

# D SANJANA

## PSYCHOLOGY INTERN

BENGALURU, INDIA

### EDUCATION

Vidhya Niketan Public School  
Grade 10 - CBSE 2018 - 2019 - Score - 93.6 %  
Grade 12 - CBSE 2020 - 2021 - Score - 95%

PSG College of Arts & Science (2021 - 2024 )  
B.Sc. Psychology - 83.7%  
Mount Carmel College (2024-2026)  
M.Sc. Psychology - appearing

### CERTIFICATION

- |   |           |
|---|-----------|
| Developing Soft Skills and Personality  | Sep 2022  |
| • enhanced my interpersonal communication, leadership, and emotional intelligence.                |           |
| Data Analysis using SPSS  | Sept 2023 |
| • gained proficiency in statistical techniques and data interpretation for research and analysis. |           |
| Client Assessment and Initial Consultation  | Oct 2024  |
| • gained experience in conducting intake sessions, building rapport, and case history.            |           |

### PROFESSIONAL EXPERIENCE

- |  |      |
|--|------|
| Clinical Psychology Intern, Naveen Hospital  | 2022 |
| • engaged in observational learning and client interaction, conducting mental status examinations for those with clinical disorders.   |      |
| • discussed diagnoses and interventions with psychologists.  |      |
| • deepened my understanding of psychological definitions and disorders.  |      |
| Clinical Psychology Intern, COMPATHY   | 2023 |
| • observed and listened to clients, witnessed test administrations, and engaged in discussions regarding provisional/differential diagnoses with interventions.  |      |
| • attended insightful academic sessions, enriching my understanding and practical skills.  |      |
| Psychology Intern, Therapyon   | 2023 |
| • worked with boys and girls aged 5 to 15 years where I provided activities focused on skill development and behavior modification and psychoeducation.  |      |
| • conducted activities for special children by observing their attention span, emotional regulation, social interactions, and coping mechanisms focusing on learning basic daily activities and academics. |      |

### PROJECTS

- Perceived stigma, attitudes, and beliefs towards mental illness among mental health experts and the general populace: A comparative study
- completed a quantitative study, sampling 353 individuals using snowball and random techniques.
  - Employing IBM software, we analyzed data with the independent sample T test and Pearson's correlation, bridging literature gaps and meeting deadlines adeptly.

## AI INDUCED ANXIETY SCALE FOR HEALTHCARE PROFESSIONALS (AI-ASHP) (in progress)

- Conducted a pilot study with 64 samples, incorporating expert opinions from 5 professionals. Split-half reliability, Cronbach's alpha, and item correlation were calculated, resulting in a 10-item questionnaire

### ADDITIONAL INFORMATION

- Skills: Observation, Psychoeducation, Ethical Awareness
- Languages Known: Hindi, English, Tamil, Marwari

### CONTACT DETAILS

- [www.linkedin.com/in/dsanjana09](https://www.linkedin.com/in/dsanjana09)
- Mail Id: sanj.sankhla@gmail.com
- Phone no: +91 9445603800