



# Annual Nursing Report

## 2016



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**Salah Foundation  
Children's Hospital**



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## Salah Foundation Children's Hospital

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# Broward Health Medical Center

Broward Health, providing service for more than 75 years, is a nationally recognized system in South Florida that offers world-class healthcare to all. Broward Health includes five major hospitals and more than 20 locations and offices overall.

The following report documents the 2016 calendar year annual report data for **Broward Health Medical Center (BHMC)**, the flagship of the five hospitals within the system, and the Salah Foundation Children's Hospital at Broward Health Medical Center.

## 2016 General Statistics

Total Admissions	27,029
Total Patient Days	157,482
Births	3,519
ER Dept. Visits	124,016
Trauma Cases	2,769

### Mission

The mission of Broward Health is to provide quality healthcare to the people we serve and support the needs of all physicians and employees.

### Vision

The vision of Broward Health is to provide world-class healthcare to all we serve.

# Message from Robyn Farrington Chief Nursing Officer



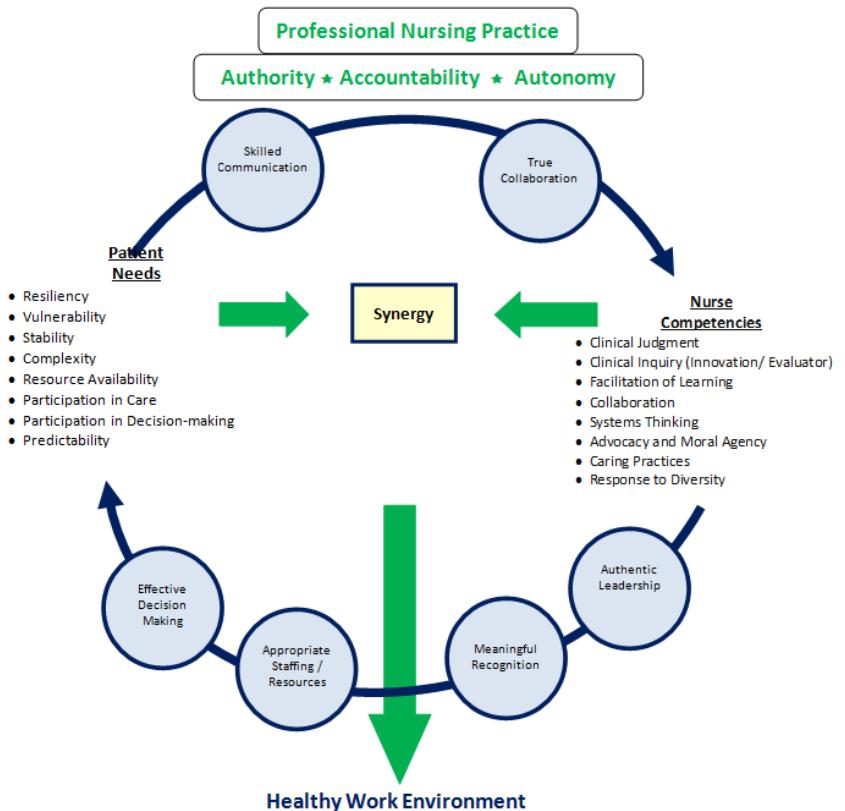
*As the Chief Nursing Officer (CNO) of Broward Health Medical Center (BHMC) and the Salah Foundation Children's Hospital (SFCH), I invite you to review our year of accomplishments and take pride in all that we achieved for our patients, the community and each other during 2016. Our Nursing Mission is "Professional Nurses providing compassionate patient centered care committed to the healthcare needs of our community". Once again, in 2016, in collaboration with our Medical colleagues and all who support the care which we provide, we, as a team were able to attain excellent outcomes and national recognition. To that end, our Joint Replacement Program was named as a Blue Distinction Center for Hip and Knee Replacements while our Cardiac Surgery program received recognition as one of America's 50 Best Hospitals for Cardiac Surgery by Healthgrades. BHMC/SFCH was honored to be named a Blue Distinction Center for Maternity Care while our beautiful Lillian S Well's Women's Center and extraordinary Children's Hospital were awarded the Women's Choice Award, an award which recognizes an extraordinary patient experience for women and their families.*

*It goes without saying however, that these awards, and the many others bestowed upon our facility during 2016, would not be possible without the hard work, commitment, clinical excellence and kindness of our entire nursing staff. During the year, we select individuals who exemplify these qualities as evidenced through the beautiful letters and written heartfelt sentiments which we receive from patients, families and staff. These are our DAISY nominees and I believe that you will enjoy reading their stories included in this report. As you read through this report, you will also see how BHMC/SFCH nurses give back to the community by providing education, participating in Outreach and Injury Prevention activities, and conducting research to further improve the quality of care we deliver.*

*In closing, I thank each and every one of you for the care which you provide our patients every day. I know that the expectations are increasing as we strive to further improve our outcomes and attain our vision of world-class healthcare to all we serve. I strongly believe, however, that by working together and remaining committed to our mission, both as nurses and BHMC/SFCH employees, we will continue to deliver high quality, safe, compassionate patient care of which we can all be very proud.*

# Nursing Practice Model- Synergy

The nurses of BHMC integrate all aspects of the AACN (American Association of Critical Care Nurses) Synergy Model into daily practice. Synergy represents the way our nurses practice day in and day out, and is clearly incorporated into patient care, regardless of the setting.



We unequivocally believe that the needs or characteristics of patients and families influence and drive the characteristics or competencies of our nurses.

Synergy results when the needs and characteristics of a patient, clinical unit, or system are matched with a nurse's competencies.

Applying the principles of shared governance, BHMC nurses engage in shared decision-making. We support the principles that promote self-regulation and the achievement of professional outcomes.

We believe clinical decisions require ownership and investment, and to that end, decisions are made where they are implemented.

The mission and vision of our shared governance provide guidance to such decision-making and collaboration throughout the organization.

## Mission

Professional nurses providing compassionate patient centered care committed to the healthcare needs of our community.

## Vision

"Powerful Nursing"  
One Voice, One Purpose, One Vision.



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# Shared Governance Structure

The governing structure at BHMC revolves around individual unit councils that feed into four governing councils, the Quality and Safety Council, the Professional Development Council, the Evidence-based Practice and Research Council, and the Nurse Leadership Council. Each governing council and their responsibilities are outlined below:

## Nurse Leadership Council (NLC)

- Reviews items submitted for approval from Unit Councils and/or Governing Councils.
- Communicates organizational goals to provide guidance to Unit and Governing Councils.
- Collaborates with all councils for organizational process improvement.
- Removes barriers to support the function of the unit councils.
- Escalate issues to the administrative level that require administrative action.

## Quality and Safety Council (QSC)

- Reviews quality and safety issues.
- Identifies trends
- Proposes change to ensure positive, quality outcomes.
- Collaborates with peer review to ensure quality and safety practice house-wide.
- Receives recommendations for review from other shared governance councils to evaluate for potential practice changes house-wide.

## Professional Development Council (PDC)

- Utilizes evidence-based practice, peer review, literature review, and feedback from the Unit Councils to evaluate current educational programs and nursing practice competency issues.
- Addresses orientation, competency, education, and defining professional practice.
- Endorses current and recommends new educational programs with the goal of ensuring a competent nursing staff whose practice aligns with Broward Health policy and the Florida Nurse Practice Act.
- Provides opportunity for professional advancement and staff development including certification and clinical practice recognition in order to promote satisfaction and retention of a quality staff.

## Evidence-based Practice and Research Council (EPC)

- Promotes and encourages nurses to explore, create, nurture and sustain nursing practice based on evidence.
- Pursues new nursing knowledge through research and implementing findings into clinical practice.
- Promotes a culture of research to advance clinical innovation and processes that enhance patient safety, outcome and experience.

*“Shared Governance elevates Nurses from employees just doing their job to professionals sharing in health decision-making with other stakeholders”*

*Dr. Tim Porter O’Grady, DM*

# Quality/Safety

## CORE MEASURES

### (National Standards of Care and Treatment for Common Conditions)

Broward Health Medical Center is exceptionally proud to report that we achieved 100% compliance throughout the year in various core measures through concurrent abstractions, the drilldown of variances to identify opportunities for improvement, continued multidisciplinary education, and enforcing accountabilities. We recognize that this achievement is the results of a multidisciplinary collaborative effort, with our patients receiving the ultimate benefit.

STROKE INDICATORS	CY15	Jan-Nov2016	TARGET
DVT Prophylaxis w/in 48 hours	100%	99%	100%
Discharged on Antithrombotics	100%	98%	100%
Anticoagulation Tx for A-Fib	100%	100%	100%
t-PA administered	100.0%	96%	100%
Antithrombotic by end of day # 2	97.2%	99.3%	100%
Discharge on Statin Medication	98.9%	98%	100%
Stroke Education	99.0%	99.0%	100%
Assessed for Rehabilitation	100.0%	98.0%	100%
VTE	CY15	Jan-Dec 2016	TARGET
VTE Discharge Instructions	100%	100.0%	100%
Incidence of Potentially- Preventable VTE	3.0%	0.0%	0%
HBIPS	CY15	Jan-Dec 2016	TARGET
Screening-Overall Rate	100%	100%	
Antipsychotic Meds-Justification Overall Rate	96%	100%	
Physical Restraint-Overall Rate	0%	0%	
Alcohol Use Screening	100%	100%	
Tobacco Use Screening	100%	100%	
Tobacco Use Treatment Provided or Offered	97%	100%	
PNC-Mothers	CY15	Jan-Dec 2016	TARGET
Elective Delivery	0.0%	0.0%	0%
IMM	CY15	Jan-Dec 2016	TARGET
Immunization-FLU	100.0%	100.0%	100%

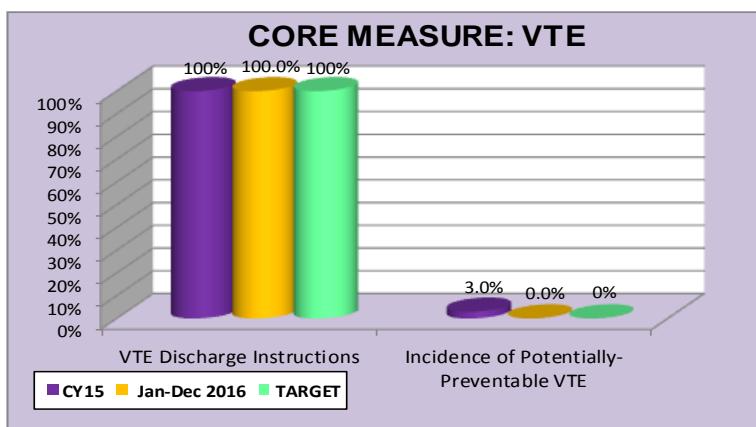


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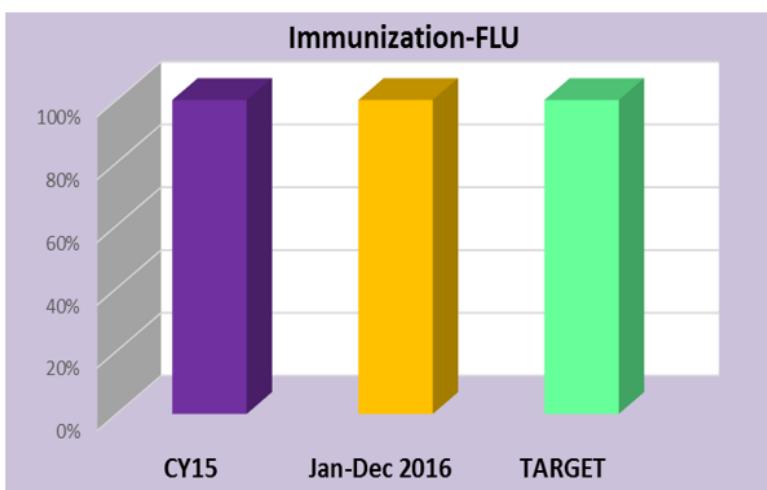


# Quality/Safety

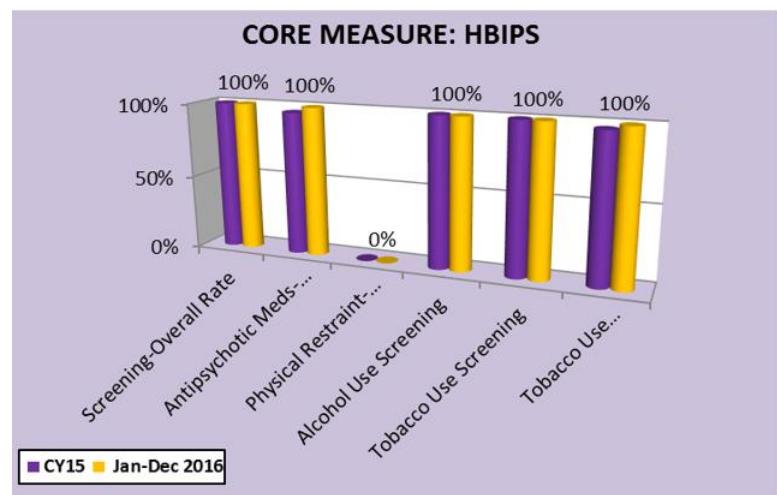
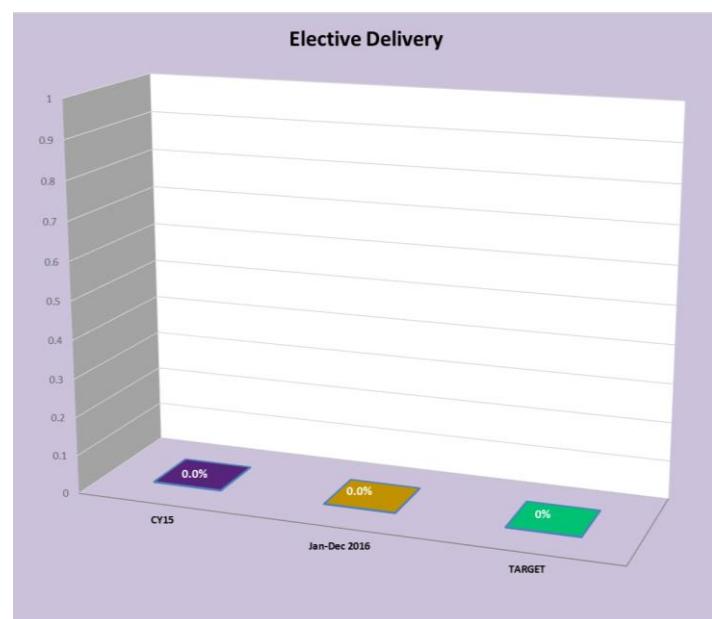


## Quality/Safety

Broward Health Medical Center achieved 100% Compliance of the following Core Measures for 2016 through concurrent abstractions, drilldown of variances to identify opportunities for improvement, continued multidisciplinary education and enforcing accountability.



