Global Perspectives: Analyzing Sustainable Development Goals (SDGs) and Happiness

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SUSTAINABLE DEVELOPMENT GOALS

1 NO POVERTY

2 ZERO HUNGER

3 GOOD HEALTH AND WELL-BEING

4 QUALITY EDUCATION

5 GENDER EQUALITY

6 CLEAN WATER AND SANITATION

7 AFFORDABLE AND CLEAN ENERGY

8 DECENT WORK AND ECONOMIC GROWTH

9 INDUSTRY, INNOVATION AND INFRASTRUCTURE

10 REDUCED INEQUALITIES

11 SUSTAINABLE CITIES AND COMMUNITIES

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

13 CLIMATE ACTION

14 LIFE BELOW WATER

15 LIFE ON LAND

16 PEACE, JUSTICE AND STRONG INSTITUTIONS

17 PARTNERSHIPS FOR THE GOALS

SUSTAINABLE DEVELOPMENT GOALS

World Happiness Report 2023

It has been over ten years since the first World Happiness Report was published. And it is exactly ten years since the United Nations General Assembly adopted Resolution 66/281, proclaiming 20 March to be observed annually as International Day of Happiness. Since then, more and more people have come to believe that our success as countries should be judged by the happiness of our people. There is also a growing consensus about how happiness should be measured. This consensus means that national happiness can now become an operational objective for governments.

Read the Report

Executive Summary

CHAPTER 1
The Happiness Agenda: The Next 10 Years

WHR 2023

Objectives

1. Identify and rank the top 10 countries exhibiting the highest scores on the SDGs and happiness indices in 2023.

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2. Investigate the correlation between happiness and SDG index scores.

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2. Investigate the correlation between happiness and SDG index scores.

3. Examine regional patterns among countries concerning their SDG and happiness index scores.

Dataset: Sources

1. [Sustainable Development Report 2023 (SDR 2023)](#)
   - Sustainable Development Solutions Network by UN
2. [World Happiness Report 2023 (WHR 2023)](#)
   - Sustainable Development Solutions Network by UN

Dataset: Data Quality

1. **Global Collaboration:** Both reports leverage global collaboration for comprehensive insights.

2. **Regular Updates:** Both reports ensures timely relevance with regular annual updates.

3. **Subjectivity:** Recognizes the subjective nature of data, with SDR considering variations in data collection systems among countries.

Dataset: Challenges Encountered

- **Incomplete values**
  - A country might have an SDG score but no corresponding Happiness score, and *vice versa*.
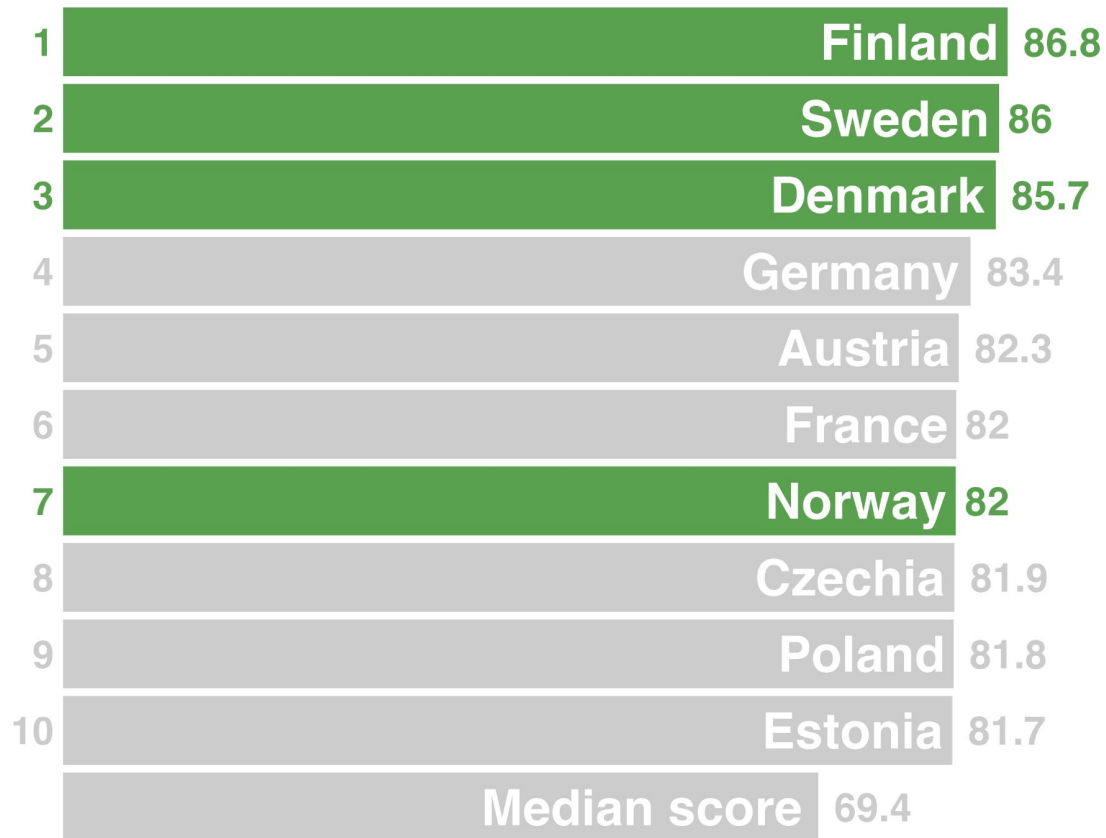 - A country without both SDG and Happiness scores.

