



EMOTIONAL AND BEHAVIORAL SELF-REGULATION

Child manages feelings, emotions and support of familiar adults.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Interacts with familiar adults for calming and comfort, to focus attention and to share joy.	1. Seeks to be close to familiar adults for help with strong emotions by physical or eye contact.	1. Uses various strategies to help manage strong emotions, such as removing self from the situation, covering eyes or ears, or seeking support from a familiar adult.

Child manages actions and behavior with support of familiar adults.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Responds to attentive caregiving by quieting or calming down, such as when being fed or being comforted during moments of physical distress.	1. Looks to familiar adults for assistance and guidance with actions and behavior. 2. May try to calm self by sucking on fingers or thumb when overly excited or distressed.	1. Begins to manage and adjust actions and behavior with the guidance of familiar adults using words or signs.

COGNITIVE SELF-REGULATION (EXECUTIVE FUNCTIONING)

Child maintains focus and keeps attention with support.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Develops, with support, some ability to filter out distracting sensory stimuli to focus on and attend to important people or objects in the environment with support.	1. Shows increasing ability to attend to people. 2. Shows increasing ability to attend to objects and activities. 3. Shows increasing ability to extend or complete an activity. 4. Shows increasing ability to attend to or join others in a common or shared focus.	1. Participates in activities and experiences with people, objects, or materials that require attention and common or shared focus.

Child develops the ability to show persistence in actions and behavior.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Shows increasing ability to continue interactions with familiar adults or toys for increasing amounts of time.	1. Shows willingness to repeat attempts to communicate or to repeat actions to solve a problem even when encountering difficulties.	1. Shows increasing ability to stay engaged when working towards a goal or solving a problem. Often tries different strategies until successful.

Child demonstrates the ability to be flexible in actions and behavior.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Shows repetitive patterns in actions or behaviors, but sometimes tries more than one way to solve a problem or interact with someone.	1. Shows ability to shift focus to attend to something else, participate in a new activity, or try a new approach to solving a problem.	1. Modifies actions or behaviors in social situations, daily routines, and problem solving, such as playing quietly when asked or adjusting to changes in schedule.

INITIATIVE AND CURIOSITY

Child demonstrates emerging initiative in interactions, experiences and explorations.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Initiates interactions with familiar adults through expressions, actions, sounds or behaviors.	1. Points to desired people, objects or places and initiates actions, such as looking for a favorite toy or bringing a book to a familiar adult to read. 2. Actively resists actions or items not wanted.	1. Prepares for or starts some activities without being directed by others, such as getting ready for the next activity or bringing a ball to a new child at the playground.

Child shows interest in and curiosity about objects, materials, or events.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Shows excitement when engaged in learning, such as smiling at a familiar adult, laughing after batting at a mobile, kicking or moving arms and legs in an emphatic way or knocking over a toy.	1. Approaches new events, experiences with others, or materials with interest and curiosity, such as intently listening to a new song or examining new toys or materials. 2. Actively resists actions or items not wanted.	1. Participates in new experiences, asks questions, and experiments with new things or materials, such as collecting leaves and pine cones in the fall.

CREATIVITY

Child uses creativity to increase understanding and learning.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Uses a variety of ways to interact with other people. Changes expressions, actions, or behaviors based on responses of others. 2. Makes discoveries about self, others and the environment.	1. Finds new things to do with familiar, everyday objects, such as using a cooking pot for a hat or a spoon as a drumstick. 2. Uses objects in new ways.	1. Combines objects or materials in new and unexpected ways. 2. Shows interest in and curiosity about the world around them such as exploring new areas of a room. 3. Seeks out new information and explores new play and tasks both independently and with adult support. 4. Shows delight in creating something new.

Child shows imagination in play and interactions with others.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
1. Emerging	1. Uses sounds, gestures, signs, or words playfully through songs, fingerplays, or games.	1. Uses imagination to explore possible uses of objects and materials. Engages in make-believe play with other children.



RELATIONSHIPS WITH ADULTS

Child develops expectations of consistent, positive interactions through secure relationships with familiar adults.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Interacts in predictable ways with familiar adults.2. Responds positively to familiar adults' age appropriate efforts to help with stressful moments.	<ol style="list-style-type: none">1. Seeks familiar adults for emotional support and encouragement.2. Reacts or may become distressed when separated from familiar adults.	<ol style="list-style-type: none">1. Engages in positive interactions in a wide variety of situations with familiar adults.2. Seeks familiar adults for comfort when distressed or tired.

Child uses expectations learned through repeated experiences in primary relationships to develop relationships with other adults.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Recognizes familiar adults.2. May avoid or withdraw from unfamiliar adults.	<ol style="list-style-type: none">1. Makes eye contact, moves, or stays close to familiar adults for emotional comfort when an unfamiliar adult approaches.	<ol style="list-style-type: none">1. Often watches from a distance or waits for reassurance from a familiar adult before approaching someone new.2. May engage in positive interactions when meeting new people, such as sharing a book with a visitor.

Child learns to use familiar adults as a resource to meet needs.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Communicates needs to familiar adults by using a variety of behaviors.	<ol style="list-style-type: none">1. Looks to or seeks help from familiar adults.	<ol style="list-style-type: none">1. Asks a familiar adult for help or assistance when encountering difficult tasks or situations.

RELATIONSHIPS WITH OTHER CHILDREN

Child shows interest in, interacts with and develops personal relationships with other children.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Looks at attentively, touches or explores another child's face.2. Show recognition for familiar children through actions or behaviors.	<ol style="list-style-type: none">1. Participates in simple back-and-forth interactions with another child.2. Interacts with a few children or a regular basis.	<ol style="list-style-type: none">1. Seeks out other children for social interactions including initiating contact and responding to others.2. Develops friendships and engages in more elaborate play with friends.

Child imitates and engages in play with other children.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Responds to another child's actions or sounds during play with a toy by watching attentively, touching the other child, or reaching for or taking the toy.	<ol style="list-style-type: none">1. Participates in simple imitation games, such as making similar sounds or running after another child.2. Plays next to other children with similar toys or materials.	<ol style="list-style-type: none">1. Joins in play with other children by sometimes taking turns or participating in joint activities with a common goal, such as building block structures with others or pretending to eat together.

EMOTIONAL FUNCTIONING

Child learns to express a range of emotions.

Birth to 9 Months	8 Months to 18 Months	16 Months to 36 Months
<ol style="list-style-type: none">1. Expresses feelings of comfort, discomfort, enjoyment, fear, surprise, anger, or unhappiness through facial expressions or gestures to prompt a response from a familiar adult.	<ol style="list-style-type: none">1. Expresses a variety of emotions and modifies their expressions according to the reactions of familiar adults, based on the child's cultural (family) background.	<ol style="list-style-type: none">1. Expresses a wide range of emotions, including surprise, guilt, embarrassment, or pride, based on increasing awareness of their effects on others.