



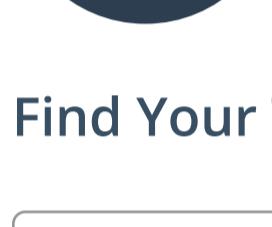
Sexual health and wellness for men

Many types of cancer treatment interfere with men's sex lives. hardtimes offers:

- Information on a wide range of cancers and treatments
- Self-help tools to prevent or overcome sexual problems
- Practical advice on medical options
- Ways for partners to get involved

[Get Started](#)

Getting Started



Find Your Type of Cancer

Ex. prostate, colorectal, etc.

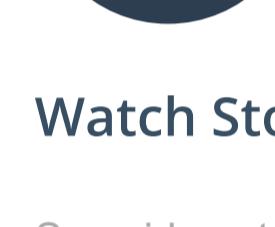
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Choose goals and find out how to solve them using this web site.

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See video stories from other men and partners.

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Special treatments that affect sex

Choose one...

Frequently Asked Questions



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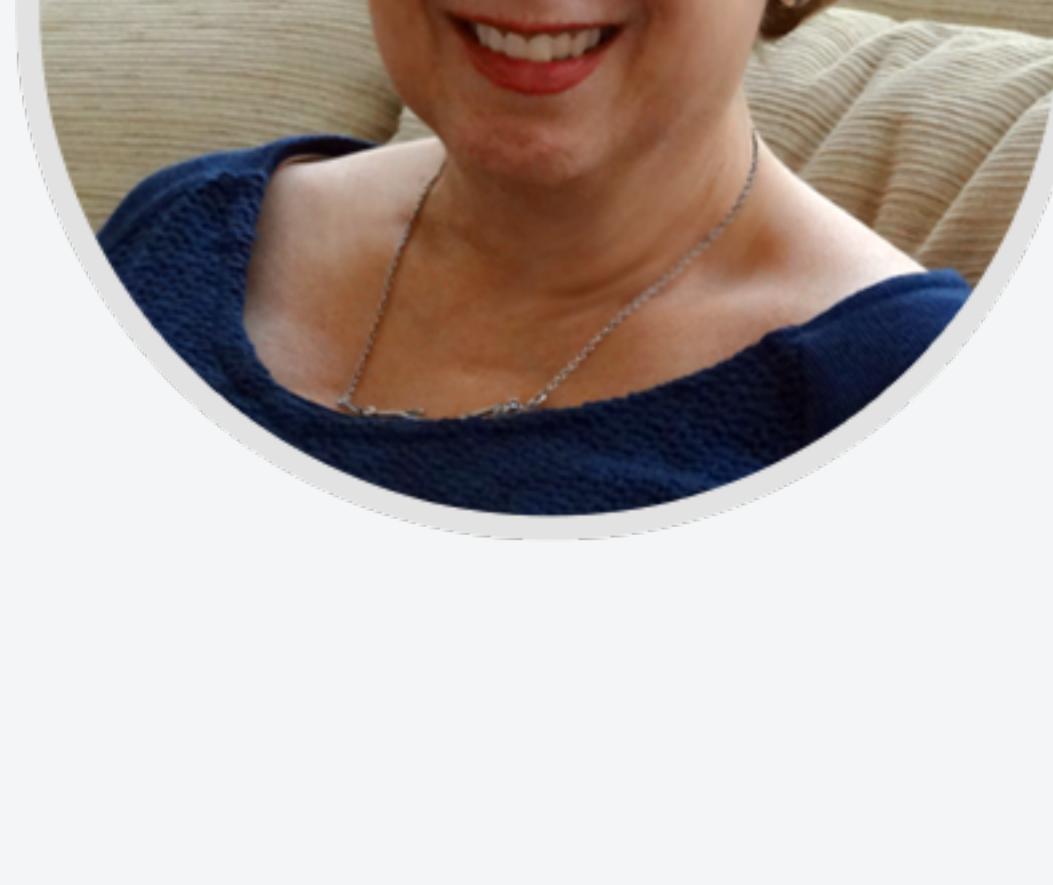
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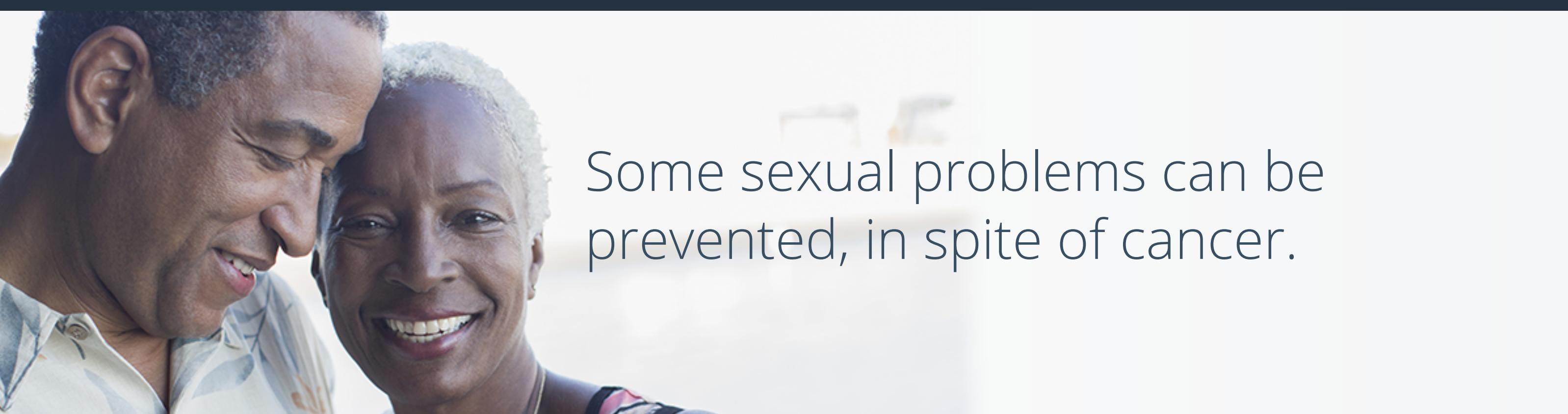
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Information you can trust Leslie R. Schover, PhD