- **Inconsistent country names**
  - "Hong Kong S.A.R of China" vs "Hong Kong"
  - "Laos" vs "Lao People's Democratic Republic"
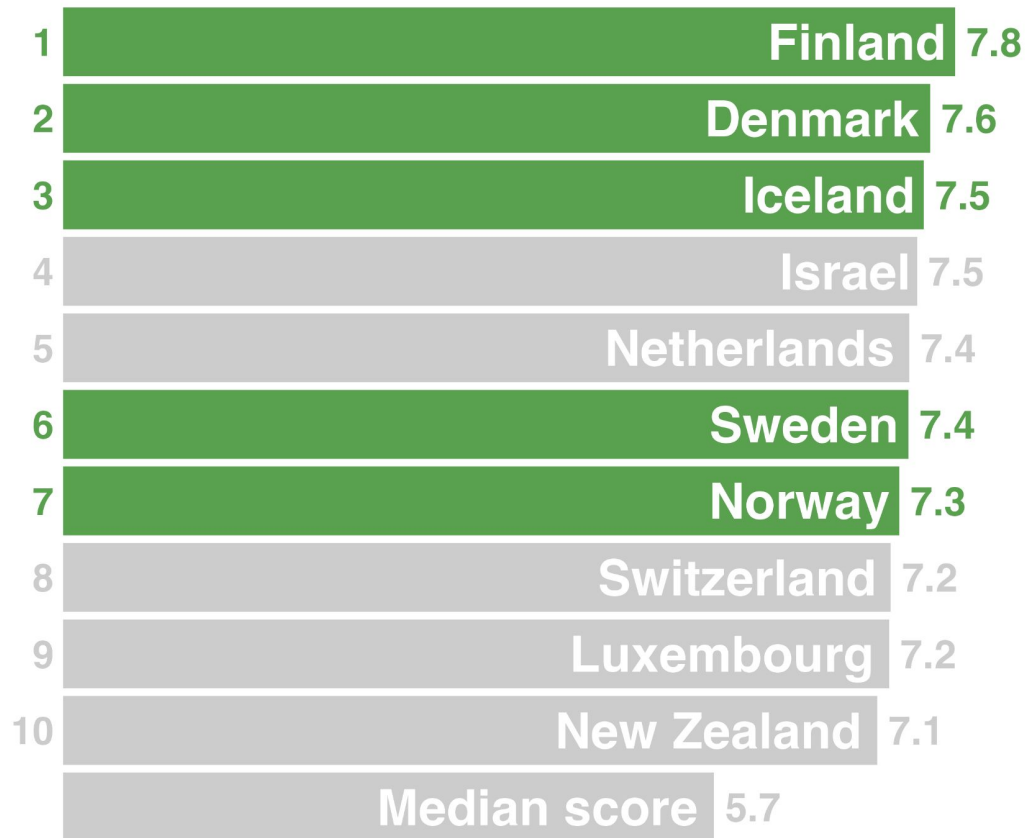 - "Vietnam" vs "Viet Nam"

