



10 minutes, un livre : Se libérer de la dopamine

Course completed by Brahim BOUSNGUAR

Oct 15, 2025 at 10:06AM UTC • 14 minutes

Top skills covered

Concentrations

Increase Productivity

A stylized, handwritten signature in black ink, appearing to read "Shea H".

Shea Hanson, Head of Learning Content Strategy



Certificate ID: 593b9e5ae8d706f5d1b2c8938b4aa9bae326bba37d36db845faa990e1f43d70e