Dr. Leslie Schover is a clinical psychologist who has spent most of her career helping people cope with sexual or fertility problems related to cancer. She developed these programs at the University of Texas MD Anderson Cancer Center, supported by grants from the National Cancer Institute. The goal is to provide accurate information to help you and your partner understand how cancer treatments can damage a man's sex life, explore whether there are effective cancer treatments with fewer sexual side effects, stay sexually active during treatment, or solve a sexual problem that has already started. You can use hardtimes as a self-help tool or along with counseling or a medical treatment from your own health care team.

[Read More About Dr. Schover >](#)





Some sexual problems can be prevented, in spite of cancer.

Avoiding Sexual Problems

► *Item 1*

Item 2

Item 3

Item 4

Item 5

Overview

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Cancer & Men's Sexual Health

Credible answers to the questions you were afraid to ask your doctor or partner.

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Avoiding Sexual Problems

► Item 1

Item 2

Item 3

Item 4

Item 5

Overview

Some cancer treatments cause sexual problems, but the first priority is to save your life. Even with a sexual problem, you can work with a partner to keep your sex life going. Getting sexually excited on a regular basis may be key to keeping your penis healthy.

Learn how to avoid pregnancies or sexually-transmitted infections while your body is battling cancer. Find out about having healthy children, in spite of your cancer history.



Fast Facts

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Dig Deeper

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It helps to hear from someone who's been there.

Hardtimes includes interviews with 7 men (and 2 partners) who are coping with sexual problems related to cancer. Watch a whole video or go to a topic that interests you.

You can also watch the stories of two fictional men, Earl and Luke, to see how they handled some issues that are common in real life.

Ralph

Age 22
Diagnosed at 18
Hodgkin Lymphoma
Chemotherapy, Stem cell transplants

[Watch Ralph's story >](#)



Ben

Age 29
Diagnosed at 24
Germ cell tumor of the brain
Brain surgery, Radiation therapy to the brain

[Watch Ben's story >](#)



Mark

Age 29
Diagnosed at age 20
Acute lymphoblastic leukemia
Chemotherapy, Avascular joint necrosis

[Watch Mark's story >](#)



Kenneth

Age 57
Diagnosed at age 53
Multiple myeloma
Chemotherapy, Targeted therapy

[Watch Kenneth's story >](#)



Jerry

Age 66
Diagnosed at age 53
Prostate cancer
Radical prostatectomy

[Watch Jerry's story >](#)