**VTE**- All at top decile  
**IMM**- 100%  
**HBIPS**- All at top decile  
**Perinatal Care 01**- Top decile

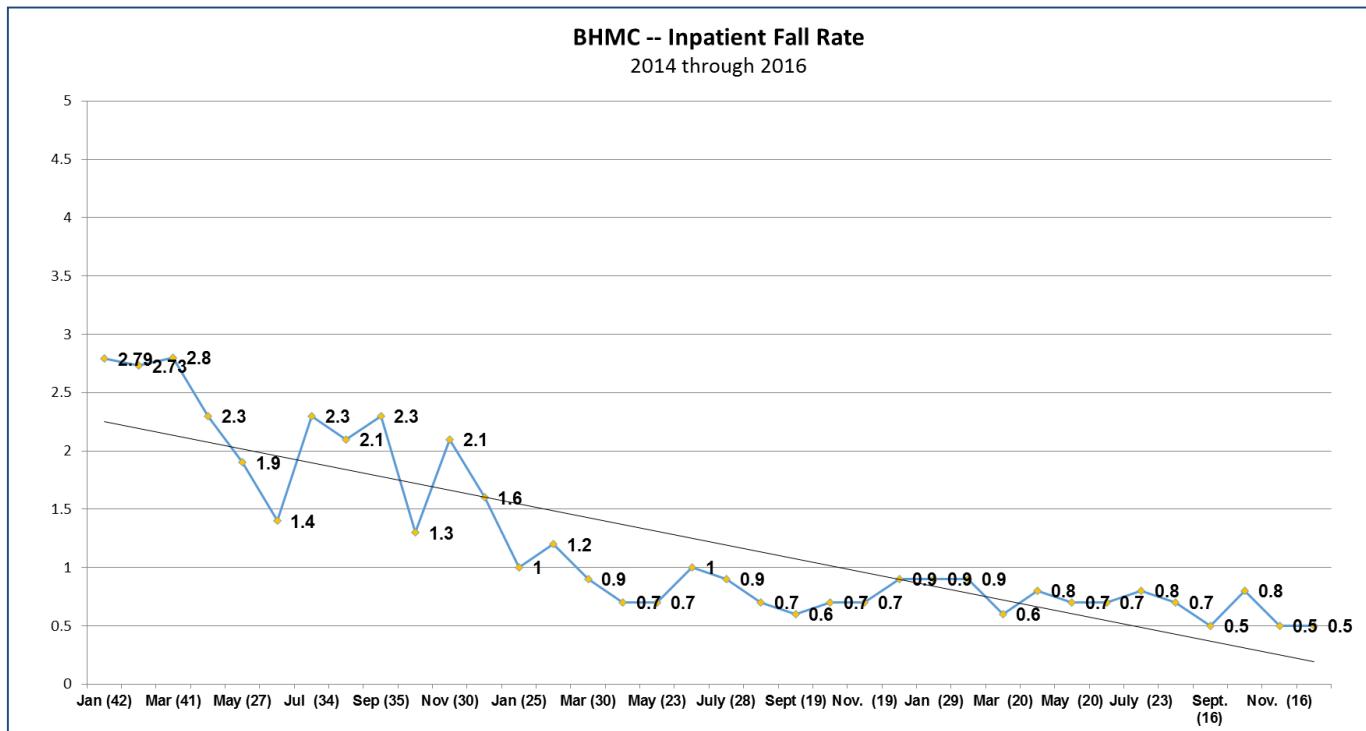


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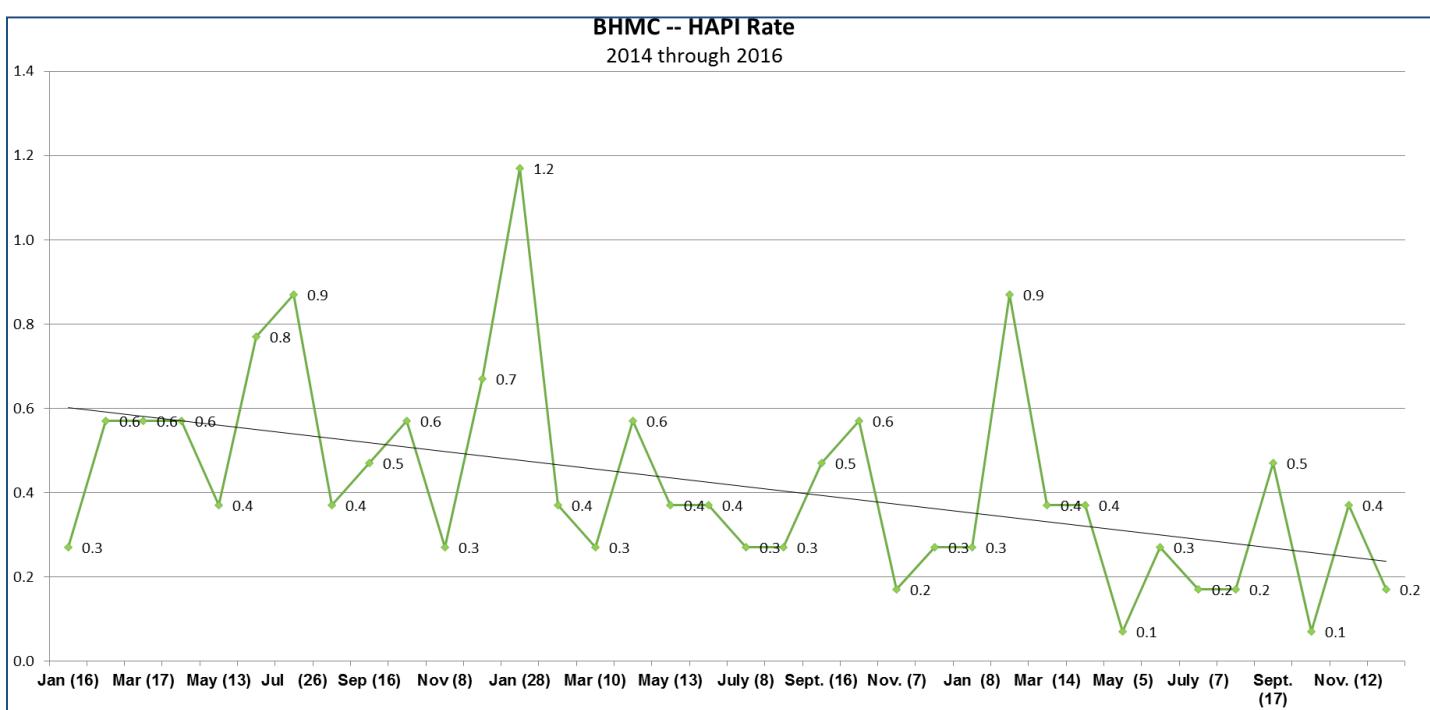
## Fall Rates 2014 through 2016

Achieved a 98% improvement over two years.



## HAPI Rates (Hospital Acquired Pressure Incident) 2014 through 2016

Achieved a 68% improvement over two years.



# Product Lines

## The Emergency Department (Our “Front Door”)

Broward Health Emergency Department (ED) has 60 beds in the adult ED and 10 beds in the Trauma Bay. Our department is staffed with ED Physicians, Mid-Level Providers, Registered Nurses, Paramedics, ED Techs, Patient Representatives and Unit Secretaries. We, in the Adult ED care for over 100,000 patients annually and continue to be considered the “front door” to the hospital where most of our admissions originate. In 2016 the adult ED was recognized as the 10<sup>th</sup> busiest ED in the Nation.

Our services include a “Fast Track” area to accommodate low acuity patients, access to the Heart Center of Excellence for our cardiac patients, as well as, direct transport to the Hybrid Room for neuro-intervention. We are an award winning (2016 Gold Plus) ACHA Comprehensive Stroke Center, as well as, one of 3 Level One Trauma Centers in South Florida.

A “Door 2 Balloon” team that applied Six Sigma methodology to improve door to balloon times for those patients requiring cardiac catheterization decreased turn around times to less than 23 minutes. A “Door to Drug” team for stroke patients to improve time to drug achieved the best time this year of 28 minutes.

Another initiative was called the “Pull till Full” to decrease our turnaround times and improve our patient satisfaction.

A notable event this year was the ED receiving 6 Trauma patients and 48 ED patients from the active shooter event at the Fort Lauderdale Airport. The ED was recognized by the State of Florida for its Trauma Services. Leadership has also established a presence at the EMS Chiefs meeting to further cement our partnership with our EMS partners.



## Trauma Services

Broward Health Medical Center is a state-designated Level 1 trauma center capable of delivering the highest level of expertise and care in the shortest possible time to both adult and pediatric populations.

The Trauma Services Department ensures that the medical center is clinically and administratively equipped to meet or exceed Florida Department of Health Level 1 trauma center standards. The Regional Manager of Trauma Services and the Trauma Quality Management Specialists are responsible for coordinating quality management activities relevant to all pre-hospital and hospital services providing trauma care.

In 2016, trauma quality program transitioned to an electronic quality database and further integrated the American College of Surgeon's Trauma Quality Improvement Program (TQIP) into their trauma quality activities. The trauma quality program continues to collaborate with nurses and nurse leaders caring for trauma patients to foster education, improve processes and provide feedback to increase the quality of care to our patients.

Trauma Research Nurse Coordinator in collaboration with the multi-disciplinary team opened 4 retrospective and 2 prospective research studies in 2016 on topics such as abdominal trauma, rib fractures and traumatic brain injury. Additionally, 3 trauma related research studies are already in development for opening in 2017. Injury continues to be the leading cause of death in people ages 1 to 44 years and Level 1 trauma centers have a responsibility to make efforts to prevent injury in the communities it serves through outreach and injury prevention activities. The Trauma Outreach Coordinator and EMS Liaison provided numerous programs to the public and EMS stations on commonly seen traumatic events in our community such as fall prevention, distracted/ drunk driving education, pedestrian safety initiatives, car seat education and home safety planning.



## Surgical Services

Surgical Services includes 6 departments: Pre-Admission Testing, Same Day Surgery, Endoscopy, Surgery (20 ORs), Pre-Op Holding / Post Anesthesia Care Unit, and Central Processing. Surgical Services served 12,628 Surgical patients and 5,178 Endoscopy patients, including 614 Adult + 50 Pediatric Trauma patients in 2013.

Surgical Services offers both in-patient and out-patient services. We provide Level I Trauma Services caring for patients with significant injuries, such as gunshot wounds, stabbings, crush injuries, vascular injuries, head injuries. Providing these services through the use of 20 Operating Rooms: including a Hybrid Room, da Vinci Robots (acquired the new Xi), Cysto, Minor Room and four Endoscopy Suites.

Surgical Services performs a multitude of surgical specialties: orthopedics, neurology, cardiopulmonary/vascular, general, robotics, gynecology, oral/maxillofacial, eyes, plastics, ENT and in 2016, we received reaccreditation for Total Joints and Hearts.

A team of 43 staff including nurses, PCA's, SSA's and Unit Secretary's focused on providing excellent perioperative care to our inpatient and outpatient surgical and procedural community. Working as a team, the perioperative staff is proud of their achievements. Some including a implementation of a monthly Journal Club to discuss journal articles specific to perioperative care, with 10-20 nurses at each meeting; a total of 10 nurses achieving renewal or new approval of their Clinical Practice Recognition; two RNs achieved their BSN's and one RN became an MSN, ARNP; 15 members of the staff walked to raise money for Diabetes, raising \$1880; participation in a video contest on the nursing model "Synergy" and winning a pizza party for our efforts! The PACU (post anesthesia care unit) is currently working towards an AACN Beacon Award and is in the process of educating staff, streamlining processes, collecting QA/QI data, enhancing our Family Centered Care approach and striving to continuously improve patient satisfaction scores.

## Oncology: Adult Infusion Center

In 2016, the Adult Infusion Center received the International Design award for the reconstruction of the patient areas creating an environment. They executed a Research Affiliation with University of Florida to further expand our clinical research foot print, and achieved QOPI (Quality Oncology Practice Initiative) scores of 93.3 percentile with the Fall 2016 data collection round.

Oncology received several awards during the year that include cancer survivorship endowment for cancer patients, a Komen grant to support a Registered Nurse Navigator in the Women's Center, and the Women's Choice award for the Lillian Well's Women's Center.

