

🎵 **Note:** Songs are available on the Frog Street Portal: Music.

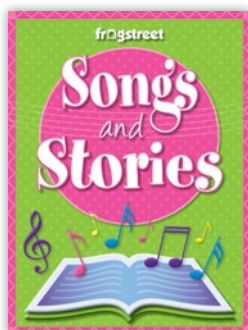
Featured Musicians



Stephen Fite



Mary Jo Huff



Complete song lyrics are available in *Songs and Stories*.

IX.B.2. Responds to music through movement. X.D.3. Identifies good nutrition/exercise habits. X.A.2. Coordinates sequence of movements.

🎵 **It's Brain Smart Time**

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It's brain smart time. Hands to the left.
It's brain smart time. Hands to the right.
It's brain smart time. Hands up high.
It's brain smart time. Hands down low.

Follow me
Wave your hands left and right, left and right, left and right.
Move your hands up and down, up and down, up and down.

It's brain smart time. Touch elbow to elbow.
It's brain smart time. Touch thumb to thumb.
It's brain smart time. Touch knee to knee.
It's brain smart time. Touch toe to toe.

Work together
Touch elbows with a friend.
Touch thumbs with a friend.
Touch knees with a friend.
Touch toes with a friend.

It's brain smart time. Hop on one foot.
It's brain smart time. Hop on the other foot.
It's brain smart time. Jump up and down.
It's brain smart time. Jump all around.

Follow me
Can you hop on one foot?
Can you hop on the other foot?
Can you jump up and down?
Can you jump all around?

It's brain smart time. Go into your brain.
It's brain smart time. Hands over heart.
It's brain smart time. Hands by your side.
It's brain smart time. Hands way up high.
It's brain smart time. Hands way down low.
It's brain smart time. How low can you go?
It's brain smart time. Come on wiggle something!
You did it!
Now everybody sit crisscross, applesauce. Hands in your lap.

🎵 **Good Morning to You**

Good morning to you!
Good morning to you!
We're all in our places
With bright, shining faces.
This is the way to start a great day!

Good afternoon to you!
Good afternoon to you!
We're all in our places
With food on our faces.
This is the way to have a great day!

Good evening to you!
Good evening to you!
Stars and moon in their places,
As they go through their paces.
This is the way to end a great day!

🎵 **Welcome to School**

Stephen Fite

Encourage children to follow the directions in the lyrics. When singing the chorus, suggest children create their own special clapping sequence. For example, they might clap overhead and then at their waist line or clap left and then right.

Chorus:

Welcome to school.
I'm glad to see you here.
We'll sing every day.
And we'll learn throughout the year, singin'
La-la-la-la
La-la-la-la-la
La-la-la-la-la-la
La-la-la-la-la-la

See complete lyrics in *Songs and Stories*.

🎵 **Snap, Clap, Wiggle and Giggle**

Mary Jo Huff

Chorus:

Snap it, clap it, wiggle and giggle. (repeat 3x)
Snap, clap, wiggle and giggle. (repeat 3x)

Snap it to the right. (snap, snap)
Snap it to the left. (snap, snap)
Snap it up high. (snap, snap)
Snap it down low. (snap, snap)
Snap it, snap it, snap it.

Clap it to the right. (clap, clap)
Clap it to the left. (clap, clap)
Clap it up high. (clap, clap)
Clap it down low. (clap, clap)
Clap it, clap it, clap it.

Wiggle to the right. (wiggle, wiggle)
Wiggle to the left. (wiggle, wiggle)
Wiggle to the front. (wiggle, wiggle)
Wiggle to the back. (wiggle, wiggle)
Wiggle all around, all around, all around.
Wiggle all around.

Repeat chorus.

SPECIAL NEEDS ADAPTATION

Encourage classroom staff to model the movements to help children successfully engage in this musical activity. Also, limit the number of verses you sing to match the attention span of participants.