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Ralph

Age 22

Diagnosed at 18

Hodgkin Lymphoma

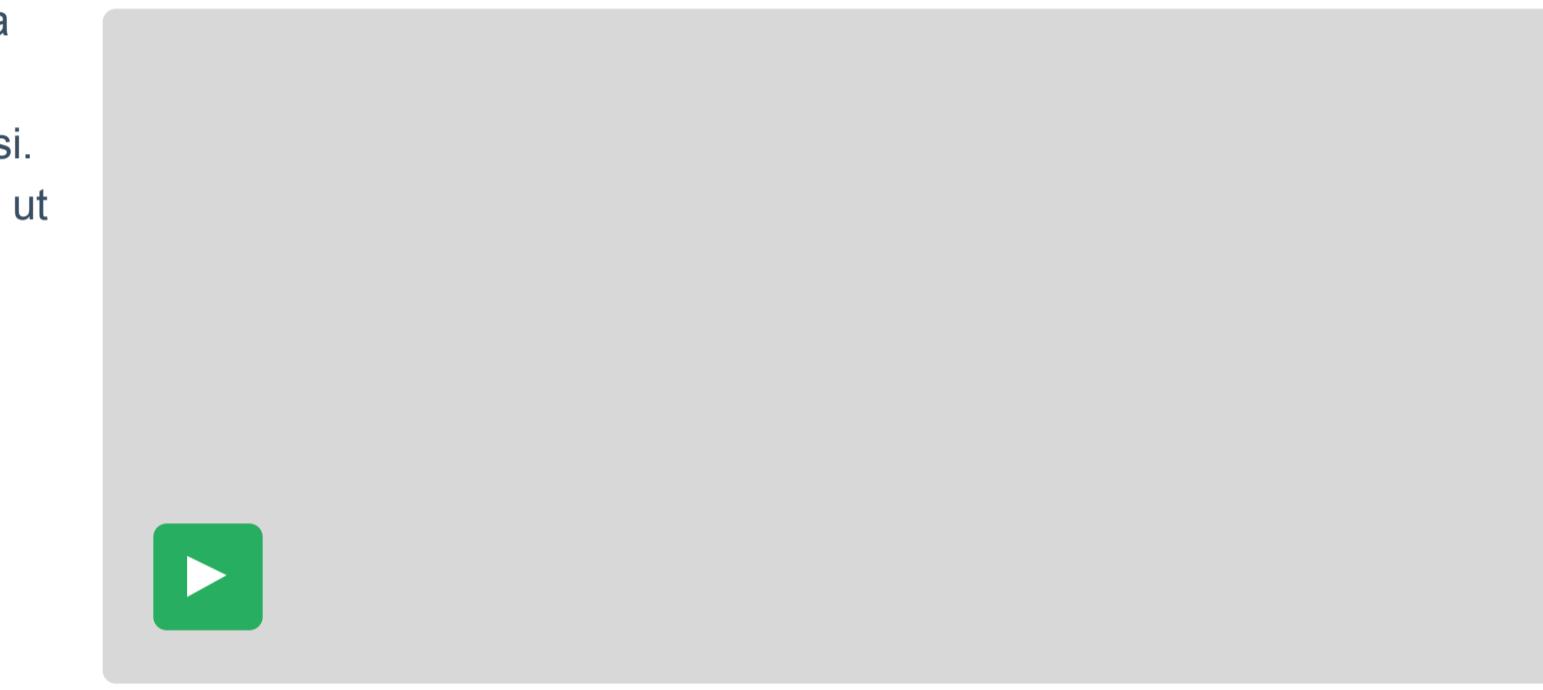
Chemotherapy, Stem cell transplants

[Watch the video by selecting the image >](#)

