



A BREATH OF CHANGE: UCU UPHOLDS A SMOKE-FREE CAMPUS

Urdaneta City University (UCU) continues to set an example of responsible and healthy living through the strict implementation of its smoke-free policy. In line with its mission to foster a safe and health-conscious academic environment, the university prohibits smoking in all its premises, ensuring that students, faculty, and visitors enjoy a clean and breathable atmosphere conducive to learning.

The policy, clearly stated in the UCU Student Handbook, reflects the institution's strong commitment to promoting good health and discipline among its community members. By banning smoking within campus grounds, UCU not only protects non-smokers from the harmful effects of secondhand smoke but also encourages smokers to adopt healthier lifestyles.

This initiative supports the United Nations Sustainable Development Goals, particularly SDG 3 (Good Health and Well-Being) and SDG 13 (Climate Action), by advocating practices that safeguard both personal wellness and environmental quality.

Through this effort, UCU reaffirms its dedication to nurturing not just bright minds but also healthier lives—proving that every breath taken within the university is a step toward a cleaner, more mindful future.

MAKE SDG#3 A REALITY

3 GOOD HEALTH AND WELL-BEING

