

Initial Assessment Report

Consultation Completed: 1st March 2019

Mrs Seemore is a 39 year old woman and has been taking treatment equivalent to **Step 1** of the BTS / SIGN Asthma Guidelines. This is her **1st** entry to the Lung Health software.

Diagnosis

Main pointers to an asthma diagnosis include:

- Patient has had asthma symptoms for the last few years
- Reports symptomatic benefit from inhaled therapy

Other Supporting Information:

- Triggers:
 - Seasons
- Patient has concomitant eczema or hay fever

Today's Peak Flow

Today's PEF was recorded as **300** (L/min) which is **82%** of the patient's predicted value of **366** (L/min)

Personal Features

She is a person who continues to smoke.

Control

Overall control has been assessed as **partial**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 1/3 (high is poor)
- Score of 19/25 (high is good) on the Asthma Control Test
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Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	