# Cardiac Care



*Heart Center of Excellence Cardiac Team*

## Clinical Decision Unit

The CDU located within 3NT over the past two years has recently incorporated CCTA (Coronary Computed Tomography Angiography) as an adjunct to rapidly diagnose chest pain patients. In 2017 the unit is anticipating incorporation of the high-sensitivity Troponin-T biomarker for the acute diagnosis of acute myocardial infarction facilitating earlier diagnosis of acute MI. These two new tests will aid in improving patient satisfaction and decreasing length of stay for our patients.

## CPR Simulation

The Simulation Lab on 6 South Tower underwent a transformation this year, into a Cardiopulmonary resuscitation (CPR) lab for use by staff to conduct mock code blues and rapid responses. It is expected that these training sessions held quarterly will aid in maintaining staff skills and promote quality patient outcomes. Staff is able to monitor their skillset with live recording of their practice using the latest American Heart Association Guidelines on a large screen T.V. A printout of their session is provided and reviewed by the Clinical Specialist for their unit.

## Critical Care Registered Nurses (CCRN)

As healthcare becomes increasingly complex and challenging, the value of certification as a mark of excellence is more important than ever. Achieving certification demonstrates to patients, employers and the public that a nurse's knowledge, skills and abilities meet rigorous national standards – and reflects a deep commitment to patient safety. In 2016 10 registered nurses from the cardiovascular intensive care attained or renewed their certification with the American Association of Critical Care Nurses (AACN).

## Coronary Artery Bypass Surgery Disease Specific Certification (DSCCABG)

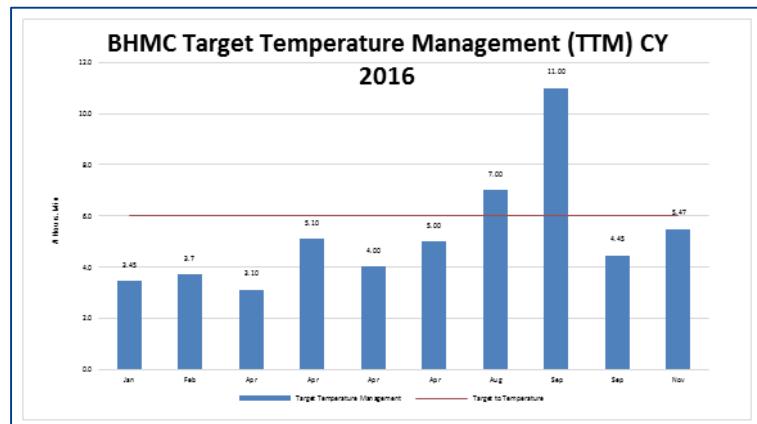
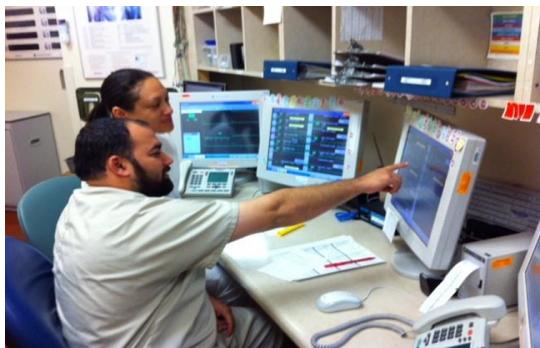
In 2016 the Joint Commission awarded recertification and a certificate of distinction for our Disease Specific Certification (DSC) program for patients undergoing Coronary Artery Bypass Grafting (CABG) surgery. With ongoing quality improvement and a multidisciplinary team approach ensuring our patients continue to receive the highest level of care.



# Cardiac Care

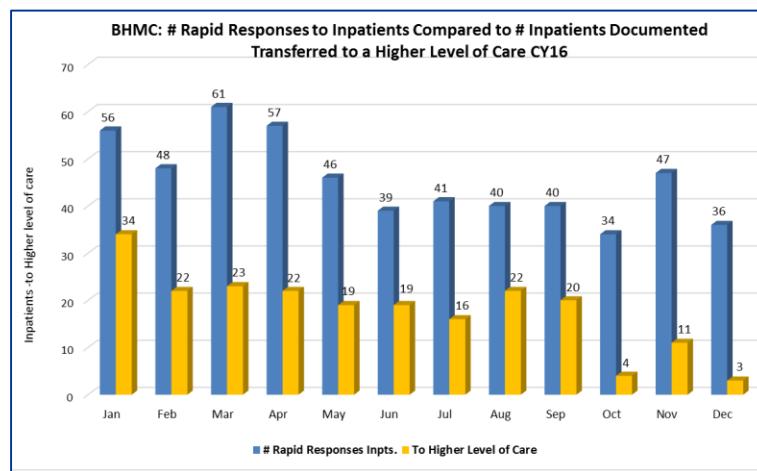
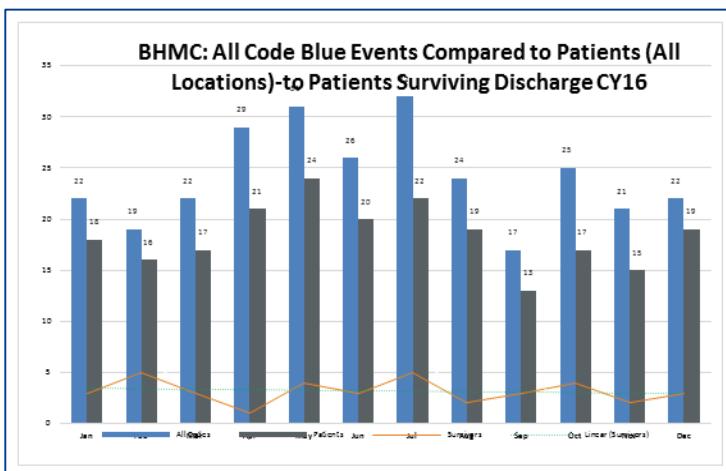
## Hypothermia after Cardiac Arrest

10 patients underwent targeted temperature management after cardiac arrest at Broward Health in 2016 with 70% of patients surviving and 86% of survivors experiencing good neurological outcomes. Inducing hypothermia after a cardiac arrest is neuroprotective and maintaining normothermia in the post arrest period continues to demonstrate positive outcomes for our patients.



## Rapid Response and Code Blue

Rapid Response and Code Blue team responded to 290 cardiac arrest events and 545 rapid response events at Broward Health in 2016. In many situations the rapid response team was able to provide support and care for patients and families before becoming an emergency situation requiring transfer to critical care.



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## **Behavioral Health Services**

Behavioral Health Services (BHS) leadership and staff participated in several community events in 2016. Staff participated in the NAMI walk, STOP suicide walk and several health fairs. They participated in the Health Care for the Homeless holiday gift drive, collecting \$550 toward personal care items for the homeless.

The unit council's focus in 2016 included improving staff morale and teambuilding activities; improving communication among caregivers, and improving work flow. In an effort to improve staff morale, we continued with the Quarterly Staff Peer Recognition award: awarding 3 members of the team selected by their peers anonymously and judged based on preset criteria established by the Council members. Staff members being recognized were presented with their certificates of recognition during staff meetings. We continue our tradition of staff donating holiday gifts for our patients

A major accomplishment for the year was changing the focus of nursing care delivery by piloting a Modified Primary Care Nursing Model. The goals of this project are: improving patient focused care by being more available to patients, improving patient engagement in treatment thus improving clinical outcomes and customer satisfaction.

## **Stroke Program Providing Excellence in Stroke Care**

The Stroke Program at Broward Health Medical Center has been certified by The Joint Commission since 2006. We have achieved Advanced Certification by The Joint Commission as well as Gold Plus Status with Target Stroke Honor Roll from the American Heart Association. These recognitions highlight our commitment and success to the highest level of excellence in stroke patient care. In 2013 the Stroke Program became a part of the Florida/Puerto Rico Stroke Registry, which is a National Institute of Health Grant awarded to the University of Miami in collaboration with the American Stroke Association. Our Stroke Program was recognized by the FL-PR Stroke Registry in 2016 for the successful achievement of Least Disparities in Delivery of tPA in 4.5 hours.

The stroke program is committed to community service and support and has continued to have bimonthly support groups for our community affected by strokes. The program's Stroke Support Group was registered with the National Stroke Association to be a resource to all community members fostering a uplifting experience that allows inpatients, family members, and members of the community to come together to gain support, education and encouragement.

The stroke team is continuously working to maintain strong relationships with local Emergency Medical Services (EMS). We have utilized pre hospital alert systems for suspected stroke patients as well as immediate and consistent feedback loops to improve communications between EMS and BHMC. The pre hospital alert system allows local EMS agencies to identify a possible stroke more quickly and notify us so that our team is preparing to treat the patient *before* they arrive! It is the continued goal of the Stroke Program to provide the highest level of patient centered clinical care for all of the patients we serve.

# 2016 Awards and Recognition

## Organizational Recognition

**March 2016**, Becker's named BHMC as the 10<sup>th</sup> busiest ER in the country.

**April 2016**, Danielle Benjamin, RN was named the 2016 Nurse of the Year by the Life Alliance Organ Recovery agency.

**August 2016**, Broward Health Medical Center Joint Replacement program has been awarded Certificate of Distinction by the Joint Commission in the management of Joint Replacement for Hips, and Joint Replacement for Knees. This certificate from the Joint Commission is based on a review of compliance with national standards, clinical guidelines and outcomes of care.

**August 2016**, BHMC was recognized by Life Alliance Organ Recovery Agency (LAORA) for attaining an 82% donation rate for January-December 2015. We have also been selected to receive LAORA's 2016 Special Achievement Award for our continuous support and unwavering dedication to organ donation.

**September 2016**, Recognized during by the Life Alliance Organ Recovery Agency Miracles for Life Celebratory Awards receiving the 2016 Hospital Conversion Rate Award and the 2016 Hospital Special Achievement Award.

**September 2016**, The Coronary Artery Bypass Graft (CABG) program received successfully recertification for Disease Specific Cardiac Surgery.

**December 2016**, Recognized as one of America's 50 Best Hospitals for Cardiac Surgery (Healthgrades).

**December 2016**, Received the Excellence Award in Cardiac Surgery (Healthgrades).

**October 2016**, Recertified by the Joint Commission for Coronary Artery Bypass Graft Disease Specific Certification. BHMC is one of three organizations nation-wide with this designation.

**October 2016**, Achieved recertification as a Comprehensive Stroke Center through the Joint Commission.

# Daisy Award Winners



## Samantha Burton, 4A

On 9/30/15 a former patient, called to speak with me regarding a nurse who he felt were deserving of a Daisy Award. The patient gave his permission to have his words quoted as part of the nomination. "On 9/25/15 there was a nurse that came into my room to pull my sheath after our physician put three stents in my heart. She was confident and in charge. I was having anxiety and thus a lot of movement since I was coming off the Morphine. I was acting paranoid and anxious. I said some ugly things that were terrible and derogatory right to the face of the nurse pulling my sheath. The things I said were disparaging. The nurse never flinched a muscle and was not affected by my rude behavior. It did not even phase her. She was professional and polite throughout the entire process. At one point the nurse asked if I was anxious. She said the doctor had ordered medication to calm me down. She described how it would help me. I was anxious and they recognized that. I had not eaten and I was acting like an 'A...hole'. "Through the entire ordeal she never escalated or retaliated back. She was both professional and kind. The nurse apologized to me that the procedure was taking so long. This was around 11 p.m. She offered and bought me a submarine sandwich (Subway). She was being the adult. She was able to diffuse and de-escalate the situation. "I am impressed with the character of the staff. Their skills were amazing. This was my third cath procedure. I couldn't even see where I was punctured when she finished with me (pulling the sheath)." "I would like to tell her thank you and give her a Daisy award."



## Neil Estoque, CVICU

My husband had just had 3 stints put in place in the ER. by his doctor and team. His second day in ICU we met Neil. He was to be his nurse of care for the day. He had the dubious honor of having to pull the tube in Karl's groin out and fix it so that Karl would not bleed. Well all was going extremely well and Neil did a wonderful job putting some type of pressure belt on Karl. Karl is a VERY restless patient and I could see trouble coming on this one and was watching things tensely. Neil gave Karl Morphine to ease the pain. Karl slept for a bit but woke suddenly and wanted to pull the belt and everything else off his body. Neil and other staff came on the run to assist to stop him so that he would not start the groin bleeding. Neil did an exceptional job in calming Karl and situation was again under control. I then realized that we had gotten off the ship so fast that I had forgotten to bring a pair of shoes for Karl. I asked Neil if there was a store nearby that I could go to buy a new pair to go home. He said yes there was a store called "ROSS" and that he would take me there after his shift and bring me back to ICU. Now this is unheard of over and above the call of most people and I was flabbergasted by the suggestion. He was good as his word and did just what he said. After his shift, he drove me to the store we bought Karl new shoes which he wore home on the plane and bought me back to the hospital. My HERO an exceptional Person, Nurse and I felt that I experienced a genuine friendship with him. It is my honor and privilege to nominate him for The Daisy Award on behalf of Karl and Myself, Thunder Bay, Ontario Canada.



