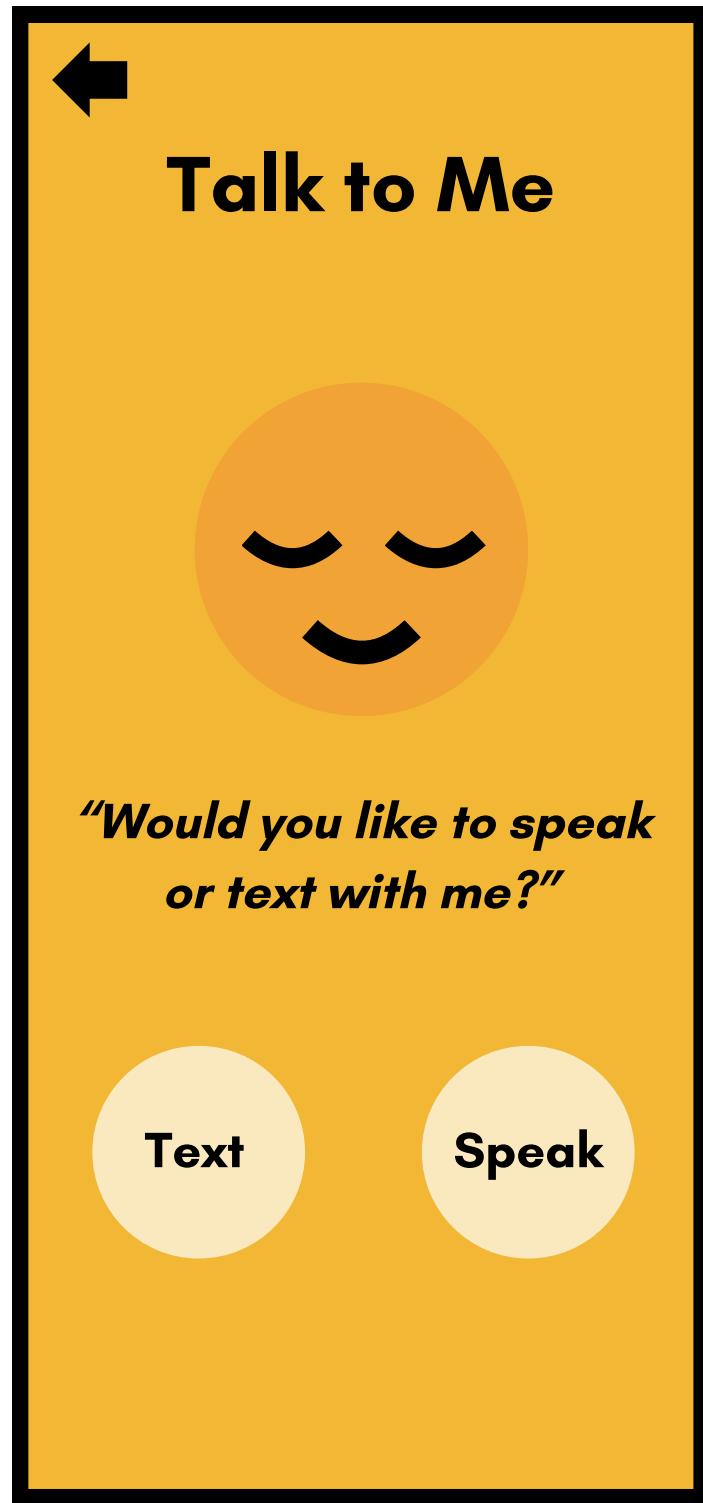


***"Nice to meet you,
name."***

**The app has a
personalised
greeting system
to make you
comfortable with
the application**

**We give you
multiple options
to be mindful
and more in
touch with
yourself.**

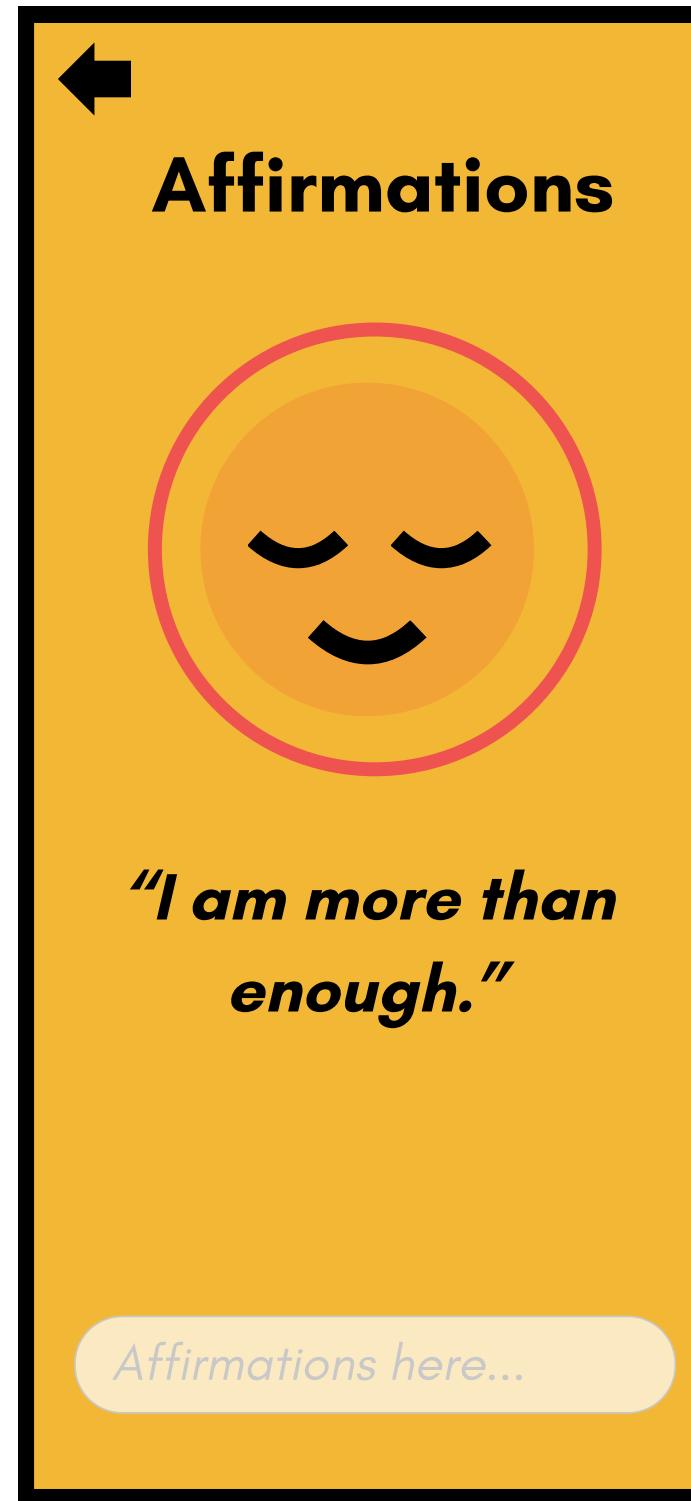




**red ring appears when
AI is talking to user**

Talk to Me

This feature allows you to have a naturally flowing conversation with the AI to put your mind at ease during difficult times. The AI will listen to you, suggest coping strategies when needed but most importantly, be a companion to you.



Affirmations

We all know the power of affirmations. Our app helps you reaffirm yourself by saying the affirmations you tell aloud so that you can hear those affirmations and instill them in your mind. This feature makes use of the power of sound on our minds because what we hear is what we believe!

the AI will read out your affirmations using text to speech



Burst the Bubble

*I hate myself for
making a C on
that test.*

Thoughts here...

