

Exacerbation Report

Consultation Completed: 15th December 2016

Mr mp is a 26 year old man and has been on no asthma treatment. This is his **1st** entry to the Lung Health software.

Exacerbation Review

During the patient's Initial Assessment, symptoms indicating a possible exacerbation were observed and an Exacerbation Review was undertaken during the consultation. The patient reported that:

- Chest symptoms are significantly worse than usual
- They are waking up at night or waking more than usual due to their asthma
- Symptoms are interfering with their usual day-to-day activities
- They are using their reliever inhaler more than usual
- Peak Flow values are less than usual

Symptom Severity

- The patient recorded a PEF of 50, which is 8% of predicted.
- The patient was able to speak in complete sentences, which is **normal**.
- The patient's respiratory rate was 40 breaths per minute, which is **abnormal**.
- The patient's heart rate was 110 beats per minute, which is **abnormal**.
- The patient's Arterial Oxygen Saturation was 95%, which is **normal**.

Summary

This is a significant exacerbation that has responded to high dose bronchodilators.

The RCP score for last week is **3/3** and the patient has required extra bronchodilation **2** times per day.

A PEF Meter has **not** been issued to the patient this time.

An earlier planned review should be made for 3 months

Other Checks and Advice

Inhaler technique with current medication has been checked and was found to be **adequate** for current devices

Clinical Examination

The patient underwent a clinical examination today and the following abnormal findings were noted:

- Pulse of 110 (bpm) is raised, and this took the patient into an exacerbation assessment
- Patient is using accessory muscles for breathing
- Patient is centrally cyanosed
- Respiratory rate of 40 (breaths per minute) is raised, and this took the patient into an exacerbation assessment
- Patient's trachea position is deviated left

QOF Codes Reported

		5-Byte v2	CTV3	Value
Asthma Register				
Reversibility	Peak flow rate before bronchodilation	339A	XaEHe	50
RCP 3 Questions	Asthma disturbing sleep	663N	663N.	
	Asthma daytime symptoms	663q	XaIIZ	
	Asthma restricts exercise	663e	663e.	
Smoking	Never smoked	1371	XE0oh	

Thank you for agreeing that your data may be used anonymously for the purposes of evaluating the asthma service and for research.

Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	