

Saanya Lakhanpal

Dedicated second-year undergraduate majoring in Psychology with minors in English Literature and Philosophy. Proven academic excellence, complemented by a passion for research and counselling. Actively seeking practical experience to enhance skills. Eager to contribute to the field through internships, research projects, and networking opportunities.

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Based in Mumbai and Lucknow

EDUCATION

Jai Hind College (Autonomous), Mumbai — *Bachelor of Arts*

2022 - PRESENT

Semester I – 9.87 SGPA

Semester II – 9.87 SGPA

Semester III – 9.89 SGPA

Semester IV – 9.74 SGPA

Delhi Public School, Lucknow — *CBSE Board Examinations*

12th Boards - 2022

English Core (99), History (94), Political Science (98),

Psychology (100), Computer Science (97)

PERCENTAGE – 97.6%

10th Boards - 2020

English (94), Hindi (91), Mathematics (98), Science (95),

Social Science (100), Computer Applications (99)

PERCENTAGE – 96.2%

EXPERIENCE

- **Clinical Psychology Intern, King George's Medical University, Lucknow (April 2024 – May 2024)**
 - Case History taking, MSE, psychometric and projective testing
 - IQ testing and case discussions with Residents
 - Psycho education using therapy models
- **Psychology Intern, TalkToMe Mental Health NGO, Mahim, Mumbai (February 2024 – March 2024)**
 - Conducted psychometric testing and scoring of tests such as RSPM, MMPI, MCMI, ADD, AQ, CAT-Q, Y-BOCS etc.
 - Recorded case histories and client intakes.
 - Created content such as blogs, instagram posts and presentations.
- **Head of Community Management, Contrarian Economics Department (2023–24):**
 - Led ideation and execution of Masterclasses, Panel Discussions, etc.
 - Coordinated with industry experts and managed the organising committee.

SKILLS

Elementary skills in Python and HTML

Copywriting

Data Collection – Survey Monkey, Google Forms

MS Office, Canva

SOFT SKILLS

- Leadership
- Communication
- Team Collaboration
- Problem Solving
- Networking

LANGUAGES

- English
- Hindi
- French (Elementary)

- **Coordinator of Delegate Affairs, JHC MUN (September 2023):**
 - Ideated committees and ensured effective coordination among delegates and Executive Boards.
 - Streamlined data and served as a scribe for the Indian Parliament committee.
- **Curator, TEDxJHC (December 2023):**
 - Handled paperwork, contacted influential figures, and streamlined communication.
 - Created copyright content for TEDx events.
- **Sub-Head, Novel Room, English Association (2023-24):**
 - Curated events, creatively ideated initiatives, and facilitated team coordination.
- **Content Writer, MyInscribe:**
 - Authored professional pieces tailored for the British market.
- **Community Manager, Contrarian Economics Department (2022-23):**
 - Organised Masterclasses, Panel Discussions, and flagship events.
- **PsycInsight Team Director:**
 - Led the team to victory in the flagship event by the Psychology Department.
- **Volunteer, Swapna Organisation, Lucknow:**
 - Organised donation drives, facilitated slum visits, and tutored underprivileged children.

ADDITIONAL INFORMATION

Courses:

- University of Georgia Psychology Department's Summer Undergraduate Research Education Program (SUREP) 2024
- Certificate Course on Research Methodology Level I & II (Qualitative Research)

Academic Excellence:

- Earned Merit Certificates as the top scorer in grades 12, 11, and 10.

Kathak:

- Attained Visharad with distinction in Kathak from Bhatkhande Academy (4 years Senior Diploma).

Model United Nations (MUN):

- Received the High Commendation award at LIPSMUN as a General Assembly delegate representing Italy.

Leadership and Mentorship:

- Served as the Head Girl of the school, guiding peers through logical and effective decision-making.
- Edited the school magazine, contributing to effective communication and collaboration.

Inter School Literary Fest:

- Secured first place in Twist-a-Tale at "Comfest," the largest inter-school literary, robotics, and science fest.