

Malvika Sharma

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EDUCATION

FLAME University

Bachelors, Psychology

March 2020 - May 2023

Pune, India

Northeastern University

Master of Science, Counseling Psychology

September 2023 - Present

Boston, Massachusetts

WORK EXPERIENCE

The Mood Space

Dec. 2021

Counselling Intern and Clinical Coordinator

Mumbai, India

- Engaged in a pivotal role as an intern and head coordinator at a globally recognised online counselling platform celebrated for its prowess in culturally sensitive therapy.
- Spearheading a multifaceted portfolio, I meticulously managed client files, assessments, and high-risk cases while actively conducting counseling sessions to alleviate stress, anxiety, and depression through confidential phone and video sessions.
 - Demonstrating a commitment to excellence, I invested over 100 hours in comprehensive training and shadowing under seasoned, licensed psychologists. Collaborating seamlessly within a dynamic team, I contributed to the formulation of targeted treatment plans, gaining invaluable insights from experienced professionals.
 - Taking the reins in client interactions, I adeptly handled initial consultation calls and underwent specialized training in suicide prevention, fortifying my skill set to address critical situations with empathy and expertise. Taking the reins in client interactions, I adeptly handled initial consultation calls and underwent specialized training in suicide prevention

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International Journal of Neurolinguistics and Gestalt Psychology

June 2022 – Jan 2023

Research Assistant and content developer

Delhi, India

- Played an instrumental role in advancing the frontiers of knowledge as a key contributor to the International Journal of Neurolinguistics and Gestalt Psychology (IJNGP), a prestigious platform dedicated to catalysing groundbreaking research.
- Served as a Research Assistant under the mentorship of the internationally certified NLP Master Practitioner, Mr. Anil Thomas.
- Authored a compelling paper under the esteemed Journal's publication titled "Sense to Sensation," showcasing expertise and thought leadership. Co-authored impactful chapters that resonated within academic circles.
- Engaged with fellow researchers, actively participating in the development of robust research strategies.
- Leveraged advanced analytical software to dissect and interpret complex data sets, ensuring a rigorous and insightful analysis that underscored the credibility of the research outcomes.

Feeljoy

Oct 2022 – Jan 2023

Trained Listener

Remote

- Spearheaded a groundbreaking mental healthcare app. Seamlessly connected users with a cadre of trained listeners and therapists, ushering in a new era of emotional well-being.
- Used different behavioural interventions or other expressive techniques and identifying the severity of the client's problems
- Actively listening, I crafted a non-judgmental haven where clients felt heard and understood. Patience became my virtue as I nurtured an environment conducive to healing, where the power of shared narratives transformed into a catalyst for personal growth.
- Taking detailed history of each user and evaluating their case study through detailed histories and comprehensive evaluations, I ensured that each user's journey toward mental well-being was not just a process but a personalized exploration.

Mpower

Feb 2022 – May 2022

Clinical Psychology Intern

Mumbai, India

- Performed intake by conducting interviews to establish key information as well as assessing patients' apparent mental state, skilfully extracting key information to craft a holistic understanding of each individual's unique narrative.
- Assisted licensed practitioners in diagnosis and treatment of chemical dependencies and psychiatric conditions such as anxiety, depression and other behavioural symptoms
- Performed intake by conducting interviews to establish key information as well as assessing patients' apparent mental state. Each assessment was a nuanced exploration, contributing to a comprehensive understanding of the patient's mental health.

Manastha : Counselling Psychology Intern

March 2021 - June 2021

- Empowering users to navigate psychological conflicts. Tailored to individual needs, these interventions are designed to unravel complexities and foster mental resilience.
- Each user's journey is a unique narrative. This meticulous approach allows for comprehensive case evaluations, enabling tailored and effective mental health solutions.

SKILLS

Strong observational skills and critical skills, organisational skills, strong sense of responsibility and leadership skills, Rapidly adapt to new technologies and possess expertise with MS Office, Word, Canva, clear communication skills and intra-personal skills