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# Daisy Award Winners



## **Siobhan Deasy, AICU / Teresa Deasy, Cardiology**

In December, the AICU received a patient who had sustained a serious head injury when working in a different country. Siobhan Deasy was assigned to his care. Immediately she made a personal connection with the family who were Irish and had come to the U.S. to be with their son. Throughout his stay, both Siobhan and Teresa Deasy would sit with the family and fiancée and provide emotional support and guidance. As many of us know, it is very difficult to make hard decisions such as to withdraw life support, Hospice, organ donation, funeral arrangements, contacting the Irish Embassy, helping coordinate moving the body back to Ireland, etc. for our loved ones. After one of these sessions, I was able to visit with them and the family. The father and other relatives' faces prior to this were grief stricken. Thanks to Siobhan and Teresa, their consolation and support gave the family such comfort to know they were making the right decision to withdraw life support and they felt/believed it was the right thing to do. The relief and gratitude on the face of the father is one I will never forget as he looked at Siobhan and Teresa. It was such a look of love and thanks. As an additional show of love of compassion, T gave the father a treasured Shamrock souvenir to hold on to remind them that they were being thought of and prayed for by their Irish Nurses. The patient was still in the hospital on Christmas. This Christmas was very special for T and Siobhan as their sister, husband and nephew were coming to visit in the U.S. for the first time. T had been looking forward to their visit on minute by minute basis. Because of Siobhan and T's incredible patient advocacy and passion for their profession, they took the family to Christmas mass and then after to a Christmas brunch along with her family. I am so understating the impact and the things that both Siobhan and T did for the family, but think it's critical that they are awarded the highest Nursing Award, i.e., the Daisy Award. Apparently the family and fiancée felt the same as they were mentioned during the funeral mass in Ireland. I also forgot to add that both Siobhan and T came back to be with the patient when the family made the decision to remove life support. Just incredible as so many of our nurses are.



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# Special Events and Presentations

**February 2016**, Peri-anesthesia week was celebrated by the staff in PACU, Holding Area, Same Day Surgery and Pre-admission testing. Many activities were enjoyed by the staff to thank them all for their caring and compassion.

**March 2016**, Marie Couture, RN was nominated to receive an award – 100 Outstanding Women of Broward County, for her volunteer work at the Boys and Girls Club of Broward County.

**March 2016**, Performance Improvement Team presented their digital poster recently at the FNA Symposium, and won 1<sup>st</sup> place in the Evidence Based Practice Category for “Reducing Assaults in Behavioral Health Services”.

**March 2016**, Celebrated Diabetes Alert Day. The Wellness Center/Nutritional Services staff provided glucose screenings and education in the Atrium Lobby where 32 people were screened.

**March 2016**, the Florida Society of Healthcare Risk Management, and Patient Safety at Broward Health hosted a dynamic day-long symposium at BHMC where 40+ Risk Management professionals learned more about a variety of topics related to Risk Management and Quality Improvement.

**April 2016**, Janis Smith-Love, NM 4Atrium presented a poster entitled “Care Coordination for Better Heart Failure Outcomes” at the 41<sup>st</sup> Annual Broward County Chapter, American Association of Critical Care Nurse’s Spring Seminar

**April 2016**, Denise Vermaat presented “Pediatric HCAHPS” virtual poster at the Regional Florida Nurses Association Symposium.

**April 2016**, Jim LaFeir, DNP, RN, CCRN, CHFN, Clinical Specialist, was recently appointed to the American Association of Certified Heart Failure Nurses Certification Board (AAHFN-CB). The appointment as a member of the board of directors is approximately a 2-year term, beginning April 1, 2016, through June 30, 2018. The AAHFN-CB, the certifying body for registered nurses specializing in heart failure nursing, is authorized to award the Certified Heart Failure Nurse (CHFN) designation. The overall purposes of the AAHFN-CB are to understand, uphold and support the mission, philosophy, policies and procedures of AAHFN-CB and to oversee the total activity of AAHFN-CB.



**April 2016**, Transplant Nurses Day recognized the specialized skill and care of nurses who care for transplant patients. A breakfast was served on the 3<sup>rd</sup> floor atrium; 135 individuals attended this event.

# Special Events and Presentations

**April 2016**, Performance improvement poster presentation on “Reducing Assaults in Behavioral Health Services” presented by Mariamma Pyngolil, MSN, ARNP, PMHCNS-BC, Balthazar Arquillano, BSN, RN-BC, and Patricia Campbell, RN was awarded First Place in Evidence-based Practice at the Florida Nurse’s Association South Region Symposium.

**May 2016**, BHMC ER RN team won First Place in the ALS Nursing Competition at the EMS conference.

**May 2016**, Celebrated Stroke Awareness Day.



**May 2016**, Celebrated EMS week with our traditional EMS Chiefs breakfast on 5/17/16, and with a hot lunch provided to our EMS partners throughout the week. The theme for EMS Week was “EMS Strong/Called to Care”.

**June 2016**, Completion of Ceiling lift installation in CVICU/CCU, AICU and RCU. Project implemented to prevent lifting injuries in our clinical staff.

**June 2016**, Janis Smith-Love, Nurse Manager of 4 Atrium was chosen by the American Association of Heart Failure Nurses to report on the pre-meeting workshop. Her article was accepted and published in December's American Association of Heart Failure Nurses (AAHFN) "The Pulse" entitled "Highlights of Disease Management and Research: A Winning Combination for Improving Heart Failure Care".

**July 2016**, BHMC participated in the Health and Wellness Fair at Atlantic Technical College in Fort Lauderdale offering members of the community free school immunizations, school physicals and health screenings, as well as healthy living demonstrations, free community resources, back-to-school a demonstration of Medi the Robot, giveaways and activities for the entire family. Broward Health Medical Center provided BMI screenings and promoted the Lillian S. Wells Women's Health Center and Broward Health Children's Hospital to 600 in attendance.

**July 2016**, Nursing Grand Rounds was presented by Eddie Johnson, RN in PACU on “Vitals-Hypertensive Crisis Management - A Clinical Judgment Guide for New Nurses” – 52 attendees were present.

**July 2016**, BHMC participated in the St. Benedict's Episcopal Church Community Health Fair featuring free screenings and education from several Broward Health Medical Center service lines including Cancer, Cardiac, Diabetes/Nutrition, Behavioral Health, Pediatrics, Smoking Cessation, Stroke, Wellness Center, Women's Health and MOPED; 55 in attendance.

**July 2016**, BHMC provided colorectal cancer screenings, diabetes education and lecture on nutrition to 85 attendees at the New Hope Seventh-Day Adventist Church Health Fair at the 545 E. Campus Circle in Ft. Lauderdale.

# Special Events and Presentations

**August 2016**, Mariamma J. Pyngolil, MSN, ARNP, PMHCNS-BC, Clinical Nurse Specialist for Behavioral Health Services presented “Aging and Mental Health” at Willow Wood, 36 people in attendance. BHMC and *Willow Wood*, an assisted living facility in our catchment area, have forged a relationship to create awareness of the wide array of services offered at our facility.

**August 2016**, BHMC supported the First Ft. Lauderdale Church hosted a back to school health event at the Global Event Center. Health screenings and free school supplies were given to 1200 attendees.

**September 2016**, Partnering with the South Florida Adventist Youth Federation, Aaron Worthley, RN, EMT-P, BA, Coordinator EMS Liaison, Trauma Services, BHMC distributed information about Trauma Services and provided tips as to how to stay healthy at all stages of life to 500 in attendance at Joseph C. Carter Park in Sunrise.

**October 2016**, 15 members of the Post Anesthesia Care Unit (PACU) participated in the 2016 American Diabetes Association’s Step Out: Walk to Stop Diabetes. The PACU raised \$1800 for research, advocacy and the prevention of diabetes.

**October 2016**, BHMC Transplant Services team members participated in the Life Alliance Organ Recovery Agency Run4Life held at Charnow Park in Hollywood. The event benefitted organ, eye and tissue donation education efforts and featured an opening ceremony; competitive 5K run and kids fun run with 542 people in attendance.



**October 2016**, In recognition of Breast Cancer Awareness Month, the Lillian S. Wells Women’s Health Center services were promoted at *Breast Fest2016*, hosted by The Pride Center. The event offered an evening of Breast Health Awareness and information. Pia Delvaille, ARNP, MSN, Nurse Manager of the Lillian S. Wells Women’s Health Center provided free on-site clinical breast exams and triple touch instruction. The event was held in Wilton Manors with 70 people in attendance.

**October 2016**, 4NT staff hosted Nursing Grand Rounds presenting information on “Mind, Body, Spirit and Emotion: Oncology and Holistic Nursing”.

**October 2016**, Mariamma Pyngolil, MSN, ARNP, PMHCNS-BC, Clinical Specialist for Behavioral Health Services presented “Reducing Assaults in Behavioral Health Services: Collaborative Assessment and Management,” a poster presentation at the American Psychiatric Nurses Association Conference, Hartford, Connecticut.

**October 2016**, Heather Miller, MSN, CPON, FACHE presented “Innovative Strategies for Women’s Health” and Child Life Team to 36 members of the Community Relations Council.

# Special Events and Presentations

**October 2016**, Aaron Worthley, BSN, RN, EMT-P, Trauma Outreach Coordinator and EMS Liaison provided

fall prevention education to seniors at the Lauderhill Senior Expo on 10/31/16. 500 people were in attendance.

**November 2016**, The Glam-A-Thon Check Presentation was held at the Lillian S. Wells Women's Health Center with 60 distinguished guests attending. A check in the amount of \$85,000 was presented to the Broward Health Foundation, which benefits the Lillian S. Wells Women's Health Center and the Lisa Boccard Breast Center Fund with all proceeds funding free mammograms, diagnostic testing and other needs associated with breast cancer treatment.

**November 2016**, BHMC employees brought a wealth of creativity, insights and skills to their jobs through their diversity. In an effort to bring greater understanding of our

Cultural Diversity in the workplace, a team of employees (under the leadership of Alex Fernandez, CFO) organized

and hosted the First Annual Cultural Diversity Day event.

Cultural displays from 23 countries were shared through dress, dance, songs, poetry and food to over 85 people in attendance.

**November 2016**, Aaron Worthley, BSN, RN, EMT-P, Trauma Outreach Coordinator and EMS Liaison provided 80 attendees at the Central West Adult Day Care education on falls and senior specific injury prevention. Hats and bags were provided to attendees.

**November 2016**, 5<sup>th</sup> Annual Palliative Symposium "Beyond the Basics of Pediatric Palliative Services" held at Broward Health Medical Center Palliative Care Team discussing pain management for chronically ill pediatric patients, providing support for family members and incorporating music and art therapies into pediatric palliative care with 55 people in attendance.



# Special Events and Presentations

**December, 2016,** BHMC staff participated in the Forest Ridge Holiday Parade from 1:00 pm until 4:00 pm. Lynn Grubb, Clinical Nurse Specialist ED, played Mrs. Claus at the lighting of the light at this event. This event is hosted by the Home Owners Association of the large collections of communities within Forest Ridge located in Davie. 400 people were in attendance.

**December, 2016,** The Emergency Department was recognized by Ann Fogel, Coordinator of Child Life for establishing an annual pediatric toy give-away with staff coming in on Christmas morning to distribute the toys to our pediatric patients.

**December 2016,** Held the first Behavioral Health Conference. The program provided topics that included an overview of mental illness; an understanding of addiction and motivational interviewing; suicide risk assessment, management and prevention for BHMC staff and our community partners. The highlight of the conference was a panel discussion to bring home the impact of mental illness on individuals and families.

**November 2016,** BHMC hosted a successful “Day in the Life of a Nurse” with 19 students from Boyd Anderson High School. Senior students were engaged and very interested in careers as nurses. Students shadowed our nurses in 4 Atrium, 5 Atrium, 6NT, 5ST, 4NT, 4ST, Labor and Delivery, NICU, Same Day Surgery, Endoscopy, ER and the Infusion Center.

**November 2016,** BHMC and Willow Wood (an assisted living facility) forged a relationship to create awareness of the wide array of services we offer. Donna Williamson, Joint Care Coordinator, presented on Broward Health Medical Center's Joint Replacement Program. 22 people were in attendance.



# Special Events and Presentations

## Nurse's Week 2016



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# Special Events and Presentations

## Nurse's Week 2016



# Professional Engagement

## 2016 Nurse Excellence Awards

Each year, Nurses' Week is kicked off by celebrating our nurses for their accomplishments and commitment to excellence throughout the year. Recognition goes to those who have completed an advanced degree or new nursing certification. Time is dedicated to allow our nurses to recognize their peers for their contributions to patient care through the Nurse Excellence Award. Awardees are nurses who have been observed by their peers to possess characteristics that are fundamental to positive patient outcomes. Nominations are submitted from each nursing area and the awardees are recognized during a formal ceremony. We are proud to list the 2015 Awardees below.

