```java
public static boolean checkIfLettersOnly(String stringToTest) {
    char ch;
    int i = 0;
    while (i < stringToTest.length()) {
        ch = stringToTest.charAt(i);
        if (!(ch >= 'a' && ch <= 'z') && !(ch >= 'A' && ch <= 'Z'))
            return false;
        i++;
    }
    return true;
}
```