

## Ingredient Prep Sheet - 6/1/17

#	Name	QTY	
1.	Kale	35.3	lb
2.	Turmeric Powder	0.7	gal
3.	Apple	68.0	lb
4.	Celery	0.0	oz
5.	Carrot	600.0	lb
6.	Ginger	220.8	lb
7.	Beet	128.0	lb
8.	Coconut	396.0	count

Juice Prep Sheet - 6/1/17

#	Name	QTY
1.	Kale Juice	0.4 gal
2.	Apple Juice	0.5 gal
3.	Celery Juice	1.5 gal
4.	Carrot Juice	2.3 gal
5.	Ginger Juice	1.7 gal
6.	Beet Juice	1.0 qt
7.	Coconut Cream	1.2 qt

## Product Sheet - 6/1/17

### #01. Super Kale - 8oz

28ct

- |                    |     |     |
|--------------------|-----|-----|
| 1. Kale Juice      | 1.8 | gal |
| 2. Turmeric Powder | 0.6 | cup |

*The bentonite clay needs to be added last and mixed very well, be added last and mixed very well.*

### #02. Super Pow - 16oz

27ct

- |                    |     |     |
|--------------------|-----|-----|
| 1. Kale Juice      | 1.7 | gal |
| 2. Apple Juice     | 1.7 | gal |
| 3. Turmeric Powder | 1.1 | cup |

*The bentonite clay needs to be added last and mixed very well, be added last and mixed very well.*

### #03. 72 And Sunny

62ct

- |                    |     |     |
|--------------------|-----|-----|
| 1. Kale Juice      | 1.0 | gal |
| 2. Apple Juice     | 1.0 | gal |
| 3. Celery Juice    | 1.5 | gal |
| 4. Turmeric Powder | 1.3 | cup |

*The bentonite clay needs to be added last and mixed very well, be added last and mixed very well.*

### #04. Carrot - 8oz

72ct

- |                 |     |     |
|-----------------|-----|-----|
| 1. Carrot Juice | 4.5 | gal |
|-----------------|-----|-----|

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## Product Sheet - 6/1/17

### #05. Carrot - 16oz

73ct

- |                 |         |
|-----------------|---------|
| 1. Carrot Juice | 9.1 gal |
|-----------------|---------|

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### #06. Ginger Carrot - 8oz

82ct

- |                 |         |
|-----------------|---------|
| 1. Ginger Juice | 5.1 gal |
| 2. Carrot Juice | 5.1 gal |

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### #07. Ginger Beet - 16oz

56ct

- |                 |         |
|-----------------|---------|
| 1. Ginger Juice | 3.5 gal |
| 2. Beet Juice   | 3.5 gal |

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### #08. Cacao Coconut - 8oz

33ct

- |                    |         |
|--------------------|---------|
| 1. Coconut Cream   | 1.5 gal |
| 2. Turmeric Powder | 0.5 gal |

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