

# **ROOPASHREE S**

#89,3<sup>RD</sup> Main, Jabbar Block, Vyalikaval, Bangalore- 560003

Mobile – 9901713747

E-mail – [roopasnj.28@gmail.com](mailto:roopasnj.28@gmail.com)

## **OBJECTIVE**

Possessing good leadership and interpersonal abilities and able to solve complex problems alone as well as within a team with a professional demeanor.

## **EXPERIENCE**

### **PSYK REFLECTIONS**

#### **Junior Counselor ( June 2023 – Present )**

- Conducting Counseling sessions.
- Providing demo sessions.
- Content refurbishing.
- Converting audio/video lectures into notes
- PPT presentations
- Creating workshop content

### **THE MARRIAGE FIT**

#### **Family Counselor/Therapist ( February 2024 )**

- Taken expert training in Family Counseling.
- Boundaries in family therapies.
- Engaging and focusing on all members of the family

### **REBIRTH COUNSELING CENTRE**

#### **Counseling Psychologist ( August 2023 – Present )**

- Conducting online Counseling sessions.

## **PSYK REFLECTIONS**

### **Counseling Psychologist Intern ( 3 months )**

- Basics of Counseling
- How to take an Intake Form
- Rules of Counseling
- Basics of Therapist Behavior
- Handled case studies
- Planning assessments accordingly based on case studies.

## **EDUCATION**

- 10<sup>TH</sup> – Passed out in 2008
- 2<sup>nd</sup> PUC – Passed out in 2010
- B.Com – Passed out in 2013
- SAP(FI/CO)
- Diploma in Computer Application
- Master's in Human Psychology
- Basic Computer Knowledge
- Certificate course and expert training in Cognitive Behavioral Therapy(CBT)
- Certificate course and expert training in Graphology

## **PERSONAL INFORMATION**

- **NAME :** ROOPASHREE.S
- **GENDER :** FEMALE
- **DATE OF BIRTH :** 22 MAY 1992
- **MARITAL STATUS :** MARRIED
- **CHILDREN :** 1 DAUGHTER
- **NATIONALITY :** INDIAN
- **HOBBIES :** PLAYING BADMINTON, COOKING, LISTENING TO MUSIC, DANCING
- **LANGUAGES KNOWN :** ENGLISH, KANNADA, TAMIL, HINDI, TELUGU