ML algorithms for Indians Diabetes Prediction

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1 Introduction

In this laboratory, we will

- 1. Import libraries
- 2. Import DataFrame related to heart disease diagnosis
- 3. Explore the Data Analysis (EDA)
- 4. Data preparation
- 5. Modeling: Decision Tree classifier vs Logistic Regression classifier

Context This dataset is originally from the National Institute of Diabetes and Digestive and Kidney Diseases (source in kaggle is here. The objective of the dataset is to diagnostically predict whether or not a patient has diabetes, based on certain diagnostic measurements included in the dataset. Several constraints were placed on the selection of these instances from a larger database. In particular, all patients here are females at least 21 years old of Pima Indian heritage.

Description of the dataset The datasets consist of several medical predictor (independent) variables and one target (dependent) variable, Outcome. Independent variables include the number of pregnancies the patient has had, their BMI, insulin level, age, and so on:

- Pregnancies: Number of times pregnant (continuous variable)
- Glucose: Plasma glucose concentration a 2 hours in an oral glucose tolerance test (continuous variable)
- BloodPressure: Diastolic blood pressure (mm Hg) (continuous variable)
- SkinThickness: Triceps skin fold thickness (mm) (continuous variable)
- Insulin: 2-Hour serum insulin (mu U/ml) (continuous variable)
- BMI: Body mass index (weight in kg/(height in m)^2) (continuous variable)
- DiabetesPedigreeFunction: Diabetes pedigree function (continuous variable)
- age: age (years) (continuous variable)
- Outcome: Class variable (0 or 1) 268 of 768 are 1, the others are 0 (0: No diabete, 1: diabete) (binary variable)

These variables are used to analyze risk factors and symptoms associated with diabete diseases.

2 Import the necessary libraries

```
[1]: import numpy as np
  import pandas as pd
  import matplotlib.pyplot as plt
  import seaborn as sns

# ML libraries for data processing
  from sklearn.preprocessing import LabelEncoder, StandardScaler
  from sklearn.compose import ColumnTransformer
  from sklearn.model_selection import train_test_split

[2]: import warnings
  # Suppress all warnings
  warnings.filterwarnings("ignore")
```

3 Import the dataframe

```
[3]: import os
for dirname, _, filenames in os.walk('/kaggle/input'):
    for filename in filenames:
        print(os.path.join(dirname, filename))

/kaggle/input/pima-indians-diabetes-database/diabetes.csv
```

```
[4]: data = pd.read_csv('/kaggle/input/pima-indians-diabetes-database/diabetes.csv')
```

4 Exploratory Data Analysis (EDA)

• Display the first five rows of the DataFrame to understand the variables

```
[5]: data.head()
```

[5]:	Pregnancies	Glucose	${ t BloodPressure}$	SkinThickness	Insulin	BMI	\
0	6	148	72	35	0	33.6	
1	1	85	66	29	0	26.6	
2	8	183	64	0	0	23.3	
3	1	89	66	23	94	28.1	
4	0	137	40	35	168	43.1	

```
DiabetesPedigreeFunction Age Outcome
0
                      0.627
                               50
                                         1
                      0.351
1
                               31
                                         0
2
                      0.672
                               32
                                         1
                      0.167
3
                               21
                      2.288
                               33
                                         1
```

• Display the last five rows of the DataFrame to understand the variables

[6]: data.tail()

[6]:	Pregnancies	Glucose	BloodPressure	SkinThickness	Insulin	\mathtt{BMI}	\
763	10	101	76	48	180	32.9	
764	2	122	70	27	0	36.8	
765	5	121	72	23	112	26.2	
766	1	126	60	0	0	30.1	
767	1	93	70	31	0	30.4	

	DiabetesPedigreeFunction	Age	Outcome
763	0.171	63	0
764	0.340	27	0
765	0.245	30	0
766	0.349	47	1
767	0.315	23	0

• Explore information about the structure, data types, and memory usage of the DataFrame.

