


Counseling

Help, Hope, & Healing



"Come to me, all you who are weary and burdened, and I will give you rest..."
Matthew 11:28

Are you struggling?

People in the church are not exempt from trouble and suffering. EP is a community of grace that cares. We have trained counselors who will walk alongside you bringing clarity, biblical help, and hope. They can also connect you with other care and support ministries in our church.

Gospel Focused:

He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners, ... to comfort all who mourn, and provide for those who grieve in Zion - to bestow on them a crown of beauty instead of ashes, the oil of gladness instead of mourning, and a garment of praise instead of a spirit of despair ([Isaiah 61:1-3](#)).

We will help you see the relevance of the gospel to your problems in every aspect of life, leading you to practical ways of overcoming the things that overwhelm you.

Confidentiality:

We will carefully guard the information you entrust to us. Though there are specific situations that may require the involvement of others, our counselors will not disclose personal information without your knowledge, and they will make every effort to help you find ways to resolve your problem as privately as possible. (See our [counseling consent form](#) for further information).

Financial Support:

The Counseling Ministry at EP is partly supported by the faithful contributions of counselees. We realize that incomes vary, but we trust you will be faithful to do what you are able. EP is committed to providing Biblical counseling for our congregation without causing excessive financial burden. (See our counseling consent form for further information).

Resources

Counselors:

[Tom Thompson](#)

[Request Counseling](#)

[Counseling Consent Form](#)

[Books](#)

Links:

[Resource Library - Desiring God](#)

[Paul Tripp Ministries](#)

[Harvest USA](#)

[Leslie Vernick Resources](#)

[RPM Ministries](#)

[Life Action Revival Ministries](#)