### 3NT

Maxine Sutherland, RN  
Calvin Scott, RN  
Lavern Forbs, RN

### AICU

Andrea Karpiaik, RN  
Nora Bello, RN  
Kipp Rifenburg, RN

### 4NT

Umera Haq, RN  
Jamie Palmer, RN

### CCU

Michele Broderick, RN  
Frank Gabriel, RN

### 6NT

Jebony Parris, RN  
Chante Ramirez, RN

### CVICU

Fabian Rodriguez, RN  
Aviole Jean-Pierre, RN

### 5ST

Jessica Gardner, RN  
Demi Walsh, RN

### RCU

Gino Cesari, RN  
Omana Maroor, RN

### 5NT

Patrick Cepeda, RN  
Emman Kamel, RN

### 4 Atrium

Loretta Barnett, RN  
Noel Barnes, RN  
Marva Jenkins, RN

### 6 ST

Yesenia Gonzalez, RN  
Latoya Byfield, RN  
Lauren Cuffari, RN

### 5 Atrium

Kim Robin, RN  
Marie Howell, RN

### Sickle Cell Day Unit

Yvonne Bailey, RN

### Behavioral Health ED

Debbie Dunn, RN

### 4 SWW

Yordis Morrison, RN

### 4NWW

Susan Rogers, RN

### Surgery

Mark Abramowitz, RN  
Jennifer Blake, RN

### ENDO

Cherlyne Morancy, RN

### SDS

Terri Kellerman, RN  
Sara Torres, RN

### Pre-Admission Testing

Luce Cange, RN

### PACU

Nela Ringon, RN  
Cynthia Cachola, RN

### Trauma Services

Mary Chabriel, RN

### Emergency Department

Kaitlin Hackett, RN  
Peggy Higgins, RN  
Timothy French, RN

### Hospice

Andrean Taylor, RN  
Elizabeth Scott, LPN

### Nursing Administration

Ricky Thomas, RN

### Med/Surg Float

Alice Cypress, RN

### Central Staffing Pool

Elizabeth Quinlan, RN

### OP Clinic

Hector Vento, RN

### Cancer Center

Bobby Hurst, RN

### Cardiovascular Services

Maria Oliff, RN  
Angie Bigler, RN

### Health Information Management

Rohi Warsi, RN

### Case Management

Jason Mettler, RN

### Cardiovascular and Cancer Research

Ryan Vo, RN



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# Professional Engagement

## 2016 Nurse Excellence Awards



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# Advanced Degrees and Certifications

## Administration

Robyn Farrington, BSN, MBA/HCM, RN  
Mark Sprada, MBA, BSN, RN  
Sandra Todd-Atkinson, EdD, RN, NEA-BC

## Risk Management

Amy Hansen, BSN, RN, LHRM  
Marilyn Klenk, BSN, RN, ESQ, LHRM

## Nursing Administration

Marcia Davis, MSN, ARNP, CMSRN  
Patricia Ellison, MBA, BSN, RN, FACCE  
Norma Gerton, MSN, ARNP, RN  
Elaine Miller, MSN, RN  
Joan Osborne, EdD, MSN, ARNP, RNC, CNA

## Clinical Education

Balthazar Arquillano, BSN, RN-BC  
Jennifer Bilecki, MSN, ARNP, RNC-NIC  
Lori Birkeneder, MSN, RN-BC  
Catherine Branton, ARNP-BC, MS, SCRN, CNRN, CWOCN  
Paul Brattan, MSN, RN, CCRN  
Patricia Corvino, MSN, RN, CWOCN  
Joseph Decostanza, MSN, RN, CMSRN  
Patrice Del Grosso, MSN, RN-BC, BC-NEA  
Lynne Grubb, BSN, RN, CEN  
Audrey Guy, MSN, RN, OCN  
Sandra McGrath, MSN, RN, CPN  
James LaFeir, DNP, RN, CCRN, CHFN  
Vida Miller, BSN, RNC-In Pt OB  
Sue Pickel, MSN, RN  
Mariamma Pyngolil, MSN, ARNP, PMHCNS  
Bini Thomas, MSN, RN  
Denise Vermaat, BSN, CPN  
Debbie Walde, MSHSN, RN, CWOCN  
Meryl Zalesky, BSN, RN, CNOR

## Emergency Department

Marie Alcy, MSN, RN  
Robin Blank, MSN, RN  
Chelsea Breig, BSN, CPEN, CEN  
Chyrill Charles-Guerra, MSN, RN  
Courtney Clement, BSN, RN, ATN  
Charmaine Etienne, BSN, RN, ARNP  
Melanie Flanigan, BSN, RN, ARNP  
Marie Jean-Pierre, BSN, RN, CEN  
Brittany Jeffery, RN, CEN  
Arthur Kissel, RN, CEN, ATCN  
Javier Marquez, BSN, RN, CC  
Allison Printz, BSN, RN, ATCN  
Andrea Ramos, BSN, RN, MSPH  
Nicole Rodriguez, BSN, RN, CC  
Caitlin Strzalkowski, RN, CEN  
Mary Anne Usher MBA, BSN, RN, LRM  
Tracey Veiga, BSN, RN, ARNP  
Kristina Waters, BSN, RN, ATLS

## 3NT

Rachel Banks, MSN, RN  
Lyse Briette, MSN, ARNP, AGPCNP-BC  
Eugenie Eccleston, MSN, RN  
Camille Varella, MSN, ARNP-BC  
Karen Webb, MSN, RN, AGPCNP-BC

## 6ST

Yvonne Bailey, MSN, RN  
Philomena Charles, MSN, RN  
Wendy Edmond, MSN, CMSRN, SCRN, ARNP-BC

## 5AT

Donna Altenburger, BSN, RN, ONC  
Shakera Burke, MSN, ARNP-BC  
Bonnie Fultz, RN, CMSRN  
Barbara Pritchard, MSN, MHM, RN, ONC  
Rachel Rucker, RN, ONC



# Advanced Degrees and Certifications

## AICU

Andrea Basagoitia, BSN, RN, CCRN  
Luci Corso, BSN, RN, CCRN  
Natalie Cruz, RN, CCRN  
Traci Davidson, MSN, RN  
Carmen Fishback, BSN, RN, CCRN  
Andrea Karpiaik, BSN, RN, CCRN  
Kimberly Kearney, MSN, RN, CCRN  
Alonso Marquez, RN, CCRN  
Sandra Osorio, MSN, RN  
Susana Pinet, RN, CCRN  
Kipp Rifenburg, MSN, RN, CCRN  
Fayon Walker, BSN, RN, CCRN  
Jocelyn Wrubleski, BSN, RN, CCRN

## RCU

Gino Cesari, RN, NAWC  
Desaree Irizarry, MSN, RN  
Marlo Proctor, MSN, RN

## 4Atrium

Joanna Dunk, MSN, NPC, ARNP, FNP-C  
Yvonne Facey, MSN, RN, CMSRN  
Trecia Robinson, MSN, RN, FNP-C  
Janis Smith-Love, MSN, MBA, ACNP-C, ANP-C, FNP-C, CCRN, CEN, CHFN

## Vascular Access

Bibi Achaibar, MSN, CPNP, VA-BC  
Paulino Four Castro, RN, VA-BC, CCRN

## Transplant Services

Audra Lopez, MSN, RN, FNP-C, CNS  
Liliya Slep, MSN, RN

## Epidemiology

Inge K. Frank, RN, MSN, CIC  
Jacqueline Moore, BSN, RN, CIC  
Lois E Weinstein, MSN, RN

## Quality

Sandra Baysinger, MHM, BSN, RN, LHRM  
Michael Cutner, MBA, BSN, RN, LHRM  
Sharon Edwards, RN, CCM  
Deborah Williams, MSM, MSN, RN, CPHQ

## Product Line Services

Melody Leeds, MS, RN, CPHN  
Heather Miller, MSN, RN, CPON, FACHE  
Mary Peterson, ARNP, AOCN

## Invasive/Non-Invasive Cardiac Services

Sastrie Bharath, MSN, RN, ARNP-BC  
Angie Bigler, MSN, RN, ARNP-BC  
Teresa Deasy, MS, BSN, RN  
Mary Perry, MSN, RN, PCCN, CMC  
Astrid Puhwein, RN, CNOR

## Cancer Infusion Center

Adele Holman, RN, OCN  
Serena Toney, MSN, RN, CPN

## Cancer and Cardiovascular Research

Debra Ayer, MSN, MBA, RN, CCRP  
Claudia Diaz Pow Sang, BSN, RN, CCRP  
Arlene McMillan, MS, BSN, RN, OCN, CCRP  
Donna Stefinsky, RN, CCRC

## Trauma Services

Mary Chabriel, MHM, RN, CPHQ, LHRM  
Laura Hand, BSN, RN, RHIA  
Jessica Holmes, MSN, RN, CPEN, TCRN, CPN  
John Karpiaik, RN, ARNP  
Aaron Worthley, BSN, EMT-P

## Surgery

Feyolanda Bowes, RN, CNOR  
Diana Chamberlain, RN, CNOR, CRSCT  
Colette Cooper, RN, CNOR  
Deletea Dacosta, RN, CNOR  
Melinda Daugherty, RN, CNOR  
Emily Defante, BSN, RN-C  
Nicholas Eldred, RN, CNOR  
Nydia Gonzalez, MBA, BS, RN  
Sharon Loban, MBA, BSN, RN  
Kimberly Oakman, RN, CNOR  
Ruthann Osborne, MSN, RN, CNOR  
Pamela Savage, RN, CNOR  
Lynn Townsend, RN, CNOR

## Stroke Program

Lisa Bergeron, MSN, RN CCRN



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# Advanced Degrees and Certifications

## PACU

Rosalie Carreon, BSN, RN, CPAN  
Gilda Field, BSN, RN, CCRN  
Kim Grant, RN, CCRN, CPAN  
Cherian John, MSN, ARNP, CPAN  
Felma Magallon, BSN, RN, CCRN, CPAN  
Rosally Mason, BSN, RN, CCRN  
Anita Mercado BSN, RN, CPAN  
Kimberly Miller, MSN, RN  
Diane Ogren, RN, CCRN  
Nela Ringon, RN, CCRN  
Juan Velez, MSN, ARNP

## SDS

Janice Bouchard, RN, CAPA  
Debra Macdonald, BSN, RN, FNP  
Sonia Sanchez, MSN, RN

## CCU

Valery Alexis, BSN, CCRN  
Cynthia Marinucci, BSN, RN, CCRN

## CVICU

Kathryn Beyer, BSN, RN, CCRN  
Michael Buschman, MS, BSN, RN  
Sonia Cameron, MSN, RN  
Patrick Cepeda, BSN, RN, CCRN  
Marie Couture, RN, CCRN  
Michael Drossos, BSN, RN, CCRN  
Debbie Excellent, MSN, RN  
Brisson Germain, BSN, RN, CCRN  
Emma Graikowski, BSN, RN, CLNC  
Angelica Hernandez, MSN, RN  
Clavel Opada, BSN, ARNP  
Zuleika Riveron, BSN, CCRN  
Fabian Rodriguez, BSN, CCRN  
Amanda Stewart, BSN, CCRN  
Kelly Watters, MSN, RN, CCRN  
Hope White, MS

## 4NT

Patricia Baker, MSN, RN, CMSRN, OCN  
Elaine Britton, MSN, RN, OCN

Michelle Dawes, BSN, RN, OCN  
Valerie Grenade, MSN, RN, OCN

## 5ST

Valrie Chambers, MSN, RN  
Louis Cubley, MS, BSN, TNCC  
Annette Moss, BSN, RN, PCCN  
Yvonne Scott, MSN, RN  
Sonia Watson, MSN, RN

## 5NT

Valsamma Abraham, MSN, RN, CMSRN  
Triffina Brown, MSN, RN-BC, PCCN  
Mariechardeline Glaude, BSN, PCCN  
Nemala Laudat, MBA, BSN, RN

## Behavioral Health Services

Patricia Campbell, MSN, RN-BC  
Whyne Clarke, RN-BC  
MaryLouise Dutch, MS, BS, RN  
Marjorie Elie-Ceant, MSN, RN  
Osner Etienne, MSN, RN  
Zoe Farrier, MSN, ARNP  
Catherine Fusco, BSN, RN-BC  
Amrita Hansra, MSHA, BHA, BSN, RN  
Aneita Grant, MSN, RN-BC  
Amarjit Mann, JD, MA, BA, RN  
Carlton Mills, MSN, ARNP, RN-BC  
Andrea Mitchell, BSN, RN-BC  
Yordis Morrison, BSN, RN-BC

## Case Management

Danise Derosa, RN, CCM  
Crystal Fricano, MSN, RN  
Danielle Malcolm Barton BSN, RN, CCM  
Michaela Neilson, MBA, BSN, RN  
Heidi Rubin, BSN, RN, CCM

## Health Information Management

Sandi Gold, RN, CCDS  
Noni Jefferson, JD, BSN, RN, LHCRRM, CCDS  
Mary Linda Vanessa Paul, RN, MHSA, LHRM



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# Clinical Practice Recognition (CPR)

The Clinical Practice Recognition (CPR) Program is a voluntary program dedicated to the advancement of the professional disciplines at Broward Health. It consists of four (4) levels based upon the categories of Professional Development, Clinical Practice, Research, Leadership, Citizenship/Community and Mentorship.

The Clinical Practice Recognition Program supports the vision of Broward Health. The CPR Program identifies clinical competence, provides recognition and financial rewards for bedside clinical practice, promotes responsibility, accountability, project and committee involvement, and enhances self-worth and positive morale. Because of the program's blend of skill levels, it develops a climate of clinical learning while promoting professional growth and confidence. The 2016 nursing participants from Broward Health Medical Center are listed below:

## **Level 2**

Ashley Kahan, RN, 5NT  
Cathy-Jo Kelly, RN, 4NT  
Maria Mascarenhas, RN 4NT

## **Level 3**

Laura Constant, RN, Cancer Center  
Cathy Paul, RN, SDS  
Leslie Stella, RN, PACU  
Leslie Stella, RN, PACU  
Merlinn Jean, RN, 4NT  
Veronica Jacobs, RN, SDS  
Kim Grant, RN, CCRN, CPAN, PACU  
Deanna LaCasse, RN, SDS  
Terri Kellerman, RN, SDS  
Wilhelmina Sennerville, RN, PACU  
Elizabeth Kalayil, RN, PACU  
Joe Woods, RN, PACU  
Emiliana Perez, RN, PACU  
Celeste Almaral-Huttig, RN, ER  
Cynthia Cachola, RN, PACU  
Sandy Labriola, RN, SDS  
Elisa Arrigo, RN, PAT  
Cheryl Johnson, RN, SDS  
Robyn Lassel, RN, SDS

## **Level 4**

Mary Perry, RN, Cardiac Screening

## **Level 5**

Valsamma Abraham, RN, 5NT



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# Message from Rita Franz SFCH Administrator



*The vision of Salah Foundation Children's Hospital is to provide excellent clinical care in a child friendly, family-centered environment to all those seeking medical services for their children at Broward Health: Your Children, Their Health, Our Mission. For more than 75 years, the Children's Hospital at Broward Health Medical Center has remained committed to offering newborns, neonates, children and adolescents the most advanced, family-centered care.*

*As renovations continue on the Salah Foundation Children's Hospital, we look forward to opening of phase two which consists of Pediatric Medical Surgical and Pediatric acute/progressive Care. Our vision is to provide all private rooms to our young patients with ample family space to enhance our family-centered delivery of care. Phase three is in design phase for the construction and relocation of our Level III and Level II Neonatal Unit to provide private room space for all our neonatal patients and their families.*

*We continue to concentrate our focus on quality, reliability and safety improvements. Patient and family-centered care remains at the heart of all we do. Our commitment to caring is exemplified in this year's accomplishments. We enthusiastically share the accomplishments of our nursing staff in collaboration with the entire Salah Foundation Children's Hospital healthcare team. No matter how much we grow, we consider the true measure of our success by how well we treat each and every child who comes through our doors.*

# Quality/Safety

## Florida Perinatal Quality Collaborative (FPQC) Initiatives

### Hypertension in Pregnancy (HIP)

Broward Health Medical Center Labor and Delivery and The Maternity Place have teamed up with the Florida Perinatal Quality Collaborative (FPCQ) to assist in early recognition and timely management of hypertensive disorders in pregnancy with the goal of decreasing short and long term morbidity and mortality related to hypertensive disorders in women. Education on hypertension in pregnancy for staff included recognition of signs/symptoms as well as emergent administration and management of antihypertensive medications for patients in hypertensive crisis. The focus of this process improvement is the timely management of new onset preeclampsia-eclampsia and the timely administration of antihypertensive medications within one hour upon arrival to the facility and/or within 30 minutes upon recognition of SBP>160 or DBP>110 in order to decrease short and long term morbidity and mortality related to hypertensive disorders in women.

