

KASHISH GALAIYA

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SUMMARY

Hello, I am a psychology undergrad with background experience as a crisis counsellor; skilled at actively listening to client's needs and offering empathetic assistance. Proven ability to maintain accurate case records. Passionate about using artistic expression as a therapeutic tool, evidenced by personal interests in painting and creating artworks. Eager to apply academic knowledge and practical skills towards a future in art therapy and counselling.

EDUCATION

- Pursuing Bachelor of Science **Psychology (Honors)** from **Mithibai College of Arts (SVKM)**, 2025.
Current **CGPA 7.89**
Courses include: Fundamentals of psychology, Human Development, Human Rights, Psychology of Well-being, Basics of Qualitative Research, Educational psychology, Forensic psychology, Psychology of Addiction, Foundation Course.
- Completed junior college from **Mithibai College – HSC**, Arts in 2022. Percentage: **84.17**
- Completed Secondary school education from **St. Xavier's High School**, Borivali – **SSC**, 2020.
Percentage: **90.40**

EXPERIENCE

VANDRAVELA FOUNDATION

Crisis Counselor

Remote, India
May 2023 to July 2023

- Responsible for providing crisis intervention, suicide prevention support and brief counseling to clients who are in emotional distress.
- Interacting with clients in a professional manner and maintaining records of the case.

OMNI HEALTH SERVICES

Counseling psychology intern

Mumbai, India
April 2024 to July 2024

- Responsible for completing intake formalities of client.
- Attending counseling sessions under the supervision of head psychologist.
- Weekly case discussions and formulation of treatment plans.

VOLUNTEER EXPERIENCE

Fine Arts Team, Mithibai Cultural Committee

- Participated in Mumbai University's 56th Youth Festival.
- Participated in IIT Bombay's 53rd Mood Indigo Festival for various events including Sole strokes, Moodling and Rangeela.
- Won third podium in Sophia College's Kaleidoscope Festival for Inked expression event.

Community services through DLLE, Mumbai University

- Participated in Beach cleaning drive at Juhu Beach.
- Attended a workshop on introduction to research methodology.
- Conducted survey research to understand the status of women in society.

PROFESSIONAL SKILLS

- Proficient in English, Hindi and Gujarati.
- Crisis intervention.
- Experiment design.
- Jasp.
- Quantitative and Qualitative research.