



TDI Nitrox Avancé et Procédures de Décompression

Liste d'exercices

TECHNICAL DIVING INTERNATIONAL
www.tdisdi.com

1. Land

- ☐ Hand signals
- ☐ Lift bag / SMB deployment
- ☐ Gas switch / NOTOX
- ☐ Analyze gas mixes
- ☐ Calculate MOD
- ☐ Gas labeling
- ☐ Equipment setup
- ☐ Equipment handling
- ☐ Computer setup
- ☐ Dive planning
- ☐ CNS, OTU's
- ☐ Gas matching

2. Pre-dive

- ☐ START

3. Dives

- ☐ Buoyancy control
- ☐ Trim
- ☐ Awareness
- ☐ Follow dive plan
- ☐ Freeflow
- ☐ Valve shutdown
- ☐ Air sharing
- ☐ Liftbag / SMB
- ☐ Ascent on liftbag / SMB
- ☐ Remove and replace mask
- ☐ Deploy backup mask
- ☐ BCD Inflator malfunction
- ☐ Swimming with 1 deco cylinder
- ☐ Stage / retrieve
- ☐ Gas switch / NOTOX
- ☐ Buddy breathing deco gas (1min)
- ☐ Freeflow deco regulator
- ☐ Tired diver tow for 30m (surface and depth)
- ☐ Breathe hold swim 15m
- ☐ Contingency simulation / problem solving
- ☐ Modification of schedule
- ☐ Safety stop

4. No excuses

- ☐ Lost of buoyancy below MOD
- ☐ Switch deco gas below MOD
- ☐ Wrong deco schedule
- ☐ Disregard for oxygen compatibility

5. Mutli fail

- ☐ Air sharing then backup mask
- ☐ Freeflow deco then liftbag
- ☐ Stage/retrieve and OOA