



# URDANETA CITY UNIVERSITY

Owned and operated by the City Government of Urdaneta



CCDES  
07.02.22

CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES

February 22, 2022

ATTY. DAR A. DIGA  
Acting University President  
Urdaneta City University



Subj.: Project Proposal Re: Leadership Capability Training

Dear Atty. Diga;

Greetings!

Respectfully forwarding in your good office herein Project Proposal Re: Leadership Capability Training for Barangay Officials of Cabaruan, Urdaneta City for your approval. Said training will provide a great venue for the barangay officials and its volunteers to enhance their knowledge, attitudes and skills in human relations, communications and others.

Thank you very much for the guidance and support you have instilled to us.

Very truly yours,

**JERRY C. DICHOSO, Ed.D**  
Director- CCDES



Noted:

**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs





## PROJECT PROPOSAL

- I. **TITLE:** "LEADERSHIP CAPABILITY TRAINING"
- II. **PROJECT PROPONENT:** UCU-Center for Community Development and Extension Services (CCDES)
- III. **PROJECT IMPLEMENTER:** UCU-Center for Community Development and Extension Services (CCDES)
- IV. **BENEFICIARIES:** Barangay Officials, SK Officials, Barangay Health Workers, Child Development Worker, Barangay Nutrition Scholar, and Barangay Public Safety Officers
- V. **TIME FRAME:** March to June 2022
- VI. **VENUE:** Barangay Cabaruan, Urdaneta City, Pangasinan
- VII. **PROJECT COST:** 9,200.00
- VIII. **RATIONALE:**

As per RA 7160, barangay is a basic political unit and serves as the primary planning and implementing unit of government policies, plans, programs, projects, and activities in the community, and as a forum wherein the collective views of the people may be expressed, crystallized and considered, and where disputes may be amicably settled or endorsed to a higher authority. However, in changing society, problems or issues on public governance are still to be addressed.

In today's new normal, leaders must be proficient in the new trends brought about by the new normal in strengthening competence among barangay leaders. Leadership, especially with the challenges present during this time of pandemic. These community leaders are essential in nation-building by directing their constituents toward developing the locality where their leadership is needed.

With this, the Center for Community Development and Extension Services would like to extend its services to Brgy. Cabaruan, Urdaneta City, adopted barangay of Urdaneta City University, provides a series of leadership training entitled "Leadership Capability Training" to the Barangay Council Officials, SK Officials, Barangay Health Workers, Child Development Worker, Barangay Nutrition Scholar, and Barangay Public Safety Officers also called Barangay CVO's. This can help the participants develop and enhance their leadership abilities and strengthen camaraderie amongst them.

### IX. OBJECTIVES:

The training aims to enhance the skills of barangay leaders and volunteers in various aspects of leadership for more effective and efficient delivery of barangay services. At the end of the timeframe the participants will be able to:

1. Leverage their leadership capacities;
2. Help them enhance their leadership styles for a more effective and efficient leadership
3. Nurture in them their dedication and commitment in carrying out their responsibilities and services to their community.



#### X. PROJECT INPUTS

| Positions   | Functions   |
|---|---|
| Center for Community Development and Extension Services | <ul style="list-style-type: none"> <li>✓ Prepare Project Proposal</li> <li>✓ In-charge of the coordination of the project to the target Community; and</li> <li>✓ Evaluate the Impact of the activity on the beneficiaries</li> </ul> |
| UCU - Administration                                    | <ul style="list-style-type: none"> <li>✓ Reviews and approves the project proposal submitted</li> <li>✓ Approves the counterparts of the budget</li> <li>✓ Provides vehicle service for the CCDES staff</li> </ul>                    |
| UCU Center for Research and Development                 | <ul style="list-style-type: none"> <li>✓ Assist in the preparation of monitoring and evaluation tools for the project</li> </ul>  |
| Participating colleges/unit                             | <ul style="list-style-type: none"> <li>✓ Conducts training and seminars</li> <li>✓ Provide tutorial assistance</li> <li>✓ Provide technical assistance</li> </ul>   |

#### I. PROJECT DESCRIPTION:

Leadership Capability Training is four (4) series of training that provides leadership development to the barangay officials of Barangay Cabaruan. It will be conducted every second and fourth Friday of the month with a series of activities, from the month of March to June 2022. The CCDES will have its first series on March 22, 2022 at exactly 9:00 am. The venue would be at the Brgy. Hall of Cabaruan. The said training will be monitored in accordance with the required safety protocols of the IATF, including physical social distancing, wearing of face masks, and hand washing.

#### SCHEDULE OF ACTIVITIES

| Session 1 / March 22, 2022 |  |                             |
|----------------------------|--|-----------------------------|
| 9:00-9:30                  | Call to Order                                | Julius M. Marinas           |
|                            | Invocation                                   | Rev. Saturnino D. Garabiles |
|                            | National Anthem                              |                             |
|                            | Welcome Address                              | Brgy. Capt. John A. Rosario |
|                            | Inspirational Message                        | Jerry C. Dichoso            |
|                            | Introduction of the speaker and participants | Wenisa C. Quidon            |
|                            | TOPIC  | SPEAKER                     |
| 9:30-10:30                 | Values Formation                             | Rev. Reyndan F. Mayos       |
| 10:30-10:45                | Break  |                             |
| 10:45-11:00                | Awarding of Certificates                     |                             |
| 11:00-11:20                | Wrap up and Closing                          | Vilma L. Lapitan            |



**Session 2 / April 19, 2022**

|             |  |                                       |
|-------------|--|---------------------------------------|
| 9:00-9:30   | Call to Order                                    | Julius M. Marinas                     |
|             | Invocation                                       | Rev. Saturnino D. Garabiles           |
|             | National Anthem                                  |                                       |
|             | Welcome Address                                  | Brgy. Capt. John A. Rosario           |
|             | Inspirational Message                            | Jerry C. Dichoso                      |
|             | Introduction of the speaker and participants     | Wenisa C. Quidon                      |
|             | <b>TOPIC</b>                                     | <b>SPEAKER</b>                        |
| 9:30-10:30  | <b>Human Relations and Arts of Communication</b> | <b>Dr. Ryan Jayson V. Delos Reyes</b> |
| 10:30-10:45 | Break  |                                       |
| 10:45-11:00 | Awarding of Certificates                         |                                       |
| 11:00-11:20 | Wrap up and Closing                              | Vilma L. Lapitan                      |