[7]: data.info()

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 768 entries, 0 to 767
Data columns (total 9 columns):

#	Column	Non-Null Count	Dtype
0	Pregnancies	768 non-null	int64
1	Glucose	768 non-null	int64
2	BloodPressure	768 non-null	int64
3	SkinThickness	768 non-null	int64
4	Insulin	768 non-null	int64
5	BMI	768 non-null	float64
6	DiabetesPedigreeFunction	768 non-null	float64
7	Age	768 non-null	int64
8	Outcome	768 non-null	int64

dtypes: float64(2), int64(7)
memory usage: 54.1 KB

• Generate descriptive statistics of a DataFrame

[8]: data.describe()

[8]:		Pregnancies	Glucose	${ t BloodPressure}$	SkinThickness	Insulin	\
	count	768.000000	768.000000	768.000000	768.000000	768.000000	
	mean	3.845052	120.894531	69.105469	20.536458	79.799479	
	std	3.369578	31.972618	19.355807	15.952218	115.244002	
	min	0.000000	0.000000	0.000000	0.000000	0.000000	
	25%	1.000000	99.000000	62.000000	0.000000	0.000000	

```
50%
          3.000000
                    117.000000
                                      72.000000
                                                     23.000000
                                                                  30.500000
75%
          6.000000
                    140.250000
                                      80.00000
                                                     32.000000
                                                                 127.250000
max
         17.000000
                     199.000000
                                     122.000000
                                                     99.000000
                                                                 846.000000
                    DiabetesPedigreeFunction
                                                      Age
                                                               Outcome
       768.000000
                                  768.000000
                                               768.000000
                                                           768.000000
count
mean
        31.992578
                                    0.471876
                                                33.240885
                                                              0.348958
std
         7.884160
                                    0.331329
                                                11.760232
                                                              0.476951
min
         0.000000
                                    0.078000
                                                21.000000
                                                              0.000000
25%
                                    0.243750
                                                24.000000
        27.300000
                                                              0.000000
50%
        32.000000
                                    0.372500
                                                29.000000
                                                              0.000000
75%
        36.600000
                                    0.626250
                                                41.000000
                                                              1.000000
max
        67.100000
                                    2.420000
                                                81.000000
                                                              1.000000
```

• Shape of the data

```
[9]: data.shape
```

[9]: (768, 9)

• Show columns name

```
[10]: data.columns
```

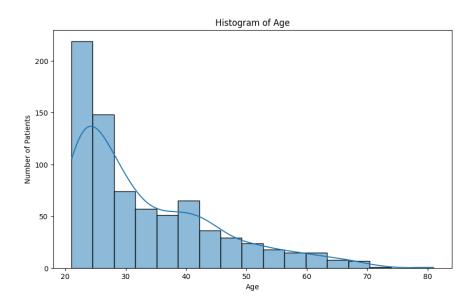
• Create a histogram of the age variable

```
[11]: # Set the figure size
plt.figure(figsize=(10, 6))

# Create a histogram using Seaborn
sns.histplot(data['Age'], kde=True)

# Add title and labels
plt.title('Histogram of Age')
plt.xlabel('Age')
plt.ylabel('Number of Patients')

# Show the plot
plt.show()
```

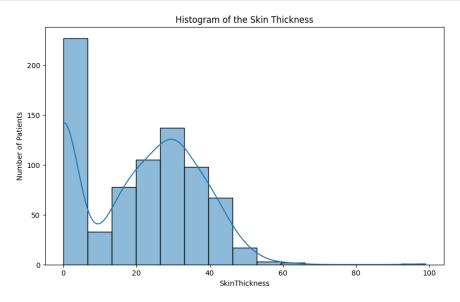


 \bullet Create a histogram of the ${\tt SkinThickness}$ variable

```
[12]: plt.figure(figsize=(10, 6))
    sns.histplot(data['SkinThickness'], kde=True)

plt.title('Histogram of the Skin Thickness')
    plt.xlabel('SkinThickness')
    plt.ylabel('Number of Patients')

plt.show()
```