Results

Nordic countries dominate the 2023 SDG rankings

Leading 10 countries with the highest SDG Index Score in 2023

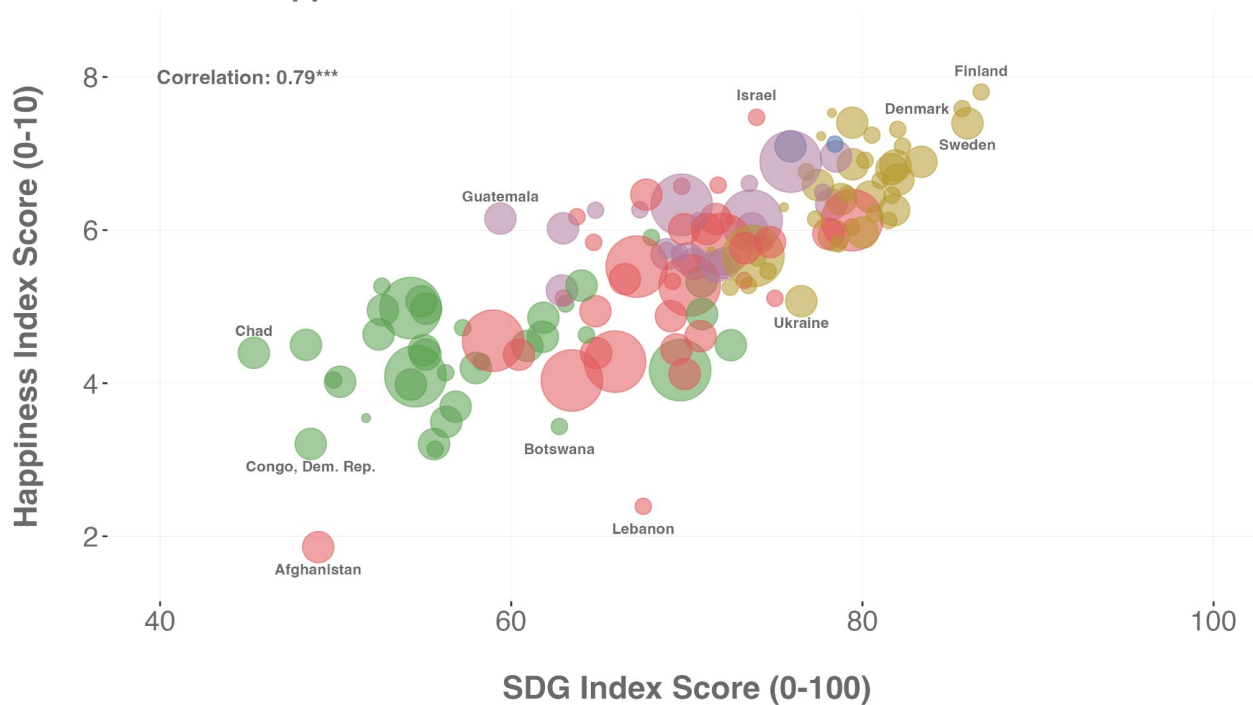| Rank	Country	Score
1	Finland	86.8
2	Sweden	86
3	Denmark	85.7
4	Germany	83.4
5	Austria	82.3
6	France	82
7	Norway	82
8	Czechia	81.9
9	Poland	81.8
10	Estonia	81.7
	Median score	69.4

Nordic countries are the world's happiest in 2023

Top 10 countries with the highest index scores in the WHR 2023

Rank	Country	Score
1	Finland	7.8
2	Denmark	7.6
3	Iceland	7.5
4	Israel	7.5
5	Netherlands	7.4
6	Sweden	7.4
7	Norway	7.3
8	Switzerland	7.2
9	Luxembourg	7.2
10	New Zealand	7.1
	Median score	5.7

Sustainability and Happiness Connection

SDG and Happiness Index Scores of Countries in 2023

Correlation: 0.79***

Y-axis: Happiness Index Score (0-10)
X-axis: SDG Index Score (0-100)

Labeled points: Finland, Israel, Denmark, Sweden, Guatemala, Chad, Ukraine, Botswana, Congo, Dem. Rep., Lebanon, Afghanistan
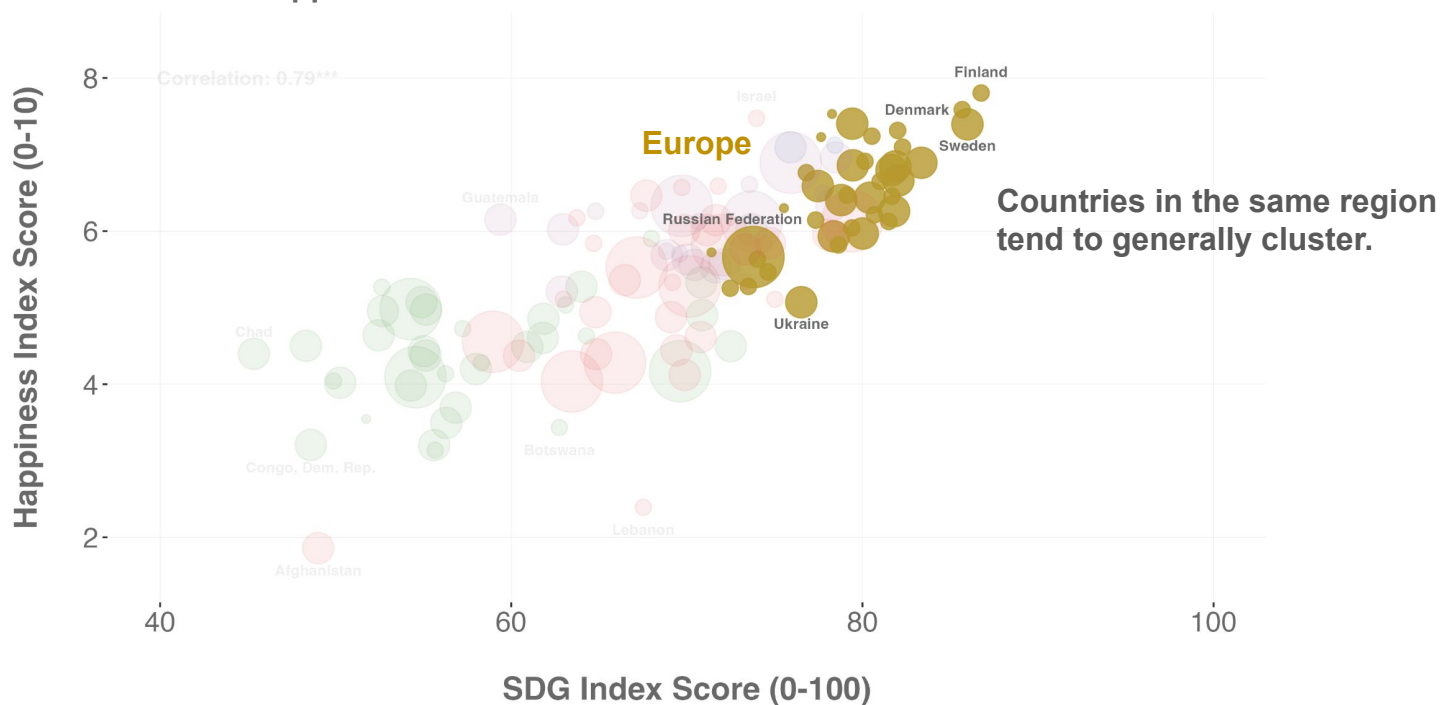
Region ● Africa ● Americas ● Asia ● Europe ● Oceania

