1 Introduction

As experimental research into quantum information, condensed matter, and nuclear physics continues to reach new levels of precision, progress in developing theoretical predictions in these fields is hindered by a fundamental flaw: in strong coupling regimes, the perturbative methods that underpin theories such as Quantum Electrodynamics become invalid. This is because such systems are highly nonlinear. While some progress is possible by employing numerical schemes such as lattice approximations, analytical results are beyond our current mathematical understanding. It was not until a result derived from string theory – and hinted at by studies of emergent gravity in gauge theories – was developed that strongly coupled phases of matter could be investigated analytically. By considering different coupling limits of a single string theory, a holographic description between strongly-coupled gauge theories and weakly-coupled gravitational theories in one higher dimension was established. Since its inception, this duality has been further developed into a dictionary that relates the fields in the gravitational theory to operators in the gauge theory. The Anti-de Sitter/Conformal Field Theory (AdS/CFT) correspondence allows strongly-coupled quantum processes to be reliably examined via geometric quantities in the dual theory. This duality has become a standard tool for theoretical physicists studying all kinds of dynamic processes in quantum theories; in particular, the out-of-equilibrium dynamics of quantum theories at strong coupling.

The goal of this thesis is to leverage the AdS/CFT correspondence to study the dynamics of strongly coupled quantum theories through their dual description as a weakly coupled gravitational theory. To do so, we focus on minimally coupled scalar fields in Einstein-Hilbert gravity on AdS backgrounds. Existing entries in the gauge/gravity dictionary will motivate the systems that are considered, and existing literature will point to areas within the topic that have yet to be explored. Both numerical and analytical methods will be employed to study the nonlinear stability of the theory. We will see that gravitational collapse in the bulk theory signals a phase transition in the dual gauge theory, and so examining the dynamics of the collapse is tantamount to understanding time dependent processes in the boundary theory.

This thesis contains three manuscripts that either have been, or are about to be, submitted for publication. In chapter $\ref{eq:content}$, we examine the limits of the nonlinear stability of AdS_5 by examining the range of behaviours exhibited by differing initial data with static boundary conditions. Next, in chapter $\ref{eq:content}$, we expand upon solutions to the perturbative theory that capture the weakly turbulent dynamics involved in the collapse process. We focus on determining the stability of solutions to the leading nonlinear contributions to the perturbative theory, known as quasi-periodic solutions. We then evolve these solutions in the perturbative framework and evaluate their longevity beyond the perturbative time scale. Finally, in chapter $\ref{eq:content}$? we consider the addition of a time-dependent source term on the conformal boundary of the gravitational theory, and derive the renormalization

flow equations for the first non-trivial order in the small-amplitude expansion. A discussion of the results follows in chapter ??.

However, before utilizing the correspondence to study any particular process, we first review the main tenet of the gauge/gravity duality and it's consequences in chapter 1. Namely, that there exists a fundamental relationship between a conformal field theory in d-dimensions and a negative-curvature gravitational theory in (d+1)-dimensions.

1.1 The AdS/CFT Correspondence

The AdS/CFT correspondence was first established by [?], who studied two limits of type IIb string theory and found that the low-energy states in either limit described either a supergravity theory with a negative cosmological constant, or a superconformal quantum field theory living on the boundary of the gravity theory. Although this correspondence was originally conjectured from the point of view of string theory, more modern reviews of the duality rely less on the specifics of the string theory and instead develop a gravitational theory from the strong coupling limit of a gauge theory; see [?] for a review. We will use this paradigm to heuristically motivate the duality, as well as introduce relevant relationships between quantities in either theory.

1.1.1 Extra Dimensions In Gauge Theories

Although [?] was the first to establish explicitly a correspondence between a gravitational theory in (d+1)-dimensional AdS and a conformal field theory in d-dimensions, the concept of a holographic relationship between a gauge theory and a gravitational theory in one higher dimension was conjectured earlier by [?] and [?] from the point of view of the field theory.

For most gauge theories, there is a running of the coupling that dictates the evolution of the couplings with energy. Therefore, the physics of the theory is local with respect to an extra dimension, the energy. However, since many gauge theories suffer UV divergences at large energies, the size of the extra dimension may be limited. In contrast, supersymmetric theories have vanishing beta functions; therefore, there is no running of the coupling. In this case, the energy scale is arbitrary and the extra dimension of the theory has no bound.

The vanishing of the beta function also indicates that the conformal invariance of the theory is unbroken; conformal invariance requires (among other things) that the theory remain invariant under rigid scale transformations $x^{\mu} \to \ell x^{\mu}$. Interpreting the energy scale as an extra dimension, r, we require it to transform as $r \to r/\ell$. The most generic metric that also obeys Poincaré plus scale symmetries is

$$ds^{2} = \frac{\ell^{2}}{z^{2}} \left(\eta_{\mu\nu} dx^{\mu} dx^{\nu} + dz^{2} \right) , \qquad (1.1)$$

where $z = \ell^2/r$. This is precisely the metric for AdS₅ with characteristic length ℓ .

More than being a broad generalization, the gauge/gravity correspondence is in fact a much deeper and more specific relationship. The derivation of the duality is thoroughly covered from the full string theory perspective in, among others, [?,?,?,?]. For now, let us establish the duality that will be most applicable to us: the duality between type IIb supergravity on conformal $AdS_5 \times S^5$ and $\mathcal{N}=4$ supersymmetric Yang-Mills theory in (3+1)-dimensions.

1.1.2 The $AdS_5 \times S^5$ Duality

Consider a stack of N coincident D3-branes in type IIb string theory (ten Minkowski dimensions), each of which couple to gravity with strength g_s . At weak coupling, $g_sN \ll 1$, there are closed string states as well as open strings that end on the branes and have an SU(N) super-Yang-Mills effective action. At strong coupling, however, the branes curve the background and source an extremal black-brane geometry [?], whose metric is

$$ds^{2} = f(r)^{-1/2} \eta_{\mu\nu} dx^{\mu} dx^{\nu} + f(r)^{1/2} \left(dr^{2} + r^{2} d\Omega_{5}^{2} \right) \quad \text{with} \quad f(r) = 1 + \frac{4\pi g_{s} N \ell_{s}^{4}}{r^{4}}, \tag{1.2}$$

where the x^{μ} span the worldvolume of the D3-branes and $d\Omega_5^2$ is the metric of the unit 5-sphere.

