

- ★ **vote**
- ★ **join a political party**
- ★ **help with a campaign**
- ★ **join a civic group**
- ★ **join a community group**
- ★ **give an elected official
your opinion on an issue**

- ★ **call Senators and
Representatives**
- ★ **publicly support or oppose an
issue or policy**
- ★ **run for office**
- ★ **write to a newspaper**