Population • 0 to 1 million ● 1 million to 10 million ● 10 million to 100 million ● 100 million and above

Sustainability and Happiness Connection

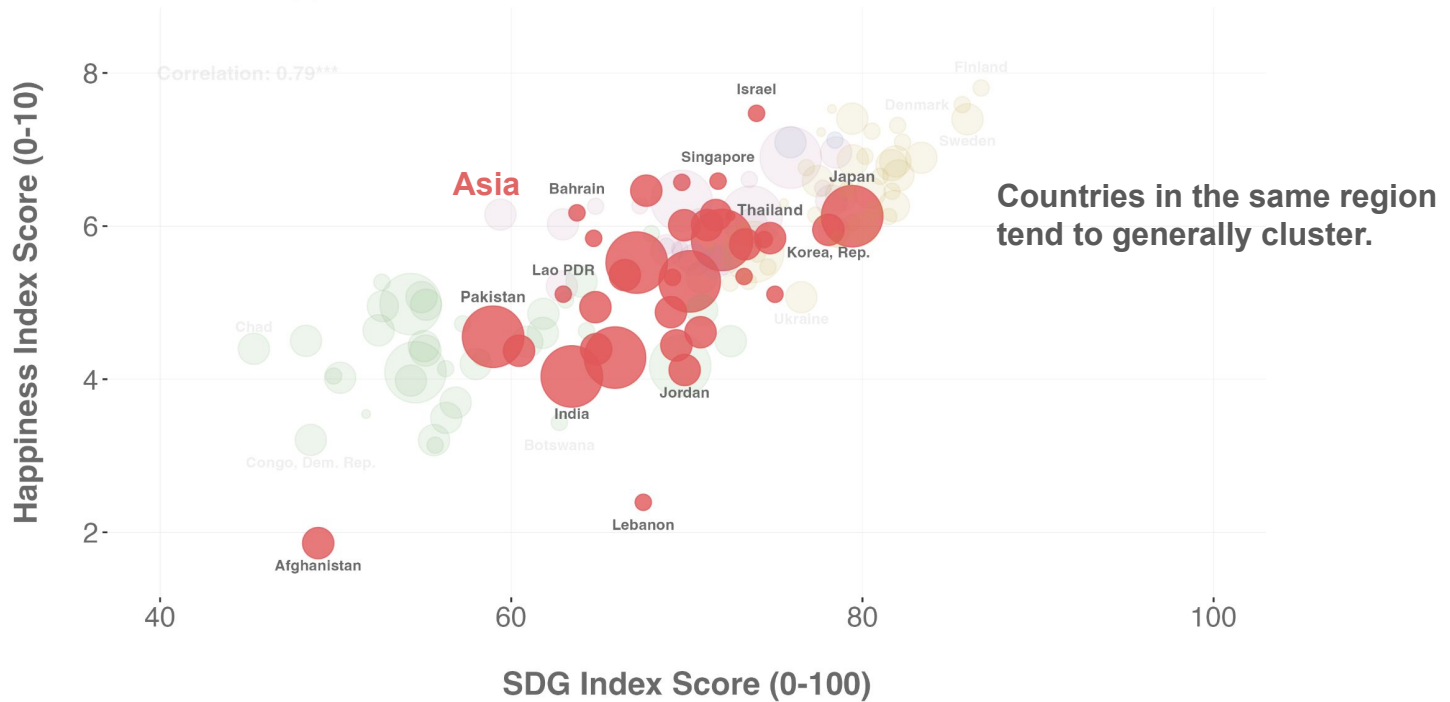## SDG and Happiness Index Scores of Countries in 2023

Correlation: 0.79***

Europe

Countries in the same region tend to generally cluster.

