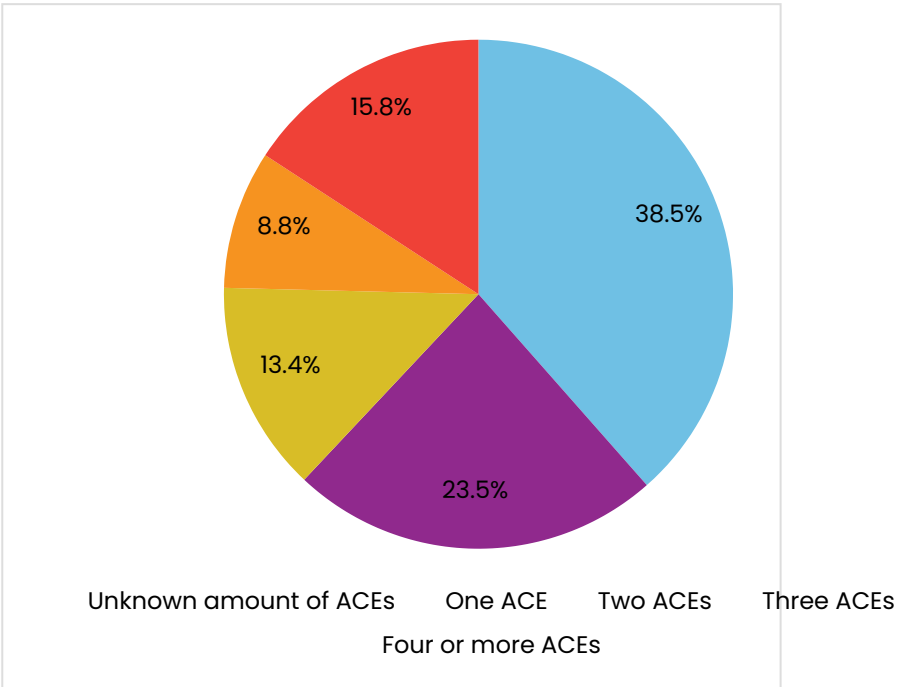


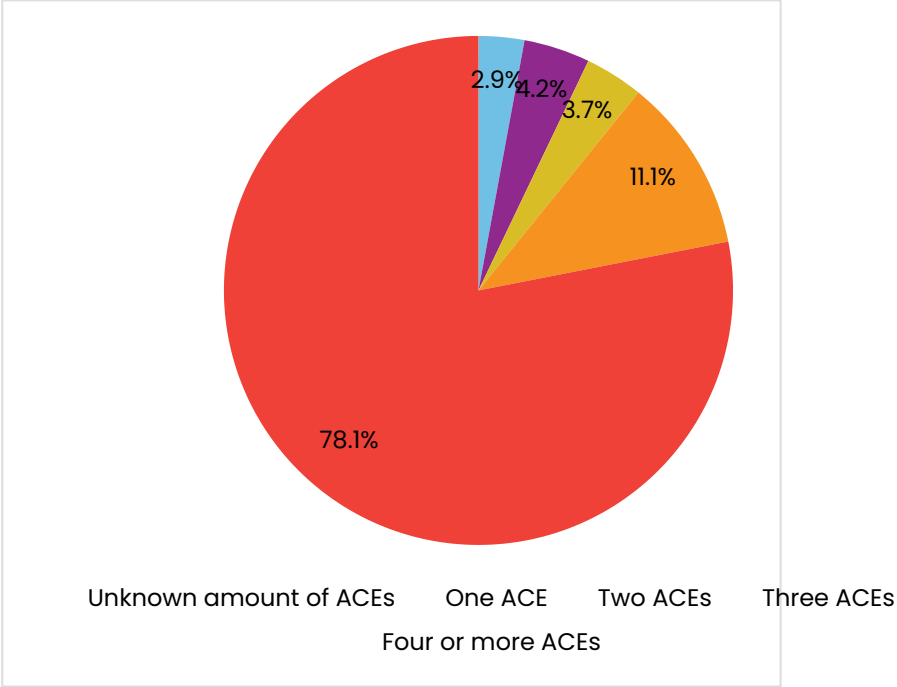
How Common Are Adverse Childhood Experiences (ACEs)?

64% of the U.S. population has at least one ACE.



cdc.gov

98% of the prison population has at least one ACE.



