When you buy ice cream and let it sit in a good freezer for long enough, it becomes quite hard. I like my ice cream when it is that hard. It takes all the more time for it not to melt when it is that temperature. The problem with that is if you scoop it out with a spoon the spoon might bend. If you use an ice cream scoop spoon, you'll get it just fine. Though I have heard from my friend who works in an ice cream shop that his wrists hurt eventually. There is also an ice cream scoop with a button on it, the button sends a sliding metal piece to automatically take the ice cream out of the spoon. It would be fine if things ended there. The problem is the metal slider bit eventually breaks off due to the force of a human hand pushing it through cold ice cream over and over again. In which case you have to buy another auto scooping spoon.