



Hello.. I'm

Nishtha

SAHDEV

I'm your..

PSYCHOLOGY INTERN



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PUNE



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ABOUT ME

I am an undergraduate psychology student at Symbiosis School of Liberal Arts, majoring in psychology and aspiring to pursue a career in clinical psychology. I am deeply interested in understanding and addressing mental health challenges through evidence-based therapeutic practices. During my internship at Wisdom Matters, a mental health care center, I gained hands-on experience in observing patients and learning effective therapy techniques in a clinical setting. This exposure enhanced my understanding of clinical procedures and strengthened my passion for working in mental health care. I am eager to further develop my skills and contribute meaningfully to clinical psychology through future internships and academic endeavors.

EXPERIENCE

Intern Clinical Psychology

WIDOM MATTERS, PUNE

2024-2024

- Observed Patients while therapy sessions
- Did a lot of case study and report writing
- Assisted in Diagnosing patients with Psychological problems through observation, tests, surveys and interviews
- Assisted in Treatment of clients with Psychological disorders

SKILLS

- Psychotherapy
- Communication
- Counseling
- Speaking Skills
- Behavior Modification
- Writing Reports

EDUCATION

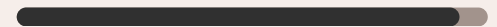
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• BACHELORS IN PSYCHOLOGY

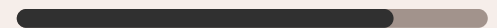
2021-2025

LANGUAGES

English



Hindi



Punjabi



INTEREST



Content creation



Videography