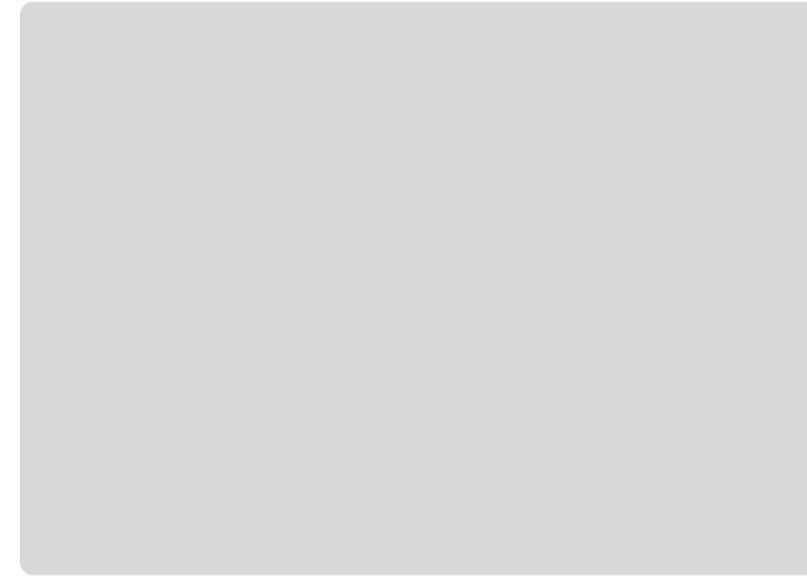
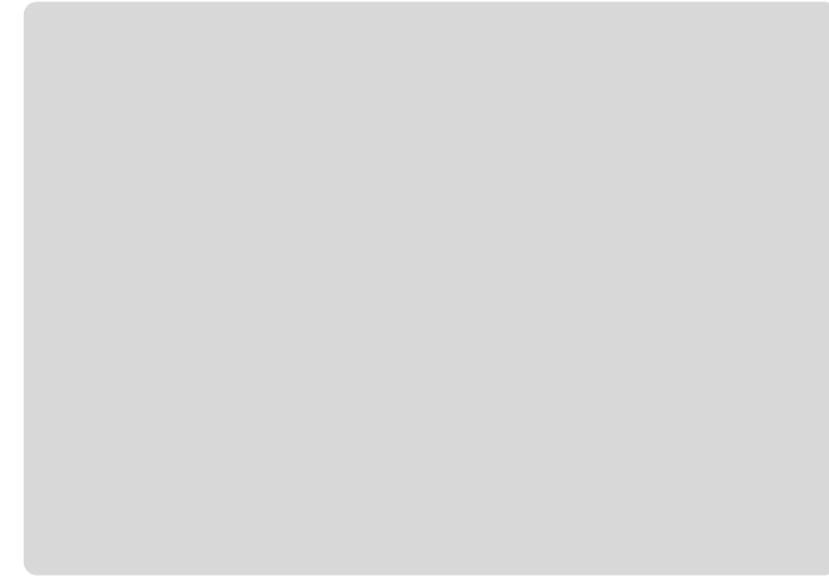
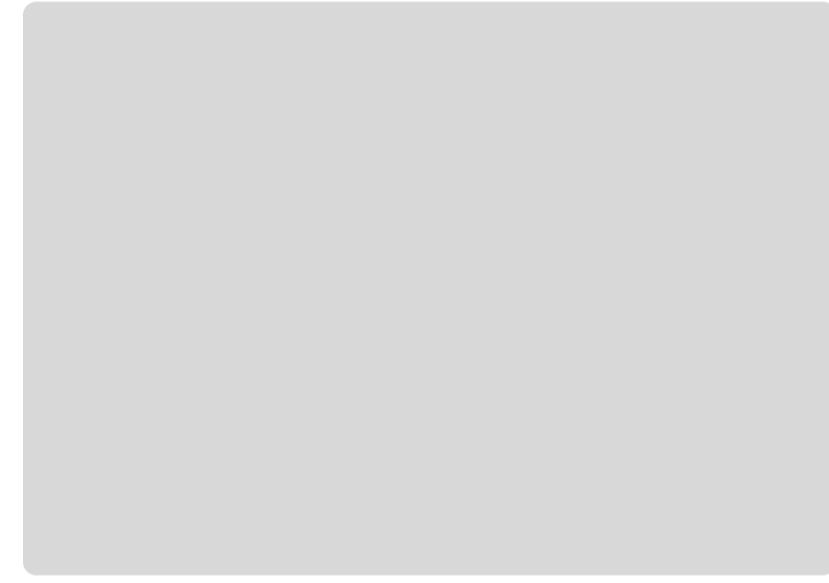
Watch More of Ralph