Now we take the low-energy limit of the theories at either coupling limit. At weak coupling, the open strings decouple from the closed strings, resulting in an SU(N) super-Yang-Mills gauge theory on the brane worldvolume. In the $g_s N \gg 1$ case, the low-energy limit corresponds to the near-horizon limit, $r \to 0$. In this limit, the 10D metric factors into the product $AdS_5 \times S^5$ (cf. the near-horizon limit of an extremal Reissner-Nordstrøm black hole in d=4 [?]). To see this, we define $\ell \equiv (4\pi g_s N)^{1/4} \ell_s$, so that $f^{1/2}(r) \to \ell^2/r^2$ in the near-horizon limit and (1.2) becomes

$$ds^{2} = \frac{r^{2}}{\ell^{2}} \eta_{\mu\nu} dx^{\mu} dx^{\nu} + \frac{\ell^{2}}{r^{2}} dr^{2} + \ell^{2} d\Omega_{5}^{2}.$$
(1.3)

Note that the branes are now located at the bottom of the infinite throat. Any states near the horizon will be redshifted to low energies and any states in the asymptotic region will decouple from states near the black branes; all that remains are closed string states, i.e. supergravity, on an asymptotically AdS_5 background. This motivates the duality we will examine in detail: the one between scalar fields in $AdS_5 \times S^5$ and a supersymmetric SU(N) Yang-Mills gauge theory on the boundary of AdS_5 .

Given that we now know what string theory we are working with, we can more directly relate the dimensionless parameters of the string theory (i.e. the string coupling g_s and AdS scale in string units, ℓ/ℓ_s) to the dimensionless parameters of the CFT (i.e. the Yang-Mills coupling g_{YM} and colour number N). By examining the D3-brane Lagrangian, we are able to relate g_{YM} and g_s through $4\pi g_s = g_{YM}^2$. Altogether,

$$4\pi g_s = g_{YM}^2 \sim \frac{\lambda}{N} \text{ and } \frac{\ell}{\ell_s} = (4\pi g_s N)^{1/4} \sim \lambda^{1/4},$$
 (1.4)

where λ is the 't Hooft coupling $\lambda \equiv g_s N = g_{YM}^2 N$, and ℓ_s is the string length. To remove stringy corrections to the geometry, $\ell/\ell_s \gg 1$ so that the AdS length is much larger than the string length. Furthermore, string interactions are suppressed when $g_s \ll 1$. Thus, the bulk theory approaches classical Einstein-Hilbert gravity when $N \gg \lambda \gg 1$.

By considering other superstring models, such as M-theory (eleven Minkowski dimensions), we are able to establish similar dualities between gravitational and conformal field theories. In particular, the M-theory¹ equivalent of D2-branes, M2-branes, are used – along with corresponding coupling limits – to establish a duality between a gravitational bulk theory on $AdS_4 \times S^7$ and a CFT on $\mathbb{R} \times S^2$ [?]. In fact, many such dualities can be constructed through applying different compactifications and/or sources in the extra dimensions, each of which describes a different type of CFTs on the boundary. For a review of other types of holographic constructions, see e.g. [?,?].

1.2 The Gauge/Gravity Dictionary

With the existence of the duality now motivated, we turn to what can be directly related through the correspondence. In particular, we wish to establish what physical quantities in either theory can be related through the AdS/CFT correspondence. In fact, many such relations arose from efforts to find counterexamples to the correspondence in the hopes of disproving it. Instead, each attempt confirmed the AdS/CFT correspondence and became an entry in the so-called dictionary. Here we will provide a few example cases to motivate how quantities on either side of the correspondence can be related.

Symmetries

Consider the symmetries present in the $AdS_5 \times S^5$ bulk theory. A (p+2)-dimensional Anti-de Sitter space can be presented by the hyperboloid $X_0^2 + X_{p+2}^2 - \sum_{i=1}^{p+1} X_i^2 = R^2$ in a (p+3)-dimensional space with the metric

$$ds^{2} = -dX_{0}^{2} - dX_{p+2}^{2} + \sum_{i=1}^{p+1} dX_{i}^{2}.$$
 (1.5)

The choice of $X_0 = R \cosh \rho \cos \tau$, $X_{p+2} = R \cosh \rho \sin \tau$, and $X_i = R \sinh \rho \Omega_i$ with i = 1, ..., p+1, $0 \le \rho$, $0 \le \tau \le 2\pi$, and $\sum_i \Omega_i = 1$ covers the hyperboloid exactly once, and is known as global coordinates. In these coordinates, the metric on AdS_{p+2} is

$$ds^{2} = R^{2} \left(-\cosh^{2} \rho \ d\tau^{2} + d\rho^{2} + \sinh^{2} \rho \ d\Omega^{2} \right). \tag{1.6}$$

A common coordinate redefinition of $\tan x = \sinh \rho$ maps spatial infinity to $x = \pi/2$, and allows (??) to be written as

$$ds^{2} = \frac{R^{2}}{\cos^{2} x} \left(-d\tau^{2} + dx^{2} + \sin^{2} x \ d\Omega^{2} \right). \tag{1.7}$$

Another common parameterization of AdS is a set of coordinates that cover half of the hyperboloid (1.5), known as Poincaré coordinates. These set $X_0 = (1 + u^2(R^2 + \vec{x}^2 - t^2))/2u$, $X_{p+2} = Rut$, $X^{p+1} = (1 - u^2(R^2 - \vec{x}^2 + t^2))/2u$, and $X^i = Rux^i$, with $i = 1, \ldots, p$, 0 < u, and $\vec{x} \in \mathbb{R}^p$. Thus, the metric of AdS_{p+2} in the Poincaré patch description is

$$ds^{2} = R^{2} \left(\frac{d^{2}u}{u^{2}} + u^{2} (-dt^{2} + d\vec{x}^{2}) \right).$$
 (1.8)

¹M-theory is a superstring theory that can be mapped to the other major, ten-dimensional superstring theories through choices of compactifications and length/coupling dualities [?].