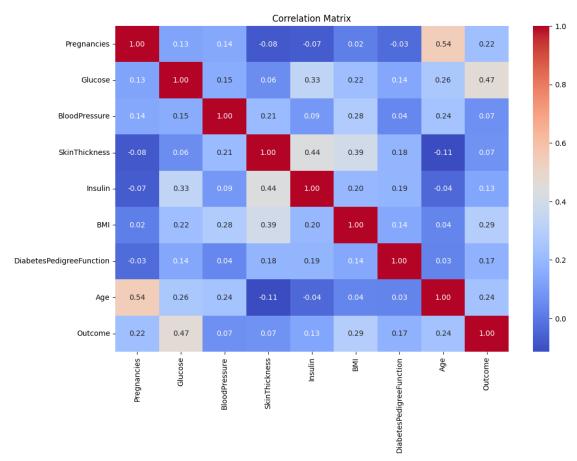
• Create a heatmap of the correlation matrix to compute the correlation coefficients between all pairs of variables in the DataFrame

```
[13]: # Set the figure size
plt.figure(figsize=(12, 8))

# Create a heatmap using Seaborn
sns.heatmap(data.corr(), annot=True, cmap='coolwarm', fmt='.2f')

# Add title
plt.title('Correlation Matrix')

# Show the plot
plt.show()
```



The colors represent the strength and direction of the correlation (cool colors for negative correlation, warm colors for positive correlation).

The resulting plot provides a visual representation of how each variable correlates with every other variable in the dataset

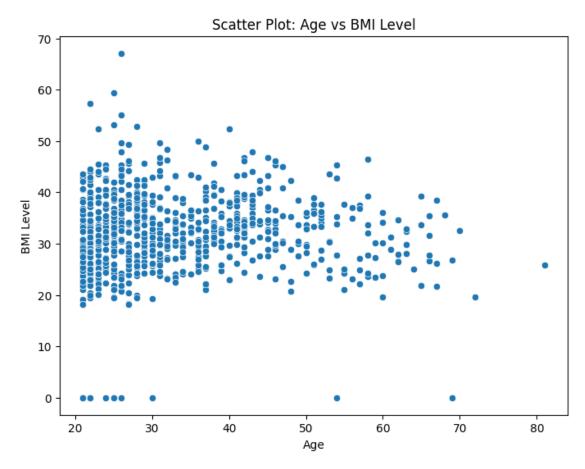
• Creating a scatter plot to visualize the relationship between age and BMI levels

```
[14]: # Set the figure size
plt.figure(figsize=(8, 6))

# Create a scatter plot using Seaborn
sns.scatterplot(x='Age', y='BMI', data=data)

# Add title and labels
plt.title('Scatter Plot: Age vs BMI Level')
plt.xlabel('Age')
plt.ylabel('BMI Level')

# Show the plot
plt.show()
```

