



10 minutes, un livre : Allier vie saine et performance professionnelle

Course completed by Brahim BOUSNGUAR

Oct 02, 2025 at 10:02AM UTC • 14 minutes

Top skills covered

Performance Improvement

Health & Wellness

A stylized, handwritten signature in black ink, appearing to read "Shea H".

Shea Hanson, Head of Learning Content Strategy



Certificate ID: a09472a832801f8768861ff4c3012c159478de478258cb1fbea9430d6ccb2559