**Session 3 / May 17, 2022**

|             |  |  |
|-------------|--|--|
| 9:00-9:30   | Call to Order                                | Julius M. Marinas                          |
|             | Invocation                                   | Rev. Saturnino D. Garabiles                |
|             | National Anthem                              | Julius M. Marinas                          |
|             | Welcome Address                              | Brgy. Capt. John A. Rosario                |
|             | Inspirational Message                        | Jerry C. Dichoso                           |
|             | Introduction of the speaker and participants | Wenisa C. Quidon                           |
|             | <b>TOPIC</b>                                 | <b>SPEAKER</b>                             |
| 9:30-10:30  | <b>Courtesy and Discipline</b>               | <b>Prof. Eleuterio SC. Sison, MBA, MPA</b> |
| 10:30-10:45 | Break  |  |
| 10:45-11:00 | Awarding of Certificates                     |  |
| 11:00-11:20 | Wrap up and Closing                          | Vilma L. Lapitan                           |

**Session 4 / June 14, 2022**

|             |  |                                 |
|-------------|--|---------------------------------|
| 9:00-9:30   | Call to Order                                | Julius M. Marinas               |
|             | Invocation                                   | Rev. Saturnino D. Garabiles     |
|             | National Anthem                              |                                 |
|             | Welcome Address                              | Brgy. Capt. John A. Rosario     |
|             | Inspirational Message                        | Jerry C. Dichoso                |
|             | Introduction of the speaker and participants | Wenisa C. Quidon                |
|             | <b>TOPIC</b>                                 | <b>SPEAKER</b>                  |
| 9:30-10:30  | <b>Improving Positive Self-Esteem</b>        | <b>MONETTE S. LOCQUIAO, RGC</b> |
| 10:30-10:45 | Break  |                                 |
| 10:45-11:00 | Awarding of Certificates                     |                                 |
| 11:00-11:20 | Wrap up and Closing                          | Vilma L. Lapitan                |



**II. BUDGETARY REQUIREMENTS:**

| SESSION 1   | SESSION 2        | SESSION 3        | SESSION 4        |
|---|------------------|------------------|------------------|
| SNACKS= 1,500.00  | SNACKS= 1,500.00 | SNACKS= 1,500.00 | SNACKS= 1,500.00 |
| MATERIALS=300.00  | MATERIALS=300.00 | MATERIALS=300.00 | MATERIALS=300.00 |
| Token and Certificates = 2,000.00   |                  |                  |                  |
| <b>Total: 9,200.00</b>  |                  |                  |                  |
| <b>III. *30 participants – Barangay Officials, SK Officials, Barangay Health Workers, Child Development Worker, Barangay Nutrition Scholar and Barangay Public Safety Officers of Barangay Cabaruan</b> |                  |                  |                  |

**Total project cost: 9,200.00**

Note: The said costing will be subjected to usual counting and auditing rules and regulation.

**IV. MONITORING AND EVALUATION:**

The UCU Administration and CCDES Team will ensure proper supervision, implementation, monitoring, evaluation, and documentation of the said activity.

**V. RECOMMENDATION:**

Premised on the relevance of the proposed activity presented, its approval is respectfully recommended. Materials and budget needed amounting to **Nine Thousand Two Hundred (9,200.00)** will be provided by UCU Administration; however, it is not limited to utilizing other resources or contributions from various individuals who are generous to extend support to the proposed activity.

Prepared by:

**JERRY C. DICHOSO**  
Director, Center for Community Development and Extension Services

Recommending Approval:

**DR. EASTER B. BELANDRES**  
Director, Center for Training and Professional Development

**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs



# URDANETA CITY UNIVERSITY

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CCDES

CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES

June 15, 2022

FOR: AMIHAN APRIL MELLA-ALCAZAR, PhD  
Acting University President

THRU: ATTY. DAR A. DIGA  
Chief Operating Officer



Subj.: Leadership Capability Training cum Graduation program of Brgy. Officials of Cabaruan, Urdaneta City.

Dear Madam/Sir;

We would like to inform your good office that we will be conducting the last part of the training sessions on Leadership Capability Training at barangay Cabaruan, Urdaneta City. Said one's a month training sessions started last March, 23, 2022 and were participated by the Barangays Officials, Barangay Health Workers, Civilian Volunteers, Sanguniang Kabataan members, Barangay Nutrition Scholars and Child Development Worker. On June 17, 2022, the last topic on "Improving Positive Self-esteem" with Mdm. Monette S. Loquiao as the Speaker followed by simple graduation program will be conducted. With our continuous coordination and interventions we have been extending, we are thankful with the Cabaruan barangay Council for they have been voluntarily shouldering the training accommodations.

Attached herewith is the program prepared by the CCDES staff for your perusal. Your presence during the activity is highly appreciated and will grace the participants.

Thank you very much.

Very truly yours,

JERRY C. DICHOSO, EdD  
Director-Center for Community Development and Extension Services

Noted:

RAQUEL D. PASCUA, PhD  
Acting Vice President for Administrative Affairs



Amus-Alcazar  
JMD 6/22/2022

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San Vicente West, Urdaneta City, Pangasinan  
ucu.edu.ph | univpresidentofficial@gmail.com



# URDANETA CITY UNIVERSITY

Owned and operated by the City Government of Urdaneta



CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES

March 4, 2022

**MR. JOHN A. ROSARIO**

Barangay Captain

Cabaruan, Urdaneta City

Dear Capt. Rosario,

A warm greetings from the UCU Family.

Part of our partnership with your good office is for the Urdaneta City University to provide trainings, workshops, research and community based projects in your community as one of our adopted barangays. We are happy to inform you that a Leadership Capability Training will be conducted in your barangay and the Resource Speakers are one of the top knowledge providers of our university that will surely enhance your leadership skills as public servants. The venue of training will be in your Barangay Hall to be participated by all members of the **Barangay Council, Sangguniang Kabataan, Barangay Health Workers, Barangay Nutrition Scholar and Child Development Worker**. Below is the date and schedule of the training sessions.

| Date           | Time           | Venue         | Topic                                     | Speaker                        |
|----------------|----------------|---------------|---|--------------------------------|
| March 22,2022  | 9:00 – 11:00AM | Barangay Hall | Values Formation                          | Rev. Reydan V. Mayos           |
| April, 19,2022 | 9:00 – 11:00AM | Barangay Hall | Human Relations and Arts of Communication | Dr. Ryan Jayson V. Delos Reyes |
| May 17, 2022   | 9:00 – 11:00AM | Barangay Hall | Courtesy and Discipline                   | Prof. Eleuterio SC. Sison      |
| June 14, 2022  | 9:00 – 11:00AM | Barangay Hall | Improving Positive Self-Esteem            | Mdm. Monette S. Locquiao, RGC  |

It is our pleasure to extend in your barangay the Urdaneta City University Extension programs and services.

Thank you very much.