Labeled points: Finland, Israel, Denmark, Sweden, Guatemala, Russian Federation, Ukraine, Chad, Botswana, Congo, Dem. Rep., Lebanon, Afghanistan

Happiness Index Score (0-10) (y-axis: 2, 4, 6, 8)

SDG Index Score (0-100) (x-axis: 40, 60, 80, 100)

Region ● Africa ● Americas ● Asia ● Europe ● Oceania

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Sustainability and Happiness Connection

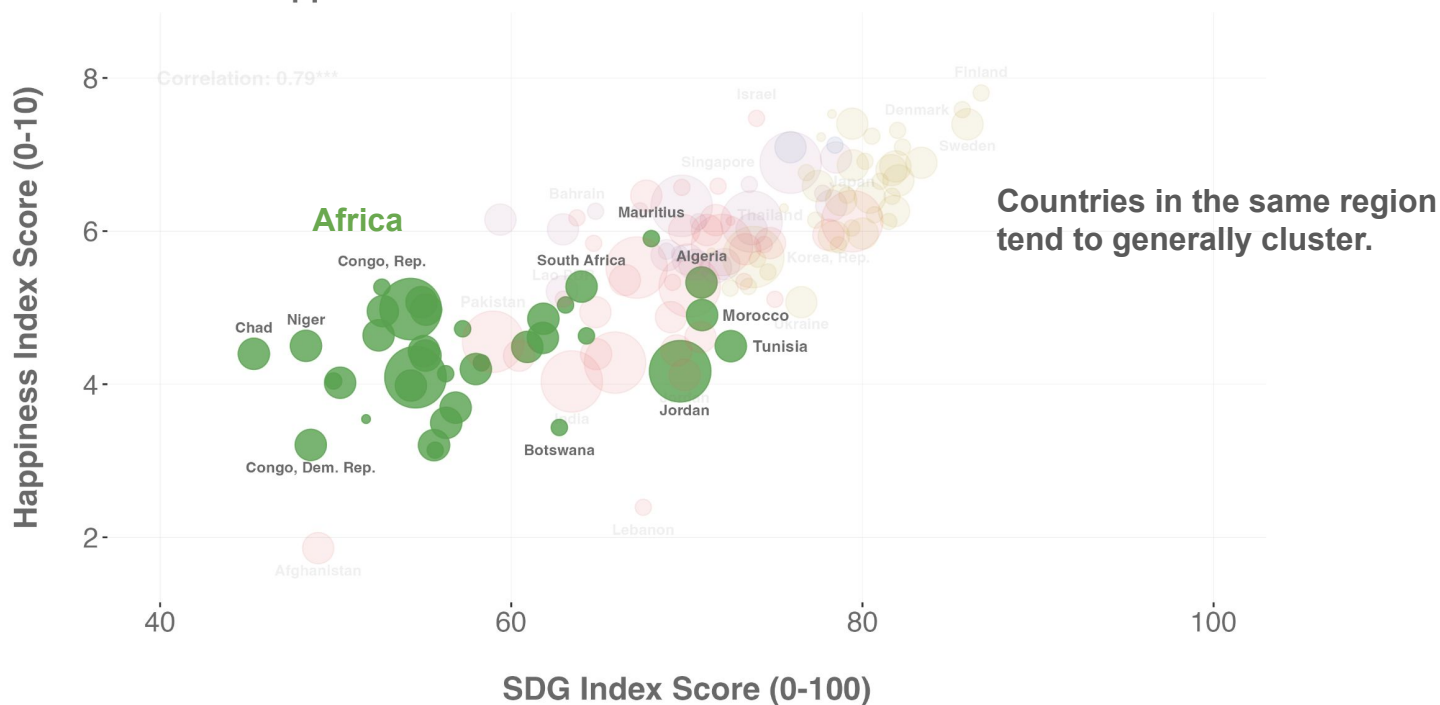## SDG and Happiness Index Scores of Countries in 2023

