

Divsha Kiyasudeen

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Profile

Highly motivated and compassionate aspiring psychologist with a strong commitment to providing comprehensive mental health care. Equipped with a solid foundation in psychological theories and research methodologies. Demonstrates exceptional interpersonal skills, an empathetic nature, and a genuine desire to help individuals achieve emotional well-being. Looking for opportunities to gain hands-on experience and skills.

Work Experience

MIND ZONE CLINIC | CLINICAL PSYCHOLOGY INTERN | APRIL 2023 – MAY 2023

- Observed experienced clinicians conducting therapy sessions and other activities related to patient care. Improved clients' compliance with treatment plans by advising on options and benefits.
- Attended regular supervision meetings with senior staff members to discuss cases and receive feedback on performance.
- Completed detailed documentation of sessions, patient notes and recommendations.
- Educated patients on healthy coping strategies and techniques to manage symptoms associated with mental illness.
- Utilized psychodiagnostic assessments or psychometric methods to facilitate treatments.
- Conducted intake interviews with clients and completed required clinical documentation.
- Conducted individual psychotherapy sessions with clients, utilizing evidence-based practices.
- Conducted a love language workshop along with fellow interns.

Volunteer Experience

NEED BASE INDIA | COMMUNITY VOLUNTEER | SEPTEMBER 2024 – OCTOBER 2024

- Taught basic English to children from kindergarten to 9th grade, including letters and two-letter words.
- Adapted teaching methods to suit diverse learning needs and language barriers in an urban slum setting.
- Collaborated with peers to manage classrooms effectively and ensure consistent progress among students.
- Developed creative teaching materials to enhance engagement and comprehension among students with limited resources.

BLESS SOCIETY FOR RURAL AND URBAN DEVELOPMENT | COMMUNITY VOLUNTEER | JULY 2024 – SEPTEMBER 2024

- Assisted children with homework and exam preparation, tailoring support to individual academic needs.
- Facilitated learning activities, enhancing basic literacy and comprehension skills.
- Managed social media platforms to increase visibility and engagement for community service initiatives.
- Developed strategies to overcome language barriers and connect effectively with children and their families.

Education

M.SC. CLINICAL PSYCHOLOGY | JUNE 2024 – MAY 2026 | CHRIST (DEEMED TO BE UNIVERSITY), BANGALORE

B.SC. PSYCHOLOGY | SEPTEMBER 2021 – MAY 2024 | ETHIRAJ COLLEGE FOR WOMEN, CHENNAI

Skills & Abilities

- Communication
- Active listening
- Counseling
- Psychological Assessment
- Client Rapport Building
- Teamwork

Certifications

DYSLEXIA REMEDIAL TEACHING | JANUARY 2023 | BELIEVERS SCHOOL OF EDUCATION