Very truly yours,

*JERRY C. DICHOSO, EdD*

Director, Center for Community Development and Extension Services

DR. JOSEPHINE S. LAMBINICIO

OIC, VP for Academic Affairs

NOTED:

*plan*

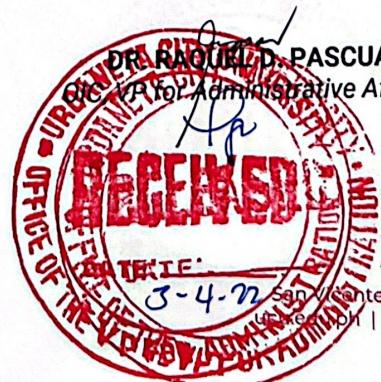
*DR. JOSEPHINE S. LAMBINICIO*

OIC, VP for Academic Affairs

*DR. RAQUEL D. PASCUA*

OIC, VP for Administrative Affairs

3-4-22  
John A. Rosario  
Capt. Captain  
Cabaruan



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Your bright future starts here

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univpresidentofficial@gmail.com



# URDANETA CITY UNIVERSITY

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CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES

March 4, 2022

**Prof. ELEUTERIO SC. SISON**  
President, UCU Personnel Association (UCUPA)  
Urdaneta City University

Sir:

The undersigned firmly believes that with the partnership of your office in providing and strengthening the leadership skills of Barangay Officials and its volunteers towards community development. As such, the undersigned would like to invite your good office to the **Leadership Capability Training** of the Barangay officials and volunteers on **May 17, 2022 at Barangay Cabaruan, Urdaneta City 9:00 – 11:00 AM** with the topic: "Courtesy and Discipline".

Moreover, the undersigned have the strongest confidence that your office is one of our great partners in the provision knowledge and skills of our target participants.

Should you merit this request, please feel free to discuss with this office any materials and equipment that needs to be prepared.

I am hoping for your affirmative response on this matter.

Thank you very much and more power!

Sincerely,

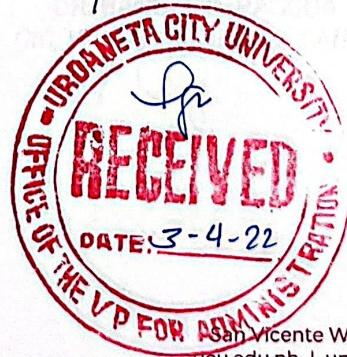
**JERRY C. DICHOSO, EdD**  
Director, Center for Community Development and Extension Services

NOTED:

**DR. JOSEPHINE S. LAMBINICIO**  
OIC, VP for Academic Affairs

**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs

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March 4, 2022

**MONETTE S. LOCQUIAO, RGC**  
Director, PACC  
Urdaneta City University

Madam:

The undersigned firmly believes that with the partnership of your office in providing and strengthening the leadership skills of Barangay Officials and its volunteers towards community development. As such, the undersigned would like to invite your good office to the **Leadership Capability Training** of the Barangay officials and volunteers on **June 14, 2022 at Barangay Cabaruan, Urdaneta City 9:00 – 11:00 AM** with the topic: "Improving Positive Self-esteem".

Moreover, the undersigned have the strongest confidence that your office is one of our great partners in the provision knowledge and skills of our target participants. Hence, the undersigned would like also to request 2 personnel from your office to assist us in the said activity.

Should you merit this request, please feel free to discuss with this office any materials and equipment that needs to be prepared.

I am hoping for your affirmative response on this matter.

I am hoping for your affirmative response on this matter.

Thank you very much and more power!

Thank you very much and more power!

Sincerely,

**JERRY C. DICHOSO, EdD**  
Director, Center for Community Development and Extension Services

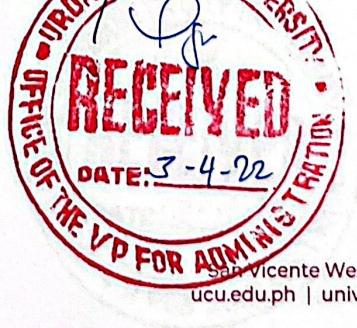
NOTED:

**DR. JOSEPHINE S. LAMBINICIO**  
OIC, VP for Academic Affairs

JOHN KENNETH RINCON  
03/07/22

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**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs



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March 4, 2022

**Rev. REYDAN F. MAYOS**  
Asst. University Chaplain  
Urdaneta City University

Sir:

The undersigned firmly believes that with the partnership of your office in providing and strengthening the leadership skills of Barangay Officials and its volunteers towards community development. As such, the undersigned would like to invite your good office to the **Leadership Capability Training** of the Barangay officials and volunteers on **March 22, 2022 at Barangay Cabaruan, Urdaneta City 9:00 – 11:00 AM** with the topic: "Values Formation".

Moreover, the undersigned have the strongest confidence that your office is one of our great partners in the provision knowledge and skills of our target participants.

Should you merit this request, please feel free to discuss with this office any materials and equipment that needs to be prepared.

I am hoping for your affirmative response on this matter.

Thank you very much and more power!

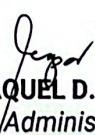
Sincerely,

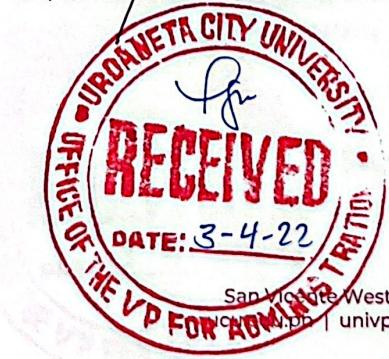
  
**JERRY C. DICHOSO, EdD**  
Director, Center for Community Development and Extension Services

  
Jerry  
2-7-22

NOTED:

  
**DR. JOSEPHINE S. LAMBINICIO**  
OIC, VP for Academic Affairs

  
**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs





March 4, 2022

NARRATIVE REPORT

LEADERSHIP CAPABILITY TRAINING

College of Teacher Education

**DR. RYAN JAYSON V. DELOS REYES**

Dean, College of Teacher Education

Urdaneta City University

The undersigned firmly believes that with the partnership of your office in providing and strengthening the leadership skills of Barangay Officials and its volunteers towards community development. As such, the undersigned would like to invite your good office to the Leadership Capability Training of the Barangay officials and volunteers on April 19, 2022 at Barangay Cabaruan, Urdaneta City 9:00 – 11:00 AM with the topic: "Human Relations and Arts of Communication".

Sir:

The undersigned firmly believes that with the partnership of your office in providing and strengthening the leadership skills of Barangay Officials and its volunteers towards community development. As such, the undersigned would like to invite your good office to the Leadership Capability Training of the Barangay officials and volunteers on April 19, 2022 at Barangay Cabaruan, Urdaneta City 9:00 – 11:00 AM with the topic: "Human Relations and Arts of Communication".

Prof. Dr. Jerry C. Dichooso - Courtesy and Discipline

Moreover, the undersigned have the strongest confidence that your office is one of our great partners in the provision knowledge and skills of our target participants.