Compassion Prison Project

Comparison of ACE Categories

ACE Prevalence in Men

General Population vs. Incarcerated Population

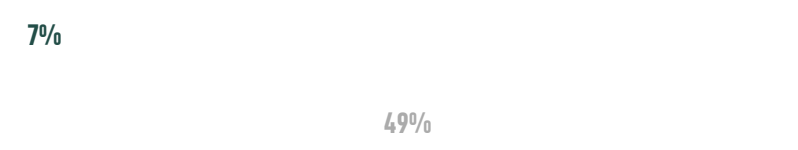
Emotional Abuse



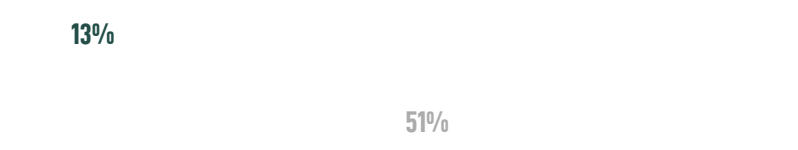
Physical Abuse



Sexual Abuse



Emotional Neglect



Physical Neglect



Domestic Violence



Substance Abuse



Parents Living Apart



Mental Illness



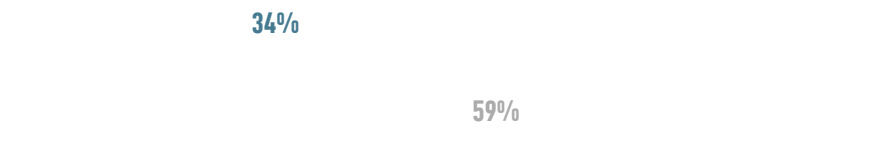
Family Member Incarcerated



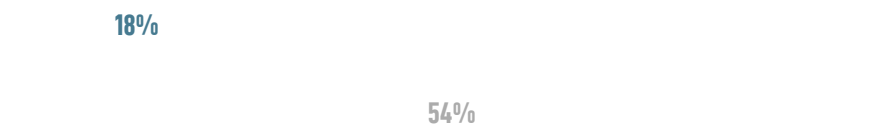
ACE Prevalence in Women

General Population vs. Incarcerated Population

Emotional Abuse



Physical Abuse



Sexual Abuse



Emotional Neglect



Physical Neglect



Domestic Violence



Substance Abuse



Parents Living Apart



Mental Illness



Family Member Incarcerated



Messina and Burdon 2020, BRFSS data 2011-2014 and
ncbi.nim.nih.gov



Children, Adolescents and ACEs

60%

60% have been exposed to crime, violence and abuse either directly or indirectly.

50%

50% of youth have been assaulted at least once.

39%

39% of youth ages 12 to 17 reported witnessing violence.

34%

34% of youth reported being emotionally bullied and 13% physically bullied.

0%

30% witnessed a stabbing and 26% witnessed a shooting in an inner city community.

0%

26% of children age 4 and under experienced a traumatic event.

0%

25% of youth were victims of robbery, vandalism or theft.

0%

20% witnessed violence in their family or neighborhood.

0%

16% of youth aged 14 to 17 were sexually assaulted or sexually abused

0%

14% repeatedly experienced maltreatment by a caregiver.

0%

10% reported five or more exposures to violence.

recognizetrauma.org

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

1 or 2 ACEs

0x

more likely to

have serious financial problems

0x

more likely to

smoke

0x

more likely to

develop pulminary disease

0x

more likely to

have serious job problems

0x

more likely to

use antidepressants

0x

more likely to
develop STDs

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

3 or more ACEs

0%

more likely to
experience risk of autoimmune diseases:
Lupus, Multiple Sclerosis, Rheumatoid
Arthritis, Type 1 Diabetes

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

4 or more ACEs

0x

more likely to
be diagnosed with cancer or lung cancer

0x

more likely to
have anxiety

0x

more likely to
have chronic depression

0x

more likely to

develop Alzheimer's

0x

more likely to

engage in illicit drug use

0x

more likely to

have problematic alcohol use

0x

more likely to

go to prison

0x

more likely to

experience violence victimization in adulthood

0x

more likely to

attempt suicide

0%

more likely to

face opiate abuse

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

5 or more ACEs

0%

more likely to

have delays in their language, emotional or brain development

0x

more likely to

have problematic alcohol use

0x

more likely to

develop COPD (Chronic Obstructive pulmonary Disease)

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

6 or more ACEs

0%

more likely to

have a shortened lifespan by 20 years

0%

more likely to

face opiate addiction

WITHOUT INTERVENTION, PEOPLE WHO HAVE EXPERIENCED

7 or more ACEs

0x

more likely to

report hallucinations

Hughes, Bellis, Hardcastle, Sethi, et al 2017, Anda 2008,
Whitfield 2005 and recognizing trauma.org



8726 S. Sepulveda Blvd.
Suite D #4201
Los Angeles, CA 90045



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