

Dear CDL Applicant:

With the new guidelines for medical certification, more documentation and in depth information is required during your examination. Please review the following and bring the required information with you as instructed to help streamline the process and prevent delays in qualification.

____ 1. If you require **correction to your vision**, whether or not you routinely wear contacts, you must bring a pair of glasses with you to the exam.

____ 2. If you wear **hearing aids**, please bring them along with an extra set of batteries.

____ 3. If you have had a **heart attack, MI, stents, Cardiac Intervention, or angina**; you will require a cardiology consult **BEFORE** your certification exam. If assistance is needed to get a consult, please call our office. (A form letter is attached for the provider to complete).

____ 4. If you have had a Stroke, Seizure, Traumatic Brain Injury, or TIA, you will require neurology consult **BEFORE** your certification exam. If assistance is needed to get a consult, please call our office. (A form letter is attached for the neurologist to complete).

____ 5. If you have diabetes, a letter from your treating doctor is required addressing your current treatment for **Diabetes**, meds used, control of your illness, and a copy of last **HgbA1C**. Please bring also your blood sugar log for the last month. You should be checking blood sugars one hour before driving every 4 hours while driving a commercial vehicle. (A form letter is attached for the doctor to complete.)

____ 6. If you have **Adult DD/ADHD** and are being treated for this, a consult from your treating doctor or mental health provider is required. Information should include diagnosis, type of treatment, when treatment was started, and stability of your condition. (A form letter is attached for the provider to complete).

____ 7. If you are currently being treated for **Depression**, a consult from your treating doctor or mental health provider is required. Information should include diagnosis; type of treatment, when treatment was started, and stability of your condition.

____ 8. If you have Sleep Apnea or a Sleep Disorder, a consult from your sleep specialist or primary care doctor is required. Information should include diagnosis, when diagnoses, what type of treatment and when it was started, and documentation regarding compliance and results with treatment. (CCPAP/BIPAP).

Thank you for your assistance to streamline your medical certification.

Sincerely, Ryan R. Unger, D.C.

Shannon R. Addleman, D.C.