

VAISHAVI JITURI

FEMALE, 20

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EDUCATION

BSc Psychology (Honours)	2022-25	CHRIST (Deemed to be University), Bangalore	3.5/4 GPA
PUC - PCMB (Class XII)	2022	P. C. Jabin PU College of Science, Hubballi	87%
CBSE (Class X)	2020	JSS SMCS, Hubballi	86%

INTERNSHIP/S

Infinum Growth, Bangalore

May 2024 - June 2024

- Research Intern
 - Designed a survey to identify prevalent mental health issues and personal growth challenges among youngsters.
 - Developed recommendations for app content and services based on survey analysis.
 - Facilitated a focus group discussion for insights on self-improvement strategies and therapy needs.

Karnataka Institute of Medical Sciences (KIMS), Hubballi

May 2023 – June 2023

- Psychology Intern
 - Shadowed doctors while they conducted case histories and assessments
 - Attended case presentations and observed in-patient processes
 - Observed clinical procedures such as ECT and implementation of treatment plans

ADDITIONAL COURSES & CERTIFICATIONS

- Basics of Expressive Arts Therapy - CHRIST (Deemed to be University), Bannerghatta Road Campus, Bangalore
- Family and Couples Counselling Therapy - INSPIRON Psychological Well-Being Centre, Bangalore

ACADEMIC PROJECTS

- Research Project titled “Why Cope When You Can Transcend: Role of Hope, Gratitude, and Spiritual Coping in the Prediction of Life Satisfaction”

POSITIONS OF RESPONSIBILITY

- **Team Lead - Content Generation and Quality Control Committee at the Centre for Academic and Professional Support (CAPS) - 2023-24**
 - Led a team of ten, implemented new quality control measures to align with the Centre's brand
 - Developed and delivered academic and professional modules as per the needs of the student body
 - Organized and executed a volunteer recruitment drive and conducted training sessions for onboarded volunteers
 - Editor for the first edition of the CAPS Newsletter - CAPSULE 2024 and the Research Committee's newsletter - Research Voyage
- **Student Head - Project Navachethana at the Service Learning Cell (SLC) - 2023-24**
 - Led a team of 8, volunteered at Nightingales Trust and Daycare for Elderly in Jayanagar
 - Developed and conducted activities focused on cognitive improvement and motor coordination for elderly members diagnosed with dementia.

EXTRA-CURRICULAR ACTIVITIES AND ACHIEVEMENTS

- Member of the Psychology Association as Events and Documentation volunteer
- Provided support as an events volunteer during the National Seminar for Mental Health (NSMH) in March 2023

OTHER INFORMATION

- Interests include: reading, writing, pottery, and painting
- [LinkedIn](#)