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More Stories



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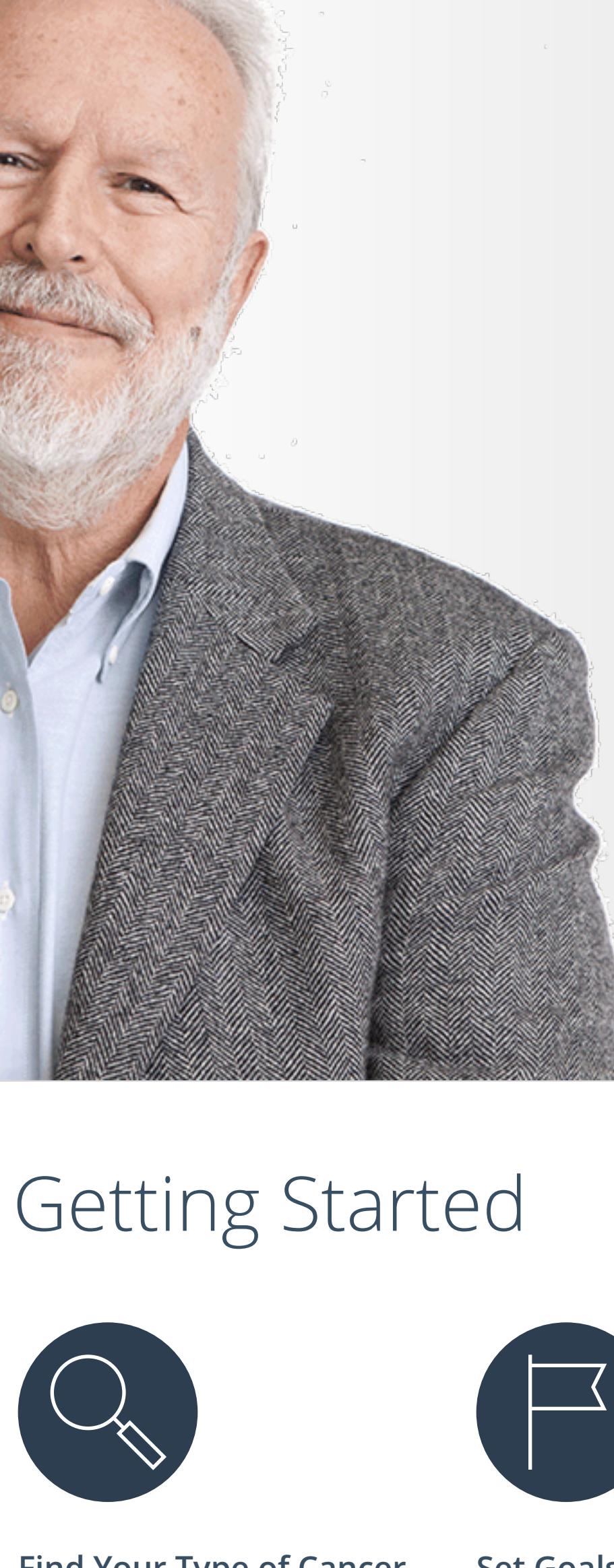


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For those who care; partners, parents, and friends

Select an item to start...



