



PROFILE

A dedicated postgraduate psychology student who has a keen interest in personality and child psychology. My academic journey is driven by deep commitment to understand human behavior, apply psychology in daily life and develop practical skills and contribute to psychology research. Apart from academic sphere, I am passionate about content writing, dance and painting. With a blend of academic dedication and creative skills, I am poised to make significant contributions to the field of psychology.

EDUCATION

**DR. HARISINGH GOUR UNIVERSITY,
SAGAR (M.P.)**

Bachelor's Degree in Psychology
2021 – 2024

AMITY UNIVERSITY, MUMBAI

Master's Degree in Psychology
2024 – 2026

SKILLS

- Microsoft office
- Research skills
- Teamwork and collaboration
- Problem-solving
- Time management
- Empathy and active listening
- Interpersonal skills

WORKSHOPS

**WORKSHOP: MENTAL HEALTH AND
UNIVERSAL HUMAN RIGHTS**

World Mental Health Day 2023, Dr. Harisingh Gour University, Sagar (M.P.).
Participated in a workshop organized by B.S. Neuro Counseling Center, Department of Psychology
Date: October 5, 2023

PROFESSIONAL EXPERIENCE

Knowledge Analyst

Krsh Foundation | June 2023-July 2023

- Developed and managed up-to-date knowledge of the topics related to mental health and psychology

Content Writer

Marpu Foundation| August 2023

- Prepared reports related to social awareness
- Create engaging and useful content

CERTIFICATES

ESSAY WRITING COMPETITION

World Mental Health Day 2023, Dr. Harisingh Gour University, Sagar (M.P.).
Secured third rank in essay writing competition organized by B.S. Neuro Counseling Center, Department of Psychology
Date: October 6, 2023

**CERTIFICATE OF APPRECIATION: INTERNET
ADDICTION TEST**

World Mental Health Day 2023, Dr. Harisingh Gour University, Sagar (M.P.).
Participated and administered the Internet Addiction Test as a part of event organized by B.S. Neuro Counseling Center, Department of Psychology
Date: October 9, 2023