

■ Adventure Summer Camp – Packing List

Here's everything your child will need for an unforgettable week in the Belgian Ardennes. Label all items clearly!

■ Clothing

Item	Notes
T-shirts (x7)	Short and long sleeves
Sweaters or fleeces (x2)	
Rain jacket or poncho (x1)	Waterproof, essential
Long pants (x2)	
Shorts (x3)	
Underwear (x7)	
Socks (x7)	Include hiking socks
Warm pyjamas (x1)	
Swimsuit (x1)	
Cap or sunhat (x1)	For sun protection
Hiking shoes (x1)	Sturdy and broken-in
Sneakers (x1)	For general use
Flip-flops or sandals (x1)	For shower or water activities

■ Toiletries

Item	Notes
Toothbrush + toothpaste	
Hairbrush or comb	
Shampoo & body wash	Biodegradable preferred
Towel	Quick-dry recommended
Washcloth	
Deodorant	
Sunscreen	High SPF
Insect repellent	

■ Camp Gear

Item	Notes
Sleeping bag	3-season recommended
Pillow	

Fitted sheet	For camp mattress
Reusable water bottle	Labelled with name
Flashlight or headlamp	Bring extra batteries
Small backpack	For daily outings
Plastic bags or laundry sack	For dirty clothes

■ Optional but Recommended

Item	Notes
Book or comic book	
Journal & pen	
Sunglasses	
Card or board games	Small ones
Stuffed animal or comfort item	
Nut-free snacks	Non-perishable only

■ Do NOT Bring

Item	Notes
Phones or electronics	
Valuables	Jewelry, expensive items
Pocket knives or tools	
Nut-based snacks	Nut-free camp
Sodas or energy drinks	