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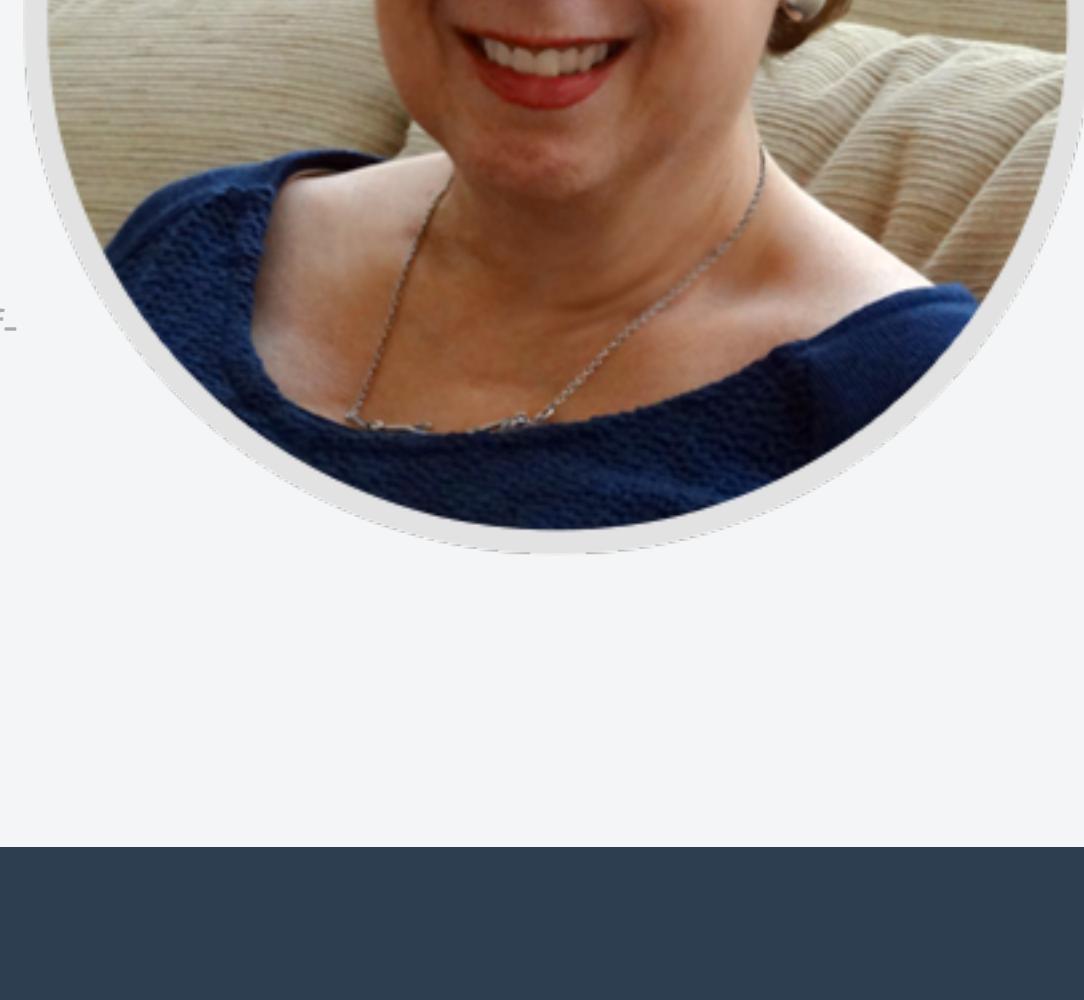
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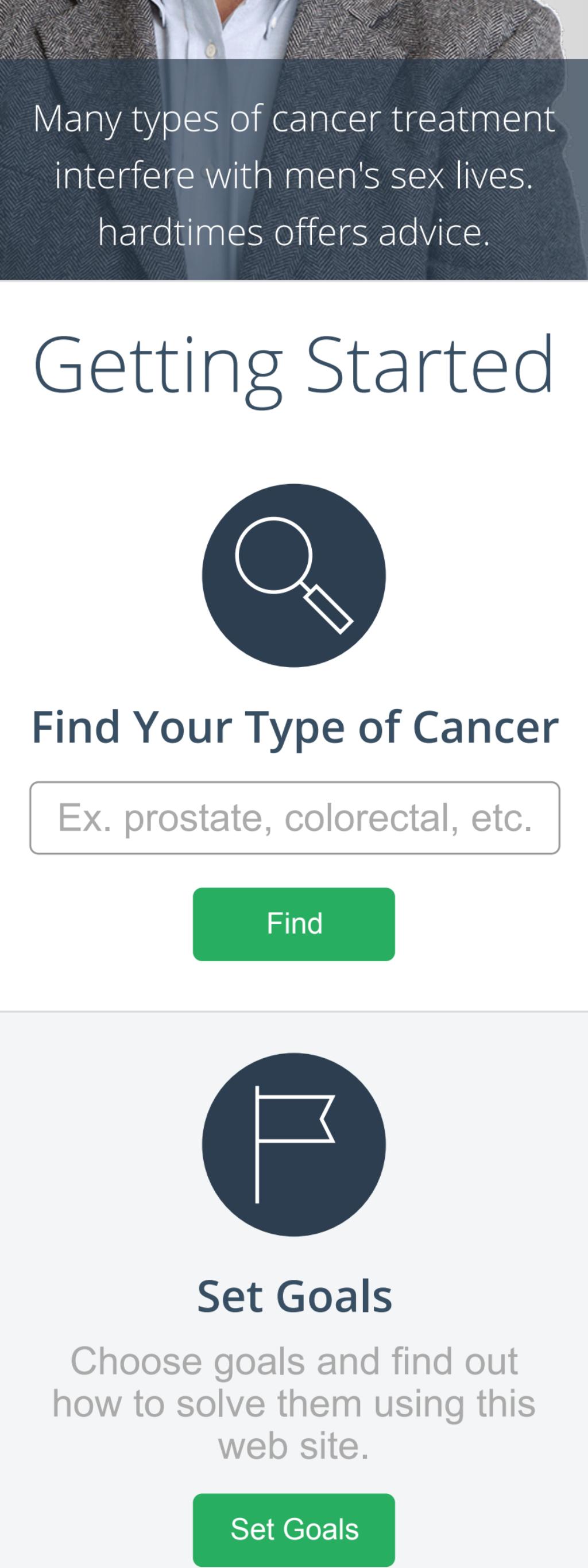