### Antenatal Corticosteroids (ACT)

Broward Health Medical Center Labor and Delivery and The Maternity Place have teamed up with the Florida Perinatal Quality Collaborative (FPCQ) and the March of Dimes for the Antenatal Corticosteroid Treatment (ACT) pilot to assist in improving the process of recognizing patients at risk for preterm labor and timely treatment of corticosteroids. The revision of our Preterm Labor policy and education to staff on appropriate screening for women presenting with signs of preterm labor improved identification of those at risk of delivery and requiring antenatal corticosteroids. Our healthcare team has worked on the unobstructed availability of the antenatal corticosteroids on the labor and delivery unit with an emphasis on the importance of timely administration of this medication. The goal is to assure that all eligible pregnancies at risk for delivery between 23<sup>0/7</sup> and 33<sup>6/7</sup> weeks gestation receive appropriate antenatal corticosteroid treatment to reduce perinatal morbidity and mortality.



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## **Obstetrical Hemorrhage Initiative (OHI) update**

BHMC Labor and Delivery and The Maternity Place continue to provide evidence based practices adopted through the Obstetrical Hemorrhage Initiative in 2014. Quantification of blood loss (QBL) has become a routine expected management of all delivering mothers for the early recognition and management of postpartum hemorrhage. BHMC has imbedded the QBL calculator into the electronic medical record for effortless integration into the delivery process. The QBL has become a key indicator in recognizing potential complications before the patient displays signs and symptoms of distress. BHMC has maintained completion of the QBL at delivery at > 90% for all deliveries in 2016.

## **March of Dimes 39 Weeks (Labor and Delivery) Update**

Broward Health Medical Center conducted a yearlong program in 2011 in collaboration with the Florida Perinatal Quality Collaborative (FPQC) and the March of Dimes to target the elimination of elective deliveries prior to 39 weeks of pregnancy.

As a result of this program, Broward Health Medical Center has successfully implemented the practice of not performing any elective deliveries prior to 39 weeks gestation. We continue to monitor our progress and we are happy to report that there were no elective deliveries less than 39 weeks gestation in 2016 and therefore no admissions to the neonatal intensive care unit of babies that fall into this category. We accomplished our goal and will continue to provide best practices for babies!

## **Breastfeeding Exclusivity**

The maternity Place has established measures to increase breastfeeding rates including collaboration with representatives from Cora E. Braynon Family Health Center who are attending monthly process improvement team meetings. Education begins at the prenatal stage where patients are provided information on the benefits of breastfeeding.

The Maternity Place is also attending the Shower to Empower at the Braynon Family Health Center, a community event to increase education on the benefits of exclusive breastfeeding. Additionally, representatives from the Lactation Department are offering a breastfeeding educational event twice a month to increase knowledge on breastfeeding basics during the perinatal phase prior to delivery.

Hospital based activities and education included in-servicing for staff and physicians on natural breastfeeding and hospital based electronic education for staff on Practices to Increase Exclusive Breastfeeding. BHMC also hosted a breastfeeding certification opportunity provided by Childbirth and Postpartum Professional Association (CAPPA). This was attended by nurses from both the Maternity and Labor and Delivery Departments. We also continue our process improvement efforts through monthly meetings identifying opportunities and strategies for exclusive breastfeeding.



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# Clinical Excellence

## Pediatric Emergency Department

The Pediatric Emergency Department at Salah Foundation Children's Hospital (SFCH) is staffed with specially trained physicians, nurses and respiratory therapists. The latest innovative technology is employed to allow easier access and quicker results 24 hours a day, 7 days a week. The unit is equipped with 12 treatment rooms and a separate Speedy Care area, that opened in September 2016 to treat children's minor illnesses or injuries. The Pediatric ED team's goal is to get you and your child in and out in less than 90 minutes. We are dedicated to meeting the needs of our patients and community by offering faster service to our smallest of patients.

## PICU Transport

SFCH is home to a Level I Pediatric Trauma Center and Pediatric Intensive Care Unit (PICU), within which resides a PICU transport team. The team is comprised of 20 nurses, pediatric intensivists and respiratory therapists.

The PICU team is specially trained to transport children ages 1 month –18 years who are in need of tertiary services provided at SFCH. They are available 24/7 and are able to respond immediately when a call is received for a transport.

To be a member of the PICU transport team, nurses complete a pediatric transport course, maintain their Pediatric Advanced Life Support (PALS) and Basic Life Support (BLS) certification and complete two transports under the supervision of a senior transport member. Each year the nurses also take part in a four-hour pediatric critical care course. SFCH's PICU transport team is successful due to the dedication of its specialty trained staff.



# Pediatric Intensive Care Unit (PICU)

## Body Cooling

Pediatric hypoxic ischemic brain injury continues to be a significant cause of morbidity and mortality. Therapeutic hypothermia decreases cerebral metabolic rate and energy utilization and has long been demonstrated to be effective in neuroprotection during cardiopulmonary bypass. In adult populations with ventricular fibrillation cardiac arrest and in newborns with asphyxial birth injury, treatment with moderate therapeutic hypothermia has been shown to improve neurologic outcome and decrease mortality. Our Pediatric Hypothermia team has successfully cooled ten patients since our program has been instituted.

## Pediatric Stroke

Stroke is one of the top 10 causes of death for children under the age of 19. Of the children surviving stroke, about 60% will have lingering, persistent neurological and/or cognitive impairment. SFCH PICU and Peds ED developed a pediatric stroke protocol to more effectively treat stroke patients. The multidisciplinary pediatric stroke team includes a neuro-interventionalist, pediatric neurologist, adult neurologist, adult stroke coordinator, intensivists, radiology, hematology/oncology, ED physicians, and nursing in order to provide comprehensive medical care to our pediatric stroke population.

## Catheter Associated Urinary Tract Infections (CAUTI)

CAUTI are a significant contributor to morbidity and mortality for critically ill pediatric patients receiving care in Pediatric Intensive Care Units. Salah Foundation Children's Hospital PICU, by promoting best practices, rounding and continual staff education, was able to achieve a zero CAUTI rate in fiscal year 2015 and 2016.

# Neonatal Intensive Care Unit (NICU)

## Transport Team

Our NICU team is made up of nurses and respiratory therapists that have over 4,000 nursing hours, with 2,000 of those hours dedicated to neonatal care. The team has to attend a 20 hour transport class and have to go on six accompanied transports before they can be on their own. In addition, to go on air transports there is an additional class they must attend in order to be Air Certified. The team comprised of a Neonatologist or ARNP, a Registered Nurse, and a Respiratory Therapist. The transport team received a new transport incubator in 2016.



# Neonatal Intensive Care Unit (NICU)

## Music Therapy

The Pacifier Activated Lullaby (PAL) assists by the promotion of non-nutritive sucking: to increase the strength of the oral muscles and to reinforce the suck/swallow/breathe coordination; to increase oxygen saturation levels and to stabilize vital signs; to release endorphins through NNS after painful procedures; to increase weight gain; to increase tolerance of stimulation and mask ambient noise; to reinforce NNS as a tool for self-soothing; to decrease length of stay with an average of 6 days (Standley and Walworth, 2010). NICU was a research site for FSU student led research in studying the use of PAL during the insertion of peripheral IVs.

## Research

NICU in collaboration with the Children's Diagnostic and Treatment Center is participating in several research studies relating to treatment and prevention of HIV in the newborn.

## Process Improvement Initiatives

### FPQC Mother's Own Milk (MOM) Project

Breast milk is the optimal source of nutrition for babies, especially those under 1,500 grams at birth. Bene gastrointestinal maturity, better feeding tolerance and reduced risk of life-threatening infections such as sepsis and necrotizing enterocolitis. Infants fed human milk have lower mortality, better visual development, fewer chronic diseases later in life (including obesity, diabetes, asthma and cancer) and higher IQ scores. Breast feeding promotes mother-infant bonding, improves mother's health, and reduces length of stay and health care costs. However, only 45.7% of very low birth weight infants cared for in Florida NICUs in 2013 received any breast milk through discharge.

FPQC proposes an evidence-based statewide NICU quality improvement initiative to determine and remove barriers to human milk use for these at-risk infants.



### NICU Staff Hosts MOM Kickoff

The Salah Foundation Children's Hospital Neonatal Intensive Care Unit staff recently held a kickoff event for the Florida Perinatal Quality Collaborative Mother's Own Milk project. The project aims to increase the number of very low birth weight infants in Florida's Neonatal Intensive Care Units who receive at least 50% of their feedings as mother's own milk at discharge.

### FCQC CLABSI

BHMC/SFCH NICU is currently participating in a National Quality Project to create best practices for reduction of central line blood stream infections in the NICU.

### NICU Reunion

NICU hosted annual reunion for patients and families. Over 130 family members and their infants attended and were able to visit with nurses and physicians. Celebration included a Twinkle, Twinkle little star theme with activities and music for the families.



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# Pediatrics

The Pediatric Unit at Salah Foundation Children's Hospital experienced growth and transition in the pediatric leadership team in 2016. Michael Ramos, RN was promoted to Nurse Manager for Pediatrics and Pediatric Sedation. Ann Lachman, RN was promoted as an Assistant Nurse Manager. The Pediatric Unit has achieved many accomplishments throughout 2016.

## Pediatric Early Warning Scores (PEWS)

The Salah Foundation Children's Hospital adopted the use of evidence-based PEWS to follow a pediatric patient's hospital journey from the Emergency Room to the Pediatric Unit, assisting in early recognition of patient deterioration. This tool has been evidence-based to reduce patient morbidities and initiate early detection and interventions for pediatric hemodynamic compromise, reducing Rapid Response on the unit.

## Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS)

The patient's perspective of care has been a highlight on the pediatric unit, focusing on improving the family and patient experience. Medication side effect "emojis" were introduced to help our nurses explain medication side effects to our patients and families using kid-friendly terminology.

## Collaboration Towards Evidence-based Practice

The Salah Foundation Children's Hospital participates with the Florida Hospital Association, FCQC (Florida Children's Quality Collaborative) focusing on three items for the Salah Foundation Children's Hospital: Readmission, CLABSI, and Adverse Drug Reactions.

## Education

Nursing education for the improvement of pediatric outcomes has been a focus to help improve the nursing care our patients and families receive. Other nursing education topics that have been highlighted throughout 2016 include Pediatric IV infiltrations, Pediatric Rapid Response, Pediatric Basic Arrhythmias, as well as monthly education sessions for new pediatric nurses. These sessions focused on pediatric diagnoses frequently seen on the unit, along with low volume, high risk diagnoses. The education and skill sessions were paired with peer presentations covering many of our commonly encountered pediatric diagnoses.

The Ketogenic Diet has been a historically useful treatment for seizures in the pediatric population, and its use has grown in popularity. In December, a representative from the Charlie Foundation came to educate Pediatric nurse leaders, clinicians, physicians, pharmacists, and dietitians about the ketogenic diet. Development of a ketogenic diet program is one of the outstanding upcoming programs to be offered by the Salah Foundation Children's Hospital, as our Pediatric department continues to grow and evolve for the future care of our children.



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# Pediatric Hematology/Oncology Unit

The Salah Foundation Children's Hospital Pediatric Hematology/Oncology Unit has undergone much growth and has achieved many notable accomplishments over the past year. The prior manager of Pediatric Hematology/Oncology, Nicole Sant'elia, RN, MSN, ARNP was promoted to the new position of Director of Women and Children's Services. Dana Tabib, RN, BS was promoted to Nurse Manager of Pediatric Hematology/Oncology. Adrienne Patino RN, BSN was promoted to Assistant Nurse Manager. The Pediatric Hematology/Oncology Unit has participated in several volunteer activities over the past year as well:

## **STARS (Students Transitioning And Re-entry to School)**

A multi-disciplinary team guided by Barbara Acevedo, Pediatric Palliative Care Social Worker, assisted several pediatric oncology patients to return back to school after treatment completion. The multi-disciplinary team included: Barbara Acevedo, Dana Tabib Nurse Manager, Kasey Castro Certified Child Life Specialist, Laura Cornelius, Music Therapist, and bedside staff nurse, Andrew Levin, RN. The team educated the patient's teachers, classmates, and their families about central line insertion, maintenance, and infusaports, all while using developmentally appropriate learning styles.