AdS_{p+2} has the isometry SO(2, p+1), and is homogeneous and isotropic [?]. The global coordinate representation helps us to interpret the maximal compact subgroup of SO(2, p+1), $SO(2) \times SO(p+1)$, as constant translations in τ plus rotations of S^p. Likewise, the Poincaré coordinates describe the symmetries of AdS in terms of the Poincaré transformation on (t, \vec{x}) plus the dilatation transformation $(t, \vec{x}, u) \to (ct, c\vec{x}, c^{-1}u)$ for u > 0.

In particular, a bulk theory on $AdS_5 \times S^5$ has $SO(2,4) \times SO(6)$ symmetry. The gauge theory on the boundary of this space has an SO(2,4) isometry from its conformal invariance (Poincaré plus scale and special conformal transformations), as well as $SU(4) \simeq SO(6)$ R-symmetry that relates the six scalar fields and four fermions of the theory [?]. Therefore, the spatial isometries of the bulk space are interpreted as global symmetries of the boundary theory. Additionally, the supersymmetries inherent in the original type IIB superstring theory remain unbroken by the strong/weak coupling limits. Hence, the gauge/gravity correspondence conserves the symmetries of both theories.

Observables

Besides matching symmetry groups and relating dimensionless parameters, the AdS/CFT correspondence is able to produce more physically relevant relationships involving observables in either theory. One such concrete example comes from relating the asymptotic behaviour of bulk fields to the expectation values of operators in the boundary theory: a bulk field in Poincaré AdS with metric (1.1) has leading-order value $\phi^{(0)}$ as $z \to 0$ (i.e. as the conformal boundary is approached) and acts as a source for an operator \mathcal{O} on the boundary. Furthermore, by examining the next-to-leading order contribution to the bulk field, $\phi^{(1)}$, it can be shown that the expectation value of the operator is given by $\langle \mathcal{O} \rangle \propto \phi^{(1)}$ [?]. In § 1.2.1, we use the gauge/gravity duality to calculate the mass dimension of the boundary operator \mathcal{O} .

Another such example is the quark anti-quark potential in the boundary theory. In the gauge theory, this can be calculated via the Wilson loop $W(\mathcal{C})$, where \mathcal{C} is the closed loop connecting the quark worldlines. The bulk interpretation of the Wilson loop is the extremized proper area of a string worldsheet anchored on \mathcal{C} and extending into z > 0 [?].

Entanglement Entropy

A significant utilization of the gauge/gravity duality comes from its unique ability to relate quantum characteristics of the gauge theory to geometric ones in the bulk. Among the most quantum of all characteristics is the spatial distribution of quantum correlations within a system, given by the entanglement entropy. For a given subsystem \mathcal{M} of a local field theory with reduced density matrix $\rho_{\mathcal{M}}$, the entanglement entropy is given by the Von Neumann entropy $S_{\mathcal{M}} = -\text{Tr}\rho_{\mathcal{M}} \ln \rho_{\mathcal{M}}$. In practice, \mathcal{M} is a spatial region that is bounded by the entangling surface $\partial \mathcal{M}$.

In the strong coupling limit, calculating the entanglement entropy can be prohibitively difficult. However, using the AdS/CFT correspondence it has been shown that $S_{\mathcal{M}}$ is given by a quarter of the area of the minimal surface at constant time in the bulk that is anchored on $\partial \mathcal{M}$ [?]. Further properties of the entanglement entropy were subsequently shown to also have dual geometric descriptions in the bulk [?].

Partition Functions

Since the underpinning of the AdS/CFT correspondence is taking different limits of the same theory, it is natural that the partition functions of either limit must still agree. We have already seen in

§ 1.1.2 that the weak coupling limit of the type IIb string theory is supergravity (SUGRA) in the bulk, while the strong coupling limit gives a supersymmetric (SUSY) Yang-Mills gauge theory on the boundary. The gauge/gravity duality allows us to relate the two limits of the partition function:

$$e^{-S_{SUGRA}} \approx Z_{string} \simeq Z_{gauge} = e^{-W_{SUSY}},$$
 (1.9)

where W is the generating functional for connected Green's functions in the gauge theory.

Consider a bulk field $\phi(\vec{x}, z)$ with boundary value $\phi(\vec{x}, z = 0) = \phi_0(\vec{x})$. We then solve the bulk equations of motion away from the boundary (i.e. $z > \epsilon$) subject to Dirichlet boundary conditions. The leading term in the epsilon expansion of the bulk field is $\phi(\vec{x}, z = \epsilon) \sim \phi_0(\vec{x})$. By definition, S_{SUGRA} is extremized by this solution and so (1.6) becomes [?,?]

$$\lim_{\epsilon \to 0} \left(S_{SUGRA} \left[\phi(\vec{x}, z) \right] \right) \Big|_{\phi(\vec{x}, \epsilon) \to \phi_0(\vec{x})} \simeq \left\langle \int d^d x \, \phi_0(\vec{x}) \mathcal{O}(\vec{x}) \right\rangle_{CFT}. \tag{1.10}$$

We will see that bulk scalar fields play an important role in the dual description of the thermalization of a CFT, as well as being a useful tool to study the nonlinear stability of AdS itself. Another important ingredient of the AdS/CFT correspondence was first mentioned in $\S 1.1.2$: black holes. As discussed previously, the weak coupling limit of the N D3-branes produced an extremal blackbrane geometry given by (1.3), which is the Poincaré patch description of AdS. Since the interaction cross-section of the branes with low-energy states in the bulk shrinks to zero, the effective geometry for these states is Anti-de Sitter. When discussing black holes in the AdS/CFT correspondence, we are referring to black holes embedded within an AdS geometry.

The connection between black hole physics and thermodynamics was noted by [?], and has been thoroughly examined since then. For a review of the thermodynamic properties of black holes, see [?,?,?,?]. It suffices for our purposes to highlight a few key features of the thermodynamic properties of black holes, and thereby motivate a correspondence between black holes in the bulk theory and a gauge theory in thermal equilibrium on the boundary.