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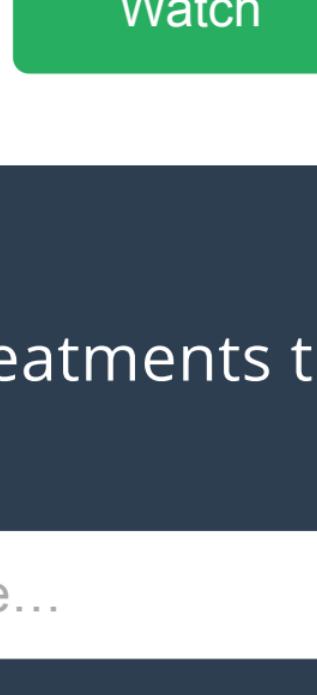
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Many types of cancer treatment interfere with men's sex lives.
hardtimes offers advice.

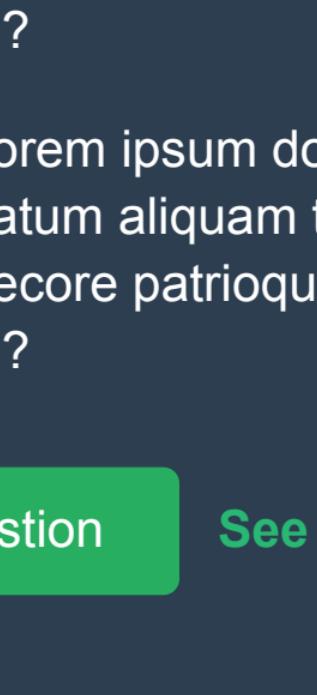
Getting Started



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Ex. prostate, colorectal, etc.

Find



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For those who care; partners, parents, and friends