Should you merit this request, please feel free to discuss with this office any materials and equipment that needs to be prepared. As per the evaluation forms provided after the training, most participants responded that they will apply what they learned in the community. Godliness must always be practiced and taught. Family and community always emulate the good deeds leading to a greater accomplishment. The result of the evaluation has a rating of 8 or the participants have

Thank you very much and more power!

The said capability session was conducted last March 22, 2022, the topic was "Human Relations and Arts of Communication" with Dr. Ryan Jayson Delos Reyes. He emphasized that people

Sincerely,

**JERRY C. DICHOOSO, EdD**  
Director, Center for Community Development and Extension Services

The third year was held last May 19, 2022, with Prof. Eutropio S.C. Gotor as the speaker on the topic "How to be a Good Leader". The participants are participative and can relate to how the speaker

NOTED:

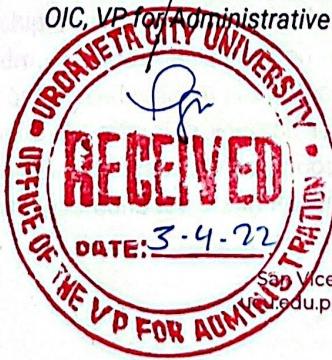
discusses about courtesy and discipline in being a good leader and how to maintain good and durable relationship with the community. The speaker was unceasingly asked with questions and comments from the participants. I am grateful to the speaker for his valuable inputs.

**DR. JOSEPHINE S. LAMBINICIO**  
OIC, VP for Academic Affairs

**DR. RAQUEL D. PASCUA**

OIC, VP for Administrative Affairs

During the said capability session, the participants were asked to answer a simple question about their personal experience in being a good leader. They were also asked to give an example of a person being a good leader. The participants were asked to write down their answers on a separate sheet of paper. The speaker then gave a sample question about how to be a good leader.



03/07/22 *[Signature]* CRE  
Received: Reno Coatlito Jr.

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**NARRATIVE REPORT  
LEADERSHIP CAPABILITY TRAINING  
Cabaruan Barangay Council**

One of the objectives of the UCU – Center for Community Development and Extension Services is to assist its adopted barangays and extend technical support to the barangay council in enhancing their leadership skills and capabilities in public governance. A project proposal on "Leadership Capability Training" was prepared and approved whose objective is to a) Leverage the barangay official's leadership capacities, b) Help them enhance their leadership styles for more effective and efficient leadership, and c) Nurture in them their dedication, and commitment in carrying out their responsibilities and services to their community. The training was launched last March 22, 2022, and a simple culminating activity was made last June 17, 2022. The training was split up into four sessions with various topics and we have invited known speakers from the University who are well abreast on the given topics;

- Pastor Reydan V. Mayos - Values Formation
- Dr. Ryan Jayson V. Delos Reyes - Human Relations and Arts of Communication
- Prof. Eleuterio SC. Sison - Courtesy and Discipline
- Mdm. Monette S. Locquiao - Improving Positive Self-Esteem

On the topic of Values Formation, our speaker discussed the values of "Faith" of a person in his self, family, and community. Having strong faith in yourself will lead you to become a good leader in your own, your family, and in the environment where you work in, your community as a barangay official. The discussion instilled in the participants, that to become a good leader you should be a good example to your constituents spiritually and morally and put God first in all your activities. As per the result of the evaluation forms provided after the training, most participants responded that the topic was essential to them as leaders in the community. Godliness must always be practiced so that their family and community always emulate the good deeds leading to a peaceful community. The result of the evaluation has a rating of 5 or the participants have exceeded the training expectations.

The second training session was conducted last March 22, 2022, the topic was "Human Relations and Arts of Communication" with Dr. Ryan Jayson Delos Reyes. He emphasized that proper communication will lead to better human relations and effective leadership in the barangay. Giving a smile and proper gestures gives comfort and assurance to everyone that they are good and dedicated barangay leaders. The participants gave the training evaluation with excellent and relevant training for them.

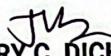
The third topic was held last May 19, 2022, with Prof. Eleuterio SC. Sison as the speaker on "Courtesy and Discipline". The participants are participative and can relate to how the speaker emphasizes the courtesy and discipline of being a good leader and how to eliminate graft and corruption in the barangay governance. The speaker was unanimously rated with excellent delivery of his topics and participants learned a lot.

Last June 17, 2022, at 9:00 AM, the Leadership Capability Training ended with the fourth topic "Improving Positive Self-esteem" with Mdm. Monette S. Locquiao as the speaker. She emphasized to the participants that having positive self-esteem promotes the highest well-being of a person. Being a good leader is continuously affording yourself love, value, dignity, and respect. Having positive self-esteem is believing in your capacity as a good leader. Right after the training session, a simple graduation program was conducted and it was graced by our Acting



Vice President for Administrative Affairs, Dr. Raquel D. Pascua. The overall rating of the Leadership Capability training was excellent and the barangay officials were thankful to the UCU-Center for Community Development and Extension Services for the new learnings they have acquired. Barangay Captain John I. Rosario has extended his heartfelt gratitude for choosing their barangay as an adopted barangay of the UCU and providing such training which is very essential to them as community leaders.

Prepared by:

  
**JERRY C. DICHOSO, EdD**  
Director, CCDES



**URDANETA CITY  
UNIVERSITY**

**CENTER FOR COMMUNITY  
DEVELOPMENT AND  
EXTENSION SERVICES**



# **LEADERSHIP CAPABILITY TRAINING**

**March 23, 2022  
9:00 AM  
Brgy. Cabaruan, Urdaneta City**

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**This serves as an invitation**



## PROGRAMME

**Time**

**9:00 AM**

**Invocation**

**REV. SATURNINO D. GARABILES**  
University Chaplain

**National Anthem**

**MDM. GLADYS M. OBA**  
Staff, University Chaplain Office

**Welcome Address**

**HON. JOHN A. ROSARIO**  
Captain, Bgry. Cabaruan

**Message**

**DR. JERRY C. DICHOSO**  
Director, CCDES

**DR. RAQUEL D. PASCUA**  
OIC, VP for Administrative Affairs

**ATTY. DAR A. DIGA**  
Acting University President

**Introduction of  
the Speaker**

**MS. WENISSA C. QUIDON**  
Staff, CCDES

**Awarding of Certificates**

**MR. JULIUS M. MARIÑAS**  
Staff, CCDES

**Wrap-up and Closing**

**Emcee**  
**MDM. VILMAL. LAPITAN**

# **LEADERSHIP CAPABILITY TRAINING TOPICS**

## **VALUES FORMATION**

Rev. Reydan E. Mayos

Assistant University Chaplain

March 23, 2022

## **HUMAN RELATIONS AND ARTS OF COMMUNICATION**

Dr. Ryan Jayson V. Delos Reyes  
Dean, College of Teacher Education  
April 20, 2022

