

# ANSHIKA LAMBA

## Contact

**Address**  
Bangalore, Karnataka  
560073

**Phone**  
+91 6386298895

**E-mail**  
lamba.anshika13@gmail.com

## Skills

Research

Organizational Skills

Presentation Skills

Creativity

Effective Communication Skills

Critical Thinking

Problem Solving

Graphic Designing (Canva, Krita)

Computer Skills (Microsoft Office, G Suite)

## Languages

English

Hindi

Russian Level 1

An aspiring Clinical Psychologist, eager to grow and learn through new opportunities.

## Work History

2023-05 - 2023-06	<b>Mental Health Counselor (Internship)</b> <i>Allahabad Child Development Centre (ACDC), Prayagraj</i> <ul style="list-style-type: none"><li>Engaged in a comprehensive internship at a leading Child Development Centre, specializing in autism spectrum disorder (ASD) interventions and support, collaborating with interdisciplinary teams to deliver evidence-based strategies.</li></ul>
2024-01 - 2024-01	<b>Event Management Coordinator (Volunteer)</b> <i>Christ (Deemed to be) University, Bengaluru</i> <ul style="list-style-type: none"><li>Organized and managed various sports events during a 15-day intra-department sports fest at SOCIOLUDIC, showcasing leadership and event coordination skills, while ensuring accurate scoring and documentation tasks for smooth program execution.</li></ul>
2023-07 - 2023-08	<b>Project Manager (Internship)</b> <i>Shoonya - Centre for Art and Somatic Practices, Bengaluru</i> <ul style="list-style-type: none"><li>Spearheaded artist communication and event coordination while fostering seamless collaboration between artists and the organization for performances and exhibitions, showcasing strong interpersonal and organizational abilities.</li></ul>
2022-09 - 2022-11	<b>Program Coordinator (Internship)</b> <i>Yellow Club, Bengaluru</i> <ul style="list-style-type: none"><li>Collaborated on script writing for therapy sessions, demonstrating communication skills.</li></ul>
2022-06 - 2022-08	<b>Researcher (Internship)</b> <i>Christ (Deemed to be) University, Bengaluru</i> <ul style="list-style-type: none"><li>Served as a research intern in the Psychology department, formulating research questions, obtaining informed consent, and conducting</li></ul>

literature reviews.

2021-08 -  
2021-09

### **Synopsis Writer**

*Christ (Deemed to be) University, Bengaluru*

- Created a synopsis of a journal article on the topic: Islamophobia, Trump's Racism and 2020 elections

2011-04 -  
2019-04

### **Event Coordinator (Volunteer)**

*St. Mary's Convent Inter College, Prayagraj*

- Aided in event organization and fundraising efforts with Aashadeep organization during festive occasions.

---

## **Education**

Expected  
in 2026-05

### **Masters of Science: Clinical Psychology**

*Christ (Deemed To Be) University - Bangalore, India*

2024-05

### **Bachelor of Arts: Psychology, Sociology And Economics**

*Christ (Deemed To Be) University - Bengaluru, India*

2021-06

### **Higher Secondary Education: Commerce**

*St. Mary's Convent Inter College - Prayagraj, India*

2019-05

### **Senior Secondary Education**

*St. Mary's Convent Inter College - Prayagraj, India*

---

## **Certifications**

Cognitive Neuroscience Study (CNS) Group  
(Foundational Level), 2023

Introduction to Modern Indian Drama, 2023

Russian Level 1 at Christ University, 2022

Fortis Healthcare Internship in Clinical Psychology,  
2022

Communication Strategies for a Virtual Age,  
University of Toronto, 2021

Writing & Editing - Word Choice and Word Order,  
University of Michigan, 2021

---

## Participations

---

- Young Psychologist Competition 2024, Christ (Deemed to be) University, Bangalore
- Econ-Quest 2022- Economics event, Christ (Deemed to be) University, Bangalore
- International Model United Nations Conference 62.0, 2021
- International Model United Nations Conference 60.0, 2021
- World Bank & Financial Times Blog Writing Competition 2021
- Bifrost-2020, St. Joseph's College, Bangalore

---

## Freelance projects

---

Collaborated with a peer at Biz Bazaar to sell artwork, Showcasing teamwork and communication skills., Managed all aspects of selling, including artwork creation, pricing, print decisions, and customer interaction, leading to successful sales., Demonstrated adaptability and negotiation skills by offering discounts and engaging customers, transitioning into commissioned artwork post-event.

---

## Volunteer Experience

---

- Christ (Deemed to be) University, Bangalore, India, 07/01/22, 08/01/22, An active member of a program called 'WeJump' founded by an Economics faculty. Designed videos, artwork, bookmarks, and website. Volunteered at the art stall for the program; interacted with a large group of people, explained the interested individuals about our motive, engaged them in activities and organized the stall. Strengthened communication and organizational skills. Engaged in leading the program for expansion consisting of various committees.
- Christ (Deemed to be) University, Bangalore, India, 07/01/22, 09/01/22, Worked as a volunteer in CSA (Centre for Social Action) under a wing

'Yuva' among other wings such as Prayatna and Activity Centre. Visited a government school for health check-up camp. Assisted the health professionals in registrations, measurement of height, weight, blood tests, etc. of the students. Managed the children during a one-day camp; overcame the language barrier.

- Take a Pause, Bangalore, India, 08/01/22, 08/01/22, Worked for an event 'Take a Pause' organized by Yellow Club, Talk is Underrated and Eka. Created artwork for the event. Managed the crowd; assisted the lead volunteers in multiple activities; engaged in hospitality.

---

## Projects

---

Research intern in the Psychology department, Christ (Deemed to be) University, Bangalore, India, 2022 Created a synopsis of a journal article on the topic: Islamophobia, Trump's Racism and 2020 elections, Christ (Deemed to be) University, Bangalore, India, 2021