## **Boggy Creek Camp (Oncology Week)**

In 2016, approximately 20 children attended a 1 week camp to enjoy games and activities with other pediatric oncology patients. Staff nurses often volunteer as camp counselors, and this year, Isabel Soughers, staff RN attended and experienced Camp Boggy Creek with the patients from Salah Foundation Children's Hospital.

## **Sickle Cell Week**

In 2016, approximately 25 children attended the 1 week camp for sickle cells patients to enjoy games and activities with other sickle cell patients. Staff nurses, Jason Jorge, RN, and Kine Williams, RN, volunteered as camp counselors and experienced Camp Boggy Creek with the patients from Salah Foundation Children's Hospital.

## **St. Baldrick's Foundation Fund Raising Event**

St. Baldrick's Foundation raised monies for pediatric oncology by encouraging volunteers to shave their heads as a fund-raising event. Two staff members, Isabel Soughers RN and Melissa Schleifer RN shaved their heads to raise money for pediatric cancer research.

## **Annual Pediatric Survivor Celebration Day**

All pediatric oncology survivors and their families were invited to celebrate their survivorship, as it is done so annually. The entire team is also invited to participate in this off-site celebration. The Salah Foundation Children's Hospital partnered with Gilda's Club to celebrate away from the hospital. The day was filled with games, food, photography, face painting, and arts and crafts. A bedside nurse, Ryan Hamilton, was the inspirational speaker and he shared his personal story of being a former pediatric oncology patient.



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# Conversations Matter Project

Barbara Acevedo, Pediatric Palliative Care Social Worker was featured in the National Institute of Nursing Research, Conversations Matter Project in November 2016.

## Palliative Care and Perinatal Bereavement

The Pediatric Palliative Care program along with the Salah Foundation Children's Hospital Women and Children established a Perinatal Bereavement Program in November 2016. The program was created to formalize a bereavement plan which offers support and care to parents who experience the loss of their child at birth.

## BARF Scale Research Study

In 2015, the pediatric palliative care team and pediatric oncology nurses started managing nausea and emesis with antiemetics and recording the data on the Barf Scale, a pictorial nausea rating scale for children. This project is tracking chemotherapy induced related nausea and emesis in pediatric oncology patients. At the end of 2015, the results of patients who are receiving antiemetics while on chemotherapy treatment who reported not having nausea/emesis was 88.71%. In 2016, the results improved to 89.71%, showing that the antiemetics continue to help patients while they are receiving chemotherapy treatment.

## IRB Research Study: Quease Ease

Quease EASE is a drug-free, all natural product consisting of a unique blend of pure essential oils, formulated to calm queasiness associated with motion/travel sickness, morning sickness, chemotherapy, and post-operative recovery. An IRB research study being proposed to the Broward Health IRB department for Pediatric Oncology patients to utilize the Quease Ease product to help relieve their nausea and emesis symptoms during and post their chemotherapy treatment. The study will assess the perceived effectiveness of aromatherapy on nausea, vomiting which will improve the quality-of-life among pediatric oncology patients.



## The First Tee

The First Tee is a nonprofit youth development organization that provides young people (ages 6-17 years old) with character-building and life skills lessons using golf as the platform. Through The First Tee, young people discover how skills essential to success on a golf course can also help them flourish in life. For nine consecutive golf sessions 12 Pediatric Oncology patients and their siblings from the Salah Foundation Children's Hospital learned Nine Core Values such as Courtesy, Responsibility, Judgment, Respect, Sportsmanship, Confidence, Honesty, Integrity and Perseverance. The children had an amazing time learning life lessons and golf.



# Maternity Place

## MAT Detox

Broward Health Medical Center launched the Medicated-Assisted Treatment (MAT) program for Pregnant Women. The MAT program is a voluntary program for mothers seeking assistance with opioid addiction. It gives them the option to detox utilizing a medicated-assisted treatment approach which is carefully introduced while inpatient and monitored by a team of healthcare professionals to decrease the risk associated with opioid use to mom and their unborn child.

## Postpartum support group

We are pleased to announce that Broward Health Medical Center now offers a postpartum support group for mothers who are experiencing trouble adjusting after giving birth including depression and anxiety. Meetings are hosted by Samantha Montealegre, a maternity RN and Board Certified Lactation Consultant, and facilitated by Psychology. Our support group offers a comfortable environment for postpartum mothers to share experiences and receive information about many topics including coping skills, healthy communication and managing relationships. Meetings are held the 2nd and 4th Thursday of each month in the Lillian Wells Conference Room. Mothers are encouraged to bring their babies. Our support group is open to all mothers in the community, regardless of where they had their baby. There is no fee to attend and no registration required. Please feel free to contact Samantha Montealegre, RNC, BSN, IBCLC at 954.468.5276 for more information.

## Class offerings

Breastfeeding Support Group: Our breastfeeding support group all other mothers to Grow Together by sharing insightful ideas on early mothering. Our board certified lactation consultants are also available to provide additional assistance and resources. Sessions are free and offered 1<sup>st</sup> and 3<sup>rd</sup> Thursdays from 10:30AM-12:00PM in the Lillian's Wells Conference Room.

Breastfeeding Basics Class: Intended to teach expectant mothers the basics of breastfeeding, this class includes everything you need to know about proper positioning techniques, infant feeding behaviors and how to manage common problems. Classes are offered on the 3<sup>rd</sup> Wednesdays of every month from 6:00-8:00PM in the Atrium conference room. Consultants of the Lactation Center at Maternity Place recently teamed up with Healthy Start for an educational event twice a month that is held at Cora E. Braynon Family Health Center. The goal is to reach mothers-to-be and educate them, in both group and individual settings, on breastfeeding before they deliver. Literature about breastfeeding, as well as vouchers for a free breastfeeding class, is distributed.

## Perinatal Class Offerings

Perinatal Education currently provides the following classes in their education curriculum: Lamaze Prepared Childbirth, Infant Massage, Sibling Preparedness, Baby Care, Cesarean Birth Preparation, Dancing for Birth, Comfort Measures in Labor, Lamaze Marathon and group and private tour offerings.

## Maternity Tours

Implemented family OB tours to include children of clients, coordinated services of clients with communication and language barriers, i.e. hearing impaired clients, partners with international services to address the needs of international clients, implemented private physician tours, physician office visits, walk-in tours, grand tours in the auditorium to increase ability to service more clients, updated tour and class verbiage to improve client understanding and expectations of their maternity admission.



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# Awards and Recognition in 2016

- ❖ South Florida Parenting readers voted Broward Health Medical Center Broward County's "Best Place to Deliver Your Baby" awarding The Maternity Place with the Kids Crown Award for best maternity hospital.
- ❖ Florida Blue announced that Broward Health Medical Center and Broward Health Coral Springs are among the first hospitals to receive the new Blue Distinction® Center+ for Maternity Care designation under the Blue Distinction Specialty Care program.
- ❖ Maternity Place has been recognized by the Florida Breastfeeding Coalition (FBC), a statewide coalition in partnership with several Florida agencies and registered with the Centers for Disease Control and Prevention (CDC) and the United States Breastfeeding Committee (USBC) by participating in FBC's Baby Steps to Baby Friendly Hospital *Florida Quest For Quality Maternity Care Award* project. We are one of the first hospitals in Broward County and one of just four hospitals in the Southeast Florida region to prioritize mothers and babies by creating action plans that will improve the quality and support for mothers and babies giving birth in our hospital and answers one of the actions in the United States Surgeon General's Call to Action to Support Breastfeeding.
- ❖ Tonia Royster was recognized in the South Florida Hospital News "Salute to Nursing." Tonia E. Royster, BS, RNC-OB, is Nurse manager of Labor and Delivery/ Obstetrics Recovery Room at Maternity Place at Broward Health Medical Center (BHMC)- a position she has held for more than three decades.

## Daisy Award Winners

### NICU Nurses

I am a proud mother of my miracle twin girls born at 25 weeks. I was blessed to welcome them into this world Feb 1 2015 at the Broward Health Center (Ft Lauderdale, FL) where they spent 124 days in the Neonatal Intensive Care Unit at Chris Evert Children's Hospital. There we met an amazing team of nurses whom have changed our lives forever. These women chose to "primary" our daughters taking outstanding care for them. They made us feel comfortable, they heard our concerns and answer all of our questions and calm our fears many times. It seems as if they went through it themselves. They are so deserving of the Daisy Award. They made our journey a little more enjoyable, they cried with us and laugh with us. They help us decorate our girl's incubators/cribs. They made cards for us during the holidays (valentines, Easter's, mother's day). They went above and beyond their duty to ensure the wellbeing of our daughters. They were more than caregivers, they were advocates, supporters, cheerleaders and friends. As if all they did for us were not enough; they even gifted us with a photo album of our NICU journey with beautiful pictures from us and our girls. I would never be able to repay them but thought this Daisy award couldn't have a more deserving group of individuals. These angels in disguise are: Lorien Torres, Lisa Brown, Fanniza Fitzgerald, Kelli Moroso. Hope you consider this amazing team of woman for the DAISY award. If you have any further questions please do not hesitate to contact me.



# Daisy Award Winners



## Grace Grecz, Maternity Place

As a brand new nurse I was so nervous to start. I was so unsure of myself, so nervous: what if the other nurses wouldn't help me? What if they ate me alive? The second I met Grace, all those fears vanished! Grace's smile is so welcoming to all those around her including staff, patients and anyone she comes across. Grace has made me believe in myself and has helped me find my passion in the nursery. I will forever be grateful for all she's taught me!

Every patient she cares for adores her. She really takes her time to ensure that every family has an amazing experience!

I hope one day I am half the nurse Grace is. I pray that I make every family feel as safe, happy and grateful the way Grace does.

7 years ago this month Uncle Patrick passed away unexpectedly at age 33. The care he received from the nurses inspired me to become a nurse. When I heard about this Daisy award tears filled my eyes. Grace reminds me of those amazing nurses that cared for my uncle 7 years ago. She reminds me of why I became a nurse and she showed me how to be the best nurse I can be!

Grace, thank you for all you have taught me, for believing in me, pushing me and making me a better nurse. I have been so blessed to have you at my side on this new journey. You truly shine love and warmth to others around you. I hope I can show as much care, warmth and guidance as you do. Any nurse can teach skills, but you have taught me the most valuable lesson, how to care for my patients and their family.

Thank you for everything!

Love Marah

## Megan Clearwater Robak, PICU

Dearest Megan, everything I wrote in the "groups" letter obviously applies to you, however I needed you to know something extra: although this was not even close to what I thought our lives would be when I first learned I was pregnant and never did I imagine I would have to make the choice I did. But I could have not asked for a better nurse than you. You are truly a God send. Because of your gentle spirit, loving touch and caring nature I know you claim an extra special place in my baby's, strong little heart and because of that I am eternally thankful. There are no gifts I could buy you or cards I could find you, that would translate my feelings of love and gratitude for everything you have done for her. You gave her the love and care that I was not always able to. Helplessness to a mother is something unimaginable, and I may have not done things right all the time, but who knows how someone should act or cope in this situation until they are in it. But even then you are never truly prepared. Although I am full of "what if's", "only if's" and "why's" and those answers may transcend my understanding but I do understand now why my baby was brought over here so far away from me – to have you in her life to give her what I could not. I hope these words of mine are enough to show our love for you. I leave you also with the Bible verses which are my favorite: Ruth 1:16-17 "Don't urge me to leave you or to turn back from you. Where you go, I will go. Where you stay, I will stay. Your people will be my people. Your God will be my God. Where you die, I will die and there I will be buried. May the Lord deal with me, be it ever so severely, if even death separates you from me." Romans 8:18 "what we suffer now is nothing compared to our future glory." Like her name – translates to – Forever Beautiful.



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# Special Events and Presentations

**January 2016**, Vida Miller, BSN, and Jahli Galloway, BSN, attended the FPQC Hypertension in Pregnancy mid-project meeting on November 10<sup>th</sup> in Orlando Florida. They collaborated with other participating hospitals in the state of Florida as members of the Florida Perinatal Quality Collaborative (FPCQ) on Hypertension in Pregnancy as well as health professionals from the California Perinatal Quality Collaborative sharing successes and identifying and breaking down barriers.

**February 2016**, the CECH held its second Annual Two Day Nursing Conference with topics ranging from perinatal period to adolescence. The purpose of this conference was to offer nurses and healthcare providers across the spectrum of maternal, neonatal and pediatric care an opportunity to meet a broad and diverse set of professional needs and to stay connected on an inter professional level. The topics included but not limited to antepartum gestational diabetes, postpartum depression, disaster preparedness, autism, and drowning prevention. The CECH conference provided discussions on basic knowledge and skills, recent developments in research and science, best practices, and Evidence-based recommendations. All of this information was aimed at representing state of the art advances in nursing, leadership, and research.



**March, June, September, and December 2016**, Quarterly Shower to Empower. Members of the perinatal education, clinical education and lactation departments attended the Shower to Empower at Cora E Braynon Center. Attendance at the quarterly baby showers provided an opportunity to build relationships with maternity clients of the center and to provide onsite education regarding various topics (i.e. Pre-eclampsia, the importance of skin-to skin after birth and maternal movement during labor) for over 340 participants.

**April 2016**, The Children's Hospital hosted a pre-party before "A Prom to Remember" for our pediatric oncology patients. Thanks to the generosity of sponsors and donations, the pre-party provides our patients and their guests with the opportunity to have their hair and makeup done, enjoy delicious food and drinks, dance to music provided by a DJ and play at video game stations – all at no cost to our patients and their families.

