

Initial Assessment Report

Consultation Completed:

Mr Trumpf is a 61 year old man and has been taking treatment equivalent to **Step 4** of the BTS / SIGN Asthma Guidelines. This is his **1st** entry to the Lung Health software.

Diagnosis

Main pointers to an asthma diagnosis include:

- Reports symptomatic benefit from inhaled therapy

Other Supporting Information:

- After exertion, this patient experiences worsening chest symptoms (and it responds to inhalers)
- Triggers:
 - Other: *change in temperature*

Today's Spirometry

Today's FEV1 was recorded as **3.0** litres which is **86%** of the patient's predicted value of **3.5** litres

Personal Features

He is a non-smoker.

Control

Overall control has been assessed as **good**. Their control is based on the following:

- The Royal College of Physicians Three Questions - 0/3 (low is good)
- Score of 20/25 (high is good) on the Asthma Control Test
- The patient has had no exacerbations in the last 12 months
- The patient's FEV1 is 86% of expected

Clinical Examination

The patient underwent a clinical examination today and the following abnormal findings were noted:

- BMI of 30.86 indicates the patient is obese

Drug Therapy

The therapy recommendation from this consultation is: *This patients asthma control has been adequate. Maintain same level of therapy.*

Salamol 100mcg Easi-Breathe inhaler 2 doses, as required daily remains unchanged.

Relvar Ellipta. 184mcg/22mcg dry powder inhaler 1 puff, once daily remains unchanged.

Nuelin SA 250 Tablets 1 tablet, twice daily remains unchanged.

Patient is currently taking no non-respiratory medication

Other Checks and Advice

Inhaler technique with current medication has been checked and was found to be **adequate** for current devices

Checks on prescription collection suggest poor concordance with therapy.

Aggravating Factors

Chest cold and exercise

He reports that his asthma is not worse with a cold and that its aggravated by exercise which does respond to an inhaler.

Atopy

He does not have hayfever/rhinitis.

Employment

He is not looking for work or retired.

No work related factors have been found.

Other Medical Conditions

Other medical conditions have been noted:

- Bronchiectasis

Further details: *Get infections*

Triggers

He describes a number of specific triggers to his asthma:

- Other (*change in temperature*)

Vaccination Status

- Flu vaccination is not up to date this season. **An appointment for a flu vaccination should be made in the next few days / weeks.**
- Pneumococcal vaccination is up to date and is not due for some time.

Education Materials and Management Plan

A written management plan has been supplied and it has been confirmed that the patient understands it.

Information about the Asthma UK online advice website has **not** yet been given to the patient.

Asthma UK online resources have **not** yet been given to the patient, and the patient has not been made aware of them.

QOF Codes Reported

		5-Byte v2	CTV3	Value
Asthma Register	Asthma	H33	H33..	
	Reversibility Peak flow rate after bronchodilation	339B	XaEGA	3
RCP 3 Questions	Asthma not disturbing sleep	663O	663O.	
	Asthma never causes daytime symptoms	663s	XaINa	
		663f	663f.	
	Asthma never restricts exercise			
Smoking	Never smoked	1371	XE0oh	

Nurse Summary

Nurse Name:	Nurse Signature:	Date:

GP Recommendations and Requests

I authorise the NSHI Nurse Advisor to implement the above medicinal/non-medicinal intervention(s) in line with the Practice Treatment Protocol on the practice computer system		
GP Name:	GP Signature:	Date:
Review appointment required? Yes/No	If Yes, give date:	