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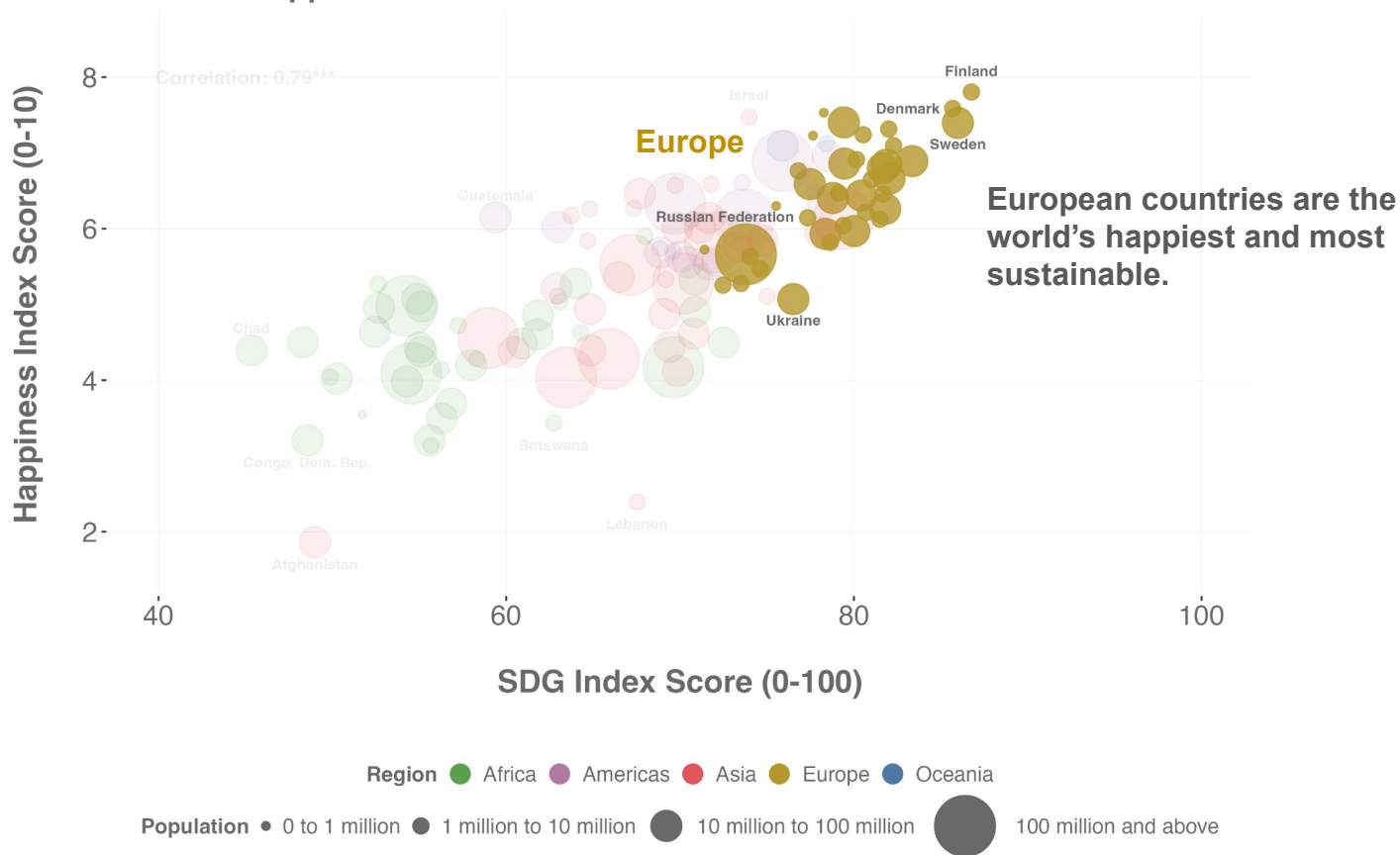## SDG and Happiness Index Scores of Countries in 2023

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Africa

Finland
Israel
Denmark
Sweden
Singapore
Japan
Bahrain
Mauritius
Thailand
Congo, Rep.
South Africa
Algeria
Korea, Rep.
Lao
Chad   Niger
Pakistan   Morocco
Ukraine
Tunisia
Jordan
Botswana
Congo, Dem. Rep.
Lebanon
Afghanistan

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Happiness Index Score (0-10)

SDG Index Score (0-100)