By considering quantum effects near the event horizon [?], it can be shown that black holes emit particles whose thermal spectrum is equivalent to a black body of temperature [?]

$$T_H = \frac{(\ell^2 + 2r_H^2)}{2\pi r_H \ell^2} \,, \tag{1.11}$$

where r_H is the size of the event horizon. When the black hole is placed in a geometry with a conformal boundary, it will be in thermal equilibrium with its Hawking radiation, and a stationary observer at asymptotic infinity will observe a black body spectrum corresponding to the temperature T_H [?]. In the asymptotically flat limit (which we are concerned with) $\ell \gg r_H$ and $T_H \simeq 1/2\pi r_H$.

Now consider the partition function for a 4D thermal system in contact with a heat reservoir at temperature β^{-1} . The quantum partition function involves the trace over the eigenvectors of the Hamiltonian,

$$Z = \operatorname{Tr} e^{-\beta H} = \int dq \langle q | \exp(-\beta H) | q \rangle.$$
 (1.12)

The trace vanishes by orthogonality of states except when the states have periodicity such that $q(0) = q(\beta)$. It then reduces to a sum over over only the periodic states [?]

$$\operatorname{Tr} e^{-\beta H} = \int dq \int_{q'(0)=q}^{q'(\beta)=q} [dq'] e^{-S_E[q']} = \int [dq]_P e^{-S_E[q]}, \qquad (1.13)$$

where S_E is the Euclidean action. Equivalently, we may sum over all states but impose the periodicity condition $\tau \sim \tau + \beta$.

Since this system lives on the 4-dimensional boundary of AdS_5 , it shares its time coordinate with the black hole solution in the bulk. It can be shown that the metric of a Schwarzschild-AdS black hole in the near-horizon limit requires the Euclidean time τ to be periodically identified by $\tau \sim \tau + 2\pi r_H$ to avoid a conical singularity at $r = r_H$ [?]. By matching the conditions on τ from the bulk and boundary theories, we can see that

black hole:
$$\tau \sim \tau + 2\pi r_H$$
 $\Rightarrow T \sim 1/2\pi r_H$. (1.14)

Therefore, the temperature of the thermalized CFT is equal to the Hawking temperature of the black hole.

A non-trivial check of this duality comes from a comparison of the entropies of the two systems. In the bulk, the Bekenstein-Hawking relationship relates the entropy of a 5D black hole to the surface area of the horizon [?]

$$S_{BH} = \frac{A}{4G^{(5)}} \sim \frac{r_+^3 \ell^5}{g_s^2 \ell_s^8} \sim \frac{T_H^3 \ell^{11}}{g_s^2 \ell_s^8} \sim N^2 T_H^3 \ell^3, \qquad (1.15)$$

where we have used the fact that the gravitational constant scales with dimension as $G^{(d)} \sim g_s^2 \ell_s^{d-2}$ as well as (1.4). On the other hand, the entropy of a 4D gauge theory with temperature T_H in the limit of weak coupling² is

$$S_{YM} \sim N^2 T_H^3 \ell^3 \,.$$
 (1.16)

This agreement shows that the gauge theory possesses enough states to match the entropy of black holes in AdS_5 .

1.3 Gravitational Collapse of Scalar Fields

The picture thus far is this: using the AdS/CFT correspondence, we are able to study strongly-coupled gauge theories through their holographic dual, which is a gravitational theory in Anti-de Sitter space with a conformal boundary. We have also seen that black hole solutions in the bulk correspond to thermal states in the boundary theory, and were able to derive the equilibrium

²In the strong coupling limit, the Yang-Mills degrees of freedom are interacting and the entropy calculation is not straightforward. However, the weak coupling limit can be smoothly interpolated to the strong coupling limit via a numerical factor that does not affect our comparison [?].

temperature of the thermal system by examining the Hawking temperature of the black hole. These results are all to do with static systems; given a black hole solution, we know the CFT is in a thermal state. But what about the dynamics of the thermalization?

In §1.2.1, we will see that scalar field solutions in the bulk are related to operators on the boundary. Therefore, whatever dynamical process occurs in the gravitational theory will be felt by the gauge theory through the field/operator correspondence, and vice versa. It is this process that allows us to model the thermalization of a strongly-coupled theory. Under an initial energy perturbation (dual to a localized scalar field with initial momentum in the bulk) of the CFT, we can use conventional general relativity in the bulk theory to solve for the equilibrium state. If we find that a black hole forms, then we know that the CFT is in a thermal state.

Consider some gauge theory initially in an out-of-equilibrium state. The subsequent evolution of such a quantum system is called a quench. Quenches can result in thermal states, meta-stable configurations, or may never equilibriate. Using various nonlocal holographic probes, such as entanglement entropy, the phase space trajectory of the quench can be explored. For example, the implosion of a spherical shell of matter is used to study quenches in confined gauge theories. The radial position of the shell in the bulk acts as a scale to measure the typical separation of entangled excitations. As the shell falls towards x = 0, one of two things can happen: if the shell has a high enough mass density, a black hole forms which signals the thermalization of the gauge theory; if the shell does not collapse, it can scatter off itself and begin expanding. Once the shell reaches the AdS boundary, the matter is reflected (under appropriate boundary conditions) and begins the infall again. This cycle of bounces is the holographic dual of so-called revivals in the quantum theory [?,?], and has been used to help explain results from cold atom experiments [?,?].

1.3.1 Quenches

Calculations of nonlocal quantities in the confined phase of a gauge theory are often not possible due to the strongly-coupled nature of the interactions. However, using the AdS/CFT correspondence, we can analyze the dynamics of the quantum theory by examining the evolution of a scalar field in the dual bulk theory. To study quantum quenches that start from coherent states, one begins with a minimally-coupled scalar field. The negative curvature of AdS allows for states that do not immediately thermalize to oscillate around the minimum of an effective potential, undergoing repeated gravitational focusing with each oscillation. Therefore, unlike in asymptotically flat space, thermalizations can occur at long times with respect to the light crossing time.

Holographic thermalization [?].

