



ISHMEET SACHDEVA

APPLIED PSYCHOLOGY STUDENT



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PROFILE

I'm **BA HONS APPLIED PSYCHOLOGY** Student aiming to professionally make a change in people's lives. Recognized for my key skills of **leadership and communication**. My current focus is on self development and knowledge enhancement.

EXPERIENCE

2023 March-Present
Project C Foundation
(Online)

Content and Research Development Intern

Creating concise, eye-catching, and innovative headlines and body copy, Research markets and industries to compare and create innovative and original content,

Sept 2022 - Jan 2023
Muskurahat Foundation
(Online)

Fundraising Associate

Muskurahat foundation, Noida Raising funds for education of underprivileged children

Jun 2022- Jul 2022
Blossom Clinic, Agra
(Offline)

Observer ship of Clinical Psychology

Observing clients, under **Dr. Pallavi Walia** (Clinical and Counseling Psychologist). Dealt with patients having depression, anxiety, autism and ADHD children's.

EDUCATION

- 2019-2020
Class XII
Delhi public school, Agra
- 2020-2022
Bachelors Hons Applied Psychology
Amity University Noida

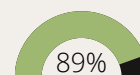
SKILLSET

Creative Writing	Public Interaction
Leadership	Adaptable
Communication	Professional
Decision-Making	Problem solving
Time Management	Using Tools- Excel, word, PowerPoint

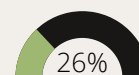
LANGUAGE



Hindi



English



French



Oct 2021- Nov 2021
Karuna - The Compassion
(Remote)

Volunteer Work

Working with underprivileged children and in slum areas,
plantation drive, food drive, animal feeding drive.

Jul 2021- Jul 2021
Institute of Mental
Health and Psychological
Sciences, Coimbatore
(Online)

Internship in Counselling Psychology

Skill based internship of 120 hours, Goals and
implementation of psychology. Counselling techniques,
role play.

Apr 2021-May 2021
Mycaptain
(Online)

Internship

One month psychology Course Guided understand Dr. Yogita
Madan. Understanding well psychology and its concept With
practical exposure. solving real life cases studies.

June 2020-July 2020
DU Connect
(Online)

DU Connect Brand Associate

Collecting know brand information for research
purpose.

June 2018-July 2018
Moolchand Hospital,
New Delhi
(Offline)

Psychology Internship

Fresher Internship With lecture and live Exposure of
Autistic and ADHD Children's. Live Case Discussion
and Lectures.

HOBBIES

- **Theater**
- **Dancing**
- **Reading**
- **Writing Poetry**
- **Playing Softball**
- **Listening Music**
- **Basketball**
- **Movies**

ROLE AND RESPONSIBILITY

Present Vice-President

Kissa Dramatics Society,
Amity University Noida

(Organized events, participated in university as well as inter-university plays and competition,
directed, written, performed- short films, nukkad natak plays and monoacts)

Present Core Team Member

Sports club,
Amity University Noida

(Played basketball, softball in Sangathan- college sport event in 2021 &2022. Organizing
sports events taking trails et.)

Member Present

Organizing Committee,
Amity University Noida

Organizing events in College fest and seminars and workshops