

## Initial Assessment Report

---

### Consultation Completed:

Mr McKay5 is a 47 year old man who has had asthma since before 2006 and has been taking treatment equivalent to **Step 1** of the BTS / SIGN Asthma Guidelines. This is his 1<sup>st</sup> entry to the Lung Health software.

### Diagnosis

---

Main pointers to an asthma diagnosis include:

- Patient has been on the Asthma Register since before 2006
- Reports symptomatic benefit from inhaled therapy

Other Supporting Information:

- Patient has previously scored 2 or 3 on Royal College of Physicians (RCP) 3 Questions, indicating poor asthma control

Other Supporting Information:

- An observed response to therapy in the practice

### Personal Features

---

He is a non-smoker.

### Control

---

Overall control has been assessed as **poor**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 2/3 (high is poor)
- The patient has had no exacerbations in the last 12 months
- The patient used their reliever inhaler 3-4 times last week
- The patient's PEF is 75.00% of expected

### Clinical Examination

---

The patient underwent a clinical examination today and the following abnormal findings were noted:

- Patient's percussion was unknown
- Patient's breath sounds were unknown

## Drug Therapy

---

The therapy recommendation from this consultation is:

*This patient is reporting symptoms that should be controllable. Consider moving up to Step 2 by adding a low dose inhaled steroid.*

Easyhaler Salbutamol 200mcg dry powder inhaler 1 puff, as required daily remains unchanged.

Easyhaler Budesonide 200mcg dry powder inhaler 1 puff, once daily has been started.

Patient is currently taking no non-respiratory medication

## Other Checks and Advice

---

Inhaler technique with current medication has been checked and was found to be **adequate** for current devices

Checks on prescription collection suggest good concordance with therapy.

## Aggravating Factors

---

### Employment

No work related factors have been found.

### Triggers

No triggers have been identified.

## Vaccination Status

---

- The patient's flu vaccination is not up to date but the vaccine is not currently available.
- Pneumococcal vaccination is up to date and is not due for some time.

## Education Materials and Management Plan

---

A written management plan has been supplied and it has been confirmed that the patient understands it.

Information about the Asthma UK online advice website has **not** yet been given to the patient.

Asthma UK online resources have **not** yet been given to the patient, and the patient has not been made aware of them.

A Peak Flow meter has been issued to the patient with the details:

### QOF Codes Reported

		5-Byte v2	CTV3	Value
<b>Asthma Register</b>	Asthma	H33	H33..	
	<b>Reversibility</b> Peak flow rate before bronchodilation	339A	XaEHe	450
<b>RCP 3 Questions</b>	Asthma not disturbing sleep	663O	663O.	
	Asthma daytime symptoms	663q	XaIIZ	
	Asthma restricts exercise	663e	663e.	
<b>Smoking</b>	Never smoked	1371	XE0oh	

## Nurse Summary

Nurse Name:	Nurse Signature:	Date:

## GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	