**May 2016**, Hosted a 2-day Perinatal Quality Improvement Training presented by the Florida Perinatal Quality Collaborative. The training took place on May 19-20, with hospitals as far north as Daytona and from the west coast in attendance. This was an opportunity for maternal and neonatal healthcare professionals to come together with a team and plan out a QI project with training and assistance from a neonatologist, obstetrician and quality specialist trainers. The maternal child team is excited about implementing these best practice quality measures for improved patient outcomes.

**May 2016**, U.S. Navy personnel visited our pediatric patients at the Children's Hospital in conjunction with the 2016 Fleet Week at Port Everglades. Navy personnel included members of the Southeast Band sang and played music for patients

# Special Events and Presentations

**May 2016**, Broward Health's Cora E. Braynon Family Health Center's Prenatal Department, together with Broward Health Medical Center held a baby shower to empower local mom's to be with education that helps to promote healthy pregnancies and proper pre and post-natal care. The event is a way to introduce pregnant women to the array of services provided at Maternity Place at Broward Health Medical Center; 72 individuals attended this event.

**May 2016**, Jennifer Bilecki attended the MOM (Mother's Own Milk) Project Kick Off in Orlando.

**May 2016**, Stars of "The Gazillion Bubble Show" in New York City visited the pediatric patients at Broward Health Children's Hospital on May 26 and gave them a taste of the full production with a one-man bubble demonstration. The show is an interactive bubble experience with spellbinding lasers, spectacular lighting effects, and jaw-dropping masterpieces of bubble artistry. Our pediatric patients and their families were thrilled with the visit.

**July 2016**, Tonia Royster, RNC, BS, Nurse Manager and Veronique Sajous, RN, MSN, Perinatal Clinical Information System Analyst at Broward Health Medical Center's Maternity Place, Labor and Delivery department were panelists in a webinar specific to the Antenatal Corticosteroid Act initiative.

**July 2016**, Organized and hosted the Southeast Florida Association of Neonatal Nurses (SEFANN) meeting at Broward Health Medical Center.

**August 2016**, Maternity Place and the Lactation Center hosted a screening of "Milk" for physicians and clinicians. "Milk" is a sweeping cinematic look at the politics of breastfeeding and birthing across four continents. The screening for this 90-minute film was held in the Auditorium with 34 in attendance.

**August 2016**, Maternity Place and the Lactation Center hosted a second screening of "Milk" for 45 attendees, including members of the community and staff. "Milk" is a sweeping cinematic look at the politics of breastfeeding and birthing across four continents.

**August 2016**, Broward Health Children's Hospital Child Life Team hosted a send-off event for 29 pediatric sickle cell patients headed to Boggy Creek Camp with their families for five days. Boggy Creek Camp, located in Eustis Florida, is a medically-sound camp for children with serious illnesses that will provide these children with opportunity to spend time with others who are just like them and share their life experiences. Before leaving for camp, each child was given a handmade blanket, hat and bracelet from the Southeast Florida Head Huggers.

**September 2016**, The Children's Hospital sponsored an annual health fair and provided information about our pediatric services; 11,400 attendees/Target demographic is children 15 years of age and under, and their families.

**September 2016**, Maternity Place hosted a Lactation Educator Course for over 25 attendees from area hospitals (6 staff were from BHMC); Contact hours and certification awarded with completion of course and testing. As a result, attendees would be support educators to Breastfeeding moms.



# Special Events and Presentations

**October 2016**, the Children's Hospital was renamed "Salah Foundation Children's Hospital Broward Health".

**October 2016**, The Salah Foundation Children's Hospital was renamed one of 54 Children's Hospitals nationwide, recognized as one of the 2017 Best Children's Hospitals by Women's Choice Award. The award seal represents the extraordinary power and significance of today's female consumer through their collective voice in determining those brands, products and services that are highly recommended by women.

**October 2016**, BHMC and the Salah Foundation Children's Hospital, in partnership with Florida Department of Health, Children's Services Council, City of Ft. Lauderdale Parks and Recreation and Ft. Lauderdale Fire Rescue hosted a Water Safety Day at Croissant Park in Ft. Lauderdale. The event offered water safety demonstrations, learning stations and entertainment. Resources were available to help create a water-safe home and the event was free for families with children of all ages with 87 people in attendance.

**October 2016**, Veronique Sajous, RN/Labor and Delivery and Vida Miller, Clinical Nurse Specialist were panelists for the October March of Dimes Antenatal Corticosteroid Treatment (ACT) initiative webinar. They spoke with the Perinatal Clinical Analyst on the process of advanced nursing interventions related to preterm labor and current progress. This was a program requested to be re-presented by the March of Dimes for the Big 5 State Webinar. Initial presentation was provided by Tonia Royster, Nurse Manager/Labor and Delivery and Veronique Sajous, RN/Labor and Delivery.

**October 2016**, The Department of Health, Children's Services Council, City of Fort Lauderdale Parks and Recreation and Fort Lauderdale Fire Rescue, hosted Water Safety Day at Croissant Park in Fort Lauderdale on October 22. The event included water safety demonstrations, learning stations, a duck race, entertainment and prizes. Resources were available to help create a water-safe home and the event was free for families with children of all ages.

**November 2016**, BHMC participated in the South Florida Parenting's 23<sup>rd</sup> Annual Holiday Festival at Tradewinds Park in Coconut Creek. Attendance for the weekend was approximately 10,000 people.

**November 2016**, A multi-disciplinary team led by night shift staff nurse, Adrienne Patino, RN, to raise monies and participate in the annual Light the Night event on November 16, 2016. The team unified by the compassion to care for pediatric oncology patients and the team name 'Healing Our Warriors'.

**November 2016**, Child Life, Music and Art Therapies walked and participated with the Pediatric Oncology Team in the Annual Light the Night Pediatric Cancer Awareness Walk sponsored by the Leukemia and Lymphoma Society.

# Special Events and Presentations

**November 2016**, The 15<sup>th</sup> annual Palliative Care Symposium, "Beyond the Basics of Pediatric Services" was held on November 4<sup>th</sup>, 2016. 65 participants attended and expressed positive feedback about the event. The topics discussed were Perinatal Loss and Grief; Pain management for Chronically Ill pediatric patients, Spiritual Care, and An Integrated approach to Palliative care: Child Life, Music Therapy and Art Therapy.



**December 2016**, Child Life, Music Therapy and Art Therapy staff celebrated their Annual Oncology Christmas with Santa. Many of our Oncology patients presented Santa with a list of all the items they wished for. American Heritage High School raised funds to make all of the patient's wishes come true.

**December 2016**, Broward Health's Cora E. Braynon Family Health Center's prenatal department, together with Broward Health Medical Center, threw a baby shower to empower 120 local moms-to-be with education that helps to promote healthy pregnancies and proper pre- and post-natal care. The event also creates awareness for Maternity Place.

**December 2016**, the Neonatal Intensive Care Unit (NICU) hosted an Annual Reunion held in the Auditoriums. 132 people were in attendance including families and NICU graduates, physicians and nurses who were able to come together and celebrate the NICU journey. Child Life and NICU volunteers helped to make the event a great success.

**December 2016**, Employees from the Pediatric Intensive Care Unit (PICU) donated toys for our hospitalized patients on December 12.

**December 2016**, spouses of the Florida Panthers Hockey Team delivered Holiday gifts to patients on the Pediatric Hematology Oncology Unit and Pediatric Intensive Care Unit.

**December 2016**, For the 12th consecutive year, the Ladies of Harley and the Ft. Lauderdale Harley Owners Group (HOG) members delivered holiday cheer and gifts to pediatric patients, their siblings and family members.

# Professional Engagement

## 2016 Nurse Excellence Awards

Each year, Nurses' Week is kicked off by celebrating our nurses for their accomplishments and commitment to excellence throughout the year. Recognition goes to those who have completed an advanced degree or new nursing certification. Time is dedicated to allow our nurses to recognize their peers for their contributions to patient care through the Nurse Excellence Award. Awardees are nurses who have been observed by their peers to possess characteristics that are fundamental to positive patient outcomes. Nominations are submitted from each nursing area and the awardees are recognized during a formal ceremony. *We are proud to list the 2015 Awardees below.*

### L&D

Betty Saintfort, RN  
Tatyana Jack Ruddock, RN  
Kira Livesay, RN

### PICU

Marlee Squires, RN  
Mythili Aluru, RN

### Peds ED

Christopher Obel, RN  
Joanne Bocash, RN

### NICU

Richard Favilli, RN  
Thien Nguyen, RN  
Harold Velasco, RN

### Peds

Magdala Mesadieux, RN  
Annette Dansak, RN

### Peds Sedation

Serena Toney, RN

### 8ST

Keegan Williams, RN  
Janine Williams, RN

### Pediatric Infusion Outpatient

Kine Williams, RN  
Maternity  
Ivone Anderson, RN  
Amy Graham-Wehby, RN  
Danielle Fulco, RN



# Advanced Degrees and Certifications

## Pediatric Emergency Department

Alicia Campbell, RN, CPN  
Christine Daley, MSN, RN, FNP-BC, CEN  
Jacinta Guevara, MSN, RN, CCRN  
Juleen Hendricks, BSN, RN, CPN

## Pediatric ICU

Traci Grimaudo, MSN, ARNP  
Ashley Hatfield, ARNP, PNP-C  
Maxine Higgs, MSN, RN  
Megan Robak, ARNP, FNP-C  
William Stafford III, MSN, RN

## Labor and Delivery

Jessy Abraham, RNC- InPt OB  
Angela Brown, BSN, RN, CAPPA, LE  
Shirley Grant, MSN, BSN, NCC-RNC  
Jasmine Jones, RN, NCC-RNC  
Esther March-Singleton, MSN, RN, IBCLC, LCCE  
Patricia Partridge, BSN, NCC-RNC  
Tonia Royster, BS, RNC- InPt OB  
Betty Saint Fort, MSN, ARNP  
Veronique Sajous, MSN, RN  
Nikkisha Smith Romain, MSN, RN, IBCLC, LCCE  
Radhiya Walther, MSN, NCC-RNC  
Joan Wood, MSN, RN

## NICU-Acute

Betty Anderson Weaver, MSN, RN  
Melissa Abreu, MSN, RN  
Leena Davis, RNC-NIC  
Anleen Foster Dixon, RNC-NIC  
Scarlett Hernandez, MSN, RN  
Evelyn Lenz, BS, RNC-NIC  
Eileen Lochmueller, BSN, RN, IBCLC  
Tammy Schneider McKenzie, BSN, RNC-NIC  
Suzanne Rangolan, RNC-NIC  
Karen Rubinstein, RNC-NIC  
Tara Seijo, MSN, RN  
Vera Trimble, BS, RNC-NIC  
Laura Wright, RNC-NIC, IBCLC

## NICU-Progressive

Fanniza Fitzalbert, BSN, RN, CCRN  
Amy Katz Lashin, BSN, RNC-NIC  
Beth Leshner, BSN, RNC-NIC  
Kathleen Magda, RNC-NIC

Michaela McGuire, BSN, RN, CCRN  
Claudette Mendez, MSN, ARNP RNC-NIC

## Pediatrics

Tamara Burrows, MSN, RN  
Angela Doughty, RN, BSN, CPN  
Stephanie Gonzalez, RN, CPN  
Ann Lachman, RN, CPN  
Jennifer Merjudio, BSN, RN, CPN  
Magdala Mesadieux, RN, MSN CPN  
Shirley Moise, MSN DNP

## Pediatric Sedation

Serena Toney, MSN, RN, CPN

## Pediatrics Hematology/ Oncology

Shirley Braddy, MSN, RN  
Claudia Diaz- Pow Sang, BSN, OCN, CCRP  
Jenifer Higgins, BSN, RN, CPN  
Arlene McMillin, MSN, RN, OCN  
Elizabeth Ordelheide, MSN, RN  
Carol Parrales, BSN, RN, CPN  
Nicole Sant'Elia, MSN, ARNP, FNP-C, CCRN  
Ana Tirado, BSN, RN, CPN  
Janine Williams, AAS, BA, RN, CPN

## Maternity

Rushael Caddy, RN, IBCLC  
Lorraine Cowell, MSN, RN  
Elise Cruz, MSN, RN  
Sherry Durden, MSN, RNC  
Honorata Figueroa, BSN, RNC  
Amy Graham-Wehby, RNC  
Judith Gibel, RN, IBCLC  
Debra Lichtman, BSN, RN, IBCLC  
Cynda Marks, RNC  
Denise Marks, RNC  
Elaine McGhie, BSN, RNC  
Samantha Montealegre, BSN, RN, IBCLC  
Pamela Passion-Torres, BSN, RN, IBCLC  
Shernette Robinson-James, BSN, RNC  
Clara Samuels, MSN, RN  
Christinah Teniola, BSN, RNC  
KellyTucker, BSN, RN, IBCLC



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# Clinical Practice Recognition (CPR)

The Clinical Practice Recognition (CPR) Program is a voluntary program dedicated to the advancement of the professional disciplines at Broward Health. It consists of four (4) levels based upon the categories of Professional Development, Clinical Practice, Research, Leadership, Citizenship/Community and Mentorship.

The Clinical Practice Recognition Program supports the vision of Broward Health. The CPR Program identifies clinical competence, provides recognition and financial rewards for bedside clinical practice, promotes responsibility, accountability, project and committee involvement, and enhances self-worth and positive morale. Because of the program's blend of skill levels, it develops a climate of clinical learning while promoting professional growth and confidence. The 2016 nursing participants from the Salah Foundation Children's Hospital are listed below.

## Level 3

Ivone Anderson, RN, Maternity Place  
Solaide Adeboye, RN, Maternity Place  
Gabriella Riccio, RN, Maternity Place  
Ava Diaz, RN, Maternity Place

## Level 4

Sherry Sanders, RN-BC, Maternity Place  
Elise Cruz, RN, Maternity Place



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Patrice Del Grosso

Rachel Roberts

Jemari Amaro



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