

Chaitali WATANE

Counseling Psychologist

About Me

As a counseling psychologist with 1 year of experience helping individuals overcome a variety of mental health concerns like anxiety, depression, trauma, substance use, and more. I am committed to providing compassionate and holistic care, utilizing a collaborative approach to develop individualized treatment plans and promote positive change.

My Contact



9172338079



chaitaliwatane07@gmail.com



Skills

- Patience
- Organization
- Communication
- Active Listening
- Critical thinking
- Decision Making
- Problem solving
- Counseling

languages

- Marathi
- Hindi
- English

Education

- Maharashtra Institute of Mental Health (MIMH)
Certificate Course in Counselling
2023 - 2024
- Nagpur University
Masters in Psychology (Clinical Psychology)
2019 - 2021
- Nagpur University
Bachelor of Science (PCM)
2016- 2019

Experience

- Internship:
Trainee Counselor at MIMH(Sassoon Hospital, Pune)
March - April 2024
 - Conducted 20+ one-on-one counseling sessions with diverse clients
 - Performed 150+ IQ assessments and 20 psychometric assessments
 - Collaborated with senior psychologists to develop treatment plans
- Internship:
Child Care Development Center (Nagpur)
October - December 2022
 - Assisted in care and activities for 15+ special needs children
 - Implemented behavioral management strategies
 - Parent counselling