

Profile

Dedicated and aspiring Counseling Psychologist passionate about helping individuals navigate challenging times. Well-versed in diverse therapeutic approaches, with a genuine interest in understanding people on a profound level. Eager to contribute empathetic counseling skills and knowledge to support clients in overcoming obstacles. Aspiring to embark on a freelancing journey, merging expertise in counseling with a unique integration of music and psychology for the enriching practice of music therapy.

Relevant Coursework

Health Psychology (Applied Component), July 2022-Feb 2023

Stock Market Course, Jan 2023-Feb 2023

IT Course, Sept 2022-Oct 2022

Skills

- Proficient in MS Office, Canva
- Fluent in English and Hindi
- Knowledge of beginner level Japanese
- Excellent Grammar, editing, proofreading, research, analysis and critical thinking skills
- Professionally learnt Indian Classical Music (Vocal) for 8 years
- Art and designing skills

Parthvi Bhanushali



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Mumbai-400080



Education

KET's V.G. Vaze College, Mulund

Bachelor of Arts in psychology (expected graduation date: April 2024)

Smt. Sulochanadevi Singhanian School, Thane

12th Grade (Arts), 2021

Smt. Sulochanadevi Singhanian School, Thane

10th Grade, 2019



Internships

- **PsychExplorer Internship Program, HeartItOut** (Sept 2024-Oct 2024) Certificate
- **Crisis Counselor Intern, Vandrevalla Foundation** (May 2024-present)

- **Intern, Fortis Healthcare Limited** (6th - 20th June, 2022)

Clinical Psychology Internship for college students Certificate

- **Intern, Fortis Healthcare Limited** (1st - 15th July, 2021)

Clinical Psychology Internship for college students Certificate

- **Intern, Fortis Healthcare Limited** (2nd - 4th June, 2020)

Expressive Arts Based Therapy Certificate

➤ Courses & Workshops:

- Worked as a Rater for a research on “Creativity Deception” by research associates at Monk Prayogshala from May 2024 to June 2024
- Completed a course “Basic Communication and Counselling Skills” conducted by the Department of Psychology, V.G. Vaze College from 5th February to 12th March 2024
- Completed a course “Thriving and Flourishing: Carving a Good Life” organized by the Department of Psychology, V.G. Vaze College from 3rd February to 8th March, 2022 & 2023 Certificate1 Certificate2
- Attended an event “Understanding the Challenges of Learning Disabilities” organized by the Department of Psychology, V.G. Vaze College on 12th February, 2022
- Attended a panel discussion on ‘Chemistry of Moods’ organized by the Department of Chemistry and Psychology, Sophia College on 20th November, 2021
- Attended a Mental Health Campaign organized by the Department of Psychology, V.G. Vaze College on 5th October, 2021 Certificate
- An active member of the English Literary Association in V.G. Vaze College (Design Department), 2021-2023
- Participated in a workshop Introduction to School Psychology, Positive Psychology, Rorschach Inkblot Test by Fortis Mental health, July 2021 Cert1 Cert2 Cert3
- Participated in a workshop on Introduction to Fashion Psychology, Psycho-Oncology, Art in Therapy, Sport Psychology, Psychotherapy, Music and Movement in Therapy, Positive Psychology by Fortis Mental health, July-August 2020
- Participated in the Fortis Prosocial Peer Moderator Program by Fortis Mental health, June 2020 Cert1 2 3 4
- He? She? Me! Gender Workshop, 2020 Certificate
- Participated as a Member of the Press in ISMUN, 2019 Certificate
- Participated as the Delegate of Yemen in the UNGA Committee in ISMUN, 2018 Certificate