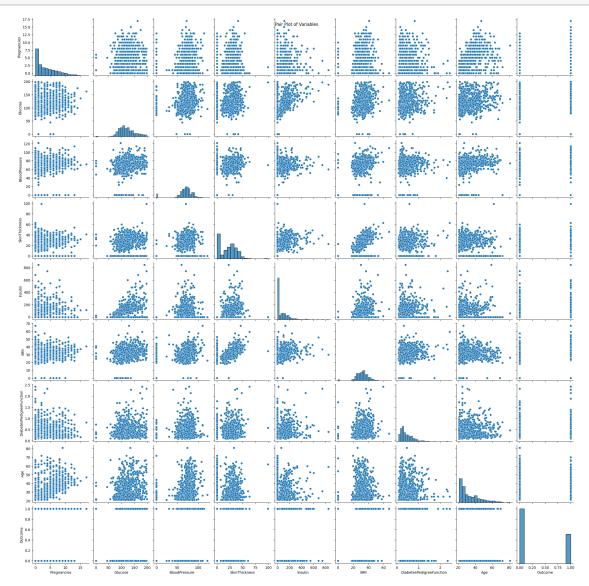


• Creating a pair plot to visualize the relationships between all the variables to generates a grid of scatter plots where each variable is plotted against every other variable. The diagonal of the grid displays histograms for each individual variable. The pair plot is useful for quickly visualizing the relationships and distributions between multiple variables in the dataset.

```
[15]: # Create a pair plot using Seaborn
sns.pairplot(data)

# Add a title
plt.suptitle('Pair Plot of Variables')

# Show the plot
plt.show()
```



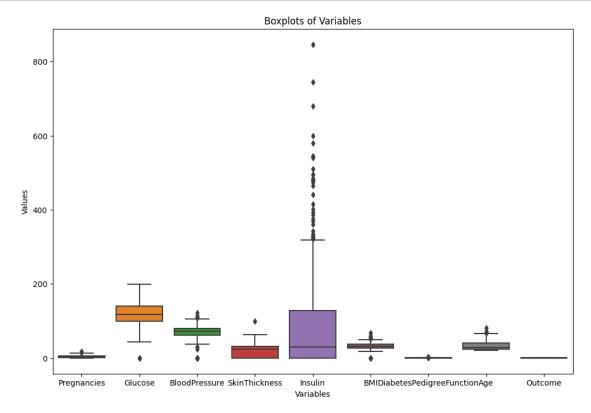
• Creating boxplots to visualize the distribution and identify outliers for all the variables to generate a boxplot for each variable, providing a visual representation of the distribution, central tendency, and presence of outliers. Here, the x-axis represents the variables, and the y-axis represents the values.

```
[16]: # Set the figure size
plt.figure(figsize=(12, 8))

# Create boxplots using Seaborn
sns.boxplot(data=data)

# Add title and labels
plt.title('Boxplots of Variables')
plt.xlabel('Variables')
plt.ylabel('Values')

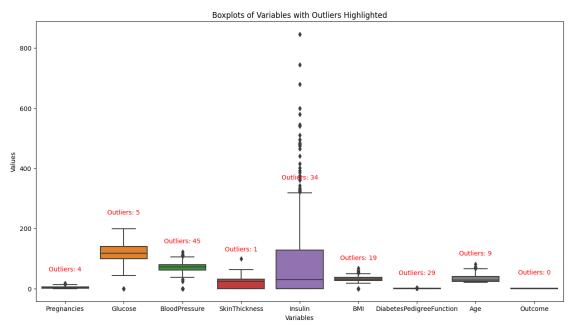
# Show the plot
plt.show()
```



Tips: show the number of outliers in each column above the boxplots, we calculate and display the count of outliers for each column.

```
[17]: # Calculate the lower and upper bounds for outliers
Q1 = data.quantile(0.25)
Q3 = data.quantile(0.75)
IQR = Q3 - Q1
```

```
lower_bound = Q1 - 1.5 * IQR
upper_bound = Q3 + 1.5 * IQR
# Identify outliers
outliers = ((data < lower_bound) | (data > upper_bound))
# Set the figure size
plt.figure(figsize=(15, 8))
# Create boxplots
sns.boxplot(data=data)
# Add title and labels
plt.title('Boxplots of Variables with Outliers Highlighted')
plt.xlabel('Variables')
plt.ylabel('Values')
# Show the number of outliers for each column above the boxplots
for col in data.columns:
    num_outliers = outliers[col].sum()
    plt.text(data.columns.get_loc(col), upper_bound[col] + 0.1 * (upper_bound.
→max() - lower_bound.min()),
             f'Outliers: {num_outliers}', ha='center', va='center', color='red')
# Show the plot
plt.show()
```



• check if there are any missing values in the DataFrame

Glucose 0 BloodPressure 0 SkinThickness 0 Insulin 0 BMI 0 DiabetesPedigreeFunction 0 Age 0 Outcome 0

dtype: int64

If we get missing values in a DataFrame, we can Handle them. Here are several common strategies for handling missing values in three or four columns:

