

Follow Up Review

Consultation Completed: 25th May 2019

Mr POLL is a 36 year old man and has been taking treatment equivalent to **Step 3** of the BTS / SIGN Asthma Guidelines. This is his **3rd** entry to the Lung Health software.

Diagnosis

Main pointers to an asthma diagnosis include:

- Patient has had asthma symptoms for the last few years
- Reports symptomatic benefit from inhaled therapy

Other Supporting Information:

- When this patient gets a cold, it always goes to his / her chest
- After exertion, this patient experiences worsening chest symptoms (and it responds to inhalers)
- Triggers:
 - Other: *Viral infections*
- Patient has previously scored 2 or 3 on Royal College of Physicians (RCP) 3 Questions, indicating poor asthma control
- Patient has concomitant eczema or hay fever

Today's Peak Flow

Today's PEF was recorded as **250** (L/min) which is **71%** of the patient's best value of **350** (L/min)

Personal Features

He is a person who continues to smoke.

He was referred for anti smoking support in the last consultation.

Control

Overall control has been assessed as **poor**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 3/3 (high is poor)

Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	