Holographic quenches and revivals can also be used to confirm non-holographic results, such as the study of free, spinless Majorana fermions bound as pairs in meson excitations [?]. Finally, we may wish to investigate the evolution of one thermal state into another, such as evolving from a non-hairy black hole in AdS to a hairy black hole – a process equivalent to the spontaneous breaking of a discrete symmetry [?]. The focus of the work in this thesis will be on quenches in particular. Let us now establish the particulars of the gravitational dual to a coherent state in the boundary CFT.

1.3.2 Scalar Fields in Holographic AdS_{d+1}

To determine the solution for a massive scalar field $\phi(\vec{x}, z)$ in AdS_{d+1} space, we begin with the bulk action for the free field

$$S[\phi] = -\frac{G^{(d+1)}}{2} \int d^{d+1}x \sqrt{g} \left(g^{AB} \partial_A \phi \partial_B \phi + m^2 \phi^2 + \ldots \right) , \qquad (1.17)$$

where $G^{(d+1)}$ is the (d+1)-dimensional Newton's constant. Note that any higher-order terms in ϕ have been suppressed. When integrating (1.8) by parts we must be careful to retain any surface terms since they will not go to zero like the flat-space case. With this is mind, we find that

$$S[\phi] = -\frac{G^{(d+1)}}{2} \int d^{d+1}x \sqrt{g} \,\phi \left(-\Box + m^2\right) \phi - \frac{G^{(d+1)}}{2} \int_{\partial AdS} d^d x \sqrt{\gamma} \,g^{zB} \phi \,\partial_B \phi \,, \tag{1.18}$$

with $\Box \phi = g^{-1/2} \partial_A (\sqrt{g} g^{AB} \partial_B) \phi$ and γ equal to the induced metric on the boundary.

To study the boundary behaviour of the field in empty AdS, we first choose Poinaré patch coordinates and use the metric in (1.1). Taking $\phi(\vec{x}, z)$ to be of the form $\phi(\vec{x}, z) = \exp(ik_{\mu}x^{\mu})f_k(z)$, the wave equation becomes

$$0 = \frac{1}{\ell^2} \left(z^2 k^2 - z^d \partial_z (z^{-d} \partial_z) + m^2 \ell^2 \right) f_k(z). \tag{1.19}$$

The solutions to (1.10) are Bessel functions. To motivate two additional entries in the AdS/CFT dictionary, it suffices to examine only their behaviour as we approach the conformal boundary at z = 0. Near this boundary, the solutions scale like a power law in z, and substituting $f_k(z) \propto z^{\Delta}$ into the equation above gives

$$0 = (k^2 z^2 - \Delta(\Delta - d) + m^2 \ell^2) z^{\Delta}.$$
 (1.20)

Or, in the limit $z \to 0$,

$$m^2 \ell^2 = \Delta(\Delta - d)$$
 \Rightarrow $\Delta^{\pm} = \frac{d}{2} \pm \sqrt{\frac{d^2}{4} + m^2 \ell^2}$. (1.21)

N.B. requiring that the energy of the scalar field be real means that the factor inside the square root of (1.12) is either positive or zero. The mass-squared must then be $m^2\ell^2 \ge -d^2/4$, which is known as the Breitenlohner-Freedman bound [?].

Of the two values permitted by (1.12), Δ^+ remains positive for all dimensions and therefore the solution z^{Δ^+} scales appropriately as $z \to 0$. However, the z^{Δ^-} solution may cause the scalar field to diverge at the boundary. To avoid this, we modify the boundary condition for $\phi(\vec{x}, z = 0)$ to be

$$\phi(\vec{x}, z = 0) = \lim_{\epsilon \to 0} \phi(\vec{x}, z = \epsilon) = \lim_{\epsilon \to 0} \epsilon^{\Delta^{-}} \phi_0(\vec{x}), \qquad (1.22)$$

where $\phi_0(\vec{x})$ is the renormalizable field on the boundary.

We can use (1.13) to motivate the scaling dimension of $\mathcal{O}(\vec{x})$, which tells us how relevant that operator remains with renormalization group flow. First, note that the induced metric in (1.9) is

$$ds^{2}\Big|_{z=\epsilon} = \frac{\ell^{2}}{\epsilon^{2}} \eta_{\mu\nu} dx^{\mu} dx^{\nu} = \gamma_{\mu\nu} dx^{\mu} dx^{\nu} , \qquad (1.23)$$

and that the coupling between the field and the operator given in (1.7) is more correctly written in terms of a limit of a bulk interaction. Using the scaling behaviour of ϕ near the boundary, we see that

$$\lim_{\epsilon \to 0} \int_{z=\epsilon} d^d x \sqrt{\gamma} \, \phi(\vec{x}, z = \epsilon) \mathcal{O}(\vec{x}, \epsilon) = \lim_{\epsilon \to 0} \int_{\partial AdS} d^d x \left(\frac{\ell}{\epsilon}\right)^d \left(\epsilon^{\Delta^-} \phi_0(\vec{x})\right) \mathcal{O}(\vec{x}, \epsilon) \,. \tag{1.24}$$

Since the action must be finite as $\epsilon \to 0$, we have that $\mathcal{O}(\vec{x}, \epsilon) \sim \epsilon^d \epsilon^{-\Delta^-} \mathcal{O}_0(\vec{x}) = \epsilon^{d-\Delta^-} \mathcal{O}_0(\vec{x}) = \epsilon^{\Delta^+} \mathcal{O}_0(\vec{x})$, where $\mathcal{O}_0(\vec{x})$ is the normalizable operator in the CFT. Thus, the relevance of the operator – whether or not the operator will contribute positively, negatively, or marginally to renormalization group flow of the CFT [?] – will be determined by the value of Δ^+ .