## **COURTESY AND DISCIPLINE**

Prof. Eleuterio SC. Sison  
President, UCUPA  
May 17, 2022

## **IMPROVING POSITIVE SELF-ESTEEM**

Mdm. Monette S. Locquiao, RGC  
Director, Psychological Assessment and Counseling  
Center  
June 14, 2022

*Received:*

*S.D. GARCIA*

*Received*

*Sgt 3/22/22*

VALUES FORMATION  
Assistants University Chaplain  
March 23, 2022



## HUMAN RELATIONS AND ARTS OF COMMUNICATION

Dr. Raym Jason A. Delos Reyes  
Desu, College of Teacher Education  
April 20, 2022

COURTESY AND DISCIPLINE  
Plot: Elmetrejo SC. Siloso  
President, UCUPA  
May 17, 2022



IMPROVING POSITIVE SELF-ESTEEM  
Mind, Molecules & Moodiness, RCC  
Director, Psychological Assessment and Counseling  
URDANETA CITY UNIVERSITY  
(075) 600 - 1507  
ucu.edu.ph | univpresidentofficial@gmail.com

CCDES

<https://www.facebook.com/UCUExtensionServices>  
ucuccdes@ucu.edu.ph





March 23, 2022

**Leadership Capability Training at Brgy. Cabaruan, Urdaneta City.** The first session was entitled "Values Formation" and Rev. Reydan E. Mayos, Assistant University Chaplain, served as the guest speaker. The topic focuses on the faith, family and service with good governance.





**ATTENDANCE  
Values Formation  
LEADERSHIP CAPABILITY TRAINING  
Brgy. Cabaruan, Urdaneta City  
March 23, 2022**

| NO. | NAME                    | DEPARTMENT/DESIGNATION   | SIGNATURE          |
|-----|-------------------------|--------------------------|--------------------|
| 1.  | Reynaldo J. Lawrence    | KED 1                    | <i>[Signature]</i> |
| 2.  | GERARDO D. CORPUS       | CVL                      | <i>[Signature]</i> |
| 3.  | RAYMUND B. DECA         | KGD                      | <i>[Signature]</i> |
| 4.  | RONALD S. RAMOS SR      | C.V.O - CHIEF            | <i>[Signature]</i> |
| 5.  | Parcelino A. Cabanatuan | KGD                      | <i>[Signature]</i> |
| 6.  | MILVETTE P. CABANGUL    | JR. KGD                  | <i>[Signature]</i> |
| 7.  | RAFAEL I. DOMINGO       | BRGY. TREASURER          | <i>[Signature]</i> |
| 8.  | ARDEL A. CABEDE         | CVO                      | <i>[Signature]</i> |
| 9.  | Rogelio A. ALNAS        | C.V.O                    | <i>[Signature]</i> |
| 10. | Nida M. Ramil           | BHW                      | <i>[Signature]</i> |
| 11. | MAURO C. CAGAORAN       | BHRAD                    | <i>[Signature]</i> |
| 12. | ERIC G. FERNANDEZ       | C. V. O.                 | <i>[Signature]</i> |
| 13. | Jerrey L. Coqtong       | C.V.O                    | <i>[Signature]</i> |
| 14. | Reynaldo C. Ramirez     | KGD                      | <i>[Signature]</i> |
| 15. | JESSICA C. GRANZA       | BPO                      | <i>[Signature]</i> |
| 16. | Nora C. Dela Rosa       | Brgy. Kagawad            | <i>[Signature]</i> |
| 17. | Mary Ann T. Javier      | BHW                      | <i>[Signature]</i> |
| 18. | Virginia N. Lagunlon    | BHW                      | <i>[Signature]</i> |
| 19. | Athla P. Javier         | SEC.                     | <i>[Signature]</i> |
| 20. | VIOLETA L. CARIÑO       | BHW                      | <i>[Signature]</i> |
| 21. | Aurelia C. Coqtong      | BHW                      | <i>[Signature]</i> |
| 22. | Corazon M. Paderogan    | Child Development Worker | <i>[Signature]</i> |
| 23. | Milagros M. Cada        | BNS                      | <i>[Signature]</i> |
| 24. | Alma A. Rosario         | BHW                      | <i>[Signature]</i> |
| 25. | Kenn D. Panan           | VIP Admin / Exer. ART.   | <i>[Signature]</i> |
| 26. | Gladys m. Obado         | Chaplain Office          | <i>[Signature]</i> |
| 27. | Reydan Mayor            | Chaplain Office          | <i>[Signature]</i> |
| 28. | DR. JERRY C. DICHOZO    |                          | <i>[Signature]</i> |
| 29. | VILMA L. LAPITAN        |                          | <i>[Signature]</i> |
| 30. | ULLIUS M. MARINAS       |                          | <i>[Signature]</i> |
| 31. | WENISSA C. GULDON       |                          | <i>[Signature]</i> |
| 32. | Rogelio P. Cabanilla    | C.V.O                    | <i>[Signature]</i> |
| 33. | Jan Christian Makaluso  |                          | <i>[Signature]</i> |
| 34. | TERESA O. MOUNT         |                          | <i>[Signature]</i> |
| 35. |                         |                          |                    |



**ATTENDANCE**  
**Values Formation**  
**LEADERSHIP CAPABILITY TRAINING**  
Brgy. Cabaruan, Urdaneta City  
March 23, 2022

| NO. | NAME                   | DEPARTMENT/DESIGNATION  | SIGNATURE    |
|-----|------------------------|-------------------------|--------------|
| 1.  | Reynaldo Novenario     |                         | RN           |
| 2.  | Gerardo D. Corpuz Sr   | CVO                     | gergy        |
| 3.  | Raymundo B. Diaz Jr    | KGD                     | RB           |
| 4.  | Ronaldo & Ramos SR     | C.VO - CHIEF            | RK&R         |
| 5.  | Marcelino A. Cabaruan  | KGD                     | JAC          |
| 6.  | Vilwestre P. Cabanilla | KGD                     | VPC          |
| 7.  | Rafael A. Domingo      | BKGY - TREASURER        | ZDomingo     |
| 8.  | Ardel A. Cabase        | CVO                     | ACabase      |
| 9.  | Rogelio A. Almos       | C.V.O                   | RAlmos       |
| 10. | Nilda M. Ranisay       | BHW                     | NRanisay     |
| 11. | Mauro L. Cagaoan       | BHRAO                   | MCagaoan     |
| 12. | Eric G. Fernandez      | C - V.O.                | EFGfernandez |
| 13. | Verry L. Cogtong       | C - VO O.               | VCogtong     |
| 14. | Reynaldo C. Ramirez    | KGD                     | RCRamirez    |
| 15. | Jessica C. Granza      | BSPO                    | JGranza      |
| 16. | Nora C. Dela Rosa      | Brgy. Kagawad           | NDelaRosa    |
| 17. | Mary Ann T. Javier     | BHW                     | MMJavier     |
| 18. | Virginia N. Aguilan    | BHW                     | VAGUILAN     |
| 19. | Atilia B. Galvan       | STC.                    | AGalvan      |
| 20. | Violeta L. Carino      | BHW                     | VCarino      |
| 21. | Aurelia C. Cogtong     | BHW                     | ACogtong     |
| 22. | Corazon M. Paderogan   | CWD                     | CPaderogan   |
| 23. | Milagros M. Cada       | BNS                     | MCada        |
| 24. | Alma A. Rosario        | BHW                     | ARosario     |
| 25. | Kenn D. Pangan         | VP Admin / Exec. Ass't. | KPangan      |
| 26. | Gracine M. Obado       | Chaplain Office         | GObado       |
| 27. | Reymal M. Mayos        | Chaplain Office         | RMMayos      |
| 28. | DR. JERRY C. DICTOSO   |                         | JCDictoso    |
| 29. | Vilma L. Lapitan       |                         | VLapitan     |
| 30. | Julius M. Marinas      |                         | JMarinas     |
| 31. | Wenissa C. Guidon      |                         | WGGuidon     |
| 32. | Rogelio L. Cabanilla   | C.O.O                   | RCabanilla   |
| 33. | Ryan Chardin Maram     |                         | RMaram       |
| 34. | Urbante O. Obando      |                         | UObando      |
| 35. |                        |                         |              |