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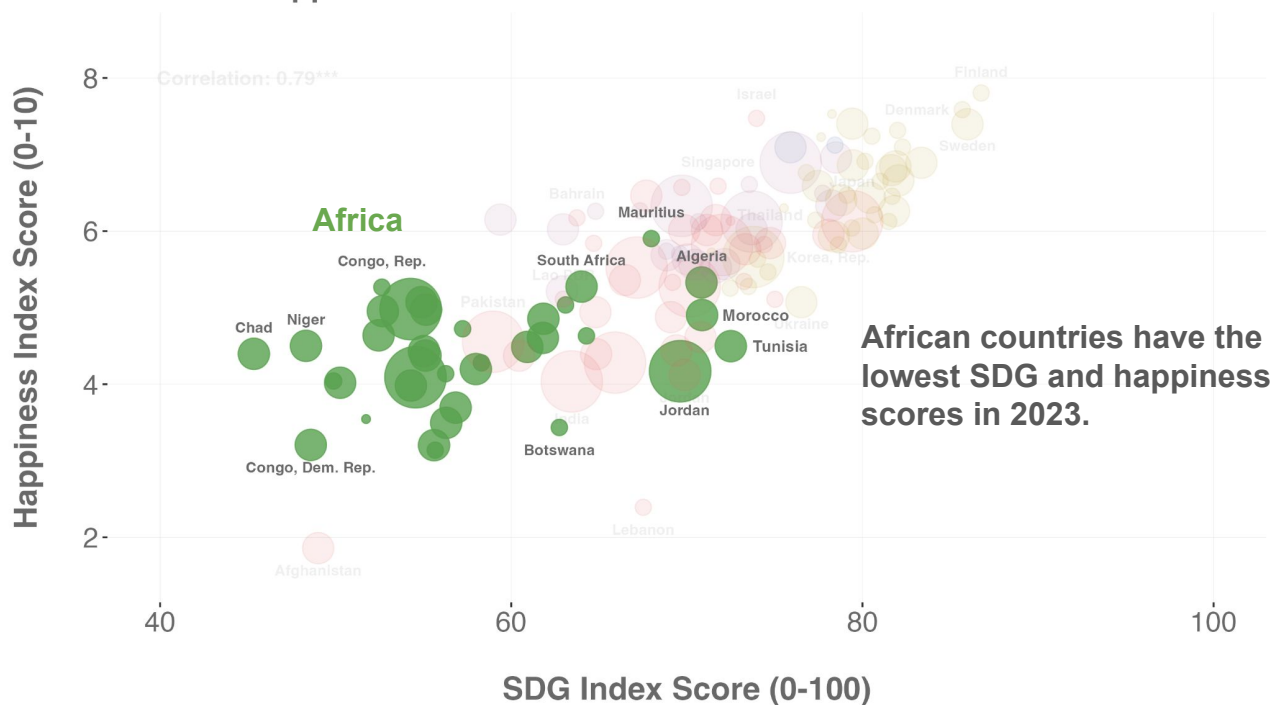
Sustainability and Happiness Connection

SDG and Happiness Index Scores of Countries in 2023

Correlation: 0.79***

Europe

European countries are the world's happiest and most sustainable.

Labels visible: Finland, Israel, Denmark, Sweden, Guatemala, Russian Federation, Chad, Ukraine, Botswana, Congo, Dem. Rep., Lebanon, Afghanistan

Happiness Index Score (0-10)

SDG Index Score (0-100)

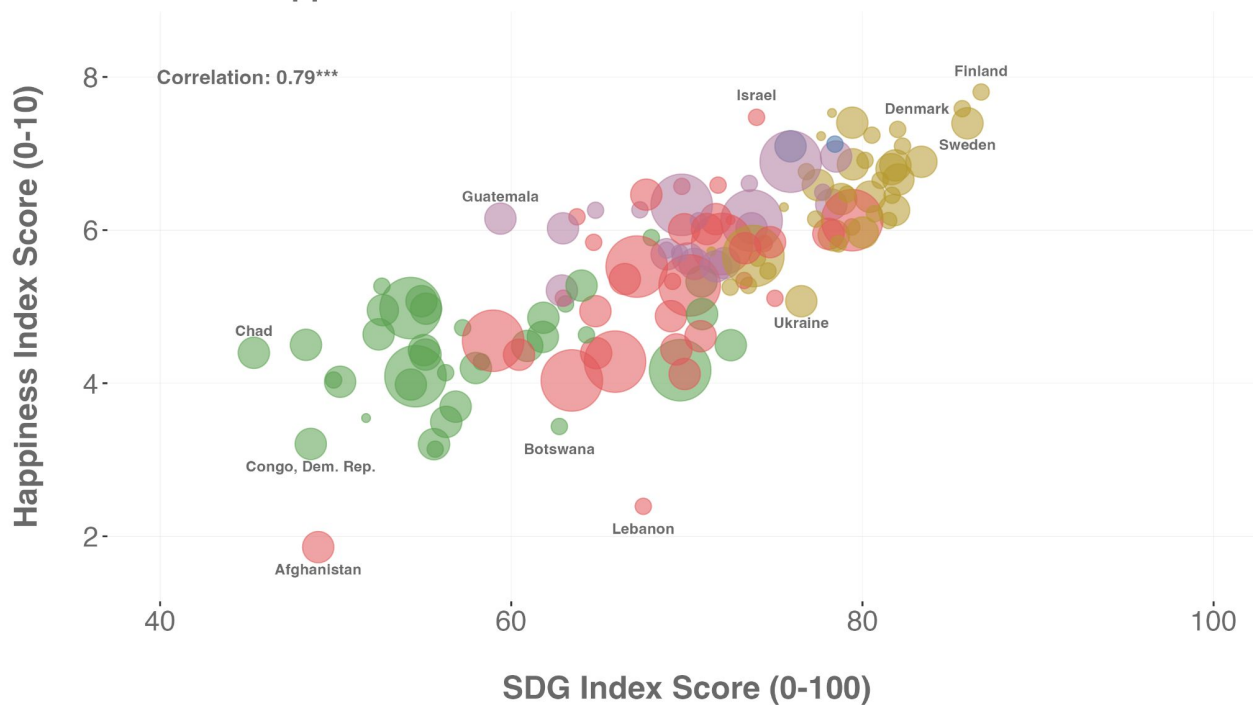**Region** ● Africa ● Americas ● Asia ● Europe ● Oceania