Our primary application of the AdS/CFT correspondence will be to examine in detail various processes in the bulk given that we have a dictionary to translate the solutions to the boundary gauge theory. In particular, we wish to consider the thermalization of states of the CFT through their dual description of the formation of a black hole in the bulk. In this case, the spacetime metric will initially be described by global AdS but will evolve into a Schwarzschild metric once collapse has occurred. By solving for the evolution of metric functions that interpolate between these two solutions, we are able to track the process of gravitational collapse. Following [?], we begin by writing the metric of AdS_{d+1} in Schwarzschild-like coordinates

$$ds^{2} = \frac{\ell^{2}}{\cos^{2}(x/\ell)} \left(Ae^{-2\delta} dt^{2} + A^{-1} dx^{2} \sin^{2}(x/\ell) d\Omega^{d-1} \right) , \qquad (1.25)$$

where $x \in [0, \pi/2)$ and $x = \pi/2$ corresponds to the conformal boundary. The metric functions A(t, x) and $\delta(t, x)$ are functions of only two variables due to the spherical symmetry. We will hereafter work in units of the AdS length scale, setting $\ell = 1$. The Einstein and Klein-Gordon equations for the minimally-coupled scalar field $\phi(t, x)$ are

$$G_{ab} + \Lambda g_{ab} = 8\pi \left(\nabla_a \phi \nabla_b \phi - \frac{1}{2} g_{ab} \left((\nabla \phi)^2 + \mu^2 \phi^2 \right) \right)$$
 and $\frac{1}{\sqrt{-g}} \partial_a \sqrt{-g} g^{ab} \partial_b \phi - \mu^2 \phi = 0$. (1.26)

The canonical equations of motion are [?]

$$\partial_t \phi = A e^{-\delta} \Pi, \quad \partial_t \Phi = \partial_x \left(A e^{-\delta} \Pi \right), \quad \text{and} \quad \partial_t \Pi = \frac{\partial_x \left(\Phi A e^{-\delta} \tan^{d-1}(x) \right)}{\tan^{d-1}(x)} - \frac{\mu^2 e^{-\delta} \phi}{\cos^2(x)}, \quad (1.27)$$

where the momentum is $\Pi(t,x) = A^{-1}e^{\delta}\partial_t\phi$ and $\Phi(t,x) \equiv \partial_x\phi$. The metric functions obey

$$\partial_x \delta = -(\Pi^2 + \Phi^2) \sin(x) \cos(x) , \quad A = 1 - \frac{2M \sin^2(x)}{(d-1) \tan^{d-1}(x)}$$

$$\partial_x M = \tan^{d-1}(x) \left[\frac{A(\Pi^2 + \Phi^2)}{2} + \frac{\mu^2 \phi^2}{2 \cos^2(x)} \right] , \tag{1.28}$$

with the mass function M(t,x) subject to the conservation equation $\partial_t M(t,x=\pi/2)=0$. The value of $\delta(t,x)$ in this case is chosen to correspond to the interior gauge $\delta(t,x=0)=0$.

Before discussing the fully nonlinear solutions to this system, we first expand the scalar field and metric functions in terms of some (small) constant ϵ :

$$\phi(t,x) = \sum_{j=0}^{\infty} \epsilon^{2j+1} \phi_{2j+1}(t,x) , \quad A(t,x) = 1 - \sum_{j=1}^{\infty} \epsilon^{2j} A_{2j}(t,x) , \quad \delta(t,x) = \sum_{j=1}^{\infty} \epsilon^{2j} \delta_{2j}(t,x) , \quad (1.29)$$

At linear order, the gravitational system obeys

$$\partial_t^2 \phi_1 = \left(\frac{(d-1)}{\sin(x)\cos(x)}\partial_x + \partial_x^2 - \frac{\mu^2}{\cos^2(x)}\right)\phi_1 \equiv -L\phi_1, \qquad (1.30)$$

whose normalized eigenfunctions are the Jacobi polynomials

$$e_j(x) = k_j \cos^{\lambda_{\pm}}(x) P_j^{(\frac{d}{2} - 1, \lambda_{\pm} - \frac{d}{2})} (\cos(2x))$$
 (1.31)

The eigenvalues have the simple form $\omega_j = \lambda_{\pm} + 2j$, with $\lambda_{\pm} = (d \pm \sqrt{d^2 + 4\mu^2})/2$ (cf. mass dimension and the Breitenlohner-Freedman bound for scalar fields in § 1.2.1).

Solutions to the linearized equations of motion are stable to linear order on the timescale $t \sim \epsilon^{-2}$ [?]. However, beyond linear order there are instabilities at $\mathcal{O}(\epsilon^3)$ due to secular terms, which are terms that grow larger with time. These terms cannot be removed by frequency shifts and arise from resonances in the spectrum of the scalar fields [?]. Various resummation [?] and multi-scale techniques [?] have been developed to help control the growth of such terms within the perturbative description. These methods will be used in chapters ?? and ?? to absorb the resonant terms into renormalized integration constants.

The end point for bulk scalar fields can be generally categorized into either stable (those that resist gravitational collapse either indefinitely or over long³ time scales) or unstable (those that collapse immediately or faster than the perturbative timescale) configurations. In exploring these solutions, we will find a rich landscape of behaviours that lie between these more simple classifications.

1.3.3 Stability, Instability, and More

Oscillons, Oscillatons, and Geons

When $\mu=0$ in (1.32), we recover the oscillon solution [?]. Oscillons are long-lived and nearly time-periodic solutions. Further work has demonstrated that single oscillon solutions emit energy very slowly, leading to corresponding decreases in the amplitude and period of the solutions [?]. A oscillon solution is stable over very long time scales; however, if a solution is constructed out of a linear combination of oscillons, the system exhibits possible third-order instabilities on the same timescale as the linearized solutions. These instabilities, however, can be absorbed by a frequency shift. Therefore, oscillons are non-linearly stable. A similar class of solutions, called oscillatons, are oscillating, localized solutions for massive scalar fields, but are generic to backgrounds that are asymptotically flat. Oscillatons also remain stable over long time scales [?]. Methods for numerically determining stationary solutions in the gravitational theory have been developed for a variety of backgrounds [?].

