

Aakansha Singh

Psychologist

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EDUCATION

B.A Hons Applied Psychology

Amity University Mumbai

08/2016 - 06/2020

7.76 - GPA

MSc Psychology with specialization in Clinical **Psychology**

Amity University Mumbai

08/2019 - 06/2021

8 18 - GPA

WORK EXPERIENCE

Intern - RGMVP (2017)

Workplace/Company

Achievements/Tasks

- Understaing the functioning of the NGO/ Attended meetings/ wrokshop under supoervison of the field officer

Clinical Psychology Intern - Dr Hozefa Bhinderwala -Saifee hospital/Prince aly khan hospital, Mumbai (2019) Workplace/Company

Achievements/Tasks

- Writing down the symptoms, diagnosis, medications/ MSE / Observing Counselling sessions

Clinical Psychology Intern - Fortis Hospital (2020) Workplace/Company

Achievements/Tasks

- Webinars/ Daily Assignments on Crticial reading and writing

Intern - PSYTARA (2020)

Workplace/Company

Achievements/Tasks

- Internship on Child and Adolscent Psychology/ Webinars and Weekly assignment submission
- Electives Design Research, Forensic psychology and Health Psychology

Buddy Mentor - Amity University, Mumbai (2020 - 2021) Workplace/Company

Achievements/Tasks

- Worked as Buddy Mentor for UG/PG students Mentored students through the pandemic, worked under amity counselling center

Career Counsellor/Psychologist

Mentoria (2021 - Present)

Achievements/Tasks

- Recieved certification after training/assignment submission / Individual counselling - Integrating Intrest, Personality and ability for the counselling

Psychologist - Trainee

Hive Mental Health (2022)

Achievements/Tasks

- Mental Health Practioner Training/ Mock Sessions/Intervention Planning
- Trainers Shaifila L., Mukti Shah, Divya Srivastav

SKILLS

Attention to detail

Perspective-taking

CERTIFICATES AND OTHERS

Participation in UN RIO + 24 War and Peace (2017 -2018)

Indigenous Psychology - DSVV University, Haridwar (2018)

Certificate course in SPSS (2018)

Certificate course for Level 1 Play therapy (2018)

Research Methodology workshop - 2019

Life skill Development workshop by Dr Sunita rana (2020)

Understanding the Brain: The Neurobiology of Everyday Life - University of Chicago (Coursera) (2020)

Suicide Prevention- Certificate Course by Dr Rekha Wagani (2020)

Intervention Expediation - Psytara (2020)

7 Day workshop - Fortis Hospital (2020)

Psych oncology, Behavioural psychology, Aviation Psychology - Certificate Webinars - PSYTRA (2020)

Trauma workshop - UE X LU - Certificate course (2020)

Intresect, SEL Module Building - UE x LU (2021)

Volunteer - Bhumi (2020 - 2021) - Teaching life skills

LANGUAGES

Native or Bilingual Proficiency

Native or Bilingual Proficiency

German and Spanish - Beginner Limited Working Proficiency

INTERESTS

Art

Crafts

Reading

Yoga