**URDANETA CITY  
UNIVERSITY**

**CENTER FOR COMMUNITY  
DEVELOPMENT AND  
EXTENSION SERVICES**



**HUMAN RELATIONS  
AND ARTS OF  
COMMUNICATION  
LEADERSHIP CAPABILITY  
TRAINING**

**March 22, 2022  
9:00 AM  
Brgy. Cabaruan, Urdaneta City**

**This serves as an invitation**



## PROGRAMME

9:00 AM

**Time**

**Invocation**

**National Anthem**

**Welcome Address**

**Message**

**Introduction of  
the Speaker**

**Topic**

**Wrap-up and Closing**

MDM. ATILLA JAVIER  
Secretary, Brgy. Cabaruan

MDM. CORAZON PADEROGAO  
Cabaruan Child Development Worker

HON. JOHN A. ROSARIO  
Captain, Brgy. Cabaruan

DR. JERRY C. DICHOSO  
Director, CCDES

DR. RAQUEL D. PASCUA  
OIC, VP for Administrative Affairs

ATTY. AMIHAN APRIL MELLA-ALCAZAR  
Acting University President

ATTY. DAR A. DIGA  
Chief Operating Officer

HUMAN RELATIONS AND ARTS OF  
COMMUNICATION

DR. RYAN JAYSON V. DELOS REYES  
Dean, College of Teacher Education

MR. JULIUS M. MARINAS  
Staff, CCDES

Emcee



April 21, 2022

**Leadership Capability Training at Brgy. Cabaruan, Urdaneta City  
Session 3**

**Session 3 entitled Human Relations and Arts of Communication  
Guest Speaker: Dr. Ryan Jayson V. Delos Reyes**





# URDANETA CITY UNIVERSITY

Owned and operated by the City Government of Urdaneta



CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES

## ATTENDANCE Human Relations and Arts of Communication

### LEADERSHIP CAPABILITY TRAINING

Brgy. Cabaruan, Urdaneta City

April 2, 2022

| NO. | NAME                    | DEPARTMENT/DESIGNATION          | SIGNATURE               |
|-----|-------------------------|---------------------------------|-------------------------|
| 1.  | Mary Ann T. Javier      | BHW                             | Javier                  |
| 2.  | Virginia N. Lagunlin    | B.H.W.                          | Lagunlin                |
| 3.  | Nidia S. Ramirez        | BHW                             | Ramirez                 |
| 4.  | Corazon M. Padurugab    | CDW                             | Padurugab               |
| 5.  | Alma A. Rosario         | BHW                             | Rosario                 |
| 6.  | Violeta L. Cawano       | BHW                             | Cawano                  |
| 7.  | Milagral M. Cala        | BNS                             | Mcalala                 |
| 8.  | Aurelia C. Cogtong      | BHW                             | Cogtong                 |
| 9.  | Mark Leo M. JAU KR.     | Sangguniang Kabataan /Secretary | Jau Kr.                 |
| 10. | Lilian Rose A. Javier   | Sangguniang Kabataan/Kagawad    | Lillian Rose A. Javier  |
| 11. | Rhena Jay D. Andrade    | Brgy. Clerk                     | Andrade                 |
| 12. | Nora C. Dela Rosa       | Brgy. Kagawad                   | Dela Rosa               |
| 13. | GRILBERTO P CABRERA     | KAG                             | Cabrera                 |
| 14. | RAFAEL A. DOMINGO       | BRGY. TREASURER                 | Rafael A. Domingo       |
| 15. | ARDEL A. CABESE         | CVO                             | Ardel A. Cabece         |
| 16. | Reynaldo C. Ramirez     | KAG                             | Reynaldo C. Ramirez     |
| 17. | Pogelio G. Gacad        | CVO                             | Pogelio G. Gacad        |
| 18. | Geroniel R. Loring      | CVO                             | Geroniel R. Loring      |
| 19. | Ronald Q. RAMOS SA      | C.V.O. CHIEF                    | Ronald Q. Ramos Sa      |
| 20. | ERIC G. FERNANDEZ       | C.V.O.                          | Eric G. Fernandez       |
| 21. | Erinda T. Lorenzo       | C.V.O.                          | Erinda T. Lorenzo       |
| 22. | RAYMOND DELA CRUZ       | KAG                             | Raymond Dela Cruz       |
| 23. | NEY MAGGIE NOVACION     | KEN                             | NEY MAGGIE NOVACION     |
| 24. | Pauline G. Ternbrates   | MCY                             | Pauline G. Ternbrates   |
| 25. | DYAN TAYON PINTOS REYES | DEAN, CTE                       | DYAN TAYON PINTOS REYES |
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**URDANETA CITY  
UNIVERSITY**

**CENTER FOR COMMUNITY  
DEVELOPMENT AND  
EXTENSION SERVICES**



**COURTESY AND  
DISCIPLINE  
LEADERSHIP CAPABILITY  
TRAINING**

**May 19, 2022  
9:00 AM  
Brgy. Cabaruan, Urdaneta City**

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**This serves as an invitation**