More general oscillating solutions exist as solutions to the Einstein-Maxwell equations in a vacuum. These solutions, known as *geons*, are high-frequency gravitational waves that are confined to a background geometry created by the waves themselves [?]. Geon solutions for AdS have been established by [?] and are at least perturbatively stable at first order. Like the oscillons, geons

³The definition of "long" is somewhat subjective, but generally taken as many multiples of the light-crossing time.

exhibit instabilities at third order. By invoking various resummation techniques to account for the growth of secular terms at third order, there has been some success with constructing nonlinearly stable solutions for certain initial data [?,?]. Non-linearly stable numerical solutions in a number of different dimensions can also be derived from perturbing away from geon solutions [?].

Boson Stars

Boson stars are a class of localized, stationary, nonlinearly stable solutions involving complex scalar fields. Since the $AdS_5 \times S^5$ action is invariant under the global phase transformation $\phi \to \exp(-i\theta)\phi$, boson stars carry a conserved charge, Q. They have since been numerically constructed and shown to be stable solutions to the full, nonlinear theory [?]. They can be constructed from a range of initial conditions [?,?].

Single-mode and Nearly Single-Mode Data

Stable, time-periodic solutions for scalar fields that were not based on linear solutions came from postulating an expansion for the scalar field that is dominated by a single mode in the limit of vanishing amplitude. This type of solution is referred to as single-mode solutions. By solving the system of linear equations – using, for example, Newton-Raphson or Broyden optimizing algorithms – we can determine the coefficients of the first N terms in the expansion. This serves as the starting point for the pseudo-spectral or finite difference numerical evolution. Using this method, stable, single-mode solutions in AdS_5 were constructed and evolved in time. The solutions were found to be periodic and numerical evidence suggests they remained nonlinearly stable [?].

Nearly single-mode solutions are similar to single-mode solutions in that they are dominated by a small number of modes in the limit of vanishing amplitude. Using nearly-single mode initial data for complex scalar fields, [?] then numerically evolved the full, nonlinear system and found that these solutions were fully stable for sufficiently small perturbations. Further work into nearly single-mode solutions with real scalar fields, subject to various boundary conditions, has confirmed that stable solutions are all dominated by single modes when Dirichlet conditions are imposed. Surprisingly, when Neumann conditions are considered, there are non-collapsing solutions with fully resonant spectra that are not single-mode dominated [?].

Gaussian Initial Data

It was asserted by [?] that scalar fields with small amplitudes were generically stable in AdS_5 . This conclusion was proven to be false by [?], who showed that all fields with Gaussian initial momentum profiles collapsed for any AdS_{d+1} with $d \geq 3$. What was initially missed was that low-amplitude fields could be focused, scatter out to the boundary, then be reflected back multiple times before finally collapsing. It was only by continuing simulation times to orders of magnitude more than the light crossing time that collapse was eventually witnessed. We will see in §1.4.4 that the behaviour of Gaussian initial data is, in fact, more nuanced than generic stability or instability.

By generalizing the geometry of the bulk space asymptotically AdS spaces, some scalar field configurations with Gaussian initial data were found to be nonlinearly stable [?]. This was because the resonances that plagued solutions in strict AdS had been sufficiently misaligned to resist collapse.

Unstable Configurations

As we have seen, although linearly stable, long-lived solutions exist for asymptotically AdS gravitational theories, all suffer from third-order instabilities. While these instabilities can be controlled in some scenarios, it is not clear that analytical solutions can be derived in general. This type of behaviour is called a *weakly turbulent* instability because of its appearance at higher orders. What results is a transfer of energy from low eigenmodes to high ones, a process referred to as an energy cascade. With more energy transferred to higher frequencies, the energy density becomes sufficiently great to trigger the formation of an apparent horizon and, eventually, a black hole.

The earliest examination of black hole formation from scalar field collapse using numerical methods was done on a flat background. For generic initial data parameterized by p, the following critical phenomena were observed by [?] for spherically-symmetric solutions:

- If collapse is guaranteed for values $p > p^*$, then as $p \to p^*$, black holes can be created with masses $M \propto |p-p^*|^{\gamma}$. The critical exponent γ is independent of initial conditions and depends only on the type matter. For spherically symmetric, massless scalar field, $\gamma \approx 0.37$.
- Just before the formation of the event horizon, the spacetime approaches a scale-invariant solution the critical solution that is also independent of the initial conditions.

These characteristics are collectively known as Choptuik scaling, and have also been observed in critical solutions in AdS spacetimes, independent of initial conditions [?,?].

Complex Scalars

Complex scalar fields in AdS_{d+1} with $d \in [3, ..., 6]$ and generic Gaussian initial data – not boson star solutions – were examined by [?]. When the effect of the conserved charge was included, it was shown that the rate of collapse was greater for charged scalars than for uncharged scalars. The generic instability of the spaces was also confirmed, since all solutions lead to collapse in the full, nonlinear theory. To probe the nature of the instability, scalar fields in AdS were considered, but with a reflective boundary at a finite distance. The result was the observation of turbulent cascade of energy to shorter wavelengths and collapse to a black hole.

However, when Q=0, a threshold amplitude for black hole formation was found and scalar fields did not collapse. This contradicts the result of [?], who examined scalar field in flat space but with a reflective boundary. While turbulent cascades were also noted in that case, there was no threshold amplitude. Analytic solutions for critical scalar fields were purportedly developed in AdS_3 by [?], who reported a instability for a critical parameter p>1 resulting an a black hole of mass $M \sim (p-1)^{1/2}$. However, it was pointed out by [?] that these solutions were part family of separable solutions first found by [?], and that critical behaviour of such solutions was contradicted by the numerical results of [?,?].

Gaussian Initial Data Revisited

The first examination of the time evolution of a massless scalar solution in AdS_4 returned a surprising result: for any scalar field with Gaussian initial momentum profile, the formation of a black hole was inevitable, even for amplitudes of order ϵ [?]. This was a deviation from the flat background result, which required a minimum energy density in order for a black hole to form. For some critical value $\epsilon_0 > \epsilon_1 > \epsilon_2$ such that $x_H(\epsilon_i) = 0$, scale invariance of the solution was observed in agreement with the asymptotically flat results. Universal scaling of the horizon size (and therefore mass) was also confirmed. Furthermore, the difference in horizon formation times between successive critical values is $t(\epsilon_{i+1}) - t(\epsilon_i) \approx \pi$, the light-crossing time.

