



FARHANA SALIM

PSYCHOLOGIST/COUNSELLOR

CONTACT INFORMATION



farhasalim32@gmail.com



8086581815



Kerala, India

SKILLS

- Active listening
- Communication
- Interpersonal skills
- Calm under pressure
- Adaptability and flexibility
- Problem solving capabilities
- leadership

LANGUAGE

- English
- Malayalam
- Hindi (read and write)
- Arabic (read and write)

PROFILE

Dedicated Psychologist with junior level experience in assessing and guiding clients with various emotional, mental and behavior disorders. Adept at consultation for new clients and maintain relationship with existing one. Provide assessment and intervention through psychosocial tests and referrals to specialist services. Gifted listener and communicator with great conflict resolution skill. Also accept every opportunity which can give me a good exposure to expand my knowledge and to contribute in the progress of the institution through my knowledge.

EXPERIENCE

Dr.Salim's Centre for Neuro-Psychiatry & counselling

Psychologist intern

- Actively participated in taking case histories covering personal, work and social details for permanent record, mental status examinations,
- Participated in daily ward rounds.
- Conducted psychological assessment.
- Case discussion and clinical management of psychiatric patients under supervision.
- Implemented crisis intervention techniques to help individuals through complex situations.
- Assisted with documenting and evaluating behaviors of individuals with mental health diagnoses.
- Offered specific advices to help clients work through educational or occupational issues.
- Provide psychoeducation to the family of the client.

- Established effective and collaborative working relationship with treatment providers

PUBLICATIONS

Content Analysis on Body Shaming Aspects in Advertisements has been published in International Journal of Creative Research Thoughts (IJCRT) & 7.97 Impact Factor by Google Scholar Volume 10 Issue 11 November 2022, on 15 November 2022.

EDUCATION

Applied Behavior Analysis (ABA) [2024]

National Academy- Dubai

KHDA approved Certificate program

School counselling certified course [12/2023] – [1/2024]

InPsyGht and InCare psychological well-being Centre- Malappuram

The course detailed about:

- Introduction to school counselling
- Developmental and child psychology
- Childhood disorders
- Counselling adolescents
- Speech and language disorder
- Basics of counselling and behavioral therapies in school
- Psychological assessment
- IEP
- Assignments and Case Study

Msc in psychology [2020] – [2022]

Ansar Women's College- Perumbilavu

University of Calicut

Bsc in psychology [2017] – [2020]

Mar Dionysius College – Pazhanji

University of Calicut

CERTIFICATES

Certificate of social service

Certificate provided by Madhyamam Health Care Program, for creating awareness and assisting in raising funds for the care of economically backward patients, irrespective of race, religion, caste or creed.

REFERENCES

[Available upon request.]