

Initial Assessment Report

Consultation Completed: 15th August 2019

Dr Singh is an 85 year old woman and has been taking treatment equivalent to **Step 1** of the BTS / SIGN Asthma Guidelines. This is her **2nd** entry to the Lung Health software.

Diagnosis

Main pointers to an asthma diagnosis include:

- Patient has been on inhalers since childhood or for more than ten years

Other Supporting Information:

- An observed response to therapy in the practice

Other Supportive Test Results:

- Bronchodilator Reversibility (> 12% and 200 ml change in FEV1 or FVC)

Personal Features

She is a non-smoker.

Control

Overall control has been assessed as **good**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 0/3 (low is good)
- The patient has had no exacerbations in the last 12 months
- The patient used their reliever inhaler no times last week
- The patient's PEF is 88.77% of expected

Drug Therapy

The therapy recommendation from this consultation is:

This patient is on guidelines Step 1 therapy using Salbutamol 100mcg breath actuated inhaler CFC free. They report good control and the plan is for them to continue with current

therapy unchanged. Keep under annual review.

Salbutamol 100mcg breath actuated inhaler CFC free 2 doses, as required daily remains unchanged.

Patient is currently taking no non-respiratory medication

Other Checks and Advice

Inhaler technique with current medication has been checked and was found to be **adequate** for current devices

Checks on prescription collection suggest good concordance with therapy.

Aggravating Factors

Employment

No work related factors have been found.

Triggers

No triggers have been identified.

Vaccination Status

- The patient's flu vaccination is not up to date but the vaccine is not currently available.
- The patient's pneumococcal vaccination is not up to date but the vaccine is not currently available.

Education Materials and Management Plan

A written management plan has been supplied and it has been confirmed that the patient understands it.

Information about the Asthma UK online advice website has **not** yet been given to the patient.

Asthma UK online resouces have **not** yet been given to the patient, and the patient has not been made aware of them.

QOF Codes Reported

		5-Byte v2	CTV3	Value
Asthma Register	Asthma	H33	H33..	
Reversibility	Peak flow rate before	339A	XaEHe	340

bronchodilation

RCP 3 Questions	Asthma not disturbing sleep	663O	663O.
	Asthma never causes daytime symptoms	663s 663f	XaINa 663f.
	Asthma never restricts exercise		
Smoking	Never smoked	1371	XE0oh

Thank you for agreeing that your data may be used anonymously for the purposes of evaluating the asthma service and for research.

Review ID:34765

Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	