**Users pops the negative
thought away... (visual
and audio popping
occurs)**



Burst the Bubble

*I actually
enjoyed my
day this time.*

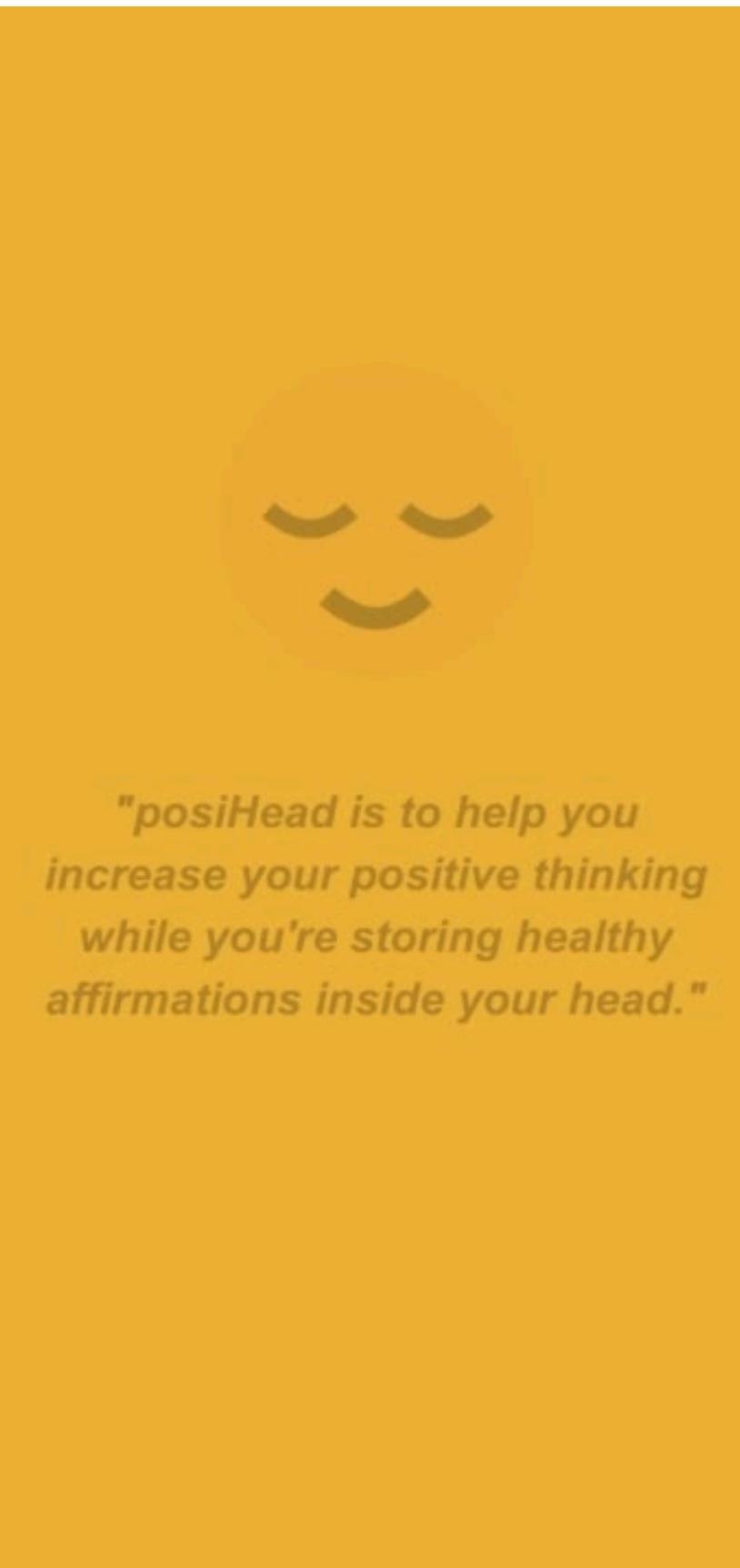
Thoughts here...

**User hears a ding noise
since this is a positive
thought... continues to the
next thought entered...**

Burst the Bubble

This is the place to burst your negativity away! Here, you can express your thoughts and feelings and our AI will help you let go of the negativity. Once you type your thought, the AI will give you the opportunity to burst the thought bubble if it's a negative thought or it will reward you by framing your thought if it's positive. This will promote positivity in your mind while decreasing the negativity and making your mental health awesome!

App Testing



"posiHead is to help you increase your positive thinking while you're storing healthy affirmations inside your head."

Mobile App Testing

Web App Testing



Future of MoodSphere

As with every innovation, we can always do better! Some ideas we would like to improve on and incorporate are:

- Training our chatbot AI with CBT data to incorporate CBT strategies in its responses.**
- Incorporate AI in the Affirmations feature to help the user come up with positive thoughts based on their recent activity.**
- Improve the UI and UX of the app.**
- Use a database to track the user's mental health.**
- Add a CBT quiz element to help the user learn about common thought patterns.**

only appears if a negative thought was entered

