

ADITI DESHPANDE

Aspiring Mental Health Professional

+91 8452868523



aditid2112@gmail.com



Bramhand, Thane.



SUMMARY

A hardworking student pursuing a Master's in Clinical Psychology to better understand mental illnesses in individuals to aid them to manage it, help society by creating a safe space for individuals and grow my field of understanding the world and myself.

EDUCATION

Vinayak Ganesh Vaze College Of Arts, Science And Commerce.

Bachelors of Arts (Psychology)
2020- 2023

Ramnarain Ruia Autonomous College.

Master's in Clinical Psychology.
2023- Present

- Course work in the first year included Psychopathology, Psychodiagnostics, Psychotherapy, REBT, Grief and trauma Counseling, Research methodology.
- Current course work includes Psychopathology, Psychodiagnostics, Psychotherapy, Forensic psychology, Mental health laws and ethical codes and research methodology

SKILLS

- Refined skills in taking interviews, transcribing, analyzing and creating reports for the same.
- Proficient in administering Psychometric tests and Counseling.
- Exceptional communication and interpersonal skills
- Ability to work independently and as part of a team
- Detail-oriented and able to handle multiple tasks simultaneously
- Working knowledge of MS Word, MS Excel, MS Power Point, and Emailing.

PROFESSIONAL EXPERIENCE

Clinical Psychology Intern

Rajiv Gandhi Medical College & Chhatrapati Shivaji Maharaj Hospital |
Aug 2024 - Oct 2024

- Observing cases that present in the OPD.
- Psychiatric case history taking.
- Administering psychometric tests on various populations.
- Interpretation and creating reports for the tests administered.
- Conducting psychotherapy and counseling sessions.

Intern

Acharya Shree Vijay Vallabh School | Feb 2024 - Feb 2024

- Case history taking.
- Mental status examination
- Administer intelligence and projective tests on adolescents.
- Interpreting the results and treatment plan formulation.

Intern

Aastha HealthCare and Educational Foundation | Jan 2024 - Jan 2024

- Behavioural Observation of symptoms and different presentations of a disorder.
- Treatment formulation based on presenting concerns.

CERTIFICATIONS

- Basic Communication and Counseling skills.
- Clinical Psychology Internship (Remote.)