1. Remove Rows with Missing Values: You can remove rows that contain missing values in any of the specified columns using the dropna() method. This is suitable if the number of rows with missing values is small.

```
data.dropna(subset=['Column1', 'Column2', 'Column3', 'Column4'], inplace=True)
```

2. Replace with Default or Specific Values: You can replace missing values with a default value or a specific value based on the characteristics of the data.

```
data['Column1'].fillna(default_value, inplace=True)
data['Column2'].fillna(another_value, inplace=True)
data['Column3'].fillna(specific_value, inplace=True)
data['Column4'].fillna(another_specific_value, inplace=True)
```

3. **Impute with Mean, Median, or Mode:** If the missing values are numerical, you can replace them with the mean, median, or mode of the respective columns.

```
mean_value = data['Column1'].mean()
data['Column1'].fillna(mean_value, inplace=True)

median_value = data['Column2'].median()
data['Column2'].fillna(median_value, inplace=True)

mode_value = data['Column3'].mode().iloc[0]
data['Column3'].fillna(mode_value, inplace=True)
```

4. **Interpolation:** If your data has a temporal or sequential structure, you might consider using interpolation to estimate missing values based on existing values.

```
data.interpolate(method='linear', inplace=True)
```

5 Data Preparation

• Handle outliers using the mean. We calculate the lower and upper bounds based on the interquartile range (IQR) and replaces any values outside this range with the mean of the respective column.

Note: We compute for each variable:

- Q1: The first quantile (25%)
- Q3: The third quantile (75%)
- IQR = Q3 Q1
- The $lower_{bound} = Q1 1.5 * IQR$
- The $upper_{bound} = Q3 + 1.5 * IQR$

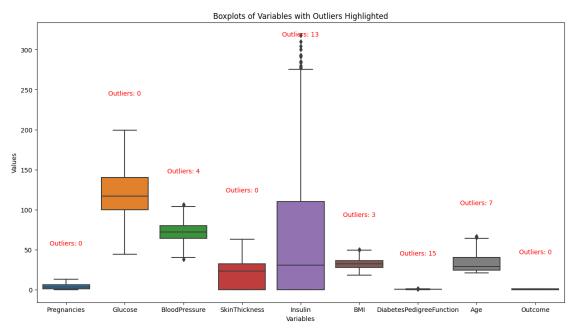
After that, we replace the outliers by lower and upper bounds

```
for col in data.columns:
    Q1 = data[col].quantile(0.25)
    Q3 = data[col].quantile(0.75)
    iqr = Q3 - Q1
    lower_bound = Q1 - 1.5 * iqr
    upper_bound = Q3 + 1.5 * iqr
    data[col] = np.where((data[col] < lower_bound) | (data[col] > upper_bound),
    data[col].mean(), data[col])
```

Tips: I run the cell above three times to handle the outliers by the mean

• Check if there are still any outliers or not

```
[20]: # Calculate the lower and upper bounds for outliers
      Q1 = data.quantile(0.25)
      Q3 = data.quantile(0.75)
      IQR = Q3 - Q1
      lower_bound = Q1 - 1.5 * IQR
      upper_bound = Q3 + 1.5 * IQR
      # Identify outliers
      outliers = ((data < lower_bound) | (data > upper_bound))
      # Set the figure size
      plt.figure(figsize=(15, 8))
      # Create boxplots
      sns.boxplot(data=data)
      # Add title and labels
      plt.title('Boxplots of Variables with Outliers Highlighted')
      plt.xlabel('Variables')
      plt.ylabel('Values')
```



Split the de data in to parts or sets; features and target. - Target is the column <code>Outcome</code> - Features are all the columns except the target

```
[21]: X = data.drop('Outcome', axis=1)
y = data['Outcome']
```

