$$\frac{6.28}{\frac{2}{3}\pi} = -0.3335 \implies \emptyset = -90 - (-0.3335)(3.0) = 30^{\circ}$$

$$\Rightarrow \omega^2 = \frac{(cR^2/) - 1}{c^2R^2} = 900 \times 10^8$$

