

KAASNI KACHROO

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Objective

To gain an experience and work as a professional through learning and training of a psychologist to fulfil the requirements of the organization as well as self-growth.

Educational Qualification

Indra Gandhi National Open University

Post-graduate Diploma in Social Work Counselling July 2021 – September 2022

Panjab University

Masters in Psychology July 2019 – July 2021

Manav Rachna International Institute of Research and Studies

Bachelors of Arts, Applied Psychology July 2016 – May 2019

Professional Proficiency

Experience of working as an “Education Counselor” with The Admission Times
April 2023 – Present

Worked as an intern in the department of Counselling with Agape Blessed
Foundation Trust April, 2022 – June, 2022

Experience of HR Trainee in the department of recruitment with The Recruit
Company December, 2021 – January, 2022

Completed internship in Clinical Psychology in The Department of Mental
Health and Behavioral Sciences, Fortis Healthcare and Sukoon Health July,
2020

Completed Observership in the Department of Psychiatry – Dr. Ram Manohar
Lohia Hospital, Delhi December, 2017 – January, 2018

Conferences and Workshops Attended

Workshops on Psycho-oncology, Sports Psychology, Music and Movement in
therapy by Fortis Healthcare July, 2020 – August, 2020

Workshop on Social Anxiety – “One Breath at a Time” organised by Department
of Psychology, St. Joseph’s college, Bangalore July, 2020

Swayam Siddha - Member of organising committee, Manav Rachna International
Institute of Research and Studies March, 2018

Online courses on Positive Psychology, School Psychology and Rorschach
Inkblot Test by Fortis Healthcare July, 2021

Co-curricular Activity

Participated at Inter-college Sepak Takraw game January, 2020

Participated in Youth Motivational Session by Ayudh September, 2018

Participated at District and state level in Handball and National level in Football

Skills

Soft skills – Active Listening, Communication, Problem solving, Empathy, Leadership, Creativity

Technical – Microsoft office

Hobbies

Sports, Photography, Explorative, Travel enthusiast, Reading, Listening to Music, Writing, Playing Guitar