• show the number of observations for each class (1 and 0) in the 'Outcome' column

```
[22]: print(f"Unique values in 'Outcome' column: {y.unique()}")
print(f"Number of unique values in 'Outcome' column: {y.nunique()}")
print(f'Count the number of observations for each class \n: {y.value_counts()}')
```

```
Unique values in 'Outcome' column: [1. 0.]

Number of unique values in 'Outcome' column: 2

Count the number of observations for each class
: Outcome

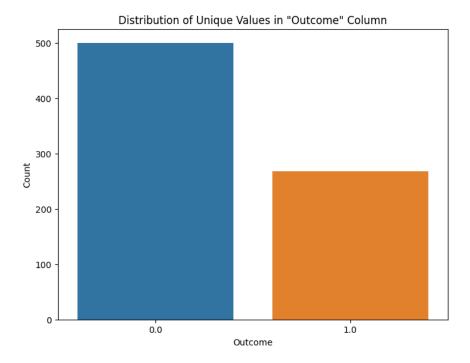
0.0 500
```

1.0 268

Name: count, dtype: int64

• visualize the distribution of unique values in the 'Outcome' column, which contains binary values (1 and 0)

```
[23]: # Plot the distribution
plt.figure(figsize=(8, 6))
sns.countplot(x=y)
plt.title('Distribution of Unique Values in "Outcome" Column')
plt.xlabel('Outcome')
plt.ylabel('Count')
plt.show()
```



we can also use:

```
y.value_counts().plot(kind='bar', color=['skyblue', 'lightcoral'])
```

From the statistics describtion of the data (data.discribe()), we can see the columns must be scaled

• Normalizing numeric variables with StandardScaler

```
[24]: scaler = StandardScaler()
X = scaler.fit_transform(X)
```

• Sow the Normalisation result

```
[25]: X_df = pd.DataFrame(X, columns=data.columns[:-1])
      X_df.describe()
[25]:
             Pregnancies
                                Glucose
                                         BloodPressure
                                                        SkinThickness
                                                                            Insulin \
            7.680000e+02 7.680000e+02
                                          7.680000e+02
                                                         7.680000e+02 7.680000e+02
      count
     mean
             1.434038e-16 -1.595946e-16
                                          4.255855e-16
                                                         1.272131e-17 -7.864080e-17
      std
             1.000652e+00 1.000652e+00
                                          1.000652e+00
                                                         1.000652e+00 1.000652e+00
                                                        -1.302538e+00 -8.153544e-01
     min
            -1.158789e+00 -2.553955e+00
                                         -3.048148e+00
      25%
            -8.527940e-01 -7.210503e-01
                                         -7.190618e-01
                                                        -1.302538e+00 -8.153544e-01
      50%
            -2.408039e-01 -1.539182e-01
                                         -2.419844e-03
                                                         1.635453e-01 -4.212562e-01
      75%
             6.771814e-01 6.104773e-01
                                          7.142221e-01
                                                         7.372301e-01 6.059836e-01
     max
             2.819147e+00 2.542014e+00
                                          3.043308e+00
                                                         2.713255e+00 3.293605e+00
                           DiabetesPedigreeFunction
                      BMI
                                                              Age
            7.680000e+02
                                       7.680000e+02 7.680000e+02
      count
     mean
             2.151057e-16
                                      -8.789266e-17 2.266705e-16
      std
             1.000652e+00
                                       1.000652e+00 1.000652e+00
     min
            -2.185127e+00
                                      -1.443178e+00 -1.069690e+00
      25%
            -7.334514e-01
                                      -7.663432e-01 -7.979675e-01
      50%
           -3.102758e-02
                                      -2.405970e-01 -3.450974e-01
      75%
            6.401774e-01
                                       6.159099e-01 6.512168e-01
     max
             2.778668e+00
                                       3.101720e+00 3.006141e+00
```

6 Modelling

In this modelling phase we use:

Supervised learning

decision tree

logistic regression

For the supervised learning our target is Outcome

• Split the data into training set and testing set using train test split

```
[26]: X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, u →random_state=42)
```

