

ANUP YADAV

Shastri Nagar near Punjabi colony beshide osr gym unr 3
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OBJECTIVE

Seeking a psychology internship to apply theoretical knowledge and gain practical experience in assessment, diagnosis, and treatment of mental health disorders."

EXPERIENCE

- **MINDGUARDIAN - PSYCHOLOGICAL HEALTHCARE SERVICE**
25/08/2024 -
Internship (Psychologist)
 - Observed individual and group therapy sessions
 - Witnessed psychological assessments and testing
 - Shadowed licensed psychologists in clinical settings
 - Observed crisis intervention and management techniques
 - Interpersonal and communication skills
 - Observation and note-taking skills
 - Participated in debriefing sessions with psychologists
 - Contributed to research projects (e.g., literature reviews, data collection)

EDUCATION

- **IGNOU University**
2024
MA in Psychology (Pursuing)
- **R.K.T college**
2020
Bachelor's in History
- **Mumbai University**
2024
Masters in history (MA in History)

SKILLS

- Verbal and written communication
- Active listening
- Positive attitude
- Strong understanding of psychological theories and research methodology
- Excellent communication and interpersonal skills
- Ability to maintain confidentiality adherence to ethical standards

LANGUAGES

- * English * Hindi * Marathi