## PROGRAMME

9:00 AM

Time

Invocation

National Anthem

Welcome Address

Message

Introduction of  
the Speaker

Topic

Wrap-up and Closing

MDM. ATILLA JAVIER  
Secretary, Brgy. Cabaruan

MDM. CORAZON PADEROGAO  
Cabaruan Child Development Worker

HON. JOHN A. ROSARIO  
Captain, Brgy. Cabaruan

DR. JERRY C. DICHOSO  
Director, CCDES

DR. RAQUEL D. PASCUA  
OIC, VP for Administrative Affairs

ATTY. AMIHAN APRIL MELLA-ALCAZAR  
Acting University President

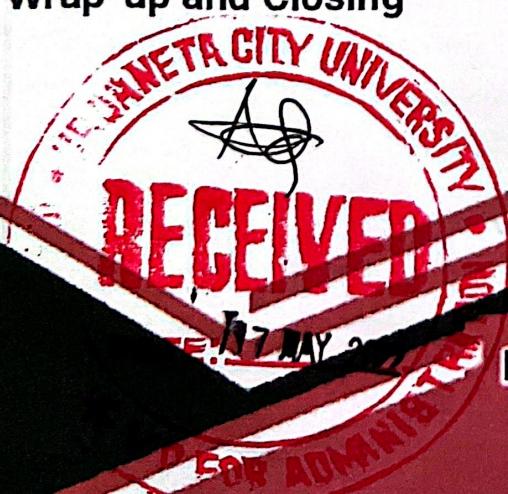
ATTY. DAR A. DIGA  
Chief Operating Officer

COURTESY AND DISCIPLINE

PROF. ELEUTERIO SC. SISON  
President, UCU Personnel  
Association

MR. JULIUS M. MARIÑAS  
Staff, CCDES

Emcee  
MDM. VILMA L. LAPITAN





May 19, 2022

Leadership Capability Training at barangay Cabaruan, Urdaneta City. The topic is on Courtesy and Discipline with Prof. Eleuterio SC. Sison as the Resource Speaker. Dr. Raquel D. Pascua, Acting Vice President for Administrative Affairs gave her inspirational message to the barangay officials, Child Development Worker and Barangay Health Workers appreciating their hospitality and willingness to enhance more their skills as public servants in their barangay. Prof. Sison emphasized to the participants ethics of the barangays officials as per RA 7160 otherwise known as the Local Government Code of the Philippines. That courtesy and discipline among barangay officials should always emanate to become a more effective and efficient public servant in their barangay.



Dr. Raquel D. Pascua, Acting Vice President for Administrative Affairs and Dr. Jerry C. Dichoso, CCDES-Director gave their inspirational messages to the participants and explained to them the objectives of the UCU extension services and our partnership in the barangay.



Prof. Eleuterio SC. Sison, resource speaker discussed to the participants the ethics, duties and responsibilities of barangay officials as per R.A. 7160 otherwise known as the Local Government Code of the Philippines.



Accomplishing evaluation form from the participants





**ATTENDANCE**  
**Courtesy and Discipline**  
**LEADERSHIP CAPABILITY TRAINING**  
Brgy. Cabaruan, Urdaneta City  
May 19, 2022

| NO. | NAME                     | DEPARTMENT/DESIGNATION | SIGNATURE         |
|-----|--------------------------|------------------------|-------------------|
| 1.  | Mary Ann T. Javier       | B.H.W                  | <i>Mary Ann</i>   |
| 2.  | Virginia N. Lagquinlin   | B.H.W                  | <i>Virginia</i>   |
| 3.  | Vida M. Parsons          | B.H.W                  | <i>V. Parsons</i> |
| 4.  | VIOLETA L. CARINO        | B.H.W                  | <i>Carino</i>     |
| 5.  | Milagros M. Cada         | B.N.S                  | <i>M. Cada</i>    |
| 6.  | RHENIA JOY ANDRADE       | Asst. Sec              | <i>Andrade</i>    |
| 7.  | Alma A. Rosario          | B.H.W                  | <i>Alma</i>       |
| 8.  | Aurelia C. Coating       | B.H.W                  | <i>Aurelia</i>    |
| 9.  | VICENTE CABARUA          | KGD                    | <i>Vicente</i>    |
| 10. | MARCELINDA A. CABANATUAN | KGD                    | <i>Marcelinda</i> |
| 11. | Reginaldo C. Ramirez     | KGD                    | <i>Reginaldo</i>  |
| 12. | RAMONDO B. DELA CRUZ     | KGD                    | <i>Ramondo</i>    |
| 13. | REGNACDO E. NOSENCO      | KGD                    | <i>Regnacdo</i>   |
| 14. | Corazon M. Paderogao     | COW                    | <i>Corazon</i>    |
| 15. | Rogelio L. Cabanilla     | C.V.O                  | <i>Rogelio</i>    |
| 16. | German R. Tolosa         | C.V.O                  | <i>German</i>     |
| 17. | ERIC G. FERNANDEZ        | C.V.O.                 | <i>Eric</i>       |
| 18. | JOHN A. ROSARIO          | B.M.Y. CAPTAIN         | <i>John</i>       |
| 19. | Mark Leo M. Javier       | SK Secretary           | <i>Mark Leo</i>   |
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**URDANETA CITY  
UNIVERSITY**

**CENTER FOR COMMUNITY  
DEVELOPMENT AND  
EXTENSION SERVICES**



**LEADERSHIP CAPABILITY  
TRAINING  
IMPROVING  
POSITIVE  
SELF-ESTEEM  
and  
CLOSING PROGRAM**

**June 17, 2022  
9:00 AM  
Brgy. Cabaruan, Urdaneta City**

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**This serves as an invitation**



## PROGRAMME

|  |   |
|--|---|
| <b>Time</b>                            | 9:00 AM   |
| <b>Invocation</b>                      | KGWD. MARCELINO A. CABANATUAN   |
| <b>National Anthem</b>                 | KGWD. NIDA M. RAMIREZ   |
| <b>Welcome Address</b>                 | CAPT. JOHN A. ROSARIO<br>Captain, Bgry. Cabaruan                                  |
| <b>Message</b>                         | DR. JERRY C. DICHOSO<br>Director, CCDES   |
|  | DR. RAQUEL D. PASCUA<br>OIC, VP for Administrative Affairs                        |
|  | ATTY. DAR A. DIGA<br>Chief Operating Officer                                      |
|  | DR. AMIHAN APRIL C. MELLA-ALCAZAR<br>Acting University President                  |
| <b>Introduction of<br/>the Speaker</b> |   |
| <b>Topic</b>                           | IMPROVING POSITIVE SELF-ESTEEM<br>Mdm. Monette S. Locquiao, RGC<br>Director, PACC |
| <b>Awarding of Certificates</b>        |   |
| <b>Wrap-up and Closing</b>             | MR. JULIUS M. MARIÑAS<br>Staff, CCDES   |

Emcee  
**MDM. VILMA L. LAPITAN**

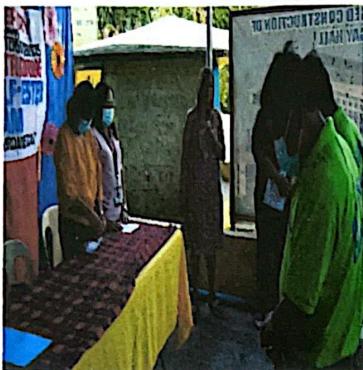
10/18



June 17, 2022

## Leadership Capability Training, session on Improving Positive Self-Esteem cum Graduation Program

Leadership Capability Training session on "Improving Positive Self-Esteem" with mdm. Monette S. Locquiao as Resource Speaker. She discussed the importance of having a positive self-esteem as a barangay official to enable them deliver their duties and responsibilities. She also discussed the ethics and practice of confidentiality in the workplace. Dr. Raquel D. Pascua gave her inspirational message and showed her appreciation on how the Barangay Council accepted the UCU family in extending the extension services. Right after the session is the simple graduation program and awarding of certificates.



