

## **Tattoo Aftercare Instructions**

Congratulations on your new tattoo! Proper aftercare is essential to ensure your tattoo heals well and maintains its vibrancy. Follow these instructions carefully.

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### **Immediate Aftercare (First 24 Hours)**

- Keep the bandage on for the time recommended by your artist (typically 2-6 hours).
  - Wash your hands thoroughly before touching your tattoo.
  - Gently wash the tattoo with lukewarm water and mild, fragrance-free soap.
  - Pat dry with a clean paper towel or let it air dry—do not rub.
  - Apply a thin layer of recommended tattoo aftercare ointment.
  - Avoid re-bandaging unless directed by your artist.
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### **First Few Days (Days 1-3)**

- Wash your tattoo twice daily with lukewarm water and mild soap.
  - Apply a light layer of aftercare ointment after each wash.
  - Avoid heavy creams or petroleum-based products.
  - Wear loose, breathable clothing over the tattooed area.
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### **Ongoing Care (Days 4-14)**

- The tattoo will start to scab and peel—DO NOT pick or scratch.
  - Continue washing gently and apply a fragrance-free moisturizer.
  - Avoid swimming, saunas, hot tubs, and soaking in water.
  - Keep the tattoo out of direct sunlight and avoid tanning beds.
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### **Long-Term Care (After 2 Weeks)**

- Your tattoo should be mostly healed but may still appear slightly dull.
  - Keep moisturizing daily to maintain skin health.
  - Always use sunscreen (SPF 30 or higher) on healed tattoos to prevent fading.
  - Stay hydrated and maintain good skincare habits for tattoo longevity.
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## What to Avoid

- Scratching or peeling off flakes.
  - Exposing the tattoo to excessive moisture.
  - Wearing tight, restrictive clothing that may rub the tattoo.
  - Using alcohol-based products on the tattoo.
  - Intense workouts that may cause excessive sweating in the tattooed area.
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## Signs of Infection

- Excessive redness or swelling beyond the tattoo area.
- Persistent pain, warmth, or throbbing.
- Yellow or green pus, or a foul odor.
- Fever or flu-like symptoms.

If you experience any of these symptoms, contact your tattoo artist or a healthcare professional immediately.

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**Enjoy your tattoo and take care of your skin!** If you have any concerns, always reach out to your tattoo artist for guidance.