• Display the shape of the splited sets: X_train, X_test, y_train, y_test

```
[27]: print(f'The shape of training features is: {X_train.shape}')
print(f'The shape of training target is: {y_train.shape}')

print(f'The shape of testing features is: {X_test.shape}')
print(f'The shape of testing target is: {y_test.shape}')
```

```
The shape of training features is: (614, 8) The shape of training target is: (614,)
```

```
The shape of testing features is: (154, 8) The shape of testing target is: (154,)
```

6.0.1 Decision Tree classifier

Here are the steps to implement a Decision Tree classifier:

1. Import the Decision Tree classifier from scikit-learn:

from sklearn.tree import DecisionTreeClassifier

2. Create an instance of the Decision Tree classifier:

```
# we adjust hyperparameters like max_depth, min_samples_split, etc.
tree = DecisionTreeClassifier(max_depth=..., min_samples_split=...)
```

3. Train the classifier using the training data X_train and y_train:

```
tree.fit(X_train, y_train)
```

4. Make predictions on the test data X_test and store the predicted labels in y_pred:

```
y_pred = tree.predict(X_test)
```

```
[28]: from sklearn.tree import DecisionTreeClassifier

# Create an instance of the Decision Tree classifier
tree = DecisionTreeClassifier()

# Train the classifier using the training data
tree.fit(X_train, y_train)

# Make predictions on the test data
y_pred = tree.predict(X_test)
```

Calculating various performance metrics for a classification model using couple of metrics:

• accuracy_score: The accuracy score is a measure of the overall correctness of a classification model. It is calculated as the ratio of correctly predicted instances to the total number of instances. The mathematical formula for accuracy score is:

$$Accuracy = \frac{Number of Correct Predictions}{Total Number of Predictions}$$

Mathematically, if we have: - (TP) (True Positives): the number of instances correctly predicted as positive, - (TN) (True Negatives): the number of instances correctly predicted as negative, - (FP) (False Positives): the number of instances incorrectly predicted as positive, - (FN) (False Negatives): the number of instances incorrectly predicted as negative, then the accuracy can be expressed as:

$$\label{eq:accuracy} \text{Accuracy} = \frac{TP + TN}{TP + TN + FP + FN}$$

• precision_score: Precision is a metric used in classification to measure the accuracy of the positive predictions made by a model. It is calculated as the ratio of true positive predictions

to the total number of positive predictions (both true positives and false positives). The precision formula is given by:

$$\label{eq:Precision} \begin{aligned} & \text{Precision} = \frac{\text{True Positives}}{\text{True Positives} + \text{False Positives}} \end{aligned}$$

• recall_score: Recall, also known as sensitivity or true positive rate, is a metric in classification that measures the ability of a model to identify all relevant instances of a class. It is calculated as the ratio of true positive predictions to the total number of actual positive instances (true positives and false negatives). The recall formula is given by:

$$Recall = \frac{True\ Positives}{True\ Positives\ +\ False\ Negatives}$$

• fl_score: The F1 score is a metric in classification that combines precision and recall into a single measure. It is the harmonic mean of precision and recall and is particularly useful when there is an uneven class distribution (imbalanced datasets). The F1 score is calculated using the following formula:

$$F1 Score = \frac{2 \times Precision \times Recall}{Precision + Recall}$$

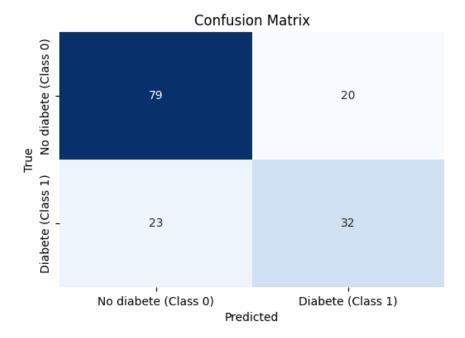
the F1 score can be expressed as:

$$F1 \; Score = \frac{2 \times \frac{True \; Positives}{True \; Positives \; + \; False \; Positives} \times \frac{True \; Positives}{True \; Positives \; + \; False \; Negatives}}{\frac{True \; Positives}{True \; Positives \; + \; False \; Positives}} + \frac{True \; Positives}{True \; Positives \; + \; False \; Negatives}}$$

