```
public static boolean checkIfLettersOnly(String stringToTest) {
   char ch;
   int i = 0;
   while (i < stringToTest.length()) {
      ch = stringToTest.charAt(i);
      if (!(ch >= 'a' && ch <= 'z') && !(ch >= 'A' && ch <= 'Z'))
           return false;
      i++;
   }
   return true;
}</pre>
```