

Initial Assessment Report

Consultation Completed:

Mr mp is a 25 year old man and has been taking treatment equivalent to **Step 2** of the BTS / SIGN Asthma Guidelines. This is his **1st** entry to the Lung Health software.

Diagnosis

Main pointers to an asthma diagnosis include:

- Patient has been on inhalers since childhood or for more than ten years

Other Supportive Test Results:

- Bronchodilator Reversibility (> 12% and 200 ml change in FEV1 or FVC)

Personal Features

He has recently (within last 6 months) stopped smoking.

Control

Overall control has been assessed as **partial**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 0/3 (low is good)
- The patient has had no exacerbations in the last 12 months
- The patient used their reliever inhaler 1-2 times last week
- The patient's PEF is 92.91% of expected

Drug Therapy

The therapy recommendation from this consultation is: *She has some ongoing symptoms but its the first time this has been reported, so therapy has not been raised today. But an earlier review is planned.*

Terbutaline 500mcg dry powder inhaler 1 puff, as required daily remains unchanged.

Pulmicort 200 Turbohaler 1 puff, twice daily remains unchanged.

Anoro Ellipta 62.5mcg/22mcg 1 puff, once daily remains unchanged.

Patient is currently taking no non-respiratory medication

Other Checks and Advice

Inhaler technique with current medication has been checked and was found to be **adequate** for current devices

Aggravating Factors

Employment

No work related factors have been found.

Triggers

No triggers have been identified.

Vaccination Status

- Flu vaccination is up to date. **An appointment for a flu vaccination should be made for next autumn.**
- Pneumococcal vaccination is up to date and is not due for some time.

Education Materials and Management Plan

Information about the Asthma UK online advice website has **not** yet been given to the patient.

Asthma UK online resouces have **not** yet been given to the patient, and the patient has not been made aware of them.

QOF Codes Reported

		5-Byte v2	CTV3	Value
Asthma Register	Asthma	H33	H33..	
	Reversibility Peak flow rate before bronchodilation	339A	XaEHe	550
RCP 3 Questions	Asthma not disturbing sleep	663O	663O.	
	Asthma never causes daytime symptoms	663s	XaINa	
	Asthma never restricts exercise	663f	663f.	
Smoking	Recent ex-smoker (stopped within last 6 months)	137K0	XaQzw	

Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	