To test the robustness of the solutions to changes in initial conditions, a phase diagram of initial profiles for real, massless scalar fields in AdS₅ was constructed by [?] and improved upon by [?]. The initial profile of the scalar field was taken to be $\phi(t=0,x) = \epsilon \exp\left(-(x^2-x_0^2)/\sigma^2\right)$, where x_0 is the centre of the profile. By varying the value of ϵ or σ while holding the other constant, the strength of the dependence of horizon formation time and size on these two parameters was determined. Qualitatively, it was found that the formation time depended more strongly on the amplitude than the width.

While some of the disagreement regarding the stability of certain initial data was due to modelling errors or other factors, there was some indication that there might exist a finite number of configurations within a range of unstable profiles that were stable over long periods. These solutions made up "islands of stability" within the unstable data.

Islands of Stability

In [?], a large swath of the phase space of Gaussian data of the type

$$\phi(t=0,x) = 0$$
 and $\Pi(t=0,x) = \epsilon \exp\left(-\frac{\tan^2(x)}{\sigma^2}\right)$ (1.32)

was explored down to very low amplitudes in AdS_4 and AdS_5 . Surveying such a wide range of masses and widths allowed for the confirmation of the periodic, discontinuous horizon behaviour for massless scalars in [?], as well as observing similar behaviour for light masses ($\mu < 1$) with both narrow widths ($\sigma \approx 0.3$) and wide widths ($\sigma \approx 4$). New, irregular behaviour was found for heavy masses ($\mu = 20$) at intermediate widths, which was characterized by discontinuous behaviour in horizon formation time where fields with initial amplitudes in a small range experienced jumps in formation time of orders of magnitude. Stable behaviour – characterized by a minimum amplitude below which collapses did not occur – was also observed. See figure 1.1 for one such example.

A picture of phase space for initial profiles of scalar fields has emerged: Gaussian data describing either narrow or wide pulses will always lead to collapse on the timescales corresponding to turbulent cascades of energy to shorter wavelengths; however, there is a set of intermediate widths that exhibit stable behaviour below some critical amplitude, at least to time scales on the order of $t \sim \epsilon^{-2}$. These islands of stability and the their interpretation remains a subject of ongoing research [?,?,?,?,?].

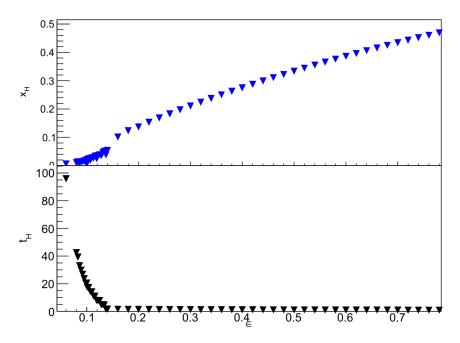


Figure 1.1: Horizon size x_H and horizon formation time t_H as a function of amplitude in AdS_5 for a massive scalar field with $\sigma = 2$ in (1.34). Instead of the periodic, discontinuous behaviour, there is some minimal value ϵ_{min} below which black holes do not form. Used with permission from [?].

Two-Mode Initial Data

Two-mode initial data uses initial profiles of the form $\phi(t=0,x)=\epsilon(e_0(x)+\kappa e_1(x))/3$, where κ is a free constant and $e_0(x)$, $e_1(x)$ are the first two eigenmodes of (1.33). While initial results by [?] indicated that such data was stable for $\kappa \sim 1$, it was pointed out by [?] that collapse did indeed occur. It was postulated that the observed stability was a result of too coarse a mesh and/or ineffective adaptive mesh refinement, resulting in the apparent horizon falling between grid points of the simulation. The instability of two-mode solutions was subsequently confirmed in [?]. In general, both numerical and analytical results point to single- and nearly single-mode data being stable against collapse, while multi-mode data is generically unstable [?,?,?,?,?,?,?,?].

1.3.4 Driven Scalars

Change the boundary conditions.

The emergence of new phases in a Conformal Field Theory as a function of driving frequency is known as Floquet dynamics [?,?]. The holographic dual to such a system is described by the driving of a massless, complex, bulk scalar field by a time-dependent boundary term. The vacuum bulk solution corresponds to a Floquet condensate on the boundary. Such solutions exhibit both stable and unstable evolution over the space of initial data, with the unstable data branching into two possible endpoints: the formation of a black hole in the bulk theory, or a horizonless, pulsating, late-time solution [?].

The question of the linear and nonlinear stability of AdS subject to various time-dependent bound-

ary conditions has been approached numerically. For real scalar fields subject to monotonically increasing boundary conditions, both stable and unstable data exist; however, unstable data can result in either a black hole solution, or a limiting cycle [?]. When periodic boundary conditions are considered, dynamically stabilized big crunch singularities are possible for sufficiently high driving frequencies [?]. However, a perturbative description of driven scalars has yet to extend beyond leading order in the backreacton with the metric [?]. Capturing $\mathcal{O}(\epsilon^3)$ instabilities in these driven scalar systems is the focus of the work in chapter ??.

1.4 Summary

We have now seen how the AdS/CFT correspondence establishes a duality between strongly-coupled gauge theories and weakly-coupled gravitational theories in one extra dimension. Using this correspondence, various dynamical processes in strongly-coupled gauge theories can be explored via the collapse of scalar fields in Anti-de Sitter space. Furthermore, we have seen that the end state of the theory depends on the initial profile of the scalar field, and that a large variety of both stable and unstable phenomena are possible. However, a better understanding of the islands of stability in the full theory, as well as the limits of the perturbative description, is still required. Similarly, the incorporation of time dependent boundary conditions into a perturbative theory for the weakly turbulent instabilities remains an outstanding issue. The work collected in this thesis aims to address these issues.

The following chapters each contain a manuscript that is focused on research into one of the areas described above. After a brief discussion of how each project contributes to the resolution of these issues, the contributions of the authors are laid out. The work itself is then presented. A discussion of how these works contribute to a better understanding of gravitational collapse in Anti-de Sitter space follows in chapter ??.