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Data: World Happiness Report 2023 and Sustainable Development Report 2023

Sustainability and Happiness Connection

SDG and Happiness Index Scores of Countries in 2023

Correlation: 0.79***

Africa

African countries have the lowest SDG and happiness scores in 2023.

Happiness Index Score (0-10)

SDG Index Score (0-100)

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Sustainability and Happiness Connection

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Summary and Conclusion

Nordic Dominance:

Nordic countries lead 2023 SDG and happiness scores.

Regional Clustering:

Countries within the same region tend to have same SDG and happiness scores.

Sustainability & Happiness Link:

A strong positive correlation exist between sustainability and happiness.

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A strong positive correlation exist between sustainability and happiness.

Nations may explore policies enhancing sustainability with the potential to increase overall happiness.

Next Steps

1. Analyze connections between each sustainable development goal and happiness.

2. Investigate trends in SDG scores and happiness scores over time.

3. Delve into spatial variations within region in SDG and happiness scores.
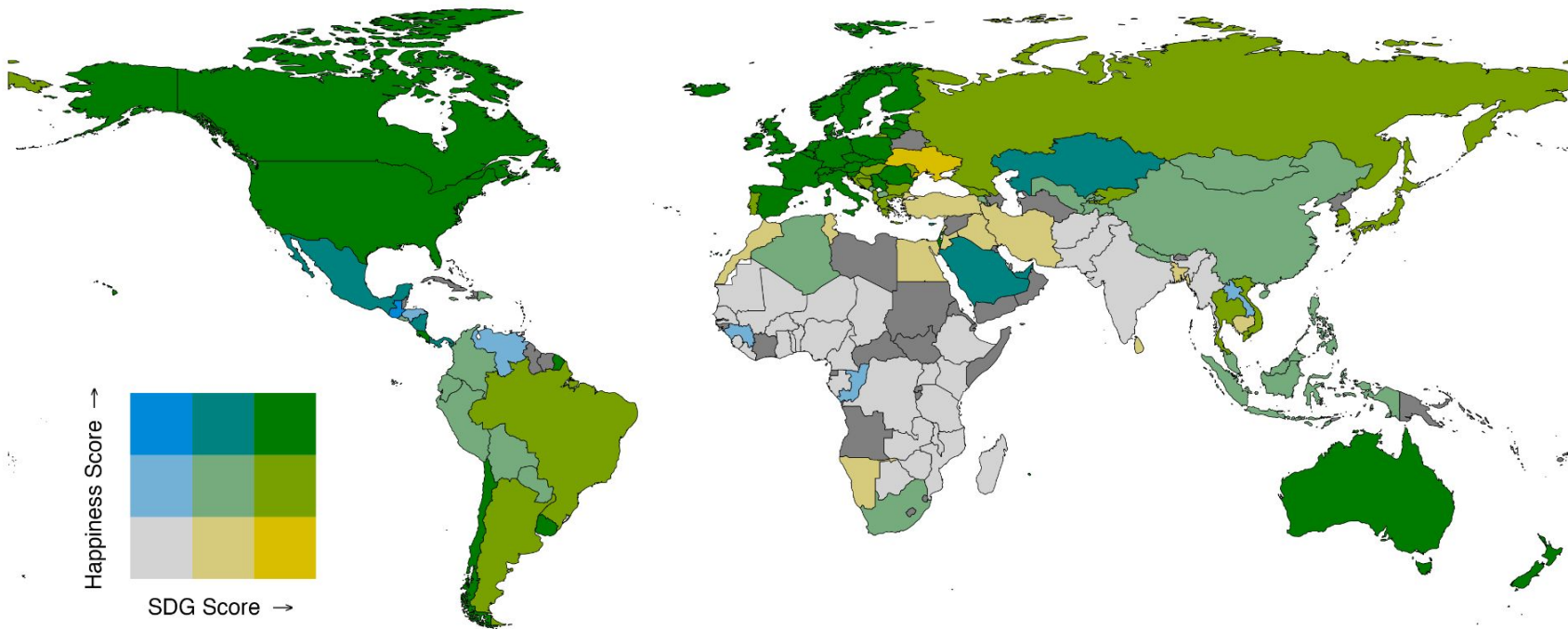
Let's connect on LinkedIn!

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Sustainability and Happiness Connection

SDG and Happiness Index Scores of Countries in 2023

Happiness Score →

SDG Score →

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