CSCE 190 Usability Test

Scenario:

You are a college football player for University of South Carolina. You are aspiring to be great at the sport. You find yourself lacking strength and endurance on the football field, so you decide to join the local gym. You are met with trouble as you do not know how to use certain equipment, you do not know how to exercise properly and safely, and you do not know how to set your training set to your own personal objective.

Task 1: Input data relevant to exercising

Task 2. Let user input what kind of workout that they would like to do.

Task 3. Build and show personalized workout routine and allow users to see a tutorial of each exercise given in the workout.

Notes

What changes should you make to your application?
Allow user to save previous workouts.
Allow users to change, add, or remove separate exercises for each personalized workout.
Add more data to collect on the data slider.
Add a description each workout in the "Choose your workout" window.

What you need to keep the same for your application?
The sign-in feature needs to stay the same(more secure)
The features that apply directly to the workout(intensity and muscle-groups) need to stay the same.
The simplistic design of the "Choose your workout" functionality
Keep the rating and feedback window after the workout is complete.