

Manisha Nath

CONTACT

📞 7002302628

✉️ manishanath.oct96@gmail.com

📍 Loknath Path, Lalganesh, Guwahati

LANGUAGES

English ★★★★★

Hindi ★★★★★

Assamese ★★★★★

Bengali ★★★★★

SKILLS

Communication ★★★★★

Creativity ★★★★★

INTERESTS

- Creative Writing
- Painting
- Avid Reader

CURRENT ROLE

Social Media Manager & Psychologist
Comfo Mentalpeace (Online)

Part time

July, 2023 – Present

- Managed social media platforms, creating and curating content related to psychology, positive psychology, parenting, child psychology, journaling, and art therapy.
- Conducted workshops on parenting, positive psychology, journaling, digital detox, story-telling, providing practical advice and strategies based on psychological research.
- Developed engaging psychology-related content, including self-help guides and informational posts, worksheets, enhancing user engagement and knowledge.

INTERNSHIPS

● Dr. Amlanjyoti Deb

Guwahati, Assam

07/2022-07/2022

Case observations and history taking, diagnosis, therapy observation

Contact: Dr.Amlanjyoti Deb- ammymailbox.dr@gmail.com

● Ayushmann Institution for Psycho-behavioural Management and Mental Research

Guwahati, Assam

A project unit managed by AIDMASH

07/2022-07/2022

Case observations and history taking, therapy observation

Contact: Ms. Rashmi C. Dewan- info@aidmash.com

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CONFERENCE PRESENTATION

- Psychological Capital As Predictor of Post Traumatic Growth In Individuals With Adverse Childhood Experiences

8th Asian CBT Conference and 1st Trauma

Conclave (ACBTA 2024)

AIIMS, New Delhi

28th February, 2024

- The Transformative Power of Social Media: How It Facilitates Post Traumatic Growth
International Conference on Emerging Technologies, Analytics and Operations (ICETAO 2024)

Hyderabad (Online)

23rd March, 2024

- Concrete Connection- Urban Infrastructure Development and Psychological Health
Scientifique, Research and Industrial Conclave (RIC, 2024)

Indian Institute of Technology, Guwahati

10th August, 2024

EDUCATION

- **PhD in Psychology** Guwahat, Assam
The Assam Royal Global University
2023-

- **Masters in Psychology** Gurgaon, India
Institute of Integrated Learning in Management University
2021-2023

- **Bachelors with English Hons.** Delhi, India
University of Delhi
2017-2020

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CERTIFICATION

- **Diploma in Art Therapy**
Asha the Hope, Accredited by CLL Accreditation Council (CLLAC)
2023-2024

WORKSHOPS

- **Criminal Psychology** Gurgaon, India
Institute of Integrated Learning in Management University
19/08/2022-10/09/2022
- **Principal Component Analysis in Questionnaire Development**
Indian Institute of Psychology
16/12/2022-17/12/2022
- **Research Paper Writing**
Commacad
17/12/2022-18/12/2022
- **Art Therapy & Counseling Learning Programme**
Shruti Mittal (Artful Healing)
10/07/2023-1/08/2023
- **International Advanced Faculty Development Program on Research Methods and Methodologies of Reserach Design (FDP MRD 2024)**
Eudoxia Research University and Eudoxia Research Centre in collaboration with The Assam Royal Global University
02/05/2024-10/05/2024
- **Reserach Methodology: Use of IT Skills and SPSS** Guwahati, Assam
The Assam Royal Global University in collaboration with Indian Institute of Public Administration, Assam Regional Branch
13/05/2024- 17/05/2024