

Simran Sheikh

Psychologist

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☎ 9923060613

📍 Navi Mumbai, India

📅 August 23rd, 1996

🇮🇳 Indian

💍 Unmarried

👤 Female

Education

MSC PSYCHOLOGY,

Amity University Mumbai

2021 – 2023 | Mumbai, India

Bsc Clinical Psychology,

Amity University Mumbai

2017 – 2020 | Mumbai, India

SSC, Chanda Public school

Chandrapur, India

HSC, St. Paul Jr College and school

Nagpur, India

Skills

Graphology

Handwriting analysis

Counseling

Interpersonal relations

Problem solving

Communication skills

Time Management

Active Listening

Professional Experience

Assistant psychologist

Nagpur, India

I was working under senior psychiatrist Dr.Sudhir Bhawe for nearly two months. My job profile included helping psychiatrists with the patient assessment and taking case history of the patients and planning therapy sessions and techniques when needed.

Assistant counselor

Chandrapur, India

BIRLA LIFE INSURANCE CHANDRAPUR

My profile work was to gather the data of different medical policies. And make a policy plan for the clients. Like including terms mental health disorders along with Medical disorders.

Planning a survey plan for clients.

Counseling clients who came to make health insurance policy.

Assistant psychologist

Nagpur, India

Lata Mangeshkar Medical College and Hospital Nagpur.

My work profile included helping psychiatrists during OPD. Taking down case history of the patient. Conducting and assessing the patient. Counseling the patients family and friends whenever necessary during the OPD timings. Taking one on one basis with young patients and admitted patients. Helped professor in facilitating workshop for UG medical students.

I was the only one who got access to admitted patients.

I got to counseling relatives of ECT patients.

Assistant psychologist

Chandrapur, India

SHIVJI HOSPITAL OF Paediatric AND NeuroPsychiatry.

My work profile was to take down case history of the clients and provide them one on one session. Guide the guardians or parents of children who suffers seizures and other disorders.

Conducting different assessment tests whenever necessary in the case.

Taking morning rounds daily of the admitted patients.

Checking follow up and symptoms from the patients and family.

Had junior interns under my supervision.

Personality Traits

Conscientiousness
Creative
Empathetic
Persistent
Optimistic
Assertive
Extrovert
Leadership
Adventurous

Online counselor

Chandrapur, India

My work profile was freelancer online counselor during the COVID period. I provided client and their family online therapy sessions. At very minimal cost.

I use to take session of youth who where under stress and depressed due sudden restrictions.

Projects

Research paper in a group

RELATIONSHIP BETWEEN MONEY AND HAPPINESS

Research paper

EFFECT OF PERCEIVED

SELF ESTEEM, SOCIAL SUPPORT, AND STRESS ON
HAPPINESS AND WELLBEING

Research paper

The Relationship between Perceived Parental Control and
Substance Use in Young Adults

Research paper

A STUDY ON THE IMPACT OF ACUTE STRESS ON MEDICAL
AND NON- MEDICAL STUDENTS.

Social initiatives

TEACHING UNDERPRIVILEGED MINORS SINCE 2015

SELF HELP GROUPS SINCE 2016

ANTI-DRUGS GROUP HELPING YOUNG ADULTS SINCE
2017

DE-ADDICTION CAMPS SINCE 2017

SUICIDE PREVENTION CAMPS SINCE 2017.