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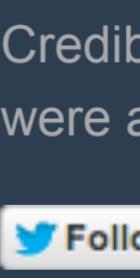
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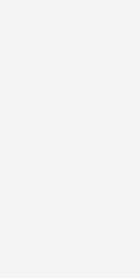
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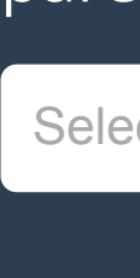
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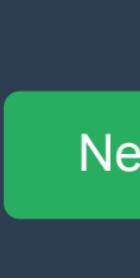
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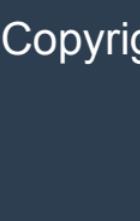
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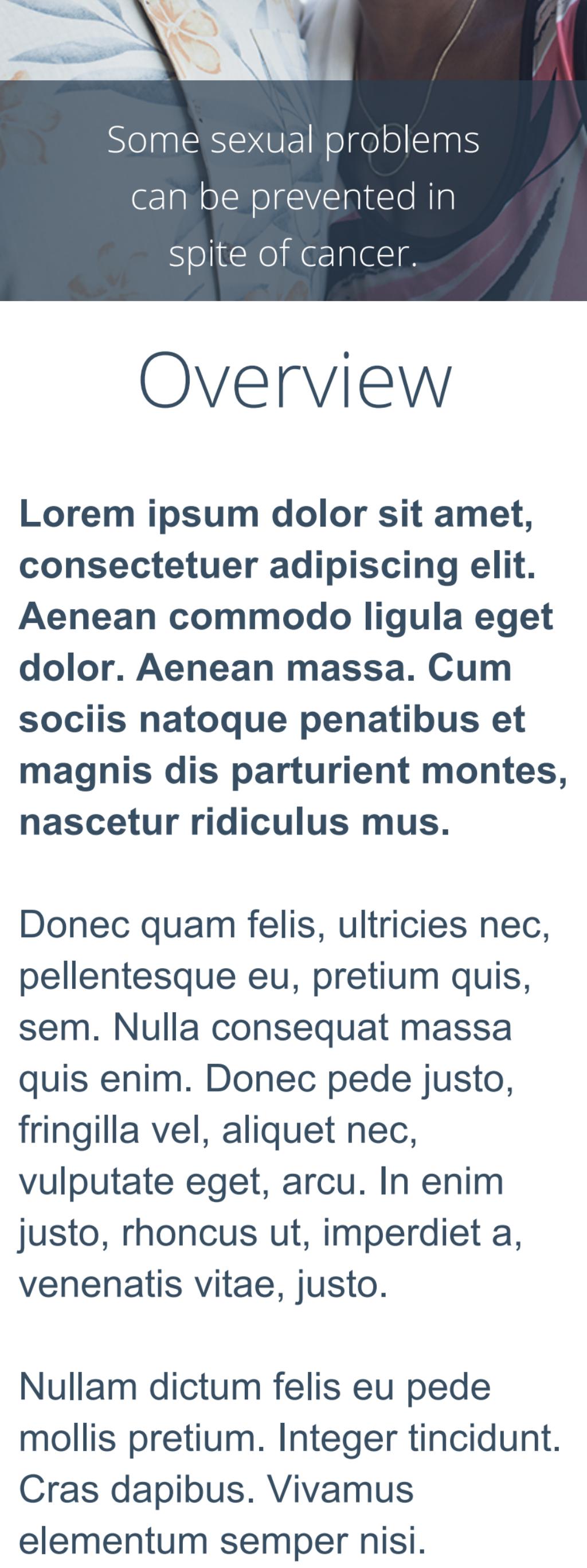
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Some sexual problems
can be prevented in
spite of cancer.

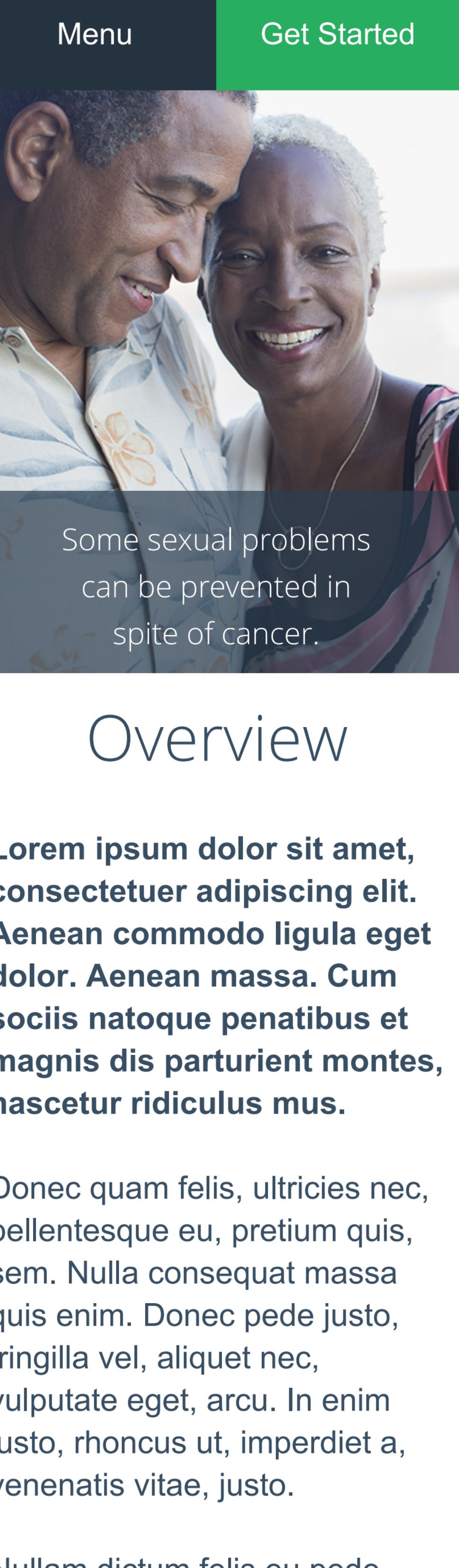
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