Accuracy: 72.08% Precision: 61.54%

Recall: 58.18% F1 Score: 59.81%

• plot the confusion matrix for the Decision Tree classifier



In a confusion matrix, the elements represent the counts of True Positives (TP), True Negatives (TN), False Positives (FP), and False Negatives (FN).

The following table represents the four cases in a confusion matrix:

	Predicted Positive	Predicted Negative
Actual Positive	True Positives (TP)	False Negatives (FN)
Actual Negative	False Positives (FP)	True Negatives (TN)

• find the optimal hyperparameters for a Decision Tree classifier using Grid Search

```
[31]: from sklearn.model_selection import GridSearchCV
      # Define the parameter grid
      param_grid = {
          'max_depth': [2, 3, 5, 7, None], # Maximum depth of the tree
          'min_samples_split': [1, 2, 5, 10] # Minimum samples required to split anu
      \rightarrow internal node
      }
      tree = DecisionTreeClassifier()
      # Create GridSearchCV instance
      grid_search = GridSearchCV(tree, param_grid, cv=5, scoring='accuracy')
      # Perform grid search on the training data
      grid_search.fit(X_train, y_train)
      # Print the best hyperparameters
      print("Best Hyperparameters:", grid_search.best_params_)
      # Make predictions on the test data using the best model
      best_model = grid_search.best_estimator_
      y_pred = best_model.predict(X_test)
      # Calculate accuracy
      accuracy = accuracy_score(y_test, y_pred)
      print(f'Accuracy with Best Model: {accuracy * 100:.2f}%')
     Best Hyperparameters: {'max_depth': 3, 'min_samples_split': 2}
     Accuracy with Best Model: 75.97%
```

[32]: best_model

[32]: DecisionTreeClassifier(max_depth=3)

6.0.2 Logistic Regression classifier

Here are the steps to implement a Logistic Regression classifier:

1. Import the Logistic Regression classifier from scikit-learn:

from sklearn.linear_model import LogisticRegression

2. Create an instance of the Logistic Regression classifier:

```
# We can adjust hyperparameters like C (inverse of regularization strength), solver, etc. logistic_regression = LogisticRegression(C=\ldots, solver=\ldots)
```

3. Train the classifier using the training data X_train and y_train:

```
logistic_regression.fit(X_train, y_train)
```

4. Make predictions on the test data X_test and store the predicted labels in y_pred:

```
y_pred = logistic_regression.predict(X_test)
```

```
[33]: from sklearn.linear_model import LogisticRegression

# Create a Logistic Regression classifier
logistic_regression = LogisticRegression()

# Train the classifier using the training data
logistic_regression.fit(X_train, y_train)

# Make predictions on the test data
y_pred = logistic_regression.predict(X_test)

# Calculate accuracy
accuracy = accuracy_score(y_test, y_pred)
print(f'Accuracy: {accuracy * 100:.2f}%')
```

Accuracy: 75.32%

• find the optimal hyperparameters for a Logistic Regression classifier using Grid Search

```
print("Best Hyperparameters:", grid_search_lr.best_params_)

# Make predictions on the test data using the best model
best_model_lr = grid_search_lr.best_estimator_
y_pred = best_model_lr.predict(X_test)

# Calculate accuracy
accuracy = accuracy_score(y_test, y_pred)
print(f'Accuracy with Best Model: {accuracy * 100:.2f}%')

Best Hyperparameters: {'C': 0.1, 'solver': 'lbfgs'}
Accuracy with Best Model: 75.97%

[35]: best_model_lr

[35]: LogisticRegression(C=0.1)

[]:
```