



# V VINEESHA NAIR

*Student*

## OBJECTIVE

Counselling psychology student seeking job to apply academic knowledge, develop therapeutic skills, and gain practical experience. Committed to promoting mental health and well-being through effective counselling practices.

## SKILLS

MS Word  
MS excel  
MS PowerPoint  
Canva  
Critical thinking  
Problem solving  
Presentation

## LANGUAGES KNOWN

English  
Hindi  
Malayalam  
Tamil

## CONTACT ME



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Bengaluru, India

## ➤ EDUCATION

### CMR UNIVERSITY

Master of Science (M.Sc.), Counselling  
Psychology

CGPA 8.75 (2023-2025)

### DR. MGR EDUCATIONAL AND RESEARCH INSTITUTE

Bachelor of Science (B.Sc.), Psychology  
CGPA 6.82 (2019-2022)

## ➤ WORK EXPERIENCE

### Special Educator • Internship

Jul 2024 - Sep 2024

Akshadhaa Foundation, Bangalore

### Human Resources (HR) • Internship

Oct 2021 - Jan 2022

Aashman Foundation, Virtual

### Human Resources (HR) • Internship

Sep 2021 - Oct 2021

Learnovatecommerce, Virtual

### Psychology • Internship

Aug 2021 - Sep 2021

Health 4 U Multi Speciality Clinic, Port Blair

### Psychology • Internship

May 2021 - Nov 2021

Aashman Foundation, Virtual

## ➤ CERTIFICATION

### Psychology Of Language

Aug 2021 - Oct 2021

NPTEL, Virtual

### Psychology

Aug 2021

MyCaptain, Virtual

### Department Of Mental Health and Behaviour Science

Jun 2021 - Jul 2021

Fortis, Virtual