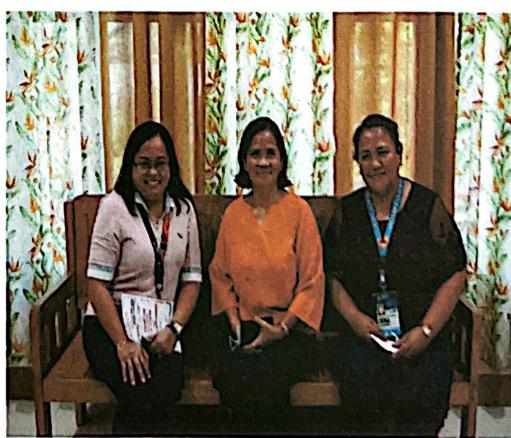
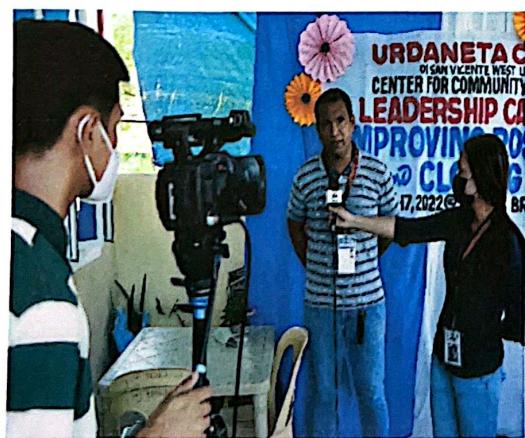


# URDANETA CITY UNIVERSITY

Owned and operated by the City Government of Urdaneta



CENTER FOR COMMUNITY DEVELOPMENT AND EXTENSION SERVICES





**LEADERSHIP CAPABILITY TRAINING**

**Improving Positive Self-Esteem  
Brgy. Cabaruan, Urdaneta City**

**June 17, 2022**

**ATTENDANCE**

| NO. | NAME                   | DEPARTMENT     | SIGNATURE           |
|-----|------------------------|----------------|---------------------|
| 1   | Raynaldo C. Ramirez    | Cabaruan       | <i>Ramirez</i>      |
| 2   | Milagros M. Cada       | Cabaruan       | <i>M. Cada</i>      |
| 3   | Aurelia C. Cogtong     | Cabaruan       | <i>aurelia</i>      |
| 4   | Violeta L. Canino      | Cabaruan       | <i>V. Canino</i>    |
| 5   | Mark Leo M. Javier     | Cabaruan (sk)  | <i>getmazay</i>     |
| 6   | Nora C. Dela Rosa      | Cabaruan (kgd) | <i>N. D. Rosa</i>   |
| 7   | German R. Lozengui     | Cabaruan       | <i>G. Lozengui</i>  |
| 8   | ERIC G. FERNANDEZ      | CABARUAN       | <i>E. Fernandez</i> |
| 9   | VILVESTRE P. CABANC VI | CABARUAN       | <i>V. Cabanc</i>    |
| 10  | RONALD S. RAMOS SR     | CABARUAN       | <i>R. Ramos</i>     |
| 11  | ROGELIO G. GACAD       | CABARUAN       | <i>R. Gacad</i>     |
| 12  | REYNACDO C NOYONCO     | "              | <i>R. Noyonco</i>   |
| 13  | Himogenes E. Nerperos  | "              | <i>H. Nerperos</i>  |
| 14  | Erlinda T. Tounyo      | Cabaruan       | <i>E. Tounyo</i>    |
| 15  | Nilda M. Rambol        | "              | <i>N. Rambol</i>    |
| 16  | Alma A. Rasario        | Cabaruan       | <i>A. Rasario</i>   |
| 17  | Mary Ann T. Javier     | Cabaruan       | <i>M. Javier</i>    |
| 18  | Virginia N. Lagunin    | Cabaruan       | <i>V. Lagunin</i>   |
| 19  | Domingo P. Acosta      | Cabaruan       | <i>D. Acosta</i>    |
| 20  | JOHN A. TOSARIO        | CABARUAN       | <i>J. Tosario</i>   |
| 21  | RAYMONDO B. DBLA CRUZ  | "              | <i>R. Cruz</i>      |
| 22  | Corazon M. Paderogan   | "              | <i>C. Paderogan</i> |
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**LEADERSHIP CAPABILITY TRAINING**

**Improving Positive Self-Esteem**

**Brgy. Cabaruan, Urdaneta City**

**June 17, 2022**

**ATTENDANCE**

| NO. | NAME                  | DEPARTMENT | SIGNATURE             |
|-----|-----------------------|------------|-----------------------|
| 37  | SUSANA PADUA          | BTHW PRES. | Susana Padua          |
| 38  | AMIE D. MARQUEZ       |            | Amie Marquez          |
| 39  | MARYLYN COLOMA        |            | Marylyn Coloma        |
| 40  | MARY GRACE CANTELARIO | BTHW.      | Mary Grace Cantelario |
| 41  | JOSIE OLIBO           |            | Josie Olibo           |
| 42  | Irlinda Gabontan      |            | Irlinda Gabontan      |
| 43  | Raquel Gouval         | (B) Kawad  | Raquel Gouval         |
| 44  | Fabris X. MARAZAL     | PTB        | Fabris X. Marazal     |
| 45  | Fernando M. BULATAC   | BT         | Fernando M. Bulatac   |
| 46  | Rey C. De Vera        | REC        | Rey C. De Vera        |
| 47  | TABULA, MILE ANN P.   | UCU        | Mile Ann Tabula       |
| 48  | ASUNDO, OLIVIA A.     | UCU        | Olivia Asundo         |
| 49  | LOCQUIAO, JOE RAY E.  | UCU        | Joe Ray Locquiaao     |
| 50  | Vienna L. Lapitan     | UCY        | Vienna L. Lapitan     |
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